

## 2007 IAAF WORLD CHAMPIONSHIPS IN ATHLETICS

### SELECTION CRITERIA

#### OVERVIEW

The IAAF World Championships in Osaka in 2007 are the last major championships in the Olympic cycle leading to Beijing 2008. Athletics Canada's overarching objective through this cycle has been to select teams of athletes who are capable of achieving increasingly better performances moving towards the 2008 Olympic Games. The standards and criteria in this document have been created to accurately reflect performance readiness for these Olympics.

In this final major championships before the Olympic Games, Athletics Canada must achieve a balance between sending high performance athletes to gain international experience prior to Beijing and managing budgetary and other resources (as the location of these World Championships will make participation more costly than at any time in the previous decade).

The National Team Committee (NTC) is responsible for the implementation of these criteria and for all decisions relating to the selection of the Osaka team.

#### 1.0 GENERAL INFORMATION

##### 1.1 Event Location and Dates

- Osaka, Japan
- August 25 – September 2, 2007

##### 1.2 Important Dates and Team Member Travel Obligations

Dates	Description	Note/Location
January 1 -December 31, 2006	Previous Year (2006) Qualifying Period	Please see Appendix B – Repeat Performance Schedule
January 1, 2007	Start of the 2007 Qualifying Period	
June 1, 2007	Start of the Final Qualification Phase	
Sunday, May 27, 2007	Marathon and RW Qualifying Period ends	
June '07 (date and location TBC)	10,000m National Team Trials	
July 13 – July 15, 2007	Selection Trials(Canadian Championships)	Windsor, Ontario
<b>July 29, 2007</b>	End of the Qualifying Period	
Aug 8–22, 2007 (dates TBC)	<u>MANDATORY</u> Final Preparation Camp	Singapore
<b>August 18-19, 2007</b>	<b>Singapore Open (optional meet)</b>	
August 25 – September 2, 2007	World Championships in Athletics	Competition Dates

##### 1.3 Eligibility

- Must be a current registered member (athlete) of Athletics Canada
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with rules concerning residency (refer to By Laws, Appendix A, Rule 016)

- Must submit in writing and discuss an updated Training and Competition Plan for the period July 23 – August 25, 2007 (including participation in MANDATORY Final Preparation Camp in Singapore to be coordinated by Athletics Canada) with Head Coach on or before July 22, 2007
- Must otherwise be eligible to participate in the 2007 IAAF World Championships as determined by IAAF rules.

#### 1.4 Funding

This team will be 100% funded including the MANDATORY final preparation camp in Singapore.

#### 1.5 Events

100, 200, 400, 800, 1500, 5000, 10000, Marathon, 3000mSC, 100mH (w), 110mH (m), 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, HEP (w), DEC (m), 20krW, 50Krw (m), 4 x 100m, 4 x 400m

#### 1.6 Maximum per Event

The IAAF allows up to three (3) athletes per event. Athletics Canada may select up to three (3) athletes who have achieved the IAAF "A" Standard. If less than 3 athletes in a given event achieve the IAAF "A" Standard, the IAAF allows for a maximum of one (1) athlete who has achieved the IAAF "B" Standard to be selected. **Only 'Rising Stars' (as defined in Section 6.0) may be selected using this scenario.** Each Country is entitled to enter one relay team per event. IAAF Standards are available at [www.iaaf.org](http://www.iaaf.org).

#### 1.7 Qualifying Trials

Event	Trials Details
10,000m (date/location TBC)	Canadian 10,000m Championships – June 2007
Marathon, Relays, 50KM RW	No Trials
All Other Events	2007 Canadian Senior Outdoor Championships July 13 – 15, 2007 Windsor, Ontario

*Exception:* Combined Events athletes selected based on Athletics Canada's "A" standard to compete at the 2007 Pan American Games may be permitted to compete in individual events at the National Championships and remain eligible for selection to the World Championships team in Combined Events.

#### 1.8 Qualifying Period(s)

The Qualifying Period is determined as per the Repeat Performance Schedule (Appendix B).

#### 1.9 Final Selection Date

The National Team Committee (NTC) will make final team selections no later than the IAAF entry deadline for this competition (August 13, 2007).

