



Championship Technical Package 2007 Canadian Track and Field Championships University of Windsor, Windsor, July 12-15, 2007

UPDATED: June 25, 2007
 Sanctioned by: Athletics Canada
 Hosted by: Windsor Legion Track and Field Club
 Website: <http://www.nationalchamps Windsor.ca>

TECHNICAL INFORMATION

Championships Technical Meeting

There will be two technical meetings at this year's Championships. The first technical meeting, for athletes with a disability events and combined events will take place in **McPherson Lounge, Alumni Hall**, on **Wednesday, July 11th @ 8:00pm**. The second technical meeting, for able-bodied events will take place in **Room 201, Human Kinetics Building** (next to the stadium) on **Thursday, July 12th, at 12:00pm**.

The purpose of these meetings will be to share information about the Championships, schedule changes, and/or technical changes. You will also be able to submit scratches at this time.

On Site Registration

Athletes and coaches must pick up their registration packages in person. Registration will take place at:

Alumni Residence	Wednesday, July 11 th	4 p.m. to 7:30 p.m.	McPherson Lounge
Alumni Residence	Thursday, July 12 th	10 a.m. to 2 p.m.	McPherson Lounge
Stadium	Thursday, July 12 th	2:30 p.m. to 5 p.m.	Stadium Entrance
Stadium	Friday, July 13 th	8 a.m. to 11 a.m.	Stadium Entrance
Stadium	Friday, July 13 th	4 p.m. to 8 p.m.	Stadium Entrance
Stadium	Saturday, July 14 th	12 noon to 7 p.m.	Stadium Entrance
Stadium	Sunday, July 15 th	10:30 a.m. to 1 p.m.	Stadium Entrance

How to Enter

Entries will be on-line through Athletics Canada website at <https://www.acdirect.ca/meetentries/meLogin.aspx> as of Monday, May 14th, 2007. All entries and confirmation are the responsibility of the athlete (including carded athletes). Entries are not competed



until payment is received. Registration/entry forms can be completed by club and should be done for each athlete. All coaches must register as well. The entry deadline is Monday, July 2nd, 2007 at midnight (EST). The late entry deadline is Thursday, July 5th, 2007 at midnight (EST). NO entries will be accepted after this date, no exceptions.

For more information please see Registration and Standards Package on the Athletics Canada website.

Doping Control

Doping Control will be carried out at these Championships in accordance with Athletics Canada / CCES Policies.

Awards

Athletics Canada Championship medals will be awarded to the first three Canadian finishers in each event, including relays.

Social Event

There will be a reception for all registered coaches at 9 p.m. on Thursday, July 12th in McPherson Lounge in Alumni Hall.

Facility

University of Windsor Stadium, Corner of College and Huron Church, Windsor, ON

Track: 8 lanes 400m ; 8 lanes straight; Mondo
Spike length: 6mm (track), 6mm (long jump), 6mm (high jump), 9mm (javelin),
4mm (maximal diameter of the spikes) No needle nose spikes
allowed.
Runways: Mondo
Throwing circles: Concrete
Timing: Finishlynx

Race Walk

The race walk will be a combination of the Junior and Senior Canadian Championships, as well as an open event. All athletes wishing to contend for the Canadian Championships must be registered through the online system. Entries from the open race will not be changed to Canadian Championship entries.

There will be more information about the Race-Walk event posted at a later date.

Marshalling

Marshalling will take place at the "Athlete Control Centre". The ACC will be located in the St. Denis Centre inside the field house. The field house will be the warm-up area and includes a 6-lane mondo 200m track. The warm-up areas will have starting blocks and hurdles and access will be controlled and limited to accredited athletes, coaches and therapists.



General Warm-Up & Practice Times

General Warm-up, for all events, will take place in the St. Denis Centre in the field house. The indoor facility will be open for practice Thursday-Sunday during competition times. There will be three open practice session in the stadium. These times are:

Stadium Practice Sessions:

Wednesday, July 11 th	5:00pm – 8:00pm
Thursday, July 12 th	12:00pm – 2:00pm
Friday, July 13 th	2:00pm – 4:00pm

Equipment

Starting Blocks

The Organizing Committee's starting blocks will provided. Starting blocks must be used for all events of 400m or less, with the exception that they are optional for athletes with a disability.

