

2009 Performance and Placing Verification

***IMPORTANT NOTE - THIS IS NOT THE CARDING LIST, just a list of information being scored in the evaluation of carding applications.**

Athletes Eligible for SR-1, SR-2 & Senior "A" Team Cards **

** (pending analysis of individual submissions)

See Appendix 3 of the [Carding Criteria](#) for Senior International (SR1, SR2) and Senior "A" Team category criteria.

<u>SENIOR INTERNATIONAL (SR - 1)</u>	<u>(SR - 2)</u>	<u>SENIOR "A" TEAM</u>
Ruky Abdulai (Long Jump)	Dylan Armstrong (Shot Put)	Alice Falaiye (Long Jump)
Brian Barnett (4 x 100m)	Nathan Brannen (1500m)	Jennifer Joyce (Hammer)
Jared Connaughton (4 X 100m)	Tabia Charles (Long Jump)	Tara Quinn-Smith (Marathon)
Sam Effah (4 x 100m)	Anson Henry (4x100m)	Robin Watson (3000m S/C)
Perdita Felicien (100mH)	Megan Metcalfe (5000m)	Angela Whyte (100mH)
Sultana Frizell (Hammer)	Scott Russell (Javelin)	
Kelsie Hendry (Pole Vault)	James Steacy (Hammer)	
Priscilla Lopes-Schliep (100mH)	Jessica Zelinka (Heptathlon)	
Hank Palmer (4x100m)		
Gary Reed (800m)		
Oluseyi Smith (4 x 100m)		
Brianne Theisen (Heptathlon)		

Performance and Placing Verification

Below are the performances and placings scored in the carding points system. Please refer to the eligibility requirements on page 1, as well as Appendix 4 of the [Carding Criteria](#) for restrictions on performances, particularly on results achieved before June 1st, the eligibility for Development and Senior Cards, and the important note relating to the fact that one performance must be achieved at the specific listed events.

Athletes/Coaches – please review the below information carefully. If you see any errors or omissions, they are to be sent by 4:30 p.m. ET on Wednesday, October 21 via e-mail to Director of National Team Programs, Scott MacDonald, at smacdonald@athletics.ca. Errors/omissions received after this time will not be considered.

MEN

<u>100m</u>					
Charles Allen	10.35				Seniors 5 th
Jason Kerr	10.36				
Nicolas Macrozonaris	10.38				Seniors 7 th
Richard Adu-Bobie	10.44	10.44	20.92		
Tyrone Halstead	10.43	10.45	21.03		Seniors 6 th

<u>200m</u>					
Gavin Smellie	20.45	20.57	20.65	Seniors 5 th	FISU 6 th
Rohan Stewart	21.20	21.24	21.24	Srs 7 th , Jrs 1 st	PAJ 7 th , Relay3 rd and 6 th

400m						
Tyler Christopher	45.85	46.20	20.81			Pacific (2 pts)
Daniel Harper	46.22	46.42	20.92	Seniors 2 nd		FISU 3 rd
800m						
Geoff Harris	1:47.99	1:48.04	1:48.11	Seniors 2 nd		Eastern (1 pt)
Kyle Smith	1:48.34	1:48.78	1:48.79			
1500m						
Matt Lincoln	3:38.44	3:39.80	3:41.03	Seniors 4 th		JDLF 3 rd
Taylor Milne	3:37.26	3:39.62	3:56.54 (Mile)	Seniors 3 rd		Eastern (2 pts)
Kyle Boorsma	3:40.55	3:41.90	3:59.67 (Mile)			Pacific (1 pt)
Tim Konoval	3:41.48	3:41.79	3:42.53	Seniors 5 th		JDLF 4 th
Geoff Martinson	3:41.56	3:41.78	3:41.85	Seniors 6 th		Pacific (3 pts)
5000m						
Kurt Benninger	13:30.27		3:57.18 (Mile)	Seniors 7 th		
Eric Gillis	13:40.21		7:56.81	Seniors 2 nd		Eastern (3 pts)
Mark Steeds	13:46.85			Seniors 3 rd		
10,000m						
Simon Bairu	27:50.76			Seniors 1 st		
20km RW						
Evan Dunfee	41:55			Seniors 1 st		
110m Hurdles						
Jared MacLeod	13.56	13.62	13.62	Seniors 2 nd		JDLF 1 st
Karl Jennings	13.67	13.71	13.82	Seniors 1 st		
400m Hurdles						
Adam Kunkel	50.33					
3000m Steeplechase						
Alex Genest	8:27.53		8:37.96	Seniors 2 nd		FISU 4 th
Josh Karanja	8:37.20			Seniors 3 rd		
Marathon						
Dylan Wykes	2:15:16			Seniors 3 rd		
Long Jump						
Brian Chibudu	8.05			Seniors 1 st		
High Jump						
Derek Drouin	2.27	2.22		Seniors 6 th	Juniors 1 st	PA Jr 1 st
Michael Mason	2.25	2.25	2.23	Seniors 3 rd	FISU 2 nd	Pacific (3 pts)
Mark Dillon	2.21	2.20	2.20	Seniors 2 nd	JDLF 3 rd	
Django Lovett	2.17				World Youth 3 rd	Pacific (1 pt)
Pole Vault						
Jason Wurster	5.50	5.40		Seniors 1 st		FISU 6 th

