



2006 IAAF WORLD INDOOR CHAMPIONSHIPS

SELECTION CRITERIA

1.0 GENERAL INFORMATION

1.1 Event Location and Dates

- Moscow, Russia
- March 4 – 13, 2006
- Competition Dates: March 10-12, 2006

1.2 Important Dates and Team Member Travel Obligations

Key Dates	Event	Note / Location
May 22, 2005	Beginning of (outdoor) Qualifying Period	
January 1, 2006	Beginning of (indoor) Qualifying Period	
January 16, 2006	Contact Event Group Leader re: competition/training plans	
February 13, 2006	Athlete Declaration Deadline	
February 19, 2006	End of Qualifying Period	
March 4, 2006	Team Depart Canada for Moscow	Canada -> Moscow
March 5, 2006	Team Arrival Date	Moscow
March 8, 2006	Team Arrival Date (only for athletes traveling from within Europe)	Moscow
March 10 – 12, 2006	Competition Dates	Moscow
March 13, 2006	Depart Moscow for Canada or Melbourne (CWG athletes)	Moscow -> Canada/Melbourne

1.3 Eligibility

- Must be a registered current member (athlete) of Athletics Canada
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with Athletics Canada rules concerning Canadian residency (please refer to Athletics Canada By-Laws, Appendix A, Rule 016)
- Must submit an Athlete Declaration form as per the dates outlined in Section 1.2
- Must comply with Competitive Readiness Requirements as outlined in Section 5.0
- Must otherwise be eligible to participate in the 2006 World Indoor Championships

1.4 Funding

In general, this National Team will be 100% funded; however, this is subject to change as per available resources.

1.5 Events



60m, 400m, 800m, 1500m, 3000m, 60mH, HJ, PV, LJ, TJ, SP, HEP (M), PEN (W)

1.6 Maximum per Event

Athletics Canada is entitled to enter up to three competitors in each event of the Championships, provided all have achieved the corresponding entry standard, but only two (2) will be permitted to compete.

1.7 Qualifying Trials

There will be no qualifying trials for these championships.

1.8 Qualifying Period(s)

The Qualifying Period to achieve the Qualifying Standard is as per the Repeat Performance Schedule (Appendix A) and will end as per the date set out in Section 1.2 above.

1.9 Final Selection Date

The Athletics Canada National Team Committee will make its final team selections shortly following the End of the Athlete Declaration Deadline (Feb 13, 2006) and after any appeals have been decided, as per Section 6.0. The final team selection will be made no later than the required final IAAF entry deadline for this competition.

1.10 Final Declaration Date

Athletes are required to submit the Athlete Declaration Form (available on the Athletics Canada website at: <http://www.athletics.ca/article.asp?id=4679>) on or before **Feb 13, 2006**. Failure to submit this form by the deadline may render the athlete ineligible for selection and his/her spot may be made available to the next eligible athlete.

Athletes must fax (613-260-0341) or email (enteam@athletics.ca) the form to the national head office.

1.11 Team List Announcement

Athletics Canada will announce the team list through established communication channels (Provincial Branches, Athletics Canada web-site, Athletics Canada Bulletin). Selected athletes will be contacted directly prior to public announcements.

1.12 National Team – Selection Rules Book

All athlete selections made in accordance with this Selection Criteria are subject to the rules and regulations as outlined in the National Team – Selection Rules Book which is available on the Athletics Canada website <http://www.athletics.ca/article.asp?id=4967#Manual-policies>.

2.0 TEAM OBJECTIVES

2.1 Objectives

- To select the most competitive team available that is prepared to compete at its peak level at the World Indoor Championships.
- To select athletes who have included as part of their submitted 2006 outdoor annual training and competition plan, the World Indoor Championships (as an integral element in preparation for the Melbourne Commonwealth Games)

2.2 Athletics Canada High Performance Principles as they affect selection

To select athletes who have demonstrated ability in the 2005 outdoor season and the 2006 indoor season to perform at a level that is equivalent to or greater than placing among the top 8 competitors at these Championships.



