



**2004 CANADIAN INDOOR RANKINGS
STATISTIQUES EN SALLE 2004 - FINAL
- WOMEN / FEMMES -**

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(Updates/corrections always welcome/ Les corrections sont toujours bienvenues)

EVENT/ EVENEMENT

Perf	Athlete	Prov	DoB	Pos	Place	Date	2003IP*
Perf	Ahlète	Prov	Née	Pos	Place	Date	2003PenS*

50m

6.43	Philomena Mensah	ON	75	3	Saskatoon	07 Feb	6.30
6.53	Teneshia Peart	AB	86	6	Saskatoon	07 Feb	
6.55	Erica Broomfield	ON	77	7	Saskatoon	07 Feb	
6.67	Rhonda-Kaye Trusty	ON	88	1	Toronto(MC)	07 Feb	
6.70	Emily Johnson	ON	87	3	Toronto(MC)	07 Feb	
6.89	Ashley Speller	ON	86	1	Toronto(VV)	17 Jan	

55m

6.74	Toyin Olupona	ON	83	1	Knoxville TN	20 Feb	6.87
6.84	Olupona			1h2	Gainesville	25 Jan	
6.84	Olupona			1h2	Gainesville	25 Jan	
6.94	Salifu Marium			2	Ogden UT	24 Jan	
6.96	Krysha Bayley	ON	84	1h4	Gainesville	01 Feb	

60m

7.23	Toyin Olupona	ON	83	3	Lexington KY	29 Feb	7.38
7.27	Olupona			1h1	Lexington KY	28 Feb	
7.28	Priscilla Lopes	ON	82	3	Lincoln NE	28 Feb	7.33
7.28	Olupona			2	Fayetteville AR	13 Mar	
7.30	Olupona			2h3	Fayetteville	12 Mar	
7.33	Lopes			3h1	Fayetteville AR	12 Mar	
7.35	Olupona			1	Fayetteville AR	13 Feb	
7.35	Lopes			2h1	Lincoln NE	27 Feb	
7.36	Lopes			1	Lincoln NE	14 Feb	
7.38	Lopes			3h2	Lincoln NE	28 Feb	

7.38	Olupona			2h4	Fayetteville AR	13 Feb	
7.39	Olupona			1h8	University PK PA	30 Jan	
7.39	Kerri-Ann Mitchell	ON	83	2	Norman OK	21 Feb	7.45
7.40	Yvonne Mensah	BC	85	1	Champaign ILL	07 Feb	
7.40	Daniella Vega	ON	80	1	Montreal	21 Feb	
7.42	Vega			1	Windsor	07 Mar	
7.43	Vega			1	Toronto(MC)	08 Feb	
7.44	Krysha Bayley	ON	84	4h1	Lexington KY	28 Feb	7.53
7.44	Y. Mensah			3	Iowa City IW	29 Feb	
7.45	Philomena Mensah	QU	75	1	Saskatoon	08 Jan	7.18a
7.45	Y. Mensah			1h2	Champaign ILL	07 Feb	
7.45	Lopes			8	Fayetteville AR	13 Mar	
7.46	Lopes			1	Cedar Falls IA	17 Jan	
7.46	Lopes			1h1	Lincoln	13 Feb	
7.47	Lopes			1h2	Cedar Falls	17 Jan	
7.47	Adrienne Power	NS		1	Windsor	13 Mar	7.56
7.48	Bayley			1h1	New York	14 Feb	
7.48	Y. Mensah			1h2	Iowa City IW	28 Feb	
7.49	Vega			1h2	Windsor	07 Mar	
7.50	Mitchell			2h2	Fayetteville AR	13 Feb	
7.50	Mitchell			6h1	Fayetteville AR	12 Mar	
7.53	Jessica Zelinka	AB	81	1	Edmonton	15 Feb	
7.53	Erica Broomfield	ON	77	2	Windsor	07 Mar	
7.53	Zelinka			1h2	Windsor	13 Mar	
7.54	Angela Whyte	AB	80	1	Pullman WA	24 Jan	7.44
7.54	K-A Mitchell			1h4	South Bend IN	07 Feb	7.45
7.54	Mitchell			4r2	South Bend IN	07 Feb	
7.54	Asha James	ON	79	2	Toronto(MC)	08 Feb	7.64
7.54	Bayley			5	New York	14 Feb	
7.54	Chantelle Vernon	ON	82	1	Johnson City TN	28 Feb	7.56
7.55	Genevieve Thibault	QU	86	1h	Sherbrooke	07 Mar	7.65
7.56	Juliet Bosiako	ON	84	2h1	Toronto(MC)	25 Jan	
7.56	Davia Allan	ON	85	3r1	Toronto(MC)	25 Jan	
7.56	Lami Oyewumi	ON	76	1	Ithaca NY	14 Feb	
7.58	Tomikka Harrison	ON	76	4r1	Toronto(MC)	25 Jan	
7.59	Karlyn Serby	SK	81	3	Windsor	13 Mar	
7.60	Lindsay Lochhead	ON	74	1	Toronto(MC)	13 Dec	
7.60a	Marium Salifu			1h1	Kearns UT	17 Jan	
7.62	Nathalie Cherubin	QU	84	1	Sherbrooke	06 Mar	
7.63	Elaine Hua	SK	82	3	Windsor	13 Mar	7.63
7.64	Tabia Charles	ON	85	1r1	Houston	23 Jan	
7.64	Jocelyn Adu-Gyamfi	ON	81	2h2	Windsor	13 Mar	7.54
7.65	Shelley-Ann Brown		80	2h2	Ames IA	06 Mar	7.41
7.65	Jessica Czaikowski	ON	84	5	Bpston MA	06 Mar	
7.66	Tenishia Peart	AB	86	1	Edmonton	17 Jan	7.59
7.66	Vernee Samuel	ON	82	1h2	Moscow ID	07 Feb	
7.66	Carline Muir	ON	87	1	Windsor	07 Mar	
7.67	Nicole Buchholz	SK	82	2	Winnipeg	28 Feb	7.64
7.68	Emily Johnson	ON	87	1r2	Toronto(MC)	25 Jan	
7.68	Marie-Eve Dugas	QU	85	2	Sherbrooke	06 Mar	
7.69	Jenni Hucul	SK	88	2	Edmonton	17 Jan	7.45
7.69	Cherise Devers			3h3	Terra Haute IN	27 Feb	
7.70	Ashley McFarlane	ON	85	2	Toronto(UT)	22 Feb	
7.71	Mavis Ayippey	ON	76	6r1	Toronto(MC)	25 Jan	
7.72	Jill Harris	AB	77	1	Edmonton	01 Dec	

