

2010 IAAF WORLD INDOOR CHAMPIONSHIPS SELECTION CRITERIA

1.0 GENERAL INFORMATION

1.1 Event Location and Dates

- Doha, Qatar
- Competition Dates: March 12 - 14, 2010
- Travel Dates: March 7/8 – March 15

1.2 Important Dates and Team Member Travel Obligations

Key Dates	Event	Note / Location
June 1, 2009	Beginning of (outdoor) Qualifying Period	
January 1, 2010	Beginning of (indoor) Qualifying Period	
February 14, 2010	Athlete Declaration Deadline	AC Website
February 14, 2010	Send training and competition plan to Head Coach	Alex Gardiner
February 22, 2010	End of Qualifying Period	
March 7 or 8, 2010	Team Depart Canada for Qatar	Canada -> Qatar
March 12 - 14, 2010	Competition Dates	Doha, Qatar
March 15, 2010	Depart Qatar for Canada	Qatar -> Canada

1.3 Eligibility

- Must be a registered current member (athlete) of Athletics Canada (AC)
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with AC rules concerning residency (refer to AC By-Laws, Appendix A, Rule 016)
- Must submit an Athlete Declaration form as per the dates outlined in Section 1.2
- Must comply with Competitive Readiness Requirements as outlined in Section 5.0
- Must otherwise be eligible to participate in the 2010 IAAF World Indoor Championships

1.4 Funding

In general, this National Team will be 100% funded; however, this is subject to change as per available resources.

1.5 Events

60m, 400m, 800m, 1500m, 3000m, 60mH, HJ, PV, LJ, TJ, SP, HEP (M), PEN (W)

1.6 Maximum per Event

AC is entitled to enter up to three competitors in each event of the Championships, provided all have achieved the corresponding entry standard, but only two (2) will be permitted to compete.

1.7 Qualifying Trials

There will be no qualifying trials for these championships.

1.8 **Qualifying Period(s)**

The Qualifying Period to achieve the Qualifying Standard is as per the Repeat Performance Schedule (Appendix A) and will end as per the date set out in Section 1.2 above.

1.9 **Final Selection Date**

The AC National Team Committee (NTC) will make its final team selections shortly following the end of the Qualifying Period and after any appeals have been decided, as per Section 5.0. The final team selection will be made no later than the required final IAAF entry deadline for this competition (March 1, 2010).

1.10 **Final Declaration Date**

Athletes are required to submit the [Athlete Declaration Form](#) on or before **Feb 14, 2010**. Failure to submit this form by the deadline may render the athlete ineligible for selection and his/her spot may be made available to the next eligible athlete. Athletes must submit their declaration using the online form or fax to (613) 260-0341.

1.11 **Team List Announcement**

AC will announce the team list through established communication channels (Provincial Branches, AC website, Bulletin, etc.). Selected athletes will be contacted directly prior to public announcements.

1.12 **National Team – Selection Rules Book**

All athlete selections made in accordance with this Selection Criteria are subject to the rules and regulations outlined in the [National Team – Selection Rules Book](#).

2.0 **TEAM OBJECTIVES**

2.1 **Objectives**

- To select the most competitive team available that is prepared to compete at its peak level at the World Indoor Championships with the goal of having 75% of athletes finish in the top 8.
- To select athletes who have included the World Indoor Championships as part of their submitted 2010 annual training and competition plan.

2.2 **Athletics Canada High Performance Principles as they affect selection**

To select athletes who have demonstrated ability in the 2009 outdoor season and the 2010 indoor season to perform at a level that is equivalent to or greater than placing among the top 8 competitors at these Championships.

3.0 **SELECTION PROCESS**

3.1 **Eligibility Pool**

3.1.1 The Eligibility Pool is defined as all athletes who comply with the eligibility requirements of Section 1.3; who have achieved the Qualifying Standard during the Repeat Performance Schedule (Appendix A); who have completed and submitted their intent to compete via the Athlete Declaration Form by the deadline; and who comply with the Competitive Readiness Requirements of Section 4.0 of this document.

3.1.2 Only athletes from the Eligibility Pool can be nominated to an event, except under circumstances covered in Sections 5.0 (appeals). Being in the Eligibility Pool does not guarantee nomination to the team.

3.1.3 For the purpose of these Selection Criteria, competitors in the Eligibility Pool who are not eligible for selection as per Section 1.3 or who decline selection to the team will be removed from the order of



ranking, thereby allowing the next eligible athlete in order of finish to move up the results list of selectable athletes for this event.

3.2 **Selection Process** (except for Combined Events)

3.2.1 Athletes from the Eligibility Pool will be nominated to the team in priority order based on their order of performance ranking in their respective event during the period January 1, 2010 to March 1, 2010.

3.2.2 Failure to comply with the Competitive Readiness Requirements of Section 4.0 will render an athlete ineligible and the athlete's nomination to the team will become available to the next eligible athlete who has satisfied the requirements of these Selection Criteria.

