



CANADIAN OUTDOOR RANKINGS
STATISTIQUES EN PLAIN AIR 2005
- MEN / HOMMES -

Jan 20 2006 / Dernier mis à jour: Jan 20 2006

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(Updates/corrections gratefully received/ Les corrections sont toujours bienvenues)

100m

10.26	pcjr0.7	Justyn Warner	ON	87	2	PAJ	Windsor	Jul 30
10.27	0.8	Pierre Browne	ON	80	2		Kassel GER	Jun 10
10.28	1.7	Browne	ON	80	1h1	BullID	Starkville MS	Apr 02
10.28	1.3	Hank Palmer	QU	85	1		St Laurent	Jun 22
10.29	0.9	Browne			5b	HDep	Carson CA	May 22
10.35	0.8	Anson Henry	ON	79	1		Ottawa	Jul 02
10.36	0.9	Henry			1h	Chps	Winnipeg	Jul 15
10.38	1.0	Browne			4r3		Kalamata GRE	May 30
10.38	1.6	Warner			1	OSGT	Ottawa	Jul 02
10.38	0.5	Michael James	ON	77	1		Ewing NJ	Jul 28
10.38	0.2	Palmer			s		Avezzano ITA	Aug 21
10.39	-0.3	Browne			2		Kassel GER	Jun 10
10.39	1.3	Jarek Kulesza	QU	77	2		ST Laurent	Jun 22
10.39	1.6	Palmer			2h	Chps	Winnipeg	Jul 15
10.39	0.0	Palmer			2		Avezzano ITA	Aug 21
10.40	0.6	Nicolas Macrozonaris(1st3+8fastest)	QU	85	4h1	WC	Helsinki FIN	Aug 06
10.41	-0.2	Macrozonaris			5r4		Modesto CA	May 07
10.41	0.6	Warner			2h3	PAJ	Windsor	Jul 29
10.43	1.6	Emanuel Parris	ON	82	1	Tub	Toronto(MC)	Jul 23
10.44	1.6	Richard Adu-Bobie	ON	85	9h	Chps	Winnipeg	Jul 16
10.45	1.9	Palmer			4		Salamanca	Jul 06
10.46	2.0	Palmer			1		St Laurent	Jun 22
10.48	0.7	Macrozonaris(1st3+4fastest)			8q3	WC	Helsinki FIN	Aug 08
10.49	1.5	Parris			1		Toronto(MC)	Jun 12
10.49	0.0	Macrozonaris			1		St. Laurent	Jul 23
10.50	1.5	Jared Connaughton	PEI	85	1		Sackville PEI	Jul 02
10.50	0.0	Browne(1st3+8fastest)			8h5	WC	Helsinki FIN	Aug 06
10.51	1.1	Palmer			1		Rome ITA	May 28
10.52	1.4	Adu-Bobie			2h2	TexR	Austin TX	Apr 08
10.52	1.6	Luke MacInnis	ON	81	2	Tub	Toronto(MC)	Jul 23
10.54	1.6	Ahmed Awesu	ON	87	3	OCSG	Ottawa	Jul 02
10.54	-0.2	Palmer			2		Andujar ESP	Sep 07
10.55a	0.3	Adewale Awosanya	AB	81	1h1		Flagstaff AZ	May 14
10.55	1.1	Neville Wright	AB	80	2h6	FISU	Izmir TUR	Aug 15
10.56	1.0	Marc La Touche	ON	86	1s3	CanJ	Montreal(CR)	Jul 10
10.57	1.6	Shaun Johnson	ON	81	7		Emmitsburg MD	May 07
10.58	0.8	Gavin Smellie	ON	86	1		Toronto(MC)	Jun 12
10.58	1.5	Anthony Garber	ON	83	4		Toronto(MC)	Jun 12
10.59	1.4	Toby Atawo	ON	81	2	GoldB	Berkeley CA	Apr 16
10.59	0.8	Michael; LeBlanc	NB	87	2		Toronto(MC)	Jun 12
10.60	2.0	Kulesza			2		St Laurent	Jun 22
10.60	1.5	Brian Barnett	AB	87	1h3	CG	Regina	Aug 15

10.61	1.9	MacInnis			3		Toronto	Jun 21
10.64	0.1	Garber			4		Toronto(MC)	Jun 21
10.65	1.5	Dave Tomlin	ON	76	5		Toronto(MC)	Jun 12
10.65	1.0	Adam Newton	ON	86	1		Toronto(MC)	Aug 06
10.66	2.0	Seyi Smith	ON	87	4r1		Rome ITA	May 14
10.67	1.4	Rhoan Sterling	ON	80	7r1		Tallahassee FL	May 07
10.67	-0.1	David Pedneault	QU	86	1	Hume	Sherbrooke	Jun 20
10.68	0.0	Nathan Taylor	BC	83	7	SunA	Tempe AZ	Apr 16
10.70	0.9	Justin McLennan	ON	84	1h6	Wood	Wichita KS	Apr 16
10.70	1.2	Don Pitter	ON	82	2h2	Gold	Baton Rouge LA	Apr 23
10.70	1.5	Connaughton			3h1	SCC	Huntsville TX	May 14
10.70	0.8	Adam Rosenke	AB	84	1		Regina	Jul 23
10.71	1.3	Jonathan Charest	QU	88	3		St Laurent	Jun 18
10.73	1.1	Pierre-Hans Horacius	QU	86	2		Rome ITA	May 28
10.75	0.1	Jared Lewis	ON	83	5		Toronto(MC)	Jun 21
10.76	0.7	Kulesza			2	Hume	Sherbrooke	Jun 20
10.77	1.2	Shannon King	ON	86	3h2	Gold	Baton Rouge LA	Apr 23
10.77	0.8	Graeme Rinholm	SK	85	2		Regina	Jul 23
10.78	0.8	Tyrone Halstead	ON	89	3		Toronto(MC)	Jun 12
10.78	1.0	Nathan Vadeboncouer	MB	85	1		Winnipeg	Jun 26
10.79	0.0	Steven Wood	ON	83	3	SunA	Tempe AZ	Apr 16
10.79	-0.5	Justin Kripps	BC	87	2		Burnaby	Apr 30
10.78	-0.2	Junior Fils-Aime	QU	83	1	Chps	Montreal(CR)	Jul 15
10.81	1.6	Luis Vega Penso	ON	73	3	Tub	Toronto(MC)	Jul 23
10.82	1.5	Justin Robinson	ON	83	2h3	CG	Regina	Aug 15
10.83	0.8	Martin Grenier	QU		4		Ottawa	Jul 02
10.83	0.8	David Faille	QU	84	5		Ottawa	Jul 02
10.85	0.7	Daniel Barbarie	ON	82	1	Hume	Sherbrooke	Jun 20
10.86	0.0	Wladimir Afriani	QU	76	2		St Laurent	Jul 23
10.87	0.8	Jamie Glasgow		88	3h8	WYC	Marrakech	Jul 13
10.87	0.3	Jarid Vaughan	BC	85		Review	Richmond	Jun 12

Hand Timing

9.9	2.2	Hank Palmer			2r1		Salamanca ESP	Jul 06
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Wind/No Wind Info

10.15	3.3	Henry			4	MSac	Walnut CA	Apr 17
10.19	4.2	Browne			4h1	TexR	Austin TX	Apr 09
10.19	4.5	Henry			3h2	TexR	Austin TX	Apr 09
10.31	4.1	Browne			1h1	Gold	Baton Rouge LA	Apr 23
10.34		Macrozonaris			2		Hermosillo Mex	May 22
10.38	4.1	Henry			3h1	Gold	Baton Rouge LA	Apr 23
10.43	2.5	Pitter			1h2		New Orleans LA	Mar 12
10.45	4.2	Palmer			1		St Laurent	Jun 12
10.48	2.3	Connaughton			1	CG	Regina	Aug 15
10.49		Marlon Jackson	ON	82	2		St Charles MO	May 15
10.50	2.2	Adu-Bobie			4	Gat	Coral Gables FL	Apr 16
10.51		Henry			1		Clermont FL	Mar 19
10.57		Henry			1a	Jerome	Burnaby	Jun 14
10.62	4.4	Wood			4h2	JUCO	Levelland TX	May 17
10.62	3.3	McLellan			4h4	JUCO	Levelland TX	May 17
10.66	2.2	Charest			2h6	WYC	Marrakech	Jul 13
10.67	2.7	Charest					St Laurent	Jun 06
10.75		Dennison Collins	ON	83	1h2		Indianola IN	May 06
10.83	2.3	Blake Strukoff	BC	86	4		Burnaby	Apr 30
10.86	3.8	Keston Nelson	ON	81	3h3	Town	Athens GA	Apr 23
10.87	2.8	Ryan Adams	AB	82	2		Calgary	Jun 19

Junior

10.26	0.7	Warner(Above)						
10.54	1.6	Awesu(Above)						
10.56	1.0	La Touche(Above)						
10.58	0.8	Smellie(Above)						

10.59	0.8	LeBlanc(Above)						
10.60	1.5	Barnett(Above).						
10.65	1.0	Newton(Above)						
10.67	-0.1	Pednault(Above)						
10.73	1.1	Horacius(Above)						
10.77	1.2	King(Above)						
10.79	-0.5	Kripps(Above)						
10.89	0.1	Kevin Ignacio	ON	86	6		Tgoronto	Jun 21
10.91	0.6	Blake Strukoff	BC	86	2h2		Richmond	Jun 12
10.92	0.8	Sean Forsythe	SK	86	3		Regina	Jul 23

Wind/No Wind info

10.75	2.3	Barnett(Above)						
10.80		Charles Forbes	ON		1		Oshawa	May 18
10.83	2.3	Strukoff(Above)						
10.86	3.8	Keston Nelson	ON	81	3h3	Town	Athens GA	Apr 23
10.93	2.6	Sean Forsythe	SK	86	1	Percival	Regina	May 07

Youth

10.78	0.8	Halstead(Above)						
10.71	1.3	Charest(Above)						
10.87	0.8	Glasgow(Above)						
10.95	0.8	Jamie Glasgow	ON	88	6		Toronto(MC)	Jun 12

Wind/No Wind Info

10.66	2.2	Charest			2h6	WYC	Marrakech	Jul 13
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150m

15.82	-1.5	Anson Henry	ON	79	1		Ottawa	Jul 06
15.88	-1.5	Richard Adu-Bobie	ON	85	2		Ottawa	Jul 06.

200m

20.49	1.3	Tyler Christopher	AB	83	1h1	PomP	Claremont CA	Apr 15
20.85	1.9	Pierre Browne	ON	80	1h1	BullID	Starkville MS	Apr 02
20.99	2.0	Hank Palmer	QU	85	4r1		Salamanca	Jul 06
21.02	1.2	Nathan Vadeboncoeur	MB	85	1		Berkeley CA	Apr 02
21.10	2.0	Don Pitter	ON	82	2		Nashville TN	Apr 16
21.12	0.8	Palmer			2		Andujar ESP	Sep 07
21.14	1.0	Palmer			2b		Tallin EST	Aug 16
21.20	1.1	Tanko Braimha	ON		1h1		Toronto(MC)	Jun 12
21.21	1.6	Anson Henry	ON	79	1h2	Meag	Halifax	Jul 24
21.21	1.0	Emanuel Parris	ON	82	1	Tub	Toronto(MC)	Jul 23
21.22	1.6	Palmer			1h	Chps	Winnipeg	Jul 17
21.22	-0.3	Michael James	ON	77	1		Ewing NJ	Jul 28
21.23	1.0	Luis Vega Penso	ON	73	2	Tub	Toronto(MC)	Jul 23
21.24	1.2	Toby Atawo	ON	81	2		Berkeley CA	Apr 02
21.30	1.6	Justyn Warner	ON	87	1h2		Montreal(CR)	Jul 10
21.30	1.6	Jared Connaughton	PEI	85	2h2	Meag	Halifax	Jul 24
21.30	1.0	Luke MacInnis	ON	81	3	Tub	Toronto(MC)	Jul 23
21.31	0.5	Elijah Braimah	AB	85	3	Owens	Columbus OH	May 07
21.32	-1.0	Browne			4r2		Kalamata GRE	May 30
21.32	0.0	Kevin Devine		??	1	Shannon	Seattle WA	May 07
21.36a	0.4	Brian Barnett	AB	87	1		Calgary	Jun 26
21.41	0.0	Pitter			5r4	Gtech	Atlanta GA	May 14
21.41	1.6	Richard Adu-Bobie	ON	85	3h2	Meag	Halifax	Jul 24
21.42	1.6	Jarek Kulesza	QU	77	5h	Chps	Winnipeg	Jul 17
21.42	-0.5	Barnett			2	CSG	Regina	Aug 18
21.42	0.0	Connaughton			2h4	SouthL	Huntsville TX	May 14
21.47	-0.6	Vadeboncouer			2h1	Big10	Columbus OH	May 14
21.51	0.0	Kulesza			3	Hume	Sherbrooke	Jun 19

21.54	-0.2	Adewale Awosanya	AB	81	1h2		Flagstaff AZ	May 14
21.54	1.1	Dave Tomlin	ON	76	4		Toronto(MC)	Jun 12
21.54a	0.3	Neville Wright	AB	80	2		Calgary	Jun 26
21.57	1.1	Gavin Smellie	ON	86	8h	Chps	Winnipeg	Jul 17
21.56	1.3	Warner			1h1	OCGT	Ottawa	Jul 03
21.62	0.7	Marc LaTouche	ON	86	3	Acadia	Acadia CA	Apr 09
21.64	-0.5	Justin Robinson	ON	83	3	CG	Regina	Aug 18
21.65	-0.2	Keston Nelson	ON	81	2		Atlanta GA	Jun 03
21.66	0.0	Jarid Vaughan	BC	85	1		Abbotsford(Swan)	Jul 24
21.68	1.4	Rhoan Sterling	ON	80	6		Tallahassee FL	May 07
21.72	1.9	David Pedneault	QU	86	2h1	CanJ	Montreal(CR)	Jul 10
21.75a	1.9	Nathan Cross	AB	80	2		Calgary	Jun 19
21.75	1.9	Mitchell O'Gorman		88	7h3	WYC	Marrakech MAR	Jul 16
21.79	2.0	Charest	QU	88	2h6	WYC	Marrakech MAR	Jul 16
21.81	0.7	Andrew Young	ON	81	3		Ottawa	Jul 03
21.86	0.0	Steven Wood	ON	83	1h3	SunA	Tempe AZ	Apr 16
21.87	1.9	Neal Hurtubise	BC	82	4h2	PomP	Claremont CA	Apr 15
21.89	-0.8	Brandt Fralick	BC	87	1		Surrey	Apr23
21.89	1.2	Nigel Ropmeo	QU	68	1		St Laurent	Jun 22
21.90	0.0	Nathan Taylor	BC	83	2		Tempe AZ	Apr 16
21.90	0.0	Charest			1	Hume	Sherbrooke	Jun 20
21.93	-0.2	Jared Lewis	ON	83	3h2	Clas	Greeley MO	Apr 02
21.95	0.0	Mike LeBlanc	NB	87	1		Saint John	May 28
22.00	1.0	Thomas Eckl	BC		2h5	PomP	Claremont CA	Apr 15
22.00	1.5	Blake Strukoff	BC	86			Seattle WA	May 07
22.00	-1.4	Daniel Barbarie	ON	82	2		Ottawa	Jun 29
22.00	0.2	Kevin Ignacio	ON	86	1	Tub	Toronto(MC)	Jul 23
22.01	0.8	Jamie Glasgow	ON	88	8		Toronto(MC)	Jun 12
22.04	1.9	Ryan Adams	AB	82	2		Calgary	Jun 18

