

Canadian National Cross Country Championships From 1949 to 2009

Top 3 Senior Men and Senior Women

(Corrections, updates gratefully received / Les corrections sont toujours bienvenues)

Andrew Cameron (results@athletis.ca)

2009 (November 28, Guelph, ON)

Men: 10Km: 1 Simon Bairu SK 28:49.8, 2 Eric Gillis ON 30:00.5, 3 Matthew Brunsting ON 30:11.4

Women: 7Km: 1 Kendra Schaaf SK 23:21.0, 2 Megan Brown ON 23:38.0, 3 Megan Metcalfe AB 24:02.3

2008 (November 29, Guelph, ON)

Men: 10Km: 1 Simon Bairu SK 30:49.9, 2 Robyn Watson ON 30:49.9, 3 Dylan Wykes ON 31:17.6

Women: 7Km: 1 Stephanie Hood ON 25:19.9, 2 Tarah McKay ON 25:22.9, 3 Chantell Widney AB 25:26.4

2007 (December 01, Guelph, ON)

Men: 10000m: 1 Reid Coolsaet ON 29:55.7, 2 Eric Gillis ON 29:56.2, 3 Dylan Wykes ON 30:12.7

Women: 7000m: 1 Carmen Douma Hussar ON 23:46.8, 2 Megan Metcalfe AB 23:55.1, 3 Alexandra Becker ON 23:58.1

2006 (December 02 Vancouver BC)

Men 10000m: 1 Simon Bairu SK 31:37.7, 2 Reid Coolsaet ON 31:52.0, 3 Jerry Ziak BC 31:55.6

Women 6000m: 1 Malindi Elmore BC 20:54.0, 2 Megan Brown ON 21:18.6, 3 Elizabeth Wightman ON 21:48.9

2005 (December 03 Vancouver BC)

Men 10000m: 1 Simon Bairu SK 30:04 2 Paul Morrison QU 30:06. 3 Kurt Benninger ON 30:29.

Women: 6000m 1. Carmen Douma-Hussar ON 20:13 2. Tara Quinn Smith ON 20:25 3 Malindi Elmore BC 20:34.

2004 (December 04 Toronto ON)

Men 10000m: 1.Simon Bairu SK 29:50 2 Paul Morrison QU 29:57. 3 Reid Coolsaet ON 30:06.

Women: 6000m: 1. Rebecca Stallwood ON 20:35. 2 Malindi Elmore BC 20:44 3. Leah Pells BC 20:52

2003 (November 29 Toronto ON)

Men 10000m: 1 Simon Bairu SK 31:24 2 Reid Coolsaet ON 31:36 3 Eric Gillis NS 31:40

Women 6000m: 1 Emilie Mondor PQ 20:02 2 Malindi Elmore BC 20:29 3 Tina Connelly BC 20:50.

2002 (November 30 Moncton NB)

Men 12000m: 1 Simon Bairu SK 36:25.93 2. Bruno Mazzotta BC 36:26.38 3 Joseph Nsengiyumva ON 36:27.34

Women 6000m: 1 Emilie Mondor PQ 19:16.61 2. Carmen Douma-Hussar ON 19:51.66 3.Sarah Dupre-Healy ON 19:55.61.

2001 (December 1 Moncton NB)

Men 12000m: 1. Jean-Paul Niyonsaba ON 38:51.21 2. Sean Kaley ON 38:56.46 3. Joel Bourgeois NB 39:32.02

Women 8000m: 1. Sarah Dupre ON 29:43.07 2. Emilie Mondor PQ 29:48.16 3. Lucy Smith BC 29:52.52.

2000 (November 25 Etobicoke ON)

Men 12000m: 1. Mark Bomba BC 37:38 2. Peter Cardle BC 37:46 3. Steve Boyd ON 37:52

Women 8000m: 1. Courtney Babcock BC 27:36 2. Sarah Dupre ON 27:41 3. Lisa Harvey AB 27:56.4.

1999 (November 27 Etobicoke ON)

Men 12000m: 1. Kevin Sullivan ON 38:10.7 2. Jeremy Deere AB 38:21.4 3. Steve Bohan ON 38:34.4

Women 8000m: 1. Tina Connelly BC 27:39.6 2. Sarah Dillabaugh ON 27:53.5 3. Nathalie Cote ON 28:26.5.

1998 (November 28 Vancouver BC)

Men 12000m: 1. Jeff Schiebler BC 35:58 2. Sean Kaley ON 36:32 3. Christian Weber ON 37:05

Women 6000m: 1. Tina Connelly BC 20:01 2. Lucy Smith BC 20:11 3. Sarah Howell BC 20:25.

