

Licensed to Valley Royals Track &amp; Field Club

Hy-Tek's Meet Manager 23/07/2008 08:19 PM

Canadian Junior Track &amp; Field Championships - 25/07/2008 to 27/07/2008

Abbotsford

Performance List

## Event 1 Women Heptathlon

```

=====
Cdn Jr Champ:   5465   2000           Jessica Zelinka, Windsor (LaSalle)
  World Jr:     6542  19/07/2002  Carolina Kluft, Sweden
  Swan Track:   5063   8/1995      Roma Oleksyn, Saskatchewan
  BC Jr Open:   5433  11/07/1981  Connnie Polman-Tuin, Canada
Cdn Jr Outdo:  4688  21/10/2000  Jessica Zelinka, Santiago Chi
      Name                               Year Team

```

## Points

```

=====
 1   449 Aubin, Virginie                Sherbrooke, Fqa,           4060
 2   540 Buttinger, Maddie              University O, ON           5143
 3   303 Dobransky, Johanna             London Weste, ON          3661
 4   415 Fortin, Anne-Marie             Saguenay Lac, Fq          3402
 5   505 Morrison, Hali                  U OF C Athle, AB          3035
 6   474 O'Donnell, Danielle            Stride Ahead, MB          4115
 7   347 Pattison, Alana D.              Ocean Athlet, BC          4488
 8   446 Rudell, Rita                    Saugeen Trac, ON          4512
 9   276 Simpson, Lauren                 Legacy Athle, AB          4022

```

## Event 2 Women 100 Meter Dash Prelims

```

=====
Cdn Jr Champ:   11.58   2003           Jenni Hucuo, Saskatoon
  World Jr:     10.89  20/07/1988  Katrin Krabbe, East Germany
  Swan Track:   11.22   7/1997      Phlomena Mensah, Canada
  BC Jr Open:   11.30  11/07/1987  Caryl Smith, USA
Cdn Jr Outdo:  11.21  15/08/1981  Angela Bailey, Cd Bolivar Ven
      Name                               Year Team

```

## Seed

```

=====
 1   624 *steele, Shennae                 York Univers, ON          12.18
 2   427 Abrams, Andrea                  Saskatoon TF, SK          12.60
 3   223 Blackman, Akilah                 I BE Fast TR, ON          12.45
 4   450 Blanchard, Geneviève            Sherbrooke, Fqa,          12.51
 5   106 Boxill, Alicia                   Bison Track, MB,          13.01
 6   136 Bushie, Christine                Capital City, AB          12.52
 7   244 Corrente, Julia                  Kent Legion, ON,          12.55
 8   451 Deaudelin-Gauthier, Laurie       Sherbrooke, Fqa,          12.63
 9   267 Fourie, Mari                     Laurel Creek, ON          12.74
10   618 Grant, Chantal                   Winnipeg Opt, MB          11.79
11   585 Groeneveld, Samantha             Vernon Amate, BC          12.64

```

12	153	Halfyard, Sasha	Comox Valley, BC	12.96
13	240	Hatch, Stefanie	Kelowna Trac, BC	12.90
14	138	Hurrel, Karlene	Capital City, AB	12.29
15	111	Kerr, Naomi	Brampton Tra, ON	12.65
16	279	Laarman, Loudia	Lethbridge T, AB	11.92
17	592	Leavitt, Ashley	Walnut Grove, BC	12.92
18	179	Lee Pong, Janelle	Edmonton Har, AB	12.63
19	218	Marcotte, Kayla	Halifax Wand, NS	12.78
20	112	Martin, Simone	Brampton Tra, ON	12.18
21	544	Mcbean, Athena	University O, ON	12.51
22	268	Mchaina, Chisomo	Laurel Creek, ON	12.49
23	280	Miller, Lacey	Lethbridge T, AB	12.54
24	408	Rhode, Mercedes	Riversdale A, SK	12.59
25	576	Riley, Natalie	Vancouver TH, BC	13.43
26	181	Rintoul, Jenny	Edmonton Har, AB	12.68
27	221	Roung, Emma	Hamilton Oly, ON	12.48
28	269	Semplonius, Tia	Laurel Creek, ON	12.49
29	527	Shury, Alyssa L.	Unattached-B, BC	12.50
30	358	Simulik, Mila	Ottawa Lions, ON	12.59
31	359	Skeete-Wilson, Jordan	Ottawa Lions, ON	12.63
32	184	Smith, Courtney	Edmonton Oly, AB	12.34
33	434	Stone, Danny	Saskatoon TF, SK	12.50
34	578	Tran, Sophie	Vancouver TH, BC	13.17
35	593	Willock, Angela	Walnut Grove, BC	12.94
36	107	Wong, Lisa	Bison Track, MB,	12.82
37	436	Young, Michelle	Saskatoon TF, SK	12.30
38	410	Yuzik, Carrie	Riversdale A, SK	12.94
39	512	Zimmer, Jenn	U OF C Athle, AB	12.69

## Event 3 Men 100 Meter Dash Prelims

Cdn Jr Champ:	10.33	1994	Eric Frempong-Manso, Ottawa
World Jr:	10.06	25/07/1997	Dwain Chambers, Great Britain
Swan Track:	10.05	5/1992	Davidson Ezinwa, Nigeria
BC Jr Open:	10.37	29/07/1984	Carolton Chambers, England
Cdn Jr Outdo:	10.26	30/07/2005	Justyn Warner, Windsor Ont
	Name	Year	Team

## Seed

1	118	Adlani, Omar	Burnaby Stri, BC	11.28
2	185	Altaye, Israel	Edmonton Oly, AB	NT
3	202	Attard, Kyle	Etobicoke TR, ON	11.04
4	363	Batt, Jeremy	Ottawa Lions, ON	11.13
5	311	Bennett, Wayndale	Mississauga, ON,	10.77
6	191	Blimke, Kevin	Edmonton Spr, AB	11.11
7	472	Bowman, Aaron	St. Thomas L, ON	10.69
8	459	Chapman, Jared	South Simcoe, ON	10.86
9	187	Fernuik, Taylor	Edmonton Spr, AB	11.19

10	103	Foote, Mason	Annapolis VA, NS	11.30
11	312	Halstead, Tyrone	Mississauga, ON,	10.46
12	114	Hayle, Phillip	Brampton Tra, ON	10.57
13	115	Helmer-Peschier, Curtis	Brampton Tra, ON	10.90
14	553	Lam-Peters, Marcus	University O, ON	11.00
15	394	Leveque, Alexander S.	Prince Georg, NL	11.88
16	367	Makinde, Oluwasegun	Ottawa Lions, ON	10.70
17	188	Mcgregor, Matthew	Edmonton Spr, AB	11.12
18	403	Mcphee, Stephen	Red Deer Tit, AB	11.03
19	368	Monsour, Ramon	Ottawa Lions, ON	10.84
20	620	Moolchan, Kieran	Winnipeg Opt, MB	10.89
21	555	Pollonais, Owen	University O, ON	10.93
22	371	Risling, Tony	Ottawa Lions, ON	11.30
23	495	Roque, Eric	Track North, ON,	11.22
24	242	Rutley, Ethan	Kelowna Trac, BC	11.22
25	568	Shum, Mike P.	Valley Royal, BC	10.95
26	582	Stewart, Rohan	Vancouver TH, BC	10.72
27	189	Torresan, Mason	Edmonton Spr, AB	11.11
28	599	White, Andy	West Vancouv, BC	11.05
29	402	White, Craig	Queen City S, SK	11.22
30	123	Wilkes, Ryan	Calgary Spar, AB	11.15

## Event 4 Women 100 Meter Hurdles Prelims

```

=====
Cdn Jr Champ: 13.57 2004 Frances Keating, Saskatoon
World Jr: 12.84 16/07/1987 Aliuska Lopez, Cuba
Swan Track: 13.03 7/1997 Keturah Anderson, Canada
BC Jr Open: 13.67 23/04/2004 Yvonne Mensah, Canada
Cdn Jr Outdo: 13.32 07/10/1982 Karen Nelson, Brisbane Aus

```

Name	Year	Team
------	------	------

## Seed

```

=====

```

1	427	Abrams, Andrea	Saskatoon TF, SK	15.88
2	317	Beaumont-Courteau, Ariane	Montreal Int, Fq	14.95
3	428	Breker, Nicole	Saskatoon TF, SK	15.37
4	464	Breland, Melissa	Split City S, AB	17.11
5	405	Callele, Yasmin	Riversdale A, SK	16.34
6	417	Cap, Tamara	Saint Lauren, Fq	14.95
7	266	Charnuski, Olivia	Laurel Creek, ON	14.50
8	623	Dichiara, Amilia	York County, ON,	14.40
9	353	Edwards, Karelle	Ottawa Lions, ON	13.99
10	267	Fourie, Mari	Laurel Creek, ON	14.71
11	290	Harris, Meghan	London Legio, ON	14.72
12	124	Maceachen, Jill	Calgary Warr, AB	15.06
13	125	Machin, Rachel	Calgary Warr, AB	14.94
14	356	Maddex, Ashlea	Ottawa Lions, ON	14.77
15	433	Mann, Jenna	Saskatoon TF, SK	15.25
16	180	Mccaffrey, Kathryn	Edmonton Har, AB	15.80

17	560	Miller, Natasha	Valley Royal, BC	14.71
18	220	Morrison, Kelly	Hamilton Oly, ON	15.32
19	357	Mueller, Shannon	Ottawa Lions, ON	15.44
20	232	Nettey, Christabel S.	Kajaks Track, BC	14.30
21	339	Revi, Rebecca	Norwesters T, BC	15.93
22	509	Roberts, Marris	U OF C Athle, AB	16.45
23	173	Tomayer, Jennifer	Durham Legio, ON	15.91
24	546	Wells, Sarah	University O, ON	14.42
25	139	Wilkes, Courtney	Capital City, AB	NT

## Event 5 Men 110 Meter Hurdles Prelims

```
=====
```

Cdn Jr Champ:	13.91	1994	Adrian Woodley, Ottawa
World Jr:	13.12	02/07/2002	Xiang Liu, China
Swan Track:	13.77	6/1996	Tim Kroeker, Canada
BC Jr Open:	13.87	26/07/1985	James Purvis, USA
Cdn Jr Outdo:	13.78	02/06/2000	Adam Kunkel, Lasalle On
	Name		Year Team

