



2008 CANADIAN INDOOR RANKINGS
STATISTIQUES EN SALLE 2008
MEN / HOMMES

Last updated: Apr 15 2008 / Dernière mise à jour: Le 15 avril 2008

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(Updates/corrections always welcome / Les corrections son toujours bienvenues)

& = 2008 membership not updated / non-member - Affiliation 2008 non mise à jour / non-membre

50m

5.76	Nicolas Macrozonaris	80	1	Saskatoon	Feb 08
5.81	Pierre Browne	80	2	Saskatoon	Feb 08
5.81&	Arthur Augustine		1h1	Toronto	Jan 27
5.83	Brian Barnett	87	3	Saskatoon	Feb 08
5.91&	Arthur Augustine		1	Toronto	Jan 27

55m

6.27&	Gavin Smellie	86	1h4	Murfreesboro TN	Feb 23
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60m

6.60	Emanuel Parris	83	1	Flagstaff AZ	Feb 16
6.64	Nicolas Macrozonaris	80	1	Montreal	Feb 16
6.66	Nicolas Macrozonaris	80	1	Saskatoon	Feb 08
6.67	Shannon King	86	1s1	Toronto	Feb 16
6.67	Shannon King	86	1	Indiana	Feb 08
6.67	Hank Palmer	85	1s1	Hanover	Jan 13
6.68	Hank Palmer	85	1	Montreal	Jan 25
6.68	Nicolas Macrozonaris	80	1	Montreal	Jan 25
6.68	Brian Barnett	87	1	Edmonton	Jan 18
6.69	Emmanuel Parris	83	1	Calgary	Feb 02
6.69&	Richard Adu-Bobie	85	2	Lexington	Feb 01
6.69	Jared Connaughton	85	1h4	Norman	Feb 01
6.70	Jared Connaughton	85	7	Gent BEL	Feb 24
6.70	Nicolas Macrozonaris	80	1h	Montreal	Feb 16
6.70	Emanuel Parris	83	1	Flagstaff AZ	Feb 16
6.71	Brian Barnett	87	2	Saskatoon	Feb 08
6.71	Hank Palmer	85	1	Hanover	Jan 13
6.72	Troy Dos Santos	74	1	Toronto	Feb 10
6.72	Sam Effah	88	3	Saskatoon	Feb 08
6.72	Pierre Browne	80	2	Calgary	Feb 02
6.72	Pierre Browne	80	1s2	Edmonton	Jan 18
6.72	Brian Barnett	87	2s2	Edmonton	Jan 18
6.72	Pierre Browne	80	2	Edmonton	Jan 18
6.73	Sam Effah	88	1	Montreal	Mar 06
6.73	Jared Connaughton	85	4h2	Gent BEL	Feb 24
6.73	Shannon King	86	1h3	Toronto	Feb 16
6.73	Emanuel Parris	83	3	Edmonton	Jan 18
6.74&	Richard Adu-Bobie	85	2h1	Lexington	Feb 01
6.74	Shannon King	86	4	Edmonton	Jan 18
6.74	Hank Palmer	85	1h1	Montreal	Jan 25
6.75	Justyn Warner	87	3	Colorado	Feb 28
6.75	Hank Palmer	85	2	Montreal	Feb 16
6.75&	Richard Adu-Bobie	85	2	New York	Feb 08
6.75	Tyler Christopher	83	1	Winnipeg	Feb 02
6.75	Sam Effah	88	5	Edmonton	Jan 18
6.75	Shannon King	86	1	Windsor	Jan 11
6.76	Randolph Fajardo	87	1h2	Montreal	Mar 06
6.76	Justyn Warner	87	2h3	Colorado	Feb 28
6.76	Jared Lewis	83	1s2	Toronto	Feb 16
6.76	Tyrone Halstead	89	1	Windsor	Feb 09
6.76	Tyler Christopher	83	1h2	Winnipeg	Feb 02
6.76	Emanuel Parris	83	1h2	Calgary	Feb 02
6.76	Nicolas Macrozonaris	80	2h1	Montreal	Jan 25
6.76	Sam Effah	88	3s2	Edmonton	Jan 18
6.76	Neville Wright	80	6	Edmonton	Jan 18
6.76	Emanuel Parris	83	1s1	Edmonton	Jan 18
6.76	Brian Barnett	87	1	Edmonton	Jan 13
6.77	Jared Lewis	83	1h4	Toronto	Feb 16
6.77&	Anson Henry	79	6h1	Flagstaff AZ	Feb 16
6.77&	Richard Adu-Bobie	85	2h10	New York	Feb 08
6.77	Shannon King	86	2s1	Edmonton	Jan 18
6.77	Neville Wright	80	3s1	Edmonton	Jan 18
6.78	Tyrone Halstead	89	2	Montreal	Mar 06
6.78	Randolph Fajardo	87	2	Montreal	Mar 06
6.78	Sam Effah	88	1	Saskatoon	Feb 23
6.78&	Gavin Smellie	86	7	Lexington	Feb 01
6.78	Justyn Warner	87	1h2	Lexington	Feb 01
6.78	Tyrone Halstead	89	1	Toronto	Jan 05
6.79	Shannon King	86	1h2	Indiana	Feb 08
6.79	Sam Effah	88	2	Winnipeg	Feb 02
6.79	Dennison Collins	83	1	Toronto	Jan 20
6.79	Hank Palmer	85	1h3	Hanover	Jan 13
6.80	Tyrone Halstead	89	1h1	Montreal	Mar 06
6.80	Sam Effah	86	2h2	Montreal	Mar 06
6.80	Dennison Collins	83	2s2	Toronto	Feb 16
6.80&	Anson Henry	79	3	Moscow, RUS	Feb 02
6.80&	Anson Henry	79	6	Moscow, RUS	Jan 27
6.80	Jared Lewis	83	2	Toronto	Jan 20
6.81	Charles Bazerd	89	4	Flagstaff AZ	Feb 16