1997 (November 29 Vancouver BC)

Men 12000m: 1. Christian Weber MB 39:57 2. Guy Schultz ON 40:09 3. James Finlayson BC 40:09

Women 6000m: 1. Lucy Smith BC 22:17 2. Lori Durward BC 22:31 3. Tina Connelly BC 22:40.

1996 (November 23 Montreal PQ)

Men 12000m: 1. Jason Bunston ON 37:23 2. F. Bertram PQ 38:25 3. G. Hood ON 38:27

Women 6000m: 1. K. Butler ON 20:59 2. T. Connelly BC 21:07 3. S. Howell BC 21:1.

1995 (November 25 Montreal PQ)

Men: 1. J. Bunston ON 37:34 2. J. Schiebler BC 37:55 3. F. Bertram PQ 38:04

Women: 1. K. Butler ON 20:59 2. L. Smith BC 21:03 3. L. Alexeeff ON 21:28.

1994 (November 26 Etobicoke ON)

Men: 1. Jeff Schiebler BC 36:24 2. Graeme. Fell BC 36:25 3. Dave Reid ON 36:27

Women: 1. Leah Pells BC 20:45 2. Paula Schnurr ON 20:51 3. Kathy Butler ON 20:52.

1993 (November 27 Vancouver BC)

Men: 1. Joseph Kibur BC 37:30 2. P. McCloy NF 37:34 3. D. Cronkite ON 37:46

Women: 1. P. Schnurr ON 21:03 2. L. Pells BC 21:12 3. L. Harvey AB 21:24.

1992 (November 21 Etobicoke ON)

Men 12000m: 1. Richard Charette ON 40:30 2. Paul McCloy NF 40:34 3. Steve Boyd ON 40:35

Women 6000m: 1. Lucy Smith BC 22:43 2. Leah Harvey AB 23:11 3. Sarah Howell BC 23:21.

1991 (November 24 Halifax NS)

Men 12000m: 1. Richard Charette ON 39:39 2. Paul Williams BC 39:49 3. Doug Cronkite ON 40:02

Women 6000m: 1. Lucy Smith BC 22:16 2. Angela Chalmers BC 22:20 3. Lisa Harvey AB 22:27

1990 (November 18 Halifax NS)

Men 12000m: 1. P. McCloy NF 39:33 2. P. Williams BC 39:34 3. G. Fell BC 39:48

Women: A. De Gooyer MAAC 18:15 2. L. Harvey BC 18:18 3. L. Pells AB 18:24.

1989 (November 18 Halifax NS)

Men 12000m: 1. John Halvorsen ON 37:31 2. Carey Nelson BC 38:07 3. Pual McCloy NF 38:45

Women 6000m: 1. Lucy Smith NS 2. Lisa Harvey AB 3. Leah Pells BC

1988 (October 29 Vancouver BC)

Men 12000m: 1. J. Halvorsen 36:10 2. G. Fell 36:50 3. J. Lagarde 36:50

Women 5000m: 1. L. Smith 16:47 2. D. Bowker 16:54 3. J. Purola 16:58.

1987 (November 28 Halifax NS)

Men: 1. P. McCloy ATL 38:47 2. M. Olesen ON 38:48 3. J. Halvorsen ON 38:53

Women: 1. Brenda Shackleton BC 17:34 2. P. Blanchard ATL 17:56 3. C. Rouillard PQ 18:05.

1986 (November 22 Halifax NS)

Men: 1. P. McCloy ATL 36:42.00 2. J. Halvorsen ON 37:06.00 3. N. Tinkham ATL 37:10.00

Women: 1. N. Rooks ON 16:32.00 2. B. Shackleton PAC 16:32.00 3. A. Wiley ON 16:44.00.

1985 (November 16 St. John's NF)

Men: 1. P. McCloy ATL 41:25 2. B. Rice ON 41:27 3. C. Cote PQ 41:44

Women: 1. E. Evanoff PRS 20:10 2. B. LeFrank ATL 20:14 3. M. Ross BC 20:16.

1984 (November 17 Fredericton NB)

Men 12000m: 1. P. McCloy NF 35:51 2. B. Rice ON 36:30 3. S. Boyd ON 36:29

Women 5000m: 1. C. Rouillard PQ 16:40 2. J. Purola ON 16:42 3. N. Rooks ON 16:45.

1983 (November 12 Sudbury ON)

Men: 1. P. McCloy ATL 37:25 2. R. Paulins ON 37:58 3. R. Lonergan BC 38:11

Women: 1. W. Van Mierlo ON 18:28 2. N. Rooms ON 18:50 3. N. Rettie PRA 19:23.

