

## 2010\_11\_27\_XC\_Championships

Canadian Cross-Country Championships

Guelph, Ontario

November 27, 2010

## JUNIOR WOMEN

Place Time	Name	Team	Bib No	Gender
1 17:42.0	Victoria Coates	Team Ontario	181	F
2 17:48.8	Ciara Kary	Team Alberta	429	F
3 17:49.6	Caroline Pfister	Equipe Quebec	532	F
4 17:57.4	Annie Leblanc	Equipe Quebec	542	F
5 17:58.9	Emily Driedger	Team Ontario	317	F
6 18:02.5	Jaelyn Rollins	Brantford Track	9	F
7 18:22.6	Fiona Benson	Team Alberta	76	F
8 18:30.4	Cerise Thompson	Hamilton Hammerhead	87	F
9 18:33.1	Natalie Kannenberg	Team Ontario	78	F
10 18:37.1	Maria Bernard	Team Alberta B	29	F
11 18:39.5	Grace Kary	Team Alberta	430	F
12 18:41.0	Melissa Caruso	University of Toron	466	F
13 18:41.2	Claire Sumner	Team Alberta	435	F
14 18:41.4	Michelle Molodyni a	Niagara Olympic Clu	207	F
15 18:44.0	Kristie Lesage	South Simcoe Duffer	355	F
16 18:44.8	Karley Rempel	Niagara Olympic Clu	209	F
17 18:45.2	Jaelyn White	Team Ontario	159	F
18 18:45.4	Elizabeth Whelan	Team Ontario	483	F
19 18:45.7	Madeline McDonald	University of Toron	479	F
20 18:49.1	Megan Rempel	Niagara Olympic Clu	210	F
21 18:50.1	Deanna Brasz	Niagara Olympic Clu	198	F
22 18:53.5	Gabrielle Edwards	Team Saskatchewan	280	F
23 18:56.4	Emma Tallman	Track North Athleti	376	F
24 19:01.8	Emma Galbraith	Team Ontario	227	F
25 19:03.4	Megan Yuan	Lakehead Athletics	107	F
26 19:04.0	Rebecca Wendt	Durham Dragons Athl	55	F
27 19:04.3	Katie Fleischer	Sarnia Athletics So	297	F
28	Joannie Roy	Equipe Quebec	565	F

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19:04.7				
29	Ellen Pennock	Team Alberta	434	F
19:05.2				
30	Shauna K. McInnis	Team BC	490	F
19:06.2				
31	Sarah Wilson	Tri City Track Club	569	F
19:07.4				
32	Julia Nikonorova	Ottawa Lions Track	231	F
19:08.4				
33	Kate Dixon	Team BC	488	F
19:10.2				
34	Colleen Hennessy	University of Toron	472	F
19:12.1				
35	Nicole Soderberg	Team Alberta	60	F
19:13.3				
36	Kelly Hennessy	University of Toron	473	F
19:15.3				
37	Marguerite Plante-Dubé	Lavironde	543	F
19:15.3				
38	Leia Fedyk	Team Saskatchewan	364	F
19:16.2				
39	Kaitlyn Oliver	Newmarket Huskies T	192	F
19:16.8				
40	Maggie Woodward	Team BC	456	F
19:17.3				
41	Frances Bernard	Windsor Legion Trac	498	F
19:19.6				
42	Kristen Flanagan	Tri City Track Club	567	F
19:20.2				
43	Cleo Boyd	Physi-Kult Kingston	246	F
19:21.7				
44	Ashley Windsor	Team BC	455	F
19:22.3				
45	Meaghan Marton	Windsor Legion Trac	505	F
19:22.8				
46	Caleigh Glenn	Newmarket Huskies T	188	F
19:23.7				
47	Chelsea Mackinnon	Hamilton Hammerhead	85	F
19:24.9				
48	Samantha Chenard-Rousseau	Kal enj i ns	98	F
19:27.6				
49	Gloria Kanuka	Team Alberta B	17	F
19:27.7				
50	Maureen F. McCulligh	Team BC	489	F
19:28.3				
51	Gabrielle Lebel	Kal enj i ns	99	F
19:29.7				
52	Paulina Maher	University of Toron	477	F
19:29.8				
53	Natalia Hawthorn	Newmarket Huskies T	189	F
19:32.2				
54	Kirsten Stewart	Newmarket Huskies T	195	F
19:33.7				
55	Danielle Thiel	Team Saskatchewan	72	F
19:34.3				
56	Rachael Edwards	Team Saskatchewan	281	F
19:34.3				
57	Grace Annear	Saint John Track	305	F
19:34.3				
58	Rebecca Rae	South Simcoe Duffer	359	F
19:34.4				
59	Chantal Bourassa	Sarnia Athletics So	296	F
19:35.6				

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19:35.7	60	Michelle Krezonoski	Lakehead Athletics	106	F
19:36.4	61	Katey Codyre	Durham Dragons Athl	42	F
19:37.7	62	Evelyn Anderson	Team Alberta B	27	F
19:37.7	63	Joanne Traves	Team Saskatchewan	283	F
19:38.8	64	Caroline Tse	Equipe Quebec	541	F
19:41.3	65	Shannon McAvoy	Team Alberta C	432	F
19:41.8	66	Emma Norman	Ottawa Lions Track	232	F
19:44.1	67	Laura Korsmit	Niagara Olympic Clu	205	F
19:45.3	68	Kathryn Tuck	Ottawa Lions Track	236	F
19:45.9	69	Maddy Armstrong	South Simcoe Duffer	338	F
19:46.2	70	Meghan Tait	Newmarket Huskies T	196	F
19:46.5	71	Victoria Samyn	Durham Dragons Athl	54	F
19:47.0	72	Sarah-Michèle Brochu	Québec Endurance	564	F
19:49.4	73	Alexandra Moore	Windsor Legion Trac	509	F
19:50.1	74	Adrienne Erdman	Team Alberta B	14	F
19:51.5	75	Meaghan Wessel	South Simcoe Duffer	362	F
19:52.0	76	Elizabeth O'Connell	Team Alberta B	433	F
19:52.1	77	Samantha Edwards	University of Toron	470	F
19:52.3	78	Zeinab Baydoun	Windsor Legion Trac	495	F
19:53.8	79	Tiffany Cheung	Bill Crothers Track	4	F
19:54.4	80	Sara Bowman	Speed River TFC	311	F
19:54.9	81	Maria Fox	Team Alberta B	426	F
19:55.6	82	Michelle Reddy	Sarnia Athletics So	303	F
19:57.9	83	Avery Westberg	Yorkton Legion Trac	518	F
19:58.9	84	Stephanie Nevison	Mississauga Track	167	F
20:01.3	85	Alix Tier	Etobicoke Track F	68	F
20:02.0	86	Brittany Hambleton	Runners' Edge Track	288	F
20:02.6	87	Samantha McGuinness	London Runner Dist	137	F
20:03.3	88	Kelsey Servi ss	Les Coureurs de Boi	119	F
20:04.3	89	Kim Krezonoski	Lakehead Athletics	105	F
20:05.1	90	Siobhan Klie	Durham Dragons Athl	50	F
	91	Olivia Little	Windsor Legion Trac	504	F