6.81	Dennison Collins	83	1h1	Toronto	Feb 16
6.81	Hank Palmer	85	1h	Montreal	Feb 16
6.81	Shannon King	86	1s2	Windsor	Jan 11
6.81	Tyrone Halstead	89	2	Windsor	Jan 11
6.81	Shannon King	86	1h3	Windsor	Jan 11
6.82	Don Pitter	82	2s1	Toronto	Feb 16
6.82	David Pedneault	86	3	Montreal	Feb 16
6.82	Randolph Fajardo	87	3	Winnipeg	Feb 02
6.82	Tyrone Halstead	89	1s3	Windsor	Jan 11
6.83	Ian Warner	90	1h2	New York	Mar 14
6.83	Tyrone Halstead	89	1	Windsor	Feb 23
6.83&	Gavin Smellie	86	2h2	Lexington	Feb 01
6.83	Tyrone Halstead	89	1h2	Toronto	Jan 05
6.84	Dontae Richards-Kwok	89	1	Toronto	Mar 01
6.84	Sam Effah	88	1h4	Saskatoon	Feb 23
6.84	Don Pitter	82	1h2	Toronto	Feb 16
6.84	Sam Effah	86	1h4	Winnipeg	Feb 02
6.84	Tyrone Halstead	89	1	Montreal	Jan 25
6.84	David Pedneault	86	3	Montreal	Jan 25
6.84	Sam Effah	88	1h2	Edmonton	Jan 18
6.84	Antoine Boussombo	68	4s2	Edmonton	Jan 18
6.84	Tyler Christopher	83	4s2	Edmonton	Jan 18
6.84	Neville Wright	80	2	Edmonton	Jan 13
6.84	Dennison Collins	83	3	Windsor	Jan 11
6.84&	Seyi Smith	87	2	Manchester UK	Jan 13
6.84	Sam Effah	88	1h1	Saskatoon	Jan 05
6.85	Ian Warner	90	3	New York	Mar 16
6.85	Graeme Rinholm	85	4	Montreal	Mar 06
6.85	Antoine Boussombo	68	2	Saskatoon	Feb 23
6.85	Ian Warner	90	1	Toronto	Feb 03
6.85	David Pedneault	86	3h1	Montreal	Jan 25
6.85	Dave Tomlin	76	4h1	Montreal	Jan 25
6.85	Antoine Boussombo	68	7	Edmonton	Jan 18
6.85	Charles Allen	77	1h2	Ottawa	Jan 12
6.85	Charles Allen	77	2	Toronto	Jan 05
6.86	Ian Warner	90	1s2	New York	Mar 16
6.86	Antoine Boussombo	68	5	Montreal	Mar 06
6.86	Adam Rosenke	84	5	Montreal	Mar 06
6.86	Antoine Boussombo	68	2h1	Montreal	Mar 06
6.86&	Jason Kerr	86	3h2	Montreal	Mar 06
6.86	Tyrone Halstead	89	1s2	Windsor	Feb 23
6.86	Adam Rosenke	84	3	Saskatoon	Feb 23
6.86	Troy Dos Santos	74	3s1	Toronto	Feb 16
6.86	Randolph Fajardo	87	2	Windsor	Feb 09
6.86	Jarid Vaughan	85	3	Norman	Feb 01
6.86	Phillip Hayle	91	3	Toronto	Jan 20
6.86	Antoine Boussombo	68	1h4	Edmonton	Jan 18
6.87	Phillip Hayle	91	2	Toronto	Mar 01
6.87&	Jason Kerr	86	2	Windsor	Feb 23
6.87	Ian Warner	90	3s2	Toronto	Feb 16
6.87	Dontae Richards-Kwok	89	1	Toronto	Feb 03
6.87	Troy Dos Santos	74	3	Toronto	Feb 03
6.87	Randolph Fajardo	87	1h1	Winnipeg	Feb 02
6.87	Dave Tomlin	76	4	Montreal	Jan 25
6.87	Dennison Collins	83	1h7	Toronto	Jan 20
6.87	Sam Effah	86	1H5	Edmonton	Jan 18
6.87	Nicolas Macrozonaris	80	1h7	Hanover	Jan 13
6.87	Adam Rosenke	84	1	Calgary	Jan 12
6.88	Graeme Rinholm	85	4h2	Montreal	Mar 06
6.88&	Randy McAuley	84	5h2	Montreal	Mar 06
6.88	Pierre Browne	80	1h1	Calgary	Feb 02
6.88	Jarid Vaughan	85	1h3	Norman	Feb 01
6.88	Aaron Bowman	91	4	Toronto	Jan 20
6.88	Moussa Sissoko	85	1h1	Ottawa	Jan 19
6.88	Moussa Sissoko	85	2h2	Ottawa	Jan 12
6.88	Charles Allen	77	1	Ottawa	Jan 12
6.88	Dave Tomlin	76	4	Windsor	Jan 11
6.89	Adam Rosenke	84	3h1	Montreal	Mar 06
6.89	Phillip Hayle	91	1s1	Toronto	Mar 01
6.89	David Pedneault	86	1	Sherbrooke	Feb 29
6.89	Pierre-Hans Horacius	86	2	Sherbrooke	Feb 29
6.89	Randolph Fajardo	87	3	Windsor	Feb 23
6.89	Phillip Hayle	91	4s2	Toronto	Feb 16
6.89	Dontae Richards-Kwok	89	4s1	Toronto	Feb 16
6.89	Tyrone Halstead	89	1h7	Montreal	Jan 25
6.89	Dennison Collins	83	1s1	Windsor	Jan 11
6.90&	Jason Kerr	86	7	Montreal	Mar 06
6.90	Owen Pollonais	89	3	Toronto	Mar 01
6.90	Owen Pollonais	89	1s2	Toronto	Mar 01
6.90&	Jason Kerr	86	2s2	Windsor	Feb 23
6.90&	Randy McAuley	84	1h2	Windsor	Feb 22
6.90	Pierre-Hans Horacius	86	4	Montreal	Feb 16
6.90	David Pedneault	86	1h	Montreal	Feb 16
6.90&	Arthur Augustine	2		Toronto	Feb 10
6.90	David Pedneault	86	1h3	Montreal	Feb 09
6.90	Nicolas Macrozonaris	80	2s2	Hanover	Jan 13
6.91	Aaron Bowman	91	4	Toronto	Mar 01
6.91	Dontae Richards-Kwok	89	2s2	Toronto	Mar 01
6.91	Troy Dos Santos	74	2h1	Toronto	Feb 16
6.91	Brian Barnett	87	1h2	Edmonton	Mar 01
6.91	Aaron Bowman	91	1	Toronto	Feb 16
6.91	David Pedneault	86	1	Montreal	Feb 09
6.91	Justyn Warner	87	15	Lexington	Feb 01
6.91	Dontae Richards-Kwok	89	1h1	Toronto	Jan 20
6.91	Dontae Richards-Kwok	89	5	Toronto	Jan 20
6.91	Moussa Sissoko	85	1	Ottawa	Jan 19
6.91	Brian Barnett	87	1h1	Edmonton	Jan 18
6.91	Dennison Collins	83	1h5	Windsor	Jan 11

6.91	Dave Tomlin	76	2s1	Windsor	Jan 11
6.92	Ian Warner	90	5	Toronto	Mar 01
6.92	Phillip Hayle	91	1h6	Toronto	Mar 01
6.92	Adam Rosenke	84	1h2	Saskatoon	Feb 23
6.92	Justin Robinson	83	5s2	Toronto	Feb 16
6.92	Aaron Bowman	91	1h5	Toronto	Feb 16
6.92	Phillip Hayle	91	2h1	Toronto	Jan 20
6.92	Pierre Browne	80	1h6	Edmonton	Jan 18
6.92	David Pedneault	86	2s1	Hanover	Jan 13
6.92	Tyrone Halstead	89	1h8	Windsor	Jan 11
6.93	David Pedneault	86	1h1	Sherbrooke	Feb 29
6.93	Randolph Fajardo	87	1s1	Windsor	Feb 23
6.93	Julian Reddy	88	1	Edmonton	Feb 09
6.93	Randolph Fajardo	87	1h3	Windsor	Feb 09
6.93	David Pedneault	86	2	Hanover	Jan 13
6.94&	Matt Middleton		4h1	Montreal	Mar 06
6.94	Owen Pollonais	89	2	Toronto	Mar 01
6.94	Kevin Ignacio	86	5s1	Toronto	Feb 16
6.94	Ian Warner	90	2h2	Toronto	Feb 16
6.94	Phillip Hayle	91	1h5	Toronto	Feb 16
6.94	Aaron Bowman	91	1s2	Toronto	Feb 16
6.94	Ian Warner	90	1h1	Toronto	Feb 03
6.94	Jared Lewis	83	1h3	Toronto	Jan 20
6.94	Adam Rosenke	84	5s1	Edmonton	Jan 18
6.94	Randolph Fajardo	87	2s3	Windsor	Jan 11
6.94	Justin Sinclair	78	2h1	Saskatoon	Jan 05

200m

21.15&	Seyi Smith	87	1s2	Birmingham UK	Feb 02
21.46&	Richard Adu-Bobie	85	4	Lexington	Feb 01
21.53	Moussa Sissoko	85	3	Boston	Feb 09
21.57&	Richard Adu-Bobie	85	3h9	New York	Feb 08
21.58	Justyn Warner	87	5	Colorado	Mar 01
21.59	Justyn Warner	87	2h1	Colorado	Mar 01
21.69&	Richard Adu-Bobie	85	10	New York	Feb 08
21.82	Nathan Vadeboncoeur	84	1	Winnipeg	Feb 28
21.84	Nathan Vadeboncoeur	84	1h2	Winnipeg	Feb 28
21.84	Charles Bazerd	89	4	Fayetteville	Feb 16
21.85	Adam Johnson	88	6	New York	Mar 15
21.86&	Seyi Smith	87	2	Manchester UK	Jan 13
21.87	Andrew Dargie	87	1h16	Fayetteville	Feb 16
21.88	Justyn Warner	87	10	Lexington	Feb 01
21.91	Andrew Dargie	87	4	Idaho	Jan 26
21.96	Adam Johnson	88	1	Toronto	Feb 16
21.99	Adam Johnson	88	2h14	New York	Mar 15
22.08	David Szczepaniak	88	h	Iowa	Feb 14
22.09	Joel Senick	89	5	Boston	Feb 23
22.11	Daniel Harper	89	2	Toronto	Feb 16
22.18	Andre Hamilton	90	1	Toronto	Mar 01
22.19	Daniel Harper	89	2	Toronto	Mar 01
22.32	Michael Robertson	89	23	Boston	Feb 09
22.34	Waynedale Bennett	90	3	Toronto	Mar 01
22.46	David Szczepaniak	88	4	Minneapolis, MN	Jan 26
22.47	Julian Reddy	88	1	Edmonton	Mar 02
22.48	Marlon Laidlaw-Allen	93	1	Toronto	Feb 16
22.48	Jarid Vaughan	85	7	Norman	Feb 01

Oversized Track (+100m)

21.10&	Gavin Smellie	86	1h5	Murfreesboro TN	Feb 23
21.77	Moussa Sissoko	85	1	Ottawa	Feb 23
21.88	Moussa Sissoko	85	1	Ottawa	Jan 12
21.91	Andrew Dargie	87	3s7	Nampa	Jan 26
22.01	Oluwasegun Makinde	91	2	Ottawa	Feb 23
22.11	Michael Robertson	89	2	Ottawa	Jan 12
22.19	Ramon Monsour	90	3	Ottawa	Feb 23
22.32	Oluwasegun Makinde	91	3	Ottawa	Jan 12
22.36	Oluwasegun Makinde	91	1h2	Ottawa	Feb 01
22.41	Ayoub Rachati	84	4	Ottawa	Jan 12

