2197 prom. Riverside Dr., Suite 300
Ottawa, ON K1H 7X3
☎(613) 260-5580 (613) 260-0341
athcan@athletics.ca
www.athletics.ca

***Athletics Canada***
***Athlétisme Canada***

# 2006 NACAC Under 23 Track & Field Championships (North America, Central America, Caribbean)

## SELECTION CRITERIA

## 1.0 GENERAL INFORMATION

### 1.1 Event Location and Dates

- Santo Domingo, Dominican Republic
- July 7 - 9, 2006

### 1.2 Important Dates

| Dates | Event | Location |
|---|---|---|
| April 1 to June 18, 2006 | Qualifying Period | |
| June 13, 2006 | Athlete Declaration Deadline | |
| June 18, 2006 | Final Team Selection | |
| July 5, 2006 | Departure Date | CAN -> DOM |
| July 7 – 9, 2006 | Competition Dates | Santo Domingo, DOM |
| July 10, 2006 | Return Date | DOM -> CAN |

### 1.3 Eligibility

- Must be a registered current member (athlete) of Athletics Canada
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with Athletics Canada rules concerning Canadian residency (please refer to Athletics Canada By-Laws, Appendix A, Rule 016)
- Must submit an Athlete Declaration form as per the dates outlined in Section 1.2
- Must comply with Competitive Readiness Requirements as outlined in Section 5.0
- Must otherwise be eligible to participate in the 2006 NACAC U-23 Track & Field Championships
- Must be born in the years 1984, 1985, and 1986

### 1.4 Funding

This National Team will be self-funded. All athletes are initially required to attend to all costs associated with this event to include, but not limited to: airfare, accommodations, meals, staff costs, shipping costs, etc. Expected costs for this event will be communicated once they are known.

### 1.5 Events

Men: 100, 200, 400, 800, 1500, 5000, 10000, 3000mSC, 110mH, 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, Dec, 20kRW
Women: 100, 200, 400, 800, 1500, 5000m, 3000m S/C, 100mH, 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, Hept, 10kRW

### 1.6 Maximum per Event

Up to two (2) athletes per event with standard may be selected.

### 1.7 Qualifying Trials

There will be no Qualifying Trials for this event.
**Exception**: Men's 10,000m – National 10,000m Championships, June 6 in Abbotsford, B.C.

### 1.8 Qualifying Period(s)

The Qualifying Period to achieve the minimum standard is between April 1, 2006 and June 18, 2006. Only athletes that have met the minimum standard and have previously submitted a declaration form by **June 13, 2006** (as per Section 1.9) will be considered for selection.

### 1.9 Final Selection Date

The final Team Selection will be made immediately following June 18, 2006.

### 1.10 Final Declaration Date

Athletes are required to submit the Athlete Declaration Form (available on the Athletics Canada website at: http://www.athletics.ca/article.asp?id=7725) by no later than **June 13, 2006**. Failure to submit this form by the deadline will render the athlete ineligible for selection.

### 1.11 Team List Announcement

Athletics Canada will announce the team list through established communication channels (Provincial Branches, Athletics Canada website, Athletics Canada bulletin); athletes selected to the team will be contacted directly by Athletics Canada.

### 1.12 National Team – Selection Rules Book

All athlete selections made in accordance with this Selection Criteria are subject to the rules and regulations as outlined in the National Team – Selection Rules Book which is available on the Athletics Canada website at: http://www.athletics.ca/article.asp?id=4967#Manual-policies.

## 2.0 TEAM OBJECTIVES

### 2.1 Objectives

- To provide a positive international competitive and cultural experience for as many 1st year and returning National Team members as possible to prepare these athletes for future national team assignments.
- To improve upon, or surpass as a team, the performance levels at the previous NACAC U-23 Championship.

### 2.2 Athletics Canada High Performance Principles as they affect selection

- To select the best team of athletes who were born in 1984, 1985, and 1986 and who have achieved the Athletics Canada/NACAC standards and are prepared to compete at their peak level in early July at these championships.
- To select a team who have demonstrated their ability to perform at a podium level at this championship.

## 3.0 SELECTION PROCESS FOR ALL EVENTS

### 3.1 Eligibility Pool

**3.1.1** All eligible athletes achieving standard during the Qualifying Period will be placed in the eligibility pool. It is the responsibility of the athlete to submit

eligible performances to Athletics Canada in order to be considered for selection.

### 3.2 Final Selection Process

**3.2.1** Eligible athletes achieving the standards listed in APPENDIX A will be ranked in their event according to their best performance. The top two (2) eligible athletes in each event who have achieved the standard within the Qualifying Period will be selected.

## 4.0 COMPETITIVE READINESS REQUIREMENTS

### 4.1 Competitive Readiness

Injury or illness following fulfillment of the selection criteria may result in the athlete being de-selected from the team and replaced by the next eligible and competition-ready athlete. It is the obligation of the athlete to immediately report any injury or illness that could affect their ability to train or compete. Athletics Canada's Coordinating Physician, or designate will determine probability of optimal readiness which is defined as the ability of the athlete to be competitive and achieve equal or superior performances (as compared to the qualifying performance achieved) at 100% effort at the 2006 NACAC U-23 Track & Field Championships. The final decision will be made by the National Team Committee based on the recommendation made by the Athletics Canada Coordinating Physician, or designate. Injured and or ill athletes will be subject to a final proof of readiness test to be determined by the 2006 NACAC U-23 Track & Field Championships Head Coach in conjunction with personal coach but minimally will consist of a controlled performance such as a competition or observed test or trial. Athletes in this category will not travel with the team until this requirement has been satisfied.

### 4.2 Health Questionnaire

All athletes will have to fill out a standard health questionnaire before the trip.

## 5.0 APPEALS

**5.1** Only athletes who have achieved the Athletics Canada Minimum Standard during the period outlined in Section 1.8 may submit an Appeal for Selection.

**5.2** Appeals for Selection are to be submitted only by filling out the official Athletics Canada form Appeals for Selection please refer to the Section 3.0 of National Team - Selection Rules Book for exact directions (http://www.athletics.ca/article.asp?id=4967#Manual-policies).

## APPENDIX A – SELECTION STANDARDS*

*With NACAC standards still pending, these may be subject to change

### NACAC Under 23 Track & Field Championships

| Men | Event | Women |
|---|---|---|
| 10.50 | **100m** | 11.75 |
| 21.30 | **200m** | 24.10 |
| 47.00 | **400m** | 54.00 |
| 1:50.00 | **800m** | 2:07.50 |
| 3:50.00 | **1500m** | 4:30.00 |
| 14:25.00 | **5000m** | 17:00.00<br>Or equivalency of<br>9:45.00 over 3000 m |
| 31:00.00 and<br>equivalency of<br>14:25.00 over 5000 m | **10,000m** | |
| 9:05.00 | **3000m S/C** | 11:00.00 |
| 14.20 | **110/100m H** | 13.80 |
| 51.00 | **400m H** | 1:00.40 |
| 1:39:00<br>(or 46:30.00 over 10k) | **10k/20k RW** | 54:00.00<br>(or 1 :52.00 over 20k) |
| 5.00 | **PV** | 3.90 |
| 7.50 | **LJ** | 6.00 |
| 15.50 | **TJ** | 12.60 |
| 2.15 | **HJ** | 1.80 |
| 16.50 | **Shot Put** | 14.50 |
| 51.00 | **Discus** | 47.50 |
| 58.00 | **Hammer** | 55.00 |
| 67.50 | **Javelin** | 49.00 |
| 6800 | **DEC/HEP** | 4900 |