Wind/No Wind Info

20.93	3.0	Anson Henry	ON	79	4h1	Gold	Baton Rouge LA	Apr 23
20.95	2.8	Warner			1s2	CanJ	Montreal(CR)	Jul 10
21.05	2.4	Henry			1	Chps	Winnipeg	Jul 16
21.06	2.6	Palmer			1			Jun
21.10	2.3	Smellie			1h1	PAJ	Windsor	Jul 31
21.30	2.6	Jarek Kulesza	QU	77	2		St Laurent	Jun 12
21.36		Keston Nelson	ON	81	2h2		Clemson SC	May 07
21.40	3.9	Justin McLennan	ON	84	1h7	Wood	Wichita KS	Apr 16
21.52	3.1	Charest					St Laurent	Jun 12
21.61		Ray Ardill	ON	81	6ra		Victoria	Jun 10
21.66	2.1	Steven Wood			4h5	JUCO	Levelland TX	May 17
21.74	2.6	Charest					St Laurent	Jun 06

Junior

21.30	1.6	Warner(Above)						
21.36	0.4	Barnett(Above)						
21.57	1.1	Smellie(Above)						
21.62	0.7	LaTouche(Above)						
21.72	1.9	Pedneault(Above)						
21.89	-0.8	Fralick(Above)						
21.95	0.0	LcBlanc(Above)						
22.00	1.5	Strukoff(Above)						
22.00	1.5	Ignacio(Above)						
22.19	0.5	Todd Pyper	ON	87	2		Toronto(MC)	Aug 07
22.26	1.5	Jerome Johnson	ON	87	2	Tub	Toronto(MC)	Jul 23
22.28	1.7	Brian Cummings	ON	86	10		Toronto(MC)	Jun 12

Wind/No Wind Info

22.21	5.0	Shannon King	ON	86	3h6	Gold	Baton Rouge	Apr 23
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Youth

21.75	1.9	O'Gorman(Above)						
21.79	2.0	Charest(Above)						
22.01	0.8	Glasgow(Above)						
22.11	-0.8	Tyrone Halstead	ON	89	1		Toronto(MC)	Aug 07
22.14	0.5	Kevin Lim	BC	88	1	HSC	Burnaby	Jun 04

Wind/No Wind Info

21.52	3.1	Charest						
21.68	2.7	O'Gorman			2h1	WYC	Marrkech MR	Jul 16

400m

44.44	pcr	Tyler Christopher	AB	83	3	WC	Helsinki FIN	Aug 12
44.69	pcr	Christopher	AB	83	1	IAAF	St Denis FRA	Jul 01
44.72	pcr	Christopher			1	Gprix	Belem BRA	May 22
44.88		Christopher			1	Rio	Brazil	May 15
44.96		Christopher			2	WK	Zurich SUI	Aug 19
45.15		Christopher			1	Citta	Padova ITA	Jul 03
45.47		Christopher(1st 2+2fastest times)			1s2	WC	Helsinki FIN	Aug 10
45.66		Christopher(Q1st 2 + 10 fastest)			2h3	WC	Helsinki FIN	Aug 09
46.12		Nathan Vadeboncoeur	MB	84	1	Chps	Winnipeg	Jul 16
46.34		Vadeboncoeur			1h	Chps	Winnipeg	Jul 15
46.35		Vadeboncoeur			1h2	Big10	Columbus OH	May 14
46.63		Vadeboncoeur			1		Berkeley CA	Apr 02
46.64		Vadeboncoeur			2	Big10	Columbus OH	May 15
46.85		Vadeboncoeur			4h2	FISU	Izmir Tur	Aug 16
46.86		Ray Ardill	ON	81	2	Chps	Winnipeg	Jul 16
47.00		Gary Reed	BC	81	1s1	BCChps	Abbotsford	Jun 26
47.06		Ray Ardill	ON	81	4	Jerome	Burnaby	Jun 14
47.27		Adam Kunkel	ON	81	8	Jerome	Burnaby	Jun 14
47.29		Mark Harris		83	5		Cedar Falls IA	May 15
47.38		Neil Hurtubise	BC	82	1h2	PomP	Claremont CA	Apr 15
47.44		Ardill			2	BCChps	Abbotsford	Jun 25
47.53		Keston Nelson	ON	81	1h2		Clemson SC	May 07
47.60		Wesley Rehel	QU	82	3	Chps	Winnipeg	Jul 16
47.61		Jonathan Suddaby	ON	85	4	Chps	Winnipeg	Jul 16
47.65		Nelson			1		Mobile AL	Apr 09
47.67		Gavin Smellie	ON	86	5	Chps	Winnipeg	Jul 16
47.69		Iain McLellan	BC	78	3h1	PomP	Claremont CA	Apr 15
47.72a		Jermaine Kelly	ON	83	5		Fort Collins CO	May 14
47.72		Jatta Musa	QU	86	1		St Laurent	Jun 22
47.76		Jarid Vaughan	BC	85	2		Abbotsford(Swan)	Jul 24
47.79		Hurtubise			6	Chps	Winnipeg	Jul 16
47.79		Valery Komenan	QU	86	1		St Laurent	Jun 06
47.85		Elijah Braimah	AB	85	1h1	MSac	Walnut CA	Apr 15
47.89		Brian Barnett	AB	87	4h4	PAJ	Windsor	Jul 29
47.90		Suddaby			6h3	Pac10	Los Angeles CA	May 14
47.90		Musa			1		Ottawa	Jul 02
47.91		Braimah			2h4	Big12	Manhattan KS	May 14
47.92		Brian Cummings	ON	86	2h1	PAJ	Windsor	Jul 29
47.96		Kunkel			3	Bayou	Houston TX	Apr 02
48.01		David Shanks	AB	81	7	Chps	Winnipeg	Jul 16
48.06		Suddaby			1		Sacramento CA	May 06
48.26		Nigel Romeo	QU	68	1		Montreal(CR)	Jun 04
48.29	pcyr	Kevin Lim	BC	88	1h6	WYC	Marrakech	Jul 14
48.31a		Andrew Dargie	AB	87	1		Calgary	Jun 19
48.40		Lim			4h3	WYC	Marrakech	Jul 14
48.45		Erik Sproll	MB	83	1		Winnipeg	Jun 26
48.49		Nigel Romeo	QU	68	2		St Laurent	Jun 11
48.50		Paul Chauvin	ON	81	1		Toronto(MC)	Jun 12
48.50		Trent Ratzlaff	AB	86	3h	CG	Regina	Aug 16

48.51	Jonathan Reid	ON	88	2	HSC	LaSalle	Jun 03
48.55	Andrew Young	ON	81	2		Ottawa	Jul 02
48.62	Thomas Eckl	BC		3h2	PomP	Claremont CA	Apr 15
48.65	Jonathan Charest	QU	88	1	RCLC	Edmonton	Aug 06
48.66	Kris Geyson	MB	86	h31	CanJ	Montreal(CR)	Jul 08
48.68	Aaron White	ON	86	2h3	CanJ	Montreal(CR)	Jul 08
48.72	Adam Bosley	ON	87	3	HSC	LaSalle	Jun 03
48.72	Shane Labelle	QU	85	1		Toronto(MC)	Aug 06
48.79	Geoff Harris	NS	87	3h	CG	Regina	Aug 15
48.82	Ayoub Ratchatt	QU	84	4		St Laurent	Jun 11
48.87	Ryan Therrien	ON	83	2h2	Duke	Durham NC	Apr 08
48.94	Robert Westman	ON	81	6		Toronto(MC)	Jun 12
48.98	Jarred Jones	ON	85	4	HSC	LaSalle	Jun 03
48.99	Ian Butcher	ON	86		Lion	University Park	Apr 23
49.03	Ira Thompson	BC	84	2		Burnaby	Apr 30
49.19	Keenan Geer	ON	86		Padd	Ann Arbor MI	May 07
49.27	Jon Reid	ON		1		Windsor	Jun 28
49.28	Brendan Dills	ON	88				May

Junior

47.67	Smellie(Above)						
47.72	Musa(Above)						
47.79	Komenan(Above)						
47.89	Barnett(Above)						
47.92	Cummings(Above)						
48.31	Dargie(Above)						
48.50	Ratzlaff(Above)						
48.66	Geyson(Above)						
48.68	White(Above)						
48.72	Bosley(Above)						
48.79	Harris G(Above)						
48.99	Butcher(Above)						
49.19	Geer(Above)						
49.40	Todd Pyper	ON	86	3h2	CanJ	Montreal(CR)	Jul 08
49.57	Jason Kerr	ON	86	7q	HSC	LaSalle	Jun 02
49.62	Andrew Roberts	QU	86	1	QChp	Montreal(CR)	Jul 16

Youth

48.29	pcyr	Lim(Above)						
48.51		Reid(Above)						
48.65		Charest(Above)						
48.78		Lim(Above)						
49.28		Dills(Above)						
49.97		Joel Senick	SK	89	2	RCLC	Edmonton	Aug 06
50.05		Adam Johnson	ON	88	1		St Catharines	Jul 15
50.07		Brent Boschman	ON	88	3h3	HSC	LaSalle	Jun 02
50.07		Mathew Deeks	ON	88	2		St Catharines	Jul 15
50.30		Phillip Gornicki	QU	88	1h3			Jun
50.42		Olivier Paquet	QU	89	5h3	CanJ	Montreal(CR)	Jul 08
50.43		Justin Grinstead	ON	88	2		Toronto(MC)	Aug 06
50.54		Kevin Shetler	ON	89	3		Toronto(MC)	Aug 06
50.55		Dan Morelan	ON	88	3		St Catharines	Jul 15
50.57		Blake Jones	QU	89	2		St Laurent	Jun 11
50.58		Kamau Young	ON	88	4		Toronto(MC)	Aug 06
50.68		Michael Buikema	BC	88	2	HSC	Burnaby	Jun 04
50.71		Steve Lamarche	ON	89	4h4	CanJ	Montreal(CR)	Jul 08
50.91		Daniel Lewis	BC	88??	3	HSC	Burnaby	Jun 04

Resident Foreigner

48.05	Mario Rigby	ON	85	1		Hamilton	Jun 18
48.81	Kojo Naylor	AB	75	2		Calgary	May 31

800m

1:44.33	pcr	Gary Reed	BC	81	1s3	WC	Helsinki FIN	Aug 12
1:44.54	pcr	Reed			4		Oslo NOR	Jul 29
1:44.54	pcr	Reed			1h5	WC	Helsinki FIN	Aug 11
1:44.82	pcr	Reed			1	Pre	Eugene ORE	Jun 04
1:44.88	pcr	Reed			2b	WK	Zurich SUI	Aug 19
1:44.93		Reed			3	VDamme	Bruxelles	Aug 26
1:45.20		Reed			2	Jor	Palo Alto CA	May 30
1:45.24		Reed			5	ISTAF	Berlin GER	Sep 04
1:45.45		Reed			4		Helsinki FIN	Jul 25
1:45.52		Reed			1	NorU	London(CP)	Jul 22
1:45.65		Achraf Tadili	QU	80	4	Gprix	Belem BRA	May 22
1:45.65		Tadili			7h6	WC	Helsinki FIN	Aug 11
1:45.76		Tadili			1	EAA	Luzern SUI	Jun 14
1:46.12		Tadili			4	IAAF	Villen. D'Asq FRA	Jun 12
1:46.20		Reed			8	WC	Helsinki FIN	Aug 14
1:46.25		Andrew Ellerton	ON	83	5	NCAA	Sacramento CA	Jun 11
1:46.59		Tadili			1a	Card	Stanford CA	May 01
1:46.94		Reed			1	Chps	Winnipeg	Jul 17
1:47.05		Tadili			8	Pre	Eugene ORE	Jun 04
1:47.11		Ellerton			3		Bloomington IN	Jul 09
1:47.23		Reed(1st3+6 fastest)			2h5	WC	Helsinki FIN	Aug 11
1:47.29		Tadili			2	Chps	Winnipeg	Jul 17
1:47.30		Ellerton			4s1	NCAA	Sacramento CA	Jun 09
1:47.35		David Gill	QU	78	3	Chps	Winnipeg	Jul 17
1:47.74		Reed		81	1		Victoria	May 14
1:47.77		Tadili			3b		Lausanne SWI	Jul 05
1:47.85		Gill			1r2	Lafarge	Abbotsford	Jun 14
1:47.88		Ellerton			1h4	NCAA	Sacramento CA	Jun 08
1:47.90		Erik Sproll	MB	83	7	Big12	Manhattan KS	May 15
1:48.09		Ellerton			1	Meag	Halifax	Jul 24
1:48.25		Ellerton			1r3	Paddock	Ann Arbor MI	May 07
1:48.42		Tadili			5h6	WC	Helsinki FIN	Aug 11
1:48.55		John Carle	QU	83	2	Meag	Halifax	Jul 24
1:48.59		Gill			3	Meag	Halifax	24 Jul
1:48.68		Carle			1r2	Card	Stanford CA	May 01
1:48.72		Ellerton			2	Big10	Columbus OH	May 15
1:48.87		Carle			2		Victoria	Jun 10
1:48.98		Sproll			3h8	MSac	Walnut CA	Apr 17
1:49.13		Andrew Maloney	ON	82	4	Meag	Halifax	Jul 24
1:49.10		Carle			1	CG	Regina	Aug 18
1:49.29		Maloney			4	IC4A	Princeton NJ	May 15
1:49.32		Carle			3	Jerome	Burnaby	Jun 14
1:49.37		Adam Currie	QU	84	5	Meag	Halifax	Jul 24
1:49.53		Sproll			2	ArizS	Tempe AZ	Mar 26
1:49.57		Gill			1		Boston MA	May 22
1:49.59		Sproll			1		Winnipeg	Jun 26
1:49.60		Reed			8	WAF	Monaco FRA	Sep 10
1:49.68		Carle			1	Hume	Sherbrooke	Jun 20
1:49.81		Ellerton			2	Mideast	Bloomington IN	May 27
1:49.84		Gill			5s	FISU	Izmir TUR	Aug 19
1:49.85		Gill			2h7	MSac	Walnut CA	Apr 15
1:49.93		Maloney			3h1	East	New York NY	May 27
1:50.01		Zach Whitmarsh	BC	78	4		Baie Mahault	May 01
1:50.26		Matt Lincoln	ON	82	2h1	Big10	Columbus OH	May 14
1:50.72		Kyle Smith	ON	85	5h2	SeaR	Knoxville TN	Apr 15
1:50.9		Simon Theroux-Samuel	QU	86	h2	Hume	Sherbrooke	Jun 20
1:50.96		Ryan Hayden	BC	82	1h1	BigE	Piscataway NJ	May 07
1:50.96		Ryan McKenzie	ON	78	6	Meag	Halifax	Jul 24
1:50.96		Brian Roppelt	BC	83	2	CG	Regina	Aug 18
1:51.28		Geoff Martinson	BC		3	CG	Regina	Aug 18

