



2005 CANADIAN INDOOR RANKINGS STATISTIQUES EN SALLE 2005 - WOMEN / FEMMES -

Last updated: March 17 2005 / Dernier mis à jour: 17 mars 2005

Cecil Smith (cecilsmith@eol.ca)

(Updates/corrections always welcome / Les corrections son toujours bienvenues)

50m

6.46	Jenni Hucul		5	Saskatoon	Feb 05
6.52	Daniella Vega		1	Hamilton	Feb 18
6.56	Teneshia Peart		6	Saskatoon	Feb 05
6.56	Aisha James		2	Hamilton	Feb 18
6.60	Mavis Ayippey		3	Hamilton	Feb 18
6.66	Atia Weekes		7	Saskatoon	Feb 05

55m

6.74	Toyin Olupona	83	1	Knoxville TN	Feb 18
6.93	Krysha Bayley	84	1s1	Blacksburg VA	Feb 11
6.93	Adrienne Power	81	1h1	Boston MA	Feb 11
7.00	Marium Salifu		2	Ogden UT	Feb 19
7.01	Tabia Charles		3h1	Gainesville FL	Feb 06
7.30	Esther Akinsulie	84	1	Canton NY	Jan 29
7.39	Zedmalia Wolfe		1h2	Morgantown WV	Dec 04

60m

7.23	Priscilla Lopes	82	1	Lincoln NB	Feb 26
7.24	Toyin Olupona	83	2	Fayetteville AR	Mar 12
7.24	Olupona		1h2	Fayetteville AR	Mar 11
7.30	Lopes		3h2	Fayetteville AR	Mar 11
7.31	Erica Broomfield	77	1h1	Toronto(MC)	Jan 30
7.31	Olupona		1h2	Fayetteville AR	Feb 26
7.34	Lopes	82	1	Lincoln NE	Feb 05
7.35	Olupona		1h3	Fayetteville AR	Feb 12
7.38	Lopes		1	Lincoln NE	Jan 22
7.38	Lopes		8	Fayetteville AR	Mar 12
7.43	Yvonne Mensah	85	3	Ann Arbor MI	Feb 27
7.44	Adrienne Power	81	1h5	Montreal(MG)	Jan 29
7.46	Daniella Vega	80	1	Toronto(MC)	Dec 11
7.47	Chantelle Vernon	1		Toronto(UT)	Jan 08
7.47	Kerry-Ann Mitchell	83	3s1	Lincoln NB	Feb 26
7.47	Krysha Bayley	84	5h3	Fayetteville AR	Feb 26
7.52	Angela Whyte	80	1	Moscow ID	Feb 18
7.54	Mitchell	83	1H5	Norman OK	Feb 05
7.55	Jocelyn Adu-Gyamfi	81	2	Toronto(UT)	Jan 22
7.55	Marie-Eve Dugas				Feb 25
7.56	Jenni Hucul	86	1	Saskatoon	Jan 22
7.56	Ashley Purnell	83	2h2	Seattle WA	Feb 25

7.57	Martine Cloutier-Leblanc	80				Feb 25
7.58	Nicole Buchholz	82	2	Saskatoon		Jan 22
7.58	Karlyn Serby	81	1	Edmonton		Feb 13
7.60	Mavis Ayippey	76	3h1	Toronto(MC)		Jan 30
7.60	Jessica Czaikowski	84	1	Morganstown WV		Feb 05
7.60	Teneshia Peart	86	2	Edmonton		Feb 13
7.60	Genevieve Thibault	86	1	Montreal(CR)		Mar 04
7.62	Jessica Zelinka					Feb 25
7.63	Asha James	79	3	Windsor	Mar 06	
7.63	Marie-Andre Leblanc					Feb 25
7.67	Davia Allen	85	1	Toronto(MC)		Feb 05
7.67	Heather Moyse		3h1	Winnipeg		Mar 12
7.68	Emily Johnson	87	1	Toronto(MC)		Feb 19
7.68	Rhonda Kay Trusty	88	1	Windsor	Mar 06	
7.69	Carline Muir	87	2	Toronto(MC)		Feb 19
7.69	Tabia Charles	85	2h9	Fayetteville AR		Feb 12
7.71	Atia Weekes	80	4	Edmonton		Jan 15
7.72	Alecia Brown	85	4h1	Toronto(MC)		Jan 30
7.72	Esther Akinsulie	84	3	Montreal(MG)		Feb 19
7.74	Vernee Samuel		1	Moscow ID		Feb 05
7.75	Leanne Huck		1	Oromocto		Feb 12
7.75	Tanya Bunbury			Regina		Feb 25
7.77	Elaine Hua		3	Edmonton		Jan 15
7.77	Tara Paluzzi		1h3	London		Feb 25
7.78	Cara Taylor		1h1	Toronto(MC)		Jan 30