## Seed

```
=====
```

1	361	*kaba, Sekou	Ottawa Lions, ON	13.92
2	437	Arndt, Andrew	Saskatoon TF, SK	14.85
3	209	Baker, Justin	Excel Athlet, SK	14.27
4	292	Beasley, A.J.	London Legio, ON	15.50
5	364	Bell, Spencer	Ottawa Lions, ON	15.27
6	579	Cheng, Ryan	Vancouver TH, BC	15.46
7	259	Chevrette-Belisle, Hubert	Lanaudiere-O, Fq	14.70
8	131	Clark, Evan	Caltaf Athle, AB	14.34
9	424	Drouin, Derek	Sarnia Athle, ON	14.37
10	260	El Hanbli, Gabriel	Lanaudiere-O, Fq	14.69
11	365	Gauthier-Kwan, Olivier	Ottawa Lions, ON	15.67
12	473	Hinds, Karam	St. Thomas L, ON	15.34
13	168	Léveillé, Simon	Corsaire Cha, Fq	14.26
14	296	Macneill, Gregory	London Legio, ON	14.50
15	367	Makinde, Oluwasegun	Ottawa Lions, ON	14.37
16	186	Miletic, Goran	Edmonton Roy, AB	15.75
17	381	Minkley, John	Pacific Athl, BC	15.59
18	620	Moolchan, Kieran	Winnipeg Opt, MB	14.35
19	313	Nichol, Leonae	Mississauga, ON,	14.36
20	442	Nosbush, Jordan	Saskatoon TF, SK	14.76
21	370	Pearson, Stuart	Ottawa Lions, ON	14.56
22	174	Pitt, Brynlynn	Durham Legio, ON	15.53
23	297	Roth, Austin	London Legio, ON	15.54
24	597	Williamson, Dylan	Walnut Grove, BC	15.83
25	600	Woytkowiak, Paul	West Vancouv, BC	15.02

## Event 6 Women 400 Meter Dash Prelims

Cdn Jr Champ: 53.60 1982 Jillian Richardson, Winnipeg  
 World Jr: 49.42 27/08/1991 Grit Breuer, East Germany  
 Swan Track: 52.04 6/1996 Cathy Rattery, Jamaica  
 BC Jr Open: 51.88 21/05/1993 Camille Noel, Canada  
 Cdn Jr Outdo: 51.85 25/07/1984 Jillian Richardson, Walnut Ca

Name Year Team

Seed

```
=====
```

1	110	*whyte, Chrisena	Brampton Tra, ON	59.46
2	176	Affeld, Laura	Edmonton Har, AB	56.05
3	351	Aubry, Rachel	Ottawa Lions, ON	56.22
4	127	Barlow, Nikki	Caltaf Athle, AB	58.34
5	386	Boultbee, Diana	Phoenix Athl, ON	58.79
6	398	Brennan, Olivia	Queen City S, SK	1:01.68
7	391	Brown, Jennifer	Prince Georg, NL	1:02.38
8	429	Buchko, Amanda	Saskatoon TF, SK	1:01.00
9	263	Buttinger, Jessica	Laurel Creek, ON	57.07
10	352	Callender, Fiona	Ottawa Lions, ON	57.53
11	523	Cukor, Alexandra	Unattached-B, BC	59.38
12	534	Daley, Jenine	Unattached-N, NL	1:01.16
13	304	Farquhar, Taylor	London Weste, ON	59.00
14	430	Flavel, Meghan	Saskatoon TF, SK	1:00.44
15	177	Francois, Rachel	Edmonton Har, AB	57.72
16	406	Friesen, Julene	Riversdale A, SK	59.73
17	542	Geiger, Natalie	University O, ON	54.50
18	328	Giles, Alex	Niagara Olym, ON	59.93
19	574	Gillespie, Lauren	Vancouver TH, BC	59.56
20	354	Halle, Emilie	Ottawa Lions, ON	57.79
21	477	Harris, Jaclyn	Team Speed, ON,	59.75
22	205	Hart, Julia	Excel Athlet, SK	57.36
23	240	Hatch, Stefanie	Kelowna Trac, BC	1:00.70
24	525	Hazarat, Rana	Unattached-B, BC	59.29
25	137	Holloway, Ashley	Capital City, AB	1:01.02
26	215	Johnson, Alyssa	Flying M Ath, MB	55.14
27	392	Keeping, Cassie	Prince Georg, BC	57.94
28	119	Kendall, Danielle	Calgary Spar, AB	56.08
29	258	Leblanc, Annie	Lanaudiere-O, Fq	56.08
30	200	Leon, Lauren	Etobicoke TR, ON	55.20
31	503	Long, Courtney	U OF C Athle, AB	59.37
32	504	Lotwin, Kelsey	U OF C Athle, AB	57.24
33	162	Lowe, Christine A.	Coquitlam CH, BC	56.48
34	321	Luedke, Veronica	Nanaimo & DI, BC	58.05
35	183	Maclise, Kirklin	Edmonton Oly, AB	57.68
36	291	Malek, Shauna	London Legio, ON	55.90
37	544	Mcbean, Athena	University O, ON	58.46
38	587	Nelson, Kaitlin J.	Victoria Tra, BC	56.91
39	475	Ngongo, Sandra	Surrey Athle, BC	57.76
40	156	Power, Roxanne	Comox Valley, BC	59.71

41	221 ROUNG, Emma	Hamilton Oly, ON	57.97
42	360 TOUSAW, Julia	Ottawa Lions, ON	55.69
43	117 VOGT, Emma L.	Burnaby Stri, BC	58.93
44	511 WIGG, Jacqueline	U OF C Athle, AB	1:00.18
45	140 WILSON, Ally	Capital City, AB	58.21

## Event 7 Men 400 Meter Dash Prelims

```

=====
Cdn Jr Champ: 46.55 2006 Brian Barnett, Ottawa
World Jr: 43.87 28/09/1988 Steve Lewis, USA
Swan Track: 46.05 5/1993 Neil Desilva, USA
BC Jr Open: 45.83 19/07/1997 Shane Niemi, Canada
Cdn Jr Outdo: 45.83 19/07/1997 Shane Niemi, Havana Cub

```

Name	Year	Team
------	------	------

## Seed

```

=====
1 586 @schneebeli, Eric W. Vernon Amate, BC 52.52
2 528 Achari, Darcy Unattached-B, BC 50.74
3 185 Altaye, Israel Edmonton Oly, AB NT
4 164 BOSS, Andrew Coquitlam CH, BC 50.13
5 108 Durand, Zacharie Bison Track, MB, 49.80
6 550 Elien, Ken University O, ON 50.64
7 551 Fuller, Kyle University O, ON 50.19
8 212 Gaudes, Adam Fast Tracks, NB, 51.84
9 387 Hamilton, Andre Phoenix Athl, ON 47.75
10 113 Harper, Daniel Brampton Tra, ON 46.81
11 439 Hretsina, Landon Saskatoon TF, SK 49.61
12 122 Kimick, Evan Calgary Spar, AB 49.84
13 611 Lamarche, Stephen E Windsor Legi, ON 50.23
14 554 Lewis, Ryan University O, ON 50.64
15 335 Macdonald, Matthew Niagara Olym, ON 50.71
16 382 Montrose, Brett Pacific Athl, BC 50.27
17 148 Murray, Kyle Chinook Trac, AB 49.31
18 284 Ott, Andrew Lethbridge T, AB 51.78
19 630 Paquet, Olivier Zénith DE TR, Fq 49.21
20 494 Pelland, André Track North, ON, 49.41
21 383 Pratt, John Pacific Athl, BC 50.24
22 426 Reddy, Matt Sarnia Athle, ON 50.50
23 372 Robertson, Michael Ottawa Lions, ON 47.57
24 315 Rose, Michael Mississauga, ON, 48.78
25 242 Rutley, Ethan Kelowna Trac, BC 50.44
26 539 Tat, Jimmy Unattached-O, ON 50.10
27 558 Trnkus, Michael University O, ON 48.87
28 444 Unruh, Tyson Saskatoon TF, SK 49.13
29 390 West, Richard Phoenix Athl, ON 48.41

```

## Event 8 Women 1500 Meter Run Prelims

Cdn Jr Champ:	4:20.60	1980	Birgit Otto, Sudbury
World Jr:	3:59.81	21/08/1993	Yuan Wang, China
Swan Track:	4:02.12	8/1996	Angela Chalmers, Canada
BC Jr Open:	4:15.40	13/06/1991	Lori Durward, Canada
Cdn Jr Outdo:	4:06.71	04/09/1972	Glenda Reiser, Munich Ger
	Name		Year Team

Seed

1	414	Bélanger, Valérie	Saguenay Lac, Fq	4:40.00
2	496	Carson, Lindsay	Tri City Tra, ON	4:20.81
3	160	Carviel, Heather A.	Coquitlam CH, BC	4:50.57
4	521	Fratczak, Victoria	Unattached-A, NS	4:46.42
5	217	Gendron, Caroline	Gatineau, Fqa, Q	5:01.50
6	318	Hughes, Mélanie	Montreal Oly, Fq	4:37.60
7	254	John, Keltie	Lakehead Ath, ON	4:40.15
8	379	Johnson, Justine A.	Pacific Athl, BC	4:34.20
9	207	Kujawa, Kate	Excel Athlet, SK	4:44.84
10	453	Lalonde, Geneviève	South East A, NB	4:29.06
11	355	Larocque, Leah	Ottawa Lions, ON	4:37.23
12	454	Lockhart, Jocelyn	South East A, NB	4:51.27
13	506	O'Connell, Jessica	U OF C Athle, AB	4:19.42
14	325	O'Hagan, Kaitlin	Newmarket HU, ON	4:40.16
15	305	Parry, Jessica	London Weste, ON	4:25.27
16	561	Posthumus, Kiya	Valley Royal, BC	4:48.81
17	399	Schaaf, Kendra	Queen City S, SK	4:20.27
18	419	Simoneau, Gabrielle	Saint Lauren, Fq	4:35.97
19	194	Soderberg, Alana	Edmonton Thu, AB	4:51.30
20	510	Stenning, Faye	U OF C Athle, AB	4:37.58
21	326	Stewart, Kirsten	Newmarket HU, ON	4:35.50
22	129	Stockall, Holly	Caltaf Athle, AB	5:01.85
23	380	Therrien, Brittany R.	Pacific Athl, BC	4:43.69

