



**CANADIAN INDOOR RANKINGS
STATISTIQUES EN SALLE 2004 - FINAL
- MEN / HOMMES -**

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(Updates/corrections always welcome/ Les corrections sont toujours bienvenues)

EVENT/ EVENEMENT

Perf	Athlete	Prov	DoB	Pos	Place	Date	2003IP*
Perf	Ahliète	Prov	Née	Pos	Place	Date	2003PenS*

50m

5.75	Nicolas Macrozonaris	QU	80	1	Saskatoon	07 Feb	5.69
5.81	Anson Henry	ON	79	2	Saskatoon	07 Feb	5.78
5.89	Okiki Akinremi	ON	75	5	Saskatoon	07 Feb	5.89
5.90	Hank Palmer	QU	85	6	Saskatoon	07 Feb	5.97
5.99	Jared Lewis	ON	85	1	Toronto	17 Jan	

60m

6.63	Nicolas Macrozonaris	QU	80	4	Birmingham GBR	20 Feb	6.56
6.63	Macrozonaris			3r2	Athens GRE	22 Feb	
6.66	Macrozonaris			1	Saskatoon	07 Feb	
6.67	Macrozonaris			4	Boston	31 Jan	
6.67	Macrozonaris			3h5	Budapest HUN	05 Mar	
6.68	Macrozonaris			1r1	Montreal(MG)	24 Jan	
6.70	Dave Tomlin	ON	76	2	Montreal(MG)	24 Jan	6.62
6.70	Anson Henry	ON	79	2s1	Blacksburg VA	13 Feb	6.80
6.70	Macrozonaris			4h1	Birmingham GBR	20 Feb	
6.72	Macrozonaris						
1s1	Saskatoon					07 Feb	
6.72	Henry			3	Saskatoon	07 Feb	
6.73	Charles Allen	ON	77	3	Saskatoon	07 Feb	6.73
6.73	Shannon King	ON	86	1	Toronto(MC)	08 Feb	6.81
6.74	Henry			1s2	Saskatoon	07 Feb	
6.74	Henry			2	Blacksburg VA	14 Feb	
6.75	Tyler Christopher	AB	83	1	Edmonton	17 Jan	6.95
6.76	Nathan Taylor	BC	83	2s1	Ann Arbor MI	28 Feb	
6.78	Troy Dos Santos	ON	74	2	Toronto(MC)	08 Feb	
6.79	Martin Grenier	QU	83	2	Windsor	13 Mar	6.88
6.80	Jared Lewis	ON	83	2	Windsor	07 Mar	
6.80	Andrew Lissade	QU	76	1	Sherbrooke	06 Mar	

6.81	Tanko Abass	QU	75	1H1	Montreal(CR)	13 Dec	
6.81	O'Neil Whittaker	ON	86	4	Toronto(MC)	25 Jan	
6.82	Pierre-Hans Horacius	QU	86	1r1	Montreal(CR)	13 Dec	6.85
6.82	Josias Gelin	QU	78	2	Sherbrooke	06 Mar	6.90
6.83	Michael James	ON	78	1h2	Toronto(UT)	10 Jan	
6.83	Hank Palmer	QU	85	5	Montreal(MG)	25 Jan	6.81
6.83	Carlton Chambers	ON	75	1s1	Saskatoon	07 Feb	6.90
6.83	Chambers			7	Saskatoon	07 Feb	
6.83	Donnavan Belle	ON	75	4	Toronto(MC)	08 Feb	
6.83	Grenier				Montreal(MG)	21 Feb	6.88
6.83	Justin McLennan	ON	84	3	Windsor	07 Mar	6.88
6.83	Fils-Aime Junior	QU	83	3	Sherbrooke	06 Mar	
6.84	Richard Adu-Bobie	ON	85	2	Montreal(MG)	22 Feb	
6.85	Curtis Fraser	ON	82	3h2	Blacksburg VA	13 Feb	6.86
6.86	Palmer			1h2	Montreal(MG)	29 Nov	
6.86	Rhoan Sterling	ON	80	7s1	Clemson SC	20 Feb	6.85
6.87	Pascal Caron	QU	72	1h3	Montreal(MG)	29 Nov	6.82
6.87	Duane Napier	ON	71	2h2	Windsor	07 Mar	
6.87	Shaun Johnson		81	1	Landover MD	14 Feb	6.86
6.88	Jarek Kulesza	QU	77	7	Montreal(MG)	25 Jan	
6.89	David Pedneault	QU	86	3r1	Montreal(CR)	13 Dec	6.90
6.89	Dennison Collins	ON	82	1h1	Toronto(MC)	13 Dec	
6.89	Okiki Akinremi	ON	75	4	Toronto(UT)	10 Jan	6.95
6.89	Remy-Ezra Khani	QU	77	4	Sherbrooke	06 Mar	6.96
6.90	Donovan Alexander	ON	85	3	Fargo ND	07 Feb	6.96
6.90	Randy MacAuley	ON	84	1	Windsor	14 Feb	
6.91	Robert Esmie	ON	72	2s3	Saskatoon	07 Feb	
6.91	Russell Brooks	QU	76	5	Montreal(MG)	22 Feb	
6.91	Luke MacInnis	ON	81	1	Toronto(MC)	27 Feb	
6.91	Robert Charboneau	QU	80	5	Sherbrooke	06 Mar	6.94
6.92	Shane Niemi	BC	78	1	Seattle	17 Jan	6.88
6.93	Emanuel Parris	ON	82	1h9	Toronto(MC)	13 Dec	
6.93	Emmanuel Montreuil	QU	82	5	Hanover NH	11 Jan	6.92
6.94	Maurice Ennis	ON	73	1h2	Harvard	22 Feb	
6.95	James Dutton	MB	79	1	Winnipeg	14 Jan	
6.95	Augustin Arthur	ON	78	1h3	Toronto(MC)	27 Feb	
6.96	Patrick Massok	QU	80	1h3	Montreal(MG)	25 Jan	6.86
6.96	Luis Vega Penso	ON	73	1h12	Toronto(MC)	08 Feb	
6.96	Anthony Garber	ON	83	1	Toronto(MC)	27 Feb	
6.96	David Bisset	AB	77	3h2	Windsor	13 Mar	
6.97	Steve Larsen	BC	75	7r1	Montreal(CR)	13 Dec	
6.97	Jonathan Charest	QU	88	1	Montreal(CR)	07 Feb	
6.97	Jeremy Koenig	NS				28 Feb	
6.98	Musa Jatta	QU		1r2	Montreal(MG)	29 Nov	
6.98	Kyle Robinson	ON	73	1h8	Toronto(MC)	08 Feb	
6.98	Brian Laville	SK	77	3	Winnipeg	27 Feb	
6.99	Julien Dugal	QU	84	2r2	Montreal(MG)	29 Nov	
6.99a	Neville Wright	AB	80	2	Calgary	31 Jan	
6.99	Jared Connaughton	PEI		5	Norman OK	31 Jan	6.90
6.99	Daniel Barbarie	ON	82	2	Ithaca NY	14 Feb	
6.99	Rob Fisher	AB	78	3	Edmonton	14 Feb	
Resident Foreigner							
6.72	Ahmed Awesu	ON	84	1	Toronto(UT)	10 Jan	
6.75	Ibrahim Meite	QU	76	1	Windsor	13 Mar	6.73
6.82	Antoine Boussombo	AB	68	1	Edmonton	14 Feb	
6.91	Irie Desire	AB	79	2s1	Edmonton	17 Jan	

6.92	Oluwole Ogunde	ON	84	2h3	Windsor		
6.92	Patrick Massok	QU	80	5	Windsor	13 Mar	
6.95a	Adewale Awosanya	?	?	3	Flagstaff	14 Feb	

