



**2009 CANADIAN OUTDOOR JUNIOR WOMEN RECORDS
As of December 31, 2009**

Event Événement	PERF	Wind Vent	Name Nom	Venue Endroit	Date
100m	11.21	0.0	Angela Bailey	Cd. Bolivar VEN	15 Aug 81
200m	22.86	0.0	Angela Bailey	Cd. Bolivar VEN	14 Agu 81
400m	51.85		Jillian Richardson	Walnut CA	25 Jul 84
800m	2:03.17		Glenda Reiser	Moscow RUS	19 Aug 73
1000m	2:41.4		Glenda Reiser	Montreal QC	04 Jul 73
1500m	4:06.71		Glenda Reiser	Munich GER	04 Sep 72
Mile	4:35.13		Glenda Reiser	London ENG	15 Sep 73
3000m	9:12.39		Brenda Shackleton	Saint John NB	16 Aug 85
5000m	15:52.08		Danette Doetzel	Victoria BC	10 Jun 05
10000m	33:46.1		Lisa Harvey	Walnut CA	22 Apr 89
3000mRW	13:32.40		Lora Rigutto	North York ON	21 Jun 87
5000mRW	23:34.1		Tina Poitras	Prescott ON	27 Aug 89
10kmRW(Track)	49:15		Lora Rigutto	Prescott ON	24 Oct 87
10kmRW(Road)	47:37		Rachel Lavalle	Lima PER	08 May 05
100mH	13.32	1.6	Karen Nelson	Brisbane AUS	7 Oct 82
400mH	56.55		Donalda Duprey	Edinburgh SCO	28 Jul 86
2000msc	6:36.05		Danelle Woods	Abbotsford, BC	29 Jul 07
3000msc	10:13.98		Danelle Woods	Sao Paulo BRA	07 Jul 07
4x100m	44.88		Katie Anderson, Althea Thomas, Colleen Taffe, France Garbeau	Burnaby BC	26 Jul 85
4x200m	1:38.53		Krissy Liphardt, Shelly-Ann Brown, Leia Ince-Mercer, Jennifer Mayhue	North York ON	22 Jun 97

4x400m	3:36.41		Caroline Fortin, S.Steingruber, Karen Layne, Cheryl Allen	Sudbury USA	31 Jul 88
4x800m	9:06.83		Heidi Loewen, Krestena Sullivan, Kathy Butler, Caroline Kerr	Toronto ON	12 Jul 92
HJ	1.92		Wanita Dykstra	Toronto ON	6 Aug 93
PV	4.20		Gabriella Duclos	Tempe USA	28 Apr 07
LJ	6.50	1.6	Karen Nelson	Celje YUG	04 Jul 82
TJ	13.43*	1.0	Tabia Charles	Austin TX	03 Apr 04
	13.04*	0.2	Tabia Charles	Toronto ON	15 Jun 03
	12.95	0.9	Tabia Charles	London ON	30 Jun 01
SP	16.39		Julie Labonté	Charlottetown PEI	18 Jul 09
DT	52.52		Michelle Brotherton	Scarborough ON	29 May 86
HT	58.84		Jennifer Joyce	Tempe AZ	22 May 99
JT	52.36		Elizabeth Gleadle	Walnut USA	13 Apr 07
Heptathlon	5688		Jessica Zelinka	Santiago CHI	20-21 Oct 00
(100m:14.02(-0.9)/ HJ:1.77(-0.2)/ SP:11.57/ 200m:24.73 (0.1)/ (3462) LJ:5.58/ JT:37.40/ 800m:2:21.34)					

* Subject to Application