Throwing Implements

Throwing implements are provided. Personal implements are allowed, but must be checked in at the Equipment and Implement Weigh-in station, located underneath the stadium, no later than 2hrs prior to the start of the event (including qualifying rounds), at which time they will become property of the competition for the duration of the meet.

Pole Vaults

Pole-vaulters must provide their own poles. Poles must be checked in at the secure storage facility by 12:00pm on the day of competition. Poles may be kept in a secure storage area at the stadium and can be checked in as early as Wednesday, July 11th. Athletes are responsible for transportation of equipment from the airport/hotel to the stadium and back.

Please note that you are unable to fly poles into the Windsor Airport. You will need to make alternative arrangements.

On-Site Medical Support

All athletes should travel with their provincial medical plan number and/or insurance.

A doctor will be on location or on-call. Athletic therapists, and massage therapists will be on-site for treatment on Thursday - Sunday. Hours will be announced at the technical meeting.

Any person or group, who are bringing their own health/medical practitioners, please submit names prior to arrival for accreditation. Forward names to Kathy Harvie by July 4th, 2007 (harvie@uwindsor.ca)

Technical Information Centre (TIC)

The Technical Information Centre (TIC) for the purpose of submitting appeals, scratches, and all other technical enquiries is located **beneath the stadium**.



Championship Enquiries

Local Organizing Committee
Contact Name: Windsor Legion Track & Field Club, University of Windsor Track & Field Alumni Club
Telephone / Fax: Dennis Fairall / Darryl Snyder
Tel: 519.253.3000 ext. 2440 / 519.735-2210
Email: Enquiries or information: fairall@uwindsor.ca
Entries: ishoucair@athletics.ca
Website: www.nationalchamps Windsor.ca
Technical Enquiries: Dennis Fairall – fairall@uwindsor.ca

Athlete Final Declaration

The Championships will be run as a scratch competition. Please bring scratches for all days according to the following scratch deadline schedule (below). Athletes must compete in entered events unless they declare a scratch or due to medical circumstances. Failure to start an event will result in disqualification from further competition. Scratches must be declared according to the following schedule (verifiable medical circumstances excepted):

Scheduled Events

All events and Thursday, July 12th events
Friday, July 13th events
Saturday, July 14th events
Sunday, July 15th events

Scratch Deadline

8:00pm July 11th at the AWD/CE Technical Meeting
up to 8:00pm July 12th at the TIC
up to 8:00pm July 13th at the TIC
up to 8:00pm July 14th at the TIC

New Championship Relay Events

Beginning in 2007, relay events at the Canadian Track & Field Championships (4x100m) and the Canadian Junior Track & Field Championships (4x100m & 4x400m) will be full medal events. There will be Club and Regional/Provincial championships run separately; medals will be given to top 3 in each division. If there are eight or fewer teams, both events will take place together but awards will still be given to the winners of each division.

If you have any questions or concerns regarding the relay program, please contact:
Scott MacDonald (smacdonald@athletics.ca) or Ivonne Shoucair (ishoucair@athletics.ca)

Athletics Canada Variations to the IAAF Competition Rules – Advancement Rules

800 meters

In the semi-final round, qualifying sections will be expanded and may employ 3 boxes of up to 4 athletes in each to accommodate up to a maximum of 12 runners per section.

1500 meters

In the semi-final round, qualifying sections will be expanded up to a maximum of 15 athletes per section.



5000 meters & 3000 meter Steeplechase

5000m - Timed sections will be created when entries exceed 25 athletes. In this instance, the top 15 seeded athletes will comprise the A Section and all other seeds will comprise the B Section. If there is a scratch from the A Section at the time of reporting to check-in, then the top seeded athlete in Section B will be offered the opportunity to move into the A Section. If the two sections scratch down to 25 athletes or less then the sections will then be combined into one section.

3000m Steeplechase – Timed sections will be created when entries exceed 20 athletes. In this instance, the top 12 seeded athletes will comprise the A Section and all other seeds will comprise the B Section.

