



**CANADIAN ALL-TIME OUTDOOR RANKINGS
AS OF DECEMBER 31, 2007
COMPILED BY CECIL SMITH**

WOMEN

Abbreviations

a - altitude	s - section
fwg - faulty wind gauge	sf - semifinal
h - heat	y - yards/converted
q - qualifying	@ - enroute to longer distance
qf - quarterfinal	% - perf. no longer recognised
r - race	

100m

10.98	0.8	Angela Bailey	62	2	Budapest	Jul 06 87
11.03A	1.0	Philomena Mensah	75	1	Sierra Nevada Esp	Aug 10 99
11.13	1.2	Julie Rocheleau (Baumann)	64	1	San Jose CA	May 28 88
11.29	1.4	Martha Adusei	77	2	Helsinki Fin	Jun 15 00
11.29	0.5	Venolyn Clarke	67	2	Ottawa	Jul 21 01
11.29	2.0	Krysha Bayley	84	3h2	Austin TX	Jun 10 04
11.30	1.0	Esi Benyarku	76	1	Victoria	Aug 12 00
11.34A	-0.4	Angela Phipps	64	1	Provo	May 23 87
11.34	0.8	Tamara Perry (now Self)	74	2h1	Montreal (CR)	Aug 01 98
11.36A	0.0	Patty Loverock	53	1s	Mexico City	Oct 13 75

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11.37	1.9	Esmie Lawrence	61	4	Rabat Mor	Jul 14 89
11.37	-0.6	Toyin Olupona	83	3	Bloomington IN	May 28 05
11.39	-5.2	Dena Burrows	72	2	Las Vegas	Apr 05 97
11.40A	1.3	Irene Piotrowski	41	2ht	Mexico City	Oct 14 68
11.40	1.6	Karen Clarke	71	1	Montreal	Jun 20 92
11.40	1.0	Atia Weekes	80	3	Victoria	12 Aug 00
11.42A	-1.6	Marjorie Bailey (nee Turner)	47	3	Mex City	Oct 14 75
11.42	0.8	Keturah Anderson	68	4	Ottawa	Aug 06 88
11.43	2.0	Marita Payne (Wiggins)	60	1	Tallahassee FL	Apr 02 83
11.43	1.9	Erica Broomfield	77	1s3	Melbourne AUS	Mar 20 06

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11.44	2.0	Simone Tomlinson	76	2h6	Nuremburg Ger	Jul 11 98
11.44	1.3	Erica Witter	76	1	Victoria	Jul 19 03
11.44	1.3	Priscilla Lopes	82	2	Victoria	Jul 19 03
11.45	1.6	Genevieve Thibault	86	2h2	Ottawa	Jul 02 05
11.46	1.8	Dionne Wright	66	4	Houston TX	May 19 95
11.51A	0.1	Angella Issajenko (nee Taylor)	58	1s	Provo UT	May 28 92

11.51A1.1	Margaret Fox	77	4	El Paso	May 04 98
11.52 1.3	Asha James	79	3	Victoria	Jul 19 03
11.53 -	Stephanie Berto	53	3h	Cali Col	Aug 02 71
11.53 1.4	Kerri-Ann Mitchell	83	3	Fayetteville AR	Apr 12 03

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11.53 1.9	Yvonne Mensah	85	1	Philadelphia	May 13 07
11.54 0.8	Ashley Purnell	83	1	Belleville ON	Jun 07 02
11.55 1.0	Stacey Bowen	69	1sf	Montreal	Jul 26 91
11.55 0.7	Tanja Reid	72	1s	Athens GA	May 04 96
11.56 0.4	Daniella Vega	80	2h1	Victoria	Jul 09 04
11.56 1.5	Adrienne Power	81	4h	Ottawa	Jul 05 06
11.57 0.9	France Gareau	67	5	Ottawa	Aug 03 85
11.57 1.0	Naabiana Salifu	75	5	Victoria	Aug 12 00
11.58 1.4	Jenni Hucul	88	1h3	Saskatoon	Jul 05 03
11.60 1.1	Jillian Richardson (Briscoe) 65	1		Kelowna	Jun 07 87

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11.61 1.4	Jessica Czaikowski	84	1h2	Charlotte NC	Mar 16 07
11.62A-0.4	Molly Killingbeck	59	4	Provo UT	May 23 87
11.62 0.0	Perdita Felicien	80	3h3	Bloomington	May 19 01
11.63 1.6	Tonya Redhead	66	2	Toronto (MC)	Jun 13 92
11.63 1.0	Amorette Bradshaw	78	6	Victoria	Aug 12 00
11.63 0.8	Angela Whyte	80	1h1	Northridge CA	May 17 03
11.64A -	Debbie Miller	50	5h	Mexico City	Oct 14 68
11.65-0.1	Shelly-Ann Brown	80	2	Tucson AZ	Mar 24 01
11.66 1.9	Joanne McTaggart	54	2	Regina	Aug 11 75
11.66A1.9	Sonia Paquette	73	3	Flagstaff AZ	Jul 07 97

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11.68 1.3	Nathalie Beaubrun	79	1	Kitchener	Jul 18 98
11.68 1.8	Daniella Carrington		6r2	Modesto CA	May 07 05
11.68 1.5	Sherrine Pencil	85	1	Ottawa	Jun 08 07
11.69 1.1	Camille De Souza Noel	74	1	Eugene OR	Apr 25 92
11.69A0.0	Daniele Kot	80		Ogden UT	Apr 14 01
11.69 1.7	Esther Akinsulie	84	1	Ottawa	Aug 15 07
11.70A1.3	Tanya Brothers	63	3	Colorado Springs	Jul 20 82
11.70 1.4	Carol Galloway	64	4	Tallahassee	Apr 16 83
11.70 0.8	Lorna Johann	58	6	Ottawa	Aug 06 88
11.70 1.3	Faye Roberts	63	2s	Montreal	Jul 26 91

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11.70-0.5	Latoya Austin	76	1	Brandon MB	Aug 18 97
11.70A0.5	Candice Jones	73	2	Calgary	Jun 24 00
11.70 1.3	Nicole Bucholz	82	3	Ottawa	Aug 05 06

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Faulty Wind Gauge					
11.34 1.9	Patty Loverock	53	1	Montreal	Jul 08 78
11.35 1.9	Marjorie Bailey (nee Turner) 47		2	Montreal	Jul 08 78

200m

22.62 0.1	Marita Payne (now Wiggins)	60	2	Edmonton	Jul 10 83
22.64A0.1	Angela Bailey	62	1	Colorado Springs	Jul 19 83
22.85 1.1	Stacey Bowen	69	1	Fayetteville ARK	May 15 94
23.03 1.2	Patty Loverock	53	2q	Montreal	Jul 26 76
23.04 2.0	Philomena Mensah	74	1	Winnipeg	Jun 27 99
23.06 0.0	Marjorie Bailey (nee Turner) 47		5s	Montreal	Jul 27 76
23.06A1.4	Adrienne Power	81	2	San Luis MEX	May 15 07
23.07A-0.8	Atia Weekes	80	1	Flagstaff AZ	Jul 09 98