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20:05.7	92	Charlotte Marcotte-Toale	University of Toron	478	F
20:06.6	93	Emily Kruger	London Runner Dist	135	F
20:07.0	94	Sarah Emilio	University of Toron	471	F
20:08.5	95	Ali Woolley	Toronto Olympic Clu	413	F
20:10.7	96	Erin O'higgins	Ottawa Lions Track	233	F
20:11.5	97	Maggie Macdonald	Speed River TFC	320	F
20:11.9	98	Lizz Hodgson	Saugeen Track	304	F
20:12.5	99	Kaitlyn Komarnicky	London Runner Dist	134	F
20:13.9	100	Katelyn Currie	Team BC	487	F
20:14.4	101	Alison Smegal	Toronto Olympic Clu	407	F
20:15.0	102	Alizée Brien	Fleur de Lys	534	F
20:16.4	103	Madeline Yungblut	London Runner Dist	144	F
20:16.6	104	Tristan Langley	Central Nova Legion	25	F
20:17.7	105	Jesse Van Eaton	Excel Athletica	73	F
20:18.3	106	Alexandra Gallagher	South Simcoe Duffer	346	F
20:18.9	107	Amelie De Fenoyl	Etobicoke Track F	62	F
20:19.4	108	Emily Marcolini	Track North Athleti	372	F
20:20.5	109	Ashley Bracci	Windsor Legion Trac	499	F
20:21.4	110	Sara Lausch	YHZ Track and Field	513	F
20:22.7	111	Shannon Kennedy	University of Toron	474	F
20:23.2	112	Kim Masson-Cunningham	Equipe Quebec	36	F
20:28.0	113	Clara Moore	Ottawa Lions Track	230	F
20:28.4	114	Amanda Sheppard	Mississauga Track	170	F
20:28.4	115	Sophie Watts	YHZ Track and Field	514	F
20:29.0	116	Allison Barwick	Equipe Quebec	544	F
20:29.5	117	Ruth Burrows	Ottawa Lions Track	224	F
20:29.7	118	Darian Limb	Sarnia Athletics So	301	F
20:30.1	119	Jordyn Visscher	Speed River TFC	333	F
20:31.4	120	Emma Spelt	Toronto Olympic Clu	409	F
20:32.8	121	Dalia Taqualia	Speed River TFC	330	F
20:32.9	122	Courtney Sjodin	Saskatoon TF Club	367	F
20:33.8					

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123	Kaitlyn Pansegrau	Hamilton Hammerhead	86	F
20:34.0				
124	Kathleen Duke	Team Alberta C	425	F
20:34.9				
125	Caleigh Smith	Guelph Track and Fi	79	F
20:36.7				
126	Ariane Bouchard	Lanaudière-Olympiqu	558	F
20:38.6				
127	Christina Bokma	South Simcoe Duffer	340	F
20:40.1				
128	Rebecca Gould	Team Alberta C	428	F
20:41.6				
129	Lynsey Martin	Speed River TFC	321	F
20:42.4				
130	Chloé Nadeau	Kalenjins	100	F
20:42.6				
131	Nicole Lawless	Runners' Edge Track	292	F
20:44.4				
132	Kirsten Allen	London Western Trac	145	F
20:45.6				
133	Katie Matthews	London Western Trac	155	F
20:47.4				
134	Natalie McCormick	South Simcoe Duffer	356	F
20:50.7				
135	Jessica White	London Western Trac	160	F
20:51.1				
136	Karen Thompson	Hamilton Hammerhead	88	F
20:51.7				
137	Brooke Wilson	Unattached Alberta	441	F
20:53.2				
138	Dina Taqualia	Speed River TFC	331	F
20:53.5				
139	Kayte Kowal	Peterborough Legion	267	F
20:53.9				
140	Stephaney Daley	Quinte Legion Track	274	F
20:54.7				
141	Matilda Greenfield	Les Coureurs de Boi	113	F
20:55.4				
142	Vicky Tremblay	Québec Endurance	563	F
20:57.0				
143	Victoria Frost	University of Calga	427	F
20:57.7				
144	Ellen Chappell	Team Alberta C	423	F
21:03.0				
145	Alannah Macdonald	Niagara Olympic Clu	206	F
21:04.4				
146	Madeleine Kelly	Les Coureurs de Boi	115	F
21:07.1				
147	Taylor Martin	Cambridge Harriers	22	F
21:08.9				
148	Courtney Long	Team Alberta C	431	F
21:13.8				
149	Tianna Beharriell	London Western Trac	146	F
21:13.8				
150	Megan Kuikman	South Simcoe Duffer	353	F
21:16.5				
151	Emily Blacklaws	South Simcoe Duffer	339	F
21:33.1				
152	Ariana Dirk	Team Alberta C	424	F
21:36.5				
153	MariSSa CodiSpodi	Hamilton Olympic Cl	93	F
21:38.0				
154	Rachael Groat	Riversdale Athlecti	282	F

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21:49.0	155	Sarah Kleemola	Niagara Olympic Clu	204	F
21:50.2	156	Molly Steer	Les Coureurs de Boi	121	F
21:53.9	157	Tannis Jackson	South Simcoe Duffer	351	F
21:55.9	158	Haily Williams	Toronto Olympic Clu	412	F
21:58.0	159	Leah McGraw	Physi-Kul t Kingston	250	F
22:01.2	160	Jessica Pileggi	London Western Trac	157	F
22:06.3	161	Michelle Wesolowski	Toronto Olympic Clu	411	F
22:28.6	162	Kali Caulier	Dartmouth Athletics	31	F
22:40.3	163	Vicky Masson Cunningham	Vaudreuil-Dorion	35	F
22:45.1	164	Darya *Chenski kh	York University Tra	519	F
23:28.1	165	Lauren Taylor	Physi-Kul t Kingston	256	F
26:43.5					

## JUNIOR MEN

	Place Time	Name	Team	Bib No	Gender
	1	Ross Proudfoot	Team Ontario	375	M
24:27.7	2	Lucas Bruchet	Team BC	420	M
24:37.1	3	Robert Denault	Team Ontario	185	M
24:40.1	4	Connor Darlington	Phoenix Athletics A	238	M
24:42.4	5	Paul Janikowski	Team Ontario	501	M
24:46.2	6	Andrew Kowalsky	Team Ontario	502	M
24:47.2	7	Xavier King	Team Ontario	48	M
24:55.2	8	Daniel Piticariu	Windsor Legion Trac	510	M
25:05.2	9	Benjamin Raymond	Equipe Quebec	11	M
25:06.4	10	Jeremie Bourget	Timmins Porcupine T	414	M
25:11.6	11	Stephen Hosier	Durham Dragons Athl	46	M
25:19.1	12	Ian Donald	Speed River TFC	316	M
25:21.8	13	Emmanuel Boisvert	Equipe Quebec	525	M
25:23.0	14	Robert Asselstine	Physi-Kul t Kingston	245	M
25:24.8	15	Matthew Johnson	Team Saskatchewan	459	M
25:27.6	16	Tristan Woodfine	Bytown Storm	570	M
25:28.5	17	Ben Flanagan	Tri City Track Club	566	M

