

SELECTION CRITERIA
2007 Pan American Games
Rio de Janeiro, Brazil

1.0 OVERVIEW

The Pan Am Games in Rio are an important stop in the competitive preparation for Osaka 2007 and Beijing 2008. Athletics Canada (AC)'s overarching objective is to select athletes capable of increasingly better world level performances moving towards the 2008 Olympic Games.

The Canadian Olympic Committee has expectations that members of the team in Rio will also be those succeeding in Beijing. The COC has determined a team size quota of 27 athletes for Rio based on quality of fields at the world level, not strictly at the Pan Am level. AC must achieve a balance between sending high performance athletes to provide international experience, and better preparation in order to be successful in Beijing (defined as a World Top 12 result), and maintaining a team size that adheres to the COC quota.

The National Team Committee (NTC) is responsible for the implementation of these criteria and for all decisions relating to the selection of the Pan Am Games Team.

1.1 Event Location and Dates

- Rio de Janeiro, Brazil
- July 13 – 29, 2007

1.2 Important Dates and Team Member Travel Obligations

| Dates | Location | Event |
|----------------|----------------|----------------------------------|
| June 1, 2007 | | Final Declaration Date |
| March 1, 2006 | | 2006 Qualifying Period Begins |
| April 26, 2007 | | 2007 Qualifying Period Begins |
| June 17, 2007 | | Qualifying Period – End |
| July 16, 2007 | Toronto -> Rio | Departure Date |
| July 30, 2007 | Rio -> Toronto | Closing Ceremonies July 29, 2007 |

1.3 Eligibility

- Must be a registered current member (athlete) of Athletics Canada
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with Canadian residency rules (refer to AC By-Laws, Appendix A, Rule 016)
- Must submit an Athlete Declaration form as per the dates outlined in Section 1.2
- Must submit in writing and discuss an updated Training and Competition Plan for the period June 18 – July 29, 2007 with Head Coach on or before June 25, 2007
- Must comply with Competitive Readiness Requirements as outlined in Section 7.0
- Must otherwise be eligible to participate in the 2007 Pan American Games

1.4 Funding

This Team will be 100% funded

1.5 Events

100, 200, 400, 800, 1500, 5000, 10000, Marathon, 3000mSC, 100mH/110mH, 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, HEP(women), DEC(men), 20kRW, 50Krw(men), 4x100m, 4x400m

1.6 Maximum per Event

The maximum number per individual event is two (2) athletes. Each country is entitled to enter one relay team per event.

1.7 Qualifying Period(s)

For 2006 performances, the Qualifying Period runs from March 1 – December 31, 2007

For 2007 performances, the Qualifying Period runs from April 26 – June 17, 2007

1.8 Final Selection Date

The Athletics Canada National Team Committee will make final team selections following the completion of the Qualifying Period, and after all appeals, if any; have been heard, as per Section 7.0. The final team selection will be made no later than the final IAAF entry deadline for this competition.

1.9 Final Declaration Date

***ATHLETES DO NOT NEED TO WAIT UNTIL THEY ACHIEVE STANDARDS TO DECLARE. IF YOU ARE INTERESTED IN COMPETING AT THIS EVENT. YOU CAN DECLARE NOW BY COMPLETING THE DECLARATION FORM AT THE FOLLOWING LINK:

<http://www.athletics.ca/article.asp?id=4967#national>

Athletes are required to submit a completed declaration form by **June 1, 2007**. Failure to declare by the deadline will render the athlete ineligible for selection and his / her spot will be made available to the next eligible athlete.

1.10 Team List Announcement

Athletics Canada will announce the team list through established communication channels (Provincial Branches, Athletics Canada website, Athletics Canada bulletin); athletes selected to the team will be contacted directly by Athletics Canada.

1.11 National Team – Selection Rules Book

All athlete selections made in accordance with this Selection Criteria are subject to the rules and regulations as outlined in the National Team – Selection Rules Book which is available on the Athletics Canada website at: <http://www.athletics.ca/cmslib/general/National%20Team%20-%20Selection%20Rules%20Book%20-%20FINAL%202007.pdf>

2.0 HIGH PERFORMANCE PRINCIPLES

The selection criteria in this document are based on two principles:

2.1 Consistency and repeatability

Repeatability of published standards is a fundamental principle of selection. The ability to repeat a selection standard or fitness standard is a requirement for selection. Repeatability indicates consistency of performance and soundness of athlete preparation.



2.2 Final Phase readiness

The achievement of a published performance or fitness standard in the final qualification phase is a fundamental principle for selection. The ability to achieve the standard indicates performance readiness in the main competition period and ultimately for the main competition.

3.0 TEAM OBJECTIVES

3.1 Objectives for Selection

- Select athletes capable of finishing in the top 5 at the Pan Am Games, and projected to be top 12 at the 2008 Olympic Games in Beijing.
- Provide direction and support to selected athletes leading to the IAAF World Championships.
- Continue strategic preparation and competition plan for athletes preparing for the Olympics.
- Set standards of performance, preparation, support and evaluation leading to best results in Beijing 2008.