23.08	1.0	Jillian Richardson (Briscoe)	65	1	Barcelona	Jul 13 88
23.09	1.9	Tarama Perry	74	2	Irvine CA	May 04 96
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23.13	0.0	Ladonna Antoine-Watkins	74	1	Edmonton	Jun 24 01
23.18-1.0		Lami Oyewumi	76	2h1	Edmonton	Jun 23 02
23.20A0.1		Esmie Lawrence	61	1	Provo	May 23 87
23.23	1.1	Erica Witter	76	1h2	Kitchener	Jun 09 01
23.23	0.0	Erica Broomfield	77	1	Sackville NS	Jul 18 04
23.24	2.0	Simone Tomlinson	76	2	Orlando FL	Apr 18 98
23.25	0.7	Angela Phipps	64	1	Vught NETH	Jun 16 87
23.27-0.7		Latoya Austin	76	2s1	Atananarivo Mor	Sep 04 97
23.28	1.5	Ashley Purnell	83	2h2	Jamaica	Jul 18 02
23.30	1.4	Molly Killingbeck	59	3	Ottawa	Aug 01 82
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23.30A0.1		Charmaine Crooks	61	4	Colorado Springs	Jul 19 83
23.32A0.7		Foy Williams	73	2	Flagstaff AZ	Jul 13 98
23.34A0.0		Joyce Yakubowich(nee Sadowick)	53	6	Mex City	Oct 16 75
23.42A-1.1		Karen Clarke	71	2s	Provo UT	May 23 92
23.43	0.5	Venolyn Clarke	67	1h1	Edmonton	Jun 24 01
23.45A0.8		Tanya Brothers	63	2	Colorado Sprgs	Jul 20 82
23.45A1.3		Cathy Chrusch	60	4h	Provo UT	May 26 86
23.48A0.6		Mame Twumasi	75	2	Provo UT	May 26 92
23.48	1.7	Krysha Bayley	84	2h3	Gainesville FLA	May 28 04
23.52A1.5		Candice Jones	73	1	Sie. Nevada	ESP Aug 14 99
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23.55	0.9	France Gareau	67	5	Rabat MOR	Jul 18 89
23.55A0.0		Adwoa Gyasi-Nmako	80	3	Provo UT	May 20 00
23.55	0.5	Yvonne Mensah	85	2	West Lafayette	May 16 04
23:56	-1.3	Esther Akinsulie	84	1	Windsor	Jul 15 07
23.57		Stephanie Berto	53	1	Cali Col	Aug 01 71
23.58	1.6	Margaret Fox	77	3h3	College Stn	May 08 97
23.58	0.0	Danielle Kot	79	5	Edmonton	Jun 24 01
23.60		Chantal Desrosiers	61	2h	Sherbrooke	Jun 14 80
23.60	0.7	Angela Whyte	80	1h	Windsor	Jul 15 07
23.65	2.0	Amorette Bradshaw	78	4	Winnipeg	Jun 27 99
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23.69	2.0	Camille De Souza Noel	74	3ht	Walnut CA	Apr 18 92
23.71-1.2		Naabiyama Salifu	75	2	Montreal (CR)	Aug 02 98
23.71	1.9	Sherraine Pencil	85	3h1	Eugene OR	May 25 07
23.73		Margaret Stride(nee McGowan)	54	2	Hague Neth	Jun 25 77
23.73	1.1	Julie Artuso	78	1	Montreal	May 29 99
23.73	-1.1	Louise Ayetotche	75	1	Claremont	Apr 07 07
23.74A		Rene Piotrowski	41	5h	Mexico City	Oct 17 68
23.75	0.6	Tanja Reid	72	3	Minneapolis MN	May 20 95
23.75	1.0	Kerri-Ann Mitchell	83	2h2	Fayetteville AK	Apr 12 03
23.76	0.4	Esi Benyarku	76	2	Eagle Rock TX	May 10 97
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23.77-1.0		Daniella Vega	80	1	Bogota SA	May 23 04
23.78-0.4		Karlene Haughton	72	2	Singapore	Sep 05 98
23.78	0.0	Sherine Wells	88	1	Ottawa	Jun 08 07
23.82	1.6	Dionne Wright	73	4h3	College Stn Tx	May 08 97
23.82	0.9	Asha James	79	2h1	Louisville KY	May 10 02
23.82	1.5	Jessica Czaikowski	84	2h1	Princeton NJ	May 13 06
23.85	1.0	Rosey Edeh	66	3	Montreal	Jul 14 84
23.85	0.9	Martine Cloutier-Leblan	80	7h1	Edmonton	23 Jun 02
23.87		Joanne Mctaggart	54	1	London GBR	Jul 04 76
23.88A0.3		Dena Burrows	72	3	EL Paso TX	May 22 93

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23.88	0.0	Kimberly Hyacinthe	89	1	Sherbrooke	Jul 07 06
23.88	1.0	Genevieve Thibault	86	1	London(ON)	Jun 28 06
23.88A	0.8	Kimberly Hyacinthe	89		San Luis	May 17 07
23.89	0.8	Nicole Commissiong	73		Eugene OR	Apr 13 96
23.89	0.5	Lindsay Lochhead	74	2scn2	Ottawa	Jul 15 01
23.91	1.5	Donalda Duprey	67	3	El Paso TX	Apr 16 94

66**400m**

49.91		Marita Payne(now Wiggins)	60	4	Los Angeles CA	Aug 06 84
49.91		Jillian Richardson(now Briscoe)	65	5s	Seoul	Sep 25 88
50.45		Charmaine Crooks	61	7	Los Angeles CA	Aug 06 84
50.97		Ladonna Antoine	74	2h1	Sydney Aus	Sep 23 00
51.62A		Joyce Yakubowich(nee Sadowick)	53	1	Mex City	Oct 18 75
51.62A		Foy Williams	73	1	Flagstaff AZ	Jul 04 00
51.67		Yvonne Saunders(Mondesire)	51	1	Christchurch NZ	Jan 26 74
51.70		Molly Killingbeck	59	4	Nice France	Jul 15 86
51.72A		Esther Akinsulie	84	1	San Luis MEX	May 17 07
51.79A		Ladonna Antoine	74	1H1	Flagstaff AZ	Jul 10 98

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51.85		Adrienne Power	81	1	San Luis MEX	May 19 07
51.88		Camille de Souza Noel	74	3	Berkely CA	May 22 93
51.89A		Lami Oyewumi	76	1	Calgary	Jun 28 02
51.91		Jenna Martin	88	2	Sao Paulo BRA	Jul 09 07
51.96		Angela Bailey	62	4h	Los Angeles	Jun 24 83
52.02		Samantha George	75	1	Guadeloupe FRA	May 01 01
52.03		Carline Muir	87	2	San Luis MEX	May 17 07
52.28		Stacey Bowen	69	4	Boise Idaho	Jun 04 94
52.17		Alison Howard	75	1	Montana	May 02 98
52.32		Danielle Kot	79	2	Burnaby	Jul 01 04

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52.38		Rosey Edeh	66	4	Padua ITA	Aug 30 98
52:40		Ruky Abdulai	84	1	Fresno CA	May 27 07
52.44		Tanja Reid	72	3	Houston TX	Mar 29 96
52.61A		Candice Jones	73	1	Flagstaff AZ	Jul 04 00
52.65		Nicole Commissiong	73	3	Westwood CA	May 19 96
52.67A		Alanna Yakiwchuk	65	1	Provo UT	May 28 92
52.69A		Esmie Lawrence	61	3	Provo UT	May 24 86
52.6,		Rachelle Campbell	56	1	Dortmund FRG	Jul 06 75
52.8,		Margaret Stride(nee McGowan)	54	1	Sudbury	Aug 24 75
52.90A		Lindsay Lochhead	74	2	Calgary	Jun 26 02

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52.93A		Cheryl Allen	72	1	Provo UT	May 25 91
52.95A		Nadia Cunningham		3	San Luis MEX	May 15 07
53.09		Michele Lynch	69	4	Colorado Sprgs	Jun 08 96
53.10		Judy Fraser	73	4h	Boise Idaho	Jun 02 94
53.11A		Christine Slythe	61	1	Provo UT	May 22 84
53.14		Dana Wright	59	2	Berkeley CA	May 14 82
53.22		Lauren Seibel	82	3	Ottawa	Aug 05 06
53.24		Karen Clarke	71	1	Prince George	Jul 06 91
53.24		Samantha Watt	75	3	Atlanta GA	Apr 19 97
53.25A		Jeanette Wood	60	4	Provo UT	May 25 91

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53.25		Althea Wilson(nee Thomas)	67	3		May 18 96
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53.25	Andrea Pinnock	73	4s	Montreal	Jun 20 96
53.26	Caroline Fortin	70	2	Montgeron FRA	Jul 01 90
53.28	Charlotte Plummer	77	1	St Georges GRN	May 29 04
53.29	Anne Morelli (nee Mackie)	55	3h	Guadalajara MEX	Aug 10 77
53.30	Micheline Racette	56	5	San Juan	Jul 12 79
53.37	Erica Broomfield	77	1	Windsor	May 12 07
53.42	Gwen Wall	63	3	FRG	Aug 19 84
53.45	Karlene Haughton	72	1	Houston TX	Jun 11 99
53.65	Sherraine Pencil	85		Eugene OR	May 26 07

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53.81	Adowa Gyasi-Nimako	80	1h3	Lawrence KA	Apr 20 02
53.81	Tasha Monroe	81	1	Eagle Rock CA	May 07 05

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600m

1:27.84	Samantha George	75	1	Tallahassee	Mar 03
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800m

1:58.39	Diane Cummins	74	1	Rieti ITA	Sep 02 01
1:58.52	Charmaine Crooks	61	6	Zurich	Aug 15 90
2:00.02	Brit McRoberts(Lind Peterson)	57	3	Zurich	Aug 24 83
2:00.14	Yvonne Saunders (Mondesire)	51	1	Oslo Nor	Jul 03 75
2:00.17	Abby Hoffman	47	8	Munich FRG	Sep 03 72
2:00.23	Aimee Teteris	79	3	Victoria	Jun 11 06
2:01.20	Trish Wellmann(now Fougner)	64	1	Burnaby	Jun 05 88
2:01.38	Camille Cato	63	3	Formia ITA	Jun 19 88
2:01.48	Debbie Bowker (nee Scott)	58	10	Berlin FRG	Aug 15 86
2:01.56	Renee Belanger	62	3	Berne Swi	Aug 16 85