1:51.40	Kurt Benninger	ON	85	1		Ottawa	Jul 03
1:51.44	Trevor O'Brien	BC	81	2		Victoria	May 14
1:51.57	Whitmarsh			5r2		Tampere FIN	Jun 12
1:51.71	Saleh Hussein	ON	84	8		Arlington TX	Apr 02
1:51.71	Sam Jerema	MB	83	2		Winnipeg	Jun 26
1:51.83	David Shanks	AB	81	3	PomP	Claremont CA	Apr 15
1:51.84	Daniel Mallie	BC	87	1	HSC	Burnaby	Jun 04
1:51.85	David Holm	AB	86	1	CanJ	Montreal(CR)	Jul 10
1:52.03	Liam Smith	ON	81	4		University PK PA	Apr 23
1:52.07	Justin Duncan	ON	88	2	CanJ	Montreal(CR)	Jul 10
1:52.08	Eric Morrison	ON	82	3		Purdue	Apr 02
1:52.14	Theroux-Samuel			3		Boston MA	Jun 04
1:52.28	Dominic Michaud	QU	85	4h3	Hume	Sherbrooke	Jun 20
1:52.31	Chris Williams	BC		3	Foreman	Seattle WA	May
1:52.47	Kawani Simon	ON	82	2		Toronto(MC)	Jun 21
1:52.52	Richard Menzies	NS	75	5		Nuraminis ITA	Sep 10
1:52.59	Mathew Scobie	SK	84	10h	Chps	Winnipeg	Jul 16
1:52.69	Josh Wolfe	QU	85	5	Hume	Sherbrooke	Jun 17
1:52.70	Cristiano Mauricio	ON	80	10		Lisbon PORT	Jun 10
1:52.71	Andrew Roberts	QU	86			Sherbrooke	Jun 17
1:52.75	Jose Carvahlo	ON	82	5		Boston MA	Jun 04
1:52.78	Ryan Finn	ON	87	4		Arcadia CA	Apr 09
1:52.79	Mark Wilkie	BC	84	5	Shannon	Seattle WA	May 07
1:52.92	Mike Woods	ON	86	7		Ypsilanti MI	Apr 22
1:52.97	Taylor Milne	ON	82	16	Duke	Durham NC	Apr 09
1:53.27	Allan Brett	ON	88	1		Ottawa	Aug 10
1:53.30	Jose Carvalho	ON	82	6	CG	Regina	Aug 18
1:53.47	Kevin Dunbar	ON	75	2b		Dublin IRE	Jul 30
1:53.50	Jake Gallagher	NS	86	1b	CG	Regina	Aug 18
1:53.63	Stuart McGregor	ON	79	1		Ottawa	Aug 10
1:53.66	Saheed Kahn	ON	84	4		Ogden UT	Apr 09
1:53.97	Colin Sullivan	ON	82				
1:53.97	John Tramble	NS	85	2	CG	Regina	Aug 18
1:54.18	Dustin Eldridge	ON	88	1		Toronto(MC)	Jun 12
1:54.3	Andrew Coates	ON	84	2		Guelph	May 25
1:54.25	Rich Lehman	NS	85	3		Halifax	Jul 01
1:54.29	Darren Mazzei	SK	88	1b		Victoria	Jun 10
1:54.29	Jeffrey McCabe	ON	83	3		Toronto(MC)	Jun 21

Junior

1:50.95	Theroux-Samuel(Above)						
1:51.84	Mallie(Above)						
1:51.85	Holm(Above)						
1:52.71	Roberts(Above)						
1:52.78	Finn(Above)						
1:52.92	Woods(Above)						
1:53.50	Gallagher(Above)						
1:53.88	Adam Lewandowski	ON	87	2		Ottawa	Aug 10
1:54.39	Mathieu Raymond	QU	87	6	CanJ	Montreal(CR)	Jul 10
1:54.60	Andrew Schellenberg	MB	87	h	Chps	Winnipeg	Jul 16
1:54.90	Kevin Freisen	BC	87	??		Victoria	May 14
1:55.23	Mathew Sinclair	AB	87	5		Pullman WA	Apr 23
1:55.62	Benjamin Lane	ON	87	1		Toronto	May 13
1:56.46	Stephen Harper	AB	87	20	PomP	Claremont CA	Apr 15
1:56.21	Benjamin Gravel	QU	87	2		Montreal(CR)	Jul 15

Youth

1:52.07	Duncan(Above)						
1:53.27	Brett(Above)						
1:54.18	Eldridge(Above)						
1:54.29	Mazzei(Above)						
1:54.97	Olivier Lavoie	QU	88	8	Hume	Sherbrooke	Jun 17

1:54.99	Chris Gordon	BC	88	2		Victoria	Jun 10
1:55.14	Eric Ouellette	ON	88	4h2	CanJ	Montreal(CR)	Jul 08
1:56.12	Jared Gudgeon	BC	88	7		Victoria	May 14
1:56.44	Ryan Russell	AB	88	3	RCLC	Edmonton	Aug 07
1:57.10	Andrew Heaney	ON	88	6		Toronto(MC)	Jun 21
1:57.20	Justin Marpole-Bird	BC	88	1		Clermont FL	Mar 19

1000m

2:19.57	Kevin Sullivan	ON	74	7	Reebok	New York NY	Jun 11
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1500m

3:35.11	Kevin Sullivan	ON	74	7	NorU	London(CP)	Jul 22
3:35.72	Nathan Brannen	ON	82	11		Riети ITA	Aug 28
3:35.92	Sullivan			7		Stockholm NOR	Jul 26
3:36.00	Brannen			8		Stockholm NOR	Jul 26
3:36.39	Sullivan			7		Lausanne SWI	Jul 05
3:36.80	Sullivan(1st5+9fastest)			4h1	WC	Helsinki FIN	Aug 06
3:37.48	Brannen			12	NorU	London(CP)	Jul 22
3:37.75	Sullivan			12		Rieti ITA	Aug 28
3:37.85	Brannen			1		Bloomington	Jul 09
3:38.59	Sullivan			7	Hdep	Carson CA	May22
3:39.37	Brannen			10s2	WC	Helsinki FIN	Aug 08
3:40.05	Ryan McKenzie	ON	78	3		Bloomington IN	Jul 09
3:40.08	Sullivan			13		Rome ITA	Jul 08
3:40.69	Brannen(1st5+9fastest)			8h3	WC	Helsinki FIN	Aug 06
3:41.00	Sullivan			7s1	WC	Helsinki FIN	Aug 08
3:41.08@	Sullivan			@	Pre	Eugene ORE	Jun 04
3:41.23	McKenzie			1		Bloomington IN	Jul 06
3:41.43@	Mike Woods	ON	86	@		Windsor	Jul 28
3:41.53	Reid Coolsaet	ON	79	4		Oordegem BEL	Jul 30
3:41.92	Brannen			2		Ypsilanti MI	Apr 22
3:41.95	Ryan Hayden	BC	82	1	Tupp	Philadelphia PA	May 16
3:42.70	Trevor O'Brien	NFL	78	7	Card	Stanford CA	May 01
3:42.87	Graeme Wells	BC	83	3ra		Victoria	Jun 10
3:42.96	O'Brien			3sec2	Jor	Palo Alto CA	May 30
3:43.05	O'Brien			4ra		Victoria	Jun 10
3:43.40	Gerry Groothuis	ON	82	2	Tupp	Philadelphia PA	May 16
3:43.84	Mathew Kerr	ON	76	7		Bloomington IN	Jul 09
3:43.99	Taylor Milne	ON	82	5r1	Gtech	Atlanta GA	May 14
3:44.13	McKenzie			1	OCGT	Ottawa	Jul 02
3:44.21	Cristiano Mauricio	ON	80	5		Bloomington IN	Jul 06
3:44.51	Hayden			1h	East	New York NY	May 27
3:44.52	Woods			2	SunA	Tempe AZ	Apr 16
3:44.56	Kurt Benninger	ON	85	2	OCGT	Ottawa	Jul 02
3:44.64	Kerr			7a		Victoria	Jun 10
3:44.9	David Gill	QU	78	1		Guelph	Jul 08
3:45.17(fell)	Brannen			4	Big 10	Columbus OH	May 15
3:45.34	Coolsaet			4	Jerome	Burnaby	Jun 14
3:45.41	Hayden			6h3	FISU	Izmir TUR	Aug 16
3:45.51	Eric Gillis	ON	80	1h2	Nacht	Gent Bel	Jul 20
3:45.52	Woods			H	Mideast	Bloomington IN	May 27
3:45.72	Woods			1	PAJ	Windsor	Jul 31
3:45.79	Woods			3		Ottawa	Jul 02
3:46.08	Mauricio			10		Bloomington IN	Jul 06
3:46.16	Aaron Heidt	BC	76	6	Oreg	Eugene OR	Apr 23
3:46.17	Andrew Ellerton	ON	83	6	SunA	Tempe AZ	Apr 16
3:46.35	Matt Lincoln	ON	82	5	Big10	Columbus OH	May 15
3:46.42@	Paul Morrison	QU	80	@		Windsor	Jul 28
3:46.55	Eric Morrison	ON	82	6	StanD	Stanford CA	Mar 26

3:46.63	Hayden			1		Philadelphia PA	Apr 09
3:46.65	Hayden			1	SeaR	Knoxville TN	Apr 15
3:46.78	Tim Konoval		84	3h	IC4A	Princeton NJ	May 14
3:46.76	Alex L'heureux	QU	80	5		Hillsdale MI	Jun 08
3:46.84	Wells			6	Jerome	Burnaby	Jun 14
3:47.15	Graham Hood	BC	72	10	Hdep	Carson CA	May 22
3:47.38	Milne			2	Duke	Durham NC	Apr 08
3:47.53	Gillis					Oordegem BEL	Jul 30
3:47.4	Justin Marpole-Bird	BC	88	1		Burnaby	Jul 26
3:48.0	Gillis			3		Guelph	Jul 08
3:48.19	Kristjan Hunter	MB	84	1		Winnipeg	Aug 03
3:48.36	Saleh Hussein	ON	84	3	Jacobs	Norman OK	Apr 16
3:48.40	Woods			3	Paddock	Ann Arbor	May 06
3:48.40	Heidt			3	BCChps	Abbotsford	Jun 26
3:48.45	Lincoln			1	Onesty	Charlottesville VA	Apr 16
3:48.66	Colin Sullivan	ON	82	5h1	SeaR	Knoxville TN	Apr 16
3:48.92	Braden Novakowski	ON	86	2	PAJ	Windsor	Jul 31
3:48.92	Gillis			5r1	Lafarge	Abbotsford	Jun 16
3:48.98	Lincoln			1	Lions	University PK	Apr 23
3:49.27	Andrew Maloney	ON	82	2h2	MSac	Walnut CA	Apr 15
3:49.29	Saheed Khan	ON	84	4c	Card	Stanford CA	May 01
3:49.35	Dan Tripp	ON	83	3sec4		Walnut CA	Apr 15
3:49.59	Gillis			4	Jerome	Burnaby	Jun 14
3:49.71	Milne			h	East	New York NY	May 27
3:49.92	Novakowski			4	OCGT	Ottawa	Jul 02
3:49.93	Hussein			5h1	Big12	Manhattan KS	May 14
3:49.99	Ellerton			4		Ypsilanti MI	Apr 22
3:50.10	Groothuis			1	Ellis	Princeton NJ	Apr 23
3:50.47	Adam Currie	ON	87	2r3	Gtech	Atlanta GA	May 14
3:50.63	Hunter			2rb		Victoria	Jun 10
3:50.69	Doug Currie	ON		7		Duke U	May 08
3:50.80	Matt Scobie	SK	84	10q	Chps	Winnipeg	Jul 15
3:50.87	Sam Jerema	MB	83	2		Winnipeg	Aug 03
3:51.16	Matt Goodale	ON		8		Duke	May 08
3:51.32	Jose Carvalho	ON	82	6		Ottawa	Jul 02
3:51.34	Josh Karanja	ON	84	7		Ottawa	Jul 02
3:51.52	Marcel Hewamudilage	BC	82	7	Gold	Baton Rouge LA	Apr 23
3:51.66	Andrew Coates	ON	84	8		Ottawa	Jul 02
3:51.88	Richard Mosley	BC	82	7	Jerome	Burnaby	Jun 14

Junior

3:41.43@	Woods(Above)						
3:48.92	Novakowski(Above)						
3:50.47	Currie A(Above)						
3:52.66	Winter(Above)						
3:54.31	Kevin Friesen	BC	87	?b		Victoria	Jun 10
3:55.29	Adam Lewandowski	ON	87	4		Ottawa	Jun 22
3:56.41	Mathew Sinclair	AB	87	1h	CanJ	Montreal(CR)	Jul 08
3:57.05	Joel Primus	BC	86	7h	CanJ	Montreal(CR)	Jul 08
3:57.15	Kyle Dekker	ON	87	2	HSC	LaSalle	Jun 03
3:57.33	Peter Doroshuk	MB	87	10h	CanJ	Montreal(CR)	Jul 08
3:57.99	Mike Delmonte	ON	86	2		Sarnia	May 27
3:58.63	Scott Emberley	ON	87	3	HSC	LaSalle	Jun 03

Youth

3:47.4	Marpole-Bird(Above)						
3:52.62	Allan Brett	ON	88	10	OSGT	Ottawa	Jul 02
3:52.75	Brett	ON	88	3h1	WYC	Marrakech	Jul 15
3:53.84	Marpole-Bird			2h3	WYC	Marrakech	Jul 15
3:55.5	Michael Anderson	ON	88	2		Toronto(MC)	Jun 12
3:56.09	Darren Mazzei	SK	88	2	SKG	Regina	Jun 24

3:57.94	Kyle Boorsma	ON	88	1		Sarnia	May 27
3:58.99	Paul Carr	MB	86	2		Winnipeg	Jun 15
3:59.52	Chris Gordon	BC	88	2		Victoria	May 14
3:59.88	Mark Davidson	ON	88	5	HSC	LaSalle	Jun 03

