

2008 Commonwealth Youth Games

SELECTION CRITERIA

OVERVIEW

The 2008 Commonwealth Youth Games will offer a fully-funded international opportunity for 20 developing track and field athletes. Athletes will be exposed to the unique experience of a Games situation, and Athletics Canada (AC) looks forward to contributing to Team Canada's success in Pune!

The National Team Committee (NTC) is responsible for the implementation of these criteria and has the sole authority to make all decisions relating to the selection of the Commonwealth Youth Games Team.

1.0 GENERAL INFORMATION

1.1 Event Location and Dates

- Pune, India October 7th - 17th, 2008

1.2 Important Dates and Team Member Travel Obligations

Dates	Description	Location/Notes
June 1 st - July 27 th , 2008	Qualifying Period	
July 25 th - 27 th , 2008	Selection Trials (Canadian Junior Championships)	Abbotsford, British Columbia
July 27 th , 2008	Athlete Declaration Deadline	Abbotsford, British Columbia
October 5 th - 7 th , 2008	Team Staging and Departure for Pune	From Toronto, Ontario
October 14 th - 16 th , 2008	Athletics competition	Pune, India
October 17 th , 2008	Return to home city	From Pune

1.3 Eligibility

- Must be a registered current member (athlete) of Athletics Canada
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with AC rules concerning residency (AC By-Laws, Appendix A, Rule 016)
- Must submit an Athlete Declaration form as per the dates outlined in Section 1.2
- Must comply with Competitive Readiness Requirements as outlined in Section 4.0
- Must be born in either 1990 or 1991.
- Must otherwise be eligible to participate in the Commonwealth Youth Games.

1.4 Funding

This team will be 100% funded.

1.5 Events

100m, 200m, 400m, 800m, 1500m, 3000 (girls), 5000m (boys), 100mH / 110mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, 4 x 100m, 4 x 400m

1.6 Maximum per Event

There will be a maximum of 2 athletes per event.

1.7 Qualifying Trials

2008 Canadian Junior Championships

Abbotsford, BC

July 25th - 27th, 2008

1.8 Qualifying Period(s)

The Qualifying Period begins June 1st, and concludes with the Qualifying Trials on July 27th, 2008.

1.9 Final Selection Date and Team Announcement

The NTC will make final team selections following the completion of the Canadian Junior Championships on July 27th, 2008. AC will announce the team through established communication channels (Branches, AC website, bulletin); athletes selected to the team will be contacted directly.

1.10 Final Declaration Date

Athletes are required to submit the Athlete Declaration Form (www.athletics.ca/page.asp?id=307) no later than July 27, 2008. Failure to submit this form by the deadline will render the athlete ineligible for selection. Athletes must fax (613-260-0341), e-mail (enteam@athletics.ca), or hand-deliver the form to the National Head Office.

2.0 TEAM OBJECTIVES

- To select the best athletes born in 1990 or 1991 who are prepared physically, technically, mentally, and emotionally to represent their country to the best of their abilities at the Commonwealth Youth Games.
- To contribute to the overall success of the Canadian Commonwealth Youth Games Team, and provide developing athletes with a competitive opportunity in a Games environment.
- To offer a positive cultural and athletic experience for young athletes to assist in their development and preparation for future National Team assignments.

3.0 SELECTION PROCESS

3.1 Eligibility Pool

- The Eligibility Pool is defined as all athletes who meet the eligibility requirements set out in Section 1.3; who have achieved the required standards (Appendix A); who have finished among the Top 4 eligible competitors at the Qualifying Trials; and who comply with the Competitive Readiness Requirements of Section 4.0 of this Document.
- Only athletes from the Eligibility Pool can be nominated to the team. Being in the Eligibility Pool does not guarantee nomination to the team.

3.2 Step-by-Step Selection Process

Athletes will be selected until the Commonwealth Youth Games quota (currently 20) is filled based on performances in the priority order listed below*.

1. Top 16 finish at the IAAF World Junior Championships
2. First eligible finisher achieving standard at the Qualifying Trials
3. Second eligible finisher achieving standard at the Qualifying Trials
4. First eligible finisher at the Qualifying Trials with a standard in the qualifying Period
5. Second eligible finisher at the Qualifying Trials with a standard in the qualifying period
6. Third eligible finisher at the Qualifying Trials with a standard in the qualifying Period
7. Fourth eligible finisher at the Qualifying Trials with a standard in the qualifying period.