#### 1.10 Team List Announcement

Athletics Canada will announce the team list through established communication channels (Provincial Branches, Athletics Canada website, Athletics Canada Bulletin); athletes selected to the team will be contacted directly by Athletics Canada.

#### 1.11 National Team - Selection Rules Book

All athlete selections made in accordance with these Selection Criteria are subject to the rules and regulations outlined in the National Team - Selection Rules Book (recently updated) which is available on the Athletics Canada website at <http://www.athletics.ca/cmslib/general/National%20Team%20-%20Selection%20Rules%20Book%20-%20FINAL%202007.pdf>.

## 2.0 HIGH PERFORMANCE PRINCIPLES

The selection criteria in this document are based on two principles:



## 2.1 Consistency and repeatability

Repeatability of published standards is a fundamental principle of selection. The ability to repeat a selection standard or fitness standard is a requirement for selection. Repeatability indicates consistency of performance and soundness of athlete preparation.

## 2.2 Final Phase readiness

The achievement of a published performance or fitness standard in the final qualification phase is a fundamental principle for selection. The ability to achieve the standard indicates performance readiness in the main competition period and ultimately for the main competition.

## 3.0 TEAM OBJECTIVES

Athletics Canada's objectives for team selection for the 2007 World Championships are as follows:

- Select individual athletes capable of finishing in the top 16 **and** top ½ of the field, and Relay team capable of finishing in the top 8 **and** top ½ of the field at the IAAF World Championships.
- Select athletes identified as "rising stars" who have achieved Athletics Canada "B" standard(s), and who have demonstrated that they **minimally** have the **competitive abilities** to achieve a top 24 or top ½ of field placing in Osaka, and a top 12 finish in a future Olympic Games.
- Provide direction and support to selected athletes in the final period leading to the IAAF World Championships.
- Improve on country ranking, and the number of podium, top 8, top 12, top 16 and top ½ of field finishes from World Championships in Helsinki (2005) and Paris (2003).
- **In line with the Strategic Plan, 75% of the team to finish in the Top 16 or achieve a personal best.**
- Continue strategic preparation and implementation of the competition plan for athletes preparing for the Olympic Games.
- Monitor standards of performance, preparation, support and evaluation leading to best results in Beijing in 2008.

## 4.0 STANDARD SELECTION PROCESS FOR ALL EVENTS (Except Relays, Marathon and 50K Race Walk)

### 4.1 Eligibility Pool

- The Eligibility Pool is defined as all athletes who meet the eligibility requirements set out in Section 1.3; who have achieved the required combination standard(s) as per the Repeat Performance Schedule (Appendix B); who have finished among the Top 4 competitors at the Qualifying Trials; and who comply with the Competitive Readiness Requirements of Section 7.0 of this Document.
- Only athletes from the Eligibility Pool can be nominated to an event. Being in the Eligibility Pool does not guarantee nomination to the team.
- For the purpose of these Criteria, competitors at the Qualifying Trials who are not eligible for selection as per Section 1.3 (or are otherwise unable to compete at the World Championships) will be removed from the order of finish results of the Qualifying Trials, thereby allowing the next eligible athlete in order of finish to move up the results list of selectable athletes for this event.

### 4.2 Standard Selection Process

- Athletes among the Top 4 finishers at the Qualifying Trials who have achieved the required standard(s) in that same event as per the Repeat Performance Schedule (Appendix "B") will be nominated to the team in priority order, based on their order of finish at the Qualifying Trials. Failure to achieve the necessary repeat performances outlined in Appendix "B" will render an athlete ineligible for nomination and a position on the team will become available to the next eligible athlete from the Qualifying Trials who has satisfied the requirements of these Criteria.



- Athletes will be selected to compete in events for which they qualified under these selection criteria. Athletes may not compete in secondary events at Osaka, unless the Head Coach decides otherwise, and they meet IAAF minimum requirements in that event.