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25: 31. 4				
18	Andrew Degroot	Newmarket Huskies T	183	M
25: 32. 4				
19	Jay Boychuk	Durham Dragons Athl	41	M
25: 34. 8				
20	Gareth Hadfield	Team Alberta	16	M
25: 35. 1				
21	Kyle Grieve	Disassociated	33	M
25: 40. 0				
22	Connor Clerke	Speed River TFC	314	M
25: 40. 6				
23	Jordan Bierema	Durham Dragons Athl	40	M
25: 41. 7				
24	Alexander Hinton	Physi-Kult Kingston	248	M
25: 43. 9				
25	Charly Allan	Physi-Kult Kingston	240	M
25: 53. 3				
26	Michael Pesce	South Simcoe Duffer	358	M
25: 54. 2				
27	Justin Kent	Team BC	422	M
25: 57. 0				
28	Ryan Sleiman	Windsor Legion Trac	511	M
25: 57. 5				
29	Alex Denault	Newmarket Huskies T	184	M
25: 58. 3				
30	Nick Falk	Windsor Legion Trac	500	M
26: 04. 8				
31	Alex Freemantle	Newmarket Huskies T	187	M
26: 06. 8				
32	Jeff Archer	Physi-Kult Kingston	244	M
26: 08. 5				
33	Corey Bellemore	Windsor Legion Trac	496	M
26: 10. 1				
34	Matthew Druken	South Simcoe Duffer	344	M
26: 12. 2				
35	Daryl Smith	Windsor Legion Trac	512	M
26: 17. 8				
36	Matthew Stephenson	Toronto Olympic Clu	410	M
26: 19. 4				
37	Tim Huebsch	University of Bri ti	421	M
26: 19. 7				
38	Adam Strueby	Team Saskatchewan	71	M
26: 20. 7				
39	Ibrahim Ahmed	Niagara Olympic Clu	197	M
26: 22. 7				
40	Blair Johnston	Team BC	555	M
26: 22. 9				
41	Jack Williams	Ocean Athletics	222	M
26: 25. 8				
42	Nicolas Deshaies	Equipe Quebec	527	M
26: 26. 3				
43	Aaron Hendriks	London Runner Dista	129	M
26: 27. 5				
44	J�r�mie Pellerin	Team New Brunswick	219	M
26: 28. 0				
45	Nathaniel Lamb	London Western Trac	153	M
26: 30. 0				
46	Liam Delaney	Brockville Legion T	5	M
26: 30. 0				
47	Matthew Hall	Sarnia Athletics So	299	M
26: 30. 2				
48	McKay Wilson	Tri City Track Club	568	M
26: 30. 8				

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26:31.8	49	Anthony Romaniw	Runners' Edge Track	294	M
26:32.4	50	Brandon Kirkup	Durham Dragons Athl	49	M
26:33.5	51	Evan Andrin	Physi-Kult Kingston	241	M
26:36.7	52	Dominique Aulagnon	Lakehead Athletics	103	M
26:37.1	53	Reid Mitchell	Windsor Legion Trac	508	M
26:40.0	54	Kieran Day	Ottawa Lions Track	226	M
26:42.6	55	Lawrence Viola	Coquitlam Cheetahs	20	M
26:44.7	56	Evan A. Hall	Team BC	102	M
26:45.7	57	Robert McCann	Mississauga Track	166	M
26:46.1	58	Eric Labelle	Toronto Olympic Clu	396	M
26:47.4	59	Patrick Gallier	Sarnia Athletics So	298	M
26:49.0	60	Christopher Dulhanty	Mississauga Track	163	M
26:49.8	61	Deon J. Clifford	Team BC	221	M
26:50.4	62	Marc-Antoine Rouleau	Equipe Quebec	562	M
26:51.8	63	Jacob Wing	YHZ Track and Field	515	M
26:55.1	64	Philippe Parrot-Migas	Mississauga Track	168	M
26:55.9	65	Marco Papania	Newmarket Huskies T	193	M
26:56.9	66	Kaelan Parker	Quinte Legion Track	278	M
26:58.1	67	Guillaume Ménard	Equipe Quebec	531	M
26:58.9	68	Rui Xu	Hamilton Hammerhead	90	M
26:59.0	69	Nicholas Holden	Quinte Legion Track	277	M
26:59.3	70	Evan Esselink	Durham Dragons Athl	45	M
26:59.6	71	Matthew McNeil	Team New Brunswick	307	M
27:00.3	72	Michael Bourgeois	Newmarket Huskies T	178	M
27:01.0	73	Kevin Azocar	Mississauga Track	162	M
27:02.0	74	Max Holden	London Runner Dista	130	M
27:02.3	75	Robbie Elmhrst	Newmarket Huskies T	186	M
27:03.2	76	Eric Macpherson	Newmarket Huskies T	191	M
27:04.2	77	Daniel Debus	Laurel Creek TFC	108	M
27:05.4	78	Drew Anderson	Speed River TFC	308	M
27:06.0	79	Merhau Tume	Team Alberta	19	M
	80	David Burlock	Dartmouth Athletics	30	M

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27:07.4				
81	Alex Mavrovic	Equipe Quebec	530	M
27:08.1				
82	James Milton	Laurel Creek TFC	109	M
27:08.7				
83	Geoff Chambers-Bedard	Lakehead Athletics	104	M
27:08.7				
84	Blair Morgan	Physi-Kult Kingston	253	M
27:09.0				
85	David Meloche	Windsor Legion Trac	507	M
27:09.6				
86	Austen Forbes	Hamilton Hammerhead	81	M
27:10.1				
87	Chris Moyer	Durham Dragons Athl	52	M
27:10.3				
88	Charles-Édouard Li twin	Fleur de Lys	560	M
27:10.5				
89	Nicolas Morin	Vaudreuil-Dorion	38	M
27:10.9				
90	Adam Doxtator	Quinte Legion Track	276	M
27:12.4				
91	Duke Lloyd	Hamilton Hammerhead	84	M
27:15.5				
92	Shawn Master	Sarnia Athletics So	302	M
27:15.7				
93	Matthew Galea	Team Alberta	15	M
27:17.2				
94	Daniel Waters	Speed River TFC	335	M
27:17.3				
95	Taryn Heidecker	Team Saskatchewan	366	M
27:18.4				
96	Lee Wesselius	Team New Brunswick	3	M
27:18.4				
97	Dylan Bates	Phoenix Athletics A	237	M
27:19.5				
98	Matthew Krey	Windsor Legion Trac	503	M
27:19.7				
99	Steven Greco	South Simcoe Duffer	347	M
27:20.2				
100	Jeremy Hick	London Western Trac	151	M
27:20.9				
101	Ivan Meiszi nger	Cambridge Harriers	23	M
27:21.6				
102	Jake Woloshyn	University of Toron	484	M
27:22.0				
103	Riley Johnston	Les Coureurs de Boi	114	M
27:24.8				
104	Nicholas Wood	YHZ Track and Field	516	M
27:27.6				
105	Kyle McKellar	Physi-Kult Kingston	251	M
27:28.1				
106	Olivier B éland	Phenix	559	M
27:29.1				
107	Brent Scheibelhut	Toronto Olympic Clu	405	M
27:30.0				
108	Jeremy Coughler	Durham Dragons Athl	43	M
27:32.7				
109	John Wynands	Brockville Legion T	8	M
27:33.7				
110	Nick Pimental	Mississauga Track	169	M
27:33.8				
111	Graham Hansel	North Bay Legion	173	M
27:35.6				