Resident Foreigner

7.48	Juliet Bosiako(NGR)	84	2	Windsor	Mar 06	
7.64	Winnet Dube(ZIM)	72	3	Edmonton		Jan 15

200m

23.54	Krysha Bayley	84	3h2	Fayetteville AR		Feb 25
23.68	Bayley		1h1	Blacksburg VA		Feb 11
23.77	Toyin Olupona	83	1h7	Fayetteville AR		Feb 12
23.82	Bayley		3h2	Fayetteville AR		Mar 11
23.85	Olupona		4h3	Fayetteville AR		Feb 25
23.99	Yvonne Mensah	85	2h7	Fayetteville AR		Feb 12
24.04	Adrienne Power	81	1h1	Boston MA		Feb 12
24.08	Ashley Purnell	83	2h3	Fayetteville AR		Feb 12
24.13	Kerri-Ann Mitchell	83	3h5	Lincoln NB		Feb 25
24.15	Erica Broomfield	77	1h1	Toronto(MC)		Jan 30
24.18	Priscilla Lopes	82	1	Lincoln NE		Jan 15
24.68	Esther Akinsuie	84		Syracuse NY		Feb 05
24.71	Carline Muir	87	3h1	New York NY		Mar 13
24.77	Jessica Jones	87	1h4	Windsor		Mar 06
24.88	Karlyn Serby	81	4	Saskatoon		Feb 06
24.91	Teneshia Peart		3	Winnipeg		Jan 29
24.97	Patricia Mayers	85	4h12	Fayetteville AR		Feb 12
25.04	Genevieve Thibault		1h3	Boston MA		Feb 12
25.16	Bailey Lewis	86	2	Syracuse NY		Feb 05
25.18	Emily Johnson	87		Penn		Feb 29
25.20	Sherraine Pencil		2h1	Nampa ID		Feb 12
25.20	Rhonda Kay Trusty	88	1h12	Windsor	Mar 06	
25.31	Natalie Geiger	90	1h11	Windsor	Mar 06	
25.38	Jenni Hucul		1h	Saskatoon		Jan 08
25.49	Deanna Sullivan	87	1	Edmonton		Mar
25.52	Kelley Park		2	Findlay OH		Jan 29
25.54	Jenna Martin		2h4	Boston MA		Feb 19
25.66	Zedmalia Wolfe		2	Margantown WV		Dec 04
25.71	Alecia Brown	85	3h1	Toronto(MC)		Jan 30

25.73	Ayden Ollivier		1H4	Lincoln NE	Jan 22
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Oversized Track

24.94	Tanya Cyrus		4h2	Ames IA	Feb 13
25.09	Vernee Samuel		1	Moscow ID	Feb 05
25.14	Chantal Vernon		5	Johnson City TN	Feb 27
25.59	Rose Glowacka	83	1	Flagstaff AZ	Feb 19

Resident Foreigner

23.69	Kaltouma Nadjina(CHAD)		1	Saskatoon	Feb 05
24.81	Winnet Dube(ZIM)		2	Winnipeg	Jan 29

300m

Note: Because IAAF rules(at CIS meets/300m)are not being applied no Canadian records under CIS rules can be set.

37.35	Adrienne Power	81	1	Winnipeg	Mar 11
37.55	Power		1		Jan 29
38.54	Esther Akinsulie		1	Montreal(MG)	Feb 19
38.61	Martine Cloutier-LeBlanc	80	2	Winnipeg	Mar 11
38.91	Karlyn Serby	81	3	Winnipeg	Mar 11
39.05	Carlene Muir	87	1	Toronto(MC)	Feb 06
39.72	Amber Mosewich	2h3		Winnipeg	Mar 11
39.90	Bailey Lewis	86	2	Montreal(MG)	Feb 19
39.92	Marie-Andree LeBlanc		5	Winnipeg	Mar 11
39.99	Sharon Drake	83	6	Winnipeg	Mar 11
40.07	Deanna Sullivan	88	2h4	Edmonton	Feb 12
40.19	Danielle McFadyen	84	1	Regina	Feb 25
40.37	Troye Carrington		3h2	Winnipeg	Mar 11
40.38	Melissa Jeremy	85	3h1	Winnipeg	Mar 11
40.43	Veronique St Pierre	78	1h4	Edmonton	Feb 12
40.44	Fatihah Momoh		1	Windsor	Feb 26
40.51	Michelle MacDonald		3h3	Winnipeg	Mar 11
40.53	Paula McLaughlin		4h2	Winnipeg	Mar 11
40.63	Heather Hughes	84	2	Winnipeg	Jan 29
40.65	Paula MacDonald		3	Windsor	Feb 26
40.80	Kimberley Hyacinthe	89		Montreal(CR)	Dec 11
40.96	Nicole Bucholz	82	1	Edmonton	Jan 14
40.99	Rebecca Murrant		3	Windsor	Feb 26
41.00	Leanne Huck				Jan 29
41.04	Emilie Venturelli	82			Feb 25
41.05	Sarah Katz		4	Toronto(UT)	Jan 08
41.09	Shannon Davis		5	Windsor	Feb 25
41.11	Jessica King	80	6	Edmonton	Jan 17
41.14	Megan Czajkowski	82		Edmonton	Feb 12
41.21	Ashley Patterson	87	7	Edmonton	Jan 17

