

## 2008 CANADIAN JUNIOR CHAMPIONSHIPS TECHNICAL PACKAGE

Jane & Gerry Swan Track, Rotary Stadium, Abbotsford, BC, July 25-27, 2008

**Updated:** June 30, 2008  
**Sanctioned by:** Athletics Canada  
**Hosted by:** Valley Royals Track & Field Club  
**Website:** <http://www.athletics.ca/page.asp?id=248>  
<http://juniors.valleyroyals.org/>

### TECHNICAL MEETING

An information meeting for the purpose of reviewing technical changes, schedule changes, and general meet information will occur Thursday July 24<sup>th</sup>, 2008 at 7:00pm **at the Auditorium of the Abbotsford City Hall 32315 South Fraser Way**. Following this meeting the Organizing Committee will host a reception in the foyer of the Auditorium for registered coaches and officials.

### ATHLETE & COACH REGISTRATION (Subject to Change)

Athletes and coaches must pick up their registration packages in person in order to receive their information package. Registration will take place at:

Best Western Regency Inn—32110 Marshall Road	Thursday July 24 <sup>th</sup> from 1:00pm to 5:00 pm Friday July 25 <sup>th</sup> from 10:00am to 2:00pm
Abbotsford City Hall (Technical Meeting)	Thursday July 24 <sup>th</sup> from 7:00 – 8:00 p.m.
Stadium (@ Designated Athlete Number Centre)	Friday July 25 <sup>th</sup> from 4:00 pm to 8:00pm Saturday July 26 <sup>th</sup> from 8:00am to 7:30pm Sunday July 27 <sup>th</sup> from 10:00am to 12:00pm

### GENERAL INFORMATION CENTRE FOR ALL PARTICIPANTS

A bilingual Information Center will be in place to answer questions and make your stay as enjoyable as possible

Best Western Regency Inn	Thursday July 24 <sup>th</sup> from 1:00pm to 7:00 pm	For directions check the Championship website at <a href="http://juniors.valleyroyals.org/">http://juniors.valleyroyals.org/</a>
Stadium	Friday July 25 <sup>th</sup> from 4:00 pm to 8:00 pm Saturday July 26 <sup>th</sup> from 8:00am to 7:30pm Sunday July 27 <sup>th</sup> from 10:00am to 12:00pm	At the Technical Information Center (TIC) located behind the stadium.

## HOW TO ENTER

Entries will be on-line through Athletics Canada (AC) website at <https://www.acdirect.ca/meetentries/meLogin.aspx>; registration starts on Monday, May 5<sup>th</sup>, 2008. All entries and confirmation are the responsibility of the athlete (including carded athletes). Entries are not completed until payment is received. Registration/entry forms can be completed by club and should be done for each athlete. All coaches must register as well. The entry deadline is **Tuesday, July 15<sup>th</sup>, 2008 at 10:00pm (EST)**. The late entry deadline is **Friday, July 18<sup>th</sup>, 2008 at 10:00pm (EST)**. **NO entries will be accepted after this date, no exceptions.**

For more information please see Registration and Standards Package on the AC website.

## DOPING CONTROL

Doping Control will be carried out at these Championships in accordance with AC and CCES policies.

## AWARDS

Athletics Canada Championship medals will be awarded to the first three finishers in each event, including relays.

The Championship banner will be presented to the Top Scoring Club based on the Club Scoring System.

## SOCIAL EVENT

There will be a very special reception complete with delectable food and refreshment held in the foyer of the Auditorium at the Abbotsford City Hall for coaches and officials following the Technical Meeting.

## FACILITY

### Jane & Gerry Swan Track, Rotary Stadium, Abbotsford, BC

Track: 8 lane synthetic  
Spike length: 7mm (track), 7mm (long jump), 9mm (high jump), 9mm (javelin), 7mm (pole vault), 4mm maximal diameter. Note: no Christmas tree spikes allowed.  
Runways: Synthetic  
Throwing circles: Concrete  
Timing: Lynx

The Jane & Gerry Swan Track is home of the Abbotsford International Track Classic every June, as part of the PacificCanada Series. The Canadian Senior & Junior Championships were held at this track in 1995, the Canadian Junior Championships in 2007 and four NAIA National Championships have been hosted at the track. The track is equipped with lighting. There is a covered stadium that seats 4,000.

## MARSHALLING

Marshalling will take place in the "Athlete Control Center" in the stadium.

## GENERAL WARM-UP

Warm up will take place on fields located adjacent to the stadium. There will be practice hurdles located on the warm up field. Hurdlers will be allowed to warm-up on the track prior to going to the call area.

## **EQUIPMENT**

The Organising Committee's starting blocks will be the only ones utilised. Throwing implements are provided. Personal implements must be registered and then become part of the competition pool. Weigh-in will take place at stadium two hours prior to the start of the event.

***NOTE: Vaulters must use their personal poles. The storage of poles and javelins are possible at the stadium. The hotel will not provide storage for this material.***

## **INFORMATION REGARDING TRANSPORTATION OF POLES**

Athletes will be responsible for the transport of their own poles. Secure storage will be provided at the Stadium.

## **MEDICAL SUPPORT**

Please ensure that all athletes travel with their provincial medical plan number and/or insurance information.

### ***On-site training/Emergency Equipment***

All athletes must travel with their own training supplies (i.e. Tape, prowrap, etc.) or the athlete will be charged to purchase the supplies. Emergency supplies and trained personnel will be on the site.