200m

21.02	Ray Ardill	ON	81	1r2	Nampa ID	28 Feb	21.23
21.22	Tyler Christopher	AB	81	1h1	Saskatoon	07 Feb	21.73
21.23	Ardill			2r1	Nampa ID	31 Jan	
21.25	Ardill			4h1	Fayetteville AR	12 Mar	
21.28	Ardill			1	Nampa ID	24 Jan	
21.39	Nick Macrozonaris	QU	80	2	Montreal(MG)	24 Jan	21.62
21.47	Jarek Kulesza	QU	77	3	Montreal(MG)	24 Jan	21.66
21.58	Christopher			1	Montreal(MG)	22 Feb	
21.66	Dave Tomlin	ON	76	4	Montreal(MG)	24 Jan	
21.66	Shane Niemi	BC	78	3h2	Saskatoon	07 Feb	21.56
21.72	Hank Palmer	QU	85	5	Montreal(MG)	25 Jan	21.76
21.76	Palmer			1	Montreal(CR)	13 Dec	21.76
21.80	Rhoan Sterling	ON	80	3r9	Fayetteville AK	13 Feb	21.40 o/v
21.92	Sterling			1h1	Clemson SC	21 Feb	
21.96	Bob Westman	ON	83	2	Winnipeg	31 Jan	
22.04	Tobore Atawo	ON	81	4h3	New York	13 Feb	21.26
22.12	Richard Adu-Bobie	ON	85	2	Montreal(MG)	22 Feb	
22.12	Jared MacLeod	MB	80	1	Winnipeg	06 Mar	
22.13	Jonathan Charest	QU	88	8	New York NY	13 Mar	
22.15	Ryan Therrien	ON	83	3h4	Blacksburg VA	14 Feb	
22.16	Nathan Taylor	BC	83	3h6	University PK	14 Feb	
22.18	Adrian Woodley	ON	75	3s1	Syracuse NY	07 Feb	
22.21	Nathan Vadeboncoeur	MB	84	1	Winnipeg	16 Jan	21.92
22.21	Curtis Fraser	ON	82	1h4	Clemson SC	25 Jan	
22.22	Cordell Morrison	ON	86	1	Toronto(MC)	07 Dec	
22.22	Daniel Barbarie	QU	82	2h1	Ithaca NY	14 Feb	
22.23	Stephen Larsen	BC	75	2h1	Montreal(CR)	13 Dec	
22.32	Jamie Adjetey-Nelson	ON	84	1h6	Windsor	13 Dec	
22.34	Shaun Johnson		81	5	Landover MD	15 Feb	
22.35	Jared Connaughton	PEI	85	6	Houston TX	22 Feb	
22.35	Pierre-Hans Horacius	QU	86	3	Montreal(MG)	22 Feb	22.31
22.39	Julien Dugal	QU	84	3	Montreal(CR)	13 Dec	
22.43	Mike Taylor	SK	81	1	Regina	20 Feb	
22.47	Josias Gelin	QU		4	Montreal(MG)	22 Feb	
22.49	Juan Adreu	QU		5	Montreal(MG)	22 Feb	
22.51	Emmanuel J Parris	ON	82	1h13	Toronto(MC)	13 Dec	
22.61	Kane Doran	ON	60	1h1	Winnipeg	31 Jan	
22.63	Kojo Nyarko	AB	72	1	Edmonton	07 Mar	
22.64	Kevin Woodley	ON	85	1	Windsor	07 Mar	
22.70	Martin Semenowicz	ON	84		University PK	31 Jan	
22.70	Randy McAuley	ON	84	1h2	Ann Arbor MI	21 Feb	
22.72	Adrian Blair	ON		2s2	Syracuse NY	07 Feb	
22.77	Clayton Latham	ON	80	3	Windsor	07 Mar	
22.78	Mark Harris	ON	83	4h6	Madison WI	24 Jan	
22.78	Deon Crawley	ON	81	4	Windsor	07 Mar	
22.79	Tanko Abass	QU	75	5	Montreal(CR)	13 Dec	
22.79	Sheldon Kilcullen	MB	85	1	Winnipeg	07 Feb	

200m (Oversized Track-Greater than 200m)

21.53	Shane Niemi	BC	78	1h4	Seattle WA	14 Feb	21.56
21.89	Tobore Atawo	ON	81	9h	Seattle WA	27 Feb	
22.02	Luke McInnis	ON	81	1h6	South Bend	07 Feb	
22.09	Alex Alva	ON	83	2h6	Ames IA	14 Feb	22.42
22.29	Monte Raymond	ON	73	1h5	South Bend IN	07 Feb	22.26
22.40	Ryan McConnell	ON	73	1h2	South Bend IN	07 Feb	
22.42	Ryan Hanrahan			1h9	Ames IA	14 Feb	
22.45	Harland Moore	ON	79	4h4	Ames IW	14 Feb	
22.47	Iain McLellan	BC	78	2h1	Seattle WA	15 Feb	22.22o/v
22.49	Joel Halcro	BC	77	2h2	Seattle WA	15 Feb	
22.51	Ira Thompson	BC	84	2h4	Seattle WA	15 Feb	
22.71	Cody Smith	BC	85	8	Seattle	17 Jan	

Resident Foreigner

21.60	Irie Desire	AB	81	4	Saskatoon	07 Feb	
21.84a	Adewale Awosanya	AB		5	Flagstaff AZ	14 Feb	
22.73	Emie Ukwuoma	ON	84	2s3	Syracuse NY	07 Feb	
22.74	Oluwole Ogunde	ON	84	2	Windsor		

300m

32.95	Tyler Christopher	AB	81	1	Winnipeg	31 Jan	33.84
35.19	Paul Chevin	ON	81	1	Montreal(CR)	13 Dec	35.69
35.26	Rob Fisher	AB	78	3	Winnipeg	31 Jan	
35.32	Nathan Cross	AB	81	4	Winnipeg	31 Jan	
35.40	Juan Abreu	ON	72	3	Montreal(CR)	13 Dec	35.69
35.44	Aaron Baynes	SK	85		Winnipeg	31 Jan	
35.51	Julien Dugal	QU	84	1	Sherbrooke	06 Mar	35.97
35.55	Totemy Leseyo	ON	82	4	Montreal(CR)	13 Dec	
35.56	Mark Cocks	AB	83	6=	Winnipeg	31 Jan	35.90
35.56	David Shanks	AB	81	6=	Winnipeg	31 Jan	
35.71	Robert Charbonneau	QU	80	5	Montreal(CR)	13 Dec	
35.71	Shawn Peters	SK	79	1	Regina	20 Feb	

300 (Note: The 300m under the sanction of the CIS is at variance with IAAF rules. The following is info only the times are invalid). The 300m Canadian records set under CIAU/CIS rules are being investigated.

33.79	Bob Westman	ON	83			06 Feb	34.67
34.40	Christian Hefferman	ON		1		06 Feb	34.58
34.66	Jamie Adjetey-Nelson	ON	84			06 Feb	
34.67	Martin Grenier	QU	79	2	Montreal(MG)	21 Feb	34.80
34.67	Luke McInnis	ON	81	2	Toronto(MC)	27 Feb	35.93
34.68	Emmanuel Montreuil	QU	82	1h2	Montreal(MG)	21 Feb	34.94
34.96	David Montreuil	QU	82	2h2	Montreal(MG)	21 Feb	
35.04	Marc-Andre Perron	QU	81	3h1	Windsor	12 Mar	35.20
35.21	Mike Taylor	SK	81	2h4	Winnipeg	27 Feb	
35.23	Mussa Jatta	ON	86	4h2	Montreal(MG)	21 Feb	
35.34	Adrian Blair	ON		3	Toronto(MC)	27 Feb	35.59
35.34	Nathan Cross	AB	80	2h2	Winnipeg	27 Feb	
35.36	Aaron Baynes	SK	85	3	Winnipeg	27 Feb	
35.39	Randy McAuley	ON	84		Montreal(MG)	06 Feb	
35.39	Daniel Barbarie	QN	82	3	Toronto(MC)	28 Feb	35.47
35.44	Rob Fisher	AB	78	31h3	Winnipeg	27 Feb	
35.46	David Shanks	AB	81	2h2	Winnipeg	27 Feb	
35.51	Neville Wright	AB	80	2h3	Winnipeg	27 Feb	

35.66	Andrew Sisley	ON	84	1h3	Montreal(MG)	22 Feb	35.65
35.69	Steve Morin	QU	81	5h2	Montreal(MG)	22 Feb	35.23
35.65	Mark Cocks	AB	84	2h1	Winnipeg	27 Feb	35.90
35.76	Peter Mitchell	ON	82		Montreal(MG)	29 Nov	35.67
35.77	Omar Gianfrecesco	QU		4h1	Montreal(MG)	22 Feb	
35.96	Lasego Toteng	QU	82	5h1	Montreal(MG)	22 Feb	
35.97	Derek Quigley	ON	82	2	Windsor	16 Jan	35.79

Oversized Track-In Excess of 200m

33.79	Bob Westman	ON	83	1s3	South Bend IN	06 Feb	34.67
34.13	Monte Raymond	ON	73	2s3	South Bend IN	06 Feb	34.61
34.40	Christian Hefferman	ON	83	1s4	South Bend IN	06 Feb	34.58
34.66	Jamie Adjetej-Nelson	ON	84	3s4	South Bend IN	06 Feb	
34.90	Stanley Samuels	ON	76	3s3	South Bend IN	06 Feb	
35.13	Luke MacInnis	ON	81	4s3	South Bend IN	06 Feb	35.93
35.92	Sean Lambert	ON	82	2s1	South Bend	06 Feb	
35.39	Randy McAuley	ON	84	1s2	South Bend	06 Feb	
35.59	Gavin McTavish	ON	81	2h2	South Bend	06 Feb	