300m

32.53 pcir	Tyler Christopher	83	1	Winnipeg	Feb 02
33.92	Nathan Vadeboncoeur	84	2	Winnipeg	Feb 02
34.19	Sam Effah	88	3	Winnipeg	Feb 02
34.20	Michael Robertson	89	1h2	Montreal	Mar 07
34.23	Sam Effah	88	1	Montreal	Mar 07
34.27	Adam Seabrook	85	1	Penn State	Jan 12
34.35	Sam Effah	88	1	Saskatoon	Feb 22
34.46	Michael Robertson	89	2	Montreal	Mar 07
34.50	Trent Ratzlaff	86	3	Montreal	Mar 07
34.54	Trent Ratzlaff	86	1h3	Montreal	Mar 07
34.56	Sam Effah	88	1h1	Montreal	Mar 07
34.57	Quin Ferguson	88	2h1	Montreal	Mar 07
34.63	Shane Labelle	85	2h3	Montreal	Mar 07
34.64	Quin Ferguson	88	4	Montreal	Mar 07
34.64	Wesley Rehel	82		Montreal	Jan 25
34.67	Trent Ratzlaff	86	2	Saskatoon	Feb 22
34.71	Phillip Gornicki	88		Montreal	Jan 25
34.75	Shane Labelle	85	1	Montreal	Feb 16
34.76&	Randy McAuley	84			
34.76	Valery Komenan	86	2	Montreal	Feb 16
34.77	Wesley Rehel	82	3	Montreal	Feb 16
34.82	Trent Ratzlaff	86	1h3	Saskatoon	Feb 22
34.87	Shane Labelle	85	5	Montreal	Mar 07
34.88&	Randy McAuley	84	6	Montreal	Mar 07
34.91	Quin Ferguson	88	4	Winnipeg	Feb 02
34.91	Daniel Harper	89	1	Toronto	Feb 03
35.02	Shane Labelle	85	1	Montreal	Jan 25
35.06	David Szczepaniak	88	1h1	Saskatoon	Feb 22
35.11	Antoine Boussombo	68	2h1	Saskatoon	Feb 22

35.11	Olivier Paquet	89	5	Ottawa	Feb 02
35.12	Sam Effah	88	1h4	Saskatoon	Feb 22
35.14&	Randy McAuley	84	4	Montreal	Feb 16
35.15	Jamie Adjetej-Nelson	84	1	Windsor	Feb 09
35.17	David Szczepaniak	88	3h1	Montreal	Mar 07
35.17	Randolph Fajardo	87	2h2	Montreal	Mar 07
35.20	Quin Ferguson	88	3	Saskatoon	Feb 22
35.20	Antoine Boussombo	68	5	Winnipeg	Feb 02
35.23	Valery Komenan	86	3h2	Montreal	Mar 07
35.28	Hahfeez Sumani	88	6	Winnipeg	Feb 02
35.29	Michael Robertson	89	1	Windsor	Feb 23
35.30	Joshua Simair	87	2	Montreal	Jan 25
35.31	Shane Labelle	85	1	Sherbrooke	Jan 19
35.32	Luis Vega Penso	73		Montreal	Jan 25
35.32	Trent Ratzlaff	86	1	Calgary	Jan 12
35.35	Randolph Fajardo	87	2	Windsor	Feb 23
35.35	Quin Ferguson	88	2h3	Saskatoon	Feb 22
35.35	David Szczepaniak	88	7	Winnipeg	Feb 02
35.38	Eric Clark	84	2h4	Saskatoon	Feb 22
35.38	Joshua Simair	87	1h2	Saskatoon	Feb 22
35.38	Andre Hamilton	90	1h1	Toronto	Jan 12
35.39	Brian Cummings	86	3	Windsor	Feb 23
35.39	Jeremy Dick	78	8	Winnipeg	Feb 02
35.43	Antoine Boussombo	68	4h2	Montreal	Mar 07
35.43	Balarama Holness	83	4	Windsor	Feb 23
35.45	Hafeez Shanks	88	2	Calgary	Jan 12
35.47	Tyson Unruh	89	9	Winnipeg	Feb 02
35.48	Hahfeez Sumani	88	2h2	Saskatoon	Feb 22
35.50	Joshua Simair	87	10	Winnipeg	Feb 02
35.53&	Emera Ukuwoma	84		Montreal	Jan 25
35.61	David Szczepaniak	88	4	Saskatoon	Feb 22
35.63	Randolph Fajardo	87	2	Windsor	Feb 09
35.64	Luis Vega Penso	73	1h11	Windsor	Jan 11
35.65	Lincoln Weir	81	2	Toronto	Feb 03
35.65	Antoine Boussombo	68	1h7	Edmonton	Jan 13
35.66	David Sarfati	86	5	Montreal	Feb 16
35.68	Eric Clark	87	1	Edmonton	Jan 18
35.69	Nicholas Ritchie	86	11	Winnipeg	Feb 02
35.69	Kevin Ignacio	86		Montreal	Jan 25
35.69	Robert Gooch	85	1h9	Windsor	Jan 11
35.70	Antoine Boussombo	68	5	Saskatoon	Feb 22
35.78&	Randy McAuley		5	Windsor	Feb 23
35.79	Joshua Simair	87	6	Saskatoon	Feb 22
35.79	Joshua Simair	87	2	Edmonton	Jan 18
35.79	Eric Clark	84	1		Jan 12
35.81	Kyle Murray	80	3h1	Saskatoon	Feb 22
35.83&	Andrew Nordin	85	6	Windsor	Feb 23
35.83	Eric Clark	84	12	Winnipeg	Feb 02
35.84	Eric Clark	84	1h2	Saskatoon	Jan 05
Oversized Track (+100m)					
33.75	Moussa Sissoko	85	1	Ottawa	Feb 02
33.94	Michael Robertson	89	1	Ottawa	Jan 19
34.36	Moussa Sissoko	85	2	Ottawa	Jan 19
34.76	Brian Cummings	86	2	Ottawa	Feb 02
34.99	Oluwasegun Makinde	91	3	Ottawa	Jan 19
35.00	Balarama Holness	83	3	Ottawa	Feb 02
35.03	Valery Komenan	86	4	Ottawa	Feb 02
35.11	Olivier Paquet	89	5	Ottawa	Feb 02
35.30	Brendan Dills	88	1	Notre Dame IL	Jan 18
35.38	Ramon Monsour	90	6	Ottawa	Feb 02
35.47	Chris Reid	88	3	Notre Dame IL	Jan 18
400m					
45.67	Tyler Christopher	83	1	Valencia SPA	Mar 09
45.80	Tyler Christopher	83	1	Birmingham ENG	Feb 16
46.75	Tyler Christopher	83	3	Stockholm SWE	Feb 21
47.06	Tyler Christopher	83	1h3	Valencia SPA	Mar 07
47.49	Andrew Dargie	87	2h2	Fayetteville	Feb 15
47.97	Adam Johnson	88	4	New York	Mar 14
48.11&	Adam Seabrook	85	1	New York	Feb 15
48.30&	Cody Boyd	89	17	Boston	Mar 08
48.32	Joel Senick	89	7	Boston	Mar 08
48.35	Joel Senick	89	2	Boston	Feb 23
48.35	Joel Senick	89	6	Boston	Jan 26
48.38	Joel Senick	89	5	Boston	Feb 09
48.50	Michael Robertson	89	7	Boston	Feb 09
48.61	Adam Johnson	88	4h	New York	Mar 14
48.87	Shane Labelle	85	11	Boston	Feb 09
48.91	Quin Ferguson	88	33	Iowa	Feb 14
48.99&	Cody Boyd	89	2	New York	Feb 15
49.09	Adam Johnson	88	1	Toronto	Jan 20
49.11	Daniel Harper	89	1	Toronto	Mar 02
49.23	Tyson Untuh	89	7	Pacatello, ID	Feb 14
49.61	Brian Cummings	86	31	Boston	Feb 09
49.62	Andre Hamilton	90	1	Toronto	Feb 16
49.63	Richard West	90	2	Toronto	Mar 01
49.69	Daniel Harper	89	2	Toronto	Jan 20
49.71	Andre Hamilton	90	3	Toronto	Mar 01
49.71	Adam Johnson	88	2	Toronto	Feb 16
49.90	Richard West	90	3	Toronto	Feb 16
50.02	David Shanks	81	1	Edmonton	Mar 01
50.14	Tyson Untuh	89	1	Winnipeg	Feb 28
50.33	Wesley Rehel	82	1	Hanover	Jan 13
50.36	Tyson Untuh	89	1	Winnipeg	Feb 28
50.36	Karal Martin	86	2	Winnipeg	Feb 28
50.38	Iain McCormick	85	2	Winnipeg	Feb 28
50.47	Ackel Moseley	90	4	Toronto	Mar 01
50.58	Kyle Gill	90	5	Toronto	Mar 01

50.66	Daniel Harper	89	4	Toronto	Feb 16
50.76	Jeremy Dick	78	1	Winnipeg	Jan 16
50.85	Olivier Paquet	89	1	Hanover	Jan 12
50.86	Kevin Esau	86	83	Iowa	Feb 14
50.96	Jeffrey Homer	90	1	Edmonton	Mar 01
51.01	Michael Rose	89	6	Toronto	Mar 01
51.07	Lincoln Weir	81	5	Toronto	Feb 16
51.08	Moise N'Ken	82	3	Hanover	Jan 13
51.09&	Philip Perron-Roelandts		3	Hanover	Jan 12
51.12	Lincoln Weir	81	3	Toronto	Jan 20
51.14	David Szczepaniak	88	2	Winnipeg	Jan 16