Resident Foreigner

37.09	Kaltouma Nadjina(CHAD)		1	Winnipeg	Jan 29
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400m

54.50	PCanJR Carline Muir	87	2	New York NY	Mar 12
54.81	Tanya Cyrus	84	3h1	Lincoln NE	Feb 05
54.89	Muir		4	New York NY	Mar 11
54.96	Cyrus		3h1	Fayetteville AL	Jan 22
55.20	Carline Muir	87	1	Toronto(MC)	Feb 19
55.91	Patricia Mayers	85	3h8	Fayetteville AR	Feb 12
56.28	Bailey Lewis	86	1	Syracuse NY	Feb 05
56.37	Jessica Jones	87	1	Windsor	Mar 06
56.39	Alecia Brown	85	2	Windsor	Mar 06
57.50	Melissa Bishop	87		Syracuse NY	Feb 05

57.79	Deanna Sullivan		87	1	Edmonton	Mar 06
57.86	Ayden Ollivier			2		Feb 18
58.61	Vaiva Yaeger			2h4	New York NY	Mar 12
58.66	Holly Ratzlaff		84	1	Edmonton	Mar 06
58.73	Emilie Venturelli			1	Hannover NH	Jan 09
58.87	Ashley Patterson		86	1	Edmonton	Mar 06
58.99	Natalie Geiger		90	1	Toronto(MC)	Feb 19

Resident Foreigner

52.99	Kaltouma Nadjina(CHAD)			1	Saskatoon	Feb 05
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Oversized Track

53.57	Ashley Purnell			1	Seattle WA	05 Mar
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600m

1:30.33	Aimee Teteris			1	Hamilton	Feb 18
1:30.69	Amber Mosewich	84	1		Winnipeg	Mar 12
1:30.80	Paula McLaughlin			2	Winnipeg	Mar 12
1:30.84	Lisa Whalen			3	Winnipeg	Mar 12
1:31.57	Nicole Edwards		86	2	West Lafayette PA	Feb 27
1:31.60	Renee Kaylor		82	4	Winnipeg	Mar 12
1:31.76	Edwards			H5	Ann Arbor MI	Feb 26
1:32.59	Kja Isaacson		85	5	Winnipeg	Mar 12
1:32.78	Patricia Mayers		85	2	Manhattan KA	Feb 20
1:33.12	Nicole Edwards		86	1	Ann Arbor MI	Jan 22
1:33.27	Veronique St Pierre		78	2	Regina	Feb 25
1:33.42	Katie Rooks		85	5h2	Winnipeg	Mar 10
1:33.49	Jackie Jones		83	3	Regina	Feb 25
1:33.82	Renee Kaylor		82	2h2	Edmonton	Feb 12
1:33.88	Jana Cassidy		85	2h1	Winnipeg	Mar 10
1:34.61	Tara Halls		83	2	Madison WI	Jan 22
1:34.83	Holly Ratzlaff		84	3h2	Edmonton	Feb 12
1:34.92	Melissa Bishop			1	Montreal(MG)	Feb 19
1:35.44	Katie Rooks		85	3	Edmonton	Jan
1:35.65	Emilie Venturelli			5h1	Winnipeg	Mar 10
1:35.75	Carrah Bouma		84	s	Regina	Feb 25
1:35.82	Calla Humphries			2	Montreal(CR)	Feb 19
1:35.97	Keyva Lashley			3	Windsor	Feb 26
1:36.17	Erica Poole		82	5	Regina	Feb 25
1:36.65	Lindsay Lessard			3	Montreal(MG)	Feb 19
1:38.24	Joelle Marshall			6h1	Winnipeg	Mar 10
1:38.42	Megan Stewart		87	1	Toronto(MC)	Feb 06

800m

2:05.35	Heather Henniger		73	6	Fayetteville AR	Feb 12
2:06.67	PcanJR Nicole Edwards		86	1	University PK PA	Feb 12
2:08.23	Jennifer Kemp		83	4	Boston MA	Mar 06
2:09.89	Leanna MacLean		3		Boston MA	Feb 12
2:10.56	Henniger		73	6	New York NY	Feb 04
2:15.24	Vaiva Yaeger		87	1	Windsor	Mar 05
2:15.45	Shenstone Johanna		89	1	Windsor	Mar 05
2:15.50	Katie Engel			1	Canton NY	Jan 29
2:15.92	Charlotte Plummer		77	2	Windsor	Mar 05
2:16.76	Megan Stewart		87	3	Windsor	Mar 05

Oversized Track

2:07.48	Nicole Edwards		86	3	Notre Dame IN	Feb 05
2:08.47	Paula McLaughlin		80	5	Notre Dame IN	Feb 05
2:08.51	Rebecca Johnstone		84	3	Seattle WA	Feb 12

