

**Championship Registration & Standards Package**  
**2007 Canadian Track and Field Championships**

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**University of Windsor, Windsor, July 12-15, 2007**

**UPDATED:** **June 25, 2007**  
Sanctioned by: Athletics Canada  
Hosted by: Windsor Legion Track and Field Club  
Website: <http://www.nationalchamps Windsor.ca>

### **How to Enter**

Entries will be on-line through Athletics Canada website at <https://www.acdirect.ca/meetentries/meLogin.aspx> as of Monday, May 14<sup>th</sup>, 2007. All entries and confirmation are the responsibility of the athlete (including carded athletes). Entries are not competed until payment is received. Registration/entry forms can be completed by club and should be done for each athlete. All coaches must register as well. The entry deadline is Monday, July 2<sup>nd</sup>, 2007 at midnight (EST). The late entry deadline is Thursday, July 5<sup>th</sup>, 2007 at midnight (EST). NO entries will be accepted after this date, no exceptions. **All entries are non-refundable.**

### **On-line Entries**

On-line entries should be preferably paid with credit card and will be automatically confirmed (pending validation from the branch for membership and qualification information)  
Entries paid by other methods (cheque) won't appear as confirmed until the payment has been cleared and membership and qualification information has been processed.

When registering, please ensure to:

- Include citizenship information (all non-Canadian Citizens must be properly identified)
- Qualification information
- Keep record of your credit card transaction

***It is the entrant's responsibility to provide this additional information. Incomplete entries will not be recognized.*** Qualifying performances submitted must have been achieved outdoors between **May 1, 2006 and July 5, 2007**. If entry performances cannot be verified, the athlete may be refused entry.

### **Confirmation of Entry**

Entries will be posted on Athletics Canada website at:  
<http://www.acdirect.ca/meetentries/meReportsExt.aspx?meetpk=36&langcd=EN> and at the event website: <http://www.nationalchamps Windsor.ca>

## Entry Fees and Deadlines:

Entries and Entry Fees Received:	First event:	Second Event:	Additional Events:	Relays	Coach Entries:
Seniors - By July 2 <sup>nd</sup> *	\$55.00	\$50.00	\$10.00	\$55.00	\$20.00
Seniors – Late entries (received by July 5th **)	\$135.00	\$120.00	\$25.00	\$55.00	\$20.00

\* must be entered in the on-line system 12:00 pm (ET) or postmarked before June 27<sup>th</sup>, 2007

\*\* must be entered in the online system by 12:00pm (ET) or postmarked before July 5<sup>th</sup>, 2007

\*\*\* All entries are **NON-REFUNDABLE**

### For enquiries on the use of the on-line system please contact:

Athletics Canada	Ivonne Shoucair
	Member Services & Events Manager
Address:	2445 St. Laurent Blvd. B1-110 Ottawa, ON K1G 6C3
Telephone / Fax:	Tel: (613) 260-5580 ext. 3311 / Fax: (613) 260-0341
Email:	<a href="mailto:ishoucair@athletics.ca">ishoucair@athletics.ca</a>
Website:	<a href="http://www.athletics.ca">www.athletics.ca</a>

### Acceptable Method of Payment

Preferably fees should be paid on-line through the registration system but club cheque, money order or by Athletics Canada Branch cheque can be also accepted. NO PERSONAL CHEQUES WILL BE ACCEPTED. Entries not accompanied by the correct form of payment will be assessed the late entry fee and held for acceptable payment at registration.

All entry fees are payable to *Athletics Canada*. Online registration form should be previously completed.

### On-Site - Athlete and Coach Registration

Athletes and coaches must pick up their registration packages in person. Registration will take place at:

Alumni Residence	Wednesday, July 11 <sup>th</sup>	4 p.m. to 7:30 p.m.	McPherson Lounge
Alumni Residence	Thursday, July 12 <sup>th</sup>	10 a.m. to 2 p.m.	McPherson Lounge
Stadium	Thursday, July 12 <sup>th</sup>	2:30 p.m. to 5 p.m.	Stadium Entrance
Stadium	Friday, July 13 <sup>th</sup>	8 a.m. to 11 a.m.	Stadium Entrance
Stadium	Friday, July 13 <sup>th</sup>	4 p.m. to 8 p.m.	Stadium Entrance
Stadium	Saturday, July 14 <sup>th</sup>	12 noon to 7 p.m.	Stadium Entrance
Stadium	Sunday, July 15 <sup>th</sup>	10:30 a.m. to 1 p.m.	Stadium Entrance