## 5.0 STANDARD SELECTION PROCESS FOR RELAYS, MARATHON AND 50K RACEWALK

### 5.1 Relays

#### Team Qualification – general requirements

Only teams that have qualified as per IAAF regulations will be eligible to compete at the Osaka World Championships. Teams must be comprised 100% of eligible athletes (as per Section 1.3) and must meet the Athletics Canada standard in approved IAAF competitions between January 1, 2006 and August 1, 2007.

#### Team Qualification – Standard Selection Process

Teams must meet the Athletics Canada “A” standard in approved IAAF competitions between January 1, 2006 and August 1, 2007, and corresponding proof of fitness and competitive readiness in the final phase as per the Repeat Performance Schedule (Appendix B).

#### Team Qualification – Secondary Selection Process

If a given relay team has not achieved the Athletics Canada “A” standard, but has achieved the Athletics Canada “B” standard between January 1, 2007 and August 1, 2007, The NTC, at its discretion, may or may not select that relay team.

#### Relay Eligibility Pool

All athletes who have been named to the Athletics Canada National Team Relay Eligibility Pool (see <http://www.athletics.ca/article.asp?id=2816>) will be eligible for selection to the Osaka World Championships. Only athletes in the Relay Pools may be nominated to a relay team. Being named to the Pools does not guarantee selection to the teams.

#### Selection of Athletes

Athletes will be considered for selection based on the following criteria:

- placing at the Qualifying Trials in his/her individual event;
- health and fitness levels in accordance with the Competitive Readiness Requirements of Section 7.0;
- individual performance ranking as determined by 2007 outdoor performances during the period June 1 to the end of the Qualification Period, 2007;
- commitment to the national relay program as determined by attendance, participation and performance at national team camps, competitions and events;
- performance on previous relay teams; and,
- assessment of relay skills and position suitability.

#### Final Relay Team Assessment

Notwithstanding the above criteria, whether Athletics Canada will enter a specific team to an event will depend on the number, quality and competitive readiness of eligible and selected athletes. If there are insufficient numbers of competitive-ready athletes to form a team, or if none of the Relay Team athletes are individually qualified in the specific event (100m for 4 x 100m, 400m for 4 x 400m), Athletics Canada reserves the right not to select a given relay team.



## 5.2 Marathon and 50KM Race Walk

### Eligibility Pool

The Eligibility Pool for Marathon and 50KM Race Walk is defined as all athletes who meet the eligibility requirements set out in Section 1.3; who have achieved the required combination of standard(s) as per the Repeat Performance Schedule (Appendix B); and who comply with the Competitive Readiness Requirements of Section 7.0 of this document.

Competitors who are not eligible for selection as per Section 1.3 (or who are otherwise unable to compete in Osaka) will be removed from the order of ranking performances, thereby allowing the next eligible athlete in order of finish at the Selection Trials to move up the results list of selectable athletes for this event.

### Selection

Athletes who have achieved the required standard(s) and corresponding proof of fitness as per the Repeat Performance Schedule (Appendix "B") will be nominated to the team in priority order based on their performance ranking on the Athletics Canada rankings for the period January 1, 2006 – May 27, 2007. Failure to achieve the necessary proof of fitness will render an athlete ineligible for nomination. Selection to the team will become available to the next eligible athlete in the rankings who has satisfied the requirements of these Selection Criteria.

For the Marathon and 50KM Race Walk events, athletes who have been nominated for selection are not permitted to take part in any Marathon or 50km Race Walk race during the period **May 28, 2007 to September 30, 2007** unless they make a written request and receive written approval from Athletics Canada's Program Director for Endurance Events (or designate). Failure to follow this rule will render an athlete ineligible for selection and will affect his/her carding status for the current year and the next one.

## 6.0 "RISING STAR" SELECTION PROCESS

Notwithstanding the selection criteria contained in this document, and in exceptional circumstances, the NTC **may** identify athletes as 'rising stars' and **may** select them for the Osaka team

### Eligibility Pool

A 'rising star' is defined as an athlete who has not satisfied the Athletics Canada "A" or "B+" standards (as per the Repeat Performance Schedule in Appendix B) but who has demonstrated through fulfillment of the "B" standard(s) (as per the Repeat Performance Schedule in Appendix B), a podium finish at the Qualifying Trials (where applicable), continuous improvement through 2007, and competitive readiness that they **minimally** have the **competitive abilities** to reach a top 24 or top ½ of field finish in Osaka, and to achieve a top 12 finish at a future Olympic Games.