Event 9 Men 1500 Meter Run

Cdn Jr Champ:	3:46.48	1985	Andrew McGuigan, Burnaby
World Jr:	3:30.24	17/07/2002	Cornelius Chirchir, Kenya
Swan Track:	3:36.46	6/1996	Graham Hood, Canada
BC Jr Open:	3:41.58	08/01/1993	Kevin Sullivan, Canada
Cdn Jr Outdo:	3:39.11	20/09/1992	Kevin Sullivan, Seoul Kor
	Name		Year Team

Seed

1	337	@rae, Jeremy	Niagara Regi, ON	3:51.14
2	150	Bernard, Olivier	Club D''Athl, Fq	3:50.61
3	535	Brockerville, Ryan M.	Unattached-N, NL	4:07.19
4	241	Childs, Clifford	Kelowna Trac, BC	3:56.60
5	447	Collison, Jordan	Saugeen Trac, ON	4:03.90
6	121	Corrigan, Peter	Calgary Spar, AB	3:49.82

7	482	Dillon, Eric	Toronto Olym, ON	4:01.60
8	282	Dorosoz, Sam	Lethbridge T, AB	4:09.28
9	538	Holmes, Stephen	Unattached-O, ON	4:03.09
10	497	Ikram, Soaib	Tri City Tra, ON	3:56.43
11	631	Ikram, Sohaib	Tri City Tra	NT
12	463	Jackson, Robert	Speed River, ON,	3:48.98
13	531	Johnston, Carl	Unattached-B, BC	4:09.56
14	487	Jurysta, Matthew	Toronto Olym, ON	3:56.00
15	397	Lapointe, Jean-Samuel	Québec Endur, Fq	4:00.77
16	334	Lavigne, Colin	Niagara Olym, ON	4:07.11
17	612	Malette, John Paul	Windsor Legi, ON	3:51.42
18	109	Man, Mitchell	Bison Track, MB,	4:08.00
19	533	Mohamoud, Ahmed	Unattached-B, BC	4:05.21
20	310	O'Grady, Patrick	Mercury Athl, NL	4:09.68
21	614	Patterson, Andrew	Windsor Legi, ON	4:01.98
22	274	Robertson, Karl	Leduc Track, AB,	4:01.58
23	469	Schiavone, Trevor	St. Albert T, AB	4:04.57
24	596	Smith, Jordan	Walnut Grove, BC	4:01.89
25	498	Wilson, Darcy	Tri City Tra, ON	3:55.15
26	316	Wright, Kevin	Mississauga, ON,	4:02.90

## Event 10 Men Decathlon

Cdn Jr Champ:	6840	2003	Daniel Mezheritsky, Saskatoon
World Jr:	8397	06/07/1982	Torsten Voss, East Germany
Swan Track:	6940	8/1995	, Alberta
BC Jr Open:	7001	03/08/2003	Dan Mezhertsky, Canada
Cdn Jr Outdo:	7080	22/07/2006	Reid Gustavson, Sherbrooke Qc
	Name	Year	Team

## Points

1	102	@*Bribiesca, Ulises	Aldebaran TR, In	5800
2	249	Bourget, Micaël	Lachine, Fqa, QC	NP
3	520	Lautenschlager, Rhys	Unattached-A, MB	NP
4	295	Lopatowski, Michael	London Legio, ON	5434
5	443	Sharp, Keegan	Saskatoon TF, SK	5609
6	569	Staeheli, Ivan	Valley Royal, BC	5617
7	384	Thomas, Craig	Passtrak, AB, AB	5215

## Event 11 Women 400 Meter Hurdles Prelims

Cdn Jr Champ:	57.66	1992	Erica Peterson, Winnipeg
World Jr:	54.70	19/07/1987	Lashinda Demus, USA
Swan Track:	55.14	5/1993	Deon Hemmings, Jamacia
BC Jr Open:	57.56	15/08/1992	Erica Peterson, Canada
Cdn Jr Outdo:	56.55	28/07/1986	Donalda Duprey, Edinburgh Sco
	Name	Year	Team

## Seed

1	176	Affeld, Laura	Edmonton Har, AB	1:01.17
2	391	Brown, Jennifer	Prince Georg, NL	1:10.57
3	264	Buttinger, Natalie	Laurel Creek, ON	1:05.50
4	352	Callender, Fiona	Ottawa Lions, ON	46.42
5	265	Charnuski, Madeline	Laurel Creek, ON	1:04.97
6	623	Dichiara, Amilia	York County, ON,	1:02.11
7	246	Farish, Catharine	Kingston Nap, ON	1:03.49
8	304	Farquhar, Taylor	London Weste, ON	1:04.86
9	430	Flavel, Meghan	Saskatoon TF, SK	1:05.68
10	167	Gauthier, Catherine	Corsaire Cha, Fq	1:05.16
11	354	Halle, Emilie	Ottawa Lions, ON	1:02.67
12	477	Harris, Jaclyn	Team Speed, ON,	46.45
13	320	Laberge, Annie-Claude	Montreal Oly, Fq	1:08.38
14	154	Law, Christine	Comox Valley, BC	1:05.51
15	155	Lloyd, Haleigh	Comox Valley, BC	1:03.98
16	504	Lotwin, Kelsey	U OF C Athle, AB	1:03.31
17	162	Lowe, Christine A.	Coquitlam CH, BC	1:00.45
18	445	Macmillan, Caitlyn	Saugeen Trac, ON	45.00
19	291	Malek, Shauna	London Legio, ON	1:00.56
20	433	Mann, Jenna	Saskatoon TF, SK	1:10.07
21	172	Mccalla, Jenelle	Durham Legio, ON	1:02.21
22	470	Olson, Jenessa	St. Thomas L, ON	1:01.77
23	509	Roberts, Marris	U OF C Athle, AB	47.92
24	126	Simonson, Kayti	Calgary Warr, AB	1:02.49
25	360	Tousaw, Julia	Ottawa Lions, ON	1:00.89
26	546	Wells, Sarah	University O, ON	58.58
27	511	Wigg, Jacqueline	U OF C Athle, AB	48.95

## Event 12 Men 400 Meter Hurdles Prelims

Cdn Jr Champ:	51.28	1984	John Graham, Edmonton
World Jr:	48.02	17/06/1984	Danny Harris, USA
Swan Track:	50.08	6/1996	Keith Stuffle, United States
BC Jr Open:	50.21	27/07/1985	Patrick McGhee, USA
Cdn Jr Outdo:	50.92	03/05/1997	Nick Stewart, Bozeman Mon
	Name	Year	Team

## Seed

1	594	*lewis, Byron	Walnut Grove, BC	57.11
2	437	Arndt, Andrew	Saskatoon TF, SK	56.59
3	292	Beasley, A.J.	London Legio, ON	55.91
4	492	Beaudry, Kyle	Track North, ON,	57.68
5	364	Bell, Spencer	Ottawa Lions, ON	56.45
6	259	Chevrette-Belisle, Hubert	Lanaudiere-O, Fq	53.69
7	170	Dudley, Christian C.	Cowichan Val, BC	56.82
8	108	Durand, Zacharie	Bison Track, MB,	56.08
9	260	El Hanbli, Gabriel	Lanaudiere-O, Fq	53.31

10	460	Knuff, Kyle	South Simcoe, ON	55.73
11	294	Leitch, Scott	London Legio, ON	54.21
12	296	Macneill, Gregory	London Legio, ON	53.90
13	250	Marquette, Benoit	Lachine, Fqa, QC	NT
14	461	Murray, Tyler	South Simcoe, ON	56.45
15	313	Nichol, Leonae	Mississauga, ON,	55.79
16	370	Pearson, Stuart	Ottawa Lions, ON	53.11
17	252	Steinbrenner, Alexander	Lachine, Fqa, QC	NT
18	175	Ward, Patrick	Durham Legio, ON	56.14
19	600	Woytkowiak, Paul	West Vancouv, BC	54.95

## Event 13 Women 800 Meter Run Prelims

```

=====
Cdn Jr Champ:  2:06.59  1984          Elise Braithwaite, Edmonton
World Jr:     1:57.18  08/09/1993  Yuan Wang, China
Swan Track:   1:59.98  6/1996      Suzzy Hamilton, USA
BC Jr Open:   2:06.46  04/06/1994  Heather deGeest, Canada
Cdn Jr Outdo: 2:03.17  19/08/1973  Glenda Reiser, Moscow Rus

```

Name	Year	Team
------	------	------

## Seed

```

=====
1  301 Anderson, Katie          London Runne, ON      2:12.28
2  351 Aubry, Rachel           Ottawa Lions, ON     2:09.90
3  127 Barlow, Nikki          Caltaf Athle, AB    2:18.88
4  601 Benson, Holly          Windsor Legi, ON    2:13.20
5  386 Boulton, Diana         Phoenix Athl, ON    2:13.91
6  398 Brennan, Olivia        Queen City S, SK    2:18.65
7  263 Buttinger, Jessica     Laurel Creek, ON    2:09.95
8  160 Carviel, Heather A.    Coquitlam CH, BC   2:19.61
9  598 Crofts, Helen J.       West Vancouv, BC   2:10.90
10 534 Daley, Jenine          Unattached-N, NL   2:23.00
11 584 Deacon, Chantelle S.   Vernon Amate, BC   2:16.76
12 192 Degaust, Hayley        Edmonton Thu, AB   2:12.03
13 149 Desmarais-Gagnon, Alexandre  Cirrus, Fqa, QC   2:13.61
14 378 Draper, Laurel         Pacific Athl, BC   2:16.34
15 177 Francois, Rachel       Edmonton Har, AB   2:15.72
16 406 Friesen, Julene       Riversdale A, SK   2:19.26
17 324 Glenn, Caileigh        Newmarket HU, ON   2:13.71
18 205 Hart, Julia            Excel Athlet, SK   2:17.20
19 318 Hughes, Mélanie        Montreal Oly, Fq   2:15.93
20 319 Jacquemin, Charlotte   Montreal Oly, Fq   2:16.97
21 254 John, Keltie           Lakehead Ath, ON   2:12.08
22 199 Kennedy, Shannon       Etobicoke TR, ON   2:13.95
23 258 Leblanc, Annie         Lanaudiere-O, Fq   2:09.37
24 454 Lockhart, Jocelyn     South East A, NB   2:14.71
25 506 O'Connell, Jessica     U OF C Athle, AB   2:11.40
26 325 O'Hagan, Kaitlin       Newmarket HU, ON   2:14.83
27 305 Parry, Jessica         London Weste, ON   2:07.12