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2:01.62	Mary Burzminski	60	4ht	Rome	Aug 29 87
2:01.5	Penny Werthner(now Bales)	51	3	Nice FRA	Aug 20 78
2:01.72	Lynn Williams (nee Kanuka)	60	1	Ottawa	Aug 09 88
2:01.76	Ranza Clark(now Boileau)	61	1	Burnaby	Jul 16 84
2:01.6	Anne Morelli (nee Mackie)	55	3	Berlin FRG	Aug 26 77
2:01.80	Rebecca Johnstone	84	1	Walnut CA	Apr 15 06
2:01.8	Francine Gendron	55	4	Nice FRA	Aug 20 78
2:01.98	Julia Howard	83	8	Heusden BEL	Jul 22 06
2:02.00	Vicky Lynch-Pounds	70	3	Eugene OR	May 31 98
2:02.01	Leah Pells	64	4	Montreal (MG)	Jul 10 95

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2:02.07	Joan Wenzel(nee Eddy now Fox)	53	7	Montreal	Jul 26 75
2:02.17	Kate Vermeulen	76	1	Victoria	May 14 05
2:02.20	Hilary Stellingwerff	81	1	Belgium	Aug 11 07
2:02.29	Sarah Ali-Khan	73	2	Burnaby	Jul 01 04
2:02.30	Jeanette Wood	60	1	Victoria	Jun 04 91
2:02.34	Angela Chalmers(also Espinoza)	63	2	Montreal	Aug 09 88
2:02.2	Nicola Knapp	67	1	Montreal	Aug 16 90
2:02.43	Carmen Douma-Hussar	77	1h1	Haverford	May 14 04
2:02.55	Hilary Edmondson	81	2	Oordegem BEL	Jul 30 05
2:02.59	Heather Henniger	73	1	Victoria	Jun 11 03

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2:02.69	Malindi Elmore	80	2	Victoria	Jun 11 04
2:02.93	Gail Harris	66	6	Burnaby	Jun 05 88
2:02.8	Debbie Campbell(now Fell)	58	3	Firenze ITA	Jun 06 79

2:03.00	Paula Schnurr	64	1	Windsor	Jul 05 96
2:03.06	Kari Sleivert	63	2	Montreal (CR)	Jul 16 95
2:03.0	Maureen Crowley(now De st.Croix)	53	1	Athens	Jul 11 75
2:03.0	Nathalie Rouillard	69	2	Montreal	Aug 16 90
2:03:12	Rebecca Johnstone	84	1a	Brasschaat BEL	Jul 21 07
2:03.17	Glenda Reiser	55	-	Moscow URS	Aug 19 73

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(mixed(ok prior to Apr 01/85)

2:00.4	Christine Slythe	61	1	Sherbrooke	Jul 11 88
2:00.9	Ranza Clark(Boileau)	61	1	Eugene OR	Jun 23 89
2:01.2	Grace Verbeek	58	1	Toronto (MC)	Jul 16 84

1000m

2:34.14	Diane Cummins	74	4	Brussels BEL	Aug 30 02
2:34.99	Angela Chalmers	63	1	Victoria	Jun 19 94
2:36.26	Carmen Duoma-Hussar	77	3	Linz AUT	Aug 23 05
2:36.9	Francine Gendron	51	3	Berlin FRG	Aug 18 78
2:38.00	Sarah Howell	69	5	Sheffield GBR	Aug 29 93
2:38.3	Debbie Bowker(nee Scott)	58	5	Birmingham GBR	Jul 19 86
2:38.4	Penny Werthner	60	4	Berlin FRG	Aug 18 78
2:38.56	Brit McRoberts	56	3	Gateshead GBR	Aug 05 86
2:38.81	Lynn Williams(nee Kanuka)	60	7	Birmingham GBR	Jul 19 86
2:38.8	Cindy O'Krane	63	2	Vancouver	AUG 29 98

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1500m

4:00.27	Lynn Williams(nee Kanuka)	60	4	Brussels BEL	Aug 30 85
4:01.61	Angela Chalmers(also Espinoza)	63	16	Paris FRA	Sep 03 94
4:01.99	Courtney Babcock	72	7	Brussels BEL	Sep 05 03
4:02.29	Carmen Douma-Hussar	77	10	Rieti ITA	Aug 28 05
4:02.64	Malindi Elmore	80	4	Rome ITA	Jul 02 04
4:03.36	Brit McRoberts(Lind Peterson)	57	4	Cologne FRG	AUG 28 83
4:03.56	Leah Pells	64	4	Atlanta GA	Aug 03 96
4:04.80	Paula Schnurr	64	8s	Barcelona ESP	Aug 06 92
4:05.02	Diane Cummins	78	8	Brussels Bel	Aug 24 01
4:05.07	Debbie Bowker(nee Scott)	58	2h	Tokyo Jap	Aug 29 91

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4:05.69	Hilary Stellingwerf	81	11	Saint-Denis FRA	Jul 06 07
4:06.0	Robyn Meagher	67	1	Burnaby	Jul 10 92
4:06.30	Cindy Grant(O'Krane)	63	3	Ottawa	Aug 07 88
4:06.71	Glenda Reiser	55	2h	Munich FRG	Sep 10 72
4:06.92	Kate Vermuelen	76	3	Victoria	Jul 11 04
4:07.50	Ranza Clark(now Boileau)	61	8	Cologne FRG	Aug 26 84
4:07.68	Katherine Butler	72	8	Athens GRE	Aug 04 97
4:07.98	Patricia Wellman	64	2	Burnaby	Jul 09 88
4:08.14	Penny Werthner(now Bales)	51	4	Edmonton	Aug 12 78
4:08.94	Hilary Edmondson	81	6	Palo Alto CA	May 30 05

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4:09.36	Sarah Howell	69	1	Montreal	Jul 05 93
4:09.72	Melanie Choiniere	72	1	Mulhouse Fra	Jul 06 96
4:10.5	Thelma Wright (nee Fynn)	51	2	Athens GRE	Jul 10 74
4:10.93	Courtney Inman	80	4	Sacramento CA	Jun 14 03
4:10.9	Emilie Mondor	81	1	Burnaby	Jun 25 02
4:11.04	Andrea Grove	73	4	Gent BEL	Jul 16 06
4:11.06	Megan Metcalfe	82	5	Gent BEL	Jul 16 06

4:11.58	Ulla Marquette(nee Hansen)	58	4	Kobe Jap	Aug 30 85
4:11.78	Vicky Lynch-Pounds	70	4	Burnaby	Jun 08 03
4:11.9	Susan Lee (nee French)	60	2	Montreal	Aug 11 88

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4:12.53	Jillian Purola	63	7	Burnaby	Jun 10 89
4:12.68	Nathalie Cote	73	5	Montreal (MG)	Jul 12 98
4:12.97	Heather Henniger	73	6	Burnaby	Jun 08 03
4:12.99	Megan Brown	85	2	Manchester GBR	Jun 16 07
4:13.60	Lori Durward	72	3	Montreal (MG)	Jun 10 96
4:13.4	Francine Gendron	55	1	Sherbrooke	Jul 28 79
4:13.5	Debbie Pearson(nee/now Mitchell)	56	4	Westwood CA	Jun 10 78
4:13.6	Carole Rouillard	60	4	Montreal	Aug 11 88
4:14.43	Mary Burzminski	60	11	Lausanne	Jun 24 88
4:14.4	Nancy Rettie	62	1	Richmond	May 30 87

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4:14.53	Julia Howard	83	1	Walnut CA	Apr 15 06
4:14.64	Lisa Labrecque	77	6	Victoria	Jul 11 04
4:14.72	Lauren King	82	3	Atlanta GA	May 16 03
4:14.79	Christine Wagner	67	5	Montreal	Aug 08 89
4:15.26	Krestena Sullivan	74	6	New Zealand MA	Jul 10 99
4:15.42	Nicole Edwards	86	3	Windsor	Jul 14 07
4:15.89	Angela Graham	75	2	Walnut CA	Apr 19 98

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Mixed(ok prior to Apr 01/85)

4:11.8	Geri Fitch(nee Ashdown)	54	9	Burnaby	Jul 11 84
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Mile / Mille

4:23.28	Leah Pells	64	4	Zurich SWI	Aug 14 96
4:24.61	Brit McRoberts(Lind Peterson)	57	2	Nice FRA	Jul 15 86
4:24.75	Lynn Williams (nee Kanuka)	60	3	Nice FRA	Jul 10 89
4:24.91	Angela Espinoza(now Chalmers)	63	7	Oslo NOR	Jul 06 91
4:26.07	Robyn Meagher	67	4	Sheffield GBR	Aug 14 92
4:26.76	Carmen Douma-Hussar	77	8	Brussels BEL	Sep 14 07
4:27.71	Kathy Butler	73	3	Bellinzona SWI	Jul 01 98
4:28.62	Hilary Stellingwerff	81	12	Brussels BEL	Sep 14 07
4:29.67	Debbie Scott(now Bowker)	58	2	Oslo NOR	Jun 26 82
4:30.62	Paula Schnurr	64	7	Gateshead GBR	Jul 01 94