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112	Ni chol as Reay	Toronto Olympi c Clu	404	M
27: 36. 0				
113	Patrick Deane	AGSI Flyers	2	M
27: 39. 3				
114	Ni ck Thomas	Uni versi ty of Bri ti	454	M
27: 39. 7				
115	Ethan Henry	Toronto Olympi c Clu	389	M
27: 40. 6				
116	Troy Smi th	Ni agara Olympi c Clu	211	M
27: 41. 5				
117	Austi n Trapp	Laurel Creek TFC	111	M
27: 44. 2				
118	I an Al exander Forbes	Fast Tracks	74	M
27: 44. 5				
119	David Pi card	St-Laurent Select	561	M
27: 44. 6				
120	Joseph Burke	Track North Athleti	368	M
27: 45. 8				
121	Andrew Whi te	Durham Dragons Athl	56	M
27: 47. 5				
122	Joshua Budman	Toronto Olympi c Clu	383	M
27: 47. 6				
123	Ki eran McDonal d	Unattached Al berta	439	M
27: 50. 7				
124	Scott Hi ll	Toronto Olympi c Clu	391	M
27: 51. 5				
125	Jake Bruchet	Team BC	220	M
27: 52. 4				
126	Brendan Randal l	Durham Dragons Athl	53	M
27: 53. 4				
127	Stuart Macpherson	Les Coureurs de Boi	117	M
27: 56. 8				
128	Jonah Doucette		575	M
27: 57. 2				
129	Matthew Travagl ini	London Western Trac	158	M
28: 00. 4				
130	Paul Kol b	Hami l ton Olympi c Cl	94	M
28: 01. 0				
131	Jason Poland	West Toronto Track	493	M
28: 02. 7				
132	Cameron Levac	Physi -Kul t Kingston	249	M
28: 02. 8				
133	Christopher Hutton	Runners' Edge Track	290	M
28: 03. 4				
134	Matthew Bannon	Speed Ri ver TFC	309	M
28: 03. 6				
135	Derrick Evans	Team Al berta	284	M
28: 05. 0				
136	Tyler Hewl ett	Sarni a Athl etics So	300	M
28: 05. 6				
137	David Marquez	London Runner Di sta	136	M
28: 06. 6				
138	Jake Carroll	Etobi coke Track F	61	M
28: 06. 8				
139	Roman Justi nen	Unattached Al berta	438	M
28: 09. 2				
140	Justi n Bel lemore	Windsor Legi on Trac	497	M
28: 09. 8				
141	Jordan Usher	South Simcoe Duffer	361	M
28: 12. 0				
142	Justi n McNamara	Track North Athleti	373	M
28: 13. 5				
143	Adam Rowl es	Hami l ton Olympi c Cl	96	M

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28: 14. 0	144	Kyle Penney	Newmarket Huskies T	194	M
28: 18. 0	145	Hunter Andrin	Physi -Kul t Kingston	242	M
28: 21. 2	146	Trevor Janssen	Niagara Olympi c Clu	203	M
28: 24. 7	147	Chris Angel atos	Toronto Olympi c Clu	380	M
28: 25. 7	148	Gregory Lari viere	Hami l ton Olympi c Cl	95	M
28: 29. 6	149	Ian Turnbull	London Runner Di sta	142	M
28: 31. 2	150	Sean Patterson	Toronto Olympi c Clu	403	M
28: 32. 1	151	Matthys Wenning	Team Saskatchewan	517	M
28: 36. 3	152	Gregory D' eon	Dartmouth Athletics	32	M
28: 39. 5	153	Connor Bol ton	Peterborough Legion	265	M
28: 44. 3	154	Jacob Cameron	Cornwall Legion Cou	26	M
28: 44. 8	155	Sameem Javeed	London Runner Di sta	133	M
28: 48. 9	156	Reid Bal ezanti s	Saskatoon TF Club	363	M
28: 52. 7	157	Sebasti an Di ebel	Track North Athleti	370	M
28: 55. 9	158	Kevin Tree	York University Tra	524	M
28: 57. 1	159	Ty Lebanni ster	Les Coureurs de Boi	116	M
29: 00. 0	160	Luke Charbonneau	South Simcoe Duffer	341	M
29: 01. 3	161	Thomas Wunsch	Unattached Alberta	442	M
29: 01. 9	162	Gerasimos Angel atos	Physi -Kul t Kingston	243	M
29: 02. 2	163	Taylor Forbes	Hami l ton Hammerhead	82	M
29: 03. 5	164	Adrian Christ	Unattached Alberta	436	M
29: 04. 1	165	Peter Quosai	Speed Ri ver TFC	325	M
29: 04. 1	166	Al an Hetherington	Toronto Olympi c Clu	390	M
29: 09. 3	167	Scott McMullin	Fast Tracks	75	M
29: 12. 4	168	Matthew Wi eser	Durham Dragons Athl	57	M
29: 13. 2	169	Derek Hambly	Hami l ton Hammerhead	83	M
29: 16. 8	170	Kiefer Uuksul ai nen	North Bay Legion	177	M
29: 20. 9	171	Will Russell	Speed Ri ver TFC	326	M
29: 21. 8	172	Scott Mills	Les Coureurs de Boi	118	M
29: 26. 8	173	Connor Pfile	London Western Trac	156	M
29: 30. 6	174	Connor Doherty	Runners' Edge Track	287	M
29: 32. 5					

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175	Alex Delle Monache	Niagara Olympic Clu	200	M
29:36.5				
176	Kurt Hauser	Team Ontario	365	M
29:38.0				
177	Taylor Lamarche	Timmins Porcupine T	416	M
29:43.2				
178	Mark Brenyo	Hamilton Olympic Cl	92	M
29:44.3				
179	Michael Niven	Track North Athleti	374	M
29:48.3				
180	Grant Wignall	Niagara Olympic Clu	212	M
29:49.2				
181	Matthew Paladino	Toronto Olympic Clu	400	M
29:49.8				
182	Luke Steer	Les Coureurs de Boi	120	M
29:53.5				
183	Patrick Daley	Quinte Legion Track	273	M
29:57.6				
184	Chad Patterson	Toronto Olympic Clu	402	M
30:00.2				
185	Jesse McCabe	Excel Athletica	70	M
30:02.8				
186	Spencer Wyatt	York University Tra	520	M
30:05.5				
187	David Cashin	Les Coureurs de Boi	112	M
30:19.6				
188	Billy Wong	Unattached-BC	571	M
30:23.0				
189	Zack Jones	Durham Dragons Athl	47	M
30:26.8				
190	Taylor Laekemann	Runners' Edge Track	291	M
30:43.6				
191	Jonathan Fuller	Unattached Alberta	437	M
30:54.5				
192	Carmen Contini sio	Niagara Olympic Clu	199	M
31:09.5				
193	Paul Raymond	Timmins Porcupine T	418	M
31:20.5				
194	Chris Caddy	AGSI Flyers	1	M
31:30.4				
195	Sean Goddard	Niagara Olympic Clu	202	M
31:37.6				
196	Garrett Lindquist	Unattached -Manitob	557	M
32:59.7				
197	Troy Kasper	South Simcoe Duffer	352	M
33:50.0				

## SENIOR WOMEN

Place Time	Name	Team	Bib No	Gender
1	Kate Harrison	Phoenix Athletics A	239	F
23:43.5				
2	Dayna Pidhoresky	Unattached-ONT	552	F
24:04.3				
3	Kate Van Buskirk	Team Ontario	171	F
24:11.1				
4	Dana Buchanan	Team Ontario	313	F
24:17.3				
5	Natasha Wodak	Team BC	264	F
24:27.2				
6	Kate Vaughan	Nautilus Running Cl	215	F
24:27.7				