```

28	330 Rempel, Karley	Niagara Olym, ON	2:13.88
29	545 Serafini, Rosa	University O, ON	2:16.95
30	194 Soderberg, Alana	Edmonton Thu, AB	2:17.10
31	120 Stark, Heather	Calgary Spar, AB	2:20.96
32	326 Stewart, Kirsten	Newmarket HU, ON	2:14.07
33	380 Therrien, Brittany R.	Pacific Athl, BC	2:14.13
34	134 Trenholm, Stephanie	Campbell Riv, BC	2:12.49
35	331 Vermeer, Esther	Niagara Olym, ON	2:08.26
36	116 Vogt, Abbey M.	Burnaby Stri, BC	2:12.95

## Event 14 Men 800 Meter Run Prelims

```
=====
```

Cdn Jr Champ:	1:49.72	1992	Kevin Sullivan, Winnipeg
World Jr:	1:43.64	13/08/1997	Japhet Kimutai, Switzerland
Swan Track:	1:47.84	6/1996	Brandon Rock, United States
BC Jr Open:	1:47.43	24/08/1996	Zach Whitmarsh, Canada
Cdn Jr Outdo:	1:46.60	23/06/2001	Nathan Brannen, Edmonton AB

Name	Year	Team
------	------	------

## Seed

```
=====
```

1	562 *dhaliwal, Manpreet	Valley Royal, BC	1:56.40
2	208 Baiton, Wyatt	Excel Athlet, SK	1:56.56
3	241 Childs, Clifford	Kelowna Trac, BC	1:56.82
4	583 Collin, Olivier	Vaudreuil-Do, Fq	1:50.29
5	121 Corrigan, Peter	Calgary Spar, AB	1:53.18
6	549 Cruickshank, Andrew	University O, ON	1:56.32
7	563 Culley, Mitchell T.	Valley Royal, BC	1:53.59
8	282 Dorosz, Sam	Lethbridge T, AB	1:57.94
9	333 Easterbrook, Doug	Niagara Olym, ON	1:55.72
10	529 Forseth, Rowan J.	Unattached-B, BC	1:54.98
11	247 George, Josh	Kingston Nap, ON	1:53.60
12	135 Hanscomb, Oren	Campbell Riv, BC	1:55.53
13	530 Hole, Nigel	Unattached-B, BC	1:53.77
14	538 Holmes, Stephen	Unattached-O, ON	1:55.84
15	515 Homer, Jeffrey	U OF C Athle, AB	1:54.22
16	497 Ikram, Soaib	Tri City Tra, ON	1:56.91
17	366 Kennedy, Aidan	Ottawa Lions, ON	1:55.95
18	171 Langridge, Jordan	Durham Drago, ON	1:55.63
19	158 Levins, Cameron	Comox Valley, BC	1:53.87
20	283 Mangiel, Paul	Lethbridge T, AB	1:55.81
21	532 Mitchell, Cameron K.	Unattached-B, BC	1:53.49
22	273 Nishiyama, Michael	Leduc Track, AB,	1:55.07
23	196 Ostapowich, Jaden	Edmonton Thu, AB	1:51.46
24	284 Ott, Andrew	Lethbridge T, AB	2:00.06
25	133 Ratzlaff, Scott	Caltaf Athle, AB	1:55.57
26	426 Reddy, Matt	Sarnia Athle, ON	1:56.91
27	389 Sayers, Trent	Phoenix Athl, ON	1:52.00
28	469 Schiavone, Trevor	St. Albert T, AB	1:56.53

29	581	Smith, Timothy	Vancouver TH, BC	1:56.50
30	617	Tome, Mitchell	Windsor Legi, ON	1:53.71
31	275	Ward, Adam	Leduc Track, AB,	1:58.69
32	344	Wasylyshyn, Adam C.	Norwesters T, BC	1:55.38
33	390	West, Richard	Phoenix Athl, ON	1:49.91
34	498	Wilson, Darcy	Tri City Tra, ON	1:55.66

## Event 15 Women 200 Meter Dash Prelims

```
=====
```

Cdn Jr Champ:	23.60	1997	Atia Weekes, Abbotsford
World Jr:	22.19	30/07/1980	Natalya Bochina, Soviet Union
Swan Track:	22.63	6/1996	Cathy Freeman, Australila
BC Jr Open:	23.30	22/08/1971	Stephanie Berto, Canada
Cdn Jr Outdo:	22.86	14/08/1981	Angela Bailey, Cd. Bolivar Ven

Name	Year	Team
------	------	------

## Seed

```
=====
```

1	624	*steele, Shennae	York Univers, ON	25.13
2	159	*webster, Jocelyn R.	Coquitlam CH, BC	25.86
3	427	Abrams, Andrea	Saskatoon TF, SK	26.51
4	223	Blackman, Akilah	I BE Fast TR, ON	25.66
5	106	Boxill, Alicia	Bison Track, MB,	27.01
6	391	Brown, Jennifer	Prince Georg, NL	27.78
7	429	Buchko, Amanda	Saskatoon TF, SK	26.22
8	136	Bushie, Christine	Capital City, AB	26.01
9	266	Charnuski, Olivia	Laurel Creek, ON	25.36
10	451	Deaudelin-Gauthier, Laurie	Sherbrooke, Fqa,	26.98
11	573	Douglas, Danielle	Vancouver TH, BC	26.63
12	267	Fourie, Mari	Laurel Creek, ON	25.86
13	328	Giles, Alex	Niagara Olym, ON	25.90
14	618	Grant, Chantal	Winnipeg Opt, MB	24.99
15	240	Hatch, Stefanie	Kelowna Trac, BC	26.20
16	138	Hurrel, Karlene	Capital City, AB	24.70
17	418	Hyacinthe, Kimberly	Saint Lauren, Fq	23.65
18	215	Johnson, Alyssa	Flying M Ath, MB	26.03
19	392	Keeping, Cassie	Prince Georg, BC	25.30
20	119	Kendall, Danielle	Calgary Spar, AB	25.50
21	111	Kerr, Naomi	Brampton Tra, ON	25.46
22	279	Laarman, Loudia	Lethbridge T, AB	24.94
23	179	Lee Pong, Janelle	Edmonton Har, AB	25.80
24	200	Leon, Lauren	Etobicoke TR, ON	25.50
25	183	Maclise, Kirklin	Edmonton Oly, AB	25.62
26	218	Marcotte, Kayla	Halifax Wand, NS	25.96
27	112	Martin, Simone	Brampton Tra, ON	25.18
28	544	Mcbean, Athena	University O, ON	25.69
29	268	Mchaina, Chisomo	Laurel Creek, ON	25.07
30	280	Miller, Lacey	Lethbridge T, AB	24.93
31	576	Riley, Natalie	Vancouver TH, BC	26.80

32	181	Rintoul, Jenny	Edmonton Har, AB	25.17
33	221	Roung, Emma	Hamilton Oly, ON	25.46
34	269	Semplonius, Tia	Laurel Creek, ON	25.27
35	527	Shury, Alyssa L.	Unattached-B, BC	26.13
36	184	Smith, Courtney	Edmonton Oly, AB	25.45
37	434	Stone, Danny	Saskatoon TF, SK	26.04
38	578	Tran, Sophie	Vancouver TH, BC	26.45
39	593	Willock, Angela	Walnut Grove, BC	26.35
40	436	Young, Michelle	Saskatoon TF, SK	25.30
41	410	Yuzik, Carrie	Riversdale A, SK	26.60
42	512	Zimmer, Jenn	U OF C Athle, AB	25.59

## Event 16 Men 200 Meter Dash Prelims

```
=====
```

Cdn Jr Champ:	20.65	1994	Eric Frempong, Ottawa
World Jr:	20.13	16/06/1985	Roy Martin, USA
Swan Track:	20.48	6/1996	Chris Melloms, United States
BC Jr Open:	20.62	21/06/1991	Peter Ogilvie, Canada
Cdn Jr Outdo:	20.62	25/05/1991	Peter Ogilvie, Provo UT

Name	Year Team
------	-----------

## Seed

```
=====
```

1	361	*kaba, Sekou	Ottawa Lions, ON	22.65
2	118	Adlani, Omar	Burnaby Stri, BC	22.62
3	185	Altaye, Israel	Edmonton Oly, AB	NT
4	202	Attard, Kyle	Etobicoke TR, ON	22.44
5	363	Batt, Jeremy	Ottawa Lions, ON	22.60
6	311	Bennett, Wayndale	Mississauga, ON,	21.82
7	191	Blimke, Kevin	Edmonton Spr, AB	22.45
8	164	Boss, Andrew	Coquitlam CH, BC	22.79
9	472	Bowman, Aaron	St. Thomas L, ON	22.55
10	550	Elien, Ken	University O, ON	22.54
11	187	Fernuik, Taylor	Edmonton Spr, AB	22.27
12	103	Foote, Mason	Annapolis VA, NS	23.20
13	212	Gaudes, Adam	Fast Tracks, NB,	23.40
14	312	Halstead, Tyrone	Mississauga, ON,	22.26
15	113	Harper, Daniel	Brampton Tra, ON	21.32
16	114	Hayle, Phillip	Brampton Tra, ON	21.70
17	115	Helmer-Peschier, Curtis	Brampton Tra, ON	21.83
18	439	Hretsina, Landon	Saskatoon TF, SK	22.12
19	122	Kimick, Evan	Calgary Spar, AB	22.67
20	611	Lamarche, Stephen E	Windsor Legi, ON	22.30
21	335	Macdonald, Matthew	Niagara Olym, ON	23.36
22	367	Makinde, Oluwasegun	Ottawa Lions, ON	21.79
23	188	Mcgregor, Matthew	Edmonton Spr, AB	22.78
24	403	Mcphee, Stephen	Red Deer Tit, AB	22.57
25	368	Monsour, Ramon	Ottawa Lions, ON	21.63
26	620	Moolchan, Kieran	Winnipeg Opt, MB	22.21