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4:31.07	Cindy O'Krane	63	1r2	Brunswick ME	Jul 04 98
4:32.29	Courtney Babcock	72	2	San Francisco	Oct 29 00
4:33.53	Ulla Marquette(nee Hansen)	58	6	Burnaby BC	Jun 19 85
4:33.92	Susan Lee (nee French)	60	7	Burnaby BC	Jun 19 85
4:34.77	Sarah Howell	69	13	Gateshead GBR	Jul 01 94
4:35.13	Glenda Reiser	55	1	London GBR	Sep 14 73
4:35.59	Andrea Grove	73	5	Philadelphia	Apr 26 97
4:36.31	Jillian Purola	63	9	Burnaby BC	Jun 19 73
4:36.42	Thelma Wright (nee Fynn)	51	3	London GBR	Sep 14 73
4:37.63	Nathalie Cote	73	2	Falmouth MA	Aug 16 97

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4:38.60	Geri Fitch (nee Ashdown)	54	10	Burnaby	Jun 19 85
4:38.4	Penny Werthner(now Bales)	51	1	Vancouver	Aug 05 76
4:39.26	Krestena Sullivan	74	8r2	Brunswick ME	Jul 04 98
4:33.62	Carmen Douma-Hussar	77	1	Philadelphia	Apr 26 03
4:39.72	Tracy Robertson	77	3	Philadelphia	Apr 29 01
4:41.26	Carole Harris	66	4	Reims FRA	Jul 04 92
4:41.72	Patti Cross-Bishop	62	4	Eugene OR	Jun 05 93

4:42.51	Sarah Dillabaugh	73		Falmouth MA	Aug 16 97
4:42.8	Ranza Clark (now Boileau)	61	3	Corvallis	May 27 82
4:43.92	Kate Wiley	62	3	Ithaca NY	May 08 83

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4:43.8	Donna Valaitis	54	3	Vancouver	Aug 05 76
4:44.70	Rebecca Stallwood	78	7	Philadelphia	Apr 26 03
4:44.74	Christine Wagner	67	7	Eugene OR	Jun 03 89
4:45.57	Judy Elfassy	73	4r1	Brunswick ME	Jul 04 98
4:45.68	Margaret Butler	78	2	Seattle WA	Jun 08 02
4:46.59	Alison Wiley	63	7	Philadelphia	Apr 27 91
4:50.1	Nadia Schlee	63	1	Montreal	Jun 13 87
4:51.10	Tambra Dunn	74	9	Brunswick ME	Jul 04 98
4:52.46	Jennifer Christensen	68	13	London GBR	Jul 10 87
4:52.45	Darolyn Trembath	82	1	Ricmond	Jun 04 03

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Suspect non-certified track

4:29.39	Vicky Lynch-Pounds	70	2	Falmouth MA	Aug 09 03
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2000m

5:34.49	Angela Chalmers	63	1	Sheffield GBR	Sep 04 94
5:39.90	Debbie Bowker(nee Scott)	52	1	Gateshead GBR	Aug 05 86
5:45.14	Lynn Williams	60	-	Ingolstadt FRG	Jul 31 83
5:45.89	Robyn Meagher	67	5	Sheffield GBR	Sep 04 94
5:53.41	Ulla Marquette	68	1	Victoria	Aug 19 94
5:54.48	Alison Wiley	63	-	Helsinki Fin	Aug 10 83

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3000m

8:32.17	Angela Chalmers(also Espinoza)	63	1	Victoria	Aug 23 94
8:37.30	Lynn Williams(nee Kanuka)	60	3	Zurich SWI	Aug 17 88
8:43.18	Courtney Babcock	72	9	Monaco FRA	Jul 19 02
8:43.71	Robyn Meagher	67	2	Brussels BEL	Aug 28 92
8:43.81	Debbie Bowker(nee Scott)	58	3ht	Seoul	Sep 23 88
8:44.53	Emily Mondor	81	6	Zurich SUI	Aug 15 03
8:48.37	Katherine Butler	73	11	Oslo Nor	Jun 30 99
8:51.27	Alison Wiley	63	5h	Helsinki FIN	Aug 08 83
8:51.90	Malindi Elmore	80	7	Rovertto ITA	Aug 30 06
8:52.69	Lizanne Bussieres (Chafe)	60	2	Montreal	Aug 10 89

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8:53.05	Leah Pells	64	4	Lille FRA	Jul 01 91
8:53.83	Carmen Douma-Hussar	77	9	Monaco FRA	Sep 10 05
8:54.64	Susan Lee-French	60	2	Ottawa	Aug 01 87
8:54.94	Thelma Wright (nee Fynn)	51	2	Rome ITA	Sep 18 75
8:55.45	Cindy Grant (O'Krane)	63	1	Montreal	Aug 09 88
8:55.51	Ulla Marquette (nee Hansen)	58	2	Seattle	Jun 10 92
8:57.3	Geri Fitch (nee Ashdown)	54	2	Burnaby	May 23 82
8:57.69	Carole Rouillard	60	3	Ottawa	Aug 02 88
8:58.02	Sarah Howell	69	5	Victoria	Jun 03 92
8:58.67	Carole Harris	66	6	Victoria	Jun 03 92

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8:59.5	Bev Bush	60	4	Burnaby	May 23 82
9:01.49	Megan Metcalfe	82	2	Carson City CA	May 20 07
9:02.08	Nancy Rooks (Tinari)	59	7	Birmingham GBR	Jul 18 86
9:03.39	Pamela Klassen	67	6	Baton Rouge LA	Jun 04 87
9:03.5	Penny Bales(nee Werthner)	51	6	Sittard NETH	Aug 16 80
9:03.89	Andrea Grove	73	1	Reims FRA	Jul 25 06

9:04.88	Lisa Harvey	70	3	Montreal	Jul 25 91
9:04.95	Carol Montgomery	65	3	Victoria	Jul 27 94
9:05.36	Brenda Shackleton	67	2	Burnaby	Jul 05 87
9:05.39	Lori Durward	72		Eugene	May 24 97

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9:05.47	Paula Schnurr	64	1	Ottawa	Aug 04 89
9:06.34	Jillian Purola	63	4	Montreal	Aug 10 89
9:08.05	Sarah Dillabaugh	73		Dedham MA	Jun 27 00
9:08.4	Lucille Smith	67	13	Victoria	Jun 03 92
9:13.12	Andrea Grove	73	10	Rovertto ITA	Sep 12 07
9:13.63	Tina Connelly	70	11	Portland ORE	Jun 25 00
9:13.93	Tracy Robertson	77	4	Stanford CA	Mar 25 00
9:17.71	Sharolyn Shields	79	1	Stanford CA	Mar 25 00
9:18.06	Sarah Dupre	76	5	Boston MA	May 19 01
9:18.33	Carol Henry	82	1	Durham NC	Apr 05 02

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5000m

14:54.98	Courtney Babcock	72	8	Paris FRA	Aug 30 03
14:59.68	Emilie Mondor	81	7h2	Paris FRA	Aug 26 03
15:01.30	Lynn Williams (nee Kanuka)	60	3	Stockholm SWE	Jul 03 89
15:09.35	Angela Chalmers-Espinoza)	63	1	Melbourne Aus	Feb 29 96
15:10.69	Katherine Butler	73	9	Stockholm SWE	Aug 05 98
15:12.12	Malindi Elmore	80	3r3	Walnut	Apr 13 07
15:15.73	Megan Metcalfe	82	4r3	Walnut	Apr 13 07
15:21.15	Robyn Meagher	67	5	Turin ITA	Sep 04 92
15:22.96	Susan Lee-French	60	5	Eugene OR	Jun 01 85
15:23.40	Carol Howe	65	6	Sheffield GBR	Jun 29 97

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15:30.66	Tina Connelly (nee Racine)	70	3	Montreal (MG)	Jul 17 00
15:31.57	Andrea Grove	73	7	Naimette BEL	Jul 19 06
15:34.33	Sarah Dillabugh	73	4	Montreal (MG)	Jul 07 00
15:35.89	Debbie Buhlers	77	6	Montreal (MG)	Jul 07 00
15:36.55	Alison Wiley	63	1	Berkeley CA	May 05 84
15:37.8	Carole Rouillard	60	1	Sherbrooke	Jun 17 89
15:39.19	Michelle King	69	3	Victoria	Aug 11 00
15:40.12	Sarah Dupre	76	4	Victoria	Aug 11 00
15:40.99	Lucille Smith	67	3	Victoria	May 25 02
15:44.16	Lizanne Bussieres (now Chafe)	60	1	Sherbrooke	Jun 18 88