## **Athlete Citizenship Eligibility**

The following athletes are eligible to compete in National Championships and/or Trials:

- Canadian Citizens who are Athletics Canada members;
- Only Canadian Citizens are eligible to be declared Canadian Champions and receive a medal, award, or financial recognition.
- All athletes must be a member of Athletics Canada in order to be eligible to compete

## **Non-Canadian Citizens**

The following non-Canadian citizens are also eligible to compete:

*Note: Non-Canadian citizens are not eligible to be declared Canadian Champions and receive a medal, award, or financial recognition.*

1. Canadian Permanent Residents (Landed Immigrants) who are Athletics Canada members and full-time residents of Canada;
2. Non-Canadian residents who are claiming refugee status, and foreign athletes who are temporary residents of Canada due to business, study or family reasons, providing that they are Athletics Canada members and have been resident in Canada for at least six months prior to the date of competition
3. Foreign athletes who have been invited or have seek permission to compete and, at the discretion of the Director of National Programs have had their applications accepted. Foreign athletes seeking permission must complete the Foreign Athlete Participation Form and submit it to Athletics Canada. Athletes must also submit a letter from their National Sport Organization, stating their membership status. Athletes will be notified within 5 business days if their application has been approved or not.

## **Advancement Restrictions for non-Canadian citizens**

Non-Canadian athlete participation will be subject to the following conditions:

- In track events run in lanes (100m - 800m, sprint hurdles and 400m hurdles), said athletes may not advance to the final, however they may advance to the B final if one is contested. In situations whereby no athletes with Canadian Citizenship are being displaced from the final (i.e. in the case of a straight final), non-Canadian citizens may compete in the final, but shall not receive preferential lane Selection;
- In events not run in lanes in their entirety, it will be a race-by-race decision as to whether said athlete(s) will be able to compete in the final. Final decision will be at the discretion of the Athletics Canada Director, National Team Programs, or a designated individual.
- in the case of field events where there are less than twelve (12) competitors advancing to final, non-Canadian athletes may compete at the sole discretion of the Meet Director and Athletics Canada. Up to 2 non-Canadian athletes may advance to the final three rounds (throws and horizontal jumps), making the field size no larger than 10 athletes. Final approval must be given by Athletics Canada Director, National Team Programs, or a designated individual.”

## **Entry Qualification Process**

The following Entry Procedures to the National Senior Championships will apply to athletes who meet the citizenship eligibility criteria.

- a) Current 2007 Athletics Canada members, who have achieved the qualifying entry standards, during the Qualifying Period (see Appendix A).
- b) Athletics Canada members who have not made the qualifying entry standards are also eligible to compete if:
  - at the designated Provincial/Territorial Branch Qualifying competition, they finish in the top five of those who have not achieved the entry standard for that event;
  - if there is no such Provincial/Territorial Branch Qualifying competition, the Province/Territory or Branch may select up to five athletes per event who have not made the qualifying standard for that event;

**NOTE:** All athletes **MUST** be registered for the year 2007 with their Provincial Branch, prior to entry.

Carded athletes (2006/2007) are automatically eligible to compete in the Championships event in which they are carded. They must process their registration form with appropriate payment.

## **Eligibility of Entry Performances**

Athletes must submit proof of performances as required on the Championship Registration Form. Athletics Canada and the LOC must be able to verify the declared performances. We encourage you to provide us with the results of the competition where the performance was achieved, especially High School and out-of-country competitions. If the performance cannot be verified, the athlete will be given no seeding performance or may be refused entry.

The achievement of all performances must be recognized on the official Athletics Canada performance ranking lists. These results must have been achieved at competitions listed on the Athletics Canada or IAAF Member Federation fixtures lists. All results must be achieved in conformity with IAAF/Athletics Canada rules. Wind readings and implement certification must always be recorded on results to guarantee their validity. In addition the signature and contact details of the certified Athletics Canada Official and or international equivalent are required. It is the responsibility of the athlete to submit these results to Athletics Canada (Results Department) prior to the entry deadline. Only Electronic Timing will be accepted for performances in races up to and including 400 metres. For throwing events, only metric implements must be used to qualify. Imperial to metric conversions will not be accepted. Indoor performances are not permitted. Performances achieved in mixed events (between male and female participants), held completely in the stadium, will not be accepted (IAAF Rule 147).