*NOTE: In the event of a tie that will result in the team going over the allotted quota, athletes will then be prioritized by calculating the highest percentage better than the standard using the IAAF Scoring Tables.



3.3 Filling the Quota

In the event that the team quota is not filled by the process outlined in Section 3.2, additional selection may be made based on performances closest (in terms of percentage using IAAF Scoring Tables) to the standards as illustrated below:

	Event	Standard	Performance	Percentage
Sue	200m	24.64(1030 IAAF pts)	24.93 (1009 IAAF pts)	1009/1030 = 97.96%
John	High Jump	2.14 (1001 IAAF pts)	2.12 (981 IAAF pts)	981/1001 = 98.00%

John (with 98.00%) is selected ahead of Sue (with 97.96%)

4.0 COMPETITIVE READINESS REQUIREMENTS

4.1 Training and Competition Plan

Upon selection to the team, athletes and/or their personal coach are required to submit and discuss a training and competition plan for the period July 27th - October 14th, 2008 with the Head Coach (Hugh Conlin - hconlin@athletics.ca), and thereafter must inform AC of any changes to this plan. The plan must address competitive readiness by identifying specific measurable test and/or competition targets, as well as planned tapering during the final preparation phase.

All plans must address the following:

1. Planned competitions, travel and training locations.
2. Training volumes, intensities, and periodization including recovery strategies.
3. Weekly workout examples which demonstrate training objectives.
4. Injury prevention and medical intervention strategies if applicable.

4.2 Competitive Readiness

Athletes who do not remain competitive ready by reason of lack of fitness, injury, or illness may be removed from the team. Athletes are required to immediately report any injury, illness, or change in training that could affect their ability to compete at their highest level in Pune. Notification must be sent to Head Coach Hugh Conlin (hconlin@athletics.ca). "Competitive ready" is defined as the ability of the athlete to achieve equal or superior performance(s) onsite at the scheduled event, as compared to the performance(s) the athlete achieved in qualifying. If it is determined that the athlete is not competitive ready once onsite at the event, he/she may be asked to return home immediately.

4.3 Health Questionnaire and Anti-Doping

Upon selection, all athletes will be required to complete an AC health questionnaire. Athletes that will be under 18 years of age for the trip will have a section added that will have to be filled out by a physician stating that they are in good health and not at risk to travel and compete. The questionnaire will also ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications while competing **must** have a completed and approved Therapeutic Use Exemption prior to selection. NOTE: THIS INCLUDES ASTHMA MEDICATIONS.

5.0 APPEALS

Only athletes who are eligible to be considered for selection (as per Section 1.3) and who have achieved a standard (Appendix A) in 2008 may submit an appeal for selection to the NTC. Please refer to the National Team - Selection Rules Book for instructions at <http://www.athletics.ca/files//NationalTeamPrograms/NationalTeams/Policy/NATIONALTEAMSELECTIONRULESBOOKFINAL2008.PDF>.



APPENDIX A - 2008 Commonwealth Youth Games – AC Qualifying Standards

Women's Standards	Events	Men's Standards
12.04	100m	10.74
24.64	200m	21.64
55.24	400m	48.04
2:09.00	800m	1:51.00
4:28.00	1,500m	3:48.00
9:35.00	3,000m	
	5,000m	14:15.00 (or 8:15.00)
14.24	100mH / 110mH	14.74 (1.067m)
1.80	High Jump	2.14
6.10	Long Jump	7.50
12.90	Triple Jump	15.60
3.95	Pole Vault	5.05
14.60	Shot Put	18.00
55.00	Hammer	67.50
47.00	Discus	54.00
49.50	Javelin	66.50

All athlete selections made in accordance with this Selection Criteria are also subject to AC's general rules and regulations for team selection outlined in the National Team – Selection Rules Book available at:

<http://www.athletics.ca/files//NationalTeamPrograms/NationalTeams/Policy/NATIONALTEAMSELECTIONRULESBOOKFINAL2008.PDF>.