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15:44.24	Lori Durward	72	2	Victoria	May 20 97
15:46.80	Carol Montgomery	65	3	Mar d P'ta ARG	Mar 24 95
15:48.99	Debbie Scott-Bowker	58	6	Eugene OR	Jun 05 82
15:49.16	Sarah Howell	69	4	Victoria	May 20 97
15:51.26	Lisa Harvey	70	6	Victoria	Aug 11 00
15:52.08	Danette Doetzel	86	2	Victoria	Jun 10 05
15:55.91	Beth Wightman	81	1	Windsor	Jan 13 07
15:56.34	Megan Brown				07
15:56.56	Emily Kroshus	83	11	Walnut CA	Apr 14 00
15:56.61	Lioudmila Alexeeff	65	1	Montreal (MG)	Jun 10 96

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15:58.29	Geri Fitch (nee Ashdown)	54	5	Oslo Nor	Jul 11 81
15:58.76	Tara Quinn	79	5	Victoria	Jul 09 04
16:00.03	Anita Campbell	87	10s1	Palo Alto	Mar 07
16:00.34	Alex Becker	87	7	Sacramento	Jun 08 07
16:00.43	Cindy O, Krane (nee Grant)	63	10	Walnut CA	Apr 19 97
16:02.27	Kim Bird	61	5	Eugene OR	Jun 02 84

16:02.95	Karen Harvey-Sullivan	72		Stanford CA	May 14 00
16:04.05	Ulla Marquette(nee Hanson)	58	9	Victoria	May 28 96
16:04.7	Jacqueline Gareau	53	1	Montreal	Jul 10 85
16:05.45	Alyson Kohlmeier	86	7r1	Stanford CA	Apr 01 06
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16:05.55	Rebecca Stallwood	78	6	Victoria	Jul 09 04
16:06.05	Wendy van Mierlo	59	3	Houston TX	Jun 04 83
16:06.93	Nicole Stevenson	73	3	Winnipeg	Jul 17 05
16:07.5	Jacqueline Mota	66	3	Montreal	Jul 07 97
16:08.08	Tracy Robertson	77	17	Walnut CA	Apr 20 01
16:08.53	Tania Jones	69	9	Philadelphia	Apr 24 97
16:10.82	Sherri Smith	76	1	Des Moines IW	Apr 24 99
16:11.17	Leah Pells	64	2	Seattle	Jun 07 94
16:12.28	Maria Zambrano	70	14	Stanford CA	Apr 30 04
16:15.04	Heather Degeest	77		Abbotsford	Jul 22 00
50					
16:15.08	Kate Wiley	62	1	Ithaca NY	May 08 83
16:15.28	Diane Nukurri		1	Des Moines IW	Apr 28 07
16:15.85	Cecilia Cornellison	63	4	Sherbrooke	Jun 18 88
16:16.65	Kelly French		10	Montreal (MG)	Jul 07 00
16:16.65	Carol Henry	82	2	Chapel Hill NC	Apr 17 04
16:17.05	Sharolyn Shields	79	27	Walnut CA	Apr 14 00
16:17.16	Amy Kohlmeier	84	14	Walnut CA	Apr 13 06
16:18.21	Margaret Butler	78	37	Walnut CA	Apr 19 02
16:18.89	Muffy Mcleod	60	2	Starkville MIS	May 17 85
16:18.7	Nancy Tinari (nee Rooks)	59	-	Toronto (MC)	Jul 13 87
60					
16:19.48	Linda Thyer	68	11	Victoria	May 28 96
16:19.58	Lisa Kröll		18s1	Palo Alto	Mar 31 07
16:21.96	Heather Lee	80	1	Orlando FL	Apr 17 04
16:23.75	Susan Berenda	61	1	Irvine CA	May 03
16:24.48	Odette Lapierre	55	5	Sherbrooke	Jun 18 88
16:24.65	Stephanie Mills	77	9	Victoria	Jul 18 03
16:24.74	Tamara Salomon	71	9	Walnut CA	Apr 14 95
16:25.46	Judith Leroy	73	12	Montreal (MG)	Jul 07 00
16:26.31	Emily Tallen	80	6	Ottawa	Aug 04 06
16:26.43	Isabelle Ledroit	66	13	Montreal (MG)	Jul 07 00
70					
16:27.10	Kirsty Smith	83	4	Raleigh NC	Mar 26 04
16:27.40	Alison Rendell	76	20	Brunswick ME	Jul 06 02
16:27.57	Tania Cooper		3	Taranaki NZ	Jan 18 04
16:27.65	Lisa Presedo (nee Reed)	65	5	Des Moines IW	Apr 30 88
16:28.55	Jennifer Handley	80	10h1	Stanford	Mar 29 02
16:29.91	Anita Campbell	87	12h1	Sacramento CA	Jun 07 06
16:30.21	Sandra Rettie	59	6	Eugene OR	May 05 84
16:30.42	Cheryl Murphy	69	3	Seattle WA	Jun 06 95
16:30.88	Tambra Dunn	76	4	Victoria	May 25 01
16:31.10	Brenda Shackleton	67	4	Coquitlam	May 27 95
80					
16:31.62	Pamela Klassen	67	-	Austin TX	Apr 08 88
81					
Mixed					
15:55.23	Nancy Tinari (nee Rooks)	59	1	Toronto (MC)	Jun 13 87
16:25.90	Mary Jane Richards	76	-	Ottawa	Aug 03 94
16:30.00	Donna Levy	68	3	Arlington TX	May 01 99

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31:44.74	Courtney Babcock	72	5r1	Palo Alto CA	May 02 03
31:50.51	Susan Lee-French	60	8	Seoul	Sep 03 88
31:56.74	Carole Rouillard	60	8ht	Tokyo	Aug 27 91
32:11.79	Carol Montgomery	66	2	Walnut CA	Apr 04 00
32:14.05	Nancy Tinari (nee Rooks)	59	13	Seoul	Sep 30 88
32:21.27	Tina Connelly (nee Racine)	70		WalnutCA	Apr 04 00
32:28.38	Lizanne Bussieres (Chafe)	60	3	Duisberg FRG	Aug 29 89
32:40.47	Lisa Harvey	70	4	Coquitlam	May 30 93
32:43.49	Susan Berenda	61	4	Ottawa	Jun 20 86
32:43.54	Tara Quinn-Smith	79	12	Stanford CA	May 01 05

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32:46.11	Andrea Grove	73	3	Walnut CA	Apr 19 02
32:46.84	Lucille Smith	67	13	Stanford CA	Apr 30 04
32:48.24	Ulla Marquette (nee Hansen)	58	4	Vancouver	May 29 94
32:50.36	Jacqueline Mota	66	6	Richmond	Jun 01 96
32:52.86	Sarah Dupre (nee Healy)	76	14	Stanford CA	Apr 30 04
33:12.1	Elena Evanoff	64	5	Walnut CA	Apr 26 86
33:12.60	Anne Marie Malone (now Macrow)	60	4	Tokyo,	Sep 24 82
33:15.35	Lisa Presedo (nee Reed)	65	2	Montreal	Jul 26 91
33:16.01	Sarah Howell	69		Reims FRA	Jun 27 97
33:19.72	Lioudmila Alexeeff	65	13	Walnut CA	Apr 20 96

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33:22.21	Odette Lapierre	55	6	Ottawa	Jun 20 86
33:25.9	Sandra Glisky (nee Anshuetz)	63	15	Walnut CA	Apr 20 91
33:26.49	Michelle King	69	2	Winnipeg	Jun 26 99
33:30.52	Beth Wightman	81	1	Abbotsford	Jun 10 07
33:31.69	Diane Nukuri		11s1	Palo Alto	Mar 31 07
33:32.45	Emily Kroshus	83	3	Walnut CA	Apr 16 04
33:35.93	May Allison	64	6	Victoria	Jul 28 94
33:37.0	Jennifer Christensen	68	13	Walnut CA	Apr 23 88
33:37.94	Carol Howe	65	9	Burnaby	Jun 03 00
33:41.05	Kate Wiley	62	7	Ottawa	Jun 20 86

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33:47.94	Jacqueline Gareau	53	1	Ottawa	Aug 04 85
33:48.25	Danuta Bartoszek	61	4	Montreal	Jun 19 92
33:49.36	Susan Stone	60	6	Ottawa	Jul 31 87
33:52.62	Donna Levy	68	2	Burnaby	May 16 98
33:55.07	Ellen Rochefort	54	7	Ottawa	Jul 31 87
33:56.48	Sherri Smith	76	5	Arlington TX	May 30 99
33:56.95	Lauren King	82	13	Sacramento CA	Jun 09 05
33:58.6	Carole Harris	66	24	Walnut CA	Apr 17 92
34:09.51	Teresa Mayer (nee Redpath)	61	6	Burnaby	Jun 07 91
34:10.64	Alyson Kohlmeier	86	6	East Lansing	May 12 06

