

AGSI Junior Women Canadian National Cross Country Championship

University of Guelph Arboretum

Nov 28th, 2009 9:45am

Place	Time	Pace km	#	Name	Club	Year of Birth
1	17:17.1	3:28	625	PFISTER, CAROLINE	SHERBROOKE	92
2	17:26.3	3:30	180	GRAHAM, CHELSEA	EDMONTON THUNDER	92
3	17:28.7	3:30	393	LALONDE, GENEVI»VE	O2	91
4	17:52.4	3:35	722	KARY, CIARA	U OF C ATHLETICS CLU	92
5	18:02.1	3:37	204	GIOVANNETTI, SARA	ETOBICOKE TRACK & FI	90
6	18:10.1	3:39	636	TRUELOVE, AMANDA	SOUTH SIMCOE DUFFERI	90
7	18:15.7	3:40	795	DAVIDSON, MADDIE	UNIVERSITY OF TORONT	92
8	18:19.1	3:40	127	BROWN, JOANNA	BYTOWN STORM	92
9	18:21.0	3:41	400	WALKOW, SAMANTHA	OCEAN ATHLETICS	91
10	18:21.9	3:41	178	DEGAUST, HAYLEY	EDMONTON THUNDER	90
11	18:22.3	3:41	376	REMPPEL, KARLEY	NIAGARA OLYMPIC CLUB	93
12	18:29.7	3:42	263	LEBLANC, ANNIE	LANAUDIERE-OLYMPIQUE	92
13	18:36.5	3:44	267	PHELAN, JAMIE	LAUREL CREEK TRACK &	95
14	18:37.0	3:44	356	HAWTHORN, NATALIA	NEWMARKET HUSKIES TR	95
15	18:39.4	3:44	777	FRATCZAK, VICTORIA	UNATTACHED NOVA SCOT	90
16	18:44.4	3:45	366	BRASZ, DEANNA	NIAGARA OLYMPIC CLUB	93
17	18:48.0	3:46	340	HUGHES, MELANIE	MONTREAL OLYMPIQUE	90
18	18:49.5	3:46	362	STEWART, KIRSTEN	NEWMARKET HUSKIES TR	92
19	18:51.5	3:47	355	HALIBURTON, SARAH	NEWMARKET HUSKIES TR	90
20	18:51.8	3:47	662	PIETERSON, REBECCA	ST THOMAS LEGION TRA	90
21	18:53.3	3:47	804	MCDONALD, MADELINE	UNIVERSITY OF TORONT	94
22	18:53.5	3:47	114	ROLLINS, JACLYN	BRANTFORD T.F.C.	91
23	18:54.4	3:47	870	* PETTIT, ALLISON	WEST VIRGINIA	90
24	18:55.3	3:48	597	ROY, JOANNIE	ROUGE ET OR DE L'UNI	91
25	18:56.3	3:48	723	KARY, GRACE	U OF C ATHLETICS CLU	91
26	18:57.3	3:48	675	HANNA, VICTORIA	TORONTO OLYMPIC CLUB	91
27	18:58.0	3:48	251	PORFILIO, JESSICA	HERITAGE HUSKIES	91
28	19:00.7	3:49	191	SODERBERG, ALANA	EDMONTON THUNDER	90
29	19:01.3	3:49	645	DRIEDGER, EMILY	SPEED RIVER TRACK &	92
30	19:04.4	3:49	247	THOMPSON, CERISE	HAMILTON HAMMERHEADS	92
31	19:06.3	3:50	631	ISLAM, RACHEL	SOUTH SIMCOE DUFFERI	92
32	19:07.7	3:50	270	PLANTE-DUB..., MARGUERITE	LAVIRONDE	92
33	19:08.0	3:50	277	JONES, MELISSA	LES COUREURS DE BOIS	92
34	19:10.1	3:51	521	GALBRAITH, EMMA	OTTAWA LIONS T.F.C.	94
35	19:10.7	3:51	590	EDWARDS, GABRIELLE	RIVERSDALE ATHLETICS	94
36	19:10.8	3:51	375	MOLODYNIA, MICHELLE	NIAGARA OLYMPIC CLUB	93
37	19:14.4	3:51	324	WHITE, JACLYN	LONDON WESTERN T.F.C	94
38	19:16.1	3:52	855	SMITH, STEPHANIE	YORK UNIVERSITY TRAC	90
39	19:16.5	3:52	721	GOULD, REBECCA	U OF C ATHLETICS CLU	93
40	19:16.6	3:52	644	DOHERTY, LAUREN	SPEED RIVER TRACK &	91
41	19:18.2	3:52	729	VAN VLIET, JENNA	U OF C ATHLETICS CLU	92
42	19:19.9	3:52	128	JAMNICKY, DOMINIKA	BYTOWN STORM	92
43	19:22.7	3:53	609	FLEISCHER, KATIE	SARNIA ATHLETICS SOU	93
44	19:23.3	3:53	798	HENNESSY, COLLEEN	UNIVERSITY OF TORONT	92
45	19:23.3	3:53	401	BUTTERWORTH, ALYCIA	OCEANSIDE TRACK & FI	92
46	19:23.9	3:53	530	WOODWARD, MAGGIE	PACIFIC ATHLETICS	91
47	19:24.5	3:53	252	TSE, CORALINA	HERITAGE HUSKIES	91
48	19:26.9	3:54	315	FORAN, GABRIELLE	LONDON WESTERN T.F.C	90
49	19:27.0	3:54	666	ALLARD, BRITNEY	TIMMINS PORCUPINE TR	92
50	19:27.1	3:54	699	WOOLLEY, ALI	TORONTO OLYMPIC CLUB	94
51	19:27.3	3:54	350	DEIGHAN, KAYLA	NEWMARKET HUSKIES TR	93

52	19:27.8	3:54	223 THIEL, DANIELLE	EXCEL ATHLETIKA	92
53	19:27.8	3:54	524 SLINN, HEATHER	OTTAWA LIONS T.F.C.	92
54	19:28.5	3:54	727 O'CONNELL, ELIZABETH	U OF C ATHLETICS CLU	92
55	19:29.6	3:54	830 BAYDOUN, ZEINAB	WINDSOR LEGION TRACK	92
56	19:30.4	3:55	584 RAINVILLE-BARZEY, ALEXANDRA	QUINTE LEGION TRACK	95
57	19:30.5	3:55	265 DOWLING-MEDLEY, JENN	LAUREL CREEK TRACK &	91
58	19:31.5	3:55	374 MACDONALD, ALANNAH	NIAGARA OLYMPIC CLUB	94
59	19:31.5	3:55	246 PATTERSON, COURTNEY	HAMILTON HAMMERHEADS	91
60	19:32.7	3:55	311 ALLEN, KIRSTEN	LONDON WESTERN T.F.C	92
61	19:32.8	3:55	523 KANZ, ISABELLE	OTTAWA LIONS T.F.C.	93
62	19:33.1	3:55	620 BARKER, MADELEINE	SHERBROOKE	92
63	19:34.6	3:55	628 CORRICK, JENNIFER	SOUTH SIMCOE DUFFERI	90
64	19:36.2	3:56	336 KNOX, ALICIA	MISSISSAUGA T.F.C.	91
65	19:36.3	3:56	844 PETRIE, SADIE	YHZ	94
66	19:38.5	3:56	652 MILDREN, ROBYN	SPEED RIVER TRACK &	90
67	19:39.2	3:56	192 SODERBERG, NICOLE	EDMONTON THUNDER	92
68	19:39.6	3:56	522 GILES, LISA	OTTAWA LIONS T.F.C.	91
69	19:39.6	3:56	593 MILLER, ABBY	RIVERSDALE ATHLETICS	92
70	19:40.6	3:57	558 SILLS, TAYLOR	PHYSI-KULT KINGSTON	92
71	19:40.7	3:57	347 COATES, VICTORIA	NEWMARKET HUSKIES TR	91
72	19:41.0	3:57	725 MACDONALD, MADELINE	U OF C ATHLETICS CLU	90
73	19:42.0	3:57	805 MCINTYRE, SALLY	UNIVERSITY OF TORONT	93
74	19:42.7	3:57	632 KELSALL, DEBRA	SOUTH SIMCOE DUFFERI	93
75	19:43.2	3:57	535 VERGARA, KIRSTEN	PHOENIX ATHLETICS AS	97
76	19:43.2	3:57	320 LAMB, RACHEL	LONDON WESTERN T.F.C	90
77	19:43.4	3:57	377 REMPEL, MEGAN	NIAGARA OLYMPIC CLUB	96
78	19:45.3	3:58	726 MCAVOY, SHANNON	U OF C ATHLETICS CLU	93
79	19:46.6	3:58	285 HARTMAN, GRACE	LONDON RUNNER DISTAN	92
80	19:47.4	3:58	633 LESAGE, KRISTIE	SOUTH SIMCOE DUFFERI	93
81	19:48.1	3:58	202 DE FENOYL, AMELIE	ETOBICOKE TRACK & FI	93
82	19:49.4	3:58	216 TIER, ALIX	ETOBICOKE TRACK & FI	94
83	19:50.2	3:59	175 SAMYN, VICTORIA	DURHAM DRAGONS ATHLE	92
84	19:51.5	3:59	615 SJODIN, COURTNEY	SASKATOON TF CLUB	91
85	19:53.6	3:59	826 BAILEY, SARAH	VERNON AMATEUR ATHLE	93
86	19:54.5	3:59	843 LAUSCH, SARA	YHZ	94
87	19:56.9	4:00	604 ANNEAR, GRACE	SAINT JOHN TRACK & F	92
88	19:58.6	4:00	140 KANUKA, GLORIA	CALTAF ATHLETIC ASSO	91
89	19:59.1	4:00	641 BOWMAN, SARA	SPEED RIVER TRACK &	92
90	19:59.5	4:00	363 TAIT, MEGHAN	NEWMARKET HUSKIES TR	92
91	19:59.7	4:00	259 NADEAU, CHLO...	KALENJINS	92
92	20:00.1	4:01	838 MOORE, MELISSA	WINDSOR LEGION TRACK	92
93	20:01.7	4:01	230 REGAN, LEAH	GOLDEN EARS ATHLETIC	93
94	20:02.3	4:01	333 DULHANTY, EMILY	MISSISSAUGA T.F.C.	93
95	20:02.7	4:01	166 CODYRE, KATEY	DURHAM DRAGONS ATHLE	94
96	20:03.1	4:01	825 RICARD, KAREN	VAUDREUIL-DORION	91
97	20:06.2	4:02	794 CUMMINGS, HAILEY	UNIVERSITY OF TORONT	91
98	20:09.3	4:02	835 MARCOTTE-TOALE, CHARLOTTE	WINDSOR LEGION TRACK	92
99	20:09.6	4:02	570 BROCHU, SARAH-MICHELLE	QU...BEC ENDURANCE	92
100	20:11.6	4:03	145 MARTIN, TAYLOR	CAMBRIDGE HARRIERS	94
101	20:11.6	4:03	130 SKOWRON, PAULINE	C3 - CANADIAN CROSS	92
102	20:11.7	4:03	248 WITT, JESSICA	HAMILTON HAMMERHEADS	93
103	20:15.0	4:03	170 HOUDE-PEARCE, ERIKA	DURHAM DRAGONS ATHLE	91
104	20:16.2	4:04	161 KENNEDY, SHANNON	DISASSOCIATED	92
105	20:16.5	4:04	121 WINDSOR, RACHEL	BRIGHTON LEGION TRAC	91
106	20:16.9	4:04	619 SAUNDERS, NORA-BETH	SAULT ATHLETICS CLUB	90
107	20:17.1	4:04	268 TOMASOVIC, SIMONNE	LAUREL CREEK TRACK &	92
108	20:18.5	4:04	823 MONETTE, CAROLE-ANNE	VAUDREUIL-DORION	92
109	20:19.0	4:04	157 CURRIE, SARAH	DARTMOUTH ATHLETICS	91
110	20:19.4	4:04	651 MARTIN, LYNSEY	SPEED RIVER TRACK &	91
111	20:20.5	4:05	817 POSTHUMUS, KIYA	VALLEY ROYALS TRACK	92
112	20:21.3	4:05	305 WALKER, LAURA	LONDON RUNNER DISTAN	91
113	20:21.3	4:05	358 O'HAGAN, KAITLIN	NEWMARKET HUSKIES TR	92