Mile / Mille

3:54.48	Kevin Sullivan	ON	74	5	NorU	Sheffield GBR	Aug 21
3:56.16	Nate Brannen	ON	82	7	NorU	Sheffield GBR	Aug 21
3:56.41	Sullivan			6	Pre	Eugene ORE	Jun 04
3:57.16	Sullivan			4		Malmö SWE	Aug 16
3:57.48 pcjr	Mike Woods	ON	86	2		Windsor	Jul 28
4:01.41	Ryan McKenzie	ON	78	4		Windsor	Jul 28
4:01.45	Reid Coolsaet	ON	79	5	Jerome	Burnaby	Jun 14
4:01.82	Graeme Wells	BC	83	6	Jerome	Burnaby	Jun 14
4:02.72	Andrew Ellerton	ON	83	5		Windsor	Jul 28
4:03.41	Sullivan			2	Drake	Des Moines IA	Apr 30
4:03.86	Cristiano Mauricio	ON		7		Windsor	Jul 28
4:04.21	Trevor O'Brien	NF	78	9	Jerome	Burnaby	Jun 14
4:11.80a	Saheed Khan	ON	84	3		Provo UT	Apr 23

Mile / Mille (achieved in distance Medley) / Mille (en Medley)

3:57.3	Hayden				PennR	Philadelphia PA	Apr 30
3:59.4	Brannen				PennR	Philadelphia PA	Apr 30

3000m

7:58.04 pcjr	Michael Woods	ON	86	1		Ottawa	Jun 29
8:09.84	Cristiano Mauricio	ON	80	7		Massama POR	May 21
8:16.9	Richard Mosley	BC	82	1		Burnaby	Aug 02
8:18.23	Steve Murenbeeld			3	Review	Richmond	Jun 12
8:18.36	Kurt Benninger	ON	85	3		Ottawa	Jun 29
8:20.00	Justin Marpole-Bird	BC	88	2		Burnaby	Aug 02
8:20.50	Andrew Smith	ON	79	4		Ottawa	Jun 29
8:20.92	Brian Walker	MB	82	4	Review	Richmond	Jun 12
8:22.06	Trevor Caldwell	ON	79	5		Boston MA	Jun 04
8:22.90	Mike Anderson	ON	88	1		Toronto(MC)	Jun 21
8:23.26	Braden Novakowski	ON	85	5		Ottawa	Jun 29
8:24.27	Saheed Khan	ON	84	2		Toronto(MC)	Jun 21
8:25.21	David Roulston	BC	82	7	Review	Richmond	Jun 12
8:26.53	Marpole-Bird			8	Review	Richmond	Jun 12
8:28.08	Marpole-Bird	BC	88	1	HSC	Burnaby	Jun
8:28.13	Reid Coolsaet	ON	79	3		Toronto(MC)	Jun 21
8:28.98	Paul Chafe	NS	82	1	Meag	Halifax	Jul 24
8:29.06	Kyle Boorsma	ON	88	4		Toronto(MC)	Jun 21
8:29.22	Josh Karanja	ON	84	6		Ottawa	Jun 29
8:29.54	Jeremy Fisico	ON	86	7		Ottawa	Jun 29
8:30.11	Kevin Friesen	BC	87	2	HSC	Burnaby	Jun
8:30.21	Jake Gallagher	NS	86	2	Meag	Halifax	Jul 24
8:30.74	Mike Thorson	ON	81	8		Ottawa	Jun 29
8:31.12	David Jackson	BC	76	10	Review	Richmond	Jun 12
8:31.80	Greg Hutchinson	ON	82	5		Toronto(MC)	Jun 21
8:35.22	Allan Brett	ON	88	1		Toronto(ET)	Apr 30
8:36.29	Kyle Dekker	ON	87				May
8:36.54	Joel Primus	BC	86	11	Review	Richmond	Jun 12
8:36.56	John Bodirlau	ON	80	6		Toronto(MC)	Jun 21
8:36.94	John Tramble	NS	85	3	Meag	Halifax	Jul 24

Junior

8:29.06	Boorsma(Above)
8:29.54	Fisico(Above)
8:30.11	Friesen(Above)

8:30.21	Gallagher(Above)						
8:36.29	Dekker(Above)						
8:36.54	Primus(Above)						
8:41.53	Cory Currie	ON	87	2	HSC	LaSalle	Jun 04

Youth (World Youth Std- 8:32.32)

8:20.00	Marpole-Bird(Above)
8:22.90	Anderson(Above)
8:28.08	Marpole-Bird(Above)
8:29.06	Boorsma(Above)
8:35.22	Brett(Above)

5000m

13:23.30	Reid Coolsaet	ON	79	10	NorU	London(CP)	Jul 22
13:27.29	Kevin Sullivan	ON	74	4	MSac	Walnut CA	Apr 15
13:33.05	Kurt Benninger	ON	85	1	StanfD	Stanford CA	Mar 25
13:38.76	Coolsaet			5	JorD	Stanford	May 30
13:39.90	Coolsaet			2	FISU	Izmir Turkey	Aug 19
13:41.09	Paul Morrison	QU	80	8		Rovertto ITA	Aug 31
13:41.83	Eric Gillis	ON	80	7 b		Heusden BEL	Jul 23
13:42.94	Coolsaet			2		Victoria	Jun10
13:43.72	Simon Bairu	SK	83	12	MSac	Walnut CA	Apr 15
13:47.09	Gillis			6		Crystal Palace GBR	Aug 06
13:51.18	Jeff Schiebler	BC	73	10ra		Shibetsu JAP	Jun 25
13:53.15	Coolsaet			14h1	WC	Helsinki FIN	Aug 11
13:55.33	Benninger			3		Victoria	Jun 10
13:58.50	Jean-Claude Nduwingoma	QU	88??	1	CG	Regina	Aug 15
14:03.07	Morrison			2	Chps	Winnipeg	Jul 17
14:07.14	Ryan MacKenzie	ON	78	7		Victoria	Jun 10
14:05.62	Gillis			3	Chps	Winnipeg	Jul 17
14:07.38	Jeremiah Ziak	BC	76	4	Chps	Winnipeg	Jul 17
14:08.78	Taylor Milne	ON	82	6b	PennR	Philadelphia PA	Apr 28
14:09.09	Marcel Hewamudaliage	BC	82	4	WAC	Tulsa OK	May 14
14:09.76	Nduwingoma			1		Montreal(CR)	Jun 04
14:10.68	Gerry Groothuis	ON	82	2	Howell	Princeton NJ	Apr 09
14:11.91	Bruno Mazzotta	BC	80	21	StanfD	Stanford CA	Mar 25
14:14.60	Richard Mosley	BC	82	5	Chps	Winnipeg	Jul 17
14:14.53	Henok Lechebo	ON	85	17	MSac	Walnut CA	Apr 15
14:15.39	Joe Dionne	ON	83	12b	PennR	Philadelphia PA	Apr 28
14:15.86	Michael Woods	ON	86	1	CanJ	Montreal(CR)	Jul 08
14:16.63	Mark Bomba	BC	69	11		Victoria	Jun 10
14:21.05	Brian Walker	MB	82	7	Chps	Winnipeg	Jul 17
14:24.50	Ryan McKenzie	ON	78	2		London ON	Jun 20
14:24.79	Kristjan Hunter	MB	84	16	FISU	Izmir Tur	Aug 19
14:25.42	Steve Osaduk	BC	79	3		Eugene ORE	May 07
14:32.59	Alex Genest	QU	86	2	CG	Regina	Aug 15
14:33.25	Geoff Kerr	AB	84	3	CG	Regina	Aug 15
14:34.94	Pedrag Mladenovic	ON	72	3		London ON	Jun 19
14:36.00	Jeremy Fisico	ON	86	4		London ON	Jun 19
14:40.21	Doug Currie	ON	84	31	RalR	Raleigh NC	Mar 26
14:40.62	Paul Chafe	NS	82	1		Sackville	Jun 18
14:41.59	Steve Murenbeeld	BC	82	8	Chps	Winnipeg	Jul 17
14:42.61	David Jackson	BC	76	9	Chps	Winnipeg	Jul 17
14:43.22	Matt Sheffield	NS	82	2		Sackville	Jul 01
14:44.21	Jake Gallagher	NS	86	2	CanJ	Montreal(CR)	Jul 08
14:44.54	Josh Karanja	ON	84	1		Ottawa	Jul 13
14:45.15	Derek Nakluski	ON	82	5	CG	Regina	Aug 15
14:46.80	Kyle Dekker	ON	87	5		London ON	Jun 19
14:47.91	Kelsey Keleman	AB		10	Chps	Winnipeg	Jul 17
14:47.92	Ryan Day	BC	82	6	CG	Regina	Aug 15
14:54.0	Steven Koziarski	ON	85	2		Guelph	May 25

14:54.25	Mark Steeds	ON	86	4	CanJ	Montreal(CR)	Jul 08
14:56.1	Scott Arnard	ON	82	3		Guelph	May 25
14:56.35	Saheed Khan	ON	84	2		Northridge CA	Mar 19

Junior

13:58.50	Nduwingoma(Above-Youth)1988??						
14:15.86	Woods(Above)						
14:32.59	Genest(Above)						
14:36.00	Fisico(Above)						
14:44.21	Gallagher(Above)						
14:46.80	Dekker(Above)						
14:54.25	Steeds(Above)						
15:03.14	Kevin Friesen	BC	87	5	CanJ	Montreal(CR)	Jul 08
15:09.95	Marcus Dillon	ON	87	6	CanJ	Montreal(CR)	Jul 08
15:17.02	Brent Addison	NS	87	1b	CanJ	Montreral(CR)	Jul 08

10000m

28:04.75	Simon Bairu	SK	83	8	Card	Stanford CA	May 01
28:39.54	Reid Coolsaet	ON	79	12	Card	Stanford CA	May 01
29:12.54	Andrew Smith	ON	79	7b	Card	Stanford CA	May 01
29:25.19	Bairu			14	NCAA	Sacramento CA	Jun 09
29:25.22	Mark Bomba	BC	69	1	CanChps	Abbotsford	Jun17
29:25.76	Jeremiah Ziak	BC	76	2	CanChps	Abbotsford	Jun 17
29:27.05	Joe Dionne	ON	83	19		Walnut CA	Apr 15
29:33.7	Jean-Claude Nduwingoma	QU	88??	1		Montreal(CR)	May 14
29:37.67	Jeremy Deere	AB	75	4	Can Chps	Abbotsford	Jun 17
29:56.15	Matt McInnes	ON	74	29	MSac	Walnut CA	Apr 15
30:01.34	Steve Osaduik	BC	79	5	CanChps	Abbotsford	Jun17
30:18.16	Marcel Hewamudalige	BC	82	4	WAC	Tulsa OK	May 13
30:22:54	Bairu			2	Big10	Columbus OH	May 13
30:27.13	Ken Myers	AB		42	MSac	Walnut CA	Apr 15
30:34.54	Calvin Staples	ON	76	22b	Card	Stanford CA	May 01
30:37.33	John Bodirlau	ON	80	20	Gina	Hillsdale MI	Apr 30
30:28.45	Henok Lechebo	ON	85	6	SecC	Nashville TN	May 13

Marathon

2:18:21	Jim Finlayson	BC		7	CanC	Ottawa	May 29:
2:19:55	Ryan Day	BC			CanC	Ottawa	May 29
2:20:45	Jason Warick	SK		19		Chicago ILL	Oct 09
2:21:47	Mathew McInnes	ON			CanC	Ottawa	May 29:
2:21:47	McInnis			1	Casino	Niagra Falls	Oct 23
2:21:57	Peter Vail	NS	74	5		Sacramento CA	Dec 04
2:22:04	Bruce Raymer	ON	68	8		Los Angeles	Mar 06
2:24:13	Finlayson			1		Victoria	Oct 09
2:24:34	Steve Osaduik	BC	79	11	LakeS	Toronto	Sep 25
2:24:40	David Jackson		76	6		Sacramento CA	Dec 04
2:25:30	Darran Bilton	ON		12	LakeS	Toronto	Sep 25
2:25:59	Vail			8		Columbus	Oct 16
2:26:43	Kevin Beaty	ON		13	LakeS	Toronto	Sep 25
2:28:13	Louis-Phillipe	QU			CanC	Ottawa	May 29
2:28:13	Charles Bedley		73	1		Corning NY	Oct 02
2:29:00	Jason Loutitt	AB		2		Victoria	Oct 09
2:29:15	Matt Norminton			19	Adidas	Dublin IRE	Oct
2:32:28	Michel Lavoie	QU		3	Casino	Niagra Falls	Oct 23
2:32:41	L. Garnier			40		Boston MA	Apr 18
2:33:03	Tessier			42		Boston	Apr 18
2:33:55	Oliver Utting	BC		3		Victoria	Oct 09
2:36:21	Peter Power	ON		1		Detroit MI	Oct 23
2:36:23	Andrew Mill	ON		18	LakeS	Toronto	Sep 25

110mh

13.52	0.8	Karl Jennings	ON	79	6		Modesto CA	May 07
13.54	2.0	Jared MacLeod	MB	80	1s2	FISU	Izmir TUR	Aug 15
13.58	1.2	Jennings			1h1	Gtech	Atlanta GA	May 13
13.64	0.1	Jennings			4	Drake	Des Moines IA	Apr 30
13.67	0.0	Jennings			3	SeaR	Knoville TN	Apr 16
13.67	-0.4	Macleod			2	FISU	Izmir TUR	Aug 17
13.70	0.8	MacLeod			1h3	FISU	Izmir TUR	Aug 15
13.70	1.7	MacLead			2	FGames	Naimey NIG	Dec 12
13.71	1.4	MacLeod			1		St Laurent	Jul 24
13.74	1.6	Macleod			1h	Chps	Winnipeg	Jul 15
13.76	-0.2	MacLeod			3		Oordegem BEL	Jul 02
13.80	0.0	MacLeod			3h1	Fgames	Naimey NIG	Dec 11
13.82	-0.6	MacLeod			2h2		Oordegem BEL	Jul 02
13.83	1.5	Charles Allen	ON		5b		Lausanne SWI	Jul 05
13.89	-1.8	Allen			2	Chps	Wiinipeg	Jul 16
13.90	0.2	MacLeod			3r1		Namur Bel	Jul 01
13.91	1.6	Allen			3h	Chps	Winnipeg	Jul 15
13.94	0.0	Macleod			3	SunA	Tempe AZ	Apr 16
13.94	1.2	Allen			6		Prague CZ	Jun 27
13.95	-0.9	Allen			9	IAAF	St Denis FRA	Jul 01
13.95	-1.8	MacLeod			3	Chps	Winnipeg	Jul 16
14.03	1.6	Robert Charbonneau	QU	80	4		Bron FRA	Jul 05
14.10	1.8	Paul Whitty	ON	82	1h2	OCGT	Ottawa	Jul 02
14.22	1.3	Charbonneau			2h1		Bron FRA	Jul 05
14.27	0.9	Whitty			5h2	Midwest	Norman OK	May 27
14.29	0.6	Charbonneau			2h2		Sotteville FRA	Jul 08
14.30	-3.4	Jennings(1st3+6 fastest)			6h3	WC	Helsinki FIN	Aug 10
14.34	1.3	Whitty			2h5	TexR	Austin TX	Apr 07
14.71	1.0	Jesse Smith	BC	84	d		Huntsville	May 14
14.74	0.9	Patrick Russell	ON	82	d	FGames	Naimey NIG	14 Dec
14.76	1.6	Kendall Beckles			6h	Chps	Winnipeg	Jul 15
14.80	-1.6	Jamie Ryder	ON	87	6	PAJ	Windsor	Jul 29
14.81	1.6	Dan Payne	AB	85	7h	Chps	Winnipeg	Jul 15
14.83	1.8	Paul Martin	ON	84	1		Tornto(MC)	Jun 21
14.95	0.3	Aaron Gullacher	SK	82	1		Regina	Jul 23
14.95	0.9	Cameron Sahadath	ON	85	1		Toronto(MC)	Aug 06
14.97	0.9	James Holder	AB	76	d	FGames	Naimey	Dec 14
15.02	1.8	Jaimie Adjetey-Nelson	ON	84	3h2	OCGT	Ottawa	Jul 02
15.02	0.9	Andrew Vanden Dool	ON	81	2		Toronto(MC)	Aug 06
15.06	1.8	Jermaine Bucknor	ON	83	4h2	OCGT	Ottawa	Jul 02
15.09	1.8	Derick Smith	ON	87	5h2	OCGT	Ottawa	Jul 02
15.10	-0.1	Chris Theriau	NS	87	5s1	PAJ	Windsor	Jul 29
15.10	-1.9	Chad Connatty	BC	84	2h2	CG	Regina	Aug 16
15.35	0.3	Wesley Rehel	QU	82	1	Hume	Sherbrooke	Jun 17
15.41	-1.2	Valery Komenan	QU	86	1		Montreal(CR)	Jul 15
15.45	0.3	Bernard Moses	SK	82	2		Regina	Jul 23
15.50	-0.8	Clifford Caines		79	d	FISU	Izmir TUR	Aug 19
15.58	-0.3	Mathieu Houle	QU	82	7	CG	Regina	Aug 16
15.62	0.7	Michael Miller	ON	86	9h	Chps	Winnipeg	Jul 15
15.74	0.3	Nigel Joseph	AB	86	3		Regina	Jul 23
15.81	1.8	Massimo Bertocchi	ON	85	3		Toronto(MC)	Jun 21