3.3 **Selection Process** (for Combined Events)

3.3.1 For the **combined events**, participation is by IAAF invitation only.

4.0 **COMPETITIVE READINESS REQUIREMENTS**

4.1 **Training and Competition Plan**

It is the obligation of the athletes (or their personal coach on their behalf) who have declared their intent to participate on the team to submit on or before the Athlete Declaration Deadline (**Feb 14, 2010**) a training and competition plan for the period **February 15, 2010 - March 14, 2010** and to inform AC of any changes. The plan must address competitive readiness by identifying specific measurable test and/or competition targets to serve as fitness and competitive readiness indicators for their scheduled competition day(s). It is expected that the athletes will be clearly tapering during the final preparation phase prior to their event in order to be fresh and strong on race day.

All submitted plans must address the following:

- Planned competitions, travel and training locations.
- Five weeks of meso cycle showing load and recovery patterns, including recovery strategies and injury prevention if applicable

Submitting Your Plan

Athletes must submit their plans to the Head Coach Alex Gardiner (agardiner@athletics.ca) on or before **February 14, 2010**.

Failure to Submit your Plan

An athlete who fails to comply with these requirements may be removed from the team and replaced with the next eligible and competitive-ready athlete.

4.2 **Competitive Readiness**

Selected athletes must remain competitive-ready leading up to this national team event. Athletes who do not remain competitive-ready by reason of lack of fitness, injury, or illness may be removed from the team and replaced by the next selectable and competitive-ready athlete. It is the obligation of the athlete to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level at this national team event. (Notification must be sent to the Head Coach and/or Melissa Dowling, National Team Programs Manager, mdowling@athletics.ca).

Competitive-ready is defined as the ability of the athlete (at 100% effort) to achieve equal or superior performance(s) on-site at the scheduled event, as compared to the performance(s) the athlete achieved in making the team in the first place.



The final decision as to whether an athlete is competitive-ready will be made by the National Team Committee (NTC) based on its expert opinion on the athlete's probability of being competitive ready. The NTC will use all available information at its disposal to come to a decision, including the athlete's training and competition plan, fitness and competitive readiness indicators, submitted medical documentation, consultation with the athlete's personal coach and any other relevant performance related information.

In the case of injury or illness, the NTC will consider recommendations made by the AC Coordinating Physician, or designate, in making a final decision as to the athlete being Competitive-ready. Injured or ill athletes will be subject to a final proof of readiness test to be determined by the Head Coach in consultation with the personal coach. At a minimum, this test will consist of a controlled performance such as a competition or observed test or trial. Athletes who are injured or ill will not travel with the team until this requirement has been satisfied. If it is determined that the athlete is not competitive-ready once onsite at the event, he or she may be asked to return home immediately.

5.0 APPEALS

Only athletes who have achieved the AC indoor or outdoor Qualifying Standard during the respective Qualifying Periods (Appendix A) may submit an appeal for selection to the NTC. Please refer to the [National Team - Selection Rules Book](#) for complete instructions.



APPENDIX A

2010 IAAF WORLD INDOOR CHAMPIONSHIPS

Athletics Canada Selection Qualifying Standards

TRACK EVENTS	Men			Women		
	Indoor		Outdoor	Indoor		Outdoor
	A	B		A	B	
60m	6.61	6.69	10.20 (100m)	7.22	7.37	11.25 (100m)
400m*	46.50	47.00	45.25	52.45	53.25	51.25
800m*	1:47.00	1:48.50	1:45.50	2:02.00	2:04.00	2:00.00
1500m*	3:40.57/ 3:58.07 (mile)	3:42.00/ 4:00.00 (mile)	3:34.50.00 3:52.00 (mile)	4:10.49 4:30.64 (mile)	4:15.00 4:32.00 (mile)	4:04.00/ 4:22.00 (mile)
3000m*	7:47.45	7:54.00	7:44.00 13:19.00 (5000m)	8:50.76	9:03.00	8:38.00 15:02.00 (5000m)
60m hurdles	7.62	7.74	13.55 (110mH)	8.00	8.18	12.95 (100mH)
FIELD EVENTS						
	Men			Women		
	Indoor		Outdoor	Indoor		Outdoor
	A	B		A	B	
High Jump	2.28	2.28	2.28	1.94	1.92	1.92
Pole Vault	5.70	5.70	5.70	4.55	4.40	4.55
Long Jump	8.10	8.10	8.10	6.60	6.60	6.60
Triple Jump	16.95	16.95	16.95	14.22	14.05	14.05
Shot Put	20.18	20.00	20.00	18.22	17.50	17.50
<i>Combined Events by IAAF invitation only</i>						
*IMPORTANT NOTE: For the running events of 400m and over, performances achieved on oversized tracks will NOT be accepted.						

Repeat Performance Schedule

	Outdoors June 1 – December 31, 2009	Indoors Jan 1 – February 22, 2010
SCENARIO A	No outdoor performance necessary	One (1) indoor 'A' standard
SCENARIO B	Top 8 at 2009 World Championships or Top 8 at 2008 Beijing Olympic Games	AND One (1) indoor 'B' standard
SCENARIO C	One (1) outdoor standard	AND One (1) indoor 'B' standard