114	20:23.3	4:05	290	KOMARNICKY, KAITLYN	LONDON RUNNER DISTAN	93
115	20:24.4	4:05	686	MARTIN, HILARY	TORONTO OLYMPIC CLUB	93
116	20:26.2	4:06	323	ROBBINS, SAMANTHA	LONDON WESTERN T.F.C	91
117	20:27.8	4:06	260	PROULX, KARIANNE	KALENJINS	93
118	20:29.1	4:06	827	SCHOCH, SASHA D.	VERNON AMATEUR ATHLE	93
119	20:30.1	4:07	291	KRUGER, EMILY	LONDON RUNNER DISTAN	93
120	20:31.3	4:07	691	RAMMO, MORGAN	TORONTO OLYMPIC CLUB	92
121	20:31.7	4:07	650	MACDONALD, MAGGIE	SPEED RIVER TRACK &	94
122	20:32.7	4:07	618	LOBERT, LYNNEA	SAULT ATHLETICS CLUB	93
123	20:33.8	4:07	627	BLACKLAWS, EMILY	SOUTH SIMCOE DUFFERI	92
124	20:36.0	4:08	361	PETTES, KATELYN	NEWMARKET HUSKIES TR	92
125	20:36.6	4:08	272	GREENFIELD, MATILDA	LES COUREURS DE BOIS	94
126	20:37.5	4:08	373	KORSMIT, LAURA	NIAGARA OLYMPIC CLUB	96
127	20:39.5	4:08	258	LEFEBVRE-CASTILLO, WINONA	KALENJINS	93
128	20:39.5	4:08	858	WESTBERG, AVERY	ORKTON LEGION TRACK	93
129	20:41.1	4:09	206	JARVIS, ALEXANDRA	ETOBICOKE TRACK & FI	93
130	20:43.7	4:09	199	BENJAMIN, MADELEINE	ETOBICOKE TRACK & FI	94
131	20:48.5	4:10	279	SERVISS, KELSEY	LES COUREURS DE BOIS	93
132	20:52.1	4:11	173	LESPERANCE, SARAH	DURHAM DRAGONS ATHLE	93
133	20:53.9	4:11	669	MAISONNEUVE, RENEE	TIMMINS PORCUPINE TR	95
134	20:55.7	4:12	299	ROBERTS, JENNIFER	LONDON RUNNER DISTAN	93
135	20:58.4	4:12	135	CHAPPELL, ELLEN	CALTAF ATHLETIC ASSO	93
136	20:58.8	4:12	148	LANGLEY, TRISTAN	CENTRAL NOVA LEGION	93
137	20:59.4	4:12	288	HILL, CYNTHIA	LONDON RUNNER DISTAN	93
138	20:59.7	4:12	637	WESSEL, MEAGHAN	SOUTH SIMCOE DUFFERI	93
139	21:01.2	4:13	134	SERPICO, MADISON	CALGARY SPARTANS	92
140	21:06.0	4:14	224	TURMEL, NICOLE	EXCEL ATHLETIKA	92
141	21:09.2	4:14	617	FLYNN, JULLIEN	SAULT ATHLETICS CLUB	93
142	21:12.0	4:15	325	WHITE, JESSICA	LONDON WESTERN T.F.C	92
143	21:14.6	4:15	310	YUNGBLUT, ERIN	LONDON RUNNER DISTAN	93
144	21:15.7	4:16	312	BEHARRIELL, TIANNA	LONDON WESTERN T.F.C	94
145	21:18.8	4:16	698	WILLIAMS, HAILY	TORONTO OLYMPIC CLUB	93
146	21:20.4	4:17	833	MALETTE, GABRIELLE	WINDSOR LEGION TRACK	93
147	21:23.0	4:17	682	KINSEY, HEATHER	TORONTO OLYMPIC CLUB	93
148	21:27.2	4:18	1250	CHARLES, ELECKTRA	RIVERSDALE ATHLETICS	92
149	21:33.8	4:19	857	LUDZKI, NICOLE	YORK UNIVERSITY TRAC	93
150	21:38.9	4:20	550	MCGRAW, LEAH	PHYSI-KULT KINGSTON	93
151	21:49.5	4:22	354	GLENN, CAILEIGH	NEWMARKET HUSKIES TR	92
152	21:51.6	4:23	630	GALLAGHER, ALEXANDRA	SOUTH SIMCOE DUFFERI	93
153	21:54.7	4:23	273	HAGBERG, INGRID	LES COUREURS DE BOIS	91
154	21:57.2	4:24	210	LEON, REBECCA	ETOBICOKE TRACK & FI	93
155	22:04.9	4:25	367	CAHILL, RACHAEL	NIAGARA OLYMPIC CLUB	94
156	22:09.5	4:26	382	WILEY, ELISE	NIAGARA OLYMPIC CLUB	96
157	22:11.5	4:27	390	VANDERMEER, NEL	NORTH BAY LEGION	90
158	22:22.9	4:29	309	YUNGBLUT, EMILY	LONDON RUNNER DISTAN	91
159	22:29.1	4:30	306	WALKER, LESLIE	LONDON RUNNER DISTAN	91
160	22:37.6	4:32	773	WONG, ELIZABETH	UNATTACHED BRITISH C	92
161	22:45.2	4:34	591	GROAT, RACHAEL	RIVERSDALE ATHLETICS	92
162	22:55.0	4:35	117	LAFONTAINE, EMMA	BRIGHTON LEGION TRAC	92
163	23:33.4	4:43	616	DICK, RACHEL	SAULT ATHLETICS CLUB	93