NATIONAL TEAM SELECTION

The 2007 Canadian Track and Field Championships will serve as the selection trials for the 2007 Summer Universiade (formerly referred to as FISU) in Bangkok, THA. The Championships are also a mandatory event for selection to 2007 World Championships in Osaka, JPN.

For more information on the selection criteria for Summer Universiade, please visit <http://www.athletics.ca/page.asp?id=148>

For more information on the selection criteria for the World Championships, please visit <http://www.athletics.ca/page.asp?id=39>

ACCOMMODATIONS

Championship Hotel #1:

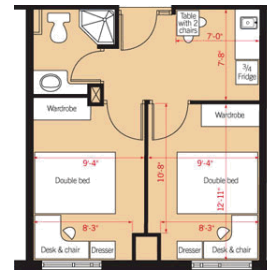
Name:	Alumni Hall (University of Windsor Residence)
Location:	750 Sunset Avenue, University of Windsor
Contact	Toll Free: 1-888-561-5552 (reservations only)
Information:	Ph: 1-519-253-3000 xt. 7074 Fax: 1-519-973-7032 Webpage: http://www.conferences.uwindsor.ca
Room Rate:	Ask for: Canadian Track & Field Championships \$ 89.00 per double (\$ 79 per single) plus taxes per room per night includes continental breakfast. Each room includes 2 bedrooms, 2 telephones, free internet, and free local calls. Each wing of the residence has a TV and kitchenette.

Rooms are block booked under "Canadian Track and Field Championships. Alumni Hall is located approximately 400m from the stadium. Parking is included with your room.





Alumni Hall & Conference Centre



Room Layout

Championship Hotel #2:

Name: **Radisson**
 Location: 333 Riverside Drive West
 Contact Toll Free: 1.888.201.1718
 Information: Phone: 519.977.9777
 Fax: 519.977.1411
 Webpage: <http://www.radisson.com/windsorca>
 Room Rate: \$ 99 plus taxes per room per night
 Each room includes 2 beds, TV, and free internet. There is a charge for local calls.

Rooms are block booked under “Canadian Track & Field Championships”. The Radisson is located approximately 3.5km from the stadium. Parking is \$10.00 per day.

TRANSPORTATION

Airport

The Windsor Airport is located approximately 13km from the Stadium and Alumni Hall. Please note that pole vault poles cannot be flown into Windsor.

Train

The Windsor Train Station is located approximately 6km from the Stadium and Alumni Hall.

Airport to Hotels

There will be no transportation provided from the airport to the meet hotel.

Hotels to Stadium

Since the track is within 400m of Alumni Hall, there will be no shuttles between either of the meet hotels and the stadium.

Directions to the Stadium (St. Denis Centre) from Highway 401

As you near Windsor follow the "Bridge to USA" signs. The 401 will merge with Huron Church Road. Travelling northbound on Huron Church Road, you will pass the University Mall on your right hand side at Tecumseh Road -- get into the right lane shortly after the mall.



Keep your eyes open, our new University of Windsor Stadium and athletic facilities will appear on your right hand side and a McDonald's restaurant will be on your left.

This intersection is College Ave. and Huron Church Road. Turn right on College Ave. and you will reach the Faculty of Human Kinetics Building and St. Denis Centre which are attached to the stadium on your right hand side.

Directions to the Stadium (St. Denis Centre) from the USA

From Detroit, follow sign indicating "Bridge to Canada". The University of Windsor is located east of the Ambassador Bridge. As you exit from customs and immigration, immediately proceed straight and you will come to a set of lights. This intersection is College Ave. and Huron Church Road. Turn left on to College Ave. and you will see the Faculty of Human Kinetics Building, the St. Denis Athletic Centre and University of Windsor Stadium immediately on your right hand side.

OTHER INFORMATION

Parking

Pay & display parking is available across the street from the stadium for \$1.00/Hr to a \$6.00 maximum. Free parking is available at Assumption High School which is located next to the stadium. If you are staying at Alumni Hall, parking is included in your accommodation cost. Alumni Hall is located approximately 400m from the stadium.

Information on the city of Windsor

Windsor has plenty to offer, including festivals, shopping, and gaming. Please visit <http://www.visitwindsor.com/main.htm> for all the latest information on what is happening in the Windsor area.