2:10.03	Julia Howard		7	Seattle WA	Jan 28
2:10.04	Tara Halls	83	7	Seattle WA	Feb 12
2:10.09	Julia Johnstone		8	Seattle WA	Feb 12
2:10.53	Lisa Whalen		12	Ames IA	Feb 12
2:11.97	Mary Kamau	79	1	Moscow ID	Feb 05

1000m

2:48.17	Lisa Lebreque		1	Toronto(UT)	Jan 08
2:48.44	Lisa Whalen	82	1	Winnipeg	Mar 11
2:49.44	Darolyn Trembath	82	2	Winnipeg	Mar 11
2:50.11	Rebecca Stallwood		3	University PK	Jan 29
2:51.56	Leanna MacLean	3		Winnipeg	Mar 11
2:52.00	Renee Kaylor	82	4	Winnipeg	Mar 11
2:52.82	Shannon Slater	82	3	Edmonton	Jan 17
2:53.51	Lindsay Acheson	83	4	Regina	Feb 25
2:55.08	Heather Sim	85	5	Regina	Feb 25
2:55.92	Andrea DePol		7	Winnipeg	Mar 11
2:56.14	Jessica Reid		8	Winnipeg	Mar 12
2:56.66	Ashley Hinthier	84	7	Regina	Feb 25
2:56.70	Katie Engel			Canton NY	Jan 22
2:57.04	Catherine Jenkins		9	Winnipeg	Mar 11
2:57.42	Nancy Fedoruk		10	Winnipeg	Mar 11
2:57.74	Genny McInnis		2	Windsor	Feb 26
2:57.99	Jennifer Souter	84	8	Regina	Feb 25
2:57.83	Jenni Vamos		3	Windsor	Feb 28

Oversized Track

2:48.96	Julia Howard		1	Seattle WA	Jan 29
2:50.82	Rebecca Johnstone		2	Seattle WA	Jan 29
2:54.28	Alexandre Krasovska		6	Seattle WA	Jan 29
2:54.77	Kisten Kolstad		7	Seattle WA	Jan 29

1500m

4:22.30	Hilary Edmondson	81	1	Toronto(UT)	Jan 08
4:26.93	Leanna MacLean	1		Montreal(MG)	Jan 29
4:27.52	Darolyn Trembath	82	1	Winnipeg	Mar 12
4:32.83	Heather Sim	83	3	Winnipeg	Mar 12
4:34.25	Shannon Slater	82	4	Winnipeg	Mar 12
4:35.06	Kate Van Buskirk	87	1	Toronto(MC)	Feb 19
4:36.38	Lisa Whalen		5	Winnipeg	Mar 12
4:36.91	Avril Ogrodnick		1	Montreal(MG)	Dec 27
4:37.36	Bethany Janzen		1	Windsor	Feb 25
4:38.38	Hilary Burn		6	Winnipeg	Mar 12
4:38.81	Erin MacLean		7	Winnipeg	Mar 12
4:38.84	Mandy McBean	87	2	Toronto(MC)	Feb 19
4:38.96	Kelsie Slater	89	1	Windsor	Mar 05
4:39.37	Genny McInnes		2	Windsor	Feb 25
4:39.90	Ashley Hinthier	84	8	Winnipeg	Mar 12
4:40.92	Kate Harrison	89	2	Windsor	Mar 06
4:41.62	Genny McInnes		1	Toronto(UT)	Jan 22
4:42.10	Stephanie Smith	90	1	Toronto(MC)	Feb 19
4:42.43	Jaqueline Malette		3	Windsor	Feb 25
4:42.5	Shari Boyle			Toronto(UT)	Feb 18
4:43.54	Annie Riopel-Meunier	86	3	Toronto(MC)	Feb 19
4:43.54	Julia Kirby		4	Windsor	Feb 25
4:43.57	Alexandra Becker	87	4	Toronto(MC)	Feb 19
4:43.90	Lindsay Atcheson	84	3h1	Edmonton	12 Feb
4:44.09	Jessica Driscoll	88	1	Toronto(VV)	Jan 15
4:44.12	Kristina Rody		4	Windsor	Feb 25

4:44.22	Johanna Shenstone	89	3	Windsor	Mar 06
4:44.44	Amada Truelove	90	2	Toronto(MC)	Feb 19
4:45.27	Seanna Robinson		2	Toronto(UT)	Jan 22
4:45.40	Georgette Mink	80	5	Regina	Feb 26
4:46.30	Ashley Hinthier	84	4h1	Edmonton	Feb 12
4:46.92	Melissa Armstrong	82	6	Regina	Feb 26
4:47.56	Tiffany Evans	74	7	Regina	Feb 26
4:48.08	Jennifer Souter	84	5h1	Edmonton	Feb 12
4:48.46	Julia Beniusis		6	Windsor	Feb 25
4:49.5	Laura Wilson		1	Montreal(MG)	Feb 19
4:49.72	Krissy Dooling	82	6h1	Edmonton	Feb 12
4:50.38	Sophie Trageser	87	7h1	Edmonton	Feb 12
4:50.60	Emily Stevenson	85	4	Edmonton	Jan 17
4:50.83	Lydia Willemse		6	Toronto(MC)	Feb 19
4:51.21	Mandy Vyce		3	Toronto(UT)	Jan 22
4:51.25	Vaiva Yaeger	87	4	Toronto(VV)	Feb 15