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Place	Time	Pace km	#	Name	Club	Year of Birth
1	24:09.0	3:02	364	AHMED, MOHAMMED	NIAGARA OLYMPIC CLUB	91
2	24:33.1	3:05	526	HAIGHT, DYLAN T	PACIFIC ATHLETICS	91
3	24:33.5	3:05	785	LEAKOS, JAMES	UNATTACHED-SASKATCHE	92
4	24:40.2	3:06	840	SMITH, DARYL	WINDSOR LEGION TRACK	91
5	24:45.0	3:06	220	BAITON, WYATT	EXCEL ATHLETIKA	91
6	24:46.6	3:06	397	BRUCHET, LUCAS	OCEAN ATHLETICS	91
7	24:51.1	3:07	313	DE VRIES, THOMAS	LONDON WESTERN T.F.C	92
8	24:51.5	3:07	683	KUTERNIN, ALEKSANDR	TORONTO OLYMPIC CLUB	90
9	24:51.6	3:07	112	WOLTER, MATTIAS	BLUENOSE ATHLETICS T	91
10	24:53.2	3:07	262	NIXON, ANDREW	LAKEHEAD ATHLETICS C	91
11	24:56.4	3:08	349	DEGROOT, ANDREW	NEWMARKET HUSKIES TR	91
12	25:00.2	3:08	834	MALETTE, JOHN PAUL	WINDSOR LEGION TRACK	91
13	25:00.4	3:08	831	JANIKOWSKI, PAUL	WINDSOR LEGION TRACK	92
14	25:00.5	3:08	706	PROUDFOOT, ROSS	TRACK NORTH ATHLETIC	92
15	25:11.4	3:09	169	HOSIER, STEPHEN	DURHAM DRAGONS ATHLE	92
16	25:15.4	3:10	634	PESCE, MICHAEL	SOUTH SIMCOE DUFFERI	92
17	25:18.7	3:10	546	HINTON, ALEXANDER	PHYSI-KULT KINGSTON	91
18	25:20.2	3:11	139	HADFIELD, GARETH	CALTAF ATHLETIC ASSO	92
19	25:24.4	3:11	352	DENAULT, ROBERT	NEWMARKET HUSKIES TR	93
20	25:24.5	3:11	832	KOWALSKY, ANDREW	WINDSOR LEGION TRACK	92
21	25:25.0	3:11	218	WANUCH, NATHAN	ETOBICOKE TRACK & FI	90
22	25:28.0	3:11	569	BOISVERT, EMMANUEL	QU...BEC ENDURANCE	91
23	25:31.2	3:12	339	STONE, JEFF	MISSISSAUGA T.F.C.	92
24	25:33.5	3:12	551	MCGRAW, NICK	PHYSI-KULT KINGSTON	90
25	25:39.4	3:13	164	BOYCHUK, JAY	DURHAM DRAGONS ATHLE	92
26	25:42.5	3:13	574	LAPOINTE, JEAN-SAMUEL	QU...BEC ENDURANCE	91
27	25:48.2	3:14	542	ARCHER, JEFF	PHYSI-KULT KINGSTON	92
28	25:48.5	3:14	702	CARGILL, CHANTRY	TRACK NORTH ATHLETIC	90
29	25:49.1	3:14	836	MELOCHE, DAVID	WINDSOR LEGION TRACK	91
30	25:52.1	3:15	168	ESSELINK, EVAN	DURHAM DRAGONS ATHLE	92
31	25:53.0	3:15	129	RIED, TAYLOR	C3 - CANADIAN CROSS	91
32	25:56.1	3:15	124	SMITH, JACOB	BROCKVILLE LEGION TR	90
33	25:57.4	3:15	555	O'SULLIVAN, DYLAN	PHYSI-KULT KINGSTON	92
34	26:00.6	3:16	332	DULHANTY, CHRISTOPHER	MISSISSAUGA T.F.C.	92
35	26:01.5	3:16	696	SHIBLEY, TYLER	TORONTO OLYMPIC CLUB	90
36	26:02.5	3:16	172	KING, XAVIER	DURHAM DRAGONS ATHLE	93
37	26:03.2	3:16	668	BOURGET, JEREMIE	TIMMINS PORCUPINE TR	93
38	26:03.2	3:16	781	REDPATH, JASON	UNATTACHED-MANITOBA	91
39	26:04.3	3:16	540	ALLAN, CHARLY	PHYSI-KULT KINGSTON	91
40	26:08.5	3:17	573	LABRANCHE, JEAN-DANIEL	QU...BEC ENDURANCE	91
41	26:11.5	3:17	629	DRUKEN, MATTHEW	SOUTH SIMCOE DUFFERI	94
42	26:14.1	3:17	700	YEMANE, BIEMNET	TORONTO OLYMPIC CLUB	91
43	26:14.4	3:17	623	MAVROVIC, ALEX	SHERBROOKE	91
44	26:17.6	3:18	152	RAYMOND, BENJAMIN	CLUB D'ATHL...TISME DY	92
45	26:18.6	3:18	872	ZAGHLOL, ABDUL	TRI CITY TRACK CLUB	92
46	26:20.3	3:18	605	BRITT, BARRY	SAINT JOHN TRACK & F	90
47	26:21.2	3:18	708	BELANGER, ANDREW	TRI CITY TRACK CLUB	91
48	26:21.4	3:18	345	BROWN, DYLAN	NEWMARKET HUSKIES TR	93
49	26:22.0	3:18	111	HATHEWAY, OLIVER	BLUENOSE ATHLETICS T	90
50	26:24.0	3:18	720	WILSON, MCKAY	TRI CITY TRACK CLUB	93
51	26:25.0	3:19	764	FORSETH, ROWAN J.	UNATTACHED BRITISH C	91

52	26:26.2	3:19	814	IRVINE, KYLE	UNIVERSITY OF VICTOR	90
53	26:28.1	3:19	796	FOSTER, OLIVER	UNIVERSITY OF TORONT	92
54	26:28.5	3:19	839	PITICARIU, DANIEL	WINDSOR LEGION TRACK	92
55	26:29.3	3:19	534	HOLMES, STEPHEN	PHOENIX ATHLETICS AS	90
56	26:30.1	3:19	334	GEISER, LUCA	MISSISSAUGA T.F.C.	92
57	26:31.1	3:19	703	COOPER, JEREMY	TRACK NORTH ATHLETIC	93
58	26:34.1	3:20	144	MARTIN, JONATHAN	CAMBRIDGE HARRIERS	92
59	26:34.6	3:20	610	HALL, MATTHEW	SARNIA ATHLETICS SOU	93
60	26:36.4	3:20	394	PELLERIN, J...R...MIE	O2	93
61	26:38.3	3:20	241	FORBES, AUSTEN	HAMILTON HAMMERHEADS	93
62	26:38.4	3:20	287	HENDRIKX, AARON	LONDON RUNNER DISTAN	93
63	26:42.3	3:21	786	AMHED, ZAIN	UNIVERSITY OF TORONT	91
64	26:44.5	3:21	348	DAVENPORT, ETHAN	NEWMARKET HUSKIES TR	90
65	26:45.0	3:21	792	CRUICKSHANK, ANDREW	UNIVERSITY OF TORONT	90
66	26:46.3	3:21	679	HODGE, SIMON	TORONTO OLYMPIC CLUB	90
67	26:47.6	3:21	543	ASSELSTINE, ROBERT	PHYSI-KULT KINGSTON	92
68	26:51.5	3:22	626	KENT, JUSTIN	SOUTH FRASER TRACK &	92
69	26:52.3	3:22	583	PARKER, KAELAN	QUINTE LEGION TRACK	93
70	26:53.5	3:22	147	THORNTON, JASON	CAMBRIDGE HARRIERS	92
71	26:55.4	3:22	215	SLOAN, HARRISON	ETOBICOKE TRACK & FI	94
72	26:57.4	3:23	782	VINCENT, SAMUEL	UNATTACHED-MANITOBA	92
73	26:58.0	3:23	307	WALSH, JEREMY	LONDON RUNNER DISTAN	90
74	26:58.3	3:23	222	MIDDLEMISS, MICHAEL	EXCEL ATHLETIKA	92
75	27:00.2	3:23	120	RHEBERGEN, JULIAN	BRIGHTON LEGION TRAC	91
76	27:01.2	3:23	289	HOLDEN, MAX	LONDON RUNNER DISTAN	92
77	27:02.2	3:23	392	CASSIDY, RYAN	O2	93
78	27:02.5	3:23	608	BISSON, SHAUN	SARNIA ATHLETICS SOU	91
79	27:03.2	3:23	174	MOYER, CHRIS	DURHAM DRAGONS ATHLE	94
80	27:04.0	3:23	337	PARROT-MIGAS, PHILIPPE	MISSISSAUGA T.F.C.	93
81	27:04.2	3:24	379	SCOTLAND, ANDREW	NIAGARA OLYMPIC CLUB	92
82	27:04.3	3:24	384	BOULAY, BENOIT	NORTH BAY LEGION	91
83	27:04.3	3:24	576	THIBODEAU, JEAN-PHILIPPE	QU...BEC ENDURANCE	90
84	27:04.6	3:24	819	CHATUR, AZAR	VANCOUVER THUNDERBIR	92
85	27:05.3	3:24	816	LEBLANC, ...TIENNE	VAINQUEURS (LES)	92
86	27:06.1	3:24	846	WING, JACOB	YHZ	93
87	27:06.4	3:24	611	MASTER, SHAWN	SARNIA ATHLETICS SOU	94
88	27:07.5	3:24	579	DENNY, JAMES	QUINTE LEGION TRACK	92
89	27:08.1	3:24	820	CLIFF, WILLIAM	VANCOUVER THUNDERBIR	93
90	27:08.5	3:24	225	FORBES, IAN	FAST TRACKS	92
91	27:09.0	3:24	680	HOLT, JAMIE	TORONTO OLYMPIC CLUB	93
92	27:12.1	3:25	131	BROWN, TRAVIS	CALGARY SPARTANS	90
93	27:12.1	3:25	587	MILLER, THOMAS	RIVER CITY ATHLETICS	92
94	27:14.1	3:25	582	MAHONEY-ASHBERRY, CONNOR	QUINTE LEGION TRACK	92
95	27:14.5	3:25	176	WHITE, ANDREW	DURHAM DRAGONS ATHLE	93
96	27:16.3	3:25	714	IKRAM, SHOAIB	TRI CITY TRACK CLUB	90
97	27:16.4	3:25	541	ANDRIN, EVAN	PHYSI-KULT KINGSTON	91
98	27:17.0	3:25	149	WOOD, NICHOLAS	CENTRAL NOVA LEGION	92
99	27:18.2	3:25	154	BRAULT, CHARLES	COLLEGE LOUIS RIEL	93
100	27:18.3	3:25	205	GRIEVE, KYLE	ETOBICOKE TRACK & FI	93
101	27:19.0	3:25	338	SANDHU, TRISTAN	MISSISSAUGA T.F.C.	90
102	27:20.1	3:26	548	LEVAC, CAMERON	PHYSI-KULT KINGSTON	93
103	27:20.3	3:26	207	JONES, CHANCE	ETOBICOKE TRACK & FI	94
104	27:22.6	3:26	837	MITCHELL, REID	WINDSOR LEGION TRACK	93
105	27:24.4	3:26	797	GREEN, NATHANIEL	UNIVERSITY OF TORONT	91
106	27:25.3	3:26	607	MCNEIL, MATTHEW	SAINT JOHN TRACK & F	93
107	27:27.2	3:26	351	DENAULT, ALEX	NEWMARKET HUSKIES TR	91
108	27:27.3	3:26	531	DESHAIES, NICOLAS	PHENIX	92
109	27:27.4	3:26	594	STOTT, MASON	RIVERSDALE ATHLETICS	92
110	27:28.1	3:27	762	CLERKE, CONNOR	UNATTACHED BRITISH C	92
111	27:29.4	3:27	677	HILL, GEORGE	TORONTO OLYMPIC CLUB	92
112	27:30.0	3:27	286	HARTMAN, PATRICK	LONDON RUNNER DISTAN	93
113	27:30.2	3:27	718	SHIELDS, GAVIN	TRI CITY TRACK CLUB	94

