



2008 CANADIAN HALF MARATHON CHAMPIONSHIPS TECHNICAL PACKAGE

Montreal, QC, April 20th, 2008

Location: Montreal, QC
Date: Sunday, April 20th, 2008
Start Time: 10:00am
Championships Website: <http://www.athletics.ca/page.asp?id=292>
Race Website: <http://www.canadarunningseries.com/monthalf/index.htm>

Elite Athlete Information:

Assistance may be made available through the Canada Running Series, please check the website for more information: <http://www.canadarunningseries.com/monthalf/montAWARDS.htm#elite>

Award & Prize Structure:

Athletics Canada Championship medals will be awarded to the first three Canadian finishers in each event, who are Athletics Canada members. All prize money is provided by the Host Organizing Committee.

Canadian Championships Prize Structure:

Men & Women [each]:

1 st place	\$ 2,000
2 nd place	\$ 1,200
3 rd place	\$ 1,000
4 th place	\$ 800
5 th place	\$ 500

<http://www.canadarunningseries.com/monthalf/montCHAMPS.htm#awards>

Open Prize Structure:

<http://www.canadarunningseries.com/monthalf/montAWARDS.htm#prizing>

Notes:

- The Canadian Half Marathon Championships will be used as the qualifying trials for the IAAF World Half Marathon Championships in Rio de Janeiro, BRA on October 12, 2008
- Athletes are eligible to win prize money in more than one category if they qualify.
- For National Championships award eligibility, please see the Athletics Canada website: <http://www.athletics.ca/page.asp?id=126>

Schedule of Events:

A schedule of events will be included with the Elite race kit package. The Half Marathon Championships will be held in conjunction with Banque Scotia 21k de Montreal.

Event Press Conference (Subject to Change):

Date: TBD

Time: TBD

Location: TBD

Athletes and Coaches Technical and Information Meeting (Subject to Change):

Date: TBD

Time: TBD

Location: TBD

Host Hotel for the Banque Scotia 21k de Montréal presented by Asics:

Le Four Points by Sheraton du centre-ville de Montréal

475 rue Sherbrooke Ouest

Montréal, Québec, H3A 2L9 Canada

Telephone: (514) 842-3961

\$125.00/night

To book a room please email Benjamin at benjamin@fourpointsmontreal.com or call local: (514) 842-3961 OR toll free: 1-800-842-3961 and give them the discount code '21k'.

For more information and bookings, please visit

<http://www.canadarunningseries.com/monthalf/montTRAVEL.htm#sheraton>

Medical and Therapy Facilities:

The race will have full Medical Services available at the finish line and some emergency crews paroling the route.

Course Description:

The start will be near the Parterre on Ste-Helene Island of Parc Jean-Drapeau. The runners will do a loop on Ste-Helene Island, then they will run on Notre-Dame Island (Gilles-Villeneuve Circuit and Olympic Bassin) and come back to finish at the Complexe Aquatique.

For a map of the course, please visit

<http://www.canadarunningseries.com/monthalf/montDET.htm#course>

Eligibility for Canadian Championship Title:

Athletes registering to compete at the 2008 Banque Scotia 21k are eligible to contest for the Canadian Championship title in their respective division, if they are:

- Canadian citizen (only Canadian citizens are eligible to be declared Canadian Champions and receive a medal and championships award).
- Athletics Canada member through their provincial branch.

Note: All athletes contesting the National Championship title MUST be registered for the current year (2008) with their Provincial Branch, prior to entry.

Current Sport Canada carded athletes (2007-2008) (carded in the marathon) are automatically eligible to compete in the Half Marathon Championships. These athletes must process their registration form with appropriate payment.

Doping control may be in effect in accordance to IAAF/Athletics Canada requirements for member athletes. Award winning athletes selected for doping control will not be recognized until CCES has confirmed results are negative.

Results from Canadian Championship eligible members will be used for Canadian rankings and national team selection criteria.

How to become an Athletics Canada member

To become an Athletics Canada member, please contact your provincial branch. See a list of branches at: <http://www.athletics.ca/article.asp?id=346> or directly with Athletics Canada at (613) 260-5580.

IAAF World Half Marathon Championships

The 2008 Canadian Half Marathon Championships (Banque Scotia 21k) will serve as the Trials for the 2008 IAAF World Half Marathon Championships taking place in Rio de Janeiro – BRA on October 12th, 2008.

Eligibility:

- Must be a registered current member (athlete) of Athletics Canada prior to the Canadian Half Marathon Championships;
- Must hold Canadian citizenship prior to the Canadian Half Marathon Championships;
- Must comply with AC rules concerning residency (AC By-Laws, Appendix A, Rule 016); and
- Must otherwise be eligible to participate at the IAAF World Half Marathon Championships.

Selection:

One male and one female athlete may be selected to represent Canada at the IAAF World Half Marathon Championships based on their order of finish at the 2008 Canadian Half Marathon Championships.

Athletes must finish in the top three and achieve one of the following criteria to be selected:

1. Minimum standard of 1:06:45 (Men) or 1:17:30 (Women) achieved on site at the 2008 National Championships
2. Minimum standard 1:06:00 (Men) or 1:16:30 (Women) at an AC approved Half Marathon between October 1st, 2007 and April 20th, 2008
3. Minimum standard 29:05 (Men) or 33:35 (Women) in an AC approved road 10km between October 1st, 2007 and April 20th, 2008
4. Minimum standard of 29:05.00 (Men) or 33:35.00 (Women) in a track 10,000m between March 1st, 2007 and April 20th, 2008
5. Minimum standard 2:16:00 (Men) or 2:38:00 (Women) in an AC approved Marathon between May 27th, 2007 and April 20th, 2008
6. Carded athletes