



2009 CANADIAN JUNIOR CHAMPIONSHIPS - WOMEN RECORDS
As of December 31, 2009

Event Événement	PERF	Wind Vent	Name Nom	Venue Endroit	Date
100m	11.58	1.4	Jenni Hucul	Saskatoon	2003
200m	23.60	0.0	Atia Weekes	Abbotsford	1997
400m	53.60		Jillian Richardson	Winnipeg	1982
800m	2:06.59		Elise Braithwaite	Edmonton	1984
1500m	4:20.50		Kendra Schaaf	Charlottetown	18 Jul 2009
3000m	9:14.62		Kendra Schaaf	Charlottetown	19 Jul 2009
5000m	17:07.36		Margaret Butler	Abbotsford	1997
10,000m	35:13.97		Lisa Harvey	Sudbury	1988
5kmRW (Now 10km)	24:17.99		Marina Crivello	Abbotsford	1997
10kmRW	49:49.16		Megan Huzzey	Saskatoon	2004
100mH	13.57 13.46	-0.9 4.6	Frances Keating Sonia Paquette*	Saskatoon Winnipeg	2004 1992
400mH	57.66		Erica Peterson	Winnipeg	1992
2000msc	6:36.05		Danelle Woods	Abbotsford	2007
3000msc	10:43.27		Jessica Furlan	Ottawa	2006
4x100m	47.79		Laurel Creek T&F Jellisa Westney Tia Semplonius Olivia Charnuski Chisomo Mchaina	Charlottetown	19 Jul 2009
4x400m	3:51.87		Ottawa Lions T&F Alicia Brown Fiona Callender Rachel Aubry Emilie Halle	Charlottetown	19 Jul 2009
HJ	1.83		Coralea Brown	Sudbury	1988
PV	4.10		Adrienne Vangool	Saskatoon	2004
LJ	6.11a 6.16	-1.4 2.2	Keri-Ann Mitchell Trina Radske*	Calgary Ottawa	2001 1994
TJ	12.64	-1.2	Chloe Hetheron	Windsor	2008
SP(-4k)	16.39		Julie Labonté	Charlottetown	18 Jul 2009
DT(1.0k)	49.18		Jennifer Vermette	Sherbrooke	1993
HT(4k)	57.34		Marie Eve Boisselle	Montreal (CR)	2005

JT	50.86	Elizabeth Gleadle	Ottawa	2006
Heptathlon	5465	Jessica Zelinka	Windsor (LaSalle)	2000

(100mH: 14.14 (-0.8)/ HJ: 1.71/ SP: 11.20/ 200m: 24.67(0.0)/ - (3351) –
LJ: 5.80 (3.2)/ JT: 35.29/ 800m: 2:25.69)

* Championship Best Performance in all conditions (windy/nwi)