27	148 Murray, Kyle	Chinook Trac, AB	21.86
28	630 Paquet, Olivier	Zénith DE TR, Fq	22.24
29	371 Risling, Tony	Ottawa Lions, ON	22.63
30	372 Robertson, Michael	Ottawa Lions, ON	21.43
31	568 Shum, Mike P.	Valley Royal, BC	22.72
32	582 Stewart, Rohan	Vancouver TH, BC	21.61
33	571 Sutherland, Christopher A.	Valley Royal, BC	22.87
34	189 Torresan, Mason	Edmonton Spr, AB	22.25
35	558 Trnkus, Michael	University O, ON	22.68
36	444 Unruh, Tyson	Saskatoon TF, SK	22.63
37	402 White, Craig	Queen City S, SK	22.94
38	123 Wilkes, Ryan	Calgary Spar, AB	22.43

## Event 17 Women 3000 Meter Run

```

=====
Cdn Jr Champ:  9:26.12  1989          Lisa Harvey, Saskatoon
World Jr:     8:36.45  06/06/1993  Ningning Ma, China
BC Jr Open:   9:12.39  16/08/1985  Brenda Shackleton, Canada
Cdn Jr Outdo: 9:12.39  16/08/1985  Brenda Shackleton, Saint John Nb
Name                    Year Team

```

## Seed

```

=====
1   519 Armstrong, Andrea          Unattached, SK,          NT
2   327 Brasz, Deanna             Niagara Olym, ON        10:12.87
3   414 Bélanger, Valérie         Saguenay Lac, Fq       10:07.00
4   496 Carson, Lindsay           Tri City Tra, ON        9:38.13
5   193 Findlay, Paula             Edmonton Thu, AB        9:41.12
6   521 Fratzczak, Victoria        Unattached-A, NS       10:30.56
7   204 Furlan, Jessica           Excel Athlet, SK        10:16.00
8   217 Gendron, Caroline          Gatineau, Fqa, Q       10:59.10
9   480 Hanna, Victoria            Toronto Olym, ON       10:17.62
10  253 Hoy, Karoline              Lakehead Ath, ON       10:22.31
11  543 Jewett, Tamara             University O, ON        9:15.74
12  207 Kujawa, Kate              Excel Athlet, SK        10:17.70
13  211 Macpherson, Sarah         Fast Tracks, NB,       10:11.06
14  526 Mcivor, Laura F.          Unattached-B, BC       10:20.72
15  329 Mooradian, Laura          Niagara Olym, ON       10:40.06
16  471 Pieterston, Rebecca       St. Thomas L, ON       10:25.27
17  399 Schaaf, Kendra            Queen City S, SK        9:41.18
18  510 Stenning, Faye           U OF C Athle, AB        9:55.25
19  130 Tatlow, Nadia             Caltaf Athle, AB       10:54.51
20  349 Walkow, Samantha         Ocean Athlet, BC       10:20.17

```

## Event 18 Men 5000 Meter Run

```

=====
Cdn Jr Champ:  14:11.77  1983          John Castellano, Montreal
World Jr:     12:53.72  03/09/1999  Sammy Kipketer, Kenya
Swan Track:   13:53.30  5/2000       Francis Kinwa, Life University

```

BC Jr Open: 14:11.72 12/07/1987 Toshiyuki Hayata, Japan  
 Cdn Jr Outdo: 13:43.80 02/06/1962 Bruce Kidd, Compton Ca

	Name	Year	Team
--	------	------	------

## Seed

1	332 Ahmed, Mohammed		Niagara Olym, ON	14:36.75
2	396 Boisvert, Emmanuel		Québec Endur, Fq	15:12.49
3	416 Britt, Barry		Saint John T, NB	14:45.22
4	227 Habbaci, Lamine		Indépendant, Fqa	15:57.77
5	484 Hashi, Hussein		Toronto Olym, ON	15:30.00
6	463 Jackson, Robert		Speed River, ON,	15:12.07
7	132 Majock, Nyial		Caltaf Athle, AB	14:37.21
8	441 Marin, Samir		Saskatoon TF, SK	15:42.93
9	468 Monds, Jevin		St. Albert T, AB	14:46.84
10	255 Nixon, Andrew		Lakehead Ath, ON	15:28.25
11	310 O'Grady, Patrick		Mercury Athl, NL	15:46.25
12	314 Osman, Sami		Mississauga, ON,	15:18.67
13	197 Weikum, Jamie		Edmonton Thu, AB	14:51.16

## Event 19 Men 3000 Meter Steeplechase

Cdn Jr Champ:	8:49.20	2005	Alex Genest, Montreal (CR)
World Jr:	7:58.66	24/08/2001	Stephen Cherono, Berlin Germany
Swan Track:	8:21.79	6/1996	Jim Svenoy, Norway
BC Jr Open:	8:37.83	2005	Alexandre Genest, Canada
Cdn Jr Outdo:	8:37.83	14/06/2005	Alexandre Genest, Burnaby BC

	Name	Year	Team
--	------	------	------

## Seed

1	452 Beaudette, Kenny		Sherbrooke, Fqa,	9:58.61
2	481 Berkis, Anthony		Toronto Olym, ON	6:01.43
3	423 Bisson, Shaun		Sarnia Athle, ON	6:11.75
4	589 Bonwick, Marc		Victoria Tra, BC	6:28.10
5	535 Brockerville, Ryan M.		Unattached-N, NL	9:11.48
6	447 Collison, Jordan		Saugeen Trac, ON	6:18.84
7	483 Dougherty, Colin		Toronto Olym, ON	6:28.77
8	438 Gerard, Stephane		Saskatoon TF, SK	10:22.29
9	485 Hodge, Simon		Toronto Olym, ON	6:10.00
10	486 Hughes, Matthew		Toronto Olym, ON	8:59.83
11	334 Lavigne, Colin		Niagara Olym, ON	10:09.58
12	195 Law, Graeme		Edmonton Thu, AB	6:31.56
13	308 O'Neill, Kyle		London Weste, ON	9:15.18
14	615 Pitman, Stephen		Windsor Legi, ON	6:12.22
15	239 Polos, Ian		Kamloops Tra, BC	6:32.40
16	616 Smith, Daryl		Windsor Legi, ON	5:57.23
17	336 Thomas, Ryan		Niagara Olym, ON	9:47.76
18	197 Weikum, Jamie		Edmonton Thu, AB	9:24.86
19	375 Wheeler, Philip		Ottawa Lions, ON	6:29.27

## Event 20 Women 2000 Meter Steeplechase

```

=====
Cdn Jr Champ:  6:36.05  2007          Danelle Woods, Abbotsford
World Jr:     9:30.70  04/09/2001  Melissa Rollison, Brisbane Australia
BC Jr Open:   7:00.55  24/07/2004  Meredith MacGregor, Canada
Cdn Jr Outdo: 6:48.98  10/07/2005  Lydia Willemse, Montreal Qc

```

```

Name                      Year Team

```

## Seed

```

=====
1   350 Butterworth, Alycia          Oceanside TR, BC      7:11.70
2   420 Cadwallader, Haley          Sarnia Athle, ON     4:59.26
3   456 Corrick, Jennifer           South Simcoe, ON     7:35.96
4   572 Digby, Katherine P.         Vancouver TH, BC      NT
5   462 Doherty, Lauren             Speed River, ON,     5:06.36
6   323 Fiore, Helena               Newmarket HU, ON     7:46.13
7   431 Foth, Christine             Saskatoon TF, SK     7:46.20
8   204 Furlan, Jessica             Excel Athlet, SK     6:58.36
9   217 Gendron, Caroline           Gatineau, Fqa, Q     8:10.38
10  198 Giovannetti, Sara           Etobicoke TR, ON     7:29.00
11  253 Hoy, Karoline               Lakehead Ath, ON     7:20.74
12  355 Larocque, Leah              Ottawa Lions, ON     7:12.23
13  471 Pieterson, Rebecca          St. Thomas L, ON     7:14.44
14  458 Shaw, Jessica               South Simcoe, ON     8:11.44
15  349 Walkow, Samantha           Ocean Athlet, BC      NT
16  201 Zidar, Deanna              Etobicoke TR, ON     7:08.51

```

## Event 21 Women 4x100 Meter Relay

```

=====
World Jr:  43.38  11/07/1999  USA, USA
           A. Joyce, A. Williams, A. Robinson, A. Buchanan
Swan Track: 46.61  5/2000      Lindenwood, Lindenwood
BC Jr Open: 44.88  26/07/1985  , Canada
           K. Anderson, A. Thomas, C. Taffe, F. Gareau
Cdn Jr Outdo: 44.88  26/07/1985
           K Anderson, A. Thomas, Colleen Taffe, F. Garbeau

```

Team

Seed

```

=====
1  Athletics Alberta  'A'          NT
2  Brampton Track Club Inc.  'A'          48.00
3  Capital City Track Club  'A'          49.55
4  Comox Valley Cougars  'A'          50.11
5  Laurel Creek Track & Fiel  'A'          NT
6  London Legion Track & Fie  'A'          49.20
7  Ottawa Lions T.F.C.  'A'          47.23
8  Ottawa Lions T.F.C.  'B'          49.60
9  Ottawa Lions T.F.C.  'C'          3:47.23
10 Saskatoon TF Club  'A'          47.72

```

11	Unattached-BCA	'A'		NT
12	University OF Toronto T.C	'A'		47.50
13	Walnut Grove Track Club	'A'		49.50

## Event 22 Men 4x100 Meter Relay

```

=====
World Jr:  38.92  21/07/2002  United States, United States
           A. Collins, W. Felix, I. Wlliams, W. Hordge
Swan Track: 41.01  5/2000      Huston, Huston
BC Jr Open: 39.32  26/07/1985   , USA
           F. Heard, R. Bureli, D. Mitchell, J. Simpson
Cdn Jr Outdo: 39.64  06/08/2006   , Nassau Bah
           Justyn Warner, Seyi Douglas, R Richards, John Graham