4.0 SELECTION PROCESS

4.1 Step-by-Step Process

Athletes will be selected until the COC quota is filled based on performances in the priority order listed below*. Performances for both 2006 and 2007 will only be considered if they fall within the Qualifying Periods (see Section 1.7), and if they appear in Athletics Canada's Outdoor Rankings:

| | All Events | Marathon + 50KM Race Walk | Relays (also refer to Section 4.2) |
|----|--|--|---------------------------------------|
| 1. | 2006 'A' Standard + 2007 'A' Standard | 2006 'A' Standard + 2007 'A' Standard | |
| 2. | 2007 'A' Standard | 2007 'A' Standard | 2007 A Standard |
| 3. | 2006 'A' Standard + 2007 'B+' Standard | 2006 'A' Standard + 2007 Proof of Fitness | 2006 A Standard + 2007 B+ Standard |
| 4. | 2006 'A' Standard + 2007 'B' Standard | | |
| 5. | Top 16 on IAAF World Rankings as of June 18 th , 2007 (3 per country) – as listed on www.iaaf.org | Top 16 on IAAF Top List as of June 18 th , 2007 (3 per country) | 2007 B+ Standard |
| 6. | 2007 'B+' Standard | 2007 'B+' Standard | 2006 A Standard |
| 7. | 2006 'B+' Standard + 2007 'B' Standard | 2006 'B+' Standard + 2007 Proof of Fitness | |
| 8. | Rising Star with 2007 'B' Standard | Rising Star with 2007 'B' Standard | |
| 9. | 2007 B Standard | 2007 B Standard | |

***NOTE:** In the event of ties that will result in AC going above the COC quota, selections will be based on the athlete's best performance outdoors in 2007. Athletes will be prioritized by calculating the highest percentage of the A standard of the 2007 performance using the IAAF Scoring Tables.



4.2 Relays

Athletics Canada sees the Pan American Games as an important stop for relay teams in preparation for both Osaka and Beijing. Efforts will be made to enter relay teams that achieve a Relay Standard while remaining aware of the limited overall allowable quota number of team members imposed by the COC.

Relay Eligibility Pool

All athletes who have been named to the Athletics Canada National Team Relay Eligibility Pool (see <http://www.athletics.ca/article.asp?id=2816>) will be eligible for selection to the Pan Am Games. Only athletes in the Relay Pools may be nominated to a relay team. Being named to the Pools does not guarantee selection to the teams.

Selection of Athletes

Athletes will be considered for relay selection based on the following criteria:

- Priority will be given to athletes who qualify in individual events;
- As per Pan Am Games regulations, no more than 2 athletes may be selected per relay without having qualified in an individual event;
- Health and fitness levels in accordance with the Competitive Readiness Requirements of Section 6.0;
- Individual performance ranking as determined by 2007 outdoor performances;
- Commitment to the national relay program as determined by attendance, participation, and performance at national team camps, competitions, and events;
- Performance on previous relay teams; and,
- Assessment of relay skills and position suitability.

Final Relay Team Selection

Notwithstanding the above criteria, whether Athletics Canada will select a specific team to an event will depend on the number, quality and competitive readiness of eligible and selected athletes. If there are insufficient numbers of competitive-ready athletes to form a team, Athletics Canada reserves the right to cancel the team's participation at this event. If none of the Relay Team athletes are individually qualified in the specific event (100m for 4 x 100m, 400m for 4 x 400m), Athletics Canada also reserves the right not to select a given relay team.

5.0 "RISING STAR" SELECTION PROCESS

The NTC may identify athletes as 'rising stars' and may select them for Rio should there be spots remaining within the COC quota.

Eligibility Pool

A 'rising star' is defined as an athlete who has not satisfied the Athletics Canada 'A' or 'B+' standards, but who has demonstrated through fulfillment of the 'B' standard and competitive readiness that they have the competitive ability to achieve a top 12 performance at future Olympic Games.

Any athletes who have ever competed at an IAAF World Championships in Athletics (Senior Aged), or an Olympic Games are not eligible to be considered as a 'rising star.'



6.0 COMPETITIVE READINESS REQUIREMENTS

6.1 Training and Competition Plan

Upon selection to the team, athletes and/or their personal coach are required discuss a training and competition plan for the period June 18 to July 29, 2007 with the Head Coach on or before **June 25, 2007** and must inform Athletics Canada of any and all changes to this plan. This plan must also address competitive readiness by identifying specific measurable test and/or competition targets, as well as planned tapering during the final preparation phase.

All plans must address the following:

1. Planned competitions, travel and training locations.
2. Training volumes, intensities and periodization including recovery strategies and medical interventions
3. Training camps and training camp objectives, if applicable
4. Injury prevention strategy if applicable

6.2 Competitive Readiness

Athletes who do not remain competitive ready by reason of lack of fitness, injury, or illness may be removed from the team. Athletes are required to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level in Rio. Notification must be sent to the Director of National Team Programs, Scott MacDonald (smacdonald@athletics.ca).