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34:11.96	Michelle Carson	82	15r1	Stanford CA	Mar 29 02
34:16.0	Lori Durward	72	9	Burnaby	Jun 05 99
34:16.36	Lanni Marchant	84	23	Stanford CA	Apr 01 06

Canadian Landed Immigrant

32:30.08	Aster Demisse (Bacha)		2	Burnaby	Jun 05 04
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Marathon

2:28:36	Sylvia Ruegger	61	1	Houston TX	Jan 06 85
2:29:27	Jacqueline Gareau	53	2	Boston	Apr 18 83
2:29:42	Lioudmila Kortchaguina	71	1	Ottawa	May 28 06
2:30:35	Odette Lapierre	55	3	Boston	Apr 18 88
2:30:41	Carole Rouillard		1	Victoria	Aug 27 94

2:30:57	Lizanne Bussieres (nee Chafe)	60	5	Boston	Apr 18 88
2:31:35	Ellen Rochefort	55	6	Boston	Apr 18 88
2:31:46	Danuta Bartoszek	61	3	Chicago ILL	Oct 15 95
2:32:56	May Allison	64	2	Cleveland	May 05 96
2:32:56	Nicole Stevenson	73	1	Houston TX	Jan 15 06

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2:33:00	Anne Marie Malone (now Macrow)	60	2	Ottawa	May 13 84
2:33:33	Linda Staudt	58	1	Montreal	Sep 13 81
2:33:51	Sandy Jacobson	66	28	Paris FRA	Aug 31 03
2:34:29	Carol Howe	65	4	Duluth MI	Jun 21 03
2:34:44	Tina Connelly	70	2	Sacramento CA	Dec 05 99
2:35:09	Gayle Olinek (Olinekova)	53	1	Orleans	Feb 10 80
2:35:24	Dorothy Goertzen	55	5	Paris FRA	Sep 23 84
2:36:06	Tania Ruckle	-	1	Melbourne AUS	Oct 12 86
2:36:23	Kate Wiley	62	4	Ottawa	May 13 84
2:36:41	Veronique Vandersmissen	67	1	Ottawa	May 14 00

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2:37:16	Susan Stone	60	13	London GB	May 11 87
2:37:52	Kimberley Webb	64	1	Toronto	Oct 20 96
2:38:12	Cindy Hamilton	58	11	New York City	Oct 24 82
2:38:14	Ida Mitten	62	1	Virginia Beach	Mar 20 99
2:38:29	Lucille Smith	67	2	Sacramento CA	Dec 06 92
2:38:44	Susan Kainulainen	62	4	Austin TX	Feb 14 99
2:38:59	Isabelle Ledroit	66	1	Ferra ITA	Mar 11 01
2:39:10	Tania Jones	69	19	London GBR	Apr 22 01
2:39:22	Bonnie Lefrank	57	4	Montreal	Sep 22 85
2:39:56	Lisa Presedo (nee Reed)	65	1	Toronto	Sep 09 90

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2:39:56	Laura Konantz	59	9	Los Angeles	Mar 03 91
2:40:47	Stephanie Andrews	70	17	London GBR	Apr 01 98
2:40:50	Nancy Rooks (now Tinari)	59	3	Toronto	Oct 02 83
2:41:00	Cindy New	56	2	Montreal	Sep 24 89
2:41:01	Isabelle Dittberner	61	6	Duluth MN	Jun 19 93
2:41:35	Sarah Hunter	-	1	Philadelphia	Nov 23 97
2:41:49	Alexeff Lioudmila	65	5	Houston TX	Jan 12 97
2:42:50	Christine Lavallee	57	1	Ottawa	May 11 80
2:42:50	Nicole Caisse	-	3	Montreal	Sep 27 87
2:42:50	Sylvania Puntous	60	13	Los Angeles CA	Mar 03 91

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2:42:53	Patricia Puntous	60	1=	Orlando FL	Feb 20 83
2:43:07	Emily Kroshus	83		Philadelphia	Nov 20 05
2:43:21	Kathy Roberts	60	2	Toronto	Sep 30 84
2:43:22	Angela Starng		1	Detroit M	Oct 06 02
2:43:35	Leslie Carson	64	2	MT Fuji JAP	Nov 26 00
2:43:48	Colette Desrosiers	61	5	Montreal	Sep 22 85
2:43:54	Donna Levy	68	14	Duluth MN	Jun 19 99

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Irish Citz. At time; Domiciled in Canada studying in US--later became 'Edge'

2:28:07	Carey May	59	1	Osaka JAP	Jan 15 85
2:34:44	Susannah Beck ??	60	9	St Louis MO	Apr 03 04

5Km Race walk / Marche t=track(piste) r=road (course)

21:34r	Alison Baker	64	2	L'Hospitalet	SPMay 10 92
21:52.95t	Pascale Grand	67	1	Belfast IRE	Jun 25 90
21:55.40t	Janice McCaffrey	59	1	Calgary	Jul 19 92
22:01.09t	Ann Peel (now Luba)	61	3	Zagreb Yug	Jul 17 87

22:12r	Tina Poitras	70	5	L'Hospitalet	SP	May 29	94
22:42r	Corrinne Whissel	71	10	L'Hospitalet	SP	May 10	92
22:48	Rachel Lavallee	86	1	Ottawa		Jun 29	07
23:07r	Holly Gerke(nee Burton)	64	@	Bergen NOR		May 24	96
23:10r	Laura Rigutto	68	1	Dearborn MI		Sep 27	87
23:20.52t	Louise Aubin	66	4	Ottawa		Aug 01	87

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23:21.28t	Marina Crivello	79	1	Toronto		Aug 07	04
23:30r@	Deborah Powell	58	-	New York		May 03	87
23:32.9t	Rachel Robichaud	71	1	Laval		Jul 02	95
23:34t	Joan Bender	63	1	Varnamo SWE		May 19	84
23:41r	Karen Foan	79	1	Nanaimo		Apr 12	98
23:51.04+t	Gillian Grant	53	2	St. John's			82
24:00r	Megan Huzzey	85	1	Victoria		Feb 27	04
24:06.9t	Susan Hornung	65	1	Calgary		Jul 22	95
24:12r	Nanci Sweazey(nee Patton)	55	1	Etobicoke		Mar 27	83
24:27r@	Micheline Daneau	60	-	ST. Leonard		Oct 05	86

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24:32.59t	Mylene Dupere	73	3	Kingston JAM		Jul 25	91
24:34.54t	Ruth Talbot	72	3	Sante Fe ARG		Jun 24	89
24:49.07t	Bonnie Boucher	51	7	Ottawa		Aug 01	87
24:52.5t	Joanna Irvine	66	1	Brockville		Sep 20	92
24:53.24+t@	Sian Spacey	64	-	Walnut CA		Apr 10	94
24:54.14+t	Sylvie Turnbull	72	2	Mississauga		May 27	90
25:03.14+r	Brigitte Leblanc	62	2	Welland		Nov 01	92
25:10.8r	Esther Nicole	80	3	Toronto		Jul 09	00
25:10.??	Rebecca Lavallee	83	3	Toronto		Jul 06	02
25:16.44+t	Helene Daviau	64	2	Sherbrooke		Jun 15	80

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25:19r	Chelsea Rodriguez	86	1	Toronto		May 25	03
25:19.63t	Elizabeth Peters	66	9	Ottawa		Aug 01	87

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10km Race walk / Marche

44.26r	Janice McCaffrey(nee Turner)	61	18	Eisenhuettenstat	GER	May 11	96
44:30.1+t	Alison Baker	64	6	Bergen Nor		May 15	92
44:31.71t	Tina Poitras	70	1	Bergen Nor		May 03	97
45:06r	Ann Peel (now Luba)	61	7	New York City		May 03	87
45:43r	Holly Gerke (nee Burton)	64	4	Victoria		Aug 25	94
45:44r	Corinne Whissel	71	12	Milan ITA		May 01	92
45:46r	Pascale Grand	67	1	Sherbrooke		Jun 22	91
47:13.8t	Joan Bender	63	5	Bergen NOR		May 03	97
47:26r	Deborah Powell	58	25	New York City		May 03	87
47:37r	Rachel Lavallee	86	1	Lima PER		May 08	05