Oversized Track (+100m)

46.95	Andrew Dargie	87	2h3	Seattle WA	Mar 08
46.98	Andrew Dargie	87	2s8	Seattle WA	Mar 01
47.27	Andrew Dargie	87	2	Seattle WA	Feb 01
48.36	Brian Cummings	86	1	Ottawa	Jan 12
50.50&	Andrew Boss	89	5	Seattle WA	Jan 19
50.66	Michael Prime	89	2	Ottawa	Jan 12
50.73	Moussa Sissoko	85	1	Ottawa	Feb 23
51.01	Andre Pelland	89	3	Ottawa	Jan 12

600m

1:18.61	Trent Ratzlaff	86	1	Montreal	Mar 08
1:18.80	Quin Ferguson	88	2	Montreal	Mar 08
1:18.93	Trent Ratzlaff	86	1h1	Montreal	Mar 06
1:18.94	Ryan Finn	87	3	Montreal	Mar 08
1:18.95	Trent Ratzlaff	86	1	Winnipeg	Feb 02
1:19.08&	Dustin Gamble	85	4	Montreal	Mar 08
1:19.08	Tommy Lecours	88	5	Montreal	Mar 08
1:19.11	Tommy Lecours	88	1h2	Montreal	Mar 06
1:19.22&	Dustin Gamble	85	2h1	Montreal	Mar 06
1:19.31	Tommy Lecours	88	1	Sherbrooke	Feb 23
1:19.43	Brian Cummings	86	6	Montreal	Mar 08
1:19.43	Geoff Harris	87		Montreal	Jan 25
1:19.53	Brian Cummings	86	3h1	Montreal	Mar 06
1:19.54&	Dustin Gamble	85	1	Montreal	Jan 25
1:19.61	Trent Ratzlaff	86	1	Saskatoon	Feb 23
1:19.76	Brian Cummings	86	2	Montreal	Jan 25
1:19.92	Geoff Harris	87	1	Halifax	Feb 16
1:19.94	Ryan Finn	87	4h1	Montreal	Mar 06
1:20.15	Brian Cummings	86	1	Windsor	Feb 23
1:20.20	Quin Ferguson	88	2h2	Montreal	Mar 06
1:20.26	David Shanks	81	1	Edmonton	Jan 18
1:20.27&	Dustin Gamble	85	2	Windsor	Feb 23
1:20.31&	Ueli Albert	80	2	Halifax	Feb 16
1:20.31&	Nick Stenuf		3	Montreal	Jan 25
1:20.32	Benjamin Gravel	87	2	Sherbrooke	Feb 23
1:20.32	Quin Ferguson	88	3	Minneapolis	Jan 26
1:20.36	Mike Saizew	87	3h2	Montreal	Mar 06
1:20.36	Adam Johnson	88		Montreal	Jan 25
1:20.43	Trent Ratzlaff	86	2	Edmonton	Jan 18
1:20.45	Andrew Heaney	88	1	Toronto	Jan 18
1:20.64	Sheldon Kilcullen	85	2	Winnipeg	Feb 02
1:20.72	Moise Junior Nken	82	1	Montreal	Feb 16
1:20.74	Mike Saizew	87	2	Saskatoon	Feb 23
1:20.81	Mike Saizew	87	3	Winnipeg	Feb 02
1:20.88	Darren Mazzei	88	4h2	Montreal	Mar 06
1:21.08	Michael Robertson	89	4	Montreal	Jan 25
1:21.15&	Ueli Albert	80	5h2	Montreal	Mar 06
1:21.40	Kevin Savard	84	3	Windsor	Feb 23
1:21.43	Michael Robertson	89	4	Windsor	Feb 23
1:21.43&	Dustin Gamble	85	1	Windsor	Jan 11
1:21.45	Chris Simain	85	3	Saskatoon	Feb 23
1:21.53&	Noah Fleming	87	5	Windsor	Feb 23
1:21.62	Iain McCormick	85	5	Montreal	Jan 25
1:21.66	Marc-Philippe Taillon	87	2	Montreal	Feb 16
1:21.73	Moise Junior Nken	82	6h2	Montreal	Mar 06
1:21.75	Moise Junior Nken	82	6	Montreal	Jan 25
1:21.87	Andrew Roberts	86	3	Montreal	Feb 16
1:21.96	Moise Junior Nken	82	1	Sherbrooke	Jan 19

Oversized Track (+100m)

1:19.64	Brian Cummings	86	1	Ottawa	Jan 19
1:21.95	Nick Vaartnou	88	5	Seattle WA	Jan 19

800m

1:48.04	Andrew Heaney	88	2	Fayetteville	Feb 16
1:48.89	Andrew Heaney	88	1	Boston	Jan 26
1:51.39	Olivier Collin	89	1	New York	Mar 16
1:51.98	Tommy Lecours	88	8	Boston	Feb 09
1:52.42&	Andrew Ellerton	83	5	Boston	Jan 26
1:52.93	Richard West	90	2	New York	Mar 16
1:53.58&	Saheed Khan	84	1h2	Dempsey WA	Mar 08
1:53.91	Benjamin Gravel	87	17	Boston	Feb 09
1:53.93&	Eric Ouellette	88	18	Boston	Feb 09
1:54.12	Colin Barnett	89	51	Iowa	Feb 14
1:54.21	Richard West	90	1	Toronto	Feb 17
1:54.56	Paul Carr	83	57	Iowa	Feb 14
1:54.67	Sheldon Kilcullen	85	60	Iowa	Feb 14
1:54.77	Darryl Thomas	90	2	Toronto	Feb 17
1:54.79	Thomas morrison	90	3	Toronto	Feb 17
1:55.08	Richard West	90	1	Toronto	Mar 02
1:55.12	Colin Barnett	89	2	Minneapolis MN	Jan 26
1:55.31	Marshall Gallaway	89	73	Iowa	Feb 14
1:55.39	Mathieu Raymond	87	36	Boston	Feb 09
1:55.52	Thomas morrison	90	2	Toronto	Mar 01
1:55.66	Darcy Wilson	90	3	Toronto	Mar 01
1:55.83	Patrice Leclercq	85	78	Iowa	Feb 14
1:56.02	Trent Sayers	91	4	Toronto	Mar 01

1:56.30 &	Eric Ouellette	88	2	Sault-Ste-Marie	Feb 02
Oversized Track (+100m)					
1:52.80	Tommy Lecours	88	1	Ottawa	Jan 12
1:53.75	Darren Mazzei	88	7	Seattle WA	Jan 19
1:55.36	Dominic Michaud	85	2	Ottawa	Jan 12
1:56.18	Kyle Milks	90	1	Ottawa	Feb 23
1:56.36	Kyle Milks	90	3	Ottawa	Jan 12
1:56.53	Aidan Kennedy	90	2	Ottawa	Feb 23
1:56.65	Matthew Volpi	86	4	Ottawa	Jan 12
1:57.08	Michael Nishiyama	89	5	Ottawa	Jan 12
1:57.25	Marc-Philippe Taillon	87	6	Ottawa	Jan 12
1:57.29	Seth Fraser	87	11	Seattle WA	Jan 19
1:57.48	David Burr	86	7	Ottawa	Jan 12
1:57.56	Dustin Eldridge	88	7	Notre Dame IL	Jan 18
1:57.62	Chad Fraser	87	12	Seattle WA	Jan 19