<u>Discus Throw</u>				
Jason Tunks	63.65	62.88		Seniors 1 st
Greg Pilling	60.09			Seniors 4 th

<u>Javelin Throw</u>				
Curtis Moss	78.32	75.74	75.26	Seniors 2 nd JDLF 2 nd

<u>Decathlon</u>				
Jamie Adjetey-Nelson	7602	7474		JDLF 3 rd FISU 6 th
Massimo Bertocchi	8053			JDLF 1 st

WOMEN

<u>100m</u>				
Toyin Olupona	11.53	11.56	11.58	Seniors 1 st
Genevieve Thibault	11.65	11.65		Seniors 5 th JDLF 1 st , relay 1 st
Miana Griffiths	11.63	11.69	11.72	Seniors 3 rd

<u>200m</u>				
Kimberly Hyacinthe	23.15	23.26	23.48	Seniors 2 nd FISU 6 th , relay 1 st JDLF 2 nd , relay 1 st & 1 st
Adrienne Power	23.16	23.18	23.22	Seniors 1 st Eastern (3 pts)
Amonn Nelson	23.64	23.73	23.97	Seniors 5 th FISU 8 th , relay 1 st
Noelle Montcalm	23.90	13.60H	13.66H	Seniors 4 th

<u>400m</u>				
Esther Akinsulie	51.70	52.39	52.58	Seniors 2 nd FISU 2 nd , relay 1 st JDLF 4 th , 3 rd , relay 1 st
Carline Muir	52.07	52.20	52.67	Seniors 1 st FISU 3 rd , relay 1 st
Kate Ruediger	54.04			Seniors 3 rd JDLF relay 1 st

<u>800m</u>				
Rebecca Johnstone	2:03.64	2:03.67	2:04.04	Seniors 1 st FISU 1 st Pacific (3 pts)
Leanna MacLean	2:04.23	2:04.95		Seniors 3 rd
Celia Peters	2:06.10			

<u>1500m</u>				
Malindi Elmore	4:06.94	4:06.98	4:09.22	Seniors 1 st Pacific (2pts) Eastern (2 pts)
Hilary Stellingwerff	4:08.96	4:10.70	4:11.18	Seniors 2 nd
Nicole Edwards	4:12.05	4:14.54	2:02.63	Seniors 3 rd Eastern (3 pts)
Julia Howard	4:11.71	4:11.78	4:14.59	Seniors 4 th FISU 5 th Pacific (3 pts)

<u>10,000m</u>				
Danette Doetzel	32:23.22			Seniors 3 rd

<u>100m Hurdles</u>				
Marie-Eve Dugas	13.73	13.75	13.76	Seniors 4 th

<u>3000m Steeplechase</u>				
Meredith MacGregor	10:07.99			Seniors 1 st Pacific (2 pts)

<u>Marathon</u>				
Lioudmila Kortchaguina	2:30.43			Seniors 1 st

20km Racewalk

Rachel Lavallee	1:37:22	Seniors 1 st	FISU 8 th
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High Jump

Nicole Forrester	1.91	1.88	1.88	Seniors 2 nd	JDLF 3 rd
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Pole Vault

Gabriella Duclos	4.36	4.30	Seniors 2 nd	FISU 5 th	JDLF 2 nd
Carly Dockendorff	4.36	4.35	Pacific (3 pts)		

Long Jump

Krysha Bayley	6.52	6.39	11.57 (100m)	Seniors 2 nd	Pacific (1 pt)	East (3 pts)
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Javelin Throw

Elizabeth Gleadle	58.21	56.16	Seniors 1 st	FISU 6 th	Pacific (3 pts)
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Heptathlon

Susan Coltman	5895	5696	Seniors 2 nd
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