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47:58r	Rachel Robichaud	71	3	Montreal		Jun 15	95
48:01r	Laura Rigutto	68	28	New York City		May 03	87
48:26r	Kim Cathro		5	Ottawa		Jul 21	01
48:44r	Susan Hornung	65	4	Kitchener		Aug 11	96
48:41.8t	Karen Foan	79	1	Seattle WA		Apr 19	03
49:18r	Marina Crivello	79	3	Wilkes Barre		Aug 21	04
49:22r	Louise Aubin	66	4	Vancouver		Mar 28	87
49:25.50t	Megan Huzzey	85	14	Grosseto ITA		Jul 16	04
50:01r	Micheline Daneau	60	13	St. Leonard		Oct 05	86
50:35.44+t	Mylene Dupere	73	7	Montreal		Jun 20	92

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50:37r	Sian Spacey	64	7	Kitchener	Jun 20 96
50:46r	Gillian Grant	63	2	Islington	May 03 81
50:48.24+t	Brigitte Leblanc	62	8	Montreal	Jun 20 92
51:24r	Nancy Sweazey(nee Patton)	55	3	Etobicoke	May 08 83
51:30r	Olga Reounina		6	Kitchener	Aug 11 96
51:51.25t	Esther Nicole	80	8	Ottawa	Jun 10 01
52:15r	Martine Rainville	75	8	Montreal	Jun 20 96
52:17r	Mandy Holland	63	3	Etobicoke	May 03 81
52:20r	Joanna Irvine	66	8	Dearborn MI	Sep 27 92
52:28r	Rebecca Lavallee	83	1	Toronto	Jun 29 02

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52:35.9t	Ann-Marie Oswald	73	1	Burnaby	Jun 23 98
52:51	Chelsea Rodriguez	86	16	Lima PER	May 08 05
53:07r	e.StephenSON		1	Welland	Oct 29 95
53:36	Christine Ostiguy	63	7	Niagara Falls	Jul 13 86
53:40	Jeanie Harris	69	1	Vancouver	May 06 07
54:15	Mey Neville	64	5	Montreal (CR)	Aug 01 98
54:23r	Joanne Fox	74	4	Walnut CA	Apr 17 93
54:39r	Elizabeth Peters	66	10	Hull	May 25 86
54:39r	Patricia Jones	62	3	Dearborn MI	Sep 26 93

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20 km Race walk / Marche (Road/course)

1:34:50	Janice McCaffrey	59	1	Victoria	Aug 13 00
1:38:09	Karen Foon	79	20	Edmonton	Aug 09 01
1:39:57	Rachel Lavallee	86	1	Clermont FL	Feb 12 06
1:40:13	Marina Crivello	79	10	Lima PER	May 07 05
1:41:02	Joni-Ann Bender	63	1	Miami FL	Oct 03 98
1:41:22	Holly Gerke	64	2	Vancouver	Apr 01 01
1:43:59	Micheline Daneau	60			86
1:44:48	Kim Cathro		3	Vancouver	May 13 01
1:45:26	Susan Hornung	65	11	Manassas VA	Mar 20 99
1:46:07	Isabelle Clermout	79	5	Vancouver	Apr 04 99

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1:50:50	Martine Rainville	75	13	Manassas	Mar 20 99
1:53:03	Catherine Sousa Neves			Vancouver	00
1:53.04	Esther Nicole			Victoria	00
1:53:45	Louise Aubin	88	1	Toronto	Apr 10 88
1:53:45	Lora Rigutto	88	2	Toronto	Apr 10 88
1:53:52	Christine Ostiguy	85	5	East Meadow	Oct 16 88
1:54:12	Nanci Sweazey	47	1	Welland	Oct 27 02
1:57:40	Mey Neville	64	2	Welland	Nov 01 98
1:57:49	Rebecca Christensen	83	3	Ottawa	Aug 04 06
1:57:54	Alison Baker	64	7	Winnipeg	Jun 27 99

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1:58:47	Ann-Marie Oswald	73	3	Welland	Nov 01 98
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100mh

12.46 0.7	Perdita Felicien	80	1	Eugene OR	Jun 19 04
12.60 0.4	Priscilla Lopes	82	2	Sacramento CA	Jun 09 06
12.61 1.4	Keturah Anderson	68	1	Villve D'AsqFRA	Jun 12 99
12.63 1.4	Angela Whyte	82	4	Carson CA	May 20 07
12.96 0.7	Lesley Tashlin	69	1	Baton Rouge LA	May 11 96
13.08 2.0	Jessica Zelinka	81	h	Melbourne AUS	Mar 22 06
13.09 1.4	Donalda Duprey	67	6s	Lausanne SWI	Jul 06 94
13.11A-0.7	Sonia Paquette	73	2	Col Springs	Jun 08 96

13.27	1.9	Susan Kameli (nee Bradley)	56	4s	Edmonton	Jul 06 83
13.30A-0.5		Karen Nelson	63		Caracas VEN	Aug 25 83

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13.34-0.7		Martha Adusei	76	3	Winnipeg	Jun 26 99
13.34	1.8	Veronica Dyer	77	2	Kitchener	Jul 22 00
13.34	0.4	Shelley-Ann Brown	80	5s1	Baton Rouge LA	May 31 02
13.36A2.0		Faye Blackwood (also Sealy)	57	3	Provo UT	May 19 84
13.36	1.7	Jessica Czaikowski	84	1h1	Storrs	May 05 07
13.38	1.6	Sylvia Forgrave (Malgadey)	57	3ht	Brisbane AUS	Oct 07 82
13.42	1.6	Cecilia Branch	57	1	Ottawa	Aug 03 85
13.43A0.0		Sharon Lane	58	3s	Mexico City	Sep 09 79
13.43-0.9		Angela Coon-Francis	66		Montreal	Jun 20 96
13.50	0.1	Leslie Estwick	60	1	Ottawa	Jun 15 91

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13.50	1.8	Yvonne Mensah	85	1h1	Columbus ON	May 14 05
13.50	-0.6	Frances Keating	85	3h1	Manhattan KS	May 15 05
13.52-0.3		Donna Smellie	64	h	Aarlborg DK	Jun 08 85
13.52	0.9	Laverne Hypolite	64	1	Long Beach CA	May 28 92
13.52A0.1		Seema Kamal	69	1s	Provo UT	May 28 92
13.55	1.8	Yolanda Jones	67	3	Ottawa	Jun 21 86
13.56A0.1		Connie Graham-Lavertu	63	3s	Provo UT	May 28 92
13.57A		Penny May	51	3sf	Cali Col	Jul 31 71
13.57	0.6	Jill Giffen (Ross/Woolley)	58	h	Goetzis Aut	May 23 82
13.57-0.9		Lisa Duffus	75	9s1	Bloomington IN	Jun 06 97

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13.59	0.5	Julie Artuso	78	2	Auburn	Apr 21 01
13.60		Elizabeth Daman	53	2	Irvine CA	May 15 76
13.65	0.4	Tanya Lypka	72	3	Paris FRA	Jul 12 94
13.66	0.1	Catherine Bond-Mills	67	h	Atlanta GA	Jul 27 96
13.67	-0.8	Marie-Eve Dugas	85	3h	Windsor	Jul 14 07
13.68	0.5	Michaela Colluney	72	3s	Walnut CA	Apr 21 96
13.70-1.9		Valerie Beckles	69	1h	Montreal	Jun 18 92
13.70-0.5		Krissy Liphardt	80	1	West Lafayette	Mar 31 01
13.71	-0.3	Genevieve Thibault	86	1	Montreal (CR)	Jul 09 05
13.73	0.3	Vanessa Fryer	76	7r3	Flagstaff AZ	Jul 19 99

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13.75	0.6	Alison Beckford-Stewart	87	h	Toronto (MC)	Jun 11 05
13.76		Diane Jones-Konihowski	51	1	Montreal	Jun 27 76
13.78	1.6	Racquel Shaw	79	4	Abbotsford	May 25 00
13.78	1.4	Jaime Cruickshank	86	1	Saskatoon	Jun 26 04
13.80A1.4		Karen Humber	66	1h4	Flagstaff AZ	Jul 10 98
13.83	0.8	Kim Vander Hoek	80	h	Victoria	Jul 18 03

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12.78A%1.3		Julie Rocheleau (Baumann)	64	1	Provo UT	May 23 88
13.20Airr	1.5	Susan Kameli (nee Bradley)	56	1	Col. Sprgs	Jul 19 83

400mh

54.39		Rosey Edeh	66	6	Atlanta GA	Jul 31 96
55.10		Donalda Duprey	67	1	Paris FRA	Jul 12 94
55.28		Karlene Haughton	72	2	Houston TX	Jun 14 02
55.58		Tawa Dortch-Babatunde	79	4s2	Helsinki FIN	Aug 11 05
56.10		Gwen Wall	63	3	Edmonton	Jul 11 83
56.32A		Christine Slythe	61	1	Provo UT	May 19 84
56.81		Deniece Bell	78	7	Winnipeg	Jul 28 99
56.87		Saidat Onunuga	74	1	Burnaby	Jun 02 02
56.89A		Caroline Fortin	70	1s	Provo UT	May 28 92