114	27:31.0	3:27	158	DOUCETTE, JONAH	DARTMOUTH ATHLETICS	92
115	27:33.0	3:27	746	BROWN, BUDDY	UNATTACHED ALBERTA	93
116	27:34.2	3:27	592	GUENTHER, DAVIS	RIVERSDALE ATHLETICS	93
117	27:36.4	3:28	658	WATERS, DANIEL	SPEED RIVER TRACK &	91
118	27:37.0	3:28	143	MARTIN, ANDREW	CAMBRIDGE HARRIERS	92
119	27:37.3	3:28	664	THACHER, ERIC	STRIDE AHEAD TOUGH T	92
120	27:37.5	3:28	344	BOURGEOIS, MICHAEL	NEWMARKET HUSKIES TR	93
121	27:38.5	3:28	784	JOHNSON, MATTHEW	YORKTON LEGION TRACK	92
122	27:39.4	3:28	318	HICK, JEREMY	LONDON WESTERN T.F.C	93
123	27:40.0	3:28	676	HENRY, ETHAN	TORONTO OLYMPIC CLUB	92
124	27:40.4	3:28	281	BARRY, ERIC	LONDON RUNNER DISTAN	92
125	27:42.5	3:28	275	JONES, BEN	LES COUREURS DE BOIS	92
126	27:45.2	3:29	810	WOLOSHYN, JAKE	UNIVERSITY OF TORONT	91
127	27:45.4	3:29	163	BIEREMA, JORDAN	DURHAM DRAGONS ATHLE	92
128	27:45.4	3:29	249	BOWEN, SEAN	HARBOUR TRACK	90
129	27:46.4	3:29	612	SAWATZKY, ADAM	SARNIA ATHLETICS SOU	92
130	27:49.1	3:29	580	DOXTATOR, ADAM	QUINTE LEGION TRACK	95
131	27:49.1	3:29	624	M...NARD, GUILLAUME	SHERBROOKE	91
132	27:49.2	3:29	353	FREEMANTLE, ALEXANDER	NEWMARKET HUSKIES TR	95
133	27:50.4	3:29	842	KRISTJANSON, BJORN	WINNIPEG OPTIMIST AT	93
134	27:51.0	3:29	300	ROELEN, JOCHEM	LONDON RUNNER DISTAN	92
135	27:51.1	3:29	670	RAYMOND, PAUL	TIMMINS PORCUPINE TR	93
136	27:52.4	3:30	821	BLAIS MIKO, NICOLAS	VAUDREUIL-DORION	91
137	27:53.2	3:30	293	MARQUEZ, DAVID	LONDON RUNNER DISTAN	93
138	27:53.4	3:30	692	REAY, NICHOLAS	TORONTO OLYMPIC CLUB	93
139	27:56.3	3:30	572	DUFOUR-SIMARD, ANTOINE	QU...BEC ENDURANCE	90
140	27:56.4	3:30	150	BOUILLON, NICOLAS	CLUB D'ATHL...TISME DY	93
141	27:57.3	3:30	554	MORGAN, BLAIR	PHYSI-KULT KINGSTON	93
142	27:57.3	3:30	687	MASIL-MITRO, LIAM	TORONTO OLYMPIC CLUB	93
143	27:58.1	3:30	552	MCGREGOR, ADAM	PHYSI-KULT KINGSTON	91
144	27:59.1	3:30	602	BOILY, DAVE	SAGUENAY LAC ST-JEAN	93
145	27:59.3	3:30	672	SEGUIN, MARTIN	TIMMINS PORCUPINE TR	93
146	28:00.1	3:31	532	BATES, DYLAN	PHOENIX ATHLETICS AS	93
147	28:01.3	3:31	365	ALBERS, JOHN	NIAGARA OLYMPIC CLUB	93
148	28:02.4	3:31	775	DELANEY, LIAM	UNATTACHED NEWFOUNDL	93
149	28:03.0	3:31	575	L...GAR..., SAMUEL	QU...BEC ENDURANCE	91
150	28:05.5	3:31	304	TURNBULL, IAN	LONDON RUNNER DISTAN	93
151	28:06.0	3:31	386	PERRY, KEVIN	NORTH BAY LEGION	90
152	28:07.6	3:31	663	GEMMELL, BRENDAN	STRIDE AHEAD TOUGH T	93
153	28:09.4	3:32	101	DEANE, PATRICK	AGSI FLYERS	94
154	28:10.6	3:32	244	LLOYD, DUKE	HAMILTON HAMMERHEADS	92
155	28:15.3	3:32	155	CAMERON, JACOB	CORNWALL LEGION COUG	93
156	28:16.3	3:33	243	HAMBLY, DEREK	HAMILTON HAMMERHEADS	93
157	28:17.3	3:33	639	ANDERSON, DREW	SPEED RIVER TRACK &	93
158	28:19.3	3:33	701	BURKE, JOSEPH	TRACK NORTH ATHLETIC	92
159	28:19.5	3:33	298	PROCTER, BEN	LONDON RUNNER DISTAN	90
160	28:23.2	3:33	357	MACPHERSON, ERIC	NEWMARKET HUSKIES TR	93
161	28:24.0	3:33	371	JANSSEN, TREVOR	NIAGARA OLYMPIC CLUB	93
162	28:28.4	3:34	370	GODIN, ZACHARY	NIAGARA OLYMPIC CLUB	95
163	28:31.3	3:34	396	BROWN, DENNIS	OCEAN ATHLETICS	93
164	28:34.1	3:35	621	BEAUDETTE, KENNY	SHERBROOKE	90
165	28:36.2	3:35	294	MAWJI, ANEEL	LONDON RUNNER DISTAN	94
166	28:36.5	3:35	221	LIPP, JADEN	EXCEL ATHLETIKA	92
167	28:38.0	3:35	319	KADLECIK, JORDAN	LONDON WESTERN T.F.C	93
168	28:39.0	3:35	266	KARLEY, CHRISTOPHER	LAUREL CREEK TRACK &	91
169	28:39.3	3:35	125	WYNANDS, JOHN	BROCKVILLE LEGION TR	92
170	28:41.0	3:36	274	JOHNSTON, RILEY	LES COUREURS DE BOIS	93
171	28:45.3	3:36	678	HILL, SCOTT	TORONTO OLYMPIC CLUB	94
172	28:51.0	3:37	146	QUICK, DEREK	CAMBRIDGE HARRIERS	92
173	28:51.0	3:37	716	MORGAN, CHRIS	TRI CITY TRACK CLUB	93
174	28:59.0	3:38	752	HAYES, REID	UNATTACHED ATHLETES	94
175	29:01.4	3:38	276	MACPHERSON, STUART	LES COUREURS DE BOIS	94

176	29:03.2	3:38	278	QUENNEVILLE, GABRIEL	LES COUREURS DE BOIS	92
177	29:07.5	3:39	326	WUNDER, PAUL	LONDON WESTERN T.F.C	94
178	29:10.6	3:39	118	LEMMERMAYER, JOE	BRIGHTON LEGION TRAC	91
179	29:11.5	3:39	829	POLAND, JASON	WEST TORONTO TRACK &	93
180	29:15.2	3:40	271	CRAIG, EWAN	LES COUREURS DE BOIS	93
181	29:15.4	3:40	360	PENNEY, KYLE	NEWMARKET HUSKIES TR	94
182	29:16.2	3:40	316	FORAN, SAMI	LONDON WESTERN T.F.C	94
183	29:18.3	3:40	264	BRYDGES, SCOTT	LAUREL CREEK TRACK &	91
184	29:22.2	3:41	667	BOUDREAU, ERIC	TIMMINS PORCUPINE TR	92
185	29:25.3	3:41	389	SCOTT, JORDAN	NORTH BAY LEGION	90
186	29:25.4	3:41	854	SMITH, NICHOLAS	YORK UNIVERSITY TRAC	93
187	29:29.1	3:42	745	BISSETT, TYLER	UNATTACHED ALBERTA	91
188	29:33.3	3:42	588	BALEZANTIS, REID	RIVERSDALE ATHLETICS	94
189	29:37.3	3:43	689	PALADINO, MATTHEW	TORONTO OLYMPIC CLUB	91
190	29:44.3	3:44	162	AHMED, RAZA	DURHAM DRAGONS ATHLE	92
191	29:51.3	3:44	201	CARROLL, JAKE	ETOBICOKE TRACK & FI	96
192	29:54.2	3:45	772	WONG, BILLY	UNATTACHED BRITISH C	94
193	29:57.5	3:45	690	PATTERSON, SEAN	TORONTO OLYMPIC CLUB	92
194	29:59.0	3:45	849	BROWN, SPENCER	YORK UNIVERSITY TRAC	90
195	30:00.0	3:45	856	WYATT, SPENCER	YORK UNIVERSITY TRAC	94
196	30:15.4	3:47	704	DIEBEL, SEBASTIAN	TRACK NORTH ATHLETIC	93
197	30:42.4	3:51	381	WIGNALL, GRANT	NIAGARA OLYMPIC CLUB	94
198	31:13.2	3:55	254	VAN DYL, RYAN	IRONSTRIDE	90
199	31:47.2	3:59	255	WITHERS, RICHARD	IRONSTRIDE	90
200	32:28.2	4:04	848	BINER, MARK	YORK UNIVERSITY TRAC	92
201	32:33.1	4:05	100	CADDEY, CHRIS	AGSI FLYERS	94
202	32:38.4	4:05	380	TURNER, JOSH	NIAGARA OLYMPIC CLUB	96

