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## 2009 CROSS COUNTRY PROGRAM ELIGIBLE ATHLETES SELECTION POOL

Congratulations to all of the athletes who through their performances at the 2008 Canadian Cross Country Championships are eligible to be included in the selection pool for the 2009 Cross Country Program, which includes the NACAC (North America Central America Caribbean) Championships and World Cross Country Championships.

The top 12 eligible senior men, senior women, junior men and junior women are listed below. For complete 2008 Canadian Cross Country Championships results, please visit: <http://www.athletics.ca/page.asp?id=294>.

### Athlete Declaration Form

Please note that you must submit your athlete declaration form no later than **Friday, December 19, 2008** to the Athletics Canada office in order to be considered for selection to the team.

As per the "XC Selection Guidelines" document that was circulated prior to Nationals, team members are expected to attend both NACAC XC and World XC – unless there is a conflict with a significant competitive opportunity. Pre-approval to not attend one event or the other must be obtained from Thelma Wright. Full selection criteria including exact costs, travel dates, etc. will be made available in January 2009.

### Team Size and Announcement

Top 6 eligible and declared athletes will be selected to the team in each category (junior men, junior women, senior men, senior women).

The final team announcements will be made once all athletes have declared and submitted their deposit.

### Deposits

A \$200.00 deposit will be required by **January 16, 2009**. Payments can be made via credit card, cheque or money order (made out to "Athletics Canada"). Credit card payments can be made over the phone to Chris Woods, Finance Assistant at 613-260-5580 x.3315.

If you have any further questions, please contact any of the following:

Thelma Wright, Cross Country Coordinator and Head Coach at (604) 970-3325 [wrighton@shaw.ca](mailto:wrighton@shaw.ca)  
Scott MacDonald, National Team Programs Director at (613) 260-5580 x3306 / [smacdonald@athletics.ca](mailto:smacdonald@athletics.ca)  
Melissa Dowling, National Team Programs Manager at (613) 260-5580 x3307 [mdowling@athletics.ca](mailto:mdowling@athletics.ca)

*Please note that Scott and Melissa will be out of the office as of Wednesday, December 10, returning on Monday, January 5, 2009. Contact Thelma Wright if you have questions during this time.*

**2009 XC Program – Eligible Athletes Selection Pool**

<b>SENIOR MEN</b>
Simon Bairu
<b>Robyn Watson*</b>
<b>Dylan Wykes*</b>
<b>Eric Gillis*</b>
<b>Taylor Milne*</b>
<b>Cleve Thorson*</b>
Joël Bourgeois
Derek Nakluski
<b>Steve Osaduik</b>
Alex Genest
Saheed Khan
Nick Sunseri

<b>SENIOR WOMEN</b>
<b>Stephanie Hood*</b>
<b>Tarah McKay*</b>
Chantell Widney
Catherine Cormier
Emily Tallen
Marilyn Arsenault
Rachelle Malette
Dana Buchanan
Chantelle Wilder
<b>Meredith McGregor*</b>
Laura Maludzinski
Kate Vaughan
<i>Malindi Elmore</i>
<i>Carmen Douma-Hussar</i>
<i>Megan Metcalfe</i>
<i>*Selectable pending injury appeals</i>

<b>JUNIOR MEN</b>
Mohammed Ahmed
Aleksandr Kuternin
Nyial Majock
James Leakos
Jean-Paul Malette
Mattias Wolter
Lucas Bruchet
Jacob Smith
Barry Britt
Dylan Haight
Paul Janikowski
<b>Robert Jackson*</b>

<b>JUNIOR WOMEN</b>
Kendra Schaaf
Genevieve Lalonde
Justine Johnson
Tamara Jewett
Chelsea Graham
Caroline Pfister
Laura Estey
Stephanie Aldea
<b>Lauren Doherty*</b>
Ariel Beauregard-Breton
Ciara Kary
<b>Sara Giovannetti*</b>

**\*Athletes who have not yet submitted declaration form**