1000m

2:24.93	Tommy Lecours	88	1	Montreal	Mar 07
2:24.96	Adam Currie	84	3h1	New york	Feb 23
2:25.45	Braden Novakowski	86	2	Montreal	Mar 07
2:25.58&	Matthew Hulse	88	3	Montreal	Mar 07
2:25.63	Geoff Harris	87	1	Halifax	Feb 16
2:25.68	Adam Currie	84	5	New york	Feb 14
2:26.40	Matt Sinclair	87	1	Windsor	Feb 23
2:26.71	Geoff Martinson	86	1	Saskatoon	Feb 22
2:25.77 pcjr	Olivier Collin	89	2	Boston	Feb 09
2:25.84	Ryan Finn	87	4	Montreal	Mar 07
2:26.42	Stefan Ristic	88	5	Montreal	Mar 07
2:26.58&	Matthew Hulse	88	1	Montreal	Feb 16
2:26.70	Matt Sinclair	87	6	Montreal	Mar 07
2:26.71	Kevin Savard	84	7	Montreal	Mar 07
2:27.16	Ryan Finn	87	2	Montreal	Feb 16
2:27.32	Matt Sinclair	87	1	Windsor	Jan 11
2:27.38	Ryan Finn	87	2	Windsor	Feb 23
2:27.73&	Ueli Albert	80	2	Halifax	Feb 16
2:27.85	Benjamin Gravel	87	3	Montreal	Feb 16
2:28.06	Johannes Mallie	87	2	Saskatoon	Feb 22
2:28.13	Kevin Savard	84	2	Windsor	Jan 11
2:28.25	Stefan Ristic	88	1	Windsor	Feb 09
2:28.27	Braden Novakowski	86	4	Montreal	Feb 16
2:28.28	Angus Macaulay	84	3	Windsor	Feb 23
2:28.30&	Matthew Hulse	88	4	Windsor	Feb 23
2:28.52&	Nick Stenuf		1	Montreal	Jan 25
2:28.56	Braden Novakowski	86	5	Windsor	Feb 23
2:28.58	David Holm	86	2	Charleston IL	Jan 19
2:28.64	Mark Davidson	88	1	Lawrence KS	Jan 19
2:28.65	Colin Barnett	89	3	Saskatoon	Feb 22
2:28.78	Colin Barnett	89	1	Winnipeg	Feb 02
2:28.92	Ueli Albert	80	8	Montreal	Mar 07
2:28.94	Gino Lévesque	83	8	Boston	Feb 09
2:28.95	Scott Nicol	88	2	Winnipeg	Feb 02
2:28.98	Richard Lehman	85	4	Saskatoon	Feb 22
2:28.99&	Christopher Brens	86	5	Montreal	Feb 16
2:29.27&	Matthew Hulse	88	2	Montreal	Jan 25
2:29.43&	Michael Delmonte	86		Montreal	Jan 25
2:29.60&	Christopher Brens	86	6	Windsor	Feb 23
2:29.64&	Ueli Albert	80	3	Montreal	Jan 25
2:29.77	John Corbit	85	4	Montreal	Jan 25
2:29.80	Ryan Russell	88	3	Winnipeg	Feb 02
2:29.85	Olivier Bernard	89	14	Boston	Feb 09
2:29.87	Iain McCormick	85	4	Winnipeg	Feb 02
2:29.88	Chris Simair	85	5	Winnipeg	Feb 02
2:29.96	Braden Novakowski	86	5	Montreal	Jan 25
2:29.97	Nicol Scott	88	5	Saskatoon	Feb 22
2:29.98	Josh Roundell	86	7	Windsor	Feb 23
2:30.37	Angus Macaulay	84	3	Windsor	Jan 11
2:30.51	Josh Roundell	86	4	Windsor	Jan 11
2:30.60	Marshall Gallaway	89	6	Winnipeg	Feb 02
2:30.66&	Christopher Brens	86	2	Windsor	Feb 09
2:30.72	Adam Kellar	84	3	Windsor	Feb 09
2:30.75	Adam Kellar	84	8	Windsor	Feb 23
2:30.99&	Scott Emberley	87	9	Windsor	Feb 23

Oversized Track (+100m)

2:25.68	Matt Sinclair	87	1	Notre Dame IL	Jan 18
2:28.08&	Matt Hulse	88	1	Ottawa	Jan 19
2:28.14	Kevin Savard	84	2	Notre Dame IL	Jan 18
2:29.38	Stephen Douglas	86	1	Ottawa	Feb 02
2:29.44	Justin Hall	83	2	Ottawa	Feb 02
2:28.73	Braden Novakowski	86	2	Ottawa	Jan 19
2:30.43	Adam Kellar	84	5	Notre Dame IL	Jan 18
2:30.78	Reda Benazzouz	89	3	Ottawa	Jan 19

1500m

3:48.82&	Geoff Martinson	86	1	Montreal	Mar 08
3:50.34	Matthew Hulse	88	2	Montreal	Mar 08
3:51.16	Reid Coolsaet	79	1	Toronto	Jan 18
3:51.60	Ryan Finn	87	2	Toronto	Jan 18
3:51.76&	Johannes Mallie		3	Montreal	Mar 08
3:51.95	Taylor Milne	81	3	Toronto	Jan 18
3:52.48	James Poulin-Cadovius	85	1	Montreal	Jan 25
3:52.62	Andrew Coates	84	1	Windsor	Feb 09
3:52.69	Matt Sinclair	87	2	Windsor	Feb 09
3:52.70	James Poulin-Cadovius	85	4	Montreal	Mar 08
3:52.75	John Corbit	85	2	Montreal	Jan 25
3:52.76&	Stephen Debardi	78		Montreal	Jan 25
3:53.07	Ryan McKenzie	78	1	Windsor	Jan 11
3:53.12&	Kip Kangogo	79	1	Edmonton	Mar 01
3:53.30	Matthew Hulse	88	1	Windsor	Feb 22

3:53.32	Eric Gillis	80	4	Toronto	Jan 18
3:53.49	Scott Arnard	82	5	Toronto	Jan 18
3:53.88&	Braden Novakowski	86	3	Windsor	Feb 09
3:54.23	Andrew Coates	84	2	Windsor	Feb 22
3:54.39&	Braden Novakowski	86	3	Montreal	Jan 25
3:54.38&	Matthew Hulse	88	4	Windsor	Feb 09
3:54.41	Braden Novakowski	86	3	Windsor	Feb 22
3:54.98	Josh Roundell	86	6	Windsor	Feb 09
3:55.03	Jose Carvalho	82	8	Toronto	Jan 18
3:55.09	Peter Corrigan	89	5	Montreal	Mar 08

Mile / Mile

3:57.50&	Kevin Sullivan	74	2	Fayetteville	Feb 16
4:00.12	Kurt Benninger	85	1	New York	Feb 14
4:00.60	Matthew Lincoln	82	3	Pennsylvania	Jan 25
4:00.98	Ryan McKenzie	78	3	New York	Jan 19
4:01.05	Ryan McKenzie	78	1	Akron, OH	Feb 01
4:05.32 &	Mark Davidson		5	Arkansas	Jan 25
4:08.30	Matthew Sinclair	87	7	Akron, OH	Feb 01
4:09.07	Adam Currie	84	6	Indiana	Feb 08
4:09.80	Joshua Karanja	83	8	Akron, OH	Feb 01

Oversized Track (+100m)

4:07.09&	Saheed Khan	84	1h3	Seattle WA	Mar 07
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3000m

7:53.51	Reid Coolsaet	79	2	Boston	Jan 26
7:54.01&	Kevin Sullivan	74	7	Boston	Jan 26
7:57.66	Eric Gillis	80	5	Boston	Jan 26
8:03.61	Kurt Benninger	85	5	Fayetteville	Mar 15
8:05.61	Alex Genest	86	3	Fayetteville	Feb 16
8:05.94&	Mark Steeds	86	7	Indiana	Feb 09
8:06.40	Mark Davidson	88	5	Fayetteville	Feb 16
8:11.66	Taylor Milne	81	5	Boston	Feb 09
8:12.19&	Matthew Leeder	89	2	Fayetteville	Feb 16
8:13.20	Cleve Thorson	81	8	Boston	Feb 09
8:13.46	Mark Davidson	88	5	Fayetteville	Jan 11
8:14.04	Andrew Coates	84	3	Akron, OH	Feb 02
8:15.01	Kurt Benninger	85	7	New York	Feb 14
8:17.82	Deng Marial	83	6	Akron, OH	Feb 02
8:18.56	David Watson	87	7	Akron, OH	Feb 02
8:20.06	Andrew Coates	84	1	Montreal	Mar 07
8:20.57	James Poulin-Cadovius	85	14	Boston	Feb 09
8:21.30	James Poulin-Cadovius	85	2	Montreal	Mar 07
8:22.92&	Kip Kangogo	79	1	Edmonton	Mar 02
8:23.00&	Russell Christie	86	1	Halifax	Feb 02
8:23.08	Andrew Coates	84	1	Windsor	Feb 23
8:23.16&	David Weston	87	3	Montreal	Mar 07
8:23.17	Alex Genest	86	4	Montreal	Mar 07
8:23.79&	Kyle Dekker	87	2	Arkansas	Jan 25
8:25.26&	David Weston	87	2	Windsor	Feb 23
8:25.58	Alexsandr Kuternin	90	1	Toronto	Feb 17
8:25.84&	Andrew Aguanno	89	12	Akron, OH	Feb 02
8:26.33	Kristjan Hunter	84	18	Iowa	Feb 14
2:26.42	Deng Marial	83	3	Windsor	Feb 23
8:27.00	David Jackson	76	5	Montreal	Mar 07
8:27.34&	Etienne Bredin	86	4	Windsor	Feb 23
8:28.55&	Stephen Debaridi	78	25	Boston	Feb 09
8:28.96	Brian Walker	82	1	Winnipeg	Feb 02
8:28.99&	Etienne Bredin	86	6	Montreal	Mar 07
8:30.02&	Russell Christie	86	1	Montreal	Jan 25

Oversized Track (+100m)

7:53.86	Kurt Benninger	85	2	Notre Dame	Feb 09
8:04.95&	Jeff Scull	85	1	Seattle WA	Mar 08
8:05.15	Eric Kiauka	79	2	Seattle WA	Mar 08
8:13.17	Eric Kiauka	79	12	Seattle WA	Feb 02
8:14.40	David Jackson	76	13	Seattle WA	Feb 02
8:20.80	David Jackson	76	6	Seattle WA	Jan 19
8:25.56	Deng Marial	83	1	Notre Dame IL	Jan 18
8:26.42	Dylan Gant	86	10	Seattle WA	Jan 19
8:26.85&	David Weston	87	2	Notre Dame IL	Jan 18
8:30.28&	Andrew Aguanno	89	3	Notre Dame IL	Jan 18