AGSI Senior Women Canadian National Cross Country Championship

University of Guelph Arboretum

Nov 28th, 2009 9:45am

Place	Time	Pace km	#	Name	Club	Year of Birth
1	23:21.0	3:21	578	SCHAAF, KENDRA	QUEEN CITY STRIDERS	90
2	23:28.0	3:22	787	BROWN, MEGAN	UNIVERSITY OF TORONT	85
3	24:02.3	3:27	186	METCALFE, MEGAN	EDMONTON THUNDER	82
4	24:08.4	3:27	761	CAMPBELL, ANITA Y.	UNATTACHED BRITISH C	87
5	24:20.3	3:29	133	HARVEY, LISA	CALGARY SPARTANS	70
6	24:21.7	3:29	196	WIDNEY, CHANTELL	EDMONTON THUNDER	79
7	24:26.1	3:30	771	WODAK, NATASHA	UNATTACHED BRITISH C	81
8	24:49.0	3:33	596	CORMIER, CATHERINE	ROUGE ET OR DE L'UNI	87
9	24:52.8	3:34	732	SOUTER, JODI	U OF S HUSKIES	88
10	24:54.3	3:34	780	BINNE-HUSE, SUZANNE	FLEUR DE LYS	74
11	24:56.3	3:34	567	SMITH, LUCY	PRAIRIE INN HARRIERS	67
12	24:57.6	3:34	159	BUCHANAN, DANA	DISASSOCIATED	84
13	25:00.1	3:35	818	RODY, KRISTINA	VANCOUVER FALCONS AT	77
14	25:04.1	3:35	648	LAURIE, COURTNEY	SPEED RIVER TRACK &	88
15	25:08.5	3:36	179	FINDLAY, PAULA	EDMONTON THUNDER	89
16	25:13.8	3:37	603	B...LANGER, VAL...RIE	SAGUENAY LAC ST-JEAN	89
17	25:14.7	3:37	105	BRUCKSCHWAIGER, KATRINA	BISON TRACK AND FIEL	82
18	25:32.4	3:39	875	VAUGHAN, KATE	NAUTILUS RUNNING CLU	84
19	25:33.7	3:40	815	BELLEAU-B...LIVEAU, KARINE	VAINQUEURS (LES)	83
20	25:34.5	3:40	141	SIM, HEATHER	CALTAF ATHLETIC ASSO	85
21	25:45.6	3:41	527	MALUDZINSKI, LAURA	PACIFIC ATHLETICS	83
22	25:48.1	3:42	514	RIENDEAU, DANIELE	OTTAWA ATHLETIC CLUB	84
23	25:49.0	3:42	812	ZELAZO, SUZANNE	UNIVERSITY OF TORONT	76
24	25:50.0	3:42	257	RUUS, RACHEL	KAJAKS TRACK & FIELD	74
25	25:57.9	3:43	758	WYMAN, JILLIAN	UNATTACHED ATHLETES	89
26	26:06.9	3:44	728	O'CONNELL, JESSICA	U OF C ATHLETICS CLU	89
27	26:23.8	3:47	109	GREGOIRE, MELANIE	BISON TRACK AND FIEL	89
28	26:23.9	3:47	236	GOODFELLOW, HEATHER	HALIFAX TIGERS	73
29	26:24.2	3:47	388	ROBINS, DONNA MAE	NORTH BAY LEGION	76
30	26:25.3	3:47	713	FOX, ERIN	TRI CITY TRACK CLUB	85
31	26:46.3	3:50	137	DRESSLER, TARA	CALTAF ATHLETIC ASSO	84
32	26:47.7	3:50	731	SOUTER, JENNIFER	U OF S HUSKIES	84
33	26:49.5	3:50	793	CULLIS, JANE	UNIVERSITY OF TORONT	84
34	26:50.5	3:51	240	WATTERS, KAITLYN	HALIFAX TIGERS	86
35	26:50.8	3:51	799	JACOBS, ERIKA	UNIVERSITY OF TORONT	85
36	26:52.6	3:51	108	GINTER, LACEY	BISON TRACK AND FIEL	87
37	26:58.7	3:52	239	MCINNES, CAROLINE	HALIFAX TIGERS	81
38	27:15.2	3:54	102	STEWART, GINA	ANTIGONISH TRACK CLU	87
39	27:29.1	3:56	853	PISTOR, KATHRYN	YORK UNIVERSITY TRAC	87
40	27:30.6	3:56	828	BARIBEAU, SARAH	VERT ET OR UNVIERSIT	84
41	27:38.6	3:57	235	ERICKSON, ROBYN	HALIFAX TIGERS	86
42	27:42.9	3:58	547	HINTON, DORELLE	PHYSI-KULT KINGSTON	89
43	27:53.6	4:00	321	LEMON, KIMBER	LONDON WESTERN T.F.C	86
44	27:56.7	4:00	513	LYNCH, DAUN	OTTAWA ATHLETIC CLUB	81
45	28:06.5	4:01	850	COOPMAN, KAITLIN	YORK UNIVERSITY TRAC	84
46	28:08.0	4:02	283	DOUGLAS, BRONWEN	LONDON RUNNER DISTAN	87
47	28:27.7	4:04	595	BOIVIN, MARIANNE	ROUGE ET OR DE L'UNI	84
48	28:29.1	4:05	685	LAU, MONICA	TORONTO OLYMPIC CLUB	86
49	28:51.9	4:08	177	BOWERMAN, KIM	EDMONTON THUNDER	81
50	29:04.9	4:10	852	MARYUEN, CHANTELE	YORK UNIVERSITY TRAC	89
51	29:54.7	4:17	808	SARDONE, LAURA	UNIVERSITY OF TORONT	84
52	30:00.7	4:18	851	HERNANDEZ, HANNA	YORK UNIVERSITY TRAC	89
53	30:34.1	4:22	385	FARLOW, ALI	NORTH BAY LEGION	86

