

## ATHLETICS CANADA PRE-EVENT INFORMATION OVERVIEW

### 2009 Panamerican Junior Championships

Port-of-Spain, TRI  
July 31-Aug 2, 2009

Links: [AC Event Page](#)

### IMPORTANT DATES

Due Date	Event	Comments/Location
May 15 <sup>th</sup>	Beginning of Qualifying Period	For exceptions, see section 4.0 of the Selection Criteria
July 19 <sup>th</sup>	<a href="#">Athlete Declaration Deadline</a>	Available online
July 19 <sup>th</sup>	End of Qualifying Period	Please refer to Selection Criteria
July 20 <sup>th</sup>	Team Selection	Please refer to Selection Criteria
July 22 <sup>nd</sup>	Team Fee Due to AC*	Athletics Canada (Chris Woods)
July 24 <sup>th</sup>	All National Team Forms Due	See AC Event Page (link above)
July 27 <sup>th</sup>	Team Staging	Delta Toronto Airport West
July 28 <sup>th</sup>	Departure for Port-of-Spain	Various
July 31 <sup>st</sup> – Aug 3 <sup>rd</sup>	Competition	Port-of-Spain
Aug 3 <sup>rd</sup>	Departure to Canada	Various

#### \*Team Fee:

- \$2,000 CDN per athlete
- The team fee includes round-trip flights from your residence city to Toronto (July 27<sup>th</sup>) and Toronto to residence city; round-trip flights from Toronto -> Port-of-Spain; hotel and meals in Toronto for team staging; hotel and meals in Port-of-Spain during event; Athletics Canada uniform; etc.

### TEAM STAGING PLANS

All team members will be expected to arrive at the Delta Toronto Airport West by July 27<sup>th</sup> (exceptions may be made for Toronto- or US-based athletes). There will be a **mandatory** team meeting on **Wednesday, July 28<sup>th</sup>** at the staging hotel from 1 p.m. to 3 p.m. for **all** selected team athletes and staff. Your Athletics Canada team uniform will be distributed at this meeting so it is important that you attend.

Athletics Canada will book all flights – you will be contacted upon team selection. If your departure/return city has changed from when you submitted your declaration form, please contact Emily Colton ASAP.

## National Team Forms

Upon selection to the team, you will be asked to complete the Athletics Canada national team forms. These forms can be completed ahead of time or at the National Team Office at the 2009 National Junior Championships in PEI.

### **REQUIRED NATIONAL TEAM FORMS FOR COMPLETION BY SELECTED ATHLETES and STAFF**

**Due Date: July 24<sup>th</sup> @ 4:30 p.m.**

If forms are not received by this date, your selection to the team could be jeopardized; please ensure everything is completed in its entirety and submitted by the above date

\* Please send in your documentation/information to [ecolton@athletics.ca](mailto:ecolton@athletics.ca) or by fax to 613-260-0341

Information required (click on the title to link to the required form)	Athletes	Staff	Comments
<a href="#">2009 Personal Information Form</a>	X	X	Online submission or email completed form to <a href="mailto:ecolton@athletics.ca">ecolton@athletics.ca</a> or fax to 613-260-0341
<a href="#">2009 Medical Information Form</a>	X	X	Online submission or email completed form to <a href="mailto:ecolton@athletics.ca">ecolton@athletics.ca</a> or fax to 613-260-0341
<a href="#">2009 National Team Uniform</a>	X	-	Online submission or email completed form to <a href="mailto:ecolton@athletics.ca">ecolton@athletics.ca</a> or fax to 613-260-0341
<a href="#">Member Conduct Policy Waiver</a>	X	X	Email completed form to <a href="mailto:ecolton@athletics.ca">ecolton@athletics.ca</a> or fax to 613-260-0341
<a href="#">Minor Travel Authorization Form</a>	X	-	Email completed form to <a href="mailto:ecolton@athletics.ca">ecolton@athletics.ca</a> or fax to 613-260-0341

## Team Uniforms

You will be receiving your uniforms at the Toronto Team Staging Meeting. In the uniform package Nike provides you with a small roller bag (60 cm x 38 cm x 22cm – picture can be found here <http://athletics.ca/page.asp?id=176>). Please ensure you have enough room for your competition & warm-up gear as well as a small suit case while traveling.

- Checked luggage – 2 suitcases, maximum weight per suitcase 32 kg, maximum measures per suitcase 157 cm (total length + width + height).
- Carry on - one carry-on and one personal item in cabin not exceeding 18 kg. and of total measure of 130 cm (total length + width + height).

For more baggage information and restrictions for Continental [click here](#)

## Travel Information

Please make sure you have all the necessary traveling documents – passport that is valid 6 months following the event, student VISA, minor travel authorization form, etc.

## Team Flight Itinerary:

CO 3245U 28JUL TU TORONTO-NEWARK 7:55P 9:54P  
CO 1878U 28JUL TU NEWARK-PORT OF SPAIN 11:59P 5:07A  
  
CO 1879K 03AUG MO PORT OF SPAIN-NEWARK 12:30A 5:56A

CO 3222K 03AUG MO NEWARK-TORONTO

8:45A 10:45A

*There could possibly be seats available for parents/personal coaches. This will be confirmed following the team selection.*

**Contact Information**

**Melissa Dowling**

National Team Programs Manager

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