Wind/No Wind Info

13.74	3.3	Jared Macleod	BC	80	1h1	Triton	La Jolla CA	Apr 23
14.59	2.4	Jamie Ryder	ON	87	4s2	PAJ	Windsor	Jul 29

Junior

14.38	-0.2	Jamie Ryder	ON	87	1	CanJ	Montreal(CR)	Jul 08
14.49	0.9	Ryder			1		Toronto(MC)	Aug 06
14..59	-0.2	Ryder			2h2	CanJ	Montreal(CR)	Jul 08
14:96	-0.2	Cody Sorenson			2h2	CanJ	Montreal(CR)	Jul 08
14.96	1.5	Jean-Francois Marquis	QU	87	1	Hume	Sherbrooke	Jun 17

15.09	-0.2	Nigel Joseph	AB	86	4	CanJ	Montreal(CR)	Jul 08
15.10	0.9	Ryan Tremblay	ON	87	2		Toronto(MC)	Aug 06
15.12	-0.2	Kevin Nigro	ON	88	5	CanJ	Montreal(CR)	Jul 08
15.16	0.0	Derick Smith	ON	87	1		Toronto(MC)	Jun 21
15.32	-0.2	Tyler Fawcette	ON	88	7	CanJ	Montreal(CR)	Jul 08
15.38	1.4	Andre James	ON	87	4		Toronto(MC)	Jun 12

Youth

14.52	1.2	Tyler Fawcett	ON	88	1	RCL	Edmonton	Aug 06
14.90	1.3	Kevin Nigro	ON	88	1		Toronto(MC)	Aug 06
14.96	0.0	Nigro			1		Toronto(MC)	Jul 12
15.22	1.3	Zachary Godwin	ON	88	1		Toronto(MC)	Aug 06
15.43	1.2	Mathew Cardoza	AB	88	2	RCLC	Edmonton	Aug 06
15.47	1.3	Alex Nurse	ON	88	3		Toronto(MC)	Aug 06
15.54	1.2	Nathan Trowell	SK	88	3	RCLC	Edmonton	Aug 06
15.54	1.3	Mathew Millson	ON	89	4		Toronto(MC)	Aug 06
15.63	1.5	Andrew Glazer	SK	89	1		Calgary	Jun 18
15.67	0.3	Graham Norrish	SK	88	3		Regina	Jul 23
15.71	1.3	Graham Allen	ON	88	5		Toronto(MC)	Aug 06
15.74	0.5	KJ Hinds	ON	89	3		Toronto(MC)	Jun 12

Wind/No Wind Info

14.52	2.3	Nigro			1		Toronto(MC)	Jun 21
15.45		Antonio Messam	ON	88?	1	RCL	Kitchener	Jun 19
15.71	2.3	Jordan Harris	ON	88	2		Toronto(MC)	Jun 21

400mh

49.90		Adam Kunkel	ON	81	1	Chps	Winnipeg	Jul 17
50.25		Kunkel			1		Houston TX	May 20
50.49		Kunkel			1		St Laurent	Jul 24
51.06		Kunkel			3r1		Houston TX	May 07
51.59		Wesley Rehel	QU	82	1	CG	Regina	Aug 19
51.68		Kunkel			5h1	Gold	Baton Rouge LA	Apr 23
51.76		Kunkel			4h5	MSac	Walnut CA	Apr 17
52.00		Adam Seabrook	ON	85	1	Heps	New York	May 06
52.08		Rehel			2	Chps	Winnipeg	Jul 17
52.11		Nick Stewart	ON	79	6		Glasgow SCO	Jun 05
52.13		Shane Labelle	QU	85	3	Chps	Winnipeg	Jul 17
52.44		Trent Ratzlaff	AB	86	3h2	PAJ	Windsor	Jul 31
52.61		Steve Morin	QU	81	4	Chps	Winnipeg	Jul 17
52.95		Josh Guggenheimer	BC	82	2		Moscow ID	May 07
53.01		Aaron White	ON	86	2	CanJ	Montreal(CR)	Jul 10
53.20		Ryan Byrne	ON	84	1		Toronto(MC)	Aug 06
53.50		Simon Croteau	QU	78	2		Ottawa	Jul 03
53.50		Abdull Zubair	ON	86	3	CanJ	Montreal(CR)	Jul 10
53.52		Keenan Geer	BC	86	4	CanJ	Montreal(CR)	Jul 10
53.66		Bernard Moses	SK	82	1	RRrel	Saskatoon	Jun 11
53.83		Justin Grinstead	ON	88	1		Toronto(MC)	Jun 21
54.02		Blake Jones	QU	89			St Laurent	Jun 22
54.19		Andrew Cooke	BC	83	7	Chps	Winnipeg	Jul 17
54.37		Miguel Wason	ON	87	5	CanJ	Montreal(CR)	Jul 10
54.47		Michael Averill	BC	83	5h2	PomP	Claremont CA	Apr 15
54.87		Jason Reindl	SK	84	9h	Chps	Winnipeg	Jul 16
54.96		Graeme Pitches	BC	83	5h1	PomP	Claremont CA	Apr 15
55.48		Ryan Chester	BC	80	1	HSC	Burnaby	Jun 04
55.55		David Holm	AB	86	1b	CG	Regina	Aug 19
55.62		Andre James	ON	87	2	HSC	LaSalle	Jun 04
56.16		Jordan Shimmell	BC	85	7h2	MSac	Walnut CA	Apr 17

Junior

52.44	Ratzlaff(Above)						
53.01	White(Above)						
53.50	Zubair(Above)						
53.52	Geer(Above)						
53.83	Grinstead(Above)						
54.02	Jones(Above)						
54.37	Wason(Above)						
55.55	Holm(Above)						
56.18	Ryan Tremblay	ON	87	3	HSC	LaSalle	Jun 04
56.21	Brent Savard	ON	87	4	HSC	LaSalle	Jun 04
56.23	Thomas Davis	ON	87				May

Youth

55.21	Ryan Chester	BC	90			Langley	Jun 19
55.32	Grinstead	ON	88	1		Toronto(MC)	Jun 12
56.31	Tyler Fawcett	ON	88	1		St Catharines	Jul 15
56.32	Kyle Knuff	ON	89	2		Toronto(MC)	Jun 12
56..88	Andrew White	ON	88	3		Toronto(MC)	Jun 12
57.28	Henry Ferreira	AB	88	1		Calgary	Jun 18

3000msc

8:20.14	Mathew Kerr	ON	76	12		Huesden BEL	Jul 23
8:33.00	Kerr			1	Jerome	Burnaby	Jun 14
8:37.83 pcjr	Alexandre Genest	QU	86	4	Jerome	Burnaby	Jun 14
8:40.12	Kerr			3		Nashville TN	Jun 04
8:40.21	Kristijan Hunter	MB	84	5	Jerome	Burnaby	Jun 14
8:41.20	Kerr			14h3	WC	Helsinki FIN	Aug 07
8:41.31	Genest			4	Card	Stanford CA	May 01
8:44.94	Hunter			8	FISU	Izmir TUR	Aug 17
8:45.48	Kerr			1		Durham NC	May 08
8:46.39	Kerr			1	Chps	Winnipeg	Jul 16
8:47.00	Genest			2	PAJ	Windsor	Jul 31
8:48.43	Matt Loiselle	ON	84	6	MidEast	Bloomington IN	May 28
8:53.72	Loiselle			7	StanfD	Stanford CA	Mar 25
8:54.96	Hunter			3	Chps	Winnipeg	Jul 16
8:54.99	Chris Winter	BC	86	2	CanJ	Montreal(CR)	Jul 10
8:55.57	Loiselle			24	NCAA	Sacramento CA	Jun 08
9:02.37	Paul Chafe	NS	82	2	CG	Regina	Aug 18
9:03.43	Matt Johnston	BC	78	11	Oreg	Eugene OR	Apr 23
9:03.56	James Gosselin	ON	77	2	NAIA	Louisville KY	May 28
9:06.91	Ian Mayne	ON	83	6	SeaR	Knoxville	Apr 16
9:07.32	Greg Hutchinson	ON	82	1	OCGT	Ottawa	Jul 03
9:10.18	Robbie Nissen	AB	83	3	CG	Regina	Aug 18
9:10.74	Bret Burns	ON	81	12	IC4A	Princeton NJ	May 15
9:12.79	Morgan Titus	BC	83	1		Rotrary	Jul 24
9:13.59	Mike Earle	ON	82			Salem NC	Mar 11
9:15.06	Joe Brunsting	ON	87	1		Ottawa	Jul 03
9:15.34	Matt Brunsting	ON	87	3	JrChps	Montreal	Jul 08
9:16.33	Patrick Marion	ON	84	2	OCGT	Ottawa	Jul 03
9:17.37	Nick Walker	BC	83	1	BCChps	Abbotsford	Jun 25
9:19.43	James Poulin-Cadovius	QU	85	7b	Card	Stanford CA	May 01
9:23.09	Dylan Gant	BC	87	6h1	NAIAI	Louisville KY	May 26
9:23.17	Ryan Weber	BC	82	25	MSac	Walnut CA	Apr 15
9:23.18	Jeff Symonds	BC	85	4	Shannon	Seattle WA	May 07

Junior(3000msc)

8:37:83	Genest(Above)						
8:54.99	Winter(Above)						
9:15.06	Brunsting J(Above)						

9:23.09	Gant(Above)						
9:39.44	Samuel Blanchette		87	7	CanJ	Montreal(CR)	Jul 10

Junior(2000msc)

5:54.34	Matt Brunsting	ON	87	1	HSC	Lasalle	Jun 03
6:01.00	Cory Currie	ON	87	2	HSC	LaSalle	Jun 03
6:04.07	Marcus Dillon	ON	87	3	HSC	LaSalle	Jun 03
6:07.78	Justin Marpole-Bird	BC	88	1	HSC	Burnaby	Jun
6:10.80	Joe Brunsting	ON	87	4	HSC	LaSalle	Jun 03
6:13.66	Olivier Lavoie	QU	88	1	RCLC	Edmonton	Aug 06
6:13.69	Travis Holmes	ON	87	1		Ottawa	May 20
6:14.40	Martin Labute	ON	86	6	HSC	LaSalle	Jun 03
6:14.91	Paul Tremlay	ON		7	HSC	LaSalle	Jun 03
6:15.44	Madison Theriault	AB	88	2	RCLC	Edmonton	Aug 06
6:17.53	Mark Henshaw	ON	88	1		St Catharines	Jul 16
6:23.87	Ryan Brockerville	NFL	88	3	RCLC	Edmonton	Aug 06
6:26.14	Kevin Landry	QU	88	1	CC	Montreal(CR)	Jul 02

4X100m

38.67	National Team			5s2	WC	Helsinki FIN	Aug 12
	(Richard-Adu Bobie, Pierre Browne, Anson Henry, Nicolas Macrozonaris)						
39.62	Athletics Canada (Composite Team)			6	PennR	Philadelphia PA	Apr 30
	(Hank Palmer, Anson Henry, Pierre Browne, Nick Macrozonaris)						
39.63	Athletics Canada (Composite Team)			?		Modesto CA	May 07
	(Michael James, Anson Henry, Martin Grenier, Nick Macrozonaris)						
39.95	Athletics Canada(Composite Team)			2	Gold	Baton Rouge LA	Apr 23
	(Pierre Browne, Anson Henry, Hank Palmer, Jarek Kulesza)						
40.25	Canada(JR)			2	PAJ	Windsor	Jul 31
	(Adam Newton, Seyi Smith, Gavin Smellie, Justyn Warner)						
40.85	Canada(FISU)			4h	FISU	Izmir TUR	Aug 19
	(Anthony Garber, Neville Wright, Nathan Vadeboncoeur, Neil Hurtubise)						
40.99	Alberta			1		Edmonton	Jun 07
	(Brian Barnett, Antoine Boussombo, Nathan Cross, Neville Wright)						
41.09	Alberta			1	CG	Regina	Aug 19
	(Dan Payne, Adam Rosenke, Ryan Adams, Brian Barnett)						
41.43	Simon Fraser	BC		6	NAIA	Louisville KY	May 28
	Brett Robinson, Neil Hurtubise, Rob Drapula, Justin Kripps)						
41.49	Simon Fraser	BC		1		Burnaby	Apr 30
	Names as 41.43 above						
41.58	Ontario	ON		2h	CG	Regina	Aug 16
	<i>(Brandt Fralick, Jonathan Charest, Adam Newton, Shannon King)</i>						
41.65	Simon Fraser	BC		5	MSac	Walnut CA	Apr 17
	(Rob Drapula, Thomas Eckl, Neil Hurtubise, Justin Kripps)						
					MSac	Walnut CA	Apr 17