AGSI Senior Men Canadian National Cross Country Championship

University of Guelph Arboretum

Nov 28th, 2009 9:45am

Place	Time	Pace km	#	Name	Club	Year of Birth
1	28:49.8	2:53	577	BAIRU, SIMON	QUEEN CITY STRIDERS	83
2	30:00.5	3:01	646	GILLIS, ERIC	SPEED RIVER TRACK &	80
3	30:11.4	3:02	642	BRUNSTING, MATTHEW	SPEED RIVER TRACK &	87
4	30:28.0	3:03	730	WIEBE, KELLY	U OF R COUGARS	89
5	30:32.5	3:04	622	GENEST, ALEX	SHERBROOKE	86
6	30:37.5	3:04	560	WYKES, DYLAN	PHYSI-KULT KINGSTON	83
7	30:38.4	3:04	601	SCULL, JEFF	RUNNERS EDGE TRACK C	85
8	30:45.0	3:05	653	MILNE, TAYLOR	SPEED RIVER TRACK &	81
9	30:46.1	3:05	565	MOSLEY, RICHARD	PRAIRIE INN HARRIERS	82
10	30:55.0	3:06	568	WHITFIELD, SIMON	PRAIRIE INN HARRIERS	75
11	30:56.1	3:06	724	KERR, GEOFF	U OF C ATHLETICS CLU	84
12	31:00.0	3:06	770	WINTER, CHRIS	UNATTACHED BRITISH C	86
13	31:02.0	3:07	295	NAGLE, CHRIS	LONDON RUNNER DISTAN	82
14	31:05.0	3:07	688	NAKLUSKI, DEREK	TORONTO OLYMPIC CLUB	82
15	31:09.3	3:07	103	FEWER, COLIN M.	ATHLETICS NORTH-EAST	77
16	31:14.8	3:08	813	BURKE, LOGAN	UNIVERSITY OF VICTOR	85
17	31:15.0	3:08	562	FINLAYSON, JAMES G.	PRAIRIE INN HARRIERS	72
18	31:15.5	3:08	566	OSADUIK, STEVEN J.	PRAIRIE INN HARRIERS	79
19	31:17.3	3:08	126	GOSSSELIN, JAMES	BROOKS CANADA MARATH	77
20	31:19.9	3:08	807	MORRISON, SPENCER	UNIVERSITY OF TORONT	83
21	31:24.1	3:09	195	WEIKUM, JAMIE	EDMONTON THUNDER	89
22	31:25.2	3:09	681	HORTIAN, ADAM	TORONTO OLYMPIC CLUB	84
23	31:25.6	3:09	296	O'NEILL, KYLE	LONDON RUNNER DISTAN	89
24	31:26.1	3:09	801	KITZ, ROBERT	UNIVERSITY OF TORONT	85
25	31:27.0	3:09	556	PIETERSON, MATTHEW	PHYSI-KULT KINGSTON	82
26	31:28.4	3:09	657	THORSON, CLEVE	SPEED RIVER TRACK &	81
27	31:28.8	3:09	763	CLOUT, MATTHEW	UNATTACHED BRITISH C	81
28	31:29.7	3:09	563	GANT, DYLAN	PRAIRIE INN HARRIERS	86
29	31:31.9	3:10	564	JONES, KYLE	PRAIRIE INN HARRIERS	84
30	31:38.0	3:10	194	VOLLMER, MARK	EDMONTON THUNDER	80
31	31:50.8	3:12	656	SNIDER, DEREK	SPEED RIVER TRACK &	85
32	31:56.7	3:12	755	TETLEY, DUSTIN	UNATTACHED ATHLETES	87
33	32:00.5	3:13	783	KELLAR, ADAM	UNATTACHED-NEW BRUNS	84
34	32:01.7	3:13	765	FRIESEN, KEVIN A.	UNATTACHED BRITISH C	87
35	32:06.5	3:13	647	KOZIARSKI, STEPHEN	SPEED RIVER TRACK &	85
36	32:07.0	3:13	529	SWANSON, KRIS	PRAIRIE INN HARRIERS	81
37	32:08.0	3:13	613	EPP, JAMIE	SASKATOON TF CLUB	80
38	32:12.5	3:14	237	HENNIGAR, TOBY	HALIFAX TIGERS	84
39	32:13.8	3:14	533	FINN, RYAN	PHOENIX ATHLETICS AS	87
40	32:14.4	3:14	753	KASSAP, DANNY	UNATTACHED ATHLETES	82
41	32:15.9	3:14	654	PAQUETTE, MAXIME	SPEED RIVER TRACK &	84
42	32:18.2	3:14	841	BOOTH, MIKE	WINNIPEG OPTIMIST AT	80
43	32:20.2	3:15	160	HUFF, RYAN	DISASSOCIATED	88
44	32:21.3	3:15	308	WALTON, ADRIAN	LONDON RUNNER DISTAN	84
45	32:24.9	3:15	788	CALDWELL, TREVOR	UNIVERSITY OF TORONT	79
46	32:27.0	3:15	292	LAAN, BRANDON	LONDON RUNNER DISTAN	83
47	32:28.3	3:15	544	BOYD, STEVE	PHYSI-KULT KINGSTON	93
48	32:29.0	3:15	106	CARR, PAUL	BISON TRACK AND FIEL	86
49	32:30.9	3:16	822	COLLIN, OLIVIER	VAUDREUIL-DORION	89
50	32:31.0	3:16	184	LAMBERT, ADRIAN	EDMONTON THUNDER	85
51	32:31.8	3:16	803	MCCABE, JEFFREY	UNIVERSITY OF TORONT	83
52	32:36.8	3:16	598	SYLVESTRE, PHILIPPE	ROUGE ET OR DE L'UNI	82
53	32:41.7	3:17	391	BOURGEOIS, JOÀL	O2	71

54	32:46.2	3:17	113 MASON, JOHN	BRANTFORD T.F.C.	87
55	32:46.3	3:17	197 WOYTIUK, KURT	EDMONTON THUNDER	81
56	32:50.4	3:18	301 SMITH, BRENT	LONDON RUNNER DISTAN	87
57	32:53.1	3:18	107 DEJONG, CALVARY	BISON TRACK AND FIEL	86
58	32:54.9	3:18	335 JIBRIL, SAMI	MISSISSAUGA T.F.C.	89
59	32:56.0	3:18	599 ANDERSEN, JORDAN	RUNNERS EDGE TRACK C	87
60	32:56.2	3:18	754 SUNSERI, NICHOLAS	UNATTACHED ATHLETES	86
61	32:59.5	3:18	229 MCELLIGOTT, STEVEN	FLEUR DE LYS	83
62	33:00.8	3:19	811 YOHANNES, SELAM	UNIVERSITY OF TORONT	77
63	33:02.0	3:19	136 DIB, ABDELKADER	CALTAF ATHLETIC ASSO	89
64	33:02.5	3:19	110 TRANQUADA, ERIC	BISON TRACK AND FIEL	84
65	33:07.6	3:19	185 MCKAY, TRAVIS	EDMONTON THUNDER	85
66	33:08.9	3:19	705 ELES, STEPHEN	TRACK NORTH ATHLETIC	79
67	33:09.6	3:19	519 DESORMEAUX, KYLE	OTTAWA LIONS T.F.C.	80
68	33:14.9	3:20	776 HANDRIGAN, GRANT A.	UNATTACHED NEWFOUNDL	82
69	33:19.5	3:20	193 TORRANCE, BRIAN	EDMONTON THUNDER	76
70	33:22.5	3:21	861 EMAMAULLEE, FAIZAL		74
71	33:23.0	3:21	697 SMITH, KEVIN	TORONTO OLYMPIC CLUB	81
72	33:29.6	3:21	824 MONETTE, SEBASTIEN	VAUDREUIL-DORION	88
73	33:32.6	3:22	282 DE WITT, NATHAN	LONDON RUNNER DISTAN	85
74	33:36.3	3:22	528 ODERMATT, CRAIG	PACIFIC ATHLETICS	70
75	33:40.1	3:23	673 BANK, DARRYL	TORONTO OLYMPIC CLUB	83
76	34:03.4	3:25	302 STROKACH, ALEXEY	LONDON RUNNER DISTAN	88
77	34:06.8	3:25	151 CHADI, NICOLAS	CLUB D'ATHL...TISME DY	87
78	34:09.3	3:25	188 RAUDEBAUGH, DALLAS	EDMONTON THUNDER	81
79	34:23.2	3:27	303 SUDA, MATT	LONDON RUNNER DISTAN	86
80	34:38.0	3:28	433 ENFIELD, JEFF	ONTARIO MASTERS ATHL	78
81	34:47.4	3:29	132 BRYDEN, JORDAN	CALGARY SPARTANS	86
82	34:50.1	3:30	559 STACEY, MATTHEW	PHYSI-KULT KINGSTON	81
83	34:51.5	3:30	774 BAZELEY, PETER	UNATTACHED NEWFOUNDL	84
84	34:54.6	3:30	297 PERKS, BEN	LONDON RUNNER DISTAN	79
85	35:00.9	3:31	250 KLAUS, ANDERS	HARBOUR TRACK	87
86	35:02.5	3:31	655 ROUNDELL, JOSH	SPEED RIVER TRACK &	86
87	35:12.1	3:32	227 LOFRANCO, JOHN	FLEUR DE LYS	77
88	35:20.6	3:33	751 ARCAND, ANTOINE	UNATTACHED ATHLETES	79
89	35:29.2	3:33	635 SPALVIERI, JUSTIN	SOUTH SIMCOE DUFFERI	89
90	36:14.6	3:38	387 PRATT, JONATHAN	NORTH BAY LEGION	84
91	36:49.2	3:41	756 WAKNINE, RAPHAEL	UNATTACHED ATHLETES	88
92	36:54.5	3:42	520 DUNKERLEY, JASON	OTTAWA LIONS T.F.C.	77