Results from regional high school meets will not be accepted unless sanctioned or recognized by an Athletics Canada member branch.

## Appendix A

# QUALIFYING STANDARDS/ STANDARDS DE QUALIFICATION CHAMPIONNATS CANADIEN D'ATHLÉTISME 2007 CANADIAN TRACK AND FIELD CHAMPIONSHIPS

University of Windsor, Windsor, ON, July 12-15, 2007

*Performances must have been achieved outdoors between May 1, 2006 and July 5, 2007  
Les performances doivent avoir été réalisées en plain air entre le 1er mai 2006 et le 5 juillet 2007*

Men / Hommes	Event / Epreuvee	Women / Femmes
10.80	100m	12.20
21.90	200m	25.00
48.30	400m	57.00
1:54.00	800m	2:14.00
3:53.00	1500m	4:35.00
14:25.00 or 3000m = 8:20.00	5000m	17:15.00 or 3000m = 10:00.00
15.00 or (99cm) = 14.70	110mH / 100mH	14.50 or (76cm) = 14.30
55.00	400mH	63.00
9:35.00	3000m SC	12:00.00 or 2000m SC = 7:30
No Standard	10 km Walk (Junior)	No Standard
No Standard	20 km Walk	No Standard
Opening Height of 1.85 by 10cm to 2.05, by 5cm to 2.20, by 3cm after this	High Jump / Hauteur Opening Height = Minimum Standard Hauteur de départ = Standard de qualification	Opening Height of 1.55m by 5cm to 1.70, by 3cm thereafter
Opening Height of 4.50m by 20cm to 4.90, by 10cm to 5.20, by 5cm thereafter	Pole Vault / Perche Opening Height = Minimum Standard Hauteur de départ = Standard de qualification	Opening Height of 3.45m by 20cm to 3.85, by 10cm to 4.15, by 5cm thereafter
7.00m	Long Jump / Longueur	5.50m
13.50m	Triple Jump / Triple Saut	11.30m
14.00m	Shot Put / Poids	12.50m
45.00m	Discus / Disque	42.00
48.00m	Hammer / Marteau	48.00
55.00m	Javelin / Javelot	40.00
6150	Decathlon	
	Heptathlon	4500

**\*\*Please note that if field events require qualifying rounds, qualifying heights and distances will be established at the technical meeting\*\***

**\*\* Veuillez noter que pour les concours, si des qualifications s'avèrent nécessaires, les hauteurs et les distances de qualification seront décidées lors de la réunion technique \*\***

**QUALIFYING STANDARDS/ STANDARDS DE QUALIFICATION**  
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**2007 CANADIAN TRACK AND FIELD CHAMPIONSHIPS**  
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ÉPREUVE/EVENT	HOMMES / MEN			FEMMES / WOMEN		
	11	12	13	11	12	13
100m	14.79	14.30	14.25	16.03	16.43	15.96
200m	30.11	29.09	28.93	32.50	32.49	31.78
400m	1:07.17	1:03.21	1:02.24	1:16.00	1:16.00	1:16.00
800m	2:35.99	2:27.94	2:27.38	2:58.34	2:58.34	2:58.34
1500m	5:18.64	5:06.15	5:06.81	6:00.13	6:00.13	6:00.13
5000m	19:53.07	19:25.41	19:11.80			
10000m	42:20.60	44:17.86	41:12.40			
4x100m	Aucun minima / No standard			Aucun minima / No standard		
High Jump/Saut haut.	1.21m	1.54m	1.54m	1.10m	1.19m	1.19m
Long Jump/Saut long.	5.00m	5.34m	5.58m	3.80m	4.00m	4.00m
Triple Jump/Triple saut	10.00m	11.00m	11.00m			
Shot/Poids	9.00m	10.50m	11.50m	7.00m	9.00m	9.00m
Discus / Disque	29.00m	31.65m	35.00m	22.00m	26.00m	29.00m
Javelin /Javelot	24.00m	40.00m	36.50m	20.00m	20.00m	20.00m

