



Canadian 10,000m Championships

Varsity Stadium – Toronto, ON

Women

1. Andrea Grove	Bison Track & Field	35:19.39
2. Emily Tallen	Physi-kult	35:23.14
3. Beth Wightman	Brooks Canada	36:01.91

Men

1. Eric Gillis	Speed River	29:28.11
2. Dylan Wykes	Physi-kult	30:25.18
3. Nyial Majock	CALTAF	30:39.37
4. Selem Yohannes	UTTC	31:49.89
5. Lamine Habbaci	Independent	34:44.38