“Competitive ready” is defined as the ability of the athlete to achieve equal or superior performance(s) onsite at the scheduled event, as compared to the performance(s) the athlete achieved in qualifying. The final decision on competitive readiness will be made by the Head Coach once selection is completed. The Head Coach will use all available information at his disposal to come to a decision, including training and competition plan, fitness and competitive readiness indicators, submitted medical documentation, consultation with the athlete’s personal coach and any other relevant performance related information.

In the case of injuries or illnesses, the Head Coach will consider recommendations made by the Coordinating Physician in making a final decision. Injured or ill athletes may be subject to a proof of readiness test to be determined by the team Head Coach in consultation with the athlete’s personal coach. This test will consist of a controlled performance such as a competition or observed test or trial. These athletes will not travel with the team until this requirement has been satisfied. If it is determined that the athlete is not competitive ready once onsite at the event, he or she may be asked to return home immediately.

6.3 Health Questionnaire

All athletes will have to fill out a standard health questionnaire before the trip. Athletes that will be under 18 years of age for the trip will have a section added that will have to be filled out by a physician stating that they are in good health and not at risk to travel and compete.

7.0 APPEALS

Only athletes who are eligible to be considered for selection (as per Section 1.3) and who have achieved the Athletics Canada ‘B’ standard in 2007 may submit an appeal for selection to the National Team Committee (NTC). Please refer to the National Team – Selection Rules Book for instructions at <http://www.athletics.ca/article.asp?id=4967#Selection>.



APPENDIX A - 2007– Athletics Canada Pan American Games Qualifying Standards (Outdoor Only)*

| Women's A | Women's B+ | Women's B | Events | Men's A | Men's B+ | Men's B |
|-----------|------------|-----------|----------------------|----------|----------|----------|
| 11.13 | 11.29 | 11.40 | 100m | 10.13 | 10.21 | 10.28 |
| 22.85 | 23.13 | 23.30 | 200m | 20.49 | 20.68 | 20.75 |
| 51.00 | 51.91 | 52.30 | 400m | 45.29 | 45.76 | 45.95 |
| 2:00.00 | 2:01.30 | 2:01.30 | 800m | 1:45.33 | 1:46.32 | 1:46.60 |
| 4:05.70 | 4:07.15 | 4:10.00 | 1,500m | 3:36.60 | 3:37.10 | 3:39.00 |
| 14:56.94 | 15:12.18 | 15:24.00 | 5,000m | 13:19.71 | 13:25.40 | 13:28.00 |
| 31:20.95 | 31:53.93 | 32:00.00 | 10,000m | 27:47.31 | 28:06.00 | 28:06.00 |
| 2:27:43 | 2:30:02 | 2:31:54 | Marathon | 2:11:34 | 2:13:03 | 2:14:13 |
| 12.83 | 13.07 | 13.11 | 100m /110m H | 13.40 | 13.56 | 13.62 |
| 55.10 | 56.06 | 56.50 | 400m H | 48.46 | 49.09 | 49.80 |
| 9:43.43 | 9:51.45 | 9:58.00 | 3,000m S/C | 8:18.85 | 8:25.54 | 8:32.00 |
| 1:30:34 | 1:33:20 | 1:35:00 | 20km Walk | 1:21:15 | 1:22:48 | 1:24:00 |
| | | | 50km Walk | 3:52:20 | 3:55:46 | 4:03:00 |
| 1.95 | 1.92 | 1.92 | High Jump | 2.30 | 2.27 | 2.27 |
| 6.70 | 6.60 | 6.60 | Long Jump | 8.20 | 8.05 | 8.05 |
| 14.36 | 14.08 | 14.00 | Triple Jump | 17.10 | 16.70 | 16.70 |
| 4.54 | 4.46 | 4.30 | Pole Vault | 5.70 | 5.60 | 5.60 |
| 19.01 | 18.56 | 17.30 | Shot Put | 20.35 | 20.00 | 19.70 |
| 70.07 | 68.41 | 67.00 | Hammer | 78.50 | 76.18 | 74.00 |
| 63.22 | 61.73 | 59.00 | Discus | 64.50 | 63.50 | 62.50 |
| 62.73 | 61.24 | 59.00 | Javelin | 81.58 | 79.66 | 77.80 |
| 6121 | 5974 | 5800 | Heptathlon/Decathlon | 8000 | 7822 | 7700 |
| 43.50 | 43.82 | N/A | 4 x 100m | 38.93 | 39.01 | N/A |
| 3:29.00 | 3:29:90 | N/A | 4 x 400m | 3:02.50 | 3:03.48 | N/A |

*Standards must be achieved in accordance with the Performance Regulations outlined in section 2.0 of the <http://www.athletics.ca/cmslib/general/National%20Team%20-%20Selection%20Rules%20Book%20-%20FINAL%202007.pdf>

Performances must appear on Athletics Canada's Outdoor Rankings. It is the responsibility of the athlete to submit eligible performances to Athletics Canada in order to be considered for selection.

Please consult the Rankings section on Athletics Canada's website for further details: <http://www.athletics.ca/article.asp?id=27>.