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24: 35. 8	7	Geneviève Lalonde	02	218	F
24: 41. 2	8	Sarah-Anne Brault	Unattached	445	F
24: 46. 0	9	Victoria Fratzak	Unattached (UNA)	452	F
24: 54. 4	10	Lucy Smith	Team BC	262	F
24: 56. 3	11	Hilary Stellingwerff	Team Ontario	329	F
25: 00. 0	12	Lanni Marchant	Team Ontario	154	F
25: 13. 7	13	Courtney Laurie	Team Ontario	319	F
25: 22. 8	14	Suzanne Binne-Huse	Unattached	444	F
25: 38. 6	15	Melissa Ross	Team BC	453	F
25: 42. 5	16	Shari Boyle	Team Prairie	24	F
25: 48. 0	17	Leslie Sexton	Team Ontario	553	F
25: 52. 4	18	Jodi Sanguin	Team Prairie	440	F
25: 53. 2	19	Sara Giovannetti	Etobicoke Track F	64	F
25: 57. 8	20	Jessica Sedlock	Prairie Inn Harrier	261	F
26: 00. 0	21	Mélanie Myrand	Equipe Quebec	545	F
26: 01. 0	22	Rebecca Stallwood	Ottawa Lions Track	587	F
26: 02. 0	23	Lydia Willemse	Speed River TFC	337	F
26: 06. 6	24	Maria *Dalzot	Team USA	463	F
26: 10. 0	25	Avril Ogrodnick	Equipe Quebec	546	F
26: 15. 7	26	Jodi Souter	Team Prairie	272	F
26: 17. 6	27	Erin Burrett	Team BC	258	F
26: 18. 5	28	Rebecca Hallam	South Simcoe Duffer	348	F
26: 21. 2	29	Ashley Comstock	South Simcoe Duffer	342	F
26: 22. 9	30	Andrea Seccafien	Speed River TFC	327	F
26: 28. 0	31	Erin Maclean	Unattached	450	F
26: 30. 3	32	Jane Cullis	University of Toron	468	F
26: 34. 9	33	Valérie Côté	Quebec Endurance	271	F
26: 37. 5	34	Rebecca Pieterston	London Runner Dist	139	F
26: 50. 0	35	Gabrielle Foran	London Western Trac	150	F
26: 52. 4	36	Jennifer Eberman	University of Toron	469	F
26: 54. 9	37	Meghan Lynch	University of Toron	476	F
	38	Rachel Hannah	South Simcoe Duffer	349	F

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26:58.6					
39	Catherine Watkins	Team BC	492	F	
27:02.2					
40	Rachel Sinasac	Toronto Olympic Clu	406	F	
27:11.7					
41	Kelly-Lynne Spettigue	Upper Waterloo Trac	462	F	
27:14.9					
42	Rebecca Patten	Toronto Olympic Clu	401	F	
27:18.3					
43	Stephanie Aldea	Unattached	443	F	
27:25.4					
44	Bronwen Douglas	Team Alberta	125	F	
27:45.8					
45	Monica Lau	Toronto Olympic Clu	397	F	
27:47.3					
46	Andrea Smith	South Simcoe Duffer	360	F	
27:53.4					
47	Ruth Weaver	University of Toron	482	F	
28:04.5					
48	Kaitlin Coopman	York University Tra	521	F	
28:14.5					
49	Brenna Walsh	Equipe Quebec	539	F	
28:27.2					
50	Stephaney Fay	Toronto Olympic Clu	387	F	
28:41.3					
51	Amélie Marci I -Roy	Equipe Quebec	548	F	
28:53.1					
52	Erika Houde-Pearce	London Runner Dista	131	F	
29:00.3					
53	Olivia Cimo	Toronto Olympic Clu	384	F	
31:23.9					

## SENIOR MEN

Place Time	Name	Team	Bib No	Gender
1	Cameron Levins	Comox Valley Cougar	28	M
29:25.7				
2	Robin Watson	Team Ontario	336	M
29:49.0				
3	Reid Coolsaet	Team Ontario	315	M
30:04.7				
4	Kelly Wiebe	Team Prairie	460	M
30:10.0				
5	Kip *Kangogo	Team Prairie	286	M
30:22.7				
6	Alex Genest	Equipe Quebec	528	M
30:35.4				
7	Barry Britt	SJTC	306	M
30:44.5				
8	Yves *Si kubwabo	Team Ontario	234	M
30:44.8				
9	Derek Snider	Speed River TFC	328	M
30:50.0				
10	Matthew Hughes	Team Ontario	393	M
31:10.7				
11	Matthew Pieterston	Team BC	491	M
31:14.1				
12	Matthew Clout	Team BC	451	M
31:17.1				
13	Mathew Walters	North Bay Legion	213	M
31:20.2				

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14	Dagim *Yeshi telta	Team Ontario	379	M
31:25.4	15 Joseph Campanelli	University of Toron	465	M
31:25.7	16 Matthew Brunsting	Speed River TFC	312	M
31:27.6	17 Adam Hortian	Toronto Olympic Clu	392	M
31:32.9	18 Joël Bourgeois	02	216	M
31:40.0	19 Iain Fyfe	Team Prairie	458	M
31:40.1	20 James G. Finlayson	Team BC	259	M
31:43.9	21 Ryan Huff	London Runner Dist	132	M
31:46.6	22 Saheed Khan	Toronto Olympic Clu	394	M
31:47.7	23 Robert Kitz	University of Toron	475	M
31:49.8	24 Logan Burke	Team Prairie	447	M
31:52.9	25 Michael Gill	Physi-Kult Kingston	247	M
31:55.0	26 Stéphane Colle	Equipe Quebec	535	M
31:55.9	27 Lee McCarron	Speed River TFC	322	M
31:56.8	28 Brent Smith	London Runner Dist	140	M
32:00.3	29 John Mason	Unattached-ONT	551	M
32:00.4	30 Kris Swanson	Team BC	263	M
32:04.3	31 Cody Murray	Speed River TFC	323	M
32:08.7	32 Tommy Lecours	Rouge et Or	285	M
32:15.9	33 Paul Chafe	University of Toron	467	M
32:17.9	34 Kerry Kazuta	Team BC	270	M
32:18.7	35 Tim Konoval	Unattached (UNA)	318	M
32:21.0	36 Maya Aden	Ottawa Lions Track	223	M
32:23.9	37 Mark Volmer	Speed River TFC	334	M
32:27.2	38 Nicholas Walters	North Bay Legion	214	M
32:29.2	39 Andrew Aguanno	University of Winds	457	M
32:49.0	40 Danny Kassap	Unattached	449	M
32:53.5	41 Trevor Caldwell	University of Toron	464	M
32:54.4	42 Ryan Noel -Hodge	Equipe Quebec	538	M
32:56.2	43 Derek Naklowski	Toronto Olympic Clu	399	M
33:01.4	44 Patrick Marion	Ottawa Lions Track	229	M
33:01.6	45 Adrian Lambert	Edmonton Thunder	58	M