Any athletes who have ever **competed at an IAAF World Championships in Athletics (Senior aged) or Olympic Games**, are not eligible to be considered as a 'rising star'.

### Selection

Selection of 'rising stars' is determined at the discretion of the NTC, which also reserves the right to not select any 'rising star' in this selection.



## 7.0 COMPETITIVE READINESS REQUIREMENTS

### 7.1 Training and Competition Plan

Upon selection to the team, athletes and/or their personal coach are required discuss a training and competition plan for the period July 22 to August 25, 2007 with the Head Coach on or before **July 22, 2007** and must inform Athletics Canada of any and all changes to this plan. This plan must also address competitive readiness by identifying specific measurable test and/or competition targets, as well as planned tapering during the final preparation phase.

All plans must address the following:

1. Planned competitions, travel and training locations.
2. Training volumes, intensities and periodization including recovery strategies and medical interventions
3. Training camps and training camp objectives, if applicable
4. Injury prevention strategy if applicable

### 7.2 Competitive Readiness

Athletes who do not remain competitive ready by reason of lack of fitness, injury, or illness may be removed from the team. Athletes are required to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level at Osaka. Notification must be sent to the Director of National Team Programs, Scott MacDonald ([smacdonald@athletics.ca](mailto:smacdonald@athletics.ca)).

“Competitive ready” is defined as the ability of the athlete to achieve equal or superior performance(s) onsite at the scheduled event, as compared to the performance(s) the athlete achieved in qualifying. The final decision on competitive readiness will be made by the **Head Coach once selection is completed**. The Head Coach will use all available information at **his** disposal to come to a decision, including training and competition plan, fitness and competitive readiness indicators, submitted medical documentation, consultation with the athlete’s personal coach and any other relevant performance related information.

In the case of injuries or illnesses, the **Head Coach** will consider recommendations made by the Coordinating Physician in making a final decision. Injured or ill athletes may be subject to a proof of readiness test to be determined by the team Head Coach in consultation with the athlete’s personal coach. This test will consist of a controlled performance such as a competition or observed test or trial. These athletes will not travel with the team until this requirement has been satisfied. If it is determined that the athlete is not competitive ready once onsite at the event, he or she may be asked to return home immediately.

## 8.0 APPEALS

Only athletes who are eligible to be considered for selection (as per Section 1.3) and who have achieved the Athletics Canada “A” standard in 2006, or “B” standard in 2007 may submit an appeal for selection to the National Team Committee (NTC). Please refer to the National Team - Selection Rules Book for instructions at <http://www.athletics.ca/cmslib/general/National%20Team%20-%20Selection%20Rules%20Book%20-%20FINAL%202007.pdf>.



**APPENDIX A - 2007– Athletics Canada Qualifying Standards (Outdoor Only)\***

Women's A	Women's B+	Women's B	Events	Men's A	Men's B+	Men's B
11.13	11.29	11.40	100m	10.13	10.21	10.28
22.85	23.13	23.30	200m	20.49	20.68	20.75
51.00	51.91	52.30	400m	45.29	45.76	45.95
2:00.00	2:01.30	2:01.30	800m	1:45.33	1:46.32	1:46.60
4:05.70	4:07.15	4:10.00	1,500m	3:36.60	3:37.10	3:39.00
14:56.94	15:12.18	15:24.00	5,000m	13:19.71	13:25.40	13:28.00
31:20.95	31:53.93	32:00.00	10,000m	27:47.31	28:06.00	28:06.00
2:27:43	2:30:02	2:31:54	Marathon	2:11:34	2:13:03	2:14:13
12.83	13.07	13.11	100m /110m H	13.40	13.56	13.62
55.10	56.06	56.50	400m H	48.46	49.09	49.80
9:43.43	9:51.45	9:58.00	3,000m S/C	8:18.85	8:25.54	8:32.00
1:30:34	1:33:20	1:35:00	20km Walk	1:21:15	1:22:48	1:24:00
			50km Walk	3:52:20	3:55:46	4:03:00
1.95	1.92	1.92	High Jump	2.30	2.27	2.27
6.70	6.60	6.60	Long Jump	8.20	8.05	8.05
14.36	14.08	14.00	Triple Jump	17.10	16.70	16.70
4.54	4.46	4.30	Pole Vault	5.70	5.60	5.60
19.01	18.56	17.30	Shot Put	20.35	20.00	19.70
70.07	68.41	67.00	Hammer	78.50	76.18	74.00
63.22	61.73	59.00	Discus	64.50	63.50	62.50
62.73	61.24	59.00	Javelin	81.58	79.66	77.80
6121	5974	5800	Heptathlon/Decathlon	8000	7822	7700
43.50		43.82	4 x 100m	38.93		39.00
3:29.00		3:29.90	4 x 400m	3:02.50		3:03.30