7.72	Martine Cloutier-Leblanc	QU	80	2	Montreal(MG)	21 Feb
7.72	Cara Taylor	ON	82	1h2	Toronto(MC)	27 Feb
7.74	Rhonda-Kaye Trusty	ON	88	2r2	Toronto(MC)	25 Jan
7.74	Marie-Andree Leblanc	QU	82	3	Montreal(MG)	21 Feb
7.75	Sherraine Pencil	ON	85	1s2	Toronto(MC)	22 Feb
7.75	Laurelie Harvey	QU	84	3	Sherbrooke	07 Mar
7.76	Esther Akinsulie	QU	84	3r1	Montreal(MG)	29 Nov
7.78	Heather Highes	AB	84	4	Winnipeg	28 Feb
7.79	Meagan Clark	ON	85	2r1	Toronto(MC)	25 Jan
7.79	Elaine Pessoa	ON	84	2h3	Syracuse NY	07 Feb
7.79	Marjolaine Jobin	QU	85	3	Montreal(CR)	07 Feb
7.80	Tasha Monroe	ON	81	1h2	Toronto(MC)	13 Dec
7.80	Charlotte Plummer	ON	77	2h9	Toronto(MC)	08 Feb
7.80	Troye Carrington	QU	82	1	Montreal(MG)	28 Feb
7.81	Edith Iwindu	ON	84	3r2	Toronto(MC)	25 Jan
7.82	Kia James	ON	81	11	Lexington KY	31 Jan
7.83	Hyacinthe Kimberley	QU	89	1	Sherbrooke	07 Mar
7.84	Catherine Renaud	QU	87	5	Sherbrooke	07 Mar
7.85	Stephanie Wenner	ON	82	1	Windsor	16 Jan
7.86	Aimee MacMillan	AB	84	1s2	Saskatoon	08 Feb
7.86	Lauren Grant	NS		2	Halifax	14 Feb
7.86	Deniece Bell	ON	78	2	Toronto(MC)	20 Feb
7.87	Nikkita Holder	ON	87	1	Toronto(MC)	06 Dec
7.87	Sylvie Gaetan	QU	74	6	Hannover NH	11 Jan
7.87	Leanne Huck	ON		3	Halifax	14 Feb
7.87	Kerry Kuluski	ON	79	1s1	Toronto(MC)	27 Feb
7.88	Nicole McKell	MB	60	4	Winnipeg	31 Jan
7.88	Adrienne Lucia-Khani	QU	79	2h3	Montreal(CR)	07 Feb
7.88	Francine Singh	ON	88	3	Windsor	07 Mar
7.88	Athena McBean	ON	89	4	Windsor	07 Mar
7.89	Danielle Kot	AB	79	2h2	Edmonton	16 Jan
7.89	Sarah Colangelo	ON		5	Toronto(MC)	28 Feb
7.90	Diana Gruber	AB	83	2s1	Edmonton	16 Jan
7.90	Iman Blackman	ON	90	11	Toronto(MC)	25 Jan
7.90	Ayanfe Olubobokun	SK	86	1r1	Saskatoon	07 Feb
7.90	Tanya Vintimilla	ON	87	3s1	Toronto(MC)	22 Feb
7.90	Christine Stewart	ON		6	Toronto(MC)	28 Feb
7.91	Ruth Ezirim	MB	81	5	Winnipeg	31 Jan
7.91	Tanya Bunbury	AB	83	5	Edmonton	15 Feb
7.91	Chanel Kellyman	ON	90	1	Toronto(MC)	21 Feb
7.93	Pascale Delisle	QU	87	1h3	Montreal(CR)	07 Feb
7.93	Veronique Lavoie	QU	83	2h2	Montreal(CR)	07 Feb
7.93	Edith Iwindu	ON	84	3h1	Windsor	07 Mar
7.94	Frances Keating	ON	85	1	Toronto(MC)	06 Dec
7.94	Lisa Whitehead	BC		6	Seattle WA	15 Feb
7.95	Melanie Lachapelle	ON	82		Windsor	01 Dec
7.95	Emily Rosenburg	ON	82	7	Toronto(UT)	10 Jan
7.95	Chantal Grant	MB		1	Winnipeg	05 Mar
Doubtful Timing						
7.62	Hucul	SK		3h4	Lincoln NE	12 Dec

200m

23.98	Priscilla Lopes	ON	82	1h8	Lincoln NE	07 Feb
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24.05	Foy Williams	ON	73	1	Boston	14 Feb	24.93
24.06	Lopes			1h8	Lincoln NE	25 Jan	
24.24	Toyin Olupona	BC	83	3h2	University PK	31 Jan	24.34
24.63	Kerri-Ann Mitchell	ON	83	2	Fayetteville	24 Jan	24.24
24.68	Tomikka Harrison	ON	76	1	Windsor	07 Mar	25.35
24.85	Asha James	ON	79	2	Windsor	07 Mar	25.17
24.87	Karlynn Serby	SK	81	1	Regina	21 Feb	
24.94	Williams			1h1	Toronto(MC)	25 Jan	
25.02	Charlotte Plummer	ON	77	3	Windsor	07 Mar	
25.04	Vernee Samuel	ON	82	h1	Moscow ID	07 Feb	
25.13	Teneshia Peart	AB	86	2	Winnipeg	31 Jan	24.84
25.18	Jessica Czaikowski	ON	84	2h6	University PK	31 Jan	
25.23	Sherraine Pencil	ON	85	1	Toronto(MC)	22 Feb	25.31
25.25	Emily Johnson	ON	87	25	Penn State	31Jan	
25.48	Sharon Drake	MB	83	2h1	Minneapolis MN	17 Jan	
25.50	Chandra Ewing	ON	86	2h1	Toronto(MC)	25 Jan	25.43
25.59	Esther Akinsulie	ON	84	2s2	Syracuse NY	08 Feb	
25.62	Pascal Delisle	QU	87	1s10	Sherbrooke	07 Mar	
25.63a	Rose Glowacka	ON	83	7	Flagstaff AZ	07 Feb	
25.63	Carline Muir	ON	77	2	Windsor	07 Mar	
25.73	Nicole Bucholz	SK	82	1h2	Regina	20 Feb	
25.77	Kimberley Hyacinthe	QU	89	1s12	Sherbrooke	07 Mar	25.78
25.82	Catherine Renauld	QU	87	2s10	Sherbrooke	07 Mar	
25.85	Deanna Sullivan	SK	88	1h2	Edmonton	07 Mar	
25.86	Chantal Grant			1h3	Winnipeg	07 Mar	
25.92	Davia Allen	ON	85	3	Toronto(MC)	22 Feb	
25.99	Natascoa Joseph	ON	83	1h8	Toronto(MC)	13 Dec	
25.99	Deniece Bell	ON	78	2h1	Ithaca NY	14 Feb	

200 Oversized Track-Greater Than 200m)

23.88	Krysha Bayley	ON	84	3h3	Lexington KY	28 Feb	
24.25	Yvonne Mensah	BC	85	2r1	Iowa City IW	29 Feb	
24.49	Y. Mensah			1h5	Iowa City IW	28 Feb	
24.93	Chantelle Vernon	ON	87	2r2	Johnson City TN	29 Feb	
25.40	Kia James	ON	81	13	Lexington KY	31 Jan	
25.57	Kelley Park	ON	82	1h2	South Bend	07 Feb	
25.73	Corri Fell	BC		3	Seattle WA	15 Feb	

Resident Foreigner

24.39	Kaltouma Nadjina	AB	76	1	Edmonton	07 Mar	
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300m

38.95	Charlotte Plummer	ON	77	1	Toronto(MC)	08 Feb	
39.29	Foy Williams	ON	73	1	Toronto(UT)	24 Jan	39.28
40.05	Karyn Serby	SK	81	2r1	Winnipeg	31 Jan	39.30
40.14	Sharon Drake	MB	83		Winnipeg	14 Jan	39.56
40.52	Sarah Katz	ON	78	2	Toronto(MC)	08 Feb	39.47
40.57	Alecia Brown	ON	85	3	Toronto(MC)	08 Feb	
40.57	Heather Hughes	AB	84		Edmonton	14 Feb	
40.74	Deanna Sullivan	AB	88	2h2	Edmonton	17 Jan	
40.80a	Veronique St Pierre	AB	78	1	Calgary	31 Jan	
40.96	Sherraine Pencil	ON	85	4	Toronto(MC)	08 Feb	
40.98	Shannon Leydon	SK	84	3r4	Winnipeg	31 Jan	40.91
41.01	Holly Ratzlaff	AB	84	1h4	Edmonton	15 Feb	
41.07	Marjolaine Jobin	QU	85		Montreal(CR)	07 Feb	41.01

41.25	Chandra Ewing	ON	86	5	Toronto(MC)	08 Feb	40.18
41.32	Katie Rooks	SK	85		Saskatoon	10 Jan	
41.37	Camile Costa	QU	85	2h1	Montreal(CR)	07 Feb	
41.38	Frances Keating	ON	85	6	Toronto(MC)	08 Feb	
41.44	Megan Czaikowsky	AB	82	4h4	Edmonton	15 Feb	41.82
41.47	Ashley Patterson	AB	87		Edmonton	16 Jan	41.77
41.55	Davia Allen	ON	85	7	Toronto(MC)	08 Feb	
41.56	Jane-Rae Cassidy	MB	60	1r2	Winnipeg	31 Jan	
41.73	Katie Reidel	ON	86	1	Toronto(VV)	17 Jan	41.68
41.73	Tessa Gray	AB	83	1h3	Edmonton	15 Feb	
41.75	Aimee McMillan	SK	60	2h3	Winnipeg	31 Jan	
41.80	Erica Poole	SK	82	1	Regina	20 Feb	
41.87	Gina Barnett	AB	84		Edmonton	16 Jan	39.76
41.87	Alison Macintosh	SK	85	2r2	Winnipeg	31 Jan	
41.92	Laurelie Harvey	QU	84	4s4	Sherbrooke	06 Mar	41.11
41.95	Ashley Speller	ON	86	2	Toronto(VV)	17 Jan	
41.98	Sarah Junkin	SK	79	4r2	Winnipeg	31 Jan	41.17

Resident Foreigner

38.67	Kaltouma Nadjina	AB	76	1r1	Winnipeg	31 Jan	
39.13	Amy-Thiam M'Backe	QU	76	1s4	Sherbrooke	06 Feb	

300m (Note: The 300m under the sanction of CIS is at variance with IAAF rules. The Following is information only.)