Resident Foreigner

34.22	Ibrahim Meite	QU	76	1	Windsor	12 Mar	
34.72	Antoine Bousomo	AB	60	3	Windsor	12 Mar	

400m

47.13	Ray Ardill	ON	81	1	Nampa ID	14 Feb	47.24
47.39	Ardill			7	Nampa ID	07 Feb	
47.40	Ardill			2	Nampa ID	31 Jan	
47.52	Ardill			1r1	Nampa ID	27 Feb	
47.98 PjrR	Nathan Vadeboncoeur	MB	84	1	Winnipeg	16 Dec	48.40o/v
48.09	Vadeboncoeur			4r2	Ann Arbor MI	28 Feb	
48.23	Vadeboncoeur			1	Champaign IL	31 Jan	
48.25	Vadeboncoeur			1h4	Ann Arbor MI	28 Feb	
48.47	Alex Alva	ON	83	4	Cedar Falls IW	21 Feb	
48.59	Alva			2	Terre Haute IN	28 Feb	
48.76	Ryan Therrien	ON	83	1h5	Clemson SC	21 Feb	
49.13	Sasha Cessaratto	QU		6	Boise ID	31 Jan	
49.60	Kojo Nyarko	AB	72	1	Edmonton	06 Mar	
49.61	Brian Roppelt	AB	83	2	Edmonton	06 Mar	
49.71	Liam Smith	ON	81	2h2	New York NY	27 Feb	
49.78	Keenan Geer	ON	86	1s3	Syracuse NY	07 Feb	52.42
49.82	Paul Chauvin	ON	81	1s1	Syracuse NY	07 Feb	
49.91	Jon Kilcullen	MB	85	1	Winnipeg	05 Mar	
50.00	Geer				New York NY	13 Mar	
50.48	Jonathan Charest	QU	88	1	Sherbrooke	13 Dec	
50.49	Adam Seabrook	ON	85	1	Toronto(MC)	22 Feb	
50.65	Clyde Bridge	ON	84	1	Windsor	06 Mar	
50.86	Ian Butcher	ON	86	2	Toronto(MC)	25 Jan	52.28
50.97	Mark Armstrong	ON	84	2	Windsor	06 Mar	
51.00	Justin Beanblossom	AB	80	1	Edmonton	01 Dec	
51.02	Ryan Sprunger	AB	77	2	Edmonton	01 Dec	
51.05a	David Shanks	AB	81	1	Calgary	19 Jan	
51.19	Tarek El Morsej	ON	85	3	Windsor	06 Mar	
51.24	Ed Kalinowski	SK	86	2	Winnipeg	06 Mar	50.91
51.35	Michael Gibbons	ON	79	1	Toronto(MC)	13 Dec	
51.38	Shane Ferth	ON		1s5	Syracuse NY	07 Feb	

51.42	Daniel Kotylak	ON	76	1s4	Syracuse NY	07 Feb	
51.44	Carl Hayes	ON	83	7	Lincoln NEB	23 Feb	
51.46	Trent Ratzlaff	AB	86	1	Edmonton	06 Mar	52.63
51.50	Tyrone Grey	ON	85	3	Toronto(MC)	22 Feb	
51.57	Blair Bateson	AB	86	2	Edmonton	06 Mar	52.77
51.71	Davis Dowhaniuk	ON	85	2s5	Syracuse NY	07 Feb	
51.74	Christian	ON	79	2	Toronto(MC)	13 Dec	
51.77	Deon Crawley	ON	81	5	Windsor	06 Mar	
51.86	Jeff Kelly	ON	84	6	Windsor	06 Mar	
51.87	Justin Basdeo	ON	86	4	Toronto(MC)	25 Jan	
51.91	Andrew Schellenberg	MB	87	1	Winnipeg	05 Mar	
51.92	Andrew James	ON	84	7	Windsor	06 Mar	49.91
51.97	Duncan Rhoda	MB	83	2	Winnipeg	06 Mar	
52.07	Jared Fletcher	MB		3	Winnipeg	06 Mar	
52.29	Darryl Harrison	MB		4	Winnipeg	06 Mar	
52.36	Andrew Young	ON	81	6	Windsor	06 Mar	
52.36	Jordan Taft	AB	86	3	Edmonton	06 Mar	
52.39	Solomon Ssenyange	MB	77	2	Winnipeg	16 Dec	
52.48	David Holm	AB	86	4	Edmonton	06 Mar	
52.50	Dwayne White	ON	84	2	Toronto(MC)	06 Dec	
52.50	Cordell Morrison	ON	86	7	Toronto(MC)	25 Jan	
52.52	Andrew Durand	ON	85	8	Toronto(MC)	25 Jan	
52.56	Paul Young	ON	84	9	Windsor	06 Mar	
52.59	Jon Potvin	MB		2	Winnipeg	05 Mar	
52.68	Lawrence Williams	ON	70	3s1	Syracuse	07 Feb	
52.69	Andrew Myers	ON	79	3	Toronto(MC)	13 Dec	
52.74	Stefan Arnason	MB	87	3	Winnipeg	05 Mar	
52.76	Haven Alexander	ON	78	9	Toronto(MC)	25 Jan	
52.83	David Kelly	MB		3	Winnipeg	06 Mar	
52.90	Christopher Hrynkow	MB	77	5	Winnipeg	06 Mar	
53.11	Steven Kristensen	ON	85	5s5	Syracuse	07 Feb	
53.12	Blair Nelsen	AB	81	5	Edmonton	01 Dec	

400m (Oversized track-Greater than 200)

47.34	Gary Reed	BC	80	1	Seattle	17 Jan	
47.60	Nathan Vadeboncoeur	MB	84	2h5	Ames IW	14 Feb	
48.26	Neil Hurtubise	BC	82	4h6	Seattle WA	15 Feb	
48.51	Stanley Samuel	ON	76	10	South Bend IN	06 Mar	48.69
48.57	Iain Frederick	BC		4h1	Seattle WA	15 Feb	
48.85	Tim Mason	BC		1h1	Seattle	15 Feb	
49.03	Monte Raymond	ON	73	14	South Bend IN	06 Mar	48.65
49.43	Liam Card	ON	80	17	South Bend IN	06 Mar	
48.92	Rob Drapula	BC	85	2h2	Seattle	15 Feb	
49.48	Cody Smith	BC	85	3h2	Seattle WA	15 Feb	
50.18	Harland Moore	ON	79	14	Murfreesboro TN	29 Feb	

500m

1:10.30	Tyson Unruh	SK	89	1	Saskatoon	26 Mar	
1:10.49	Joel Senick	SK	89	2	Saskatoon	26 Mar	
1:10.81	Christopher Hrynkow	MB	77	7	Fargo ND	07 Feb	