AGSI Masters Canadian National Cross Country Championship

University of Guelph Arboretum

Nov 28th, 2009 9:45am

Place	Time	Pace km	#	Name	Club	Categ. Plc/Tot	Category
1	26:03.2	3:16	490	RAYMER, BRUCE	TORONTO OLYMPIC CLUB	1/27	Masters Men 40-
2	26:32.3	3:20	439	GILL, MIKE	PHYSI-KULT KINGSTON	1/11	Masters Men 30-
3	26:41.0	3:21	767	LONERGAN, ROBERT M.	UNATTACHED BRITISH C	1/23	Masters Men 50-
4	26:45.5	3:21	516	BOUCHER, ALAIN	OTTAWA LIONS T.F.C.	1/31	Masters Men 45-
5	26:46.5	3:21	479	OROSZ, LASZLO	ONTARIO MASTERS ATHL	2/27	Masters Men 40-
6	26:56.3	3:23	422	COX, TROY	PHYSI-KULT KINGSTON	3/27	Masters Men 40-
7	27:01.0	3:23	430	DUBE, IVANN	ONTARIO MASTERS ATHL	2/11	Masters Men 30-
8	27:05.2	3:24	719	SHIELDS, KEVIN	TRI CITY TRACK CLUB	4/27	Masters Men 40-
9	27:10.2	3:24	742	MINICHIELLO, RICHARD	Unattached	5/27	Masters Men 40-
10	27:15.1	3:25	328	LOARING, JAMES	Loaring Personal Coa	3/11	Masters Men 30-
11	27:22.4	3:26	383	HAY, MICHAEL	NICKEL CITY TRIATHLO	6/27	Masters Men 40-
12	27:30.1	3:27	766	HOLM, NEIL A.	UNATTACHED BRITISH C	7/27	Masters Men 40-
13	27:32.4	3:27	769	SKUCE, ANTHONY	UNATTACHED BRITISH C	2/31	Masters Men 45-
14	27:36.1	3:28	460	KOOYMANS, JERRY	TORONTO OLYMPIC CLUB	2/23	Masters Men 50-
15	27:40.0	3:28	549	LOEPPKY, RODNEY	PHYSI-KULT KINGSTON	8/27	Masters Men 40-
16	27:41.1	3:28	403	BARRETT, JEFF	SAUGEEN TRACK & FIEL	9/27	Masters Men 40-
17	27:43.5	3:28	806	MORAN, TIM	UNIVERSITY OF TORONT	10/27	Masters Men 40-
18	27:47.4	3:29	501	STEVENSON, BEVIN	SAUGEEN TRACK & FIEL	1/10	Masters Men 35-
19	27:49.5	3:29	483	PEAT, GEOFFREY	NEWMARKET HUSKIES	3/31	Masters Men 45-
20	27:57.0	3:30	469	MCNAB, GREG	ONTARIO MASTERS ATHL	2/10	Masters Men 35-
21	28:03.1	3:31	498	SHERAR, MIKE	TORONTO OLYMPIC CLUB	4/31	Masters Men 45-
22	28:08.5	3:32	467	MCDERMOTT, PAT	PHYSI-KULT KINGSTON	5/31	Masters Men 45-
23	28:13.0	3:32	435	FRIEL, VINCE	SSD	6/31	Masters Men 45-
24	28:17.4	3:33	457	JONES, ANDREW	LONDON PACERS	11/27	Masters Men 40-
25	28:19.1	3:33	405	BEASLEY, STEVE	LONDON PACERS	3/23	Masters Men 50-
26	28:28.1	3:34	412	BURROWS, JIM	LONDON PACERS	7/31	Masters Men 45-
27	28:42.5	3:36	536	MCGRAW, BOB	PHYSI-KULT KINGSTON	4/23	Masters Men 50-
28	28:44.1	3:36	744	WARRINER, LAWRENCE	Unattached	8/31	Masters Men 45-
29	28:45.1	3:36	420	COUGHLIN, MIKE	ONTARIO MASTERS ATHL	3/10	Masters Men 35-
30	28:45.3	3:36	768	REIMER, PAUL	UNATTACHED BRITISH C	5/23	Masters Men 50-
31	28:46.3	3:36	606	COFFIN, ALEX	SAINT JOHN TRACK & F	12/27	Masters Men 40-
32	28:49.0	3:37	741	MACKENZIE, PATRICK	Unattached	9/31	Masters Men 45-
33	28:50.0	3:37	426	DEARBORN, WES	ONTARIO MASTERS ATHL	4/11	Masters Men 30-
34	28:54.3	3:37	518	SHEARMAN, SIMON	OTTAWA LIONS T.F.C.	13/27	Masters Men 40-

35	28:56.0	3:37	734 FILLION, JEAN-FRANCOIS	Unattached	10/31	Masters Men 45-
36	28:56.3	3:38	443 GUNDLACK, CHRISTIAN	LONDON PACERS	14/27	Masters Men 40-
37	28:57.0	3:38	440 GONSALVES, HOUSTON	SSD	5/11	Masters Men 30-
38	28:57.1	3:38	449 HAWTHORN, KEN	NEWMARKET HUSKIES	6/23	Masters Men 50-
39	29:00.1	3:38	802 MADSEN, CHRIS	UNIVERSITY OF TORONT	15/27	Masters Men 40-
40	29:05.2	3:39	436 GALLAGHER, DON	SSD	11/31	Masters Men 45-
41	29:07.4	3:39	517 KARY, DAVID	OTTAWA LIONS T.F.C.	7/23	Masters Men 50-
42	29:08.6	3:39	454 HOGG, ANDREW	LONDON PACERS	4/10	Masters Men 35-
43	29:09.0	3:39	466 MCCLELLAND, RICHARD	LONDON PACERS	5/10	Masters Men 35-
44	29:11.3	3:39	866 MEIJER, JOHN	LAKESHORE MASTERS	12/31	Masters Men 45-
45	29:15.4	3:40	472 MOORE, DAVID	UNIVERSITY OF TORONT	16/27	Masters Men 40-
46	29:15.5	3:40	515 BECKLUMB, ADRIAN	OTTAWA LIONS T.F.C.	17/27	Masters Men 40-
47	29:19.0	3:40	261 RICHARD-CAMPEAU, ROBIN	KALENJINS	6/11	Masters Men 30-
48	29:19.3	3:40	451 HENNING, ROD	LONDON PACERS	13/31	Masters Men 45-
49	29:20.4	3:41	707 ARCHIBALD, MIKE	TRI CITY TRACK CLUB	8/23	Masters Men 50-
50	29:21.4	3:41	507 WHEELER, BILL	LONDON PACERS	1/14	Masters Men 55-
51	29:25.0	3:41	329 TRANTER, ROB	Loaring Personal Coa	7/11	Masters Men 30-
52	29:28.3	3:42	474 MOSS, ROGER	LONGBOAT	14/31	Masters Men 45-
53	29:32.5	3:42	190 SECKER, MICHAEL	EDMONTON THUNDER	2/14	Masters Men 55-
54	29:47.0	3:44	441 GOSLEIGH, KEN	SAUGEEN TRACK & FIEL	18/27	Masters Men 40-
55	29:49.3	3:44	712 FOX, DANA	TRI CITY TRACK CLUB	9/23	Masters Men 50-
56	29:49.5	3:44	187 MULDREW, SHAWN	EDMONTON THUNDER	19/27	Masters Men 40-
57	29:56.0	3:45	427 DEIGHAN, CHRIS	NEWMARKET HUSKIES	15/31	Masters Men 45-
58	29:57.2	3:45	415 CAMPBELL, ROBERT	LONGBOAT	16/31	Masters Men 45-
59	30:03.0	3:46	871 WILLETT, JOHN	UNIVERSITY OF TORONT	17/31	Masters Men 45-
60	30:05.2	3:46	867 MOLONEY, DESMOND	EAST TORONTO STRIDER	18/31	Masters Men 45-
61	30:08.4	3:47	738 KREZONOSKI, BILL	Unattached	3/14	Masters Men 55-
62	30:11.5	3:47	404 BAUMAN, MARVIN	SAUGEEN TRACK & FIEL	6/10	Masters Men 35-
63	30:18.5	3:48	406 BIALKOWSKI, DAVID	SSD	19/31	Masters Men 45-
64	30:20.3	3:48	511 XU, JIANPING	ONTARIO MASTERS ATHL	20/27	Masters Men 40-
65	30:21.3	3:48	487 PRIMROSE, ELIZABETH	TORONTO OLYMPIC CLUB	1/12	Masters Women 4
66	30:23.5	3:48	740 MACDONALD, BILL	Unattached	20/31	Masters Men 45-
67	30:30.3	3:49	481 PATTEN, BECKY	TORONTO OLYMPIC CLUB	1/4	Masters Women 3
68	30:31.4	3:49	455 HOHENADEL, LUKE	GUELPH VICTORS	10/23	Masters Men 50-
69	30:35.2	3:50	778 LEROUX, MIKE	DARTMOUTH ATHLETICS	21/31	Masters Men 45-
70	30:50.5	3:52	496 SHAW, JASON	ONTARIO MASTERS ATHL	22/31	Masters Men 45-
71	30:51.3	3:52	408 BLACK, JONATHAN	ONTARIO MASTERS ATHL	11/23	Masters Men 50-
72	30:51.4	3:52	228 MARTEL, FRANCOIS	FLEUR DE LYS	4/14	Masters Men 55-
73	30:52.0	3:52	671 RUEL, JOEL	TIMMINS PORCUPINE TR	21/27	Masters Men 40-
74	30:53.2	3:52	735 HOSFORD, STEVE	Unattached	5/14	Masters Men 55-
75	30:59.2	3:53	182 HOLMES, BOB	EDMONTON THUNDER	6/14	Masters Men 55-
76	31:03.3	3:53	661 FORGET, JAMIE	SSD	22/27	Masters Men 40-
77	31:04.4	3:54	123 WYNANDS, JANET	BROCKVILLE LEGION AT	2/12	Masters Women 4
78	31:09.5	3:54	448 HAMILTON, KEN	NEWMARKET HUSKIES	7/14	Masters Men 55-
79	31:12.5	3:55	865 LAPIERRE, JEFF	CORNWALL LEGION COUG	7/10	Masters Men 35-

