

2009 AMERICAS CUP (PAN AM RACE WALKING CUP)

SELECTION CRITERIA

1.0 GENERAL INFORMATION

1.1 Event Location and Dates

- San Salvador, El Salvador
- Competition Dates: April 28-29, 2009

1.2 Travelling Dates and Team Member Travel Obligations

Dates	Location	Note
January 1, 2008		Qualifying Period Begins
March 9, 2009		Final Declaration Date
March 22, 2009		Qualifying Period Ends
April 24, 2009	Home City to San Salvador	Departure
April 30, 2009	San Salvador – Home City	Return

1.3 Eligibility

- Must be a registered member (athlete) of Athletics Canada.
- Must be a Canadian citizen and eligible to receive a Canadian passport by the Final Selection Date.
- Must comply with Athletics Canada rules concerning Canadian residency.
- Must otherwise be eligible to participate in the 2009 Pan Am Race Walking Cup
- For the junior events, only athletes born in 1990, 1991, or 1992 are eligible for selection.

1.4 Funding

- This team will be considered 100% self-funded.
- A deposit schedule will be published at a later date

1.5 Events

Senior Men 50 km, Junior Women 10 km, Junior Men 10 km
Senior Women 20 km, Senior Men 20 km

1.6 Maximum Per Event

Up to a maximum of four (4) athletes per event (junior or senior) with standard are eligible unless otherwise dictated by the Local Organizing Committee.

1.7 Qualifying Trials

There will be no qualifying trials for this event

1.8 Qualifying Period(s)

From January 01, 2008 until March 22, 2009

Note: athletes can be nominated to team immediately following the March 21st weekend.

1.9 Final Selection Date

The Athletics Canada National Team Committee will make its final team selections following the end of the Qualifying Period (Section 1.7), and after all appeals, if any have been heard, as per Appendix A, 3.0. The final team selection will be made no later than the final entry deadline for this competition.

1.10 Final Declaration Date

Athletes are required to submit the Athlete Declaration Form to the National Office (separate document available on the Athletics Canada website) by **March 09, 2009**. Failure to submit this form by the deadline will render the athlete ineligible for selection and his / her spot will be made available to the next eligible athlete.

1.11 Team List Announcement

Athletics Canada will announce the team list through established communication channels (Provincial Branches, Athletics Canada web-site, Athletics Canada Bulletin). Selected athletes will be contacted.

1.12 National Team – Selection Rules Book

All athlete selections made in accordance with these Selection Criteria are subject to the rules and regulations outlined in the National Team – Selection Rules Book which is available on the Athletics Canada website at <http://athletics.ca/page.asp?id=153>.

2.0 SELECTION CRITERIA OBJECTIVES

- The general objective is to provide an international competitive opportunity for elite junior and senior Canadian race walkers and ideally in a team competition environment.
- To select teams that can possibly achieve a Top Half position or better (as a team) at the 2009 Pan Am Race Walking Cup.
- To select individual athletes that can achieve a Top Half position or better (as individuals) at the 2009 Pan Am Race Walking Cup.
- To support and encourage the development of future carding level race walkers by providing an incentive and a target to work toward every second year.

3.0 SELECTION PROCESS

3.1 Selection

- Up to a maximum of 4 athletes per event who have achieved standard within the proper time frame as described at Section 3.2 will be selected in priority order based on official National Rankings.
- If the standard has been achieved in 2008 the athlete must prove fitness between January 01



and March 22, 2009 in a previously approved national or international competition. "Pre-approved" means that the athlete or personal coach must submit a Training and Competition plan to Athletics Canada (AC) Race Walk Coordinator Stafford Whalen at least one week prior to the start of the first competition listed for approval. For the purpose of this criteria "Proof of fitness" is defined by showing reasonable evidence in the plan, and in pre-approved National or International competition that the given athlete is ready to repeat or improve upon the same level of performance with which he/she has met the minimum standard. Normally, in order to prove fitness the racing distance should not be shorter than 10 km for the 20 km event and 5 km for the 10 km event. However in special circumstances other racing distance may be considered.