600m

1:16.21	Gary Reed	BC	80	1	Winnipeg	31 Jan	1:18.21
1:18.16	Matt Lincoln	ON	82	1	University PK	30 Jan	1:20.31
1:18.66	Ryan McKenzie	ON	83	2	Winnipeg	31 Jan	1:18.26
1:18.76	McKenzie			1	Toronto(MC)	28 Feb	
1:18.79	Kyle Smith	ON	85	1	Eastern Mich	17 Jan	
1:19.53	David Gill	QU	78	1	Winnipeg	31 Jan	1:19.25
1:19.74	David Shanks	AB	81	2	Windsor	13 Mar	1:20.53
1:20.05	Andrew Ellerton	ON	83	1	Ann Arbor	10 Jan	1:19.11
1:20.43	Brian Roppelt	AB	83	2	Edmonton	16 Jan	
1:20.58	Josh Henderson	BC	80	3h1	Windsor	11 Mar	
1:20.79	Scott Kennedy	BC	81	2	Winnipeg	27 Feb	
1:20.80	Bob Westman	ON	83	5	Winnipeg	31 Jan	
1:21.22	Steve Armitage	ON	82	5	University PK	30 Jan	
1:21.26	Robin Bourke	ON	79	3	Toronto(MC)	27 Feb	1:20.34
1:21.49	Sheldon Kilcullen	MB	85	4	Winnipeg	27 Feb	
1:21.54	Jean-Phillipe Morency	QU	78	1	Sherbrooke	17 Jan	
1:21.55	Sheldon Kilcullen	MB	85	4h1	Windsor	11 Mar	
1:21.59	Iain McCormick	SK	85	5	Winnipeg	27 Feb	
1:21.88	Wesley Rehel	QU	82	1h2	Montreal(MG)	22 Feb	
1:22.02	Trevor Pye	ON	81	4	Toronto(MC)	28 Feb	1:23.02
1:22.14	Tafari Mbadiwe	ON		5	Toronto(MC)	28 Feb	
1:22.21	Simon Kawani	ON	82	1	Toronto(MC)	08 Feb	
1:22.30	Colin Duffy	NS		5h1	Windsor	11 Mar	
1:22.46	Brady Straw	ON	82	3h1	Montreal(MG)	22 Feb	
1:22.82	Nathan Reiter	ON		6	Toronto(MC)	28 Feb	
1:22.84	Adam Currie	QU	84	1	Sherbrooke	06 Mar	
1:22.85	Mark Nelson	BC	83	10	Winnipeg	31 Jan	1:23.11Bob
1:22.88	Eric Fenety	QU	86	4h1	Montreal(MG)	22 Feb	
1:22.90	Steve Morin	QU	81	2	Sherbrooke	17 Jan	1:20.06
1:22.97	Solomon Ssenyange	AB	77	11	Winnipeg	31 Jan	1:22.07
1:23.04	Jose Carvalho	ON	82	2	Toronto(MC)	08 Feb	
1:23.07	Neil Dietrich	ON	81	8	Toronto(MC)	28 Feb	
1:23.08	Tony Valente	ON	80	12	Winnipeg	31 Jan	
1:23.12	Brandon Lewis	ON		2	Montreal(MG)	24 Jan	
1:23.19	Kevin Bright			3	Montreal(MG)	24 Jan	
1:23.27	Sean Kyle	ON	86	4r3	University PK	31 Jan	
1:23.29	Gino Levesque	QU	83	2s2	Laval	06 Mar	
1:23.36	Chris Hrynkow	MB	77	6	Winnipeg	27 Feb	
1:23.46	Travis Anderson	ON	77	4	Toronto(MC)	08 Feb	
1:23.73	Adrian Taylor	ON	75	1	Toronto(UT)	10 Jan	
1:23.83	Justin Hall	ON	83	7h1	Montreal(MG)	22 Feb	
600m (Oversized Track-Greater than 200)							
1:18.60	Zach Whitmarsh	BC	80	1	Seattle WA	17 Jan	1:17.61
1:20.15	Andy Brown	BC		3	Seattle	17 Jan	
1:20.21	Scott Kennedy	BC	81	4	Seattle	17 Jan	
1:20.52	Graeme Pitches	BC	83	1	Seattle	15 Feb	
1:20.81	Josh Henderson	BC	79	2	Seattle WA	15 Feb	
1:21.73	Mark Nelson	BC	83	7	Seattle	17 Jan	1:23.39
1:22.10	Jordan Shimmell	BC	85	3	Seattle WA	15 Feb	
1:22.34	Craig Babiuk	BC	81	4	Seattle WA	15 Feb	
1:22.45	Josh Henderson	BC	80	9	Seattle	17 Jan	1:21.86

800m

1:46.47	PNR Gary Reed	BC	80	4	Fayetteville AK	14 Feb	!:	48.42	o/v
1:47.61	Nathan Brannen	ON	82	1	Fayetteville AR	13 Mar			
1:47.74	Brannen			1	Ann Arbor MI	29 Feb			
1:48.16	Brannen			2	University PK	14 Feb			
1:48.50	Brannen			2h1	Fayetteville AR	12 Mar			
1:48.83	Matt Lincoln	ON	82	3	University PK	14 Feb			
1:48.91	Reed			1	Budapest HUN	24 Feb			
1:49.13	Andrew Ellerton	ON	83	4	University PK	14 Feb			
1:50.27	Andrew Maloney	ON	82	2	Boston MA	08 Mar			
1:50.31	Reed			1	Bratislava SVK	28 Feb			
1:50.81	Ellerton			3	Ann Arbor MI	29 Feb			
1:50.96	Ellerton			1	Ann Arbor	24 Jan	1:	51.81	o/v
1:51.11	Brannen			1h2	Ann Arbor MI	28 Feb			
1:51.17	Kol Henrikson	BC	84		Pocatello	30 Jan	1:	51.29	o/v
1:51.35	Lincoln			3	University Pk PA	17 Jan	1:	49.97	
1:51.79	Kyle Smith	ON	85	1	Madison WI	24 Jan	1:	56.77	
1:51.81	Ryan McKenzie	ON	83	1	Saginaw	23 Jan			
1:52.36	Zach Whitmarsh	BC	80	1	Winnipeg	31 Jan	1:	47.38	o/v
1:52.46	Taylor Milne	ON	82		Chapel Hill	28 Feb			
1:53.59	Josh Wolfe	QU	85	5	Boston	22 Feb			
1:54.58	Saheed Khan	ON	84	3	Pocatello ID	06 Mar			
1:54.83	Ryan Finn	ON	87	1	Windsor				
1:54.83	Sam Jerema	MB	83	1	Winnipeg	05 Mar			
1:54.95	Chris Leverette	ON	84	4	Landover MD	14 Feb			
1:54.96	Scott Kennedy	BC	81	2	Winnipeg	31 Jan			
1:55.08	Mathew Scobie	SK	84	1	Regina	20 Feb			
1:55.08	Brian Roppelt	AB	83	1	Edmonton	07 Mar			
1:55.26	Michael Ciampini	QU		13	Nampa	30 Jan			
1:55.27	Glenn Saqui	BC	80	3	Winnipeg	31 Jan			
1:55.33	Jean-P Morency	QU	78	5	Hannover NH	11 Jan			
1:55.98	Chris Hrynkow	MB	77	4	Winnipeg	31 Jan			

800m (Oversized Track-Greater than 200m)

1:49.79	Zach Whitmarsh	BC	80	2	Seattle WA	14 Feb			
1:50.84	Andy Brown	BC		2	Seattle	31 Jan			
1:52.21	Eric Morrison	ON	82	1c	South Bend	23 Jan			
1:52.28	Craig Babiuk	BC	81	2	Seattle	17 Jan			
1:52.87	Kurt Benninger	ON	85	3	South Bend	23 Jan			
1:55.73	Richard Lehman	BC		6	Seattle	17 Jan			

1000m

2:21.60	Nate Brannen	ON	82	4	Boston MA	31 Jan			
2:23.10	Ryan McKenzie	ON	78	1	Windsor	12 Mar			
2:25.05	Corey Armstrong	SK	82		Winnipeg	27 Feb			
2:26.38	Andrew Maloney	ON	82	2	University PK	31 Jan			
2:26.68	Andy Hahn	ON	76	2	Windsor				
2:27.09	Erik Sproll	AB	83	1	Columbia MO	23 Jan	2:	23.48	
2:27.15	Mathew Scobie	SK	84	2	Windsor	12 Mar	2:	32.01	
2:27.49	Robin Bourke	ON		3	Windsor	12 Mar			
2:28.18	Craig Babiuk	BC	81	2	Winnipeg	31 Jan	2:	28.91.	
2:28.20	David Gill	QU	78	1	Montreal(MG)	29 Nov	2:	31.1	
2:28.37	Jean-Phillippe Morency	QU	78	1	Montreal(MG)	24 Jan	2:	32.65	

2:28.95	Sam Jerema	MB	83	2	Winnipeg	27 Feb	2:29.67
2:28.96	Iain McCormick	SK	85	3	Winnipeg	27 Feb	
2:29.13	Jeffrey McCabe	ON	83	2	Montreal(MG)	24 Jan	
2:29.16	Josh Wolfe	QU	85	2	Montreal(MG)	24 Jan	
2:29.16	Joe Frison	AB	81	4	Winnipeg	31 Jan	
2:29.45	Chris Leverette	ON	84	8	University PK	17 Jan	
2:29.56	Robert Switzer	ON		2s1	Syracuse NY	08 Feb	
2:29.69	Eric Morrison	ON	82	1	Toronto(UT)	10 Jan	2:28.28
2:29.74	Shala Hussein	ON	84	8	Lincoln NB	28 Feb	
2:29.90	Trevor Caldwell	ON	79	2	Ithaca NY	14 Feb	
2:30.11	Brian Roppelt	AB	83	1	Edmonton	14 Feb	
2:30.44	William Gibbons	ON	85	4s1	Syracuse NY	08 Feb	
2:30.47	Kevin Dunbar	ON	75	2	Toronto(UT)	10 Jan	
2:30.50	Brin Torrance	AB	60	5	Winnipeg	31 Jan	
2:30.73	Kyle Desormeaux	ON	80	5	Windsor	12 Mar	
2:30.82	Andrew Dunbrack	ON	79	17	University PK	30 Jan	
2:31.01	Colin Lawrence	ON	85	5s1	Syracuse	08 Feb	
2:31.09	Chris D'Esterre	ON		4	Montreal(MG)	24 Jan	
2:31.16	Adam Currie	QU	84	1h1	Montreal(MG)	22 Feb	
2:31.27	Scott Nelms	ON	81	5	Montreal(MG)	24 Jan	
2:31.32	Blake Murphy	ON	78	6	Montreal(MG)	24 Jan	
2:31.56	Paul Tichelaar	AB	82	5	Winnipeg	28 Feb	
2:31.76	Glenn Saqui	BC	80	6	Winnipeg	28 Feb	
2:31.90	Andrew Macaulay	ON		24	University PK	30 Jan	
2:32.05	Boukitari Ajamel	QU	75	1	Montreal(CR)	13 Dec	