4X400m

3:05.48	Athletics Canada(Composite Team)			1	Jerome	Burnaby	Jun 14
	(Nathan Vadeboncoeur, Keston Nelson, Gary Reed, Tyler Christopher)						
3:05.83	Athletics Canada(Composite Team)			5	PennR	Philadelphia PA	Apr 29
	(Tyler Christopher, Gary Reed, Ray Ardill, Adam Kunkel)						
3:08.05	Canada(FISU)			4h1	FISU	Izmir TUR	Aug 19
	(Nathan Vadeboncoeur, David Shanks, Ray Ardill, Neil Hurtubise)						
3:09.50	Canada(Jr)			3	PAJ	Windsor	Jul 31
	(Gavin Smellie, Aaron White, Brian Cummings, Brian Barnett)						
3:11.56	Simon Fraser	BC		5	NAIA	Louisville KY	May 28
	NAMES??						
3:11.63	Simon Fraser	BC		4h1	NAIA	Louisville KY	May 27
	NAMES??						
3:12.49	Alberta	AB		1	CG	Regina	Aug 19

3:12.83	(Adam Rosenke, Trent Ratzlaff, Brian Barnet, Andrew Dargie) Quebec	QU	2	CG	Regina	Aug 19
3:13.25	Jonathan Charest, John Carle, Shane Labelle, Wesley Rehel) Simon Fraser (Thomas Eckl, Graeme Pitches, Rob Drapula, Neil Hurtubise)	BC	4	Oreg	Eugene OR	Apr 23

Medley Relay / Relais Medley (Not an IAAF event) (200m,200m,400m,800m)

3:15.84	Athletics Canada(Composite Team) (Anson Henry, Pierre Browne, Keston Nelson(46.1), David Gill(1:48.0))		4		Penn Relays Philadelphia PA	Apr 29
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3km W/3km Marche

14:21.94	Nil Lavallee	ON	56	1		Toronto(MC)	Jun 11
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5km W / 5km Marche

19:41.61t	Tim Berrett	AB	65	1	WMG	Edmonton	Jul 29
21:24.24	Pierre Luc Menard	ON/QU	86	1		London ON	Jun 20
22:42@	Menard			@		Welland	Oct 01
22:42@	Jocelyn Ruest	NB	80	@		Welland	Oct 01
23:58@	Gagne			@	On/Chps	Toronto ISL	May 28
24:14.76	Nil Lavallee	ON	56	3		London ON	Jun 20
25:26@	Cote				On/Chps	Toronto ISL	May 28

Mixed Race

24:52.48	Gerry Dragomir	BC	51		Rev/BCSC	Richmond	Jun 12
27:43.92	Dane Boersma	BC			Rev/BCJC	Richmond	Jun 12
27:44.23	Evan Dunfee	BC			Rev/BCJC	Richmond	Jun 12

10km W / 10km Marche

44:49.80	Pierre Luc-Menard	QU/ON	86	1	Hume	Sherbrooke	Jun 19
45:09.50	Luc-Menard			2	PAJ	Windsor	Jul 31
45:57	Jocelyn Ruest	QU	80	2	On/Chps	Toronto ISL	May 28
46:09.35	Patrick Boisclair	QU	75	1	Qchps	Montreal(CR)	Jul 15
46:19@	Ruest			@		Welland	Oct 01
47:38	Alexandre Gagne	QU	88	2	On/Chps	Toronto ISL	May 28
47:41@	Ruest			@	PanAm	Lima Peru	May 06
48.20	Nil Lavallee	ON	49	1	WeinCup	Deerborn MI	Oct 16
49:02:01	Gagne			18	WYC	Marakech MAR	Jul 16
49:34	Gerald Dragomir	BC	51	1		Victoria	Feb 27
51:07	Donald Cote	QU	82	3	On/Chps	Toronto ISL	May 28
51.10	Nil Lavallee	ON		16			Jun 04

20km W / 20km Marche

1:26:06	Tim Berrett	AB	65	1		Vancouver	May 01
1:26:43	Berrett			1	WMG	Edmonton	Jul 26
1;27:26	Berrett			1	Chps	Winnipeg	Jul 17
1:30:58	Pierre-Luc Menard	QU	86	2	Chps	Winnipeg	Jul 17
1:33:36	Menard			1		Toronto ISL	May 28
1:33:48	Jocelyn Ruest	QU	80	2		Toronto ISL	May 28
1:35:18	Ruest				PanT	Hauppauge NY	Apr 03
1:39:19	Ruest			27	PanAm	Peru	May 07
1:42:30	Gord Mosher	SK		3	Chps	Winnipeg	Jul 17
1:43:49	Nil Lavallee	ON	56	3	Ont/Chp	Welland	Oct 01
1:47:49	Donald Cote	QU	82	9	USPamT	Hauppauga NY	Apr 03

50kmW /50km Marche

3:55:48 Tim Berrett AB 65 11 WC Helsinki FIN Aug 12

High Jump / Saut en hauteur

2.29	Mark Boswell	ON	77	4	WC	Helsinki FIN	Feb 14
2.27	Boswell			3gb	WC	Helsinki FIN	Aug 12
2.22	Kwaku Boateng	QU	74	1	Chps	Winnipeg	Jul 16
2.22	Boswell(std 2.29 or better)			2	Chps	Winnipeg	Jul 16
2.20	Michael Mason	BC	86	2	SecC	Nashville TN	May14
2.20	Jaswinder Gill	BC	81	1	BigS	Flagstaff AZ	May14
2.20	Boswell			7=	WK	Zurich SUI	Aug 19
2.20	Boswell			11		Eberstadt GER	Aug 21
2.20	Boswell			11	VDamme	Bruxelles BEL	Aug 26
2.20	Boateng			2=	FGames	Naimey NIG	Dec 16
2.19	Mark Dillon	ON	84	3	Chps	Winnipeg	Jul 16
2.17	Gill			9	NCAA	Sacramento CA	Jun 11
2.17	Dillon		84	1		Baldwin-Wall College	May 20
2.16	Jeff Caton	ON	75	1	Gtech	Atlanta GA	May 14
2.16	Gill			5	Midwest	Norman OK	May 27
2.16	Gill			4	Chps	Winnipeg	Jul 16
2.15	Mason			2	Gator	Knoxville TN	Apr 09
2.15	Dillon			9	MSac	Walnut CA	Apr 17
2.15	Caton			9	MSac	Walnut CA	Apr 17
2.15	Caton			1		Geneve SWI	Jun 11
2.15	Boateng			3=		Fort de France	Apr 28
2.15	Derek Watkins	ON	82	1	Hume	Sherbrooke	Jun 20
2.15	Boateng			2	Hume	Sherbrooke	Jun 20
2.15	Dillon			1		Toronto(MC)	Jun 21
2.15	Boswell			13	IAAF	St Denis	Jul 01
2.15	Boswell			12		Lausanne SWI	Jul 05
2.15	Mason			1	CG	Regina	Aug 16
2.14	Watkins			q	NCAA	Sacramento CA	Jun 09
2.14	Watkins			13	NCAA	Sacramento CA	Jun 11
2.14	Caton			6		Luzern SWI	Jun 14
2.13	Watkins			5	Chps	Winnipeg	Jul 16
2.13	Jessie Lipscombe	AB	80	6	Chps	Winnipeg	Jul 16
2.08	Michael Sychrava		84	2	UTA	Arlington TX	Apr 02
2.08	Craig Slaunwhite	NS	81	d		Toronto(MC)	Jun 11
2.07	Andrew Grosse	NS	85	2	CG	Halifax	Aug 16
2.05	Thomas Westendorp	ON	86	1		Ottawa	May 17
2.05	Greg Baril-Kenny	ON	80	2		Toronto(MC)	May 31
2.05	Massimo Bertocchi	ON	85	d		Toronto	Jun 11
2.04	Mike Kizinkewich	MB	82	3	CG	Regina	Aug 16
2.04	Clifford Caines	MB	79	d	Fisu	Izmir TUR	Aug 19

Junior

2.20	Mason(Above)						
2.05	Westendorp(Above)						
2.01	Michael McCorquindale	AB	86	2=	CanJ	Montreal(CR)	Jul 10
2.01	Christopher Greenaway	QU	87	2=	CanJ	Montreal(CR)	Jul 10
2.00	Mathew Powell	ON	86	2	HSC	LaSalle	Jun 03
2.00	Jordan Jones	ON	87	5		Toronto(MC)	Jun 12
2.00	Ndiaga Diop	QU	87	1	Hume	Sherbrooke	Jun 17
2.00	Sebastien Nantel	QU	87	3	Hume	Sherbrooke	Jun 17

Youth

2.05	Brad Huey	ON	88	1		St Catharines	Jul 16
1.95	Paul Little	BC	88	1	Lafarge	Abbotsford	Jun 16
1.95	David Berlinic	SK	88	1		Calgary	Jun 18
1.95	Brian Richards	ON	88	2		St Catharines	Jul 15

1.95	Simon Leveille	QU	90	1		Montreal(CR)	Jul 15
1.94	Mathew Cardoza	AB	89	1	HSC	Edmonton	Jun 04
1.93	Andrew Ching	AB	88?	1	HSC	Edmonton	Jun 04

Pole Vault / Perche

5.40	Jason Wurster	ON	84	1		Toronto(MC)	Jun21
5.30	John Zubyck	ON	79	1		Toronto(MC)	Jun 11
5.30	Wurster			2		Toronto(MC)	Jun 11
5.25	Zubyck(J)			1		Toronto(MC)	Jul 26
5.22	Wurster			2		Fribourg SUI	Aug 27
5.20	Wurster			1	OCGT	Ottawa	Jul 02
5.20	Todd Zubyck	ON	75	1=		Ottawa	Jul 02
5.20	Zubyck(J)			1=		Ottawa	Jul 02
5.20	Wurster			1	Chps	Winnipeg	Jul 16
5.20	Zubyck J			1		Toronto(MC)	Jul 20
5.20	Robert Hanson	SK	82	2	Chps	Winnipeg	Jul 16
5.20	Wurster			7ga	FISU	Izmir TUR	Aug 16
5.20	Hansen			9gb	FISU	Izmir TUR	Aug 16
5.20	Hansen			3	FGames	Naimey NIG	Dec 13
5.15	Zubyck			3		Toronto(MC)	Jun 21
5.15	Hanson			1		Saskatoon	Aug 04
5.10	Zubyck(T)			4		Hot Springs AK	Jun 04
5.10	Andy Miller	BC	74	3	Chps	Winnipeg	Jul 16
5.10	David Foley	QU	84	5	Chps	Winnipeg	Jul 16
5.00	Francois Thenault	QU	72	1		Montreal(CR)	Jun 02
5.00	Jamie Johnson	AB	81	1		Azusa CA	Apr 09
5.00	Zubyck			3		Toronto(MC)	Jun 21
5.00	Miller			4=	FGames	Naimey NIG	Dec 13
5.00	Zubyck			4=	FGames	Naimey NIG	Dec 13
4.90	Kevin Lake	ON	69	4		Toronto(MC)	Jun 11
4.90	Hanson			1	SKG	Regina	Jun 25
4.90	Taylor Petrucha	SK	87	1		Regina	Jul 23
4.90	Mathew Clifford	BC	83	1		Abbotsford(Swan)	Jul 23
4.85	Jeff Hayhoe	ON	73	4		Toronto(MC)	Jun 21
4.80	Scott McCubbing	SK	81	1		Regina	Jun 25
4.80	Graham Danzinger	BC	81	1=		Abbotsford(Swan)	Jul 24
4.75	Marcus Popp	ON	73	5		Toronto(MC)	Jun 11
4.70	Graham Clegorn		67	6		Toronto(MC)	Jun 21
4.70	Eric Foley	QU	84	1	Qchps	Montreal(CR)	Jul 16
4.70	Blair Milne	AB	86	2		Regina	Jul 23
4.60	Mike Archambault	AB	83	1		Calgary	Jun 19
4.60	Rob Pike	AB	70	1		Calgary	Jun 19
4.60	Mathieu Houde	QU	82	2	Qchp	Montreal(CR)	Jul 16
4.50	Simon Belanger	QU	78	2	Hume	Sherbrooke	Jun 18
4.50	Rene Gauthier	QU	81	1f1	Hume	Sherbrooke	Jun 18
4.50	Massimo Bertocchi	ON	85	7		Toronto(MC)	Jun 21
4.50	Clifford Caines	MB	79	d		Toronto	Jun 12
4.45	Frederick Bouchard	QU	84	d		St Laurent	Jun 11
4.40	Owen Clements	BC	65	1		Victoria	May 14
4.40	Philip Garratt	ON	88	1	CanJ	Montreal(CR)	Jul 09
4.40	James Holder	AB	76	d	Chps	Winnipeg	Jul 16
4.40	Patrick Russell	ON	82	d		Toronto(MC)	Jun12
4.40	Josh Kirkpatrick	ON	87	1		Chatham	Jul 23

Mixed Event

5.00 **	Michel Genest-Lahye	QU	72	1		Montreal	Jun 11
4.50 **	Eric Foley	QU	84	2			Jun
4.50 **	Simon Belanger	QU	78	2=			Jun

Junior

4.90	Petrucha(Above)						
4.70	Milne(Above)						

4.40		Kirkpatrick(Above)						
4.30		Paul Kosmas	ON	86	2=	CanJ	Montreal(CR)	Jul 09

Youth

4.40		Garratt(Above)						
4.00		Adam Steele	BC	88	1		Victoria	May 15
4.00		Kyle Tomasello	ON	89	1	HSC	LaSalle	Jun 03

Long Jump / Saut en longueur

7.55	0.0	Jamie Adjetey-Nelson	ON	84	2	Gina	Hillsdale MI	Apr 30
7.46	0.9	Craig Cavanagh	ON	76	2	Owens	Columbus OH	May 07
7.45		Maurice Ennis	ON	73			Ottawa	Jul 20
7.40	0.9	Adjetey-Nelson			3	Owens	Columbus OH	May 07
7.39	0.4	Ennis			1	Chps	Winnipeg	Jul 15
7.39	0.0	Mark Ramos	BC	82	2	Chps	Winnipeg	Jul 15
7:37	0.0	Frederic-Thierry	QU	82	1	Qchp	Montreal(CR)	Jul 17
7.27	-0.4	Seyi Smith	ON	87	3	PAJ	Windsor	Jul 29
7.24	-4.1	Patrick Russell	ON	82	d	Chps	Winnipeg	Jul 16
7.17	0.3	Mark Scherle	ON	84	q	CG	Regina	Aug 19
7.17	0.4	Nelson-Adjetey			1	CG	Regina	Aug 19
7.14	0.0	Leo Murray	BC	88	2	CG	Regina	Aug 19
7.11	0.2	Gerod Wiens	SK	83	3	CG	Regina	Aug 19
7.10	0.0	Alberto Rodas	QU	81	3	Chps	Winnipeg	Jul 15
7.09	0.8	Donovan Bell	ON	75	2		Toronto(MC)	Jun 21
7.09	0.3	Christopher Greenaway	QU	87			Grosseto ITA	Jun 04
7.00	0.0	Ndiaga Diop	QU	87	1		St Laurent	Jun 22
6.95	1.4	David Berlinic	SK	88			Saskatoon	Jun 22
6.94	0.5	Patrick Noah	QU	73	2		Ottawa	Jul 03
6.94	0.8	Guyson Kuruneri	ON	85	3		Toronto(MC)	Jun 12
6.93	-4.1	Massimo Bertocci	ON	85	d	Chps	Winnipeg	Jul 16
6.92	0.2	Wade Huber	SK	85	5	CG	Regina	Aug 19
6.89	0.2	Evan Tsiopoulo	ON	89	3		Toronto(MC)	Jun 21
6.84	1.5	Rob Nickels	ON	86	3f2	CanJ	Montreal(CR)	Jul 08
6.83	0.0	Osi Nriagu	ON	81	10	Gina	Hillsdale MI	Apr 30
6.83	0.2	Barry Smith	AB	82	6	CG	Regina	Aug 19