- A senior or junior team will only be chosen for a given event where a minimum of three eligible athletes have achieved the Athletics Canada Team standard (see below) within the qualifying period, have declared interest and have met all other requirements. In this case and at the discretion of the National Team Committee we will look at the possibility of entering a complete team (e.g. four athletes) even if the fourth athlete does not have the standard.
- Where there are less than three athletes in the situation described just above, only individual athletes who have met the Individual standard can be selected

3.2 Exceptions

The National Team Committee, at its sole discretion, may consider selecting additional athletes who have not reached the individual standard. In this case, selection will be based on all of the following criteria:

- Submission of a written application received via email, no later than March 24th.
- Athlete must be within 2.0% of the individual standard applicable to his/her event and situation OR for the 20 Km event, must be a U-23 athlete (i.e. born in 1989, 1988 or 1987), in transition from a 10 Km focus.
- Athlete must show a clear progression over the last three years AND demonstrate that he/she can be considered as a solid "development" athlete. Such athletes are defined as being relatively young athletes in optimal training environments who can demonstrate by their talent and performances their ability to reach Athletics Canada's Senior "A" teams (World Championships in Athletics and Olympic Games) in the future OR obtain carding status.
- Athlete must also demonstrate that within the last few weeks of the qualifying period, he/she is very fit and has demonstrated "competitive readiness" as outlined in Section 5.0.

3.3 Standards for automatic selection

To be achieved between January 01, 2008 and March 22, 2009 on Road or Track unless indicated otherwise below:

Senior Minimum Standards Team / Individual	
Women 20 km	1:46:00 / 1:43:30 achieved in 2008 or 2009 <u>or</u> 1:18:30/ 1:16:45 achieved over 15k in 2009 only
Men 20 km	1:35:30 / 1:33:00 achieved in 2008 or 2009 or 1:10:45 / 1:09:00 achieved over 15k in 2009 only
Men 50 km	Upon request – "proven international calibre" athlete only

Junior Minimum Standards Team / Individual	
Women 10 km	56:00 / 53:00 achieved in 2008 or 2009
Men 10 km	50:30 / 47:00 achieved in 2008 or 2009



3.4 General Selection Regulations: (for the purpose of selection eligibility)

Events in any competition are only considered completed when protests, if filed with the Jury of Appeal in accordance with IAAF Rule 146, have been heard and the Jury decision carried out. The achievement of all performances must be recognized on the official Athletics Canada performance ranking lists. All performances must have been achieved at sanctioned competitions listed on the Athletics Canada or IAAF Member Federation fixtures lists and in conformity with IAAF/Athletics Canada rules including course certification rules. Both race walk road and track performances will be accepted however performances achieved in mixed events (between male and female participants), held completely in the stadium, will not be accepted (IAAF Rule 147). The achievement of all performances must be substantiated with official documentation and based on official results published and released at the time of the event.

Special Exception due to winter conditions: For the purpose of meeting Selection Standards, all athletes will be allowed to compete together in the March 15th qualifying event to be held on the 400m indoor track in Ottawa (TBC).

4.0 COMPETITIVE READINESS (Injuries, Illnesses, Training and Competition plan)

4.1 Injuries, Illnesses

Injury or illness following fulfillment of the selection criteria may result in the athlete being de-selected from the team and replaced by the next eligible and competition-ready athlete. It is the obligation of the athlete to immediately report any injury or illness that could affect their ability to train or compete. Athletics Canada's Coordinating Physician, or designate will determine probability of optimal readiness which is defined as the ability of the athlete to be competitive and achieve equal or superior performances (as compared to the qualifying performance achieved) at 100% effort at the 2009 Pan Am Race Walk Cup. The final decision will be made by the National Team Committee based on the recommendation made by the Athletics Canada Coordinating Physician, or designate. Injured and or ill athletes will be subject to a final proof of readiness test to be determined by the AC Race Walk Coordinator in conjunction with personal coach but minimally will consist of a controlled performance such as a competition or observed test or trial. Athletes in this category will not travel with the team until this requirement has been satisfied.

NOTE: In accepting a spot on the team, Athletes selected to the 2009 Pan Am Race Walk Cup are required to participate at the 2009 National Championships unless otherwise requested to the AC Racewalk Coordinator for reasons of injury or extraordinary circumstances.

5.0 APPEALS

Only athletes who are eligible to be considered for selection (as per Section 1.3) and who have achieved the applicable minimum Athletics Canada standard (as per Section 3.2) may submit an appeal for selection to the National Team Committee (NTC). Please refer to the National Team – Selection Rules Book for instructions:

<http://www.athletics.ca/files//NationalTeamPrograms/NationalTeams/Policy/NATIONALTEAMSELECTIONRULESBOOKFINAL2008.PDF>.