\*Standards must be achieved in accordance with the Performance Regulations outlined in section 2.0 of the [National Team Selection – Rules Book](#)



**APPENDIX B - 2007 IAAF Osaka World Championships - Repeat Performance Schedule\***

<b>STANDARD SELECTION Events</b>		<b>Jan 1 – Dec 31, 2006</b>	<b>Jan 1 – July 29, 2007</b>	<b>June 1<sup>st</sup>, 2007 – July 29, 2007</b>
All Events	→	Achieve "A" standard once in this period	<u>PLUS</u> Achieve "A" standard once in this period	<u>OR</u> Achieve "A" standard once in this period. No additional repeat performances are required.
Sprints, Hurdles, Throws, Jumps, 800m, 1500m	→	Achieve "A" standard once in this period	<u>PLUS</u> achieve "B+" standard once in this period	<u>PLUS</u> one "B" standard in this period
	<u>OR</u>	→	Achieve "A" standard once in this period	<u>PLUS</u> one "B" standard in this period
	<u>OR</u>	→	Achieve one "B+" standard	<u>PLUS</u> an additional "B+" standard in this period
3000mSC, 5000m	→	Achieve "A" standard once in this period	<u>PLUS</u> achieve "B" standard once in this period	<u>PLUS</u> an additional "B" standard in this period
	<u>OR</u>	→	Achieve "A" standard once in this period	<u>PLUS</u> one "B" standard in this period
	<u>OR</u>	→	<u>OR</u> achieve "B" standard once in this period	<u>PLUS</u> one "B+" standard in this period
10,000m, 20kRW	→	Achieve "A" standard once in this period	<u>OR</u> achieve "B+" standard once in this period	<u>AND</u> proof of fitness
Combined Events (C/E) (Final Qualifying Period for C/E begins May 25 <sup>th</sup> , 2007)	→	Achieve "A" standard in this period		<u>PLUS</u> one "B+" standard in this period
	<u>OR</u>	→	Achieve "B+" standard once in this period	<u>PLUS</u> one "B" standard in this period
Marathon and 50kRW	→	Qualifying Period - Jan. 1, 2006 to May 29, 2007. Athletes must achieve "A" Standard in 2006 <u>OR</u> "B+" Standard after May 27 <sup>th</sup> , 2006. Standards achieved in 2006 require proof of fitness between Mar. 1 and July 15, 2007.		
Relays	→	Achieve "A" standard in 2006 or "B" in 2007 with a proof of fitness and competitive readiness in the final phase		
<b>'Rising Star' (see Section 6.0 for additional requirements)</b>				
All Events	→	N/A		Achieve "B" standard twice in this period
3000mSC, 5000m	→	N/A	Achieve "B" standard once in this period	<u>PLUS</u> an additional "B" standard in this period
10,000m, 20kRW	→	N/A	Achieve "B" standard once in this period	<u>AND</u> Proof of Fitness
Marathon and 50kRW	→	Qualifying Period - Jan. 1, 2006 to May 29, 2007. Rising Star athletes must achieve "B" Standard after May 27 <sup>th</sup> , 2006. Performances achieved in 2006 require a proof of fitness between Mar. 1, 2007 and July 15, 2007.		

\*IAAF restrictions supersede all Selection Criteria.