ÉPREUVE / EVENT	HOMMES / MEN						
	32	33	34	35	36	37	38
100m				17.12	15.99	15.52	14.92
200m				34.70	32.55	31.15	30.38
400m					1:14.85	1:11.06	1:05.39
800m					3:00.91	2:47.83	2:35.40
1500m					6:08.81	5:44.27	5:45.29
5000m						21:32.67	21:57.15
4x100m				Aucun minima / No standard			
Long jump / Saut long.					3.08m	3.52m	3.83m
Shot / Poids	4.19m	5.77m	6.24m	8.00m	7.30m	7.10m	8.34m
Discus / Disque	10.77m	16.72m	22.10m	24.87m	21.64m	25.00m	24.74m
Javelin / Javelot		13.75m	18.00m	25.95m	21.25m	27.47m	26.53
Club	18.77m						

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	FEMMES / WOMEN						
ÉPREUVE / EVENT	32	33	34	35	36	37	38
100m				19.05		18.04	18.12
200m				54.30		36.95	37.67
400m				1:39.65		1:30.71	1:24.37
Long Jump / Saut Long.					2.15m	2.40m	2.60m
Shot / Poids	2.23m	3.00m	4.50m	4.50m	4.43m	5.53m	6.46m
Discus / Disque	5.16m	9.00m	8.00m	12.60m	12.44m	16.76m	16.22m
Javelin / Javelot		7.70m	9.00m	10.96m	10.30m	13.50m	14.00m
Club							

	HOMMES / MEN				FEMMES / WOMEN				
ÉPREUVE / EVENT	42	43	44	46	42	43	44	46	
100m	16.33		14.40	13.94	23.48		18.04	16.24	
200m	35.05		29.52	28.38	52.26		37.14	33.59	
400m	1:29.32		1:07.46	1:03.75			1:30.49	1:17.43	
800m			2:45.33	2:29.34			3:39.94	2:52.15	
1500m				5:09.73					
5000m				18:02.89					
4x100m		Aucun Minima / No standard					Aucun Minima / No standard		
High jump/ Saut Haut.			1.25m	1.18m					
Long jump/ Saut Long.	3.34m		4.07m	4.22m	1.76m		3.00 m	3.44 m	
Triple jump/ Triple saut				8.51m					
Shot / Poids	7.11m		8.98m	9.38m	4.96m		6.74m	7.16m	
Discus / Disque	28.71m		32.92m	29.91m	15.98m		20,10	24.11m	
Javelin / Javelot	31.64m		32.97m	35.63m			23.65m	10.30m	

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ÉPREUVE / EVENT	HOMMES / MEN				FEMMES / WOMEN			
	51	52	53	54	51	52	53	54
100m	28.10	21.20	18.50	18.00		27.70	20.70	20.30
200m	51.80	38.90	33.60	32.20		49.00	37.20	36.20
400m	1:41.00	1:15.30	1:03.30	59.80		1:37.00	1:11.80	1:07.00
800m	3:20.00	2:37.80	2:02.50	2:00.00		3:04.60	2:23.90	2:19.70
1500m		4:50.00	3:44.00				4:23.00	
5000m			12:36.00				15:40.50	
10000m			25.32.30					
4x100m			Aucun Minima No standard			Aucun Minima / No standard		
Shot/Poids		5.45m	4.99m	5.70m		2.20m	3.53m	4.01m
Discus / Disque		10.67m	13.82m	17.99m		5.70m	11.50m	15.30m
Javelin / Javelot		9.92	11.60m	15.98m		4.83m	8.68m	11.53m
Club	16.64m				9.50m			

ÉPREUVE / EVENT	HOMMES / MEN				FEMMES / WOMEN			
	55	56	57	58	55	56	57	58
Shot/Poids	6.95m	6.91m	8.03m	8.86m	5.39m	4.48m	5.27m	5.57m
Discus/ Disque	22.33m	22.42m	27.74m	33.36m	16.49m	13.48m	14.72m	18.95m
Javelin/ Javelot	19.43m	19.87n	23.18m	29.95m	13.63m	13.99m	13.18m	15.58m

All qualification results for entry into the Championships will be checked and verified. Any false claims could result in disciplinary actions and/or non-participation in the meet.

The achievement of all performances must be recognized on the official outdoor Athletics Canada performance ranking lists. These results must have been achieved at competitions listed on the Athletics Canada or IAAF Member Federation fixtures lists. All results must be achieved in conformity with IAAF/Athletics Canada rules. Wind readings and implement certification must always be recorded on results to guarantee their validity.