38.23	Adrienne Power	NS		1	Windsor	13 Mar	38.32
38.58	Karlyn Serby	SK	81	1	Winnipeg	27 Feb	39.30
38.90	Power			1h2	Windsor	12 Mar	
39.50	Martine Cloutier-Leblanc	QU	80	1h1	Montreal(MG)	22 Feb	
39.97	Heather Hughes	AB	84	2	Winnipeg	27 Feb	
40.11	Katie Rooks	SK	85		Winnipeg	27 Feb	
40.14	Sharon Drake	MB	83		Winnipeg	14 Jan	39.56
40.22	Esther Akinsulie	ON	84	2h1	Montreal(MG)	22 Feb	
40.45	Michelle MacDonald	ON	88	2h2	Windsor	12 Mar	41.24
40.53	Bailey Lewis	ON	86	4h1	Montreal(MG)	21 Feb	
40.66	Emilie Ventulelli	QU	82	1h3	Montreal(MG)	21 Feb	41.92
40.68	Troye Carrington	QU	82	1h2	Montreal(MG)	21 Feb	
40.75	Marie-Andree Leblanc	QU	82	5h1	Montreal(MG)	21 Feb	
40.75	Cara Taylor	ON	82	3h2	Windsor	12 Mar	41.36
40.80	Marjolaine Jobin	QU	85	2	Montreal(MG)	21 Feb	41.01
40.93	Megan Czajkowsky	AB	82	2h1	Windsor	12 Mar	41.82
40.93	Shannon Leydon	SK	83	4h2	Windsor	12 Mar	40.91
41.01	Marie-Claude Foley	QU			Montreal(MG)	24 Jan	
41.08	Amber Mosewich	SK	84	3	Winnipeg	27 Feb	
41.26	Katie Reidell	ON	86	2	Toronto(UT)	10 Jan	41.68
41.50	Jennifer O'Brien	ON	84	3	Toronto(MC)	27 Feb	
41.56	Sherraine Pencil	ON	85		Toronto(UT)	24 Jan	
41.75	Fatihah Momoh	ON	84	3	Windsor	16 Jan	40.60

300-Oversized Track-greater than 200m

39.37	Kerri-Ann Mitchell	ON	83	1	South Bend IN	07 Feb	
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400m

53.59	Foy Williams	ON	73	1	Boston MA	14 Feb	
54.04	Kerri-Ann Mitchell	ON	83	3r4	Fayetteville AR	13 Feb	
55.18	Danielle Kot	AB	79	3	Saskatoon	07 Feb	
55.24	Tawa Babatunde	ON	79	1	Fayetteville	23 Jan	54.55

55.73	Charlotte Plummer	ON	77	1	Windsor	06 Mar	
56.33	Jenna Martin			3	Boston	22 Feb	
57.75	Katie Rooks	SK	85	4	Saskatoon	07 Feb	
57.78	Bailey Lewis	ON	86	1s1	Syracuse	07 Feb	
57.90	Nicole Edwards	MB	86	1	Winnipeg	06 Mar	57.75
57.93	Katie Reidel	ON	86	2	Windsor	06 Mar	
58.21	Holly Ratzlaff	AB	84	1	Edmonton	06 Mar	
58.37	Ashley Patterson	AB	87	1	Edmonton	01 Dec	
58.37	Erika Poole	SK	81	6	Saskatoon	07 Feb	
58.59	Marjolaine Jobin	QU	85		New York NY	14 Mar	
58.72	Kja Isaacson	MB	85	2	Winnipeg	06 Mar	
58.86	Ashley Speller	ON	86	1	Toronto(MC)	22 Feb	
59.03	Naike Momoh	ON	84	1	Toronto(MC)	06 Dec	57.88
59.07	Dawn Nagazina	AB	87	2h2	Edmonton	06 Mar	
59.18	Deanna Sullivan	AB	88	2	Edmonton	01 Dec	
59.23	Katherine Reidel	ON	86	2	Toronto(MC)	22 Feb	
59.40	Rose Glowacka	ON	83		Flagstaff AZ	14 Feb	
59.50	Maddie Buttinger	ON	89	1	Toronto(MC)	22 Feb	
59.52	Frances Keating	ON	85	2	Toronto(MC)	05 Dec	
59.54	Raeleen Hunter	AB	87	3h2	Edmonton	06 Mar	
59.54	Ingrid Sproll	MB	83	3	Winnipeg	06 Mar	
59.55	Bree Dixon	AB		4	Winnipeg	06 Mar	
59.61	Alecia Brown	ON	85	2	Toronto(MC)	25 Jan	
59.67	Carley Dart	ON	88	1	Toronto(MC)	06 Dec	

400m (Oversized Track-Greater than 200m)

56.37	Grace Dunnigan	BC		1	Seattle	17 Jan	
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Resident Foreigner

54.24	Kaltouma Nadjina	AB	76	1	Saskatoon	07 Feb	
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600m

1:30.58	Foy Williams	ON	73	1	Toronto(UT)	10 Jan	
1:30.63	Charlotte Plummer	ON	77	2	Toronto(UT)	10 Jan	
1:33.40	Lisa Whalen	MB	81	1	Windsor	13 Mar	
1:33.85	Jackie Jones	AB	83	2	Windsor	13 Mar	1:35.65
1:33.98	Katie Rooks	SK	85	2	Winnipeg	27 Feb	
1:34.34	Marni Lee	ON	83	4	Windsor	13 Mar	
1:34.61	Erica Poole	SK	81	3	Winnipeg	27 Feb	1:33.84
1:34.66	Veronique St Pierre	AB	78	1	Edmonton	14 Feb	1:35.63
1:34.83	Kja Isaacson	MB	85	2r2	Winnipeg	31 Jan	
1:35.17	Jeanette Van Den Bulk	BC		3h2	Winnipeg	31 Jan	
1:35.57	Gina Barnett	AB	84	5	Winnipeg	27 Feb	
1:35.90	Emilie Venturelli	QU	82	1	Montreal(MG)	24 Jan	1:37.56
1:36.00	Chloe Allen	QU	86	1	Montreal(CR)	13 Dec	1:37.62
1:36.05	Chantel Widney	AB	79	2	Edmonton	18 Jan	
1:36.30	Carrah Bouma	AB	84	3	Edmonton	18 Jan	1:33.30
1:36.41	Joelle Marshall	NS		4h1	Windsor	11 Mar	
1:36.42	Lorinda Moroschan	SK	83	5h1	Windsor	11 Mar	
1:37.24	Lianne Heale	ON	84	2	Toronto(MC)	27 Feb	
1:37.63	Amanda Mokendanz	ON		3	Windsor	14 Feb	
1:37.65	Ashley Steckle	ON	82	4	Windsor	14 Feb	1:37.71
1:37.67	Julia Viola	AB	79	9	Winnipeg	27 Feb	
1:37.74	Meagan Hazelwood	SK	84	1r1	Winnipeg	31 Jan	
1:37.82	Katherine Reidel	ON	86	2	Toronto(MC)	08 Feb	

1:37.9	Jennifer Krystyniak	SK		2	Saskatoon	13 Feb	
1:38.10	Emilie Beauregard	QU	82	1	Laval	27 Feb	
1:38.14	Ingrid Sproll	MB	83	4r3	Winnipeg	31 Jan	1:38.09
1:38.15	Andrea Depol	BC	80	4r4	Winnipeg	31 Jan	
1:38.24	Rose-Marie Jarry	QU	83	2s1	Sherbrooke	06 Mar	
1:38.43	Holly Ratzlaff	AB	84	4	Edmonton	18 Jan	
1:38.45	Sharon Drake	MB	80	4	Saskatoon	23 Jan	
1:38.48	Beth Trites	AB		4	Edmonton	14 Feb	
1:38.50	Jana-Rae Cassidy	MB	83	1	Saskatoon	23 Jan	
1:38.64	Jessica Warren	ON	82	2	Laval	27 Feb	
1:38.89	Kate Van Buskirk	ON	87	1	Toronto(VV)	17 Jan	

600m (Oversized Track-Greater than 200m)

1:28:55	Aimee Teteris	BC	79	1	Seattle	17 Jan	
1:33.23	Heather Hennigar	NS	73	2	Seattle	17 Jan	1:29.2

Resident Foreigner

1:33.14	Kaltouma Nadjina	AB	76	1	Edmonton	18 Jan	
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800m