1000m Oversized Track(Greater than 200m)

2:23.99	Ryan McKenzie	ON	83	1r3	South Bend IN	07 Feb	2:22.44 ov
2:28.93	Robin Bourke	ON		2r3	South Bend IN	07 Feb	2:27.74
2:29.13	Kyle Desormeaux	ON	80	3r3	South Bend IN	07 Feb	2:29.99
2:29.35	Peter Dunbrack	ON	83	1s1	South Bend IN	07 Feb	
2:29.56	Scott Kennedy	BC	81	2	Seattle WA	15 Feb	
2:29.77	Steve Armitage	ON	82	4r3	South Bend IN	07 Feb	

1500m

3:41.44@	Kevin Sullivan	ON	74	3	Fayetteville AR	14 Feb	
3:44.5	Ryan McKenzie	ON	83	1	Windsor	14 Feb	3:53.22
3:48.25	Jayson Cantin	ON	77	1	Toronto(UT)	24 Jan	
3:49.88	Reid Coolsaet	ON	79	2	Toronto(UT)	24 Jan	3:51.12
3:53.37	Daniel Blouin	ON	78	1	Montreal(MG)	24 Jan	
3:53.92	Trevor Caldwell	ON	79	3	Toronto(UT)	24 Jan	
3:54.47	Eric Gillis	NS		3	Windsor	13 Mar	
3:54.91	Scotty Arnald	ON	82	2	Montreal(MG)	24 Jan	
3:55.01	Taylor Murphy	ON	79	4	Toronto(UT)	24 Jan	
3:55.1	Cleve Thorsen	ON	81	2	Windsor	14 Feb	
3:55.23	Mathew Scobie	SK	84	1	Winnipeg	27 Feb	
3:55.37	Greg Dailey	ON	73	1s2	Toronto(UT)	24 Jan	
3:55.66	Glenn Saqui	BC	80	2	Winnipeg	27 Feb	
3:55.85	Sam Jerema	ON	83	1	Winnipeg	14 Jan	
3:56.2	Kyle Desormeaux	ON	80	3	Windsor	14 Feb	
3:57.1	Brandon Young	ON	82	4	Windsor	14 Feb	
3:57.5	Scott Nelms	ON	81	5	Windsor	14 Feb	
3:57.64	David Gill	QU	78	2h1	Montreal(MG)	22 Feb	
3:57.67	Kevin Dunbar	ON	75	1	Toronto(UT)	24 Jan	

3:58.27	Francois Marceau	QU	70	1		31 Jan
3:58.28	Brian Walker	MB			Winnipeg	16 Dec
3:58.29	Andrew Smith	ON	79	6	Toronto(UT)	24 Jan
3:58.2	Ryan Ellis	ON		6	Windsor	14 Feb
3:58.28	Sandy Bain	SK	83	4	Winnipeg	27 Feb
3:58.30	Brad Hove	AB	82	5	Winnipeg	27 Feb
3:58.86	Andrew Catton	ON	79	2	Toronto(UT)	10 Jan
3:58.96	Nathan Kendrick	AB	79	1	Edmonton	14 Feb
Resident Foreigner						
3:53.80???	Jean-Claude Nduwingoma	QU	88	1	Sherbrooke	07 Mar

Mile/ Mille

3:56.57	Kevin Sullivan	ON	74	3	Fayetteville	14 Feb	
4:01.15	Dylan Wykes		83	1	Boston	07 Feb	
4:04.64	Shala Hussein	ON	84	3	Ames IA	06 Mar	
4:05.50	Taylor Milne	ON	82		Blacksburg VA	21 Feb	
4:06.92	Milne			1	Blacksburg VA	14 Feb	
4:07.03	Milne			7h1	Fayetteville AR	12 Mar	
4:07.80	Gerry Groothuis	ON	82	1	New York	08 Feb	
4:08.55	Craig Babiuk	BC	80	14	Seattle WA	14 Feb	
4:08.74	Kurt Benniger	ON	82	2	Syracuse NY	22 Feb	
4:08.76	Simon Bairu	SK	83	4	Wisconsin	24 Jan	4:13.33
4:09.16	Eric Morrison	ON	82	3	Syracuse	22 Feb	
4:09.55	Wykes		83	2	Boston MA	17 Jan	4:08.89
4:10.42	Colin Sullivan	ON	82	3	Lexington KY	31 Jan	
4:15.39	Will McComb	BC	80	8	Minneapolis MN	24 Jan	8:00.46
4:15.56	Michael Ciampini	QU		4	Nampa	07 Feb	
4:17.07	Saheed Khan	ON	84	3	Pocatello ID	17 Jan	
4:19.23	Adam Currie	QU	84	4	Hannover NH	11 Jan	
4:19.81	Matt Goodale	ON	84		Blacksburg VA	21 Feb	

Mile (Oversized Track-Greater than 200)

3:58.55	Nathan Brannen	ON	82	2	South Bend IN	07 Feb	
4:02.18	Taylor Milne	ON	82	4	South Bend IN	06 Mar	
4:02.80	Eric Morrison	ON	82	9	South Bend IN	07 Feb	
4:03.67	Kurt Benniger	ON	85	10	South Bend IN	07 Feb	
4:06.27	Benniger			12	South Bend IN	06 Mar	
4:10.61	Glenn Saqui	BC	80	3	Seattle	17 Jan	

3000m

7:44.46PNR	Kevin Sullivan	ON	74	3	Boston MA	31 Jan	
7:48.38	Sullivan			6s2	Budapest HUN	05 Mar	
7:56.61	Paul Morrison	ON	80	6	Fayetteville AR	14 Feb	
7:58.70	Dylan Wykes		83	1	Boston	31 Jan	8:07.80
8:00.35	Sullivan			2	Ann Arbor	24 Jan	7:57.69
8:03.20	Nathan Brannen	ON	82	4	Ann Arbor	24 Jan	8:24.56
8:03.85	Simon Bairu	SK	83	4	Ann Arbor MI	28 Feb	
8:05.89	Morrison			2	Fayetteville AR	24 Jan	
8:06.80	Bairu			8	Fayetteville AR	13 Mar	
8:11.27	Eric Gillis	NS	80	1	Boston MA	13 Feb	
8:14.18	Reid Coolsaet	ON	79	2	University PK	31 Jan	
8:14.22	Jay Cantin	ON	77	3	University PK	31 Jan	