80	31:16.3	3:55	428 DITCHFIELD, JENNIFER	LONDON PACERS	1/5	Masters Women 5
81	31:17.0	3:55	189 RUSSELL, CLIFFORD	EDMONTON THUNDER	8/14	Masters Men 55-
82	31:22.4	3:56	864 KILGOUR, ART	GUELPH VICTORS	12/23	Masters Men 50-
83	31:28.0	3:56	711 FEENEY, DENNIS	TRI CITY TRACK CLUB	9/14	Masters Men 55-
84	31:35.0	3:57	413 CALLAGHAN, THOMAS	NEWMARKET HUSKIES	23/31	Masters Men 45-
85	31:37.1	3:58	410 BOULTBEE, MELANIE	7 SYSTEMS	2/4	Masters Women 3
86	31:38.0	3:58	491 REID, KIRK	SAUGEEN TRACK & FIEL	8/10	Masters Men 35-
87	31:41.0	3:58	468 MCGEE, GRAHAM	LONDON PACERS	13/23	Masters Men 50-
88	31:42.2	3:58	402 BARBER, CHRISTY	THE RUNWAY	1/9	Masters Women 4
89	31:43.2	3:58	717 PADDOCK, DAVID	TRI CITY TRACK CLUB	14/23	Masters Men 50-
90	31:47.2	3:59	509 WHITMORE, STEVE	LONDON PACERS	24/31	Masters Men 45-
91	31:49.5	3:59	416 CHAPMAN, FRED	LONDON PACERS	10/14	Masters Men 55-
92	31:51.0	3:59	525 AVERY, MARK	OWEN SOUND RUNNERS	8/11	Masters Men 30-
93	31:55.5	4:00	503 STOKES, TONY	LONDON PACERS	25/31	Masters Men 45-
94	32:05.3	4:01	710 CLANCY, IAN	TRI CITY TRACK CLUB	26/31	Masters Men 45-
95	32:06.5	4:01	231 DUKE, CHRIS	GUELPH VICTORS	23/27	Masters Men 40-
96	32:10.1	4:02	561 CHRISTIE, JULIETTE	PRAIRIE INN HARRIERS	3/12	Masters Women 4
97	32:10.3	4:02	142 AITKIN, GEORGE	CAMBRIDGE HARRIERS	11/14	Masters Men 55-
98	32:13.2	4:02	493 ROBERTS, PAUL	LONDON PACERS	15/23	Masters Men 50-
99	32:26.3	4:04	233 LINTON, GEOFF	GUELPH VICTORS	27/31	Masters Men 45-
100	32:29.0	4:04	478 ORCHARD, JEFF	LONDON PACERS	24/27	Masters Men 40-
101	32:30.0	4:04	398 EVERTON, NICOLA	OCEAN ATHLETICS	2/9	Masters Women 4
102	32:35.5	4:05	446 HALLA, JAMIE	SSD	9/11	Masters Men 30-
103	32:44.3	4:06	868 WALTERS, ALEX		9/10	Masters Men 35-
104	32:48.0	4:06	760 BROUGHAM, LISA	UNATTACHED BRITISH C	3/4	Masters Women 3
105	32:49.3	4:07	444 HAASE, PETER	LONDON PACERS	1/4	Masters Men 60-
106	32:56.3	4:08	495 SCHRADER, JOSHUA	NEWMARKET HUSKIES	10/11	Masters Men 30-
107	32:58.1	4:08	421 COWLING, KAREN	LONDON PACERS	3/9	Masters Women 4
108	33:00.6	4:08	539 SVIAJINA, MARGARITA	PHYSI-KULT KINGSTON	4/9	Masters Women 4
109	33:14.4	4:10	484 PENNEY, DAVE	QUINTE LEGION TRACK	16/23	Masters Men 50-
110	33:16.3	4:10	342 BYER, CARRIE	NEWMARKET HUSKIES	1/1	Masters Women 3
111	33:18.1	4:10	488 PURKIS, GREG	TORONTO OLYMPIC CLUB	10/10	Masters Men 35-
112	33:20.0	4:10	234 RUPOLI, KELLY	GUELPH VICTORS	4/12	Masters Women 4
113	33:22.2	4:11	445 HALE, MURRAY	NEWMARKET HUSKIES	2/4	Masters Men 60-
114	33:25.3	4:11	409 BLAKE, RYAN	SSD	11/11	Masters Men 30-
115	33:28.1	4:12	665 ROSS, CHRISTINE	THE RUNWAY	5/12	Masters Women 4
116	33:31.0	4:12	153 BERNARD, ALPHONSE	COLLEGE LOUIS RIEL	12/14	Masters Men 55-
117	33:33.1	4:12	465 MACDONALD, MYRA	PHYSI-KULT KINGSTON	2/5	Masters Women 5
118	33:36.2	4:13	747 KUCHMAK, LYLE	EDMONTON THUNDER	17/23	Masters Men 50-
119	33:40.5	4:13	418 CHIN YUT, JAMES	SAUGEEN TRACK & FIEL	28/31	Masters Men 45-
120	33:44.1	4:14	538 ROYCE, RICK	PHYSI-KULT KINGSTON	18/23	Masters Men 50-
121	33:45.2	4:14	512 ZONRUITER, GERDA	LONDON PACERS	6/12	Masters Women 4
122	33:46.5	4:14	414 CAMERON, SCOTT	GUELPH VICTORS	19/23	Masters Men 50-
123	33:50.4	4:14	733 CHEE, WAYNE	Unattached	13/14	Masters Men 55-
124	33:56.5	4:15	447 HAMEL, DAWN	SSD	3/5	Masters Women 5

125	34:11.0	4:17	500 SNARR, TRACEY	NEWMARKET HUSKIES	7/12	Masters Women 4
126	34:28.3	4:19	477 O'HAGAN, HEATHER	NEWMARKET HUSKIES	8/12	Masters Women 4
127	34:30.1	4:19	504 SULLIVAN, KATHRYN	NEWMARKET HUSKIES	5/9	Masters Women 4
128	34:42.2	4:21	116 MCLAUCHLIN, TROY	BRANTFORD TRACK & FI	25/27	Masters Men 40-
129	34:52.2	4:22	432 EMILIO, DAVE	ONTARIO MASTERS ATHL	26/27	Masters Men 40-
130	35:00.5	4:23	232 GRAYSON, NICK	GUELPH VICTORS	29/31	Masters Men 45-
131	35:04.1	4:24	411 BOURQUE, LYNN	LONGBOAT	9/12	Masters Women 4
132	35:09.1	4:24	429 DOXTATOR, RUSSELL	ONTARIO MASTERS ATHL	30/31	Masters Men 45-
133	35:10.6	4:24	122 WYNANDS, ED	BROCKVILLE LEGION AT	14/14	Masters Men 55-
134	35:14.0	4:25	452 HILLIS, BRIAN	LONDON PACERS	20/23	Masters Men 50-
135	35:37.3	4:28	471 MOORE, BOB	TORONTO OLYMPIC CLUB	1/5	Masters Men 65-
136	35:40.2	4:28	743 TAIVASSALO, KEIJO	SCARBOROUGH MASTERS	1/4	Masters Men 70-
137	35:41.5	4:28	506 WESSEL, MARK	SSD	21/23	Masters Men 50-
138	36:00.0	4:30	475 NORCLIFFE, GLEN	TORONTO OLYMPIC CLUB	2/5	Masters Men 65-
139	36:04.0	4:31	737 KLASEN, BERNARD	Unattached	27/27	Masters Men 40-
140	36:12.5	4:32	399 JORDAN, DEBBIE M.	OCEAN ATHLETICS	4/5	Masters Women 5
141	36:21.6	4:33	660 DENBOER, HILDA	SSD	6/9	Masters Women 4
142	36:57.4	4:38	485 POTTER, SHERYL	NEWMARKET HUSKIES	7/9	Masters Women 4
143	37:05.3	4:39	508 WHITMORE, LORI	LONDON PACERS	10/12	Masters Women 4
144	37:10.4	4:39	458 KEETING, ALEX	ETOBICOKE TRACK & FI	22/23	Masters Men 50-
145	37:12.2	4:40	462 KUDO, NICOLE	ONTARIO MASTERS ATHL	8/9	Masters Women 4
146	37:17.0	4:40	736 KEWLEY, HERB	Unattached	31/31	Masters Men 45-
147	37:19.0	4:40	860 CHRISTENSEN, VERN	SCARBOROUGH MASTERS	3/5	Masters Men 65-
148	37:20.1	4:41	425 DARRAS, GLENN	ONTARIO MASTERS ATHL	23/23	Masters Men 50-
149	37:25.4	4:41	423 D'ASCANIO, NICK	LONDON PACERS	4/5	Masters Men 65-
150	37:26.3	4:41	476 NORTHCOTT, CLARA	ETOBICOKE TRACK & FI	1/4	Masters Women 5
151	37:40.4	4:43	489 QUEMERAIS, BERNADETTE	ONTARIO MASTERS ATHL	11/12	Masters Women 4
152	37:49.3	4:44	327 MANCUSO, MAUREEN	LONGBOAT	2/4	Masters Women 5
153	37:50.3	4:44	438 GEDDES, JACK	SCARBOROUGH MASTERS	2/4	Masters Men 70-
154	38:49.3	4:52	859 BRETON, GAËTAN	SHERBROOKE	3/4	Masters Men 60-
155	39:13.1	4:55	463 LITTELL, FRANK	LONDON PACERS	4/4	Masters Men 60-
156	40:50.5	5:07	459 KEHOE, LLOYD	LONDON PACERS	3/4	Masters Men 70-
157	41:05.5	5:09	505 WATSON, CHRISTINA	LONDON PACERS	4/4	Masters Women 3
158	41:55.5	5:15	453 HILLMAN, TRACY	LONDON PACERS	9/9	Masters Women 4
159	42:06.4	5:16	869 WATSON, PAULINE	JOSHUA CREEK RUNNERS	3/4	Masters Women 5
160	42:18.2	5:18	502 STEWART, ADRIENNE	TORONTO OLYMPIC CLUB	12/12	Masters Women 4
161	43:28.3	5:27	456 JACOBS, MARY	UNIVERSITY OF TORONT	4/4	Masters Women 5
162	43:33.2	5:27	256 MARINO, CHRISTINA	JOSHUA CREEK RUNNERS	5/5	Masters Women 5
163	43:53.2	5:30	862 GOODSTADT, MICHAEL	SCARBOROUGH MASTERS	5/5	Masters Men 65-
164	46:36.2	5:50	442 GRAVES, RICHARD	ONTARIO MASTERS ATHL	1/1	Masters Men 75-
165	47:35.1	5:57	331 LANG, RALPH	METRO TORONTO FITNES	1/2	Masters Men 80+
166	54:36.7	6:50	424 DARLING, RICHARD	LONDON PACERS	4/4	Masters Men 70-
167	61:29.0	7:42	417 CHARLES, FELIX	ETOBICOKE TRACK & FI	2/2	Masters Men 80+