```

Team	Seed
------	------

```

=====
1 Athletics Alberta 'A' NT
2 Brampton Track Club Inc. 'A' 41.90
3 Lachine 'A' NT
4 London Legion Track & Fie 'A' 45.00
5 Ottawa Lions T.F.C. 'A' 41.12
6 Ottawa Lions T.F.C. 'B' 42.32
7 Unattached-BCA 'A' NT
8 University OF Toronto T.C 'A' 42.50

```

## Event 23 Women 4x400 Meter Relay

```

=====
World Jr:  3:28.39  31/07/1988  East Germany, East Germany
           M/ Derr, S. Fabert, A. Wohlk, G. Breuer
Swan Track: 3:44.69  5/2000      Azusa Pacific, Azusa Pacific
BC Jr Open: 3:36.03  27/07/1985   , USA
           S Brydon, K. Berge, L. Maxie, S. Saleem
Cdn Jr Outdo: 3:36.41  31/07/1988   , Sudbury USA
           C. Fortin, S. Steingruber, K, Layne, C. Allen

```

Team	Seed
------	------

```

=====
1 Athletics Alberta 'A' NT
2 Capital City Track Club 'A' NT
3 Niagara Olympic Club 'A' 4:06.00
4 Ottawa Lions T.F.C. 'A' 3:47.23
5 Ottawa Lions T.F.C. 'B' 3:58.00
6 Saskatoon TF Club 'A' 3:53.43
7 Unattached-BCA 'A' NT
8 University OF Toronto T.C 'A' 3:47.00

```

## Event 24 Men 4x400 Meter Relay

```

=====
World Jr:  3:01.90  20/07/1986  United States, United States
           C. Campbell, C. Rish, P. Waddle, W. Reed

```

Swan Track: 3:12.31 5/2000 Oklahoma Baptist, Oklahoma Baptist  
 BC Jr Open: 3:04.05 27/07/1985 , USA  
 M. Spangler, D. Lee, D. Mitchell, T. Allen  
 Cdn Jr Outdo: 3:08.92 25/08/1984 , Nassau Bah  
 B. Whyte, N, Douglas, R. Richards, J. Graham

Team

Seed

```
=====
1 Athletics Alberta 'A' NT
2 Lachine 'A' NT
3 Lethbridge Track And Fiel 'A' NT
4 Ottawa Lions T.F.C. 'A' 3:16.87
5 Ottawa Lions T.F.C. 'B' 3:22.01
6 Unattached-BCA 'A' NT
7 University OF Toronto T.C 'A' 3:29.00
8 Walnut Grove Track Club 'A' 3:28.16
```

## Event 25 Men Javelin Throw

```
=====
Cdn Jr Champ: 68.82m 1998 Scott Russell, Kitchener (New Jav)
World Jr: 83.87m 07/06/2001 Andreas Thorkildsen, Norway
Swan Track: 84.20m 6/1996 Tom Pukstys, United States
BC Jr Open: 68.37m 07/03/2005 Curtis Moss, Canada
Cdn Jr Outdo: 75.46m 17/05/1998 Scott Russell, Colombia Mo
```

Name

Year Team

Seed

Mark

```
=====
1 342 Adair, Timothy Norwesters T, BC 49.41m
2 362 Ausman, Paul Ottawa Lions, ON 50.72m
3 514 Bromley, Brett U OF C Athle, AB 48.54m
4 608 Broser, Mitchell Windsor Legi, ON 51.75m
5 493 Charbonneau, Ben Track North, ON, 56.20m
6 293 Collins, Wiley London Legio, ON 63.38m
7 609 Daabous, James Windsor Legi, ON 54.94m
8 580 Enns, Ross Vancouver TH, BC 50.02m
9 425 Garbaty, Casey Sarnia Athle, ON 58.40m
10 165 Nielsen, Kyle J. Coquitlam CH, BC 66.08m
11 395 O'Meara, Kyle Prince Georg, BC 53.16m
12 479 Peet, Geoff Tisdale Trac, SK 58.50m
13 298 Rumble, Scott London Legio, ON 50.34m
14 599 White, Andy West Vancouv, BC 51.11m
```

## Event 26 Men Long Jump Prelims

```
=====
Cdn Jr Champ: 7.48m 1994 Andrew Channer, Ottawa
World Jr: 8.34m 08/09/1989 Randy Williams, United States
Swan Track: 7.38m 7/1997 Dan Huget, Alberta
BC Jr Open: 7.90m 11/07/1987 Eric Metcalf, USA
Cdn Jr Outdo: 7.88m 30/04/1976 Richard Rock, Carbondale Il
```

	Name	Year	Team	Seed
Mark				
=====				
1	292 Beasley, A.J.		London Legio, ON	6.60m
2	547 Beaudoin, Mugugu		University O, ON	6.92m
3	311 Bennett, Wayndale		Mississauga, ON,	7.12m
4	548 Bridge, Wayne		University O, ON	6.82m
5	141 Cardoza, Matthew		Capital City, AB	7.19m
6	459 Chapman, Jared		South Simcoe, ON	6.82m
7	610 Dennis, Nathan		Windsor Legi, ON	7.25m
8	476 Douglas, Kadeem		Take Flight, ON,	7.21m
9	619 Gundrum, Joshua		Winnipeg Opt, MB	6.79m
10	564 Heldman, Jared Z.		Valley Royal, BC	6.94m
11	270 Hussey, Wray		Laurel Creek, ON	6.57m
12	236 Kang, Karn		Kajaks Track, BC	5.99m
13	394 Leveque, Alexander S.		Prince Georg, NL	6.10m
14	465 Martin, Andy		Split City S, AB	6.57m
15	613 Mei, Jason		Windsor Legi, ON	6.47m
16	343 Moldavanov, Sviatoslav		Norwesters T, BC	6.46m
17	146 Rosenburg, Brandon		Chebucto Ath, NS	6.63m
18	299 Stewart, Taylor		London Legio, ON	7.02m
19	190 Tyler, Isaac		Edmonton Spr, AB	6.43m
20	300 Warner, Damian		London Legio, ON	7.28m
21	271 Yang, Jeremy		Laurel Creek, ON	7.28m

## Event 27 Women Long Jump Prelims

Cdn Jr Champ:	6.11m	2001	Keri-Ann Mitchell, Calgary
World Jr:	6.98m	25/08/1982	East Germany, East Germany
Swan Track:	6.55m	18/06/2008	Jackie Edwards, Bahamas
BC Jr Open:	6.38m	29/03/2003	Krysha Bayley, Canada
Cdn Jr Outdo:	6.50m	04/07/1982	Karen Nelson, Celje Yug

	Name	Year	Team	Seed
Mark				
=====				
1	243 *daley, Jodian		Kent Legion, ON,	5.21m
2	257 Beaudet, Laurence		Lanaudiere-O, Fq	5.72m
3	317 Beaumont-Courteau, Ariane		Montreal Int, Fq	5.64m
4	602 Bethune, Adrienne		Windsor Legi, ON	5.32m
5	143 Boyle, Rachel		Chebucto Ath, NS	ND
6	428 Breker, Nicole		Saskatoon TF, SK	5.40m
7	288 Bujnowski, Kristen		London Legio, ON	5.52m
8	417 Cap, Tamara		Saint Lauren, Fq	5.46m
9	376 Cobb, Aleisha		Pacific Athl, BC	5.76m
10	161 Cook, April		Coquitlam CH, BC	5.25m
11	244 Corrente, Julia		Kent Legion, ON,	5.17m
12	377 Donner, Claire N.		Pacific Athl, BC	5.70m
13	491 Ehrhardt, Caroline		Track North, ON,	5.58m

14	256 Gillett, Jaynell	Lakeland Yel, AB	5.06m
15	585 Groeneveld, Samantha	Vernon Amate, BC	5.32m
16	206 Jelinski, Jenna	Excel Athlet, SK	5.30m
17	179 Lee Pong, Janelle	Edmonton Har, AB	5.25m
18	224 Lowe, Jaideene	I BE Fast TR, ON	5.63m
19	124 Maceachen, Jill	Calgary Warr, AB	5.60m
20	125 Machin, Rachel	Calgary Warr, AB	5.34m
21	220 Morrison, Kelly	Hamilton Oly, ON	5.25m
22	225 Neely, Taylor	I BE Fast TR, ON	5.30m
23	232 Nettey, Christabel S.	Kajaks Track, BC	6.01m
24	281 Novak, Brittany	Lethbridge T, AB	5.22m
25	341 Sprenkels, Tiffany	Norwesters T, BC	5.25m
26	400 White, Julia	Queen City S, SK	5.35m
27	139 Wilkes, Courtney	Capital City, AB	5.11m
28	226 Wilson, Jessica	I BE Fast TR, ON	5.69m
29	107 Wong, Lisa	Bison Track, MB,	5.03m

## Event 28 Men Hammer Throw

Cdn Jr Champ:	71.03m	2003	Jim Steacy, Saskatoon
World Jr:	81.34m	02/09/2001	Krisztian Pars, Hungry
Swan Track:	75.50m	7/1994	Paul Carlin, Australia
BC Jr Open:	65.51m	03/07/2004	Sean LsForest, Canada
Cdn Jr Outdo:	74.09m	21/06/2003	James Steacy, Edmonton Ab

Name	Year	Team	Seed
------	------	------	------

## Mark

1	628 Braithwaite, Eric	York Univers, ON	40.97m
2	235 Campbell, Quinn	Kajaks Track, BC	65.28m
3	293 Collins, Wiley	London Legio, ON	46.14m
4	234 Dumont, Alex	Kajaks Track, BC	47.99m
5	228 Haran, Maxime	Indépendant, Fqa	55.58m
6	369 Nedow, Timothy	Ottawa Lions, ON	45.23m
7	629 Novia, Daniel	York Univers, ON	56.06m
8	448 Pilar, Alex	Saugeen Trac, ON	45.30m
9	567 Prince, Spencer R.	Valley Royal, BC	53.51m
10	237 Taylor, Angus J.	Kajaks Track, BC	61.83m

## Event 29 Women Hammer Throw

Cdn Jr Champ:	57.34m	2005	Marie Eve Boisselle, Montreal (CR)
World Jr:	71.71m	09/09/2001	Kamila Skolimowska, Poland
Swan Track:	62.28m	7/2000	Caroline Wittrin, Canada
BC Jr Open:	58.84m	21/05/1999	Jennifer Joyce, Canada
Cdn Jr Outdo:	58.84m	22/05/1999	Jennifer Joyce, Temple Az