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33:02.0				
46	Ryan Brockerville	Unattached	446	M
33:03.3				
47	Dylan G. Gant	Team BC	260	M
33:09.4				
48	Nathan De Witt	London Runner Dist	124	M
33:11.8				
49	Christian Mercier	Physi-Kult Kingston	252	M
33:14.6				
50	Steven McEligott	Equipe Quebec	537	M
33:17.1				
51	Sébastien Monette	Equipe Quebec	37	M
33:20.0				
52	Sami Jibril	Mississauga Track	165	M
33:23.9				
53	Shawn Davis	Newmarket Huskies T	182	M
33:24.4				
54	Benjamin Brzezynski	North Bay Legion	172	M
33:25.1				
55	Mario Iozzo	Newmarket Huskies T	190	M
33:25.8				
56	Selam Yohannes	University of Toron	485	M
33:26.7				
57	Maxime Paquette	Speed River TFC	324	M
33:29.5				
58	Dominic Michaud	cadl	10	M
33:34.9				
59	Cleve Thorson	Speed River TFC	332	M
33:39.8				
60	Antun Rudo Pavelic	University of Toron	480	M
33:41.2				
61	Nathan Wanuch	Etobicoke Track F	69	M
33:43.4				
62	Grant A. Handrihan	Unattached	448	M
33:45.4				
63	Trevor Walmsley	Physi-Kult Kingston	257	M
33:47.9				
64	Patrick Mottard	Vaudreuil-Dorion	39	M
33:49.8				
65	Matt Suda	London Runner Dist	141	M
33:51.0				
66	Russell Christie	Ottawa Lions Track	225	M
33:55.7				
67	Patrick Mackinnon	Runners' Edge Track	293	M
34:00.4				
68	Darryl Bank	Toronto Olympic Clu	381	M
34:03.5				
69	Kevin Montgomery	York University Tra	522	M
34:10.4				
70	Mark A. Brophy	London Western Trac	147	M
34:15.2				
71	Christopher Pietrangelo	Etobicoke Track F	67	M
34:32.6				
72	Abdelkader Dib	Team Prairie	13	M
34:49.4				
73	Marc-André Rai che	Kal enj i ns	101	M
34:51.0				
74	Dallas Raudebaugh	Team Prairie	59	M
34:55.0				
75	Kevin Smith	Toronto Olympic Clu	408	M
35:00.7				
76	Phillip Robson	Windsor Legion Trac	494	M
35:03.3				

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35:19.6	77	Tim Hain	London Runner Dist	126	M
35:32.1	78	Philippe Soucy	cadl	12	M
35:45.6	79	Jeremy Walsh	London Runner Dist	143	M
35:56.0	80	Eric Leishman	Track North Athleti	371	M
36:03.9	81	John Lofranco	Fleur de Lys	536	M
37:00.0	82	Jordan Scott	North Bay Legion	176	M
37:02.1	83	Adam G. Snow	Mercury Athletics	161	M
38:54.7	84	Adam Lalonde	North Bay Legion	174	M

MASTERS

Place	Age Group	Name	Time	Team	Bib No	Age	Gender
1	40-44	Richard Minichello	26:24.1	Physi-Kult Kingston	640	42	M
2	40-44	Padraig McCluskey	26:36.4	Team BC M40	712	41	M
3	45-49	Steve Boyd	26:49.1	Physi-Kult Kingston	786	47	M
4	40-44	Colin Dignum	26:52.4	Team BC M40	711	44	M
5	40-44	Alex Coffin	27:00.5	New Brunswick	814	42	M
6	40-44	Robert Renman	27:07.1	Camrose Running Clu	658	40	M
7	40-44	Craig Odermatt	27:11.5	Team BC M40	714	40	M
8	40-44	Kevin O'connor	27:23.2	Team BC M40	713	43	M
9	0-34	Warren Ringler	27:25.8	Unattached	623	34	M
10	35-39	David Tepper	27:41.3	Newmarket Huskies T	781	35	M
11	0-34	Michael Bianchi	27:46.0	Harbour Track M30	666	31	M
12	40-44	Paul Kemp	27:48.8	Unattached ON	748	41	M
13	0-34	Patrick Boily	27:55.1	Timmins M30	739	30	M
14	0-34	Michael Chapman	27:57.5	London Pacers	649	33	M
15	0-34	Kyle Ferguson	28:04.9	Toronto Olympic M30	728	31	M
16	35-39	Andrew Taylor	28:09.7	Unattached (UNA)	633	39	M
17	45-49	Geoff Peat	28:21.9	Newmarket Huskies T	777	47	M
18	50-54	Chris Deighan	28:29.8	Newmarket Huskies T	764	50	M
19	35-39	Scott Lalonde	28:39.9	London Pacers	721	36	M
20	45-49	Shawn Muldrew	28:42.5	Edmonton Thunder	692	45	M
21		Andrew Hogg		London Pacers	720	36	M

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4	35-39	28: 47. 9					
	22	Paul Felix	Harbour Track M30	669	35	M	
5	35-39	28: 54. 1					
	23	Kevin Farr	University of Toron	637	40	M	
9	40-44	28: 56. 6					
	24	Sean Cross	London Pacers	650	40	M	
10	40-44	28: 58. 0					
	25	Paul Trebilcock	Harbour Track M40	673	45	M	
4	45-49	29: 01. 7					
	26	Robert Miller	Physi -Kul t Kingston	646	45	M	
5	45-49	29: 05. 0					
	27	Michael Doyle	Longboat Roadrunner	796	30	M	
6	0-34	29: 06. 3					
	28	Chris Jocelyn	Harbour Track M40	670	40	M	
11	40-44	29: 10. 7					
	29	Jim Dyck	Newmarket Huskies T	765	45	M	
6	45-49	29: 11. 8					
	30	Patrick Mackenzie	Cirrus M40	603	46	M	
7	45-49	29: 21. 3					
	31	Dave Kary	Ottawa Lions Track	698	51	M	
2	50-54	29: 23. 0					
	32	Tom Hesch	Longboat Roadrunner	798	32	M	
7	0-34	29: 24. 8					
	33	Unknown Partic.	581	581		M	
8	0-34	29: 26. 5					
	34	Ron Balezantis	Saskatoon TF Club	663	47	M	
8	45-49	29: 30. 4					
	35	Simon Shearman	Ottawa Lions Track	699	45	M	
9	45-49	29: 36. 2					
	36	Andrew Jones	London Pacers	653	44	M	
12	40-44	29: 39. 0					
	37	Michael Wood	Dryden	610	42	M	
13	40-44	29: 45. 0					
	38	Paul Reimer	Unattached	622	55	M	
1	55-59	29: 46. 1					
	39	Simon Rayner	Ontario Masters	785	46	M	
10	45-49	29: 50. 3					
	40	Bob McGraw	Physi -Kul t Kingston	639	52	M	
3	50-54	29: 51. 3					
	41	Kevin Tearle	Harbour Track M30	672	35	M	
6	35-39	29: 54. 2					
	42	Richard McCIelland	London Pacers	722	40	M	
14	40-44	29: 56. 5					
	43	Chantal Warri ner	Newmarket Huskies T	783	31	F	
1	0-34	29: 57. 7					
	44	Sara Nagy	Newmarket Huskies T	773	37	F	
1	35-39	29: 57. 7					
	45	Dave McMahon	Cirrus M40	604	46	M	
11	45-49	29: 58. 9					
	46	Don Gallagher	South Simcoe Duffer	726	49	M	
12	45-49	29: 58. 9					
	47	Stephen Beasley	London Pacers	647	54	M	
4	50-54	30: 00. 0					
	48	Michael Archibald	Tri City M50+	701	53	M	
5	50-54	30: 07. 3					
	49	Jean-Francois Fillion	Cirrus M40	601	50	M	
6	50-54	30: 10. 6					
	50	Jeff Lapi erre	Cornwall Legion Cou	757	38	M	
7	35-39	30: 12. 3					
	51	Ken Hawthorn	Newmarket Huskies T	770	51	M	
7	50-54	30: 13. 0					
	52	Allan Faulds	Qui nte Legion Track	750	44	M	
15	40-44	30: 15. 7					

