

2009 IAAF WORLD YOUTH CHAMPIONSHIPS

SELECTION CRITERIA

1.0 GENERAL INFORMATION

1.1 Event Location and Dates

- Bressanone, Südtirol, Italy
- Competition Dates: July 8th – 12th, 2009
- Travel Dates: July 2nd - 13th, 2009

1.2 Important Dates and Team Member Travel Obligations

Date	Event/Note	Location/Notes
May 1 st , 2009	Beginning of Qualifying Period*	*for exceptions, see section 4.0
June 1st, 2009	Athlete Declaration Deadline	Available online
June 21 st , 2009	End of Qualifying Period	
July 3 rd /4 th , 2009	Team staging	Toronto (TBC)
July 4 th , 2009	Depart Canada	Canada -> Italy
July 8 th – 12 th , 2009	Competition Dates	Bressanone, Italy
July 13 th , 2009	Return to Canada	Italy -> Canada

1.3 Eligibility

- Must be a registered current member (athlete) of Athletics Canada (AC)
- Must hold Canadian Citizenship by the Final Selection Date
- Must comply with AC rules concerning residency (AC By-Laws, Appendix A, Rule 016)
- Must submit an Athlete Declaration Form as per the dates outlined in Section 1.2
- Must be born in 1992 or 1993
- Must comply with Competitive Readiness Requirements as outlined in Section 5.0
- Must otherwise be eligible to participate in the 2009 World Youth Championships

1.4 Funding

This National Team will be partially self-funded. Although AC will help support the team through its own budget, as well as funds provided by the IAAF rebate program, all athletes are required to attend to some costs associated with this event. Costs may include, but not limited to: airfare, accommodations, meals, shipping, etc. Expected costs for this event will be communicated once they are known and will be determined upon confirmation of final team size.

1.5 Events

100m, 200m, 400m, 800m, 1500m, 3000m, 2000mSC, 110mH (boys), 100mH (girls), 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, OCT/HEP, 10kRW (boys), 5kRW (girls)

1.6 Maximum per Event

Up to two (2) athletes per event with standard may be selected.

1.7 Qualifying Trials

There will be no qualifying trials for this national team event.

1.8 Qualifying Period(s)

The Qualifying Period to achieve AC standards (Appendix A) is between May 1st, 2009 and June 21st, 2009. Only athletes that have met the standard and have submitted a declaration form by **June 1st, 2009** (as per Section 1.10) will be eligible for selection.

Exceptions - Combined Events, Racewalk, and Steeplechase (see section 4.0)

1.9 Final Selection Date

The AC National Team Committee (NTC) will make its final team selections following the completion of the Qualifying Period, and after all appeals, if any have been heard, as per Section 6.0. The final team selection will be made no later than the IAAF final entry deadline for this competition.

1.10 Final Declaration Date

Athletes are required to submit the Athlete Declaration Form available at (<http://www.athletics.ca/page.asp?id=329>) no later than **June 1st, 2009**. Failure to submit this form by the deadline will render the athlete ineligible for selection. Athletes must fax (613-260-0341), email (enteam@athletics.ca) or hand-deliver the form to the National Head Office.

1.11 Team List Announcement

AC will announce the team list through established communication channels (Provincial Branches, AC website, bulletin); selected athletes will be contacted directly.

1.12 National Team – Selection Rules Book

All athlete selections made in accordance with this Selection Criteria are subject to the rules and regulations as outlined in the National Team – Selection Rules Book (<http://www.athletics.ca/files//NationalTeamPrograms/NationalTeams/Policy/NATIONALTEAMSELECTIONRULESBOOKFINAL2008.PDF>).

2.0 TEAM OBJECTIVES

These criteria are set out to select athletes who meet the following specific objectives:

- To select the most competitive athletes born in 1992 or 1993 available who are prepared to achieve seasonal best performances at the World Youth Championships;
- To provide a positive international competitive and cultural experience for first year and returning national team athletes, and to prepare them for future National Teams with particular focus on preparing for the Moncton World Junior Championships in 2010.
- Team Goal: to match or improve upon the performance of the 2007 team in :
 - Number of medals - 1
 - Number of top 8 finishes – 5
 - Number of top 16 finishes – 21



3.0 SELECTION PROCESS

(all events except Combined Events, Racewalk, and Steeplechase)

Eligibility Pool

3.1 All eligible, **declared** athletes achieving standard during the Qualifying Period (Section 1.8) will be placed in the eligibility pool. **It is the responsibility of the athlete to submit eligible performances to Athletics Canada in order to be considered for selection.**

Final Selection Process

3.2 Eligible athletes achieving the standards listed in Appendix A will be ranked in their event according to their best performance. The top two (2) eligible athletes in each event who have achieved the standard within the Qualifying Period will be selected.

3.3 Any ties will be broken in the following priority order: 1) Head-to-Head result, 2) 2nd best performance within the qualifying period, 3) Most recently achieved standard.

3.4 See Section 2.0 of the National Team – Selection Rules Book for Performance Regulations (<http://www.athletics.ca/files//NationalTeamPrograms/NationalTeams/Policy/NATIONALTEAMSELECTIONRULESBOOKFINAL2008.PDF>).