8:14.29	Joe Dionne		83	1	Boston MA	28 Feb	
8:15.17	Wykes			1	Syracuse NY	22 Feb	
8:18.44	Brandon Young	ON	82	1	Windsor	12 Mar	8:30.51
8:19.61	Kurt Benniger	ON	85	5	Syracuse NY	22 Feb	
8:20.36	Taylor Milne	ON	82		Blacksburg VA	22 Feb	
8:21.83	Matthew Kerr	ON	76	1	Blacksburg VA	14 Feb	8:12.09
8:24.12	Nathan Kendrick	AB	79	3	Windsor	12 Mar	
8:26.39	Trevor Caldwell	ON	79		Toronto(UT)	20 Feb	
8:26.80	Wykes			15	Fayetteville AR	13 Mar	
8:27.44	Daniel Blouin	QU	78	1	Montreal(CR)	31 Jan	
8:27.54	Kelsey Kelemen	AB	80	2	Winnipeg	31 Jan	
8:28.10	Michael Booth	MB	80	3	Winnipeg	31 Jan	
8:29.14	Sandy Bain	SK	83	2	Winnipeg	27 Feb	
8:29.18	Brian Walker	MB	82	4	Winnipeg	31 Jan	8:29.25
8:29.84	Mike Woods	ON	86	2	Syracuse NY	08 Feb	
8:30.61	Andrew Smith	ON	79	3	Windsor		
8:30.81	Michael Logue	ON		1	Toronto(UT)	20 Feb	
8:31.67	Scotty Arndt	ON	82	3s1	Syracuse NY	08 Feb	
8:32.20	Kristjan Hunter	MB	84	1	Winnipeg	05 Mar	
8:32.98	James Gosselin	ON	77	2	Toronto(MC)	27 Feb	
8:33.46	Francois Menard-Kilrane	QU	82	2	Laval	06 Mar	
8:34.74	Michael Ciampini	QU		2	Nampa ID	24 Jan	
8:34.93	Alex L'Heureau	QU	80	2b	Ann Arbor MI	24 Jan	8:18.06
8:34.98	Cleve Thorson	ON	81	7	Windsor	12 Mar	
8:35.66	Joshua Karanja	ON	84	2	Sherbrooke	13 Dec	
8:36.19	John Bodirlau	ON	80	4	Toronto(MC)	27 Feb	8:28.78 o/v
8:36.27	Dallas Raudebaugh	AB	60	7	Winnipeg	31 Jan	
8:37.27	Natham Kendrick	AB	79	1	Edmonton	15 Feb	
8:37.46	Francois Marceau	QU		1	Montreal(MG)	24 Jan	
8:37.65	Spencer Morrison	ON		5	Toronto(MC)	27 Feb	
8:38.02	Matt Goodale	ON	84		Blacksburg VA	21 Feb	
8:39.9	Curtis Archibald	NS	75	1	Halifax	22 Feb	
8:40.04	Stephen Drew	ON	77	7s1	Syracuse NY	08 Feb	
8:40.21	David Jackson	ON		4	Windsor		
8:41.09	Bradley Keefe	MB	81	10	Winnipeg	31 Jan	
Resident Foreigner							
8:08.05 ???	Jean-Claude Nduwingoma	QU	88	1	Sherbrooke	05 Mar	
3000m (Oversized Track-Greater than 200)							
7:55.47	Ryan Hayden	BC	82	6	Seattle	30 Jan	
7:57.05	Simon Bairu	SK	83	2r2	South Bend IN	06 Feb	
7:57.08	Reid Coolsaet	BC	79	4	Seattle WA	14 Feb	
7:57.39	Jay Cantin	ON	77	5	Seattle WA	14 Feb	
8:00.88	Alex Hutchinson	ON	75	1	South Bend IN	06 Mar	
8:01.36	Bruno Mazzotta	BC	80	9	Seattle WA	14 Feb	8:07.78o/v
8:03.13	Matt Johnston	BC	78	15	Seattle	30 Jan	
8:09.32	Gerry Groothuis		82	10	Ames IO	14 Feb	
8:10.93	David Milne	BC	79	18	Seattle	30 Jan	8:18.89o/v
8:17.87	Samuel Pawluk	BC	85	23	Seattle	30 Jan	
8:18.10	Trevor O'Brien	NF		24	Seattle	30 Jan	
8:20.41	Richard Mosley	BC	82	26	Seattle	30 Jan	
8:20.84	Adam Hortian	ON	83	2	New York	20 Feb	
8:21.24	Michael Ciampini	QU		14	Seattle WA	06 Mar	
8:22.04	Taylor Murphy	ON	79	1h1	South Bend IN	06 Feb	
8:22.69	Brandon Young	ON	82		South Bend IN	06 Feb	
8:27.90	Michael Thorson	ON	81	3	South Bend IN	06 Feb	
8:29.05	John Bordilau	ON		5s1	South Bend IN	06 Feb	

Resident Foreigner

8:30.94	Hayden Prosser	BC/NZ	9	Seattle	17 Jan
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5000m

13:54.46	Simon Bairu	SK	83	6	Fayetteville AR	12 Mar	
13:56.71	Ryan Hayden	ON	82	3	New York NY	27 Feb	
13:59.48	Balru			2	Ann Arbor MI	29 Feb	
14:00.70	Bairu			3	Iowa City IW	14 Feb	14:07.02 o/v
14:23.74	Adam Hortian	ON	83	9	Boston MA	14 Feb	
14:30.37	Taylor Murphy	ON	79	3	University PK	31 Jan	
14:44.66	Ricardo Santos	ON	76	19	Boston MA	14 Feb	
14:52.16	Nigel Wray	ON	82	24	Boston MA	14 Feb	

5000(Oversized Track-Greater than 200

14:43.54	Ken Myers	BC		21	Seattle	06 Mar
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5000mW / 5000mM

23:33.62	Pierre-Luc Menard	QU	86	1	Sherbrooke	06 Mar
24:23.41	Gordon Mosher	ON	76	1	Toronto(MC)	08 Feb
24:55.57	Dan O'Brien	ON	65	2	Toronto(MC)	08 Feb
24:47.62	Alex Becker	ON	87	4	Toronto(MC)	21 Feb
26:37.98	Guy Paquin	ON	56	1	Toronto(MC)	22 Feb

50mh

6.56@	Charles Allen	ON	77	2	Lievin FRA	28 Feb
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55mh

7.20	Karl Jennings	ON	79	1	Knoxville TN	20 Feb
7.31	Jennings			1h2	Knoxville	09 Jan
7.33	Jennings			1	Knoxville	09 Jan

60mh(1.067)

7.66	Charles Allen	ON	77	2	Lievin FRA	28 Feb	7.62
7.69	Allen			1	Clemson SC	14 Feb	
7.69	Allen			2s2	Budapest HUN	06 Mar	
7.71	Allen			4	Chapel Hill	31 Jan	
7.71	Allen			1h1	Clemson SC	14 Feb	
7.71	Allen			4s2	Budapest HUN	06 Mar	
7.73	Allen			2	Blacksburg VA	24 Jan	
7.74	Allen			1	Saskatoon	08 Feb	
7.74	Allen			2h2	Lievin FRA	28 Feb	
7.76	Allen			2s2	Blacksburg VA	24 Jan	
7.81	Allen			2h3	Chapel Hill NC	31 Jan	
7.83	Jared MacLeod	AB	80	1r2	Ames IW	14 Feb	7.80
7.84	MacLeod			2	Manhattan KS	21 Feb	

7.85	Allen			2s	Blacksburg VA	24 Jan	
7.87	Karl Jennings	ON	79	2	Saskatoon	07 Feb	
7.88	Jennings			4	Saskatoon	07 Feb	
7.90	Jennings			3r2	Johnson City	24 Jan	
7.91	MacLeod			3s1	Lincoln NE	07 Feb	
7.94	MacLeod			1	Winnipeg	07 Mar	
7.95	Andrew Lissade	QU	76	5	Saskatoon	07 Feb	8.00
8.00	Adrian Woodley	ON	75	1s3	Syacuse NY	08 Feb	
8.06	Lissade			6	Saskatoon	07 Feb	
8.08	Robert Chabonneau	QU	80	2	Sherbrooke	07 Mar	
8.10	Keith Booker (Query)			1h1	Toronto(UT)	10 Jan	
8.11	Clive Roberts	ON	80	4	Mt Pleasant MI	20 Feb	7.80
8.16	Booker			1	Toronto(UT)	10 Jan	
8.17	Paul Whitty	ON	82	1h2	Houston	21 Feb	7.87
8.18	Jason Williams	ON	80	2	Montreal(MG)	22 Feb	8.08
8.18	Patrick Russell	ON	82	1	Toronto(MC)	27 Feb	8.16
8.22	Lyndon McDowell	ON	77	1	Minnesota	Jan	
8.24	Kane Doran	MB	60	2	Winnipeg	07 Mar	
8.26	Jermaine Bucknor	ON	83	2	Montreal(CR)	13 Dec	8.20
8.30	Cameron Sahadath	ON	85	1h1	Windsor	12 Mar	
8.32	Junior(Charlie) Drummond	ON	78	8ex	Saskatoon	08 Feb	
8.34	Komenan			1h2	Montreal(CR)		
8.34	Jamie Adjetej-Nelson	ON	84	3	Toronto(MC)	27 Feb	
8.35	Aaron Gullacher	SK	82	1h	Regina	21 Feb	
8.37	Laurent L. Masse	QU		3	Hannover NH	11 Jan	
8.38	Sean Lambert	ON	82	1h1	Windsor	14 Feb	8.30
8.42	James Holder	AB	76	p	Edmonton	15 Feb	
8.43	Phillippe Carey	QU		4	Hannover NH	11 Jan	
8.45	Cameron Wilson	ON	76	p	Toronto(MC)or	27 Feb	8.58
8.48	Paul Martin	ON	84	2	Windsor	07 Mar	
8.48	Wilson St Jean	QU	76	3h2	Windsor	12 Mar	
8.49	Christian Myers	ON	79	1	Toronto(UT)	10 Jan	8.35
8.49	Darren Peters	SK	77	p	Winnipeg	27 Feb	8.50
8.49	Corey Armstrong	SK	82	2	Winnipeg	27 Feb	
8.50	Mike Miller	ON	86	2h1	Windsor	12 Mar	8.57
8.54	Tumelo Moleko	ON		4	Windsor	14 Feb	
8.54	Brian Jamieson	ON		6	Toronto(MC)	27 Feb	8.50
8.56	Cliff Caines	MB	79	p	Windsor	11 Mar	8.86
8.59	Andrew VandenPool	ON	81	1	Toronto(MC)	13 Dec	8.51
8.60	Jean-Francois Marquis	QU	87	1h3	Montreal(MG)	22 Feb	
8.61	David St Bernard	ON	85	p	Toronto(MC)	28 Feb	
8.63	Geoff Rosenbaum	MB	81	p	Winnipeg	27 Feb	
8.65	Lucas Rankin	QU	86	2h2	Montreal(CR)	13 Dec	
8.65	Alexander Dobranowski	ON	84	2	Toronto(MC)	13 Dec	
8.67	Greg Urbanczyk	AB	76	p	Edmonton	15 Feb	
8.68	Richard Gravelle	ON		2h3	Montreal(CR)	13 Dec	
8.68	Josef Karas	QU	78	4h4	Manhattan KS	21 Feb	
Questionable Timing							
7.4 HT	Jennings	ON	79	2	Lexington KY	17 Jan	
Resident Foreigner							
8.23	Valerie Komenan	QU	86	1	Montreal(CR)	13 Dec	