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53	Bill Krezonoski	Unattached	617	57	M
2	55-59 30: 20. 5				
54	Richard Raaflaub	Physi -Kul t Kingston	642	51	M
8	50-54 30: 21. 2				
55	Rob Tolman	Unattached	626	40	M
16	40-44 30: 22. 2				
56	John Meijer	Lakeshore Masters	675	49	M
13	45-49 30: 27. 0				
57	Robin Ri chard-Campeau	Kal enj i ns	705	31	M
9	0-34 30: 30. 0				
58	Michael Secker	Edmonton Thunder	695	59	M
3	55-59 30: 34. 7				
59	Robert Campbell	Longboat Roadrunner	791	50	M
9	50-54 30: 38. 8				
60	Jim Burrows	London Pacers	648	49	M
14	45-49 30: 43. 1				
61	Michael Chang	Uni versi ty of Toron	636	43	M
17	40-44 30: 45. 2				
62	Art Kilgour	Guel ph Vi ctors M50	685	52	M
10	50-54 30: 47. 3				
63	Scott Faulds	Qui nte Legi on Track	751	42	M
18	40-44 30: 49. 8				
64	Steve Metzger	Longboat Roadrunner	801	34	M
10	0-34 30: 51. 7				
65	Tom Sawyer	Laurel Creek TFC	761	49	M
15	45-49 30: 54. 6				
66	Peter Drake	Harbour Track M40	668	49	M
16	45-49 31: 05. 6				
67	Bill Wheeler	London Pacers	724	56	M
4	55-59 31: 06. 6				
68	Gerardo Reyes	Longboat Roadrunner	808	35	M
8	35-39 31: 08. 4				
69	Robert Holmes	Edmonton Thunder	691	56	M
5	55-59 31: 09. 2				
70	Roger Moss	Longboat Roadrunner	802	47	M
17	45-49 31: 12. 0				
71	Jianping Xu	Harbour Track M40	674	45	M
18	45-49 31: 19. 6				
72	Jutta Merilainen	Qui nte Legi on Track	754	38	F
2	35-39 31: 20. 0				
73	Dave Smith	Toronto Olympi c M30	737	49	M
19	45-49 31: 22. 6				
74	Martin Desbiens	Unattached	613	41	M
19	40-44 31: 28. 1				
75	Matthew Ward	Guel ph Vi ctors	688	38	M
9	35-39 31: 31. 8				
76	Teresa Nightingale	Team BC W40	708	45	F
1	45-49 31: 33. 1				
77	Darci e Montgomery	Team BC W40	710	41	F
1	40-44 31: 34. 4				
78	Tony Stokes	London Pacers	723	47	M
20	45-49 31: 36. 2				
79	Clive Morgan	Physi -Kul t Kingston	641	51	M
11	50-54 31: 38. 5				
80	Michael Bown	Harbour Track M30	667	39	M
10	35-39 31: 38. 6				
81	Ross Munro	Edmonton Thunder	693	58	M
6	55-59 31: 40. 3				
82	Marie Elliot	Unattached	614	37	F
3	35-39 31: 41. 7				
83	Paul Bannon	Unattached	611	54	M
12	50-54 31: 44. 7				
84	Jami e Forget	South Simcoe Duffer	725	42	M

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20	40-44	31: 48. 3				
	85	Boyd Kalnay	Quinte Legion Track	753	51	M
13	50-54	31: 54. 2				
	86	Janet Wynands	Brockville Legion T	716	50	F
1	50-54	32: 02. 1				
	87	Bruce Grierson	Newmarket Huskies T	767	49	M
21	45-49	32: 05. 0				
	88	David Paddock	Tri City M50+	704	52	M
14	50-54	32: 05. 9				
	89	Cliff Russell	Edmonton Thunder	694	57	M
7	55-59	32: 07. 9				
	90	George Aitkin	Cambridge Harriers	759	58	M
8	55-59	32: 09. 5				
	91	Steve Morley	YHZ Track and Field	681	43	M
21	40-44	32: 10. 9				
	92	Nicola Everton	Calgary Phoenix Str	662	45	F
2	45-49	32: 15. 9				
	93	Tom Callaghan	Newmarket Huskies T	763	50	M
15	50-54	32: 19. 5				
	94	Christy Barber	Unattached	612	42	F
2	40-44	32: 22. 8				
	95	Brad Mailloux	Unattached	619	38	M
11	35-39	32: 39. 1				
	96	Jeffrey Orchard	London Pacers	657	45	M
22	45-49	32: 41. 4				
	97	Stefan Fekner	Edmonton Thunder	690	58	M
9	55-59	32: 44. 2				
	98	Bob Knuckey	Newmarket Huskies T	772	62	M
1	60-64	32: 52. 6				
	99	Brent Armstrong	Unattached (UNA)	629	43	M
22	40-44	33: 02. 5				
	100	Claude Castilloux	Timmins M30	741	52	M
16	50-54	33: 03. 9				
	101	Wayne Chee	Physi -Kul t Kingston	743	56	M
10	55-59	33: 12. 8				
	102	Christine Ross	Physi -Kul t Kingston	643	46	F
3	45-49	33: 14. 1				
	103	Denis Feeney	Tri City M50+	703	57	M
11	55-59	33: 16. 0				
	104	Lisa Brougham	Team BC W40	630	40	F
3	40-44	33: 21. 4				
	105	Carrie Byer	Newmarket Huskies T	762	31	F
2	0-34	33: 25. 0				
	106	David Pedlham	Longboat Roadrunner	804	49	M
23	45-49	33: 29. 4				
	107	Michael Day	Ottawa Lions Track	697	48	M
24	45-49	33: 31. 3				
	108	Fraser Hale	Unattached	615	51	M
17	50-54	33: 37. 8				
	109	David Champion	Tri City M50+	702	52	M
18	50-54	33: 38. 9				
	110	Rhonda Clark	Calgary Phoenix Str	660	44	F
4	40-44	33: 40. 9				
	111	Greg Purkis	Toronto Olympic M30	734	38	M
12	35-39	33: 47. 4				
	112	Jim Omeara	Unattached	620	53	M
19	50-54	33: 49. 0				
	113	Stefan Randstrom	Longboat Roadrunner	806	47	M
25	45-49	33: 52. 3				
	114	Dave Penney	Quinte Legion Track	758	54	M
20	50-54	33: 52. 9				
	115	Brian Tartt	Guelph Victors M50	687	50	M
21	50-54	33: 54. 5				