2:02.62	Heather Hennigar	NS	73	4	Fayetteville AR	14 Feb	2:02.91
2:03.15	Aimee Teteris	ON	78	3	Budapest HUN	24 Feb	
2:03.18	Teteris	ON	78	5	Fayetteville AR	14 Feb	
2:03.56	Teteris			1	Bratislava SVK	28 Feb	
2:03.75	Teteris			4h2	Budapest HUN	05 Mar	
2:04.08	Henniger			3	Bratislava SVK	28 Feb	
2:04.56	Teteris			1	Winnipeg	31 Jan	
2:05.29	Teteris			6s1	Budapest HUN	06 Mar	
2:05.51	Kate Vermuelen	BC	80	2	Winnipeg	31 Jan	
2:06.24	Henniger			3	Winnipeg	31 Jan	2:02.91o/v
2:06.68	Hennigar			4h1	Budapest HUN	05 Mar	
2:09.00	Melina Thibodeau	BC	71	4	Winnipeg	31 Jan	2:09.60o/v
2:09.38	Chloe Allen	QU	86	2	New York NY	13 Mar	2:15.59
2:09.55	Jennifer Kemp	AB	83	4	Boston MA	06 Mar	2:10.42
2:10.25	Nicole Edwards	MB	86	3	New York NY	13 Mar	2:10.59
2:11.08	Chantel Widney	AB	79	5	Winnipeg	31 Jan	
2:11.30	Samantha George			1	New York NY	20 Feb	
2:11.69	Paula McLaughlin	ON	82	6	Winnipeg	31 Jan	2:11.62
2:11.76	Erika Jacobs	ON	86	1	New York NY	27 Feb	
2:12.65	Lisa Whalen	MB	81	8	Winnipeg	31 Jan	2:10.59
2:14.76	Kate Van Buskirk	ON	87	1	Windsor	07 Mar	2:17.56
2:15.71	Melissa Appelt	BC	87	1	Edmonton	07 Mar	2:17.05
2:15.74	Dawn Nagazina	AB	87	2	Edmonton	07 Mar	
2:16.35	Lem Lem Beckeret	QU	97	1	Montreal(CR)	07 Feb	

800m (Oversized Track-Greater than 200m)

2:08.05	Julie Howard	NL	83	4h2	Seattle WA	14 Feb	2:09.24
2:08.90	Leah Pells	BC	64	7	Seattle WA	31 Jan	
2:10.12	Kate Vermuelen	BC	80	1	Seattle WA	17 Jan	
2:12.17	Megan Metcalfe	ON	82	1	Kent OH	10 Jan	
2:14.13	Courtney Inman	BC	80	1	Seattle	17 Jan	2:08.39
2:14.85	Stephanie Hirtle	QU	83	20	South Bend IN	06 Mar	
2:14.93	Rebecca Johnstone	BC		4	Seattle	17 Jan	
2:16.92	Jeanette Van der Bulk	BC		7	Seattle	17 Jan	
2:18.29	Andrea Depol	BC	76	8	Seattle	17 Jan	

1000m

2:45.1	Sarah Ali-Kahn	QU	73	1	Montreal(CR)	13 Dec	2:46.58
2:46.78	Megan Metcalfe	ON	82	1	University PK	31 Jan	2:42.97
2:47.11	Metcalfe			1	Boston	07 Mar	
2:47.60	Edyta Seminska	AB	81	1	Winnipeg	27 Feb	
2:48.01	Shannon Slater	AB	82	2	Winnipeg	27 Feb	2:54.51
2:49.89	Darolyn Trembath	MB	83	3	Winnipeg	27 Feb	
2:51.64	Rebecca Stallwood	ON	78	2	University PK	31 Jan	
2:51.79	Sandy Wells	ON			Toronto(UT)	20 Feb	2:56.72
2:51.92	Lisa Whalen	MB	81	2	Windsor	12 Mar	
2:52.94	Chantel Widney	AB	79	2	Edmonton	15 Feb	
2:53.68	Jessica Warren	QU		1	Boston MA	14 Feb	
2:53.86	Anne Barrington	NL		2	Boston MA	31 Jan	
2:54.03	Andrea Depol	BC	76	5	Winnipeg	28 Feb	
2:54.34	Kristen Vidlak	ON	83	2	Boston	13 Feb	
2:54.42	Beth Wightman	ON	81	1	Montreal(MG)	24 Jan	
2:54.55	Lindsay Atcheson	AB	84	6	Winnipeg	27 Feb	
2:54.82	Leanne MacLean	NS		2	Windsor	12 Mar	
2:54.89	Heather Sim	AB	83	7	Winnipeg	27 Feb	
2:55.24	Sabrina Harper	AB	79	8	Winnipeg	27 Feb	
2:55.64	Siobhan Keenan	ON			Loftus Centre	06 Feb	
2:55.78	Tara Struyk	ON		12	University PK	31 Jan	
2:56.37	Jennifer Kemp	AB	83	1	Morgantown WV	07 Feb	
2:56.69	Claudine Kamariza-Pearson	QU	86	2	Montreal(MG)	21 Feb	
2:56.87	Erika Jacobs	ON	86	9	University PK	17 Jan	
2:57.23	Genevieve Jenkins	QU		4	Boston MA	13 Feb	
2:57.56	Chelsey Wyrostok	AB	83	9	Winnipeg	27 Feb	
2:57.65	Beth Trites	AB	82	10	Winnipeg	27 Feb	
2:58.51	Lorinda Moroschan	SK	83	11	Winnipeg	27 Feb	
2:58.66	Jackie Jones	AB	83	1	Edmonton	15 Feb	
2:58.89	Barbara Hunter	SK	81	1	Regina	21 Feb	
2:58.90	Vera Cumming	ON	82	3	Montreal(MG)	24 Jan	
2:59.13	Leah Burley	BC	83	12	Winnipeg	27 Feb	
2:59.35	Kerianne Yewchuk	AB	81	4	Edmonton	16 Jan	
2:59.47	Mandy McBean	ON	87	1	Toronto(VV)	17 Jan	

Resident Foreigner

2:58.45	Lemlem Bereket	QU	87	1s1	Sherbrooke	05 Mar	
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Oversized Track - Greater than 200m

2:49.41	Julia Howard	NL	83	1	Johnson City	06 Mar	
2:51.97	Howard			1	Seattle WA	15 Feb	
2:55.64	Siobhan Keenan	ON		4s2	South Bend IN	06 Feb	
2:56.58	Andrea Depol	BC	76	2	Seattle WA	15 Feb	
2:57.64	Nancy Fedoruk	BC		3	Seattle WA	15 Feb	
2:58.01	Genny McInnes	ON	78	6s2	South Bend IN	06 Feb	

1500m

4:08.18 NR	Carmen Douma-Hussar	ON	77	2	Budapest HUN	06 Mar	
4:09.28 NR	Douma-Hussar			6h1	Budapest HUN	05 Mar	
4:11.71	Douma-Hussar			1	Boston MA	31 Jan	
4:16.78	Douma-Hussar			1	New York	06 Feb	
4:22.49	Lisa Labrecque	ON	60	1	Toronto(UT)	10 Jan	
4:22.90	Leah Pells	BC	64	5	New York	06 Feb	