4X400m (Oversized Track-Greater than 200m)

3:13.23	Univ Western ON	ON		1	South Bend IN	06 Feb	
3:17.11	Pacific Athletics(Club)	BC		3	Seattle	17 Jan	
	Gary Reed, Zach Whitmarsh, Andy Brown, Mark Nelson						
3:18.46	Simon Fraser U	BC		4	Seattle	17 Jan	
	Rob Drapula, Neil Hurtubise, Graeme Pitches, Tim Mason						

High Jump / Saut en hauteur

2.19	Mark Dillon	ON	84	1	Toronto(UT)	10 Jan	2.21
2.18	Jaswinder Gill	SK	82	1	Moscow ID	06 Mar	
2.17	Mike Kizinkewich		82	2	Manhattan KS	10 Jan	2.16
2.16	Jeff Caton	ON	75	1	Toronto(MC)	08 Feb	
2.16	Kwaku Boateng	ON	74	1	Toronto(UT)	20 Feb	
2.14	Mark Boswell	ON	77	5	New York	06 Feb	
2.14	Boateng			6=	Rouen FRA	07 Feb	
2.14	Gill			1	Bozeman MT	13 Feb	
2.13	Kizinkewich			2	Columbia MO	23 Jan	
2.13	Caton			3	Notre Dame	06 Mar	
2.10	Mike Mason	BC	86	3	Seattle WA	17 Jan	2.05
2.09	Kevin Grant	ON	77	2=	Toronto(UT)	10 Jan	
2.09	Massimo Bertocchi	ON	85	2=	Toronto(UT)	10 Jan	
2.08	Dillon			1	Windsor	12 Mar	
2.07	Mitch Vermue	ON		1	Toronto(MC)	27 Feb	
2.06	Jesse Lipscombe	AB	80	1	Edmonton	17 Jan	
2.05	Charles Lefrancois	QU	72	1	Sherbrooke	06 Mar	
2.04	Greg Baril-Kenney	ON	80	1	Toronto(MC)	13 Dec	2.05
2.04	Derek Watkins	ON	81	5	Toronto(UT)	10 Jan	2.11
2.04	Sean Jestadt	SK	81	1	Saskatoon	10 Jan	2.05
2.04	Ositadinma Nriagu	ON	81	2	Windsor	11 Jan	2.11
2.04	Lance Mukoro	ON		3	Toronto(MC)	27 Feb	
2.07	Mitch Vermue	ON		1	Toronto(MC)	27 Feb	
2.04	Spencer Clarke	ON		4	Toronto(MC)	27 Feb	
2.04	Kris Blacklaws	SK	84	1	Winnipeg	28 Feb	

Pole Vault / Saut à la perche

5.35	Todd Zubyck	ON	75	1	Windsor	14 Feb	4.80
5.25	T. Zubyck			1	Windsor	13 Mar	
5.15	Jamie Johnson	AB	81	2	Windsor	13 Mar	4.85
5.10	David Foley	QU	84	1	Toronto(UT)	20 Feb	4.80
5.10	T. Zubyck			1	Toronto(MC)	27 Feb	
5.06	Andy Miller	BC	74	1	Seattle WA	15 Feb	5.05
5.05	Johnson			1	Edmonton	14 Feb	4.85
5.01	T. Zubyck			1	Montreal(MG)	24 Jan	4.80
5.00	Michel Genest-Lahaye	QU	72	1	Montreal(CR)	07 Feb	4.60
5.00	Rene Gauthier	QU	81	2	Toronto(UT)	20 Feb	
5.00	John Zubyck	ON	79	2=	Toronto(UT)	20 Feb	5.10
4.95	Johnson			1	Saskatoon	23 Jan	
4.95	Gauthier			3	Windsor	13 Mar	
4.90	T. Zubyck			1	Toronto(MC)	05 Dec	
4.90	T. Zubyck			1	Toronto(UT)	10 Jan	

4.90	Jason Wurster	ON	84	1	Toronto(UT)	20 Feb	4.60
4.88	Gauthier				Hannover NH	11 Jan	4.81
4.85	Miller			8	Seattle	17 Jan	5.05
4.85	Rob Hanson	SK	82	1	Winnipeg	27 Feb	5.00
4.85	J. Zubyck			1	Windsor		
4.85	Wurster			2	Windsor		
4.85	Foley			5	Windsor	13 Mar	
4.80	T. Zubyck			1	Toronto(UT)	10 Jan	
4.80	Francois Theanault	QU	72	1	Sherbrooke	06 Mar	4.80
4.70	Zubyck			2	Toronto(MC)	07 Feb	5.10
4.65	Doug Creighton	ON	85	4	Ithaca NY	14 Feb	4.50
4.65	Mike Archambault	AB	83	6	Windsor	13 Mar	4.55
4.65	Jeff Edwards	ON	83	7	Windsor	13 Mar	
4.65	Simon Belanger	QU	78	8	Windsor	13 Mar	4.95
4.65	Kevin Dinardo	ON		9	Windsor	13 Mar	4.55
4.60	Jason Gordon			1	Montreal(MG)	22 Feb	4.75
4.55	Graham Danzinger	BC	81	13	Seattle	17 Jan	
4.55	Scott McCubbing	SK	81	3	Winnipeg	27 Feb	4.75
4.55	Daniel Gosselin	ON	80	10	Windsor	13 Mar	
4.50	Doug Creighton	ON	85	4	Windsor	16 Jan	4.50
4.50	Scot Dressler	MB	79	2	Saskatoon	23 Jan	
4.50	Matiue Houle	QU		3	Montreal(MG)	22 Feb	

Long Jump / Saut en longueur

7.73	Clayton Latham	ON	80	1	Joplin MO	14 Feb	7.79
7.60	Maurice Ennis	ON	73	1	Boston	22 Feb	
7.51	Latham			2	Lubbock TX		
7.47	Frederic Thierry Miyoupo	QU	82	1	Sherbrooke	06 Mar	7.74
7.44	Patrick Massok	QU	80	1	Montreal(MG)	24 Jan	7.64
7.41a	Mark Ramos		82	2	Flagstaff AZ	31 Jan	
7.37	Shawn Peters	SK	79	2	Windsor	12 Mar	7.34
7.35	Charles Drummond	ON	78	1	Toronto(MC)	13 Dec	
7.32	Jamie Adjetey-Nelson	ON	84	3	Windsor	12 Mar	
7.23	Adjetey-Nelson			1	Windsor	14 Feb	
7.23	Kevin Grant	ON	77	2	Notre Dame	06 Mar	
7.22	Ennis			1	Toronto(MC)	25 Jan	
7.22	S. Peters			1	Winnipeg	27 Feb	7.34
7.15	Jonathan Martin	ON		1	Toronto(MC)	28 Feb	7.02
7.10	Ositadinma Nriagu	ON	81	4	Windsor	12 Mar	7.30
7.08	Patrick Noah	QU	76	1	Montreal(MG)	24 Jan	
7.03	Bruce McCannel	AB	81	1	Winnipeg	27 Feb	7.23
7.03	Martin			5	Windsor	12 Mar	7.02
7.02	David St Bernard	ON	85	1	Toronto(MC)	27 Feb	
7.00	Alberto Rodas	QU	81	2	Montreal(CR)	07 Feb	
6.98	Sean Jestadt	SK	81	3	Winnipeg	27 Feb	
6.96	Quinton Gamble	AB	86	1	Edmonton	07 Mar	
6.95	Wade Huber	SK	84	4	Winnipeg	28 Feb	
6.92	Nyjah James-Pilgrim	ON	81	1	Toronto(MC)	13 Dec	
6.88	Andrew Judge	ON	85	1	London(ON)	10 Jan	
6.86	Mark Swanlund	AB	83	5	Winnipeg	28 Feb	
6.86	Darren Peters	SK	77	p	Windsor	11 Mar	
6.85	Elvin Frempong	ON	81	2			