5000m

14:09.59&	Jeff Scull	85	3	New York	Feb 23
14:29.62	Taylor Milne	81	7	Boston	Feb 09

Oversized Track (+100m)

14:27.07	Andrew Smith	79	1	Ottawa	Feb 02
14:15.08	Josh Karanja		6	Notre Dame IL	Mar 07
14:39.38	Matthew McInnes	74	2	Ottawa	Feb 02

3000m Race Walk/Marche

18:52.42	Billy Ménard	94	1	Sherbrooke	Feb 29
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5000m Race Walk/Marche

22:15.95	Pierre-Luc Ménard	86	1	Sherbrooke	Feb 29
23:24.98	Olivier Duguay-Boucher	88	2	Sherbrooke	Feb 29
23:40.59	Alexandre Gagné	88	3	Sherbrooke	Feb 29
25:26.69	Donald Côté	82	1	Toronto	Feb 16
25:36.03	Patrick King	46	2	Toronto	Feb 16
29:02.40	John Kittredge	44	3	Toronto	Feb 16

60mh

7.70	Charles Allen	77	4	Boston	Jan 26
7.74	Charles Allen	77	3	Fayetteville	Feb 16
7.95	Charles Allen	77	1	Toronto	Jan 05
7.96	Charles Allen	77	1h2	Ottawa	Jan 12
8.02	Mark Stewart	84	1	Windsor	Feb 23

8.07	Mark Stewart	84	1h1	Montreal	Mar 07
8.08	Jamie Ryder	87	1h8	Ames	Feb 15
8.08	Charles Allen	77	1h1	Toronto	Jan 05
8.09	Jamie Ryder	87	4s1	Ames	Feb 15
8.10	Mark Stewart	84	1	Montreal	Mar 07
8.11	Massimo Bertocchi	85	1h1	Toronto	Jan 18
8.13	Jamie Ryder	87	5	Lincoln NB	Jan 18
8.13	Mark Stewart	84	1	Windsor	Jan 11
8.14	Mark Stewart	84	1h1	Windsor	Feb 23
8.15	Mark Stewart	84	1s1	Windsor	Feb 23
8.15	Andrew Vandendool	81	1	Toronto	Feb 17
8.15	Mark Stewart	84	1h1	Montreal	Jan 25
8.15	Massimo Bertocchi	85	1	Toronto	Jan 18
8.16&	Cody Sorensen	86	2	Montreal	Mar 07
8.16	Christopher Theriault	87	2	Windsor	Feb 23
8.17	Mark Stewart	84	2h1	Toronto	Jan 18
8.19	Mark Stewart	84	2	Toronto	Jan 18
8.21	Christopher Theriault	87	1	Winnipeg	Feb 02
8.21	Andrew Vandendool	81	2	Windsor	Jan 11
8.22&	Cody Sorensen	86	2s1	Windsor	Feb 23
8.23	Christopher Theriault	87	1h2	Montreal	Mar 07
8.23	Mark Stewart	84	1h1	Windsor	Jan 11
8.24	Asa Ambrose	91	1h1	Toronto	Feb 16
8.25	Christopher Theriault	87	1h2	Windsor	Jan 11
8.25	Andrew Vandendool	81	1h3	Windsor	Jan 11
8.26	Valery Komenan	86	2h1	Montreal	Mar 07
8.26	Tyler Fawcett	88	3	Windsor	Feb 23
8.26	Andrew Vandendool	81	1h1	Toronto	Feb 17
8.26	Mark Stewart	84	1	Montreal	Jan 25
8.27	Valery Komenan	86	3	Montreal	Mar 07
8.28	Tyler Fawcett	88	4	Montreal	Mar 07
8.28	Christopher Theriault	87	4	Montreal	Mar 07
8.28&	Cody Sorensen	86	2h2	Montreal	Mar 07
8.28	Christopher Theriault	87	1h1	Windsor	Feb 09
8.30	Jamie Adjetej-Nelson	84	3	Ypsilanti MI	Feb 16
8.31	Jamie Adjetej-Nelson	84	2h3	Windsor	Jan 11
8.32	Tyler Fawcett	88	3h1	Montreal	Mar 07
8.32	Christopher Theriault	87	2	Montreal	Jan 25
8.35	Stuart Pearson	89	2h2	Toronto	Mar 01
8.35	Valery Komenan	86	2h1	Montreal	Jan 25
8.36	Tyler Fawcett	88	1h3	Windsor	Feb 23
8.37	Wesley Rehel	82	1h1	Montreal	Feb 16
8.37	Tyler Fawcett	88	1h2	Montreal	Feb 16
8.38	Christopher Theriault	87	1s2	Windsor	Feb 23
8.38	Kieran Moolchan	89	1	Saskatoon	Feb 22
8.38&	Cody Sorensen	86	1	Windsor	Feb 09
8.39&	Greg Boots	85	6	Montreal	Mar 07
8.39	Christopher Theriault	87	1h2	Montreal	Jan 25
8.39	Valery Komenan	86	1h1	Sherbrooke	Jan 19
8.40	Kieran Moolchan	89	3h2	Montreal	Mar 07
8.42&	Marcus Cunningham	86	1h1	Saskatoon	Feb 22
8.42	Tyler Fawcett	88	1	Montreal	Feb 16
8.44&	Cody Sorensen	86	2h2	Montreal	Jan 25
8.44	Valery Komenan	86	1	Sherbrooke	Feb 24
8.44	Valery Komenan	86	1	Sherbrooke	Jan 19
8.45&	Cody Sorensen	86	2h3	Windsor	Feb 23
8.45	Wesley Rehel	82	2	Montreal	Feb 16
8.46	Kieran Moolchan	89	2	Winnipeg	Feb 02
8.47&	Marcus Cunningham	86	1	Saskatoon	Feb 22
8.48	Kieran Moolchan	89	7	Montreal	Mar 07
8.48	Kieran Moolchan	89	1h1	Winnipeg	Feb 02
8.48	Tyler Fawcett	88	1	Ottawa	Feb 02
Junior (0.990m)					
8.07	Simon Léveill�	90	1	Sherbrooke	Jan 19
8.12	Leonae Nichol	90	1	Toronto	Mar 01
8.23	Leonae Nichol	90	1	Toronto	Feb 03
8.25	Simon L�veill�	90	1h1	Sherbrooke	Feb 29
8.27	Simon L�veill�	90	1	Sherbrooke	Feb 29
8.29	Stuart Pearson	89	2	Toronto	Mar 01
8.31	Andrew Graham	90	3	Toronto	Mar 01
8.33	Andrew Arndt	90	1h1	Saskatoon	Mar 15
8.34	Leonae Nichol	90	1h2	Toronto	Mar 01
8.35	Stuart Pearson	89	2h2	Toronto	Mar 01
8.35	Gabriel El Hanbli	90	1h1	Sherbrooke	Jan 19
8.36	Andrew Graham	90	1h1	Toronto	Mar 01
8.36	Gabriel El Hanbli	90	2	Sherbrooke	Jan 19
8.37	Leonae Nichol	90	1	Toronto	Jan 20
8.41	Evan Clark	90	1	Edmonton	Jan 18
8.43	Andrew Arndt	90	1	Saskatoon	Mar 15
8.43	Asa Ambrose	91	4	Toronto	Mar 01
8.44	Derek Drouin	90	3h2	Toronto	Mar 01
8.45	Derek Drouin	90	5	Toronto	Mar 01
8.45	Asa Ambrose	91	2h1	Toronto	Mar 01
8.46	Simon L�veill�	90	2h1	Sherbrooke	Jan 19
8.48	Austin Roth	90	6	Toronto	Mar 01
8.48	Stuart Pearson	89	1	Ottawa	Feb 23
8.48	Andrew Graham	90	2h2	Toronto	Jan 05
Youth (0.914m)					
8.14	Asa Ambrose	91	1	Toronto	Feb 16
8.20	Asa Ambrose	91	1	Toronto	Feb 03
8.24	Asa Ambrose	91	1h1	Toronto	Feb 16
8.32	Taylor Jones	91	1	Saskatoon	Mar 14
8.36	Asa Ambrose	91	1	Toronto	Jan 20
8.37	Simon-Gabriel Savard	91	2	Toronto	Feb 16
8.37	Simon-Gabriel Savard	91	2	Toronto	Feb 03
8.45	Daniel Chan	91	1h2	Toronto	Feb 16
8.45	Daniel Chan	91	3	Toronto	Feb 03
8.47	Taylor Jones	91	1h1	Saskatoon	Mar 14