4:25.04	Lebrecque			1	Winnipeg	31 Jan	
4:26.73	Edyta Sieminska	SK	81	2	Winnipeg	31 Jan	4:34.24
4:29.75	Darolyn Trembath	MB	82	1	Windsor	13 Mar	
4:30.27	Shannon Slater	AB	82	3	Windsor	13 Mar	4:37.95
4:31.56	Danette Doetzel	SK	86	1	Winnipeg	05 Mar	4:44.94
4:32.7	Leanna MacLean	NS		1	Halifax	15 Feb	
4:33.49	Sandy Wells	ON		1	Toronto	27 Feb	4:40.33
4:33.6	Janice Ashworth	NS		1	Halifax	22 Feb	
4:34.27	Victoria Lynch	BC	67	5	Fairfax VA	10 Jan	
4:35.01	Sabrina Harper	AB	79	5	Windsor	13 Mar	
4:35.04	Stephanie Mills	BC	77	4	Winnipeg	31 Jan	
4:36.43	Mandy McBean	ON	87	1	Toronto(MC)	21 Feb	
4:36.65	Doetzel			1	Regina	21 Feb	
4:36.93	Michelle Childs	ON	85	2	Toronto(MC)	21 Feb	
4:37.82	Anne Barrington	NL		2	Toronto(MC)	27 Jan	
4:38.13	Rosalind Mullins	ON		3	Toronto(MC)	27 Feb	
4:38.61	Elizabeth Wightman	ON	81		Newll FI House	17 Jan	4:34.71
4:38.65	Tarah McKay	ON		1	Toronto(UT)	24 Jan	
4:39.00	Avril Ogradnick	QU	87	1	Montreal(CR)	13 Dec	4:44.04
4:39.38	Tara Quinn	ON	79	1	Windsor		
4:39.57	Chantel Widney	AB	79	1	Edmonton	06 Mar	
4:40.49	Kristen Kolstad	BC	86	1	Edmonton	06 Mar	
4:40.56	Krissy Dooling	AB	82	5	Winnipeg	27 Feb	
4:40.90	Jennifer Drynan	ON	73	2	Toronto(UT)	24 Jan	4:43.80
4:41.54	Laura Moulton	ON	84	5	Toronto	28 Feb	
4:41.61	Kate Van Buskirk	ON	87	1	Windsor		
4:42.31	Jackie Bonisteel	ON	84	1	Windsor	14 Feb	
4:42.68	Nikki Tufts	ON	86	3	Toronto(MC)	21 Feb	
4:43.26	Genny McInnes	ON	78		Toronto(UT)	20 Feb	
4:44.00	Megan Brown	ON	85	2	Toronto(UT)	10 Jan	4:42.17
4:44.3	Erin MacLean	NS		3	Halifax	21 Feb	
4:44.54	Lise Ogradnick	QU	87	3	Sherbrooke	05 Mar	4:44.36
4:44.98	Annie Riopel-Meunier	QU	86	1	Montreal(MG)	22 Feb	
4:45.01	Heather Sim	AB	83	6	Winnipeg	27 Feb	
4:45.40	Shannon Gerrie	ON	81	8	Toronto(MC)	10 Jan	4:42.40
4:45.48	Jessica Driscoll	ON	88	3	Windsor		
4:45.53	Shannon Crane	ON		1	Toronto(MC)	08 Feb	
4:45.55	Alex Becker	ON	87	4	Windsor		
4:45.70	Trisha Doyle	SK	86	2	Winnipeg	06 Mar	
4:45.99	Jenna McCormick	SK	88	2	Saskatoon	07 Feb	
4:46.14	Claudine Kamariza-Pearson	QU	86	2	Montreal(CR)	13 Dec	
4:46.27	Kelsie Slater	ON	89	5	Windsor		
4:47.07	Maeve O'Regan	ON	87	6	Windsor		
4:47.22	Kerianne Yewchuk	AB		1	Edmonton	14 Feb	
4:47.32	Stephanie Smith	ON	90	1	Toronto(MC)	13 Dec	4:51.18
4:47.74	Lise Anick	QU	87	3	Montreal(CR)	13 Dec	4:44.36
4:47.98	Letty Russell	SK	85	7	Winnipeg	27 Feb	
4:48.35	Lorinda Moroschan	SK	83	2	Regina	21 Feb	
4:48.63	Vannessa Lussier-Duquette	QU	81	1	Montreal(MG)	27 Feb	
4:49.30	Kailey Smith	SK		3	Winnipeg	06 Mar	
4:49.55	Serena Jennings	ON	81	3	Toronto(UT)	10 Jan	
4:49.78	Sasha Gollish	ON	81	2	Toronto(MC)	13 Dec	
4:49.81	Chelsey Wyrostok	AB	83	2	Saskatoon	23 Jan	
4:50.02	Haley Digel	AB	83	8	Winnipeg	27 Feb	
4:50.07	Kate Henderson	ON	83	10	Toronto(MC)	27 Feb	
4:50.24	Shari Boyle	ON	73	3	Windsor		

4:50.40	Ashley Hinthier	SK	84	3	Saskatoon	07 Feb	
4:50.41	Heather Goodfellow	BC	73	9	Winnipeg	27 Feb	
4:50.60	Shayna Boland	ON	82	11	Toronto(MC)	27 Feb	4:47.15
4:50.80	Liz Ramage	BC		10	Winnipeg	27 Feb	
4:50.91	Jacqueline Stillman	ON	84	1	Toronto(MC)	31 Jan	
4:50.98	Shauna Marsh	NS		2	Sherbrooke	17 Jan	
4:51.30	Catherine Jenkins		84	2		27 Feb	
4:51.47	Krista Stepa	SK	87	4	Regina	21 Feb	
4:51.52	Tessa West	SK	81	11	Winnipeg	28 Feb	
4:51.83	Amina Oumesrou	ON	86	4	Windsor		
4:52.39	Olivia Yuel	SK	68	5	Saskatoon	23 Jan	
4:52.39	Heather Stroeder	ON	87	7	Windsor		
4:52.8	Charmaine Lighfoot			4	Halifax	14 Feb	
4:53.27	Amanda Truelove	ON	90	2	Toronto(MC)	25 Jan	
4:53.50	Caroline Stillman	ON		2	Toronto(MC)	31 Jan	
4:53.85	Jennifer Krewiak	MB			Winnipeg	16 Dec	
4:53.87	Shannon Gribbons	ON	88	8	Windsor		
4:53.90	Kim Hill	NB		1	Moncton	24 Jan	

Resident Foreigner

4:37.95	Lemlem Bereket	QU	87	1s2	Sherbrooke	05 Mar	
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Mile/ Mille

4:35.89	Megan Metclafe	ON	82	1	University Park	14 Feb	4:42.97
4:36.12	Hilary Edmondson		81	2	University Park	14 Feb	4:43.10
4:39.21	Edmondson			4	Fayetteville AR	13 Mar	
4:39.37	Edmondson			4h	Fayetteville AR	12 Mar	
4:41.06	Lauren King	ON	81	2h2	Fayetteville AR	12 Mar	4:38.37 o/t
4:42.47	Edmondson			1	Madison WI	24 Jan	
4:46.04	Sarah Dupre-Healy	ON	76	1	Fayetteville AK	16 Jan	4:42.55
4:50.57	King			10	Fayetteville AR	13 Mar	
4:51.28	Kirsty Smith	BC	83	3	University Park	31 Jan	
4:51.79	Emily Kroshus	QU	83	2	Ithaca NY	28 Feb	
4:54.84	Avril Ogrodnick	QU	87	5	New York City	13 Mar	
4:55.55	Alison Kohlmeir	ON	86	1	Harold Silverston	21 Feb	
4:57.69	Tara Struyk	ON		5	Blacksburg VA	24 Jan	
4:58.23	Ane Barrington	NL		1	Ithaca NY	14 Feb	
4:58.38	Katie Engel	ON	97	1s1	Syracuse NY	07 Feb	
4:59.10	A, Ogrodnick	QU	87	1	Hannover NH	11 Jan	
4:59.58	Lise Ogrodnick	QU	87	7	New York City	Jan	
4:59.69	Stephanie Hirtle	QU	83	6	Ann Arbor	24 Jan	
5:01.23	Michele Cormier	ON		2s1	Syracuse NY	07 Feb	

Mile (Oversized Track-Greater than 200m)

4:41.15	Lauren King	ON	82	1	South Bend IN	06 Mar	
4:42.10	Courtney Inman	BC	80	3	Seattle WA	06 Mar	
4:42.87	Katie Vermeulen	BC	80	2	Seattle WA	06 Mar	4:46.83 o/v
4:42.98	King			2r3	South Bend IN	07 Feb	
4:45.61	King			1r2	South Bend IN	30 Jan	
4:50.42	Julia Howard	NF	83	7	Seattle	30 Jan	4:58.06 o/v
4:52.09	Tracy Robertson-Frack	BC	77	7	Seattle WA	06 Mar	
4:52.59	Melina Thibodeau	BC	80	7	Seattle	14 Feb	

1500mW / 1500mM

7:13.41	Chelsea Rodriguez	ON	86	1	Toronto(MC)	06 Dec	
7:17.95	Marilyn Desmarais	QU	88	1	Sherbrooke	06 Mar	
7:28.55	Rachel Lavallee	ON	86	2	Toronto(MC)	25 Jan	

3000mW / 3000mM

14:26.03	Holly Gerke	AB	64	1	Edmonton	06 Mar	
15:29.08	Marilyn Desmaris	QU	88	1	Sherbrooke	06 Mar	
15:48.23	Chelsea Rodriguez	ON	86	1	Toronto(MC)	22 Feb	15:19.2
15:50.89	Rodriguez			1	Toronto(MC)	08 Feb	
15:55.81	Katie Samoil	AB	86	1	Edmonton	06 Mar	
16:09.58	Kitty Cashman	ON	60	1	Toronto(MC)	22 Feb	16:41.0
16:26.57	Carla Farnessi	QU	86	1	Montreal(CR)	07 Feb	
16:43.52	Rachel Lavallee	ON	86	2	Toronto(MC)	22 Feb	