1982 (November 13 Sherbrooke PQ)

Men 12000m: 1. I. Iwancin ON 39:16.4 2. P. McCloy NF 39:16.8 3. M. Olesen ON 40:06.9

Women 5000m: 1. N. Rooks ON 18:33.0 2. S. Kanuka BC 18:14.3 3. Crowley BC 18:58.

1981 (November 14 Vancouver BC)

Men 12075m: 1. Peter Butler AB 36:29.8 2. Greg Duhaime ON 37:19.0 3. Dan Gruber USA 37:20.8

Women 4820m: 1. Tracy Kelly SK 16:32.1 2. Patty Blanchar NB 16:35.5 3. Nancy Rettie MB 16:46.3.

1980 (November 29 Halifax NS)

Men: 1. Vern Iwancin Moosejaw 38:26 2. Paul Craig ON 38:29 3. Dennis Stark ON 38:32

Women: 1. Silvia Ruegger ON 18:05 2. Debbie Scott BC 18:12 3. Alison Wiley ON 18:16.

1979

Men 12000m: 1. Greg Myers USA 37:33 2. Danny Dillon USA 37:40 3. Peter Butler Prairies 37:54

Women 5000m: 1. Veronica Poryckyj ON 17:51 2. Nancy Rooks ON 18:17 3. Roberta Angeloni ON 18:19.

1978 (November 18 Vancouver BC)

Men 12000m: 1. Peter Butler Prairies 36:35 2. Graham MacDonald BC 38:32 3. Steve Pomeroy BC

38:38 **Women 5000m:** 1. Nancy Rooks ON 17:16 2. Debbie Scott BC 17:34 3. Sylvia Ruegger ON 17:46.

1977 (November 12 Hull QU)

Men 12000m: 1. Chris McCubbins MB/SK/AB Team 38:27 2. Paul Williams ON 38:29 3. Paul Craig ON 38:37

Women 5000m: 1. Magda Kubasiewicz Kinsmen Harriers 21:39 2. Sara Neil BC 22:52 3. Nancy Rooks ON 23:02.

1976 (November 20 Halifax NS)

Men 12000m: 1. Dave Slater GB 37:15 2. Louis Groake Pra 38:05 3. John Sharpe ON 38:10

Women 5000m: 1. Donna Valaitis ON 16:28 2. Sally Beach ON 17:14 3. Kathy Prosser ON 17:14.

1975 (November 15 Vancouver BC)

Men 12000m: 1. Chris McCubbin MB 37:28.4 2. Grant McLaren ON 37:42.4 3. Tom Howard BC 37:50.8

Women 5000m: 1. Thelma Wright BC 17:06.4. 2. Maureen Crowley BC 17:31 3. Doris Heritage USA 17:44.0

1974 (November 16 St. Catharines ON)

Men 12000m: 1. Neil Cusack Eire 33:23.2 2. Tony Simmons GB 33:42.4 3. Paul Baldwin USA 34:09.6

Women 4000m: 1. Thelma Wright BC 12:47.2 2. Maureen Crowley BC 12:58.6 3. Abby Hoffman ON 13:03.8.

1973 (November 17 Victoria BC)

Men 12000m: 1. Grant McLaren ON 39:29.8. 2. Dan Shaughnessy ON 40:02.8 3. Knut Kvalheim USA 40:05.8

Women 4000m 1. Thelma Wright BC 14:34.8 2. Claire Morgan ON 14:55.5. 3. Abby Hoffman ON 15:08.0

1972 (November 18 Mississauga ON)

Men 12000m: 1. Grant McLaren ON 40.01 2. Ken French BC 40.36 3. Dan Shaughnessy ON 40.37

Women 4000m: 1. Glenda Reiser ON 15.07 2. Claire Morgan BC 15.27 3. Abby Hoffman ON 15.41.

1971 (November 21 Halifax NS)

Men 12000m: 1. Richard Munro NS 38:26.4 2. Dave Ellis ON 39:08.0 3. Dave Northey ON 39:14.0

Women 4000m: 1. Glenda Reiser Central ON 14:18 2. Thelma Fynn (now Wright) BC 14:21 3. Maureen Crowley BC 15:00.

1970 (November 4 Edmonton AB)

Men 12000m: 1. Bob Finlay Central ON 42.49 2. Bob Kochan SK 43.22 3. John Finlay ON 44.26

Women 4000m: 1. Shauna Miller AB 17.59 2. Pauline Molesky AB 18.11 3. Nancy Main BC 18.16.

1969 (November 15 Vancouver BC)

Men 12000m: 1. Jerome Drayton COTFA 37.46.8 2. Nigel Evans PQ 38:11.6 3. Dave Atkinson AB

38:14.4 **Women:** 1. Doris Brown USA 14.28.6 2. Vicki Foltz USA 14.45.2 3. Doreen Martens BC 15.01.6.