### ***On-site Support***

Physiotherapists, massage therapists will be available.

For non urgent cases athletes will be taken to the nearest clinic. Transportation is the responsibility of the athlete. Please note there may be a private fee charged by any of the walk-in clinics. For urgent cases, athletes will be taken by ambulance to the nearest hospital.

## **CHAMPIONSHIP CONTACT INFORMATION**

### Local Organizing Committee

Meet Director:	April Arsene	<a href="mailto:arsene@telus.net">arsene@telus.net</a> .
Meet Chair:	Gerry Swan	<a href="mailto:gswan@uniserve.com">gswan@uniserve.com</a> (604-859-9801)
Technical Chair:	John Cull	<a href="mailto:johncull@telus.net">johncull@telus.net</a>
Accreditation:	Cammie Ayotte	<a href="mailto:camayotte@hotmail.com">camayotte@hotmail.com</a>
	Heidi Schmidt	<a href="mailto:winxetc@shaw.ca">winxetc@shaw.ca</a>
Transportation	Kim Johnston	<a href="mailto:kjohnston@peakgroup.com">kjohnston@peakgroup.com</a>
Website:		<a href="http://juniors.valleyroyals.org/">http://juniors.valleyroyals.org/</a>

## **EVENT NOTES**

### **SCRATCHES**

Scratches will only be taken at the registration desk and at the Abbotsford City Hall Auditorium in the hour preceding the Technical Meeting. If an athlete fails to start their event, they will be disqualified from the remainder of the meet.

### **CHAMPIONSHIP RELAY EVENTS**

Relay events at the Canadian Junior Track & Field Championships (4x100m & 4x400m) will be medal events. There will be Club and Regional/Provincial championships run separately; medals will be given to top 3 in each division. If there are eight or fewer teams, both events will take place together but awards will still be given to the winners of each division. Only club championships count for scoring points.

## ATHLETICS CANADA VARIATIONS TO THE IAAF COMPETITION RULES – ADVANCEMENT RULES

### 800m

For 10 or less entries If 8 or less athletes If 9 athletes  If 10 athletes	straight final <ul style="list-style-type: none"> <li>• one athlete per lane</li> <li>• one runner in each of the lane 1 to 6 and then three runners in lanes 7 &amp; 8 as one “box”</li> <li>• one runner in each of the lane 1 to 4 and then three runners in lanes 5 &amp; 6 box and three more in lanes 7 &amp; 8 box</li> </ul>
11-20 entries If 11-16 athletes if more 17-20	2 rounds, the first round with 2 heats, 3 + 2 to the final <ul style="list-style-type: none"> <li>• one athlete per lane</li> <li>• then work with the box system as described above</li> </ul>
For 21-36 entries If 21-24 athletes If 25-30 athletes If 31-36 athletes	2 rounds, the first round with 3 heats, 2 + 2 to the final <ul style="list-style-type: none"> <li>• one athlete per lane</li> <li>• then work with the one or two outside box system as described above</li> <li>• then need to go to a 3 or 4 boxes system, each of the box is made from two lanes and has three athletes per box. The next additional 8 fastest times will go to a B Final. **Competitors competing in the B Final cannot displace those in the A Final in the final results. **</li> </ul>

### 1500m

For 16 or less entries	straight final
For 17-19 entries	possibilities of straight final should be considered and discussed (or one qualifying round with 2 heats, 5 + 2 to advance)
For 20-30 entries	2 rounds, the first round with 2 heats, 5 + 2 to the final
For 31-45 entries	2 rounds still, the first round with 3 heats, 3 + 6 to the A Final, and the next 12 fastest times go to the B Final. **Competitors competing in the B Final cannot displace those in the A Final in the final results. **

## ACCOMMODATIONS

Championship Hotel: Best Western Regency Inn & Conference Centre  
 Phone: 604-853-3111  
 Website: [www.bwregency.bc.ca](http://www.bwregency.bc.ca)

For complete list of motels/hotels refer to the Championship website -  
<http://juniors.valleyroyals.org/accomodations.htm>

**\*\*All participants are urged to book early as Abbotsford is a popular destination during the summer and vacancies at local motels become scarce. There is other accommodation available in surrounding communities such as Mission, Aldergrove, Langley and Chilliwack.**

## TRANSPORTATION

### HOTEL TO STADIUM

Vans or a bus will be provided by the meet. Schedule will be distributed at the Technical Meeting and posted at a later date on the meet web page.

## **AIRPORT TO HOTEL**

**All participants are encouraged to book flights that land at the Abbotsford Airport.** Westjet has several flights per day that service the Abbotsford Airport. The Abbotsford Airport is approximately a 15-minute distance from most Abbotsford accommodation, but travel from the Vancouver Airport to Abbotsford can take in excess of an hour. **The HOC will not pick up or deliver participants and coaches from or to the Vancouver Airport.**

## **PARKING**

There is ample parking at the Stadium

## **INFORMATION ON THE CITY OF ABBOTSFORD**

Nestled in the shadow of majestic Mt. Baker, in the heart of the Fraser Valley, you will find Abbotsford, British Columbia. It is approximately 80 km east of Vancouver, and 3 km north of the US border.

To find out more about our region please view our Tourism Abbotsford website:

<http://www.tourismabbotsford.ca/>