Name	Year	Team	Seed
------	------	------	------

## Mark

1	345 Clifford, Florence N.	Ocean Athlet, BC	38.42m
2	346 Clifford, Jallisa	Ocean Athlet, BC	38.60m
3	169 Franke, Joanna	Cowichan Val, BC	47.44m
4	219 Klodnicki, Katie	Hamilton Oly, ON	31.54m
5	467 Larose, Annie	St-Jean Olym, Fq	53.19m
6	231 Maccorquodale, Emmalyne B.	Kajaks Track, BC	49.80m
7	216 Mackie, Kristen	Flying M Ath, MB	40.84m
8	626 Obrochta, Kristin	York Univers, ON	48.95m
9	478 Revoy, Chelsey	Tisdale Trac, SK	43.89m
10	490 Stuart, Lauren	Track 54.50, BC,	46.25m
11	261 Stuart, Michelle	Langley Must, BC	29.29m
12	157 Tranfield, Emily	Comox Valley, BC	35.66m

## Event 30 Men Shot Put

Cdn Jr Champ:	18.79m	2002	Chris Meisner, Kitchener
World Jr:	21.96m	29/06/2002	Edis Elkasevic, Croatia
Swan Track:	20.06m	5/2000	Jesse Roberge, Taylor University
BC Jr Open:	17.37m	15/06/2002	Jeff Wallis, Canada
Cdn Jr Outdo:	19.10m	20/07/2003	Chris Meisner, Calgary Ab ((July 6,2002
	Name	Year Team	Seed

## Mark

1	628 Braithwaite, Eric	York Univers, ON	12.45m
2	222 Dicesare, Michael	Hamilton Oly, ON	13.08m
3	388 Khan, Umar	Phoenix Athl, ON	16.53m
4	203 Marcoccia, Mathieu	Etobicoke TR, ON	15.09m
5	403 Mcphee, Stephen	Red Deer Tit, AB	12.25m
6	369 Nedow, Timothy	Ottawa Lions, ON	16.27m
7	629 Novia, Daniel	York Univers, ON	15.78m
8	278 Ramey, Garrett	Launchers Athlet	15.14m
9	309 Russell-Ford, Zachary	London Weste, ON	15.33m
10	518 Wright, Smith	U OF C Athle, AB	13.21m

## Event 31 Women High Jump

Cdn Jr Champ:	1.83m	1988	Coralea Brown, Sudbury
World Jr:	2.01m	18/06/1989	Heike Balck, East Germany
Swan Track:	1.85m	7/1997	Christina Livingston, Alberta
BC Jr Open:	1.85m	02/08/1971	Debbie Brill, Canada
Cdn Jr Outdo:	1.92m	06/08/1993	Wanita Dykstra, Toronto On
	Name	Year Team	Seed

## Mark

1	285 *christie, Tiffany	Lightning AT, ON	1.66m
2	272 Bergevin, Lindsey	Leduc Track, AB,	1.75m
3	405 Callele, Yasmin	Riversdale A, SK	1.60m
4	144 Haworth, Rebecca	Chebucto Ath, NS	1.59m

5	230	Kimoto, Emma T.	Kajaks Track, BC	1.75m
6	499	Macdonald, Lindsey	U OF A Athle, AB	NH
7	125	Machin, Rachel	Calgary Warr, AB	1.67m
8	356	Maddex, Ashlea	Ottawa Lions, ON	1.70m
9	145	Maessen, Laura	Chebucto Ath, NS	1.71m
10	625	Major, Chloe	York Univers, ON	1.45m
11	560	Miller, Natasha	Valley Royal, BC	1.74m
12	220	Morrison, Kelly	Hamilton Oly, ON	1.65m
13	588	Parent, Holly E.	Victoria Tra, BC	1.80m
14	385	Pickett, Alyson	Penticton AT, BC	1.65m
15	605	Pierce, Michelle	Windsor Legi, ON	1.66m
16	245	Riley, Nicole	Kilomaitres, Fqa	1.65m
17	105	Sommerfeld, Amber	Big Medstead, SK	1.50m
18	286	Theophille, Michelle	Lightning AT, ON	1.75m
19	393	Treasure, Alyxandria	Prince Georg, BC	1.82m
20	348	Vicic, Andrea D.	Ocean Athlet, BC	1.65m

## Event 32 Women Javelin Throw

Cdn Jr Champ:	50.86m	2006	Elizabeth Gleadle, Ottawa
World Jr:	61.99m	14/10/1999	Yaning Wang, China
Swan Track:	56.38m	8/1994	Kate Farrow, Australia
BC Jr Open:	52.36m	13/04/2007	Elizabeth Gleadle, Walnut CA
Cdn Jr Outdo:	52.36m	13/04/2007	Elizabeth Gleadle, Walnut USA

Name	Year	Team	Seed
------	------	------	------

## Mark

1	142	Bussey, Jessica	Ceilidh Trac, NS	37.20m
2	559	Fraser, Nicolle S.	Valley Royal, BC	45.78m
3	178	Heshka-Wolf, Ciera	Edmonton Har, AB	26.46m
4	421	King, Emily	Sarnia Athle, ON	38.62m
5	457	Kovacs, Alanna	South Simcoe, ON	46.41m
6	592	Leavitt, Ashley	Walnut Grove, BC	36.00m
7	101	Macauley, Laura L.	Alberni Vall, BC	50.06m
8	422	Mullen, Maggie	Sarnia Athle, ON	46.18m
9	622	Parker, Karleigh	Woodstock LE, ON	38.00m
10	627	Petrov, Elizabeth	York Univers, ON	36.66m
11	163	Pighin, Brooke A.	Coquitlam CH, BC	46.33m
12	408	Rhode, Mercedes	Riversdale A, SK	30.94m
13	261	Stuart, Michelle	Langley Must, BC	40.32m
14	277	Whalen, Chelsea	Launchers Athlet	37.43m

## Event 33 Women Discus Throw

Cdn Jr Champ:	49.18m	1993	Jennier Vermette, Sherbrooke
World Jr:	74.40m	13/09/1988	Tike Wyludda, East Germany
Swan Track:	50.40m	7/1997	Georgette Reed, Canada
BC Jr Open:	51.70m	25/04/1971	Joan Pavelich, Canada

Cdn Jr Outdo: 52.52m 29/05/1986 Michelle Brotherton, Scarborough On

Name Year Team Seed

Mark

Rank	Name	Year	Team	Seed
1	302 Allan, Meredith		London Weste, ON	39.19m
2	466 Boudreau, Isabelle		St-Jean Olym, Fq	41.34m
3	345 Clifford, Florence N.		Ocean Athlet, BC	31.16m
4	346 Clifford, Jallisa		Ocean Athlet, BC	33.02m
5	152 Erickson, Quinn		Comox Valley, BC	39.39m
6	214 Ferris, Karen		Flying M Ath, MB	37.31m
7	501 Fox, Alexandra		U OF C Athle, AB	32.58m
8	169 Franke, Joanna		Cowichan Val, BC	36.13m
9	178 Heshka-Wolf, Ciera		Edmonton Har, AB	29.82m
10	219 Klodnicki, Katie		Hamilton Oly, ON	39.43m
11	457 Kovacs, Alanna		South Simcoe, ON	46.38m
12	213 Labonté, Julie		Fleur DE Lys, Fq	41.35m
13	467 Larose, Annie		St-Jean Olym, Fq	40.97m
14	536 Liske, Allison		Unattached-O, ON	44.21m
15	101 Macauley, Laura L.		Alberni Vall, BC	42.72m
16	216 Mackie, Kristen		Flying M Ath, MB	37.06m
17	422 Mullen, Maggie		Sarnia Athle, ON	40.36m
18	626 Obrochta, Kristin		York Univers, ON	35.39m
19	322 Richardson, Jade E.		Nanaimo & DI, BC	40.17m
20	490 Stuart, Lauren		Track 54.50, BC,	36.87m
21	261 Stuart, Michelle		Langley Must, BC	29.23m
22	435 Suttie, Taryn		Saskatoon TF, SK	38.79m
23	157 Tranfield, Emily		Comox Valley, BC	33.40m

Event 34 Women Pole Vault

Cdn Jr Champ: 4.10m 2004 Adrienne Vangool, Saskatoon

World Jr: 4.47m 10/02/2001 Yelena Isinbayeva, Russia

Swan Track: 4.31m 6/2006 Nicole McEwen, USA

BC Jr Open: 3.80m 1989 Stacey Irvine, Canada

Cdn Jr Outdo: 4.20m 28/04/2007 Gabriella Duclos, Tempe USA

Name Year Team Seed

Mark

Rank	Name	Year	Team	Seed
1	317 Beaumont-Courteau, Ariane		Montreal Int, Fq	3.96m
2	272 Bergevin, Lindsey		Leduc Track, AB,	3.40m
3	500 Bertram, Keightley		U OF C Athle, AB	3.30m
4	404 Brousseau, Raven		Riversdale A, SK	3.20m
5	289 Crombeen, Emma		London Legio, ON	3.55m
6	541 Crowe, Victoria		University O, ON	3.30m
7	407 Garchinski, Jenelle		Riversdale A, SK	3.10m
8	488 Irvine, Stacey		Track 54.50, BC,	3.75m
9	603 Lariviere, Rachel		Windsor Legi, ON	2.90m
10	575 Liu, Natalie		Vancouver TH, BC	2.95m

11	537	Nicholas, Chelsey	Unattached-O, ON	3.20m
12	622	Parker, Karleigh	Woodstock LE, ON	3.25m
13	604	Paterson, Chelsea	Windsor Legi, ON	3.30m
14	606	Reiser, Erika	Windsor Legi, ON	3.70m
15	489	Richey, Meghan	Track 54.50, BC,	3.30m
16	508	Ridout, Paige	U OF C Athle, AB	3.10m
17	577	Siu, Carmen	Vancouver TH, BC	3.40m
18	173	Tomayer, Jennifer	Durham Legio, ON	3.20m
19	409	Vause, Stephanie	Riversdale A, SK	3.50m

