



TRACK & FIELD
**CANADIAN
 TRIALS**
 July 3-6, 2008

FINAL SCHEDULE OF EVENTS

Thursday, July 3, 2008	
Time	Track Events
2:30pm	Decathlon – 100m
3:00pm	Heptathlon - 100mH
3:30pm	400m WCH Women – Final (T52 & T53, T54)
3:50pm	400m WCH Men - Final (T52 & T53)
4:10pm	1500m WCH Men – Heats (T54)
4:35pm	100m WCH Men – Heats (T54)
4:50pm	800m AMB Women -Final
5:00pm	800m AMB Men- Final
5:10pm	400m WCH Men - Heats (T54)
7:00pm	100m WCH Women – Final (T52 & T53, T54)
7:10pm	100m WCH Men – Final (T52 & T53, T54)
7:25pm	1500m WCH Women – Final
7:35pm	1500m WCH Men – Final
7:45pm	Heptathlon 200m
7:55pm	Decathlon 400m
8:10pm	400m WCH Men – Final (T54)
8:25pm	5000m WCH Men - Final
Time	Field Events
3:00pm	Shot Put – Tie-down WCH Men & Women - Final
3:00pm	Javelin AMB Men & Women – Final
3:15pm	Decathlon Long Jump - 2 Pits
3:40pm	Heptathlon High Jump - 2 Pits
4:30pm	Decathlon Shot Put
5:00pm	Long Jump AMB Men - Final
5:30pm	Javelin Men Qualifying A
5:45pm	Heptathlon Shot Put
5:45pm	Decathlon High Jump - 2 Pits
7:00pm	Long Jump AMB Women - Final
7:15pm	Javelin Men Qualifying B





Friday, July 4, 2008

Time	Track Event
1:00pm	200m AMB Women – Final
1:10pm	200m AMB Men - Final
1:20pm	200m WCH Women – Final (T52 & T53, T54)
1:30pm	200m WCH Men – Final (T52 & T53)
1:40pm	200m WCH Men – Heats (T54)
2:00pm	Decathlon 110mH
2:30pm	800m WCH Women - Final
2:45pm	800m WCH Men- Final (T52 & T53, T54)
6:00pm	200m WCH Men- Final (T54)
6:10pm	1500m Women – Heats
6:25pm	1500m Men – Heats
6:45pm	Heptathlon 800m
7:05pm	100m Hurdles – Women –Semi
7:20pm	110m Hurdles – Men –Semi
7:35pm	100m Women – Heats
7:50pm	100m Men - Heats
8:20pm	Decathlon 1500m
8:30pm	400m Women – Semi
8:45pm	400m Men –Semi
9:00pm	5,000m Women –Final
9:20pm	5,000m Men –Final

Time	Field Events
12:30pm	Discus Tie Down WCH Men & Women – Final
12:30 pm	Long Jump Men Qualifying (A & B)
12:30pm	Pole Vault Women Qualifying (A & B)
1:00pm	High Jump AMB Men – Final
2:00pm	Long Jump Women Qualifying (A & B)
2:45pm	Decathlon Discus
3:30pm	Heptathlon Long Jump - 2 Pits
4:00pm	Decathlon Pole Vault - 2 Pits
4:00pm	Discus AMB Men & Women – Final
4:45pm	Heptathlon Javelin
5:30pm	Triple Jump Men Qualifying (A & B)
7:00pm	Decathlon Javelin
7:00pm	Triple Jump Women Qualifying (A & B)
7:15pm	Pole Vault Men Qualifying (A & B)





Saturday, July 5, 2008

Time	Track Events
3:00pm	100m AMB Women – Final
3:10pm	100m AMB Men – Final
3:20pm	100m Women – Semi
3:30pm	100m Men – Semi
4:00pm	100m Hurdles Women – Final
4:20pm	110m Hurdles Men – Final
4:30pm	400m Women – Final
4:40pm	400m Men – Final
4:50pm	400m AMB Women – Final
4:55pm	400m AMB Men – Final
5:10pm	100m Women – Final
5:20pm	100m Men – Final
5:30pm	1500m Women – Final
5:40pm	1500m Men – Final
5:50pm	800m Women – Semi
6:10pm	800m Men – Semi
6:40pm	400m Hurdles Women –Semi
7:00pm	400m Hurdles Men –Semi
Time	Field Events
2:30pm	Shot Put AMB Men & Women – Final
2:30pm	Javelin Tie Down WCH Men & Women - Final
3:00pm	Pole Vault Women – Final
3:00pm	High Jump Men – Final
3:00pm	Long Jump Men – Final
4:00pm	Javelin Men –Final
4:00pm	Hammer Women –Final
6:00pm	Long Jump Women –Final
6:30pm	Shot Put Women – Final
6:30pm	Hammer Men – Final (Flight 1)
7:30pm	Hammer Men – Final (Flight 2)





Sunday, July 6, 2008

Sunday, July 6, 2008	
Time	Event
7:30am	10km, & 20km –M&F Race Walk
Time	Track Events
1:00pm	200m Women – Preliminaries
1:20pm	200m Men – Preliminaries
1:55pm	400m Hurdles Women –Final
2:05pm	400m Hurdles Men –Final
2:25pm	3,000m Steeple Chase Women –Final
2:50pm	3,000m Steeple Chase Men –Final
3:05pm	800m Women –Final
3:15pm	800m Men –Final
3:25pm	200m Women –Final (A & B)
3:35pm	200m Men –Final (A & B)
3:45pm	4x100 Women Relay
3:55pm	4x100 Men Relay
Time	Field Events
12:00pm	Discus Throw Women – Final
12:00pm	Triple Jump Women - Final
12:00pm	Shot Put Men - Final
1:00pm	High Jump Women – Final
1:00pm	Pole Vault Men - Final
2:00pm	Triple Jump Men – Final
2:00pm	Javelin Women – Final
2:00pm	Discus Men – Final (Flight 1)
3:00pm	Discus Men – Final (Flight 2)