1968 (November 02 Montreal QU)

Men 6 miles: 1. Ray Varey Spartan 31:37 2. Ray Haswell ALB 31:43. 3. Dave Wighton BC 31:45.

Women: 2 miles: 1. Thelma Fynn BC 11:33. 2. Sheila Meharg Toronto 11:44. 3. Grace Houlden MB. 11:45.

1967 (November 04 Calgary AB)

Men 6 miles: 1. Bob Fahy Toronto. 31:32. 2. Jim Freeman BC 31:52. 3. Doug Kyle AB. 32:01.

Women: 1 mile: 1. Vicki Voltz(USA). (No Time). 2. Thelma Fynn BC 8:18 3. Cheryl Cowan MB(No Time).

1966 (November 05 Port Arthur ON)

Men 6 Miles: 1. Dave Ellis Toronto. 28:38.8 2. Dave Wighton BC 32:03. 3. Ray Haswell AB. 32:07.

Women 1_ mile. 1. Brenda Mah Toronto. 9:34. 2. Linda James MB. 9:34. 3. Pat Mills BC 9:42.

1965 (November 27 Vancouver BC)

Men 6 miles: 1. John Cliff Spartan 32.46 2. Bill Mortenson USA 32.52 3. Morris Aarbo AB 32.56

Women 1 1/2 miles: 1. Roberta Picco ON 7.43 2. Denise Brown USA 8.06 3. Eva van Vouw ON 8.18.

1964 (November 21 Winnipeg MB)

Men: 1. Bob Finlay ON Douglas Kyle AB 31:42 2. Bob Finlay ON 32.14 3. Hylke van der Wal ON 32.23

Women 1 1/2 miles: 1. Abby Hoffman ON 9.20 2. Joan McLean ON 9.38 3. Serena Doucette ON 9.57.

1963 (Hamilton ON)

Men: 6 miles: 1. Bruce Kidd ON 31.13 2. Dave Ellis ON 31.47 3. Jim Irons ON 31.51

Women 1 1/2 miles: 1. Abbie Hoffman ON 7.49 2. Joan Barnicott ON 7.57 3. Cyrena Doucette CTC 8.36.

1962 (October 27 Hamilton ON)

Men: 6 miles: 1. Dave Ellis ON 32:43 2. Randy Matson ON 32:59. 3. Chris Williamson NB 33:12

Women: Non Chps over 1 mile.1.Joan Barnicott ON 7.27. 2 Cecilia Carter ON 8.39. 3 Maureen Fleming ON 8:54.

1961 (December 03 Vancouver BC)

Men: 6.5 miles: 1. Doug Kyle AB 32:21.6 2. Dick Douglas BC 33:01. 3. Paul Hendon BC 33:13

1960 (November 20 Hamilton ON)

Men: 6 miles: 1. Bruce Kidd ON 35:25 2. 35:31 John Vamplew ON 3. Dick Carmichael ON

1959 (October 24 Hamilton ON)

Men: 6 miles: 1. Gordon Dickson ON 29:57 2. Dick Carmichael ON 30:36 3. Peter Adams PQ 30:42.

1958 (November 02 Hamilton ON)

Men: 6 miles: 1. Gord Dickson ON 28:47. 2. Ron Wallingford ON 29:49 3. Dick Carmichael ON 29:59.

1957

1956

1955 (October 16 Hamilton ON)

Men: 6 miles: 1. Dick Carmichael ON 30:01. 2. John Vamplew ON ?? 3. Al Bassman ON ??

1954 (Hamilton ON)

Men: 1. Henry Kennedy 2. Selwyn Jones 3. John Vamplew ON ??

1953 (??????????)

Men: ?? 1. Henry Kennedy 30:19 2.

1950 (November 11 Vancouver BC)

Men: 6.25 miles : 1. Bob Piercy BC 34:25.2 2. Jack Lowther BC 35:05.2 3. John Chappell BC ???

1958

1957 (November 1 Hamilton (ON))

Men: 6 miles: 1. Gordon Dickson ON 28.47 2. _____ 3. Dick Carmichael 28.47.

1956

Men: 6 miles: 1. Gordon Dickson ON 29:44.

1955 (Hamilton)

Men:

1954 (October 23 ???)

Men: 6 miles: 1. Henry Kennedy USA 2.?? 3. J. Venplew

1953 (October 17 Hamilton ON)

Men: 6 miles: 1. Henry Kennedy USA 2. ??, 3. J Venplew

1952 (November ?? Hamilton ON)

Men: 6 miles

1951 (October 20 Hamilton ON)

Men: 6 miles

1950 (Vancouver BC)

Men: 6 miles

1949 (Hamilton)

Men: 6 Miles