## Event 35 Men Discus Throw

=====				
Cdn Jr Champ:	52.15m	2003	Jim Steacy, Saskatoon	
World Jr:	64.51m	18/07/1997	Tao Wu, China	
Swan Track:	60.26m	7/1997	Jason Tunks, Canada	
BC Jr Open:	52.28m	25/06/2005	Tyrell Mara, Canada	
Cdn Jr Outdo:	55.26m	20/07/2003	James Steacy - Kyle Helf, Flagstaff AZ	Edm A
	Name	Year	Team	Seed

## Mark

=====				
1	222	Dicesare, Michael	Hamilton Oly, ON	43.73m
2	233	Dosanjh, Gurinder	Kajaks Track, BC	47.69m
3	307	Francis, Jesse	London Weste, ON	43.07m
4	522	London, Seth	Unattached-A, NS	40.80m
5	203	Marcoccia, Mathieu	Etobicoke TR, ON	43.23m
6	369	Nedow, Timothy	Ottawa Lions, ON	47.70m
7	629	Novia, Daniel	York Univers, ON	49.24m
8	556	Roubos, Brent	University O, ON	48.16m
9	309	Russell-Ford, Zachary	London Weste, ON	52.95m
10	237	Taylor, Angus J.	Kajaks Track, BC	52.26m
11	518	Wright, Smith	U OF C Athle, AB	41.92m

## Event 36 Men Pole Vault

=====				
Cdn Jr Champ:	5.00m	2000	Jamie Johnson-David Foley (01), Montreal	-Cal
World Jr:	5.80m	14/07/1989	Maksim Tarasov, Russia	
Swan Track:	5.60m	6/1996	Jeff Harwig, United States	
BC Jr Open:	4.95m	13/08/1974	Ken Wenman, Canada	
Cdn Jr Outdo:	5.11m	19/07/2000	Jamie Johnson, Montreal	Qc
	Name	Year	Team	Seed

## Mark

=====				
1	513	Barrett, Michael	U OF C Athle, AB	3.80m
2	607	Bertram, Zachary	Windsor Legi, ON	3.80m
3	411	Britnell, Lane	Riversdale A, SK	4.10m
4	306	Erle, Chris	London Weste, ON	4.35m
5	595	Filipek, Nathan	Walnut Grove, BC	4.10m
6	295	Lopatowski, Michael	London Legio, ON	4.50m

7	590 Mckay, David	Victoria Tra, BC	4.15m
8	412 Selzer, Paul	Riversdale A, SK	4.20m
9	570 Strauss, Matthew	Valley Royal, BC	3.80m
10	182 Theodore, Deryk	Edmonton Int, AB	5.05m
11	557 Tomasello, Kyle	University O, ON	4.55m
12	591 Vaesen, Gavin	Victoria Tra, BC	3.95m
13	373 Weatherhead, Chris	Ottawa Lions, ON	3.80m
14	374 Weatherhead, Mike	Ottawa Lions, ON	3.85m
15	413 Weiman, Kyle	Riversdale A, SK	3.80m
16	210 Wright, Joel	Excel Athlet, SK	3.80m

## Event 37 Men Triple Jump

```
=====
```

Cdn Jr Champ:	15.96m	1986	Bruny Surin, Sanit-John
World Jr:	17.50m	23/06/1985	Volker Mai, Germany
Swan Track:	16.48m	5/1992	Michael Dwyer, Central State
BC Jr Open:	15.88m	12/07/1987	Marcus Hooks, USA
Cdn Jr Outdo:	16.44m	04/08/1985	Edrick Floreal, Ottawa On

Name	Year	Team	Seed
------	------	------	------

## Mark

```
=====
```

1	342 Adair, Timothy	Norwesters T, BC	12.61m
2	547 Beaudoin, Mugugu	University O, ON	14.25m
3	514 Bromley, Brett	U OF C Athle, AB	13.00m
4	610 Dennis, Nathan	Windsor Legi, ON	14.01m
5	619 Gundrum, Joshua	Winnipeg Opt, MB	14.00m
6	552 Hill, Alex	University O, ON	13.80m
7	238 Kelly, Gareth J.	Kamloops Tra, BC	12.31m
8	394 Leveque, Alexander S.	Prince Georg, NL	11.89m
9	343 Moldavanov, Sviatoslav	Norwesters T, BC	13.56m
10	146 Rosenburg, Brandon	Chebucto Ath, NS	13.73m
11	299 Stewart, Taylor	London Legio, ON	14.13m
12	517 Walcz, Daniel	U OF C Athle, AB	12.81m
13	300 Warner, Damian	London Legio, ON	14.75m

## Event 38 Women Triple Jump

```
=====
```

Cdn Jr Champ:	12.62m	2001	Ker-Ann Mitchell, Calgary
World Jr:	14.62m	25/08/1996	Tereza Marinova, Austrailia
Swan Track:	13.39m	7/1997	Michelle Hastick, Ontario
BC Jr Open:	12.35m	16/04/2005	Sabrina Nettey, Canada
Cdn Jr Outdo:	12.95m	30/06/2001	Tabia Charles, London On

Name	Year	Team	Seed
------	------	------	------

## Mark

```
=====
```

1	257 Beaudet, Laurence	Lanaudiere-O, Fq	11.40m
2	143 Boyle, Rachel	Chebucto Ath, NS	10.92m
3	455 Bray, Jackie	South Simcoe, ON	11.21m

4	428 Breker, Nicole	Saskatoon TF, SK	11.00m
5	288 Bujnowski, Kristen	London Legio, ON	11.60m
6	491 Ehrhardt, Caroline	Track North, ON,	12.41m
7	502 Fridfinnson, Kj	U OF C Athle, AB	10.79m
8	256 Gillett, Jaynell	Lakeland Yel, AB	11.21m
9	432 Hetherton, Chloe	Saskatoon TF, SK	12.71m
10	206 Jelinski, Jenna	Excel Athlet, SK	11.05m
11	224 Lowe, Jaideene	I BE Fast TR, ON	12.36m
12	128 Mateshaytis, Sarah	Caltaf Athle, AB	10.47m
13	180 Mccaffrey, Kathryn	Edmonton Har, AB	11.33m
14	225 Neely, Taylor	I BE Fast TR, ON	11.25m
15	281 Novak, Brittany	Lethbridge T, AB	10.60m
16	507 Parrish, Danielle	U OF C Athle, AB	10.56m
17	358 Simulik, Mila	Ottawa Lions, ON	11.88m
18	105 Sommerfeld, Amber	Big Medstead, SK	9.50m
19	341 Sprenkels, Tiffany	Norwesters T, BC	11.54m
20	348 Vicic, Andrea D.	Ocean Athlet, BC	11.40m
21	139 Wilkes, Courtney	Capital City, AB	11.16m

## Event 39 Women Shot Put

Cdn Jr Champ:	14.77m	1975	Lucette Moreau, Richmond
World Jr:	20.54m	01/07/1989	Astrid Kumbernuss, Finland
Swan Track:	16.34m	6/1996	Nunu Abashidze, Kajaks
BC Jr Open:	14.92m	04/07/1987	Lisamarie Vizanari, Australia
Cdn Jr Outdo:	15.88m	31/07/1964	Nancy McCreddie, Toronto On

Name	Year	Team	Seed
------	------	------	------

## Mark

1	302 Allan, Meredith	London Weste, ON	11.15m
2	466 Boudreau, Isabelle	St-Jean Olym, Fq	12.03m
3	152 Erickson, Quinn	Comox Valley, BC	11.82m
4	457 Kovacs, Alanna	South Simcoe, ON	12.74m
5	213 Labonté, Julie	Fleur DE Lys, Fq	15.30m
6	467 Larose, Annie	St-Jean Olym, Fq	12.53m
7	536 Liske, Allison	Unattached-O, ON	14.54m
8	422 Mullen, Maggie	Sarnia Athle, ON	13.11m
9	626 Obrochta, Kristin	York Univers, ON	11.03m
10	627 Petrov, Elizabeth	York Univers, ON	11.22m
11	478 Revoy, Chelsey	Tisdale Trac, SK	13.39m
12	322 Richardson, Jade E.	Nanaimo & DI, BC	10.61m
13	261 Stuart, Michelle	Langley Must, BC	10.58m
14	435 Suttie, Taryn	Saskatoon TF, SK	13.58m
15	277 Whalen, Chelsea	Launchers Athlet	12.39m

## Event 40 Men High Jump

Cdn Jr Champ:	2.24m	1990	Alex Zaliauskas, Saint-John
---------------	-------	------	-----------------------------

World Jr: 2.37m 12/08/1990 Dragutin Topic, Bulgaria  
 Swan Track: 2.28m 7/1997 Mark Boswell, Canada  
 BC Jr Open: 2.21m 15/07/2004 Michael Mason, Canada  
 Cdn Jr Outdo: 2.26m 07/07/1983 Alain Metellus, Edmonton Ab

	Name	Year Team	Seed
Mark			
=====			
1	342 Adair, Timothy	Norwesters T, BC	1.90m
2	141 Cardoza, Matthew	Capital City, AB	1.85m
3	338 Diston, Jason	Niagara Regi, ON	2.05m
4	476 Douglas, Kadeem	Take Flight, ON,	2.02m
5	424 Drouin, Derek	Sarnia Athle, ON	2.11m
6	401 Eckert, Jeremy	Queen City S, SK	1.95m
7	104 Emmanuel, Philippe	Athletica, Fqa,	2.00m
8	262 Gallaughner, Robbie	Langley Must, BC	1.95m
9	565 Lovett, Django	Valley Royal, BC	2.06m
10	440 Macdonald, Connor	Saskatoon TF, SK	2.04m
11	151 Maillet, Marc	Club Elite D, NB	1.75m
12	287 Mcculloch, Robert	Lightning AT, ON	1.90m
13	566 Miller, Ian W.	Valley Royal, BC	1.96m
14	251 Pringle, Simon	Lachine, Fqa, QC	1.90m
15	516 Rigaux, Todd	U OF C Athle, AB	1.88m
16	621 Rodewald, Lucas	Winnipeg Opt, MB	2.05m
17	166 Swartz, Shawn F.	Coquitlam CH, BC	2.14m
18	190 Tyler, Isaac	Edmonton Spr, AB	2.00m
19	517 Walcz, Daniel	U OF C Athle, AB	1.90m
20	147 Watts, Simon	Chebucto Ath, NS	1.95m
21	248 Witmer, Alex	Kitchener WA, ON	2.08m