3000m

9:07.73	Megan Metcalfe	ON	82	2	Syracuse NY	21 Feb	9:10.35
9:11.74	Metcalfe			5	Fayetteville AR	13 Mar	
9:14.09	Sarah Dupre-Healy	ON	76	2	Boston	30 Jan	9:09.99
9:29.66	Tara Struyk	ON		2	University PK	14 Feb	9:28.87 o/v
9:30.14	Lisa Labrecque	ON	60	1	Toronto(MC)	13 Dec	
9:31.75	Hilary Edmondson		81	1	Ann Arbor MI	27 Feb	
9:37.26	Beth Wightman	ON	81	1	Windsor	12 Mar	9:50.00
9:37.39	Wightman			11	Boston MA	30 Jan	
9:37.49	Heather Lee	ON	81	4	Blacksburg VA	24 Jan	
9:42.33	Kirsty Smith	BC	83	7	Syracuse NY	21 Feb	
9:42.82	Danette Doetzel	SK	86	1	Winnipeg	06 Mar	
9:44.57	Janice Ashworth	NS		2	Windsor	12 Mar	
9:46.92	Deborah Buhlers	ON	74	1	Windsor	07 Mar	
9:47.54	Aly Kohlmeier	ON	86	2	Windsor		
9:47.70	Anne Barrington	ON			Boston MA	30 Jan	
9:50.04	Tara Quinn	ON	79	1	Toronto(UT)	24 Jan	
9:51.40	Mandy McBean	ON	97	2	Toronto(UT)	24 Jan	
9:53.72	Rosalind Mullins	ON		4	Windsor	12 Mar	
9:54.97	Shannon Gerrie	ON	81	5	Windsor	12 Mar	9:55.99
9:56.05	Sandy Wells	ON		2	Toronto(MC)	27 Feb	
9:56.54	Jackie Bonisteel	ON	84	6	Windsor	12 Mar	

3000(Oversized Track-Greater than 200m)

9:00.27	Malindi Elmore	BC	80	1	Seattle WA	30 Jan	9:17.68
9:16.41	Courtney Inman	BC	80	5	Seattle WA	30 Jan	
9:35.34	Heather Lee	ON	81	3h2	South Bend IN	07 Feb	
9:53.47	Jackie Bonisteele	ON	84	10h2	South Bend IN	06 Feb	
9:54.77	Tania VanderMeulen		82	12	Seattle WA	14 Feb	
9:58.90	Jessica Schmidt	AB		1	Murfreesboro TN	28 Feb	

Mixed race

9:24.26	Rebecca Stallwood	ON	78	1	Penn State	13 Feb	
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5000m

15:57.90	Sarah Dupre-Healy	ON	76	1	Boston MA	13 Feb	
16:08.17	Emily Kroshus	AB	83	7	Fayetteville AR	12 Mar	16:29.50
16:15.54	Kroshus			3	Boston MA	30 Jan	
16:22.44	Tara Struyk	AB	81	1	Boston	06 Mar	16:51.31
16:28.88	Struyk			15	Fayetteville AR	12 Mar	
5000(Oversized Track-Greater than 200)							
16:57.23	Michelle Carson	MB	82	3	Iowa City IW	14 Feb	16:24.59

60mh(0.840)

7.75 NR	Perdita Felicien	ON	80	1	Budapest HUN	07 Mar	7.95
7.83 NR	Felicien			1s1	Budapest HUN	07 Mar	
7.90=PNR	Felicien			1	Lievin FRA	28 Feb	
7.91	Felicien			1h2	Budapest HUN	07 Mar	
7.94	Felicien			2r2	New York	06 Feb	
7.94	Felicien			2	Fayetteville AR	14 Feb	
7.96	Felicien			1h1	Lievin FRA	28 Feb	
7.96	Pricilla Lopes	ON	82	1	Fayetteville AR	12 Mar	8.08
7.99	Felicien			1	Champaign ILL	31 Jan	
8.03	Lopes			1h2	Fayetteville AR	01 Mar	
8.04	Lopes			2s1	Lincoln NE	27 Feb	
8.07	Angela Whyte	AB	80	1	Moscow ID	20 Feb	8.07
8.13	Lopes			1	Lincoln NE	14 Feb	
8.14	Lopes			1h3	Lincoln NE	27 Feb	
8.15	Lopes			1	Lincoln NE	07 Feb	
8.17	Whyte			6h1	Budapest HUN	07 Mar	
8.19	Lopes			1s1	Lincoln NE	07 Feb	
8.20	Whyte			1	Saskatoon	08 Feb	
8.21	Lopes			1	Lincoln NE	25 Jan	
8.21	Jessica Zelinka	AB	81	2	Saskatoon	06 Feb	8.48
8.25	Lopes			1h3	Lincoln NE	14 Feb	
8.29=PJR	Yvonne Mensah	BC	85	2h2	Ames IW	14 Feb	
8.30	Zelinka			P	Windsor	11 Mar	
8.31	Lopes			1s2	Lincoln NE	24 Jan	
8.32	Lopes			1h5	Lincoln NE	24 Jan	
8.32	Y. Mensah			1	Iwoa City IW	29 Feb	
8.32	Zelinka			1	Windsor	12 Mar	
8.33	Zelinka			1	Edmonton	18 Jan	
8.35	Lopes			1h	Cedar Falls IA	17 Jan	
8.36	Mensah			1	Champaign IL	07 Feb	
8.37	Stephanie Wenner	ON		2	Windsor	12 Mar	8.54
8.41	Y.Mensah			1h3	Iwoa City IW	28 Feb	
8.50	Olubusola Adeagbo	?????	83	6	Lexington KY	07 Feb	
8.50	Wenner	ON		2	Toronto(MC)	28 Feb	8.54
8.51	Jessica Czaikowski	ON		2	Boston MA	06 Mar	
8.58	Kim Vanderhoek	AB	80	p	Edmonton	15 Feb	8.92
8.63	Melanie Lachapelle	ON	82	1	Windsor	13 Dec	8.52
8.63	Frances Keating	ON	85	1	Toronto(UT)	20 Feb	8.90
8.63	Shelley-Ann Brown	ON	80	6	Ames IA	06 Mar	8.21
8.65	Donna Clark			1h3	Toronto(UT)	20 Feb	
8.66	Genevieve Thibault	QU	86	1h1	Sherbrooke	06 Mar	
8.66	Kelley Park	ON	82	2h1	Windsor	12 Mar	8.69

8.66	Andrea Vinet	SK	82	4	Windsor	12 Mar	
8.72	Kristin Hodge	ON	83	2h2	Windsor	12 Mar	8.86
8.72	Samantha Anderson	AB	82	p	Windsor	11 Mar	8.80
8.74	Marie-Eve Dugas	QU	85	2s1	Montreal(CR)	07 Feb	8.84
8.77(spec?)	Heather Bergland	AB	87	1h2	Edmonton	06 Mar	
8.79	Nikkita Holder	ON	87	1	Toronto(MC)	07 Dec	8.93
8.82	Jaime Cruickshank	SK	86	1h5	University Park	14 Feb	8.82
8.83	Sue Kupper	AB	84	2h1	Winnipeg	28 Feb	8.85
8.85	Latoya Anderson	ON	86	1	Toronto(MC)	22 Feb	
8.86	Amanda Tasche	SK	80	1	Regina	21 Feb	
8.87	Darcelle McCutcheon	ON	84	3s	Bloomington IN	06 Feb	
8.89	Caitlin Basnett	SK	83	2	Saskatoon	06 Feb	
8.89	Lori Budd	AB	75	p	Winnipeg	28 Feb	8.94
8.90	Pascal Delisle	QU	87	1	Sherbrooke	05 Mar	
8.92	Sarah Junkin	SK	79	1r2	Saskatoon	06 Feb	8.91
8.92	Heather Loree	ON	80	1	Windsor		
8.96	Sally Wong	BC	83	1h2	Seattle WA	15 Feb	
8.99	Michelle MacDonald	ON		4s1	Toronto(MC)	28 Feb	

Suspect Timing

7.97	Jessica Czaikowski	ON	84	2	Morgantown	07 Feb	
8.13	Czaikowski			1h1	Morgantown	07 Feb	

YOUTH

60mh(0.762)

8.80	Nikkita Holder	ON	87	1	Toronto(MC)	06 Dec	
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4X400m (Oversized Track-Greater than 200m)

