



## 2006 IAAF WORLD JUNIOR CHAMPIONSHIPS

### SELECTION CRITERIA

#### 1.0 GENERAL INFORMATION

##### 1.1 Event Location and Dates

- Beijing, China
- Competition Dates: August 15 to 20, 2006
- Travel Dates: August 8 to 21, 2006

##### 1.2 Important Dates and Team Member Travel Obligations

Date	Event/Note	Location
June 1, 2006	Beginning of Qualifying Period	
<b>July 11, 2006</b>	<b>Athlete Declaration Deadline</b>	
July 21 – 23, 2006	National Junior Track & Field Championships	Sherbrooke, QC
July 23, 2006	End of Qualifying Period	
August 7, 2006	Team staging	Vancouver (TBC)
August 8, 2006	Depart Canada	Vancouver -> China
August 15 – 20, 2006	Competition Dates	Beijing, China
August 21, 2006	Depart China; return to Vancouver; then on to home city	China -> North America

##### 1.3 Eligibility

- Must be a registered current member (athlete) of Athletics Canada
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with Athletics Canada rules concerning Canadian residency (please refer to Athletics Canada By-Laws, Appendix A, Rule 016)
- Must submit an Athlete Declaration Form as per the dates outlined in Section 1.2
- Must comply with Competitive Readiness Requirements as outlined in Section 5.0
- Must otherwise be eligible to participate in the 2006 World Junior Championships

##### 1.4 Funding

This National Team will be self-funded. Although Athletics Canada will partially support each athlete through funds provided by the IAAF rebate program, all athletes are initially required to attend to all costs associated with this event. Costs may include, but not limited to: airfare, accommodations, meals, staff costs, shipping, etc. The amount of



the rebate will be determined upon confirmation of final team size. Expected costs for this event will be communicated once they are known.

## **1.5 Events**

Men: 100, 200, 400, 800, 1500, 5000, 10000, 3000mSC, 110mH, 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, Dec, 10kRW

Women: 100, 200, 400, 800, 1500, 3000, 5000m, 3000m S/C, 100mH, 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, Hep, 10kRW

## **1.6 Maximum per Event**

Up to two (2) athletes per event with standard may be selected.

## **1.7 Qualifying Trials**

The National Junior Track and Field Championships (July 21-23, 2006) in Sherbrooke will serve as the trials for this team.

## **1.8 Qualifying Period(s)**

The Qualifying Period to achieve the minimum standard is between June 1, 2006 and July 23, 2006. Only athletes that have met the minimum standard and have submitted a declaration form by **July 11, 2006** (as per Section 1.9) will be considered for selection.

## **1.9 Final Selection Date**

The Athletics Canada National Team Committee will make its final team selections following the National Junior Championship (Section 1.7), and after all appeals, if any have been heard, as per Section 6.0. The final team selection will be made no later than the IAAF final entry deadline for this competition.

## **1.10 Final Declaration Date**

Athletes are required to submit the Athlete Declaration Form (available on the Athletics Canada website at: <http://www.athletics.ca/article.asp?id=4731>) no later than **July 11, 2006**. Failure to submit this form by the deadline will render the athlete ineligible for selection. Athletes must fax (613-260-0341), email ([enteam@athletics.ca](mailto:enteam@athletics.ca)) or hand-deliver the form to the National Head Office.

## **1.11 Team List Announcement**

Athletics Canada will announce the team list through established communication channels (Provincial Branches, Athletics Canada website, Athletics Canada bulletin); athletes selected to the team will be contacted directly by Athletics Canada.

## **1.12 National Team – Selection Rules Book**

All athlete selections made in accordance with this Selection Criteria are subject to the rules and regulations as outlined in the National Team – Selection Rules Book which is available on the Athletics Canada website at <http://www.athletics.ca/article.asp?id=4967#Manual-policies>.



## 2.0 TEAM OBJECTIVES

### 2.1 Objectives

The selection criteria objectives are to select athletes who are capable, according to performance in the final qualification period post June 1st, of competing at their seasonal or personal best levels. These criteria are set out to select athletes to the team who meet the following specific objectives:

- To select the most competitive athletes born in 1987, 1988, and 1989 available who are prepared to compete at their peak level at the World Junior Championships;
- To provide a positive international competitive and cultural experience for both first year and returning national team athletes, and to prepare them for future National Team assignments;
- Team Goal: to match or improve upon the performance of the 2004 team in Grossetto:
  - Number of top 8 finishes – 8
  - Number of top 16 finishes – 10

## 3.0 SELECTION PROCESS FOR WORLD JUNIOR TEAM (all events except Combined Events and Long Distance Events)

### 3.1 Eligibility Pool

3.1.1 Athletes who represent Canada at the World Championship level must be prepared to be competitive late in the summer season. While early season and last year's performances are indicators of ability, it is more important to be able to demonstrate fitness in the final preparation phase leading up to the trials.

3.1.2 Selection standards (see Appendix A) are based upon final phase readiness as well as the IAAF standards. Athletes must achieve standard after June 1<sup>st</sup> in order to be included in the eligibility pool.

3.1.3 Athletes must finish in the Top 4 overall at the National Junior Championships in order to be included in the eligibility pool.

### 3.2 Final Selection Process

3.2.1 The ability to compete on demand at National Trials will be a selection criterion; therefore, athletes finishing first and second at the National Junior Championships with a standard achieved between June 1, 2006 and the completion of the National Junior Championships will automatically be selected.

3.2.2 Of those athletes finishing in the Top 4 in an event at the National Junior Championships, the top 2 performers ON THAT DAY that have achieved the required standard during the Qualifying Period will be selected.