Mile / Mille

4:28.43	Carmen Douma-Hussar	77	1	New York(ARM)	Jan 22
4:31.91	Hilary Edmondson	81	3	New York(ARM)	Jan 22
4:32.47	Douma-Hussar		1	New York NY	Feb 04
4:35.69	Lisa Lebreque	77	5	New York(ARM)	Jan 22
4:42.29	Megan Metcalfe	82	1	State College PA	Jan 29
4:43.76	Mary Kamua	79	7	Fayetteville AR	Mar 12
4:44.00	Carol Henry	82	5	New York NY	Feb 05
4:45.33	Kamau		4h1	Fayetteville AR	Mar 11
4:45.98	PCanJR Nicole Edwards	86	1	Ann Arbor MI	Jan 29
4:46.90	Alyson Kohlmeier	86	2	Ann Arbor MI	Jan 29
4:48.70	Kirsty Smith		2	State Colleg PA	Jan 29
4:53.18	Darolyn Trembath	82	1	Minneapolis MN	Jan 22
4:55.46	Lilianne Sparkes		1	Fayetteville AR	Feb 12
4:56.20	Avril Ogradnick		2	New York NY	Mar 13
4:57.87	Lise Ogradnick		5	New York NY	Mar 13

Oversized Track

4:40.79	Mary Kamau	79	2	Seattle WA	Mar 05
4:43.87	Alyson Kohlmeier	86	4	Notre Dame PA	Feb 05
4:46.05	Edwards		2	Lexington KY	Jan 15
4:46.68	Darolyn Trembath		1	Des Moines IA	Feb 12
4:51.36	Lisa Whalen		4	Des Moines IA	Feb 12

3000m

8:58.17	Megan Metcalfe	82	1	New York NY	Feb 25
8:59.20	Carmen Douma-Hussar	77	6	Boston MA	Jan 29
9:09.53	Hilary Edmondson	81	9	Boston MA	Jan 29
9:14.00	Metcalfe		1	Boston MA	Feb 11
9:14.37	Lisa Labrecque	77	11	Boston MA	Jan 29
9:23.65	Kirsty Smith	83	4h2	New York NY	Feb 05
9:24.80	Alyson Kohlmeier	86	2	University PK PA	Feb 12
9:31.45	Rebecca Stallwood	78	2	Boston MA	Feb 11
9:36.55	Nicole Stevenson	73	1	Toronto(UT)	Jan 30
9:37.23	Kristina Rody	77	4	State Colleg PA	Jan 29
9:39.38	Beth Wightman	77	6	University PK PA	Feb 12
9:40.11	Danette Doetzel	86	9	Fayetteville AR	Feb 12
9:41.06	Jenn Feenstra		2	New York NY	Feb 05
9:45.15	Kerri Earl		1	Minneapolis MN	Jan 22
9:45.79	Melissa Armstrong		2	Minneapolis MN	Jan 22
9:49.69	Mandy McBean	87	1	Toronto(MC)	Feb 20
9:51.79	Kate VanBuskirk	87	10	University PK	Jan 29

9:52.94	Hilary Burn		1	Winnipeg	Mar 11
9:56.31	Erin MacLean		3	Winnipeg	Mar 11
9:56.81	Amanda Truelove	90	1	Toronto(MC)	Feb 20
9:57.55	Kim Hill		4	Winnipeg	Mar 11

Oversized Track

9:14.59	Courtney Inman	80	2	Seattle WA	Jan 29
9:23.57	Alyson Kohlmeier	86	2	Lexington KY	Jan 15
9:30.25	Danette Doetzel	86	3	Notre Dame IN	Feb 05
9:46.11	Jessica Crate	85	5	Seattle WA	Feb 12
9:47.59	Sabrina Reeve		6	Seattle WA	Feb 12
9:51.97	Julia Hicks		5	Lexington KY	Jan 15
9:54.68	Amy Kohlmeier		23	Notre Dame IN	Feb 05

5000m

16:33.03	Carol Henry	82	3	Chapel Hill NC	Feb 18
16:59.89	Rosie Mullins			Boston MA	Jan 28
17:15.91	Amy Kohlmeier	85	8	Syracuse NY	Feb 19
17:29.84	Alyson Kohlmeier		17	West Lafayette PA	Feb 27
17:30.26	Diane Nukuri		1	Cambridge MA	Jan 28

50mh

6.86	Perdita Felicien	80	2	Lievin FRA	Feb 26
6.86	Felicien		1h2	Lievin FRA	Feb 26

55mh (0.84cm)

7.87	Jessica Czaikowski	84	1h4	Morgantown WV	Dec 04
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60mh (0.84cm) - (13.0m,8.50m,13.0m)