Wind/No Wind Info

7.43	3.1	Frederic Miyoupo	QU		1		Ottawa	Jul 03
7.28	3.1	Gerod Wiens(6.96 ok)	SK	83	1	Rrel	Saskatoon	Jun 11
7.23	3.1	Patrick Tate(7.00/1.0ok)	ON	81	1	HSC	LaSalle	Jun 04
7.16	4.0	Rob Nickles(6.91/1.0ok)	ON	??	2	HSC	LaSalle	Jun 04
7.03		David Jones	ON	??	3	HSC	LaSalle	Jun 04
7.03	2.3	Shawn Peters	SK	79	1	SKG	Regina	Jun 25
6.94		Stefan Arnason	MB	87	1	HSC	Winnipeg	Jun 10
6.92	3.5	Alberto Rodas	QU	81	3		Ottawa	Jul 03
6.84	2.4	Jeremy Yang	ON	89	1	HSC	LaSalle	Jun 04
6.82	2.6	David Berlinic(6.44 ok)	SK	88	1	RRel	Saskatoon	Jun 11
6.72		Aaron Bruce	MB	87	2	HSC	Winnipeg	Jun 10

Junior

7.27	-0.4	Smith(Above)						
7.09	0.3	Greenaway(Above)						
7.00	0.0	Diop(Above)						
6.84	1.5	Nickles(Above)						

Youth

7.14	0.0	Murray(Above)						
6.95	1.4	Berlinic(Above)						
6.89	0.2	Tsiopoulo(Above)						
6.77	0.6	Nathan Labbe	MB	88	7	CG	Regina	Aug 19

Wind/No Wind Info

7.00		Labbe(Above)	MB	88	1		Winnipeg	Jun 25
6.84	2.4	Yang(Above)						

Triple Jump / Triple saut

15.53	1.5	Kenen Shadd	ON	83	3	MSac	Walnut CA	Apr 17
15.47	-0.8	Shadd			4	Drake	Des Moines IA	Apr 30
15.43	1.9	Marlon Nangle	ON	83	1	Chps	Winnipeg	Jul 16
15.29	-0.4	Nangle			1		Toronto(MC)	Jun 12
15.16	0.3	Nangle			1		Ottawa	Jul 02
15.12	0.0	Sean Jestadt	SK	81	1		Regina	Jul 23
14.91	1.1	Chris Martin	ON	76	4	Chps	Winnipeg	Jul 16
14.87	1.5	Dwayne Harriott	ON	86	5	PAJ	Windsor	Jul 31
14.53	1.1	Orlando Williams	ON	87	1		Toronto(MC)	Aug 06
14.49	0.4	Ian Jestadt	SK	86	q	CG	Regina	Aug 16
14.29	1.0	David Hunte	ON	85	1		Toronto(MC)	Aug 06
14.25*	-0.7	Stephane Richard	QU	82	2	CG	Regina	Aug 16
14.23	0.3	Deighton Jarrett	ON	80	3		Toronto(MC)	Jun 12
14.03*	1.9	Kurt McCormack	PEI	88	1	RCLC	Edmonton	Aug 07
14.03*	0.5	Darl Edwards	ON	84	3	CG	Regina	Aug 16
13.78*	0.5	Obonna(best legal)					Toronto(MC)	Jun 12

best jump windy*Wind/No Wind Info**

15.43		Shadd			2		Oxford MS	Apr 09
15.41	4.2	Jestadt S			2	Chps	Winnipeg	Jul 16
14.51		David Binder	ON	88	2	HSC	LaSalle	Jun 02
14.40	2.6	Stephane Richard	QU	82	2	CG	Regina	Aug 16
14.21		Anthony Dandie	ON		3	HSC	LaSalle	Jun 02
14.10	2.3	Kurt McCormack	PEI	88	1	RCLC	Edmonton	Aug 07
14.09		Leighton Parker	ON		4	HSC	LaSalle	Jun 02
14.03		Aaron Bruce	MB	87	1	HSC	Selkirk	Jun 04

Junior

14.87	1.5	Harriott(Above)						
14.53	1.1	Williams O(Above)						
14.49	0.4	Jestadt I(Above)						
14.03		Bruce(Above)						
13.87		Mathew Ng	AB	86	1		Calgary	Jun 19

Youth(World Youth Standard-14.50)

14.51		Binder(Above)						
14.03	1.9	McCormack(Above)						
14.00	3.0	Ikenna Obonna	ON	88	4		Toronto(MC)	Jun 12
13.91	0.0	Jeremy Yang	ON	89	1	HSC	LaSalle	Jun 03
13.80	0.0	Jordan Henry	ON	??	2	HSC	LaSalle	Jun 03
13.67	0.0	Darren	ON	??	3	HSC	LaSalle	Jun 03
13.48	1.5	Dan Gardiner	ON	88	1		Toronto(MC)	Aug 06
13.38		David Berlinic	SK	88	1	Percival	Regina	May 07

Shot Put / Poids

19.83		Dylan Armstrong	BC	81	1	PomP	Claremont CA	Apr 15
19.40		Armstrong			2	MSac	Walnut CA	Apr 17
19.24		Armstrong			5	Triton	La Jolla CA	23 Apr
18.28		David Adamek	ON	84	2	MAC	Athens OH	May 14
17.54		Jason Tunks	ON	75	1		Utrecht NED	Aug 27
17.51		Adamek			11			May
16.96		Kyle Helf	ON	86	5	PomP	Claremont CA	Apr 15
16.79		Craig Slaunwhite	NS	81	1	AC	Saint John	Jul 30
16.74		Jonathon Doucette	NS	83	1		Sackville	Jun 12

16.55	Mike Barnes	ON	86	2	OCGT	Ottawa	Jul 03
16.16	Jeffrey Wallis	BC	83			Seattle WA	May 07
16.13	James Steacy	AB	84	1		Calgary	Jun 18
15.74	Jay Atcheson	AB	77	d		San Juan PUR	May 28
15.42	Matt Doherty	AB	85	1	CG	Regina	Aug 19
15.25	Brian MacPhee	ON	81	5sec2	Charl	Charlotte NC	Apr 02
15.19	Jamie Adjetej-Nelson	ON	84	d		San Juan PUR	May 29
15.10	Andy Ysebaert	ON	86	3	OCGT	Ottawa	Jul 03
14.90	Mike Miller	ON	86	3			Jun 13
14.88	Mathew Doherty	AB	85	1		Calgary	Jun 19
14.77	Rob Negrin	BC	88	4	CG	Regina	Aug 19
14.67	Alex Dobranowski	ON	84	4	OCGT	Ottawa	Jul 02
14.54	Arthur Turland	ON	82	5	CG	Regina	Aug 19
14.52	Justin Greif	SK	88	1	SKG	Regina	Jun 25

Junior(6.0kg)

18.77	Kyle Helf	ON	86	1		Toronto(MC)	Jun 12
18.69	Helf			1		Toronto(MC)	Aug 07
18.20	Michael Barnes	ON	86	4	PAJ	Windsor	Jul 29
17.02	Dustin Kiefer	ON	88	2		Toronto(MC)	Jun 12
16.30	Rob Negrin	BC	86	3	CanJ	Montreal(CR)	Jul 09
15.62	Andy Ysebaert	ON	86	4	CanJ	Montreal(CR)	Jul 09
14.97	Partrick Szpak	ON	86	5	CanJ	Montreal(CR)	Jul 09
14.68	John Bender	AB	87	1		Calgary	Jun 25
14.58	Mike Miller	ON	86	7	CanJ	Montreal(CR)	Jul 09
14.48	Mark Young	ON	86	8	CanJ	Montreal(CR)	Jul 09
14.20	Justin Smith	SK	87	1		Lethbridge	May 21
14.00	Paul Bouchebl	QU	87	1		Sherbrooke	May 30

Youth(5kg)

17.00	Greif	SK	88	1	SKG	Regina	Jun 25
16.90	Greif			1	RCLC	Edmonton	Aug 06
16.46	Dustin Kiefer	ON	88	1		Hamilton	Jun 18
16.21	Christopher Houde	QU	89	1	Qchps	Montreal(CR)	Jul 17
16.11	Justin McNeeley	ON	88	2		St Catharines	Jul 15
16.11	Aaron Malone	BC	88	1		Abbotsford(Swan)	Jul 24
15.47	Tyrone Crawford	ON	89	3		St Catharines	Jun 15
15.21	Chris Pickering	SK	89	1		Regina	Jul 23

Discus / Disque

66.59	Jason Tunks	ON	75	1		Leiden NED	Jun 11
66.54	Tunks			2	Triiton	La Jolla CA	23 Apr
65.89	Tunks			1	Chps	Winnipeg	Jul 16
65.60	Tunks			1		Holland	Jul 03
65.44	Tunks			1		Hilversum NED	Sep 04
65.43	Tunks			4		Lausanne SWI	Jul 05
65.04	Tunks			3		Hengelo NED	May 29
64.36	Tunks			1		Amsterdam	Jul 01
64.35	Tunks			1	MSac	Walnut CA	Apr 17
64.18	Tunks			2		La Jolla CA	Apr 02
64.16	Tunks			1		Amsterdam NED	Jul 07
64.02	Tunks(std 63.50)61.98, 64.02,nm)			3ga2	WC	Helsinki FIN	Aug 06
64.00	Tunks			1		Krommenie NED	May 14
63.77	Tunks			8	WC	Helsinki FIN	Aug 07
63.17	Tunks			6	GP	Seville ESP	Jun 04
62.99	Dariusz Slowik	MB	75	5	HartN	Salinas CA	May 18
62.72	Slowik			1		Lethbridge	May 22
62.52	Slowik			1		Lethbridge	May 21
61.85	Slowik			1		Lethbridge	May 21
59.68	Slowik			2	Chps	Winnipeg	Jul 16
59.04	Eric Forshaw	ON	68	1	OMC	Toronto(MC)	Jun 25

58.68	Forshaw			1		Ottawa	Jun13
58.65	Tunks			10		Halle GER	May 21
57.63	Forshaw			2		Berea OH	Apr 30
56.59	Mike Ransky	ON	70	2		Ottawa	Jun 13
53.53	John Pilling		81	2		Bloomington IN	Apr 02
53.48	Kyle Helf	ON	86	3		Ottawa	Jun 13
52.63	James Steacy	AB	84	4	Chps	Winnipeg	Jul 16
51.61	Arthur Turland	ON	82	1	CG	Regina	Aug 18
50.82	Curtis Durocher	ON	86	2		Toronto(MC)	Jun 12
49.38	David Adamek	ON	84	9	MAC	Athens OH	May 15
47.92	Al Hough	ON		5		Toronto(MC)	Jun 12
47.56	Craig Slaunwhite	NS	81	1		Sackville	Jun 28
47.33	Jonathon Doucette	NS	83	1		Sackville	Jul 02
47.28	Damian Anisko	ON	83	5		Ottawa	Jun 11
47.28	Mark Kindrachuk	SK	84	6	Chps	Winnipeg	Jul 16
47.08	Matt Doherty	AB	85	1		Regina	Jul 23
47.07	Brian MacPhee	ON	81	7		Clemson	Apr 09
44.84	Alexander Dobranowski	ON	84	6		Tampa FL	May 06

Junior (1.75Kg)

52.70	Kyle Helf	ON	86	5	PAJ	Windsor	Jul 30
52.18	Tyrell Mara	BC	87		BC Chps	Abbotsford	Jun 26
51.43	Rob Negrin	BC	86		BC Chps	Abbotsford	Jun 26
49.29	Mike Barnes	ON	86	2	CanJ	Montreal(CR)	Jul 10
47.15	Curtis Moss	BC	87	1		Victoria	May 14
45.92	David Skermer	BC	87	1		Lethbridge	May 21
44.54	Sean Stacey	AB	86	1		Lethbridge	May 20

Youth (1.50Kg)

52.70	Justin Geif	SK	88	1		Saskatoon	Jun 18
52.11	Greif			1	RCLC	Edmonton	Aug 07
51.86	Greif			1		Regina	Jun 25
50.40	Greif			1		Saskatoon	Jun 11
50.29	Greif			1		Prince Albert	May 14
50.20	Greif			1		Saskatoon	Jun 14
48.50	Wiley Collins	ON		1		Woodstock	Jul 12
47.81	Trey Henderson	BC	89	2	RCLC	Edmonton	Aug 07
47.53	Zack Furek	ON		2		Woodstock	Jul 12
47.35	Dustin Keiffer	ON	88	4	RCLC	Edmonton	Aug 07
45.82	Aaron Malone	BC	88	3	RCLC	Edmonton	Aug 07
45.51	Joshua Wilson	ON	88	1		Toronto(MC)	Aug 06
43.75	Brent Trefiak	SK	88	5	RCLC	Edmonton	Aug 07

Hammer / Marteau

73.79 pcr	Derek Woodske	BC	76	1	Jerry E.	Bloomington IN	Jun 11
	(69.80, f, 70.13, 73.79, 72.96, 71.35)						
73.23 pcr	Woodske			1	Jerry E	Bloomington IN	Jun 11
	(73.10, F, 73.06, 69.10, 71.33, 73.23)						
72.96 pcr	Derek Woodske			2		Berea OH	May 20
	(F, F, 62.00, 72.86, 71.00, 72.96)						
72.83 pcr	James Steacy	AB	84	1		Lethbridge	May 20
	(71.95, 72.83, 72.03, 71.68, 70.93, 70.10)						
72.66	Woodske						Apr 30
72.03	Stacy J			1		Lethbridge	May 21
	(71.00, 70.70, 69.24, 72.03, F, 70.37)						
71.90	Stacy J			1	FGames	Naimey NIG	Dec 11
71.77	Stacy J			1		Lethbridge	May 21
	(68.30, F, 71.77, 70.28, F, 69.49)						
71.52	Woodske D			2	Gina	Hillsdale CA	Apr 29
70.92	Stacy J			1	Gage	Bozeman MT	May 06
70.02	Stacy J			1		Regina	Jul 23