3.3 See the National Team – Selection Rules Book, Section 2.0 for Performance Regulations.

## 4.0 SELECTION PROCESS FOR OTHER EVENTS (Combined Events and Long Distance Events)

4.1 Due to more limited competitive opportunities IN THESE SPECIFIC EVENTS ONLY, standards achieved outdoors in 2006 prior to June 1 in the Decathlon, Heptathlon, Racewalks, 3000m S/C, 5,000m, and men's 10,000m will be considered.



- 4.2** For Racewalk, both road and track results will be accepted.
- 4.3** For events not offered at the National Junior Championships, athletes must compete in a similar event and finish in the Top 4 in order to be selected.
- Women's 3000m S/C must compete in Women's 2000m S/C.
  - Women's 5000m must compete in Women's 3000m.
  - Men's 10,000m must compete in Men's 5000m.
- 4.4** With the notable exception of the different Qualifying Period, the Selection in these events will follow the Process outlined in Section 3.2.
- 4.5** See the National Team – Selection Rules Book, Section 2.0 for Performance Regulations.

## **5.0 COMPETITIVE READINESS REQUIREMENTS**

### **5.1 Training and Competition Plan**

It is the obligation of the selected athletes **and** their personal coach to submit on or before the Athlete Declaration Deadline a training and competition plan for the period of the end of National Juniors until the athlete competes in Beijing at the World Juniors (e.g. July 23 – August 15, 2006) and to inform Athletics Canada of any and all changes to this plan. This plan must also address competitive readiness by identifying measurable test and/or competition targets that would be specific enough to serve as fitness and competitive readiness indicators for their scheduled competition day(s). It is also expected that the athletes will be clearly tapering during the final preparation phase prior to their event in order to be fresh and strong on race day.

All submitted plans must address the following:

- Planned competitions, travel and training locations.
- Training volumes, intensities and periodization including recovery strategies and medical/paramedical
- Interventions
- Training camps and training camp objectives, if applicable
- Injury prevention strategy if applicable

For an example of a training and competition plan template please visit the following link on the Athletics Canada website: <http://www.athletics.ca/article.asp?id=2173>. You may use either of the examples provided through the link above or submit your own format.

#### **Submitting Your Plan**

Athletes must submit their plans to Event Group Leader **Bruce Pirnie** on or before the declaration deadline. Contact information for the Event Group Directors can be found at the following website <http://www.athleticscanada.com/article.asp?id=1069>.

#### **Failure to Submit your Plan**

Athletes who fail to comply with these requirements may be removed from the team and replaced with the next eligible and competitive-ready athlete.

### **5.2 Competitive Readiness**

Injury or illness following fulfillment of the selection criteria may result in the athlete being de-selected from the team and replaced by the next eligible and competition-ready athlete. It is the obligation of the athlete to immediately report any injury or illness that could affect their ability to train or compete. Athletics Canada's Coordinating Physician



(or designate) will determine the probability of optimal readiness which is defined as the ability of the athlete to be competitive and achieve equal or superior performances (as compared to the qualifying performance achieved) at 100% effort at the 2006 IAAF World Junior Championships. The final decision will be made by the National Team Committee based on the recommendation made by the Athletics Canada Coordinating Physician (or designate). Injured and or ill athletes will be subject to a final proof of readiness test to be determined by the 2006 IAAF World Junior Championships Head Coach in conjunction with the personal coach but minimally will consist of a controlled performance such as a competition or observed test or trial. Athletes in this category will not travel with the team until this requirement has been satisfied.

### **5.3 Health Questionnaire**

All athletes will have to fill out a standard health questionnaire before the trip. Athletes that will be under 18 years of age for the trip will be asked to obtain a statement from their physician stating that they are in good health and not at risk to travel and compete.

## **6.0 APPEALS**

- 6.1** Appeals may be submitted for circumstances related to athlete illness or injury or any other reasonable technical circumstance deemed appropriate by the National Team Committee (NTC). Bearing responsibility for overall selection, the NTC members will use all selection criteria contained in this document to weigh all factors in an appeal to arrive at a decision. All successful appeals that result in an athlete being selected to the team must satisfy the general team objectives and criteria outlined in this document.
- 6.2** Only athletes who have achieved the Athletics Canada Minimum Standard outdoors in 2006 may submit an Appeal for Selection.
- 6.3** Appeals for Selection are to be submitted only by filling out the official Athletics Canada form Appeals for Selection; please refer to the Section 3.0 of National Team - Selection Rules Book for exact directions (<http://www.athletics.ca/article.asp?id=4967#Manual-policies>).



## APPENDIX A – SELECTION STANDARDS

(UPDATED ON JANUARY 30, 2006)

2006 World Junior Championships - Selection Criteria		
Women Standard IAAF - 06	Event	Men Standard IAAF - 06
12.04	100m	10.74
24.64	200m	21.64
55.24	400m	48.04
02:09.00	800m	01:51.00
04:28.00	1500m	03:48.00
09:35.00	3000m	
16:30.00	5000m	14:15.00
	10000m	30:30.00
14.24	100m H	
	110mH	14.74 (1.067 m) or 14.34 (.99m)*
60.44	400mH	53.34
11:00	3000m SC	09:10.00
50:55:00	10k Walk	44:05:00
1.82m	High Jump	2.14m
3.95m	Pole Vault	5.05m
6.10m	Long Jump	7.55m
12.90m	Triple Jump	15.60m
14.40m	Shot	17.90m (6k)
47.00m	Discus	55.00m (1.75)
56.00m	Hammer	67.50m
49.50m	Javelin	66.50m
	Decathlon	7050 pts
5150 pts	Heptathlon	

\*Note: the hurdle height is per Rule 168.3 of the IAAF Competition Rules 2006-2007