7.97	Perdita Felicien	80	3	Lievin FRA	Feb 26
7.99	Priscilla Lopes	82	2	Fayetteville AR	Mar 12
8.00	Lopes		1	Lincoln NE	Feb 25
8.00	Lopes		2h2	Fayetteville AR	Mar 11
8.01	Felicien		5	Madrid ESP	Feb 24
8.03	Lopes		1	Fayetteville AR	Feb 12
8.06	Felicien		4	Fayetteville AR	Feb 11
8.07	Felicien		2h1	Madrid ESP	Feb 24
8.09	Lopes	82	1h2	Lincoln NE	Feb 04
8.10	Lopes		1h2	Lincoln NB	Feb 26
8.11	Angela Whyte	80	4	New York NY	Feb 04
8.12	Lopes		1	Lincoln NE	Feb 05
8.14	Lopes		1	Lincoln NE	Jan 22
8.14	Lopes		1h3	Lincoln NE	Jan 22
8.15	Yvonne Mensah	85	5h2	Fayetteville AR	Mar 11
8.16	Whyte		1	Moscow ID	Feb 18
8.20	Whyte		1	Saskatoon	Feb 05
8.23	Mensah		1	Champaign	Jan 22
8.23	Jessica Czaikowski	84	2	Boston MA	Mar 06
8.31	Jessica Zelinka	81	5	Saskatoon	Feb 05
8.45	Andrea Vinet	82	6	Saskatoon	Feb 05
8.46	Frances Keating	85	4	Lincoln NE	Feb 26
8.50	Marie-Eve Dugas	2h1		Winnipeg	Mar 11
8.53	Kelley Park	82	1	University Centre MI	Jan 21
8.59	Nikkita Holder	87	1	New York	Mar 11
8.64	Stephanie Wenner		2	University CentreMI	Jan 21
8.70	Melanie Lachapelle		3h1	Winnipeg	Mar 11

8.70	Jessica King	80	1h2	Winnipeg	Mar 11
8.74	Heather Bergland	87	1	Edmonton	Mar 05
8.80	Christie Gordon	86	1	Lincoln NE	Feb 05
8.84	Caitlan Basnett	83	Sh2	Winnipeg	Mar 11
8.87	Jenni Hucul		1h	Saskatoon	Jan 08
8.88	Jessica Olfert		2h2	Seattle WA	Jan 16
8.88	Krista Baker	84	3	Regina	Feb 26

(All relays-Take Over Zone=20.0m

4x200

4x400

4x800

1500mW

6:24.56	Rachel Lavallee		1	Hamilton	Feb 18
6:34.6	Marina Crivello		1	Montreal(CR)	Feb 05
7:04.68	Nanci Sweazy		2	Hamilton	Feb 18

MileW

7:06.71	Rachel Lavallee		2	Hannover NH	Jan 08
7:09.59	Marina Crivello		3	Hannover NH	Jan 08

3000mW

13:57.58	Rachel Lavallee	86	1	Toronto(MC)	Feb 19
14:16.07	Holly Gerke		1	Edmonton	Mar 05
15:12.68	Chelsea Rodriguez	86	2	Toronto(MC)	Feb 19
15:19.80	Nanci Sweazy	55	1	Toronto(MC)	Feb 19
16:02.61	Rachel Vanderzwet	87	3	Toronto(MC)	Feb 19
16:11.4	Katherine Cashman	60	4	Toronto(MC)	Feb 06
16:17.1	Rachel Vanderzwet	87	5	Toronto(MC)	Feb 06

High Jump / Hauteur

1.87	Nicole Forrester	76	1	Ann Arbor	Feb 19
1.87	Forrester		3	Weinheim GER	Feb 23
1.83	Forrester		1	Bloomington IN	Jan 28
1.83	Kristen Mathews	82	1	Winnipeg	Mar 12
1.81	Mathews		1	Toronto(UT)	Jan 08
1.81	Whitney Evans	80	1	Edmonton	Feb 13
1.81	Evans		2	Seattle WA	05 Mar
1.78	Michelle Moody		2	Toronto(UT)	Jan 08
1.76	Emily Sheppard		1	Seattle WA	Feb 13
1.74	Jillian Drouin	84	4	Syracuse	Feb 20
1.73	Grace Vela	82	p	Seattle WA	Feb 26
1.72	Jessica Zelinka	81	p	Regina	Feb 26
1.72	Heather Hamilton	88	1	Windsor	Mar 05
1.72	Brae Anne McArthur		p	Winnipeg	Mar 10
1.71	Stephanie Burch		3	Winnipeg	Mar 12
1.70	Angie Collinge	83	1	Regina	Feb 25
1.70	Leanne Pare	86	1	Toronto(MC)	Feb 06
1.70	Abdulai		1	Johnson City	Mar 05
1.68	Annick Baragengana	87		Hannover NH	Jan 07
1.68	Maddie Buttinger	89	2	Toronto(MC)	Feb 19
1.68	Alecia Stewart		P	New York NY	Mar 12