3.0 SELECTION PROCESS (except for Combined Events)

3.1 Eligibility Pool

- 3.1.1 The Eligibility Pool is defined as all athletes who comply with the eligibility requirements of Section 1.3; who have achieved the Qualifying Standard (Appendix A) during the Repeat Performance Schedule (Appendix A); who have completed and returned the Athlete Declaration Form by the Athlete Declaration Deadline; and who comply with the Competitive Readiness Requirements of Section 5.0 of this Document.
- 3.1.2 Only athletes from the Eligibility Pool can be nominated to an event, except under circumstances covered in Sections 6.0 (Appeals). Being in the Eligibility Pool does not guarantee nomination to the team.
- 3.1.3 For the purpose of these Selection Criteria, competitors in the Eligibility Pool who are not eligible for selection as per Section 1.3 or who decline selection to the team will be removed from the order of ranking, thereby allowing the next eligible athlete in order of finish to move up the results list of selectable athletes for this event.

3.2 Selection Process

- 3.2.1 Athletes from the Eligibility Pool will be nominated to the team in priority order based on their order of performance ranking during the period January 1, 2006 to February 26, 2006.
- 3.2.2 After athletes have been selected as per 3.2.1, remaining team spots will be nominated for selection by athletes from the Eligibility Pool in priority order based on their order of performance ranking during the period May 22, 2005 to December 31, 2005.
- 3.2.3 Failure to comply with the Competitive Readiness Requirements of Section 5.0 will render an athlete ineligible for nomination and the athlete's nomination to the team will become available to the next eligible athlete from the Qualifying Trials who has satisfied the requirements of these Selection Criteria.

4.0 SELECTION PROCESS (for Combined Events)

For the **combined events**, eight (8) athletes will be invited by the IAAF: the top 4 athletes in the 2006 Indoor Lists (as at February 20, 2006) and the top 4 athletes in the 2005 Outdoor Lists. Upon refusals or cancellations, the invitation shall be extended to the next ranked athletes in the same lists.

5.0 COMPETITIVE READINESS REQUIREMENTS

5.1 Training and Competition Plan

It is the obligation of the athletes (or their personal coach on their behalf) who have been selected to the team to submit on or before the Athlete Declaration Deadline (**Feb 13, 2006**) a training and competition plan for the period **February 13, 2005 to March 13, 2006** and to inform Athletics Canada of any and all changes to this plan. This plan must also address competitive readiness by identifying measurable test and/or competition targets that would be specific enough to serve as fitness and competitive readiness indicators for their scheduled competition day(s). It is also expected that the athletes will be clearly tapering during the final preparation phase prior to their event in order to be fresh and strong on race day.

All submitted plans must address the following:

- Planned competitions, travel and training locations.
- Training volumes, intensities and periodization including recovery strategies and medical/paramedical



- Interventions
- Training camps and training camp objectives, if applicable
- Injury prevention strategy if applicable

For an example of a training and competition plan template please visit the following link on the Athletics Canada website: <http://www.athletics.ca/article.asp?id=2173>). You may use either of the examples provided through the link above or submit your own format.

Submitting Your Plan

Athletes must submit their plans to their respective Event Group Leader (Les Gramantik for Speed Power Events, Martin Goulet for Endurance Events) on or before **February 13, 2006**. Contact information for the Event Group Directors can be found at the following website <http://www.athleticscanada.com/article.asp?id=1069>.

Failure to Submit your Plan

An athlete who fails to comply with these requirements may be removed from the team and replaced with the next eligible and competitive-ready athlete.

5.2 Competitive Readiness

Selected athletes must remain competitive-ready leading up to this national team event. Athletes who do not remain competitive-ready by reason of lack of fitness, injury, or illness may be removed from the team and replaced by the next selectable and competitive-ready athlete. It is the obligation of the athlete to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level at this national team event. (Notification must be sent to the team Head Coach, Event Area Leader or to the National Office, Attention National Team Department at enteam@athletics.ca).