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116	Heather Ostic	Unattached	621	42	F
5	40-44	34: 07.1			
117	Brian Lovshin	Toronto Olympic M40	731	41	M
23	40-44	34: 15.0			
118	James Freemantle	Newmarket Huskies T	766	52	M
22	50-54	34: 21.2			
119	Maureen De St Croix	Team BC W40	709	57	F
1	55-59	34: 25.2			
120	Dave Emilio	Beaches Runners Clu	812	43	M
24	40-44	34: 27.4			
121	Donna Dixon	Calgary Phoenix Str	661	48	F
4	45-49	34: 32.9			
122	Ed Wynands	Brockville Legion T	715	56	M
12	55-59	34: 39.1			
123	Amy Anderson	Calgary Phoenix Str	659	48	F
5	45-49	34: 40.0			
124	Murray Hale	Newmarket Huskies T	768	61	M
2	60-64	34: 41.7			
125	Richard Bailey	Longboat Roadrunner	787	62	M
3	60-64	34: 44.3			
126	Annie Bunting	University of Toron	635	46	F
6	45-49	34: 50.3			
127	Tim Payne	Newmarket Huskies T	776	60	M
4	60-64	34: 54.6			
128	Marcel Boudreau	Timmins M30	740	52	M
23	50-54	34: 56.0			
129	Rick Royce	Physi-Kult Kingston	746	51	M
24	50-54	34: 58.4			
130	Jim Rawling	Longboat Roadrunner	807	55	M
13	55-59	35: 01.0			
131	Tracy Snarr	Newmarket Huskies T	779	46	F
7	45-49	35: 02.4			
132	Dawn Hamel	South Simcoe Duffer	727	55	F
2	55-59	35: 28.7			
133	Heather O'hagan	Newmarket Huskies T	774	49	F
8	45-49	35: 37.9			
134	Kathryn Sullivan	Newmarket Huskies T	780	44	F
6	40-44	35: 47.0			
135	Lynn Bourque	Longboat Roadrunner	790	46	F
9	45-49	35: 52.0			
136	Mike Bedley	Longboat Roadrunner	788	63	M
5	60-64	36: 06.4			
137	Rob Hanks	Longboat Roadrunner	797	47	M
26	45-49	36: 08.3			
138	Edward Kooistra	Unattached	616	50	M
25	50-54	36: 14.4			
139	Lauren Kolodziejczak	London Pacers	654	30	F
3	0-34	36: 18.6			
140	Ginette Jones	Newmarket Huskies T	771	44	F
7	40-44	36: 18.9			
141	Bob Moore	Toronto Olympic M40	732	70	M
1	70-74	36: 23.2			
142	Scott Cameron	Guelph Victors M50	683	51	M
26	50-54	36: 35.1			
143	Delilah Topic	Unattached	627	31	F
4	0-34	36: 36.9			
144	Julie Maisonneuve	Timmins M30	742	41	F
8	40-44	36: 37.4			
145	Malcolm Mackenzie	Guelph Victors M50	686	53	M
27	50-54	36: 46.4			
146	Susan Yorke	Cirrus W40	609	43	F
9	40-44	36: 51.2			
147	Hugh Connolly	Longboat Roadrunner	793	65	M

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1	65-69	37: 05. 2				
148	Lise Meloche		Cirrus W40	605	50	F
2	50-54	37: 07. 2				
149	Sheryl Potter		Newmarket Huskies T	778	43	F
10	40-44	37: 10. 8				
150	Elizabeth Waywell		Guelph Victors	689	52	F
3	50-54	37: 13. 2				
151	Brian Hillis		London Pacers	719	55	M
14	55-59	37: 16. 7				
152	Cora Yin		Unattached (UNA)	634	35	F
4	35-39	37: 20. 4				
153	Bert De Vries		Longboat Roadrunner	794	64	M
6	60-64	37: 24. 0				
154	Margaret Watson		Unattached	628	47	F
10	45-49	37: 31. 9				
155	Jim Cooke		Trackburner Racing	682	63	M
7	60-64	37: 41. 8				
156	Keijo Tavassalo		Scarborough Masters	624	71	M
2	70-74	37: 56. 0				
157	Glen Norcliffe		Toronto Olympic M40	733	67	M
2	65-69	37: 59. 7				
158	Ken Hamilton		Newmarket Huskies T	769	60	M
8	60-64	38: 08. 8				
159	Eric Rogers		Toronto Olympic M40	736	47	M
27	45-49	38: 14. 6				
160	Joyce Acton		Ottawa Lions Track	696	50	F
4	50-54	38: 26. 8				
161	Wendy Chen		Longboat Roadrunner	792	42	F
11	40-44	38: 32. 8				
162	Nick D'ascanio		London Pacers	651	70	M
3	70-74	38: 35. 0				
163	Kathy Cameron		Unattached (UNA)	631	44	F
12	40-44	38: 38. 3				
164	Vern Christensen		Scarborough Masters	811	69	M
3	65-69	38: 39. 5				
165	Nick Grayson		Guelph Victors M50	684	50	M
28	50-54	39: 18. 2				
166	Gaëtan Breton		Club d'Athlétisme d	747	63	M
9	60-64	39: 37. 9				
167	Chuck Edwards		London Pacers	718	65	M
4	65-69	39: 47. 2				
168	Gregoire Bonhomme		Longboat Roadrunner	789	41	M
25	40-44	40: 04. 5				
169	Vivian Welch		Cirrus W40	608	40	F
13	40-44	40: 20. 4				
170	Mike O'brien		Trackburner Racing T	707	56	M
15	55-59	40: 27. 8				
171	Nathalie Dupuis-Desormeaux		Cirrus W40	600	43	F
14	40-44	40: 45. 3				
172	Roger Tremblay		Ottawa Lions Track	700	55	M
16	55-59	40: 57. 9				
173	Julian Little		Cirrus M40	602	53	M
29	50-54	41: 01. 7				
174	Annalisa Percy		individual	717	43	F
15	40-44	41: 03. 7				
175	Stevi Hanson		Unattached (UNA)	632	51	F
5	50-54	41: 48. 4				
176	Nancy Wells		Longboat Roadrunner	809	64	F
1	60-64	42: 06. 8				
177	Adrienne Stewart		Toronto Olympic M40	738	53	F
6	50-54	42: 42. 8				
178	Rita Melville		London Pacers	656	60	F
2	60-64	42: 58. 1				

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179	Julia McDonald		London Pacers	655	62 F
3 60-64	43:17.3				
180	John Lyng		Longboat Roadrunner	799	60 M
10 60-64	43:21.6				
181	Jennifer Penney		Longboat Roadrunner	805	64 F
4 60-64	43:37.6				
182	Stuart Pursey		Cirrus M40	607	60 M
11 60-64	46:55.1				
183	Gerhard Krolow		Metro Toronto M70	756	75 M
1 75-79	47:32.0				
184	Richard Graves		Etobicoke Track and	678	77 M
2 75-79	49:48.6				
185	Joan Christensen		Scarborough Masters	810	70 F
1 70-74	50:25.4				
186	Jodi Ostroff		Longboat Roadrunner	803	39 F
5 35-39	51:07.3				
187	Ralph Lang		Metro Toronto M70	618	82 M
1 80-84	51:37.4				
188	Brenda Cassel		Cambridge Harriers	760	61 F
5 60-64	52:03.8				
189	Richard Darling		London Pacers	652	73 M
4 70-74	54:21.8				
190	John Powell		Etobicoke Track and	680	66 M
5 65-69	56:49.5				
191	Jeanne Doench		Longboat Roadrunner	795	72 F
2 70-74	1:01:07.4				
192	Hylke(hike) Van Der Wal		Athletes In Action	664	72 M
5 70-74	1:01:58.2				
193	Cathy Tedford		Unattached	625	57 F
3 55-59	1:03:52.4				