8.47	Townsend Benard	91	2	London	Jan 12
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High Jump / Saut en hauteur

2.30	Michael Mason	86	1	Seattle WA	Jan 19
2.27	Michael Mason	86	8	Valencia SPA	Mar 07
2.22	Michael Mason	86	1	Seattle WA	Feb 16
2.20&	Jesse Lipscombe	80	1	Edmonton	Mar 01
2.19&	Mark Dillon	84	1	Indiana	Feb 08
2.18	Derek Watkins	83	1	Notre Dame IL	Mar 07
2.17	Derek Watkins	83	1	Ann Arbor	Feb 23
2.15	Jesse Lipscombe	80	1=	Sempsey WA	Mar 08
2.15&	Mark Boswell	77	7	Birmingham ENG	Feb 16
2.15	Derek Watkins	83	1	Toronto	Jan 18
2.14	Derek Watkins	83	2	Indiana	Feb 08
2.14&	Mark Dillon	84	1	Montreal	Jan 25
2.12&	Mark Dillon	84	5	Fayetteville	Feb 16
2.11&	Mark Dillon	84	1	Montreal	Mar 07
2.11&	Shawn Swatz	89	4=	Seattle WA	Jan 19
2.10&	Kman Boateng		1	Montreal	Feb 16
2.10&	Mark Dillon	84	2	Toronto	Jan 18
2.10	Alex Witmer	89	2	Montreal	Jan 25
2.08	Alex Witmer	89	2	Montreal	Mar 07
2.06&	Shawn Swatz	89		Seattle WA	Jan 19
2.06	Jharyl Bowry	80	2	Toronto	Jan 05
2.06	Alex Witmer	89	1	Toronto	Jan 05
2.05	Derek Watkins	81	1	Toronto	Feb 17
2.05	Jonathan Odumeru	84	3	Toronto	Jan 18
2.05	Alex Witmer	89	1	Windsor	Jan 11
2.02&	Cornell Haynes	86	3	Montreal	Mar 07
2.02	Branden Wilhelm	92	1	Toronto	Mar 01
2.02	Alex Witmer	89	1	Windsor	Feb 23

Pole Vault / Saut à la perche

5.43	Jason Wurster	84	5	Fayetteville	Feb 16
5.40	Jason Wurster	84	1	Montreal	Jan 25
5.35	Jason Wurster	84	1	Montreal	Mar 08
5.30	David Foley	84	2	Montreal	Mar 08
5.12	Jason Wurster	84	1	Windsor	Feb 23
5.10	David Foley	84	1	Boston	Feb 09
5.10	David Foley	84	2	Montreal	Jan 25
5.00&	Joshua Kirkpatrick	87	1	Ithaca, NY	Mar 01
5.00	David Foley	84	1	Sherbrooke	Feb 29
5.00	Kristian Wilson	76	1	Toronto	Feb 10
5.00	David Foley	84	1	Sherbrooke	Jan 19
4.97	Taylor Petrucha	87	1	Saskatoon	Feb 22
4.97	Kristian Wilson	76	1	Toronto	Feb 03
4.96	Taylor Petrucha	87	1	Saskatoon	Jan 05
4.90	Taylor Petrucha	87	3	Montreal	Mar 08
4.90	David Foley	84	1	Sherbrooke	Feb 23
4.90&	Todd Zubyc	75	2	Toronto	Feb 10
4.90	Taylor Petrucha	87	1	Saskatoon	Jan 25
4.90	Keith Esch	86	3	Montreal	Jan 25
4.90&	Doug Creighton	85	3	Montreal	Jan 25
4.89	Massimo Bertocchi	85	2	Toronto	Jan 19
4.85	Kristian Wilson	76	2	Toronto	Jan 05
4.85	Kristian Wilson	76	2	Windsor	Jan 11
4.84	Kristian Wilson	76	1	Toronto	Jan 27
4.83	Kristian Wilson	76	1	Toronto	Feb 17
4.80&	Doug Creighton	85	4	Montreal	Mar 08
4.80	Maxime Hawey	84	2	Sherbrooke	Feb 29
4.80	Taylor Petrucha	87	1	Edmonton	Jan 18
4.80	Deryk Theodore	89	1	Edmonton	Jan 13
4.79	Ben Haberl	98	1	Toronto	Feb 02
4.72&	Doug Creighton	85	2	Windsor	Feb 23
4.70&	Jeffrey Bianchi	86	5	Montreal	Mar 08
4.69&	Josh Dorion	84	3	Toronto	Feb 02
4.61	Taylor Petrucha	87	1		Jan 12
4.60	Eric Foley	84	6	Montreal	Mar 08
4.60&	Richard Vaughan		7	Montreal	Mar 08
4.60&	Scot Dressler	79	8	Montreal	Mar 08
4.60	Deryk Theodore	89	1	Edmonton	Mar 01
4.60	Eric Foley	84	3	Sherbrooke	Feb 29
4.60	Jeffrey Vukasovic	85	1	Windsor	Feb 09
4.60	Deryk Theodore	89	2	Edmonton	Jan 18
4.60&	James Johnson	81	2	Edmonton	Dec 01
4.59	Craig Slaunwhite	81	5	Toronto	Jan 19
4.57&	Richard Vaughan		3	Toronto	Feb 15
4.57	Eric Foley	84	3	Hanover	Jan 13

Long Jump / Saut en longueur

7.40	Clayton Latham	80	1	Sherbrooke	Feb 29
7.40	Jamie Adjtey-Nelson	84	1	Akron OH	Feb 02
7.38	Clayton Latham	80	1	Ypsilanti MI	Feb 16
7.37	Clayton Latham	80	4	South Bend IN	Mar 07
7.37	Jamie Adjtey-Nelson	84	2	Ypsilanti MI	Feb 16
7.33&	Osi Nriagu	81	3	Ypsilanti MI	Feb 16
7.29	Andrew Judge	85	1	Montreal	Mar 07
7.26	Christopher Greenaway	87	1	Hanover	Jan 13
7.24	Andrew Judge	85	1	London	Jan 18
7.22	Brian Richards	89	1	Toronto	Mar 01
7.22	Clayton Latham	80	1	Toronto	Jan 13
7.20	Andrew Judge	85	1	Windsor	Feb 23
7.20	Clayton Latham	80	1	Montreal	Feb 09
7.20	Clayton Latham	80	1	Toronto	Jan 20
7.19	Clayton Latham	80	1	Toronto	Feb 03
7.18	Nathan Labbe	88	2	Montreal	Mar 07
7.18	Wade Huber	85	1	Saskatoon	Feb 22

7.16&	Matthew Cordoza		3	Montreal	Mar 07
7.14	Ben Warnock	85	2	Windsor	Feb 23
7.13	Wade Huber	85	4	Montreal	Mar 07
7.13	Patrick Noah	78	1	Montreal	Feb 16
7.11&	Bryan Patten		5	Montreal	Mar 07
7.11	Guyson Kuruneri	85	5=	Montreal	Mar 07
7.11	Marcus Cunningham	86	5=	Montreal	Mar 07
7.10	Brian Richards	89	2	Toronto	Feb 03
7.09	Waynedale Bennett	90	3	Toronto	Feb 03
7.08	Brian Richards	89	3	Seattle WA	Mar 15
7.05	Christopher Greenaway	87	2	Montreal	Feb 09
7.05	Nathan Labbe	88	12	Iowa	Feb 14
7.05	Natan Labbe	88	2	Minneapolis MN	Jan 16
7.02	Jose-Alberto Rodas-Figueroa	81	2	Sherbrooke	Feb 29
7.02	Mark Scherle	84	1	Toronto	Feb 17
7.01	Wade Huber	85	1	Winnipeg	Feb 02
6.99	Nathan Labbe	88	2	Saskatoon	Feb 22
6.99&	Ben Warnock	85	1	Windsor	Feb 09
6.97	Guyson Kuruneri	85	3	Windsor	Feb 23
6.97	Nathan Labbe	88	2	Winnipeg	Feb 02
6.97	Marcus Cunningham	86	1	Edmonton	Jan 18
6.96	Anthony Dandie	88	8	Montreal	Mar 07
6.96	Andrew Judge	85	1	Windsor	Jan 11
6.94	Wade Huber	85	2	Edmonton	Jan 18
6.93	Anthony Dandie	88	4	Windsor	Feb 23
6.93	Guyson Kuruneri	85	2	Windsor	Jan 11
6.91	Marcus Cunningham	86	1	Saskatoon	Feb 22
6.90	Christopher Greenaway	87	3	Sherbrooke	Feb 29
6.89	Reid Gustavson	88	5	Washington	Jan 19
6.89	Marcus Cunningham	86	1	Edmonton	Jan 18
6.89	Damian Warner	89	1	Toronto	Jan 05
6.87	Jose-Alberto Rodas-Figueroa	81	3	Montreal	Feb 09
6.87	Quinton Gamble	86	3	Edmonton	Jan 18
6.86	Wade Huber	85	1	Saskatoon	Jan 05
6.85	Taylor Stewart	91	1	Toronto	Feb 17
6.85	Wade Huber	85	1		Jan 12
6.85	Jhary Bowry	90	2	Toronto	Jan 05