69.94	Steady			1	Chps	Winnipeg	Jul 15
69.62	Steady J			1	Coug	Pullman WA	Apr 23
67.52	Woodske D			2	Chps	Winnipeg	Jul 15
66.65	Woodske D			3	SeaR	Knoxville	Apr 15
65.61	Woodske D			2		Ypsilanti MI	Apr 22
65.15	Joe Woodske	BC	74	4	JerryE	Bloomington IN	Jun 11
59.23	Michael Ankermann	BC	83	1	Brow	Kelowna	Jul 02
58.23	Sean Steacy	AB	86	1		Calgary	Jun 19
57.39	Sean Laforest	BC	85	11	MSac	Walnut CA	Apr 16
57.36	Erik Probstfield	QU	85	1	Qchp	Montreal(CR)	Jul 15
56.39	Jason Baines	QU	78	1		Montreal(CR)	Jun 03
55.99	Arthur Turland	ON	82	1	ONCG	Ottawa	Jul 02
54.91	Mathew Doherty	AB	85	2		Calgary	Jun 19
53.71	David Adamek	ON	84	5	Padd	Ann Arbor MI	May 07
53.51	Al'arbi Dendane	QU	86	5	CG	Regina	Aug 15
53.29	Kyle Helf	ON	86	6		Clemson	Apr 09
53.13	Alexandr Bsepeloy	QU	85	1		Montreal	Jun 20
51.80	Nathan Lennie	ON	79	2		Toronto(MC)	Jun 12
51.16	John Pilling		81	4fi	SeaR	Knoxville TN	Apr 16

Junior(6.0kg)

64.46	Sean Steacy	AB	86	1		Lethbridge	May 21
60.36	Al'Arbi Dendane	QU	86	1	Qchps	Montreal(CR)	Jul 15
60.10	Kyle Helf	ON	86	1		Toronto(MC)	Jun 12
58.10	Joe Eppele	BC	87	7	PAJ	Windsor	Jul 30

Youth (5kg)

65.53	pcyr Trey Henderson	BC	89	1	RCLC	Edmonton	Aug 06
	(F,60.78,64.26,65.53,64.62,f)						
61.87	Henderson			1		Lethbridge	May 20
61.87	Henderson			1		Rotatry	Jul 24
61.21	Henderson			1		Lethbridge	May 22
59.15	Dustin Keifer	ON		1		St Catharines	Jul 16
58.82	Justin Greif	SK	88	1	Percival	Regina	May 07
55.76	Joshua Archer	ON	88	2		St Catharines	Jul 16
56.90	Aaron Malone	BC	88	2	RCLC	Edmonton	Aug 06

Javelin / Javelot

84.41	Scott Russell	ON	79	1		Ottawa	Jul 20
79.45	Russell(Q. Std/81.00-(79.45/76.00/f)			5gb	WC	Helsinki FIN	Aug 09
76.03	Trevor Snyder	ON	82	2	NCAA	Sacramento CA	Jun 10
	(76.03, 71.48, F, F, F. F)						
77.57	Russell			1	Chps	Winnipeg	Jul 17
75.81	Snyder			1	SEC	Nashville TN	May 15
	(71.55, 72.18, 74.22, 75.41, 75.80, 75.81)						
75.13	Russell			1	Drake	Des Mones IA	Apr 29
74.24	Snyder			1	OCGT	Ottawa	Jul 03
74.01	Russell			3		Tallin EST	Aug 16
73.97	Russell			2	KR	Lawrence KA	Apr 22
73.66	Russell			1		Victoria	Jun 10
71.78	Snyder			2	Chps	Winnipeg	Jul 17
70.95	Snyder			2	NCAA	Sacramento CA	Jun 08
70.80	Snyder			2	Towns	Athens GA	Apr 23
68.59	Russell			12	WC	Helsinki FIN	Aug 10
	(62.33, f, 68.59, nm, nm, nm)						
68.37	Curtis Moss	BC	87	1	CG	Regina	Aug 19
65.88	Graham Morfitt	BC	67	1		Victoria	May 14
65.51	Mike Harber	ON	83	2	OCGT	Ottawa	Jul 03
64.04	Connor Shanks	NS	83	1		Sackville	Jun 18
62.87	Kyle Helf	ON	86	1	YellJ	Atlanta GA	Apr 02
61.85	Helf			3	MSac	Walnut CA	Apr 16

61.65	Matt Murdock	ON	79	1		Ottawa	Jun 08
61.64	Adam Wolkins	NS	86	1	CanJ	Montreal(CR)	Jul 09
60.30	Stephen Atkinson	QU	?	?		Albany NY	Apr 16
59.98	Dimitri Petropoulos	ON	82	2	OCGT	Ottawa	Jul 03
59.83	Alex Bernard	ON	86	2		Ottawa	Jul 20
59.24	Andrew Spiro	BC	87	1f1	CanJ	Montreal(CR)	Jul 08
59.18	Derek McMillan	ON		5	Chps	Winnipeg	Jul 17
59.09	Justin Vautour	NB	86	1		Saint John	Jul 02
59.05	Jonathan Nason	NB	83	q	CG	Regina	Aug 16
58.89	Jordan Banninga	ON	86	3	OCGT	Ottawa	Jul 03
58.66	Chris Barr	ON	86	1		Windsor	May 06
58.29	Adam Rempel	ON	82	5f1	NAIA	Louisville KY	May 26
57.59	Brad Miller	ON	87	4	CanJ	Montreal(CR)	Jul 09
57.52	Marty Withers	ON	60	1		London (ON)	Jun 19.

Junior(800g)

68.37	Moss(Above)						
62.87	Helf(Above)						
61.64	Wolkins(Above)						
59.83	Bernard(Above)						
59.24	Spiro(Above)						
59.09	Vautour(Above)						
58.89	Banninga(Above)						
58.66	Barr(Above)						
57.59	Miller(Above)						
57.34	Andrew Athanasopoulos	ON	86	5	CanJ	Montreal(CR)	Jul 09
55.33	Ryan Matejcek	ON	87	1	HSC	LaSalle	Jun 02

Youth(700g)

61.91	Jared Baird	NS	88	1	RCLC	Edmonton	
58.79	James Dabous	ON	89	2	RCLC	Edmonton	Aug 07
58.69	Marc-Andre Castonguay	QU	89	1		Montreal(CR)	Jul 15
57.63	Kyle Nielsen	BC	89	1		Peninsula	May 06
56.50	Greg Wilkey	ON	88	2		St Catharines	Jul 16
55.83	Andrew Blair	NB	88	1		Saint John	May 28
54.18	Cory Usher	SK	88	1		Meadow Lake	Jun 05
53.72	Travis Waterhouse	MB	88	1		Regina	Jul 23
52.71	Curtis Megginson	ON	89	1		Toronto(MC)	Aug 06

Decathlon

7375	Clifford Caines	MB	79	1		Toronto(MC)	Jun 11
	(11.42, 6.65, 13.08, 1.99, 49.53()15.74, 38.65, 4.50, 55.53, 4:30.41(1.4, 0.8, 1.4)						
7343	Caines			6	FISU	Izmir TUR	Aug 19
	(11.27,6.78, 13.08, 2.04, 50.06()15.50, 39.31, 4.10, 51.89, 4:28.75(-0.6, 0.8, -0.8)						
7264	James Holder	AB		1	Chps	Winnipeg	Jul 16
	(11.00, 6.80, 13.20, 1.89, 50.29(3735)15.56, 38.14, 4.40, 52.40, 4:39.10(2.7, -4.1, 4.2)						
7212	Patrick Russell	ON	82	2	Chps	Winnipeg	Jul 16
	(10.98, 7.24, 13.22, 1.89, 50.55(3866)15.25, 41.51, 4.10, 43.70, 4:45.64(2.8, -4.1, 4.2)						
7097	Russell			3	FGames	Naimey NIG	Dec 14
	(11.16, 6.88, 13.35, 1.88, 50.63()14.74, 39.01, 4.40, 46.55, 5:06.66(2.3, 2.7, 0.9)						
7083	Holder			9		Woerden NED	Aug 28
	(11.20, 6.65, 13.07, 1.87, 50.41()15.38, 40.91, 4.40, 49.14, 4.48.25(1.3, 1.3, 0.0)						
7056	Holder			4	FGames	Naimey NIG	Dec 14
	(11.24, 6.91, 12.50, 1.79, 51.12()14.97, 37.55, 4.20, 50.80, 4:37.71(0.7, 5.1, 0.9)						
7017	Jesse Smith	BC	84	8		Austin TX	Apr 06
	(11.11, 6.94, 12.18, 1.83, 49.63(3737)14.82, 38.18, 4.25, 44.22, 4:55.00(3.8,2.3,2.9)						
7014	Caines			3	Chps	Winnipeg	Jul 16
	(11.10, 6.93, 13.83, 2.04, 49.43(3946)15.85, 41.54, nh, 61.35, 4:25.20(3.4, -4.1, 4.2)						
6985	Alexander Dobranowski	ON	84	2		Toronto(MC)	Jun 11
	(11,31, 6.54, 13.91, 1.99, 50.10()15.38, 42.93, 4.10, 44.82, 5:06.05(1.4, 1.1,1.4)						

6919	Lyndon McDowell	ON	77	1		Huntsville AL	May 14
	11.00, 7.22, 12.16, 1.89, 49.53()14.71, 35.26, 4.05, 42.81, 5:21.00(1.1, 2.3, 1.0)						
6892	Craig Slaunwhite	NS	81	2	BigG	Scottsdale AZ	Mar 23
	(11.3, 6.54, 14.09, 2.07, 54.04()15.6, 41.08, 4.25, 51.34, 5:16.84(1.4, 2.2, 2.1)						
6613	Massimo Bertocchi	ON	85	4	Chps	Winnipeg	Jul 16
	(10.98, 6.93, 10.86, 2.01, 51.72(3635)15.84, 25.08, 4.10, 44.25, 4:54.04(4.8, -4.1, 4.2)						
6572	Bertocchi			3		Toronto(MC)	Jun 11
	11.25, 6.94, 11.88, 2.05, 52.19()16.02, 29.27, 4.20, 41.77, 5:14.09(2.5, 2.5, 1.4)						
6546	Dimitri Petropoulos	ON	82	5	Chps	Winnipeg	Jul 16
	11.25, 6.13, 12.61, 1.74, 52.14(3131)17.46, 38.71, 4.00, 54.71, 4:37.65(1.9, -3.7, 2.6)						
6540w	Tyler Koskenoja	NS	84	4		Durham NC	May 13
	(11.61, 6.38, 12.44, 1.77, 52.81, 16.36, 36.14, 3.90, 50.69, 4:29.74(5.5, nwi, 4.5)						
6431	Yassine El Fouladi	QU	84	1	CG	Regina	Aug 15
	(11.89, 6.68, 11.50, 1.84, 51.63(3390)16.70, 32.83, 47.62, 4.10, 4:42.12(-0.1, -0.3, -3.1)						
6407	Jay Atcheson	AB		6	Chps	Winnipeg	Jul 16
	(11.23, 6.46, 11.82, 1.80, 50.57(3365)16.61, 37.21, 3.60, 41.58, 4:44.88(0.7, -4.1, 4.2)						
6396	Greg Urbanczyk	AB	76	1		Calgary	May 14
	(11.76, 5.99, 13.37, 1.92, 52.55() 39.66, 3.90, 48.98,...)						
6381	Michael Fraser	NS	84	2	CG	Regina	Aug 15
	(11.45, 6.90, 11.87, 1.78, 52.40(3453)16.42, 34.80, 44.62, 4.20, 5:10.57(-0.1, 0.6, -0.2)						
6237	El Fouladi			1		St Laurent	Jun 11
	(11.82, 6.46, 10.79, 1.76, 52.23(3216)16.62, 28.08, 4.15, 49.21, 4:38.04(2.6, 0.2, 5.2)						

Did Not Finish

	Jay Acheson				IAAF	San Juan PUR	May 28
	11.27, 6.31, 11.58, 1.86, 50.59() 15.74, 34.45, 3.50, 43.90, (DNF)(3,2, 2.9, nwi)						
	Nelson				IAAF	San Juan PUR	May 28
	(10.96, 7.26, 11.02, 2.01, 49.61(3939)15.19, 31.72, DNS(2.5, 3.1, nwi)						
	Holder					San Juan PUR	May 28
	11.29/2.5(Abandon)						

Junior

6339	Aaron Dixon	BC	87	7	PAJ	Windsor	Jul 29
	(11.66, 6.37, 11.34, 1.78, 51.93(3291)16.1, 36.90, 3.80, 45.70, 4:42.53(0.2, 0.3, nwi)						
6156	Dixon			1	CanJ	Montreal(CR)	Jul 08
	(11.71, 6.35, 11.17, 1.79, 51.83()15.93, 36.79, 3.60, 44.97, 5:08.66(-0.2, 0.0, -0.8)						
6079	Stefan Arnason	MB	89	8	PAJ	Windsor	Jul 29
	(11.90, 6.46, 10.92, 1.81, 52.71(3230)16.4, 36.33, 3.10, 44.91, 4:40.72(0.2, 0.5, nwi)						
5807	Arnason		2		CanJ	Montreal(CR)	Jul 08
	(12.06, 6.45, 10.33, 1.88, 53.58()17.33, 29.61, 4.06, 4:42.63(-0.2, 0.0, -0.8)						
5408(imps?)	Corey Smith	ON	86	1		Toronto(MC)	Jun 11
	(12.01, 5.62, 12.76, 1.72, 54.33()18.47, 30.08, 3.50, 37.62, 4:56.85(1.4, 1.2, 0.5)						

Youth

Octathlon (100m,LJ,SP,400m,110mh-0.99,HJ,JT,1000m - World Youth Std-5610)

5848 pcyr	Reid Gustavson	BC	88	1		Clermont FL	Mar 23
	(11.52, 6.56, 15.15, 50.74, 15.20, 1.90, 42.38, 2:47.44(1.8,2.9,2.9)						
5279	Mark Chenery	BC	88	1	RCLC	Edmonton	Aug 06
	11.52, 6.39, 15.17, 54.70, 1.77, 51.84, 3:06.65(0.5,2.4,-0.1)						
5193	Gustavson		28		WYC	Marrakech	Jul 14
	(11.71, 6.00, 13.61, 52.06(2722)15.91, 1.80, 31.86, 2:48.98(0.2, 1.2, -0.1)						
5009	Henry Ferreira	AB	88	1		Calgary	May 14
4544	Alex Arndt	BC	88	2	RCLC	Edmonton	Aug 06
	11.88, 5.48, 14.10, 55.99, 19.21, 1.80, 41.58, 3:07.52(0.5, 1.2, -0.1)						
4463	Drew Glazier	SK	88	3	RCLC	Edmonton	Aug 06
	11.99, 6.03, 10.24, 55.42, 17.17, 1.74, 30.64, 3:01.93(0.5, 0.0, -0.1)						
4263	Jerry Roback	ON	88	1		Toronto(MC)	Jun 11
	(12.00, 5.56, 12.19, 53.99()17.55, 1.67, 30.97, 3:22.73(-0.9, 0.0, 0.5)						
4077	Wesley Tysdale	ON	88	2		Toronto(MC)	Jun 11
	(12.12, 5.43, 10.30, 55.99()17.50, 1.76, 29.54, 3:22.65(-0.9, -0.3, 0.5)						
DNF	Mike Clapson			3		Clermont FL	Mar 23
	(11.72, 5.78, 11.87, DNF, 16.94, 1.60, 41.15, DNS(1.8,3.4,2.9)						