Triple Jump / Triple Saut

15.87	Patrick Massok	QU	80	1	Montreal(MG)	29 Nov	15.82
15.58	Massok			1	Montreal(MG)	24 Jan	
15.57	Massok			1	Windsor	13 Mar	
15.47	Keenan Shadd	ON	83	1	Manhattan KS	06 Mar	14.93
15.40	Massok			1	Toronto(UT)	20 Feb	
15.31	Massok			1	Toronto(MC)	27 Feb	
15.27	Shawn Peters	SK	78	2	Windsor	13 Mar	16.15
15.24	Peters			1	Saskatoon	10 Jan	
15.21	Nyjah James-Pilgrim	ON	81	2	Toronto(UT)	10 Jan	
15.19	Pilgrim			2	Montreal(MG)	24 Jan	
15.06	Sean Jestadt	SK	81	3	Windsor	13 Mar	15.04
14.98	Jason Evelyn	ON	81	2	Mount Pleasant MI	16 Jan	
14.82	Bruce McCannel	SK	81	2	Edmonton	18 Jan	14.97
14.79	Shadd			5	Baton Rouge	20 Feb	
14.71	Marlon Nangle	ON	83	1	Windsor	14 Feb	14.94
14.63	Christopher Martin	ON	78	2	Toronto(UT)	10 Jan	
14.51	Bill Woods	ON	82	4	Windsor	13 Mar	
14.43	Patrick Noah Ahanda	QU	76	1	Montreal(CR)	31 Jan	
14.36	Darl Edwards	ON	84	2	Windsor	14 Feb	
14.28	Dwayne Harriot	ON	86	1	Windsor		14.78
14.23	Andrew Judge	ON	85	2	London(ON)	10 Jan	14.18
14.21	Edwards			1	Toronto(MC)	27 Feb	
14.09	Michael Mensah	BC	81	4	Arizona CO	07 Feb	
14.03	Carey McNeil	NS			Sherbrooke	17 Jan	
14.01	Jason Goetz	ON	85	1	Toronto(MC)	22 Feb	

Shot Put / Poids(7.26k)

19.68	Brad Snyder	ON	76	1	Columbia SC	21 Feb	18.93
19.20	Snyder			1	Chapel Hill NC	30 Jan	
18.56	Dylan Armstrong	BC	81	3	Seattle WA	14 Feb	
18.46	Chris Meisner	AB	83	1	Windsor	13 Mar	
18.05	Brian McPhee			1	Blacksburg VA	06 Mar	17.50
17.68	Meisner			1	Winnipeg	27 Feb	
17.67	McPhee			7	Blacksburg VA	14 Feb	
17.47	Jason Tunks	ON	75	4	Chapel Hill NC	31 Jan	
17.39	Meisner			1	Lethbridge	14 Dec	16.53
16.65	Jim Steacy	AB	80	2	Windsor	13 Mar	15.62
16.58	Kyle Helf	ON	86	1	Winnipeg	31 Jan	15.60
16.54	Armstrong			2	Seattle	17 Jan	
16.26	Helf			1	Toronto(UT)	24 Jan	
16.23	Helf			1	Windsor		
16.12	Michael Melaney	ON	79	3	Windsor	13 Mar	15.90
16.04	Steven Bedard	ON	81	5	Syracuse NY	21 Feb	
15.98	Jonathan Doucette	AB	83	3	Winnipeg	28 Feb	14.75
15.77	Lance Montigny	ON	81	2	Toronto(MC)	28 Feb	15.56
15.70	Nicholas Caramanico	ON	84	9	Clemson SC	20 Feb	14.93
15.67	Craig Slaunwhite	NS	81	1	Halifax	14 Feb	15.24
15.61	Cory Trudeau	AB	79	3	Toronto(MC)	28 Feb	14.18
15.44	Matt Doherty	AB	85	5	Windsor	13 Mar	
15.31	Daniel Larose	ON	85		Montreal(CR)	13 Dec	
15.27	Brian Jones	ON	82	4	Toronto(MC)	28 Feb	14.42
15.18	Jeremy Edwards	BC	82	3	Seattle WA	15 Feb	
14.99	Mathew Glowacka	ON		3	Syracuse NY	07 Feb	

14.97	Dan Mezheritsky	BC	84	4	Seattle WA	15 Feb	
14.89	Jim Merrick	QU		1	Montreal(MG)	31 Jan	
14.89	Brian Gillespie	ON	83	7	Windsor	13 Mar	15.26
14.46	Ben Wilson	SK	82	5	Winnipeg	28 Feb	
14.27	Michael MacDonald	AB	76	6	Winnipeg	28 Feb	
14.13	Greg Urbanzyk	AB	76	p	Edmonton	15 Feb	
14.12	Joel Skinner	ON	78	1	London(ON)	10 Jan	14.28

Weight Throw / Marteau en salle

23.08	Derek Woodske	ON	76	1	Findlay	13 Feb	22.82
22.55	Woodske			1	Ypsilanti	17 Jan	
22.43	Woodske			2	Kent OH	30 Jan	
22.02	Jim Steacy	AB	84	1	Saskatoon	07 Feb	20.72
21.89	Steacy			1	Bozeman MT	30 Jan	
21.86	Steacy			1	Winnipeg	27 Feb	
21.46	Steacy			1	Windsor	13 Mar	
21.14	Steacy			1	Saskatoon	23 Jan	
20.93	Steacy			1	Edmonton	14 Feb	
20.86	Joe Woodske	ON	74	4	Kent OH	30 Jan	20.51
20.28	Dylan Armstrong	BC	81	2	Saskatoon	07 Feb	22.78
20.06	J. Woodske			4	Ypsilanti	17 Jan	
20.03	J. Woodske			5	Findlay	13 Feb	
19.87	Steacy			1	Lethbridge	14 Dec	20.72
18.72	Steacy			1	Edmonton	01 Dec	
18.37	Chris Meisner	AB	83	2	Winnipeg	27 Feb	18.41
18.13	Meisner			2	Windsor	13 Mar	
17.84	Meisner			2	Lethbridge	14Dec	18.41
17.62	Brian McPhee	ON	81	3	Syracuse NY	22 Feb	
17.59	Al'Arbi Dendone	QU	86	2	Montreal(MG)	29 Nov	16.77
17.45	Jeff Piercy	SK	83	3	Winnipeg	28 Feb	16.48
17.34	Mark Kindrachuk	SK	84	4	Winnipeg	28 Feb	
17.24	Jonathan Doucette	AB	80	5	Winnipeg	28 Feb	17.25
17.19	Mike Sagert	AB	81			30 Jan	16.86
17.03	Adam Smith	AB	82	5	Windsor	13 Mar	18.12
16.63	Michael Melaney	ON	79	1	Toronto(MC)	28 Feb	
16.43	Maxime Caron	QU	85	2	Montreal(MG)	29 Nov	
16.40	Steven Bedard	ON	81	2s2	Syracuse NY	07 Feb	
16.38	Lance Montigny	ON	81			30 Jan	16.19
16.12	Scott Paterson	AB	80	6	Saskatoon	07 Feb	16.21
16.11	Jeremy Edwards	BC	82	3	Seattle WA	15 Feb	
15.90	Emil Mueller	QU	35	2	Montreal(MG)	22 Feb	17.11
15.84	Nicholas Caramanico	ON	84	10	Champaign ILL	07 Jan	
15.75	Matt Doherty	AB	85	2	Edmonton	01 Dec	
15.66	Jason Baines	QU	78	1	Sherbrooke	05 Mar	16.48
15.52	Marek Glowacki	AB	40	7	Edmonton	14 Feb	
15.44	Derek Howell	BC	82	4	Seattle WA	15 Feb	
15.33	Kelly Wells	SK	78		Saskatoon	23 Jan	
15.29	Damian Anisko	ON	83		Wisconsin	21 Feb	
15.24	Yves Robichaud	NS				24 Jan	

Pentathlon

3902	Jamie Adjetey-Nelson	ON	84	1	Windsor	11 Mar	
	8.56 6.96 12.93 1.99						2:47.22
3856	Darren Peters	SK	77	2	Windsor	11 Mar	
	8.55 6.86 13.78 1.90						2:46.92
3791	Patrick Russell	ON	82	3	Windsor	11 Mar	3643
	8.23 6.82 12.91 1.84						2:49.41
3753	Cliff Caines	MB	79	4	Windsor	11 Mar	3869
	8.56 6.57 12.15 2.02						2:50.92
3692	James Holder	AB	76	1	Edmonton	15 Feb	3546
	8.42 6.66 12.77 1.86						2:51.77
3690	Adjetey-Nelson			1		30 Jan	
3668	Caines			1	Winnipeg	28 Feb	
3625	Peters			1	Saskatoon	23 Jan	
3616	Greg Urbanzyk	AB	76	2	Edmonton	15 Feb	
	8.67 6.32 14.13 1.83						2:51.49
3592	Shawn Peters	SK	79	2	Saskatoon	23 Jan	
3559	Corey Armstrong	SK	82	2	Winnipeg	28 Feb	
3557	Armstrong			3	Saskatoon	23 Jan	
3547	Russell			1	Windsor	14 Feb	
3488	Adam Betzelt	AB	81	3	Edmonton	15 Feb	
	8.99 6.81 12.68 1.83						2:59.42