Pole Vault / Perche

4.38	PCanR	Kelsie Hendry	82	1	Hamilton	Feb 18	
(3.26p, 3.41p, 3.56p, 3.71p, 3.86/1, 4.01p, 4.11, 4.21, 4.38, 4.41/f)							
4.30		Hendry		1	Saskatoon	Feb 05	
4.30		Buller		4	Birmingham GBR	Feb 18	
4.26		Buller		1	Joshua TX	Jan 08	
4.25		Buller		2=	Reno NV	Jan 21	
4.25		Buller		5	Fayetteville AR	Feb 11	
4.25		Hendry		1	Edmonton	Feb 13	
4.22		Hendry		1	Winnipeg	Mar 11	
4.21		Hendry		1	Saskatoon	Jan	
4.20		Stephanie McCann	77	1	Loughboro GBR	Dec 18	
4.20		Buller		7	Houston TX	Jan 05	
4.20		Hendry		1	Regina	Feb 25	
4.20		Buller		7=	Madrid ESP	Feb 24	
4.10		Carly Dockendorf	83	2	Seattle WA	Mar 05	
4.05		Sue Kupper		84	2=	Reno NV	Jan 21
4.01		Adrienne Vangool		85	2	Hamilton	Feb 18
4.00		Henry		1	Edmonton	Jan 15	
4.00		Vangool		2	Saskatoon	Jan 22	
3.70		Brynne Anderson	82	1	Winnipeg	Jan 29	
3.70		Amara Gossin		83	1	Montreal(MG)	Jan 29
3.70		Leah Vause		87	6	Saskatoon	Feb 05
3.70		Caroline Jean		80	1	Montreal(MG)	Feb 19
3.65		Simona Kovacs		80	3	West Lafayette IN	Jan 15
3.65		Nikki Jeske		82	2c3	Reno NV	Jan 21
3.60		Theresa Wiebe		87	9	Saskatoon	Feb 05
3.56		Ashley Jeffs		4	Hamilton	Feb 18	
3.56		Janice Creighton		3	Windsor	Feb 25	
3.55		Gabriella Lasnier-Duclos			Montreal(CR)	Jan 22	
3.55		Hanna Moffat		2	Montreal(MG)	Feb 19	
3.55		Nicole Huffman		87	Saskatoon SK	Jan 20	

Long Jump / Longueur

6.57	PCanR	Krysha Bayley	84	1	Clemson	Jan 21
6.49		Tabia Charles	85	1	Blacksburg VA	05 Mar
6.38		Bayley		3	Fayetteville AR	Feb 26
6.38		Bayley		5	Fayetteville AR	Mar 12
6.37		Bayley		1	Blacksburg VA	Feb 12
6.28		Charles		7	Fayetteville AR	Mar 11
6.26		Charles		2	State College PA	Jan 28
6.26		Bayley		4	New York NY	Feb 05
6.25		Simidele Adeagbo	81	1	Nampa ID	Jan 29
6.24		Charles		1	Chapel Hill NC	Feb 18
6.21		Charles		3c2	Fayetteville	Feb 12
6.13		Jocelyn Adu-Gyumfi	81	2	Notre Dame	Feb 05
6.01		Charles		3	Gaineville FL	Feb 06
6.00		Adu-Gyumfi		1	Windsor	Feb 25
5.90		Kelley Park		2	Windsor	Feb 25
5.87		Sarah Nelson	85	3	Cedar Falls IW	Jan 29
5.87		Colleen Ramharak		5	MT Pleasant MI	Feb 26
5.83		Jessica Zelinka	81	1	Regina	Feb 26
5.77		Grace Vela	82	p	Seattle WA	Feb 25
5.74		Alexandra Rozefort			Montreal(R)	Dec 11
5.70		Kim Braithwaite		3	Windsor	Feb 25
5.73		Mandi Tuplin	80	1	Edmonton	Feb 12
5.63		Marlene Romano-Duclos	82	1	Montreal(MG)	Feb 19
5.62		Melanie Lachapelle		3	Winnipeg	Mar 11

Triple jump / Triple saut

13.39	Tabia Charles	85	6	Fayetteville AR	Mar 12
13.38	Colleen Ramharak		1	Notre Dame PA	Mar 05
13.26	Ramharak		7	Fayetteville AR	Mar 12
13.23	Simidele Adeagbo	81	2	Nampa ILL	Jan 28
13.22	Charles		2	Syracuse	Feb 20
13.19	Adeagbo		1	Nampa ILL	Feb 05
13.10	Ramharak		1	Mt Pleasant MI	Feb 26
13.10	Charles		1	Gainesville FL	Feb 06
13.03	Charles		2	Blacksburg VA	Mar 05
12.30	Neb Zachariah		1	Winnipeg	Mar 12
12.06	Kim Braithwaite		1	Windsor	Feb 26
12.00	Alanna Boudreau	2		Windsor	Feb 26
12.00	Kelley Park		2	Winnipeg	Mar 12
11.85	Ruth Ezirim		4	Winnipeg	Mar 12
11.80	Sarah Hoyles	81	1	Edmonton	Feb 13
11.72	Tricia Palmer	82	1	Regina	Feb 26
11.69	Jann Shreve		5	Winnipeg	Mar 12