Competitive-ready is defined as the ability of the athlete (at 100% effort) to achieve equal or superior performance(s) on-site at the scheduled event, as compared to the performance(s) the athlete achieved in making the team in the first place.

The final decision as to whether an athlete is competitive-ready will be made by the National Team Committee (NTC) based on its expert opinion on the athlete's probability of being competitive ready. The NTC will use all available information at its disposal to come to a decision, including the athlete's training and competition plan, fitness and competitive readiness indicators, submitted medical documentation, consultation with the athlete's personal coach and any other relevant performance related information.

In the case of injuries or illnesses, the NTC will consider recommendation made by the Athletics Canada Coordinating Physician, or designate, in making a final decision as to the athlete being Competitive-ready. Injured or ill athletes will be subject to a final proof of readiness test to be determined by the team Head Coach in consultation with the athlete's personal coach. At a minimum, this test will consist of a controlled performance such as a competition or observed test or trial. Athletes who are injured or ill will not travel with the team until this requirement has been satisfied. If it is determined that the athlete is not competitive-ready once on-site at the event, he or she may be asked to return home immediately.

6.0 APPEALS

Only athletes who have achieved the Athletics Canada indoor or outdoor Qualifying Standard (Appendix A) during the respective indoor or outdoor Qualifying Period may submit an appeal for selection to the National Team Committee (NTC). Please refer to the National Team - Selection Rules Book for complete instructions. This document is available on the Athletics Canada website at the following link: <http://www.athletics.ca/article.asp?id=4967#Selection>.



APPENDIX A

2006 IAAF WORLD INDOOR CHAMPIONSHIPS IAAF Selection Qualifying Standards

TRACK EVENTS	Men			Women		
	Indoor		Outdoor	Indoor		Outdoor
	A	B		A	B	
60m	6.60	6.65	10.20 (100m)	7.25	7.35	11.25 (100m)
400m	46.50	46.94	45.50	52.90	53.77	51.00
800m	1:47.00	1:47.97	1:46.00	2:03.00	2:04.60	2:00.00
1500m	3:39.00	3:41.07	3:35.00	4:12.50	4:16.13	4:05.00
	3:56.42 (mile)	3:58.70 (mile)	3:52.00 (mile)	4:31.67 (mile)	4:35.58 (mile)	4:23.00 (mile)
3000m	7:48.00	7:52.81	7:44.00	8:55.00	9:03.36	8.40.00
			13:19.00 (5000m)			15:05.00 (5000m)
60m hurdles	7.65	7.75	13.55 (110mH)	8.05	8.19	12.95 (100mH)
4 x 400m	No Standard					

FIELD EVENTS	MEN		WOMEN	
	A	B	A	B
High Jump	2.28	2.25	1.92	1.90
Pole Vault	5.65	5.55	4.40	4.33
Long Jump	8.10	7.97	6.65	6.52
Triple Jump	16.80	16.55	14.10	13.83
Shot Put	20.05	19.58	18.00	17.58

2006 IAAF WORLD INDOOR CHAMPIONSHIPS Repeat Performance Schedule

Events	Repeat Performance Situations Jan 1, 2006 to Feb 19, 2006	Jan 1, 2006 to Feb 19, 2006
All Events	<p><u>Scenario A</u> – achieve one (1) indoor A standard between Jan 1 & Feb 19, 2006= Selection</p> <p><u>Scenario B</u> – achieve one (1) outdoor A standard and one (1) indoor B standard between Jan 1 & Feb 19, 2006 = Selection</p> <p><u>Scenario C</u> – achieve one (1) indoor A standard and one (1) indoor B standard between Jan 1 & Feb 19, 2006 = Selection</p>	<p>*Performances in non-standard, recognized indoor events (i.e. 300m, 600m) <i>may</i> be considered for repeat performances.</p> <p>FINAL QUALIFYING PERIOD</p>