3:47.94 Pacific Athletics(Club) BC 1 Seattle 17 Jan
Aimee Teteris, Heather Henniger, Melina Thibodeau, Jeanette Van der Bulk

High Jump / Saut en hauteur

1.91	Marisa Cadienhead	ON	76	4	Weinheim GER	11 Feb	1.87
1.90	Cadienhead			2	Dortmund GER	04 Feb	
1.87	Cadienhead			6	Wuppertal GER	23 Jan	
1.87	Nicole Forrester	ON	76	1	Ann Arbor MI	21 Feb	
1.86	Cadienhead			7	Stuttgart GER	31 Jan	
1.85	Wanita May	ON	75	1		16 Feb	1.82
1.85	Cadienhead			2		16 Feb	
1.84	Cadienhead			3	Dessau GER	25 Jan	
1.84	Cadienhead			6	Cottbus GER	28 Jan	
1.84	May			1	Windsor		
1.83	Forrester			1	Ann Arbor MI	24 Jan	
1.82	Cadienhead			1	Toronto(UT)	10 Jan	
1.82	May			2	Toronto(UT)	10 Jan	
1.81	Olga Mankovskaya	ON	80	1	Windsor	14 Feb	1.80
1.80	Forrester			1	Ann Arbor MI	24 Jan	
1.80	May	ON	75	2	Birmingham GBR		
1.80	Whitney Evans	AB	80	1	Saskatoon	07 Feb	1.85
1.79	Mankovskaya			1	Toronto(MC)	27 Feb	
1.78	Kristen Mathews	ON	82	2	Windsor		1.86
1.77	Beth Stroud	ON	77	3	Toronto(UT)	10 Jan	1.75
1.76	Evans			1	Edmonton	14 Feb	1.85

1.74	Claire Poliquin	BC	82	3	Boston MA	14 Feb	
1.73	Mankovskaya			1	Toronto(MC)	31 Jan	1.80
1.73	Angela Collinge	SK	83	1	Windsor	13 Mar	1.70
1.70	Imola Major	ON	85	1	Montreal(MG)	24 Jan	
1.70	Kerri-Ann Mitchell	ON	83	4	Syracuse NY	22 Feb	
1.70	Jennifer Payne	NS	79	3	Windsor	13 Mar	
1.69	Alanna Boudreau	ON	82	1	Windsor	16 Jan	
1.69	Kim Vanderhoek	AB	80	p	Edmonton	15 Feb	
1.69	Michelle Moody	ON	85	2	Toronto(MC)	27 Feb	
1.69	Brae-Anne McArthur	ON		4	Toronto(MC)	27 Feb	
1.69	Shauna Aubry	ON	81	p	Toronto(MC)	28 Feb	
1.67	Dana Clifford	ON	81	3	Montreal(MG)	24 Jan	1.73
1.67	Susan Menczel	ON	84	4=1	Windsor	13 Mar	
1.66	Stephanie Burch	ON	84	2	Windsor	16 Jan	1.73
1.66	Felicia Smart	ON		2	Windsor	14 Feb	

Pole Vault / Saut à la perche

4.35	Stephanie McCann	BC	77	2	Flagstaff AZ	07 Feb	4.25
4.30	McCann			4=	Fayetteville	14 Feb	
4.25	Dana Ellis	AB	79	1c2	Reno NV	10 Jan	4.09
4.21	Ellis			4	Boston	31 Jan	
4.21	Kelsie Hendry	SK	82	1	Saskatoon	07 Feb	4.16
4.20	Ellis			1	Houston	07 Feb	
4.20	Ellis			1=	Fayetteville AK	14 Feb	
4.20	Hendry			1	Windsor	12 Mar	
4.15	Ellis			1	Houston	17 Jan	
4.15	Ellis			1	Baton Rouge	24 Jan	
4.15	Hendry			1	Saskatoon	24 Jan	
4.10	Hendry			1	Winnipeg	28 Feb	
4.05	Hendry			1	Saskatoon	10 Jan	
4.05	Hendry			1	Regina	21 Feb	
4.03	Hendry			1	Edmonton	14 Feb	
4.00	Adrienne Vangool	SK	85	2	Windsor	12 Mar	4.00
3.95	Simona Kovacic	ON	80	2	W. Lafayette	30 Jan	3.95
3.95	Sue Kupper	AB	84	2	Winnipeg	28 Feb	3.65
3.91	Karla McGee	AB	82	1	Moscow ID	06 Mar	3.75
3.90	Carly Dockendorf	BC	83	3col2	Reno NV	10 Jan	
3.81	Vangool			3	Saskatoon	07 Feb	
3.80	McGee			1	Pullman WA	31 Jan	3.75
3.80	Jackie Honey	MB	75	3	Gainesville	06 Mar	3.80
3.70	Arielle Mitchell	AB	82	4=	Windsor	12 Mar	3.60
3.70	Karolina Nieznalska	SK	84	4=	Windsor	12 Mar	
3.65	Brynn Anderson	AB	82		Edmonton	29 Nov	
3.65	Hanna Moffatt	NL	84	1	Boston MA	13 Feb	
3.60	Jen Payne			1	Montreal(MG)	24 Jan	
3.60	Kate Sauks	ON		1	Toronto(MC)	28 Feb	
3.60	Chelsey Wedman	AB	84	7	Windsor	12 Mar	
3.58	Nikki Jeske	AB		2	Edmonton	14 Feb	
3.58	Heather Schidlowsky	SK	82	3	Edmonton	14 Feb	
3.56	Theresa Wiebe	SK	87	5	Saskatoon	07 Feb	
3.55	Janice Creighton	ON	83	2	Toronto(UT)	20 Feb	
3.50	Suzanne Fish	ON	82	1	Toronto(MC)	13 Dec	
3.50	Caroline Jean	QU	80	2	Montreal(MG)	22 Feb	

3.50	Renee Evans	ON	85	2	Toronto(MC)	25 Jan	
3.50	Emilie Lefebvre-Bertland	QU	83	1	Montreal(CR)	07 Feb	
3.50	Amara Gossin	ON	83	8	Windsor	12 Mar	

Long Jump / Saut en longueur

6.28	Tabia Charles	ON	85	1	Syracuse NY	22 Feb	5.92
6.23	Krysha Bayley	ON	84	4	Gainesville FL	01 Feb	6.44
6.23	Charles			4	Fayetteville AR	12 Mar	
6.17	Bayley			2	New York	13 Feb	
6.16	Bayley			2	Gainesville	06 Mar	
6.14	Jocelyn Adu-Gyamfi	ON	81	1	Windsor	12 Mar	6.16
6.10	Charles			6	Gainesville FL	01 Feb	
6.05	Bayley			5	Lexington KY	28 Feb	
5.98	Tasha Monroe	ON	81	1	Toronto(MC)	12 Dec	5.91
5.98	Adu-Gyamfi				Ithaca NY	14 Feb	
5.93	Mandi Tasche	SK	80	2	Windsor	12 Mar	5.81
5.88	Kerrri-Ann Mitchell	ON	83	5f4	Notre Dame	06 Feb	
5.83	Jessica Zelinka	AB	81	1	Edmonton	16 Jan	5.75
5.78	Melanie Lachapelle	ON	82	1	Windsor	13 Dec	5.82
5.75	Sabrina Notarangelo	ON	83	1f2	Notre Dame	06 Feb	
5.74	Samantha Anderson	AB	82	p	Edmonton	14 Feb	5.80
5.74	Kelley Park	ON	82	1	Windsor	14 Feb	
5.72	Colleen Ramharak	ON	82	4	University PK	14 Feb	
5.71	Lori Budd	AB	75	p	Edmonton	15 Feb	
5.71	Edith Iwundu	ON	84	1	Windsor		
5.71	Kim Braithwaite	ON	82	5	Windsor	12 Mar	5.68
5.70	Kelly Goheen	ON	80	3	Windsor	14 Feb	5.67
5.68	Adrienne Power	NS		1		22 Nov	
5.68	Lindsay Tasche	SK	82	2	Winnipeg	28 Feb	
5.66	Pascale Delisle	QU	87	1	Sherbrooke	05 Mar	
5.65	Alexandra Rozefort	QU	84	1	Toronto(UT)	20 Feb	5.53
5.65	Heather Loree	ON	80	2	Windsor		5.73
5.63	Michelle MacDonald	ON	88		Ithaca NY	14 Feb	
5.62	Linda Thisier	QU	83	1	Sherbrooke	05 Mar	
5.61	Michelle Rawlins	ON	83	3	Toronto(MC)	28 Feb	
5.60	Anne Beecher	AB	70	4	Edmonton	16 Jan	5.56
5.60	Kim Vanderhoek	AB	70	4	Edmonton	16 Jan	
5.59	Sarah Junkin	SK	79	p	Winnipeg	28 Feb	
5.55	Mary Saxer	ON		1	Toronto(MC)	08 Feb	
5.53	Neisha Johnson	ON	85	2	Toronto(MC)	08 Feb	
5.52	Laura Williams	ON		1	Ithaca NY	14 Feb	