4.0 SELECTION PROCESS FOR OTHER EVENTS

(Combined Events, Racewalk, and Steeplechase)

4.1 Due to more limited competitive opportunities IN THESE SPECIFIC EVENTS ONLY, standards achieved outdoors in 2009 prior to May 1st, 2009 in the Combined Events, Race Walks and Steeplechase will be considered.

4.2 For Racewalk, both road and track results will be accepted.

5.0 COMPETITIVE READINESS REQUIREMENTS

5.1 Training and Competition Plan

Upon official selection to the team, it is the obligation of the selected athletes **and** their personal coach to submit a training and competition plan for the period of June 21st - July 8th, 2009 and to inform team Head Coach, Hugh Conlin (hconlin@athletics.ca) immediately of any and all changes to this plan. It is also expected that the athletes will be clearly tapering during the final preparation phase prior to their event in order to be fresh and strong on competition day.

All submitted plans must address the following:

- Planned competitions, travel and training locations.
- Training volumes, intensities and periodization including recovery, injury prevention strategies and medical/paramedical interventions

Submitting Your Plan

Athletes must submit their plans to Director of Development Programs, Hugh Conlin (hconlin@athletics.ca) upon official selection to the team. Athletes who fail to submit a plan may be removed from the team and replaced with the next eligible and competitive-ready athlete.

5.2 Competitive Readiness

Injury or illness following fulfillment of the selection criteria may result in the athlete being de-selected from the team and replaced by the next eligible and competition-ready athlete. It is the obligation of the athlete to immediately report any injury or illness that could affect their ability to train or compete. AC's Medical Director (or designate) will determine the probability of optimal readiness which is defined as the ability of the athlete to be competitive and achieve equal or



superior performances (as compared to the qualifying performance achieved) at 100% effort at the 2009 IAAF World Youth Championships. The final decision will be made by the NTC based on the recommendation made by AC's Coordinating Physician (or designate). Injured and or ill athletes will be subject to a final proof of readiness test to be determined by the team Head Coach in conjunction with the personal coach but minimally will consist of a controlled performance such as a competition or observed test or trial. Athletes in this category will not travel with the team until this requirement has been satisfied.

IMPORTANT NOTE:

All athletes, if requested by the Head Coach, must be prepared to compete in relays.

5.3 Health Questionnaire

All athletes will have to fill out a standard health questionnaire before the trip. Athletes that will be under 18 years of age for the trip will be asked to obtain a statement from their physician stating that they are in good health and not at risk to travel and compete.

6.0 APPEALS

6.1 Only athletes who have achieved the AC Standards (see Appendix A) outdoors in 2009 may submit an Appeal for Selection.

6.2 Appeals for Selection are to be submitted only by filling out the official Athletics Canada form Appeals for Selection; please refer to Section 3.0 of National Team - Selection Rules Book for exact directions:

<http://www.athletics.ca/files//NationalTeamPrograms/NationalTeams/Policy/NATIONALTEAMSELECTIONRULESBOOKFINAL2008.PDF>

*Will be updated and published by March 1st, 2009



APPENDIX A – ATHLETICS CANADA (AC) SELECTION STANDARDS

Men	Event	Women
10.99	<i>100m</i>	12.11
21.95	<i>200m</i>	24.65
49.20	<i>400m</i>	56.84
1:54.40	<i>800m</i>	2:11.44
4:03.00	<i>1500m</i>	4:35.00
8:36.00	<i>3000m</i>	9:40.00
6:09.30	<i>2000m SC</i>	6:52.00
	<i>100m Hurdles</i>	14.34 (0.762m)
14.26 (0.914m)	<i>110m Hurdles</i>	
55.35 (0.840m)	<i>400m Hurdles</i>	62.50 (0.762m)
2.00m	<i>High Jump</i>	1.73m
7.00m	<i>Long Jump</i>	5.85m
14.77m	<i>Triple Jump</i>	12.00m
4.58m	<i>Pole Vault</i>	3.65m
17.40m (5 kg)	<i>Shot Put</i>	12.50m (4 kg)
52.00m (1.5 kg)	<i>Discus</i>	41.00m (1 kg)
61.0m (700g)	<i>Javelin</i>	43.0m (600g)
63.46m (5 kg)	<i>Hammer</i>	47.00m (4 kg)
5664 pts	<i>Octathlon</i>	
	<i>Heptathlon</i>	4600 pts
48:26.50	<i>10km RW</i>	
	<i>5km RW</i>	25:25.00

IMPORTANT NOTES ON MEMBERSHIP & RANKINGS:

1. Performances must appear on Athletics Canada's Rankings. It is the responsibility of the athlete to submit eligible performances to AC in order to be considered for selection. Please consult the Rankings section on AC's website for further details: <http://www.athletics.ca/page.asp?id=65>.
2. Standards must be achieved in accordance with Performance Regulations outlined in Section 2.0 of the National Team – Selection Rules Book: (<http://www.athletics.ca/files/NationalTeamPrograms/NationalTeams/Policy/NATIONALTEAMSELECTIONRULESBOOKFINAL2008.PDF>) - will be updated and published by March 1st, 2009.
3. Only performances from REGISTERED members of 2009 will be accepted for rankings. The rules read:

Rule 19

To be eligible for AC National team's selection, an athlete must hold a current Athletics Canada/Branch competitive Membership at the time the team selection criteria standard is achieved.