Triple Jump / Triple saut

15.34	David St-Bernard	86	1	Montreal	Mar 08
14.92&	Kurt McCormack	89	1	Fargo ND	Feb 16
14.70	David St-Bernard	86	1	Windsor	Feb 23
14.69	Shemon Tyson	88	4	Seattle WA	Mar 15
14.66	Andrew Judge	85	1	Windsor	Jan 11
14.62&	Pat Quilty		2	Montreal	Mar 08
14.62	Sean Jestadt	81	1	Winnipeg	Feb 02
14.60	Sean Jestadt	87	1		Jan 12
14.57	Andrew Judge	85	3	Montreal	Mar 08
14.55	Darl Edwards	84	4	Montreal	Mar 08
14.54	Andrew Judge	85	2	Windsor	Feb 23
14.53	Darl Edwards	84	2	Windsor	Jan 11
14.49	David St-Bernard	86	3	Windsor	Jan 11
14.47	David St-Bernard	86	1	Windsor	Feb 09
14.41	Darl Edwards	84	3	Windsor	Feb 23
14.31	David St-Bernard	86	1	Montreal	Jan 25
14.29&	Kevim Honig		5	Montreal	Mar 08
14.26	Shemon Tyson	88	1	Toronto	Feb 03
14.25	Magugu Beaudoin	91	1	Toronto	Mar 01
14.25&	Pat Quilty		4	Windsor	Feb 23
14.23	David St-Bernard	86	1	Toronto	Jan 05
14.19	Damian Warner	89	1	Toronto	Feb 16
14.17	Shemon Tyson	88	2	Toronto	Feb 16
14.14	David St-Bernard	86	2	Winnipeg	Feb 02
14.10	Shemon Tyson	88	2	Toronto	Jan 05
14.09	Ian Jestadt	86	1	Saskatoon	Feb 23
14.09	Ian Jestadt	86	3	Winnipeg	Feb 02

Shot Put / Poids

7.26Kg					
19.91	Dylan Armstrong	82	1	Winnipeg	Feb 02
19.85	Dylan Armstrong	82	1	Edmonton	Jan 18
19.56	Dylan Armstrong	82	15	Valencia SPA	Mar 07
19.09	Brad Millar	87	2	New York	Feb 23
18.03&	Kyle Helf	86	3	Fayetteville	Feb 16
18.02&	Kyle Helf	86	9	Fayetteville	Mar 14
16.92	Matthew Doherty	85	1	Montreal	Mar 08
16.75	Pat Szpak	86	2	Montreal	Mar 08
16.43	Gintas Degutis	70	1	Toronto	Feb 03
16.43	Matthew Doherty	85	1	Saskatoon	Jan 05
16.39	Matthew Doherty	85	1	Saskatoon	Feb 23
16.39	Matthew Doherty	85	2	Edmonton	Jan 18
16.38	Gintas Degutis	70	1	Toronto	Feb 16
16.34	Pat Szpak	86	1	Windsor	Feb 09
16.25	Pat Szpak	86	1	Windsor	Feb 22
16.24	Mike Miller	86	2	Windsor	Feb 22
16.11	Mike Miller	86	2	Windsor	Feb 09
16.08	Pat Szpak	86	1	Windsor	Jan 12
15.97	Mike Miller	86	3	Montreal	Mar 08
15.91	Pat Szpak	86	1	Montreal	Jan 25
15.72	Matthew Doherty	85	1	Edmonton	Jan 13
15.52	Nicholas Caramanico	84	2	Toronto	Feb 16
15.47	Matthew Doherty	85	1	Edmonton	Feb 10
15.40&	Benedikt Englert		3	Windsor	Feb 22
15.37	Nicholas Caramanico	84	1	Toronto	Feb 02
14.85&	Matt Morencie		4	Windsor	Feb 22
14.73	Cliff Caines	79	1	Winnipeg	Feb 28
14.70&	Benedikt Englert		4	Montreal	Mar 08
14.66	Andrew Smith	88	5	Montreal	Mar 08

14.65&	Matt Morencie		3	Windsor	Feb 09
14.56	Andrew Smith	88	2	Saskatoon	Feb 23
14.56	Timothy Nedow	90	24	Boston	Feb 09
14.54&	Dan McDonald		6	Montreal	Mar 08
14.54	Maxime Haran	89	1	Sherbrooke	Feb 23
14.54	Chris Pickering	89	1		Jan 12
14.52&	Matt Morencie		7	Montreal	Mar 08
14.51&	Jared Pignataro		5	Windsor	Feb 22
14.51	Timothy Nedow	90	1	Ottawa	Feb 02
14.49&	Benedikt Englert		4	Windsor	Feb 09
6Kg					
16.52	Umar Khan	89	1	Toronto	Mar 01
16.02	Daniel Novia	89	2	Toronto	Mar 01
15.47	Mathieu Marcoccia	90	1	Toronto	Jan 20
15.40	Timothy Nedow	90	3	Toronto	Mar 01
15.33	Umar Khan	89	2	Toronto	Jan 20
15.29	Mathieu Marcoccia	90	4	Toronto	Mar 01
14.82	Garret Ramey	89	1	Moncton	Mar 29
14.77	Zack ford	90	5	Toronto	Mar 01
5Kg					
16.71	Arlen Montrope	91	1	Toronto	Feb 17
15.57	Nolan Machiskinic	91	1	Saskatoon	Mar 15
15.43	Alexandre Gagné	91	1	Sherbrooke	Feb 29
15.04	Alexandre Gagné	91	1	Montreal	Feb 09
14.82	Alexandre Gagné	91	1	Sherbrooke	Jan 19
14.75	Nolan Machiskinic	91	1	Winnipeg	Feb 28
14.61	Stefan Palios	92	1	Toronto	Jan 20

Weight Throw / Marteau en salle

35lbs

21.40	James Parker	75	1	Edmonton	Jan 18
20.62	Sean Steacy	80	1	Montreal	Mar 07
20.50	Matthew Doherty	85	1	Saskatoon	Feb 22
19.42	Matthew Doherty	85	2	Montreal	Mar 07
19.36&	Sean Steacy	80	2	Saskatoon	Feb 22
19.29	Matthew Doherty	85	2	Washington	Feb 02
19.21	Matthew Doherty	85	1	Edmonton	Jan 13
19.19	Matthew Doherty	85	2	Edmonton	Jan 18
19.09	Brad Millar	87	2	New York	Feb 23
19.09	Matthew Doherty	85	1	Saskatoon	Jan 05
19.01	Jason Baines	78	1	Hanover	Jan 13
18.97	Brian Richoutte	87	3	Edmonton	Jan 18
18.51	Jason Baines	78	1	Ottawa	Jan 19
18.46	Brad Millar	87	3	Bloomington IN	Feb 01
18.29	Owen Willems	84	1	Montreal	Jan 25
18.23	Matthew Doherty	85	1	Edmonton	Feb 10
18.05	Ian Maplethorpe	66	1	Edmonton	Mar 01
17.92	Ian Maplethorpe	66	2	Edmonton	Feb 10
17.82	Sean Steacy	86	5	Edmonton	Jan 18
17.78	Owen Willems	84	1	Windsor	Feb 23
17.65	Owen Willems	84	3	Montreal	Mar 07
17.65	Ian Maplethorpe	66	6	Edmonton	Jan 18
25lbs					
20.66	Maxime Haran	89	1	Sherbrooke	Feb 23
20.62	Maxime Haran	89	1	Montreal	Feb 16
20.39	Maxime Haran	89	1	Sherbrooke	Jan 18
19.73	Maxime Haran	89	1	Sherbrooke	Feb 29
19.40	Maxime Haran	89	1	Montreal	Feb 09
18.96	Danniel Novia	89	1	Toronto	Mar 02
18.26	Suyi Georgewill	90	2	Toronto	Mar 02
18.03	Suyi Georgewill	90	1	Toronto	Feb 03
17.82	Wiley Collins	91	1	Toronto	Jan 20
20lbs					
18.59	Ryan Tarnava	91	4	Edmonton	Jan 18
18.43	Ryan Tarnava	91	1	Edmonton	Mar 01

Pentathlon

4069&	Lyndon McDowell	77	1	Mankato MI	Feb 02
(8.31, 7.09, 14.87, 2.03, 2:54.80)					
3709	Mark Chenery	88	1	Saskatoon	Feb 22
(8.56, 6.80, 12.12, 1.98, 2:56.74)					
3630	Yassime El Fouladi	84	1	Montreal	Mar 06
(8.90, 6.81, 12.12, 1.80, 2:41.91)					
3587	Simon Léveill�	90	1	Sherbrooke	Feb 24
3570	Marc Baron	86	2	Saskatoon	Feb 22
(8.58, 6.72, 12.40, 1.80, 2:54.09)					
3528	Chris Crossley	87	2	Montreal	Mar 06
(8.90, 6.44, 12.36, 1.92, 2:54.75)					
3520	Chris Crossley	87	1	Edmonton	Jan 18
3519	Marc Baron	86	2	Edmonton	Jan 18
3504	Yassime El Fouladi	84	1	Sherbrooke	Feb 23
3479	Yassime El Fouladi	84	1	Montreal	Jan 25

Heptathlon

5721&	Lyndonn McDowell	77	2	Ames IA	Feb 16
(7.29, 6.98, 14.69, 2.08, 8.33, 4.65, 2:48.90)					
5442	Jamie Adjetej-Nelson	84	2	Akron OH	Feb 02
(7.07, 8.34, 13.91, 1.95, 7.40, 3.80, 2:53.19)					