Triple Jump / Triple saut

13.53 PJrR	Tabia Charles	ON	85	1	Gainesville FLA	16 Jan	13.13
13.45	Charles			4	Fayetteville AR	13 Mar	
13.30	Charles			1	Gainesville FLA	06 Mar	
13.08	Charles			1	Syracuse NY	21 Feb	
13.06	Charles			1	Houston	23 Jan	
12.96	Colleen Ramharak	ON	82		Eastern Mich	28 Feb	
12.84	Ramharak			2	South Bend	06 Mar	
12.31	Kim Braithwaite	ON	82	1	Windsor	13 Mar	11.55

12.29	Alanna Boudreau	ON	82	2	Windsor	13 Mar	12.05
12.24	Jocelyn Adu-Gyumfi	ON	81	1	Toronto(UT)	20 Feb	12.17
12.09	Jan Shreve	ON	84	3	Windsor	13 Mar	12.21
12.00	Mandi Tasche	SK	80	5	Windsor	13 Mar	12.08
11.96	Alyssa Hasan	ON	87	1	Toronto(MC)	08 Feb	
11.90	Sarah Hoyles	AB	81	6	Windsor	13 Mar	
11.72	Kelley Park	ON	82	3f3	South Bend IN	06 Feb	
11.67	Sarah Kipping	ON	85	3	Toronto(MC)	27 Feb	
11.67	Linda Thisler	QU		2	Toronto(UT)	20 Feb	

Resident Foreigner

13.19	Simidele Adegbo	??????	81	1f3	Notre Dame IN	07 Feb	
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Shot Put / Poids

15.12	Kate Forbes	AB	82	1	Lethbridge	14 Dec	14.95
15.05	Forbes			1	Saskatoon	24 Jan	
14.89	Sultana Frizell	ON	84	10	Lexington KY	29 Feb	
14.81	Frizell			7	Blacksburg VA	14 Feb	
14.71	Caroline Larose	QU	78	1	Sherbrooke	06 Mar	15.46
14.69	Georgette Reed	AB	71	1	Edmonton	01 Dec	15.16
14.41	Frizell			6	Clemson	24 Jan	
13.87	Daisy VanRavenswaay	ON	84	4	Boston MA	13 Feb	12.27
13.80	Megan Reid	SK	83	2	Windsor	12 Mar	13.29
13.31	Erin Sigvaldason	MB	79	3	Winnipeg	28 Feb	
13.17	Kim Vanderhoek	AB	80	p	Edmonton	15 Feb	
13.13	Kathryn Whitehead	ON	82	1	Toronto(MC)	28 Feb	12.58
13.08	Laura Van Dam	ON	84	2	Toronto(MC)	28 Feb	
12.98	Megan Edney	ON		3	Windsor	12 Mar	12.65
12.90	Jennilee Way	AB	84	5	Windsor	12 Mar	12.37
12.77	Heather Brand	ON	76	1	London(ON)	10 Jan	
12.77	Melissa These	AB	80	7	Windsor	12 Mar	12.17
12.64	Meghan Weaver	ON	85	1	Toronto(MC)	21 Feb	12.90
12.51	Candice Witty	AB	85	1	Edmonton	06 Mar	
12.31	Lori Budd	AB	75	p	Edmonton	15 Feb	
12.30	Lydia Rousseau	QU	88	1	Toronto(MC)	06 Dec	
12.28	Kaitlyn Andrews	ON	88	2	Toronto(MC)	06 Dec	
12.26	Bev Young	ON		8	Windsor	12 Mar	
12.24	Beth Stroud	ON	77	1	Toronto(UT)	10 Jan	12.97
12.21	Nadine Walker	SK	81	5	Winnipeg	28 Feb	
12.20	Chantelle Bourque	AB	77	3	Edmonton	01 Dec	
12.17	Aleena Zibiw	AB	83	4	Edmonton	01 Dec	12.85
12.08	Gaelle Duliepre	QU	83	1	Sherbrooke	06 Mar	
12.02	Lindsay Jones	NS		1	Sherbrooke	17 Jan	
12.01	Heather Steacy	AB	88	1	Edmonton	06 Mar	

Landed Immigrant

18.39	Lieja Tunks	ON/Neth	76		6qa	Budapest HUN	05 Mar
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Weight Throw / Marteau en salle (9.07)

19.02	Amy Moses			1	Houston TX	14 Feb	19.84
18.99	Kate Forbes	AB	82	1	Windsor	11 Mar	17.41
18.98	Crystal Smith		81	2	Findlay OH	13 Feb	19.39
18.91	Megan Reid	SK	83	2	Windsor	11 Mar	17.18

18.79	Smith			3	Kent OH	31 Jan	
18.63	Sultana Frizell	ON	84	8	Lincoln NB	07 Feb	
18.58	Anna Dolegiewicz			1	Logan UT	31 Jan	
18.56	Frizell			7	Gainesville	01 Feb	
18.48	Smith			1	Ypsilanti	17 Jan	
18.39	Forbes			1	Edmonton	14 Feb	
18.35	Dolegiewicz			1	Pocatello ID	10 Jan	
18.35	Frizell			3	Blasburg VA	13 Feb	
18.30	Dolegiewicz			1	Pocatello ID	16 Jan	
18.30	Reid			1	Winnipeg	28 Feb	
18.26	Forbes			2	Winnipeg	28 Feb	
18.10	Reid			1	Saskatoon	06 Feb	
18.05	Marie Le Jour-McDonagh	AB	79	9	Fayetteville AR	13 Feb	
17.86	Le Jour-McDonagh			1	Fayetteville	23 Jan	
17.77	Forbes			1	Edmonton	16 Jan	
17.72	Forbes			1	Saskatoon	24 Jan	
17.57	Andrea Karpala	ON	82	1	Windsor	14 Feb	17.89
17.50	M. Reid			2	Saskatoon	24 Jan	
17.41	Forbes			1	Edmonton	01 Dec	
17.25	Jennilee Way	AB	84	3	Windsor	11 Mar	
17.03	Caltha Seymour	ON	77	1	Seattle WA	15 Feb	
16.63	Seymour			1	Newark	07 Feb	
16.57	Nathalie Thenor	QU	81	4	Windsor	11 Mar	16.92
16.43	Heather Schidlowsky	SK	82	2	Saskatoon	06 Feb	
16.27	Melissa These	AB	80	5	Windsor	11 Mar	15.32
16.04	Jennifer Brown	SK	80	3	Saskatoon	06 Feb	15.64
15.69	Seymour			2	Seattle	01 Feb	
15.67	Daisy VanRavenswaay	ON	84	4	Boston MA	14 Feb	
15.55	Meagan Weaver	ON	85	1	Toronto(MC)	08 Feb	
15.52	Jennifer Padrinao	BC	82	4	Seattle WA	15 Feb	
15.51	Maureen Watson	ON	78	1	Thunder Bay	24 Jan	
15.18	Georgette Reed	AB	71	2	Edmonton	01 Dec	

Pentathlon

4062	Jessica Zelinka	AB	81	1	Windsor	11 Mar	3964
	8.30 1.61 11.96 5.89			2:23.26			
3873	Samantha Anderson	AB	82	2	Windsor	11 Mar	3805
	8.72 1.67 9.75 5.71			2:25.61			
3570	Sarah Junkin	SK	79	3	Windsor	11 Mar	3628
	8.99 1.52 9.33 5.40			2:25.96			
3978	Zelinka			1	Winnipeg	28 Feb	
3734	Anderson			1	Edmonton	15 Feb	
	8.79 1.63 9.99 5.74			2:28.73			
3713	Lori Budd	AB	75	2	Edmonton	15 Feb	
	8.89 1.51 12.31 5.71			2:29.10			
3661	Sarah Junkin	SK	79	2	Winnipeg	28 Feb	
3606	Anderson			3	Winnipeg	28 Feb	
3567	Junkin			1	Saskatoon	23 Jan	

3555

Amanda Tasche

SK

80

4

Winnipeg

28 Feb

3479