Shot Put / Poids (4 kg)

14.74	Daisy VanRavenswaay		3	Syracuse NY	Feb 11
14.73	Kate Forbes	82	1	Winnipeg	Mar 11
14.52	VanRavenswaay		2	Boston MA	Feb 26
14.20	Sultana Frizell	84	5	Blacksburg VA	Feb 12
13.99	Megan Reid	83	2	Winnipeg	Mar 11
13.81	Jessica Zelinka	81	h	Regina	Jan 26
13.77	Melissa These	80	3	Winnipeg	Mar 11
13.49	Katie Whitehead		1	Windsor	Feb 25
13.45	Dominique Bilodeau		4	Winnipeg	Mar 11
13.41	Kaitlyn Andrews	88	1	Toronto(UT)	Jan 22
12.98	Laura Van Dam		6	Winnipeg	Mar 11
12.96	Nicole Walcott		2	New York	Mar 11
12.95	Jenilee Way	84	4	Regina	Feb 26
12.64	Diana Lane	88	1	Windsor	Mar 05
12.57	Isabelle Boudreau			Montreal(CR)	Jan 15
12.36	Heidi Epp	80	6	Regina	Feb 26
12.31	Julie Montes		8	Winnipeg	Mar 11
12.26	Stephanie Jackson		2	Toronto(UT)	Jan 08
12.21	Candice Witty		1	Edmonton	Mar 05
12.11	Nathalie Thenor	81		Montreal(CR)	Jan 15

Resident Foreigner

18.01	Lieja Tunks(NED)		1	Toronto(MC)	Jan 30
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Weight Throw / Marteau en salle (9.08 kg)

21.84	PCanR Amy Moses	82	2	Gainesville FL	Mar 04
21.18	Moses		6	Fayetteville AR	Mar 12
20.37	Sultana Frizell	84	11	Fayetteville AR	Mar 12
20.36	Frizell		5	Gainesville FL	Mar 04
19.91	Frizell		3	Blacksburg VA	Feb 11
19.66	Kate Forbes	82	1	Winnipeg	Mar 10
19.61	Forbes		1	Edmonton	Feb 13
19.53	Moses		1	Houston TX	Feb 05
19.35	Frizell		2	Champaign IL	Jan 29
19.20	Frizell		5	Clemson	Dec 03
19.11	Megan Reid	83	1	Edmonton	Feb 13
18.86	Crystal Smith	81	2	Columbus OH	Jan 29
18.29	Anna Dolegiewicz	82	1	Ogden UT	Feb 19
18.11	Andrea Karpala	82	1	Greencastle IN	Feb 26

17.91	Jenilee Way	84	1	Edmonton	Feb 06
17.30	Daisy VanRavenswaay		3	Boston MA	Feb 11
17.21	Caltha Seymour	77	1	Windsor	Mar 06
17.09	Novelle Murray		3	Nampa ID	Feb 26
16.98	Nathalie Thenor	81	1	Montreal(MG)	Feb 19
16.86	Mikaela Patterson			Clemson	Feb 12
16.83	Jennifer Brown		4	Winnipeg	Mar 10
16.68	Elizabeth Dubourt	86	4	Regina	Feb 26
16.41	Angela Machaj		5	Kent U	
16.39	Heidi Epp		6	Winnipeg	Mar 10
16.31	Melissa These	80	5	Regina	Feb 26
16.26	Sara Jibb		1	Windsor	Feb 26

Pentathlon

4326	Jessica Zelinka (8.34, 1.72, 13.81, 5.76, 2:19.02)	81	1	Regina	Feb 26
3915	Grace Vela (8.63, 5.77, 10.56, 1.73, 2:30.27)	82	3	Seattle WA	Feb 25
3687	Veronique Fortin (8.90, 1.60, 11.89, 5.50, 2:32.15)		1	Winnipeg	Mar 10
3493	Kendra Harper (9.61, 1.60, 11.13, 4.98, 2:20.82)	83	2	Regina	Feb 26
3453	Liz Akeroyd (9.19, 1.60, 9.57, 5.29, 2:29.01)		2	Winnipeg	Mar 10
3448	Brae-Anne Arthur (9.86, 1.72, 8.86, 5.35, 2:27.97)		3	Winnipeg	Mar 10

OUTDOORS

Marathon

2:57:02	Pauline McLean		10	Las Vegas	Jan 30
2:57:10	Stephanie Hodge	11		Las Vegas	Jan 30
2:57:31	Julianne White	63	2	San Diego CA	Jan 16
2:59.0	Leslie Black		11	Sacramento CA	Dec 05
2:58:36	Heather Goodfellow		12	Las Vegas	Jan 30

Hammer

60.64	Michelle Fournier		1	Compiègne FRA	Feb 13
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