56.92	Althea Wilson(nee Thomas)	67	2	Montreal	Jun 22 96
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57.02	Christine Wynn(nee McKay)	62	2	Ottawa	Aug 07 88
57.11A	Isabelle Gervais	77	2	Flagstaff AZ	Jul 06 00
57.13	Terra Barter	73	1	Tucson AZ	May 19 95
57.18A	Dana Wright	58	1	Provo UT	May 23 87
57.19A	Andrea Page(Conlon now Steen)	56	2	Col Sprgs	Jul 20 83
57.29A	Jill Mcdermid	68	1	Calgary	Jun 23 88
57.33	Ardin Harrison		2	Walnut CA	Apr 21 96
57.35	Lisa Duffus	75	3h2	College Stn.	May 09 98
57.36	Leanna Stojanowski	65	2	Winnipeg	Jul 01 84
57.41	Nadia Schmiedt	76	2	Montreal(CR)	Jul 16 95

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57.66	Erica Peterson	73	1	Winnipeg	Jul 26 92
57.97	Frances Keating	85	2	Manhattan KS	May 15 05
57.95	Kristin Liphardt	80	1	Champaign Ill	May 11 01
58.04	Jill Tracey	68	1	Sarnia	Jun 14 97
58.10	Michaela Colluney	72	3	Abbotsford	May 22 93
58.23	Francine Gendron	55	1	Sudbury	Aug 24 75
58.26	Sarah Wells	89	4	Sao Paulo BRA	Jul 09 07
58.29	Lisa Kueneman	67	6	Ottawa	Aug 07 88
58.35	Charlotte Plummer	77	2h2	Philadelphia	Apr 22 99
58.38	Nicole Ali	64	1	Sherbrooke	Jul 27 83

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58.38	Bridget Kehoe	64	2	Montreal	Aug 09 88
58.60	Eleanor Mahal	72	2	Westwood CA	Jul 10 78
58.70	Joanne Mcleod(also Finkbeiner)	58	1	Toronto(MC)	Aug 25 85
58.70	Peggy Sweeney(now Haydenluck)	63	4	Montreal	Jul 26 91
58.74A	Elizabeth Morland	74	-	Colorado Sprg	08 Jun 96
58.74	Angela Whyte	80	1s2	London ON	Aug 22 01
58.80	Karyn Humber	66	4	Montreal	Jun 21 92
58.95	Andrea Wachter(now Town)	60	1	Sherbrooke	Jun 15 80
59.00	Corry Rasenberg	58	3	Ottawa	Aug 09 81
59.18	Carmella Hunka	65	1	Saint John NB	Aug 16 85

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Resident Foreigner

56.10	Wendy Cearns	60	5	New York City	Jul 22 89
56.36	Robin Marks	61	3s	Los Angeles	Jun 84
56.37	Christine Wynn (nee McKay)	62	3	Ottawa	Aug 22 88
57.85	Lisa Kueneman	67	3	Ottawa	Aug 02 88

2000msc

6:36.05	Danelle Woods	89	1	Abbotsford	Jul 29 07
6:39.36	Jessica Furlan	90	2	Abbotsford	Jul 29 07
6:45.03	Karen Harvey-Sullivan	72	1	Cornwall	Apr 11 01
6:46.00	Janice Ashworth	84	1	Regina	Aug 18 05
6:48.98	Lydia Willemse	86	1	Montreal(CR)	Jul 10 05
6:51.09	Kelsie Slater	89	2	Montreal(CR)	Jul 10 05
6:53.99	Tara Dressler	84	2	Regina	Aug 18 05
6:56.08	Dana Buchanan	84	3	Regina	Aug 18 05
6:56.10	Annie Riope-Meunier	86	4	Regina	Aug 18 05
6:56.82	Meredith MacGregor	85	1	Abbotsford	Jun 26 05

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3000sc

9:51.10	Carol Henry	82	3	Baton Rouge LA	Jun 01 02
10:09.29	Margaret Butler	78	2	Montreal (CR)	Jul 09 02
10:13.98	Danelle Woods	89	1	Sao Paulo BRA	Jul 07 07
10:14.86	Karen Sullivan(nee Harvey) 72		1	Sarnia	Aug 08 99
10:15.77	Bevin Kennelly	84	4	Stanford CA	Apr 30 06
10:18.25	Emilie Mondor	81	1	Kitchener	Jul 18 98
10:22.92	Michelle Carson	82	1	East Lansing	Apr 10 04
10:23.95	Bevin Kennelly	84	6	Stanford	Apr 28 07
10:26.83	Meredith MacGregor	85	1	Fresno CA	
10:27.01	Lydia Willemse	86	2	Winston-Sal	Apr 21 06

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10:27.04	Tania Vander Muelen	82	11	Northridge CA	May 28 04
10:27.83	Claire Percival	87	5	Philadelphia	May 12 07
10:31.12	Tara Dressler	84	3	Windsor	Jul 15 07
10:33.77	Dana Buchanan	84	1	Eugene OR	Apr 08 06
10:36.20	Stephanie Bennett	80	3	Columbia MO	May 19 02
10:39.73	Lise Ogrodnick	87	2	Durham NC	Apr 07 06
10:40.56	Sabrina Le Fort		2	Georgia	May 29 06
10:43.27	Jessica Furlan	90	1	Sherbrooke	Jul 23 06
10:45.52	Lydia Willemse	86	9	College Park	Apr 20 07
10:46.04	Meggan Hodge	83	8	Nashville TN	May 14 05

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10:47.60	Sherrie Smith		13	Walnut CA	Apr 20 01
10:49.96	Linda Kozlowski	83	2	Durham NC	Apr 02 04

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High Jump / Saut en hauteur

1.98	Debbie Brill	53	2	Rieti ITA	Sep 02 84
1.97	Nicole Forrester	76	2	Thessaloniki	Jul 30 07
1.95	Marisa Cadienhead	76	1	San Angelo TX	May 24 02
1.94	Jeannie Cockroft	65	1	Ottawa	Aug 04 85
1.92	Wanita Dykstra	75	1	Toronto (MC)	Aug 08 93
1.90	Brigitte Reid(nee Bittner) 55		5	Edmonton	Jul 11 83
1.89	Leslie Estwick	60	1	Toronto (MC)	Jun 23 91
1.89	Marisa Cadienhead	86	2	Windsor	Jul 15 07
1.88	Diane Jones-Konihowski	51	p	Edmonton	Aug 06 78
1.88	Julie White	60	1	Toronto (ET)	Jun 08 79

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1.87	Louise Walker(nee Hanna) 51		2	Montreal	Jul 25 75
1.87	Jilian Drouin	86	h	Sacramento	Jun 07
1.86	Linda Cameron(nee Mccurdy) 63		1	El Paso	Apr 20 86
1.86	Catherine Bond-Mills	67	H	Havana Cub	Aug 10 91
1.86	Roberta Waldner(nee Thoen) 68		1	Saskatoon	Aug 02 92
1.86	Christina Livingston	68	1	Calgary	Jun 21 97
1.86	Whitney Evans	80	3	Windsor	Jul 15 07
1.85	Coralea Brown	72	1	Irvine Cal	Jun 04 89
1.85	Sherri Umeris	67	H	Azusa CA	Apr 23 92
1.85	Sara Mcgladdery	69	Q	Victoria	Aug 23 94

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1.85	Corinna Wolf	73	Q	Victoria	Aug 23 94
1.85	Kristen Mathews	82	2	San Antonio TX	Aug 09 02
1.85	Ruky Abdulai	85	1	Fresno CA	May 25 07
1.84	Beth Stroud	77	h	Apeldoorn NED	Aug 28 04
1.83	Tami Lutz	63	2	Burnaby BC	Jun 18 94
1.83	Alison Armstrong	61	H	Kobe Jap	Aug 30 85
1.83	Shari Orders	67	1	Gainesville	Mar 28 87

1.83	Kerry Chambers	71	1	Sudbury	Jun 01 90
1.83	Sarah Pardy	75	1	Toronto (MC)	Jul 24 93
1.82	Scarlet Vandenbos	60	1	Toronto (ET)	Jul 22 78

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1.82	Carol-Anne Leslie	65	1	Winnipeg	Jul 03 82
1.82	Nathalie Belfort	75	2	Winnipeg	Jul 26 92
1.81	Jo-anne Macleod	59	1	Montreal	Aug 28 77
1.81	Leanne Madill	69	1	Brantford	May 17 84
1.81	Patricia Duthilleur	71	1	Toronto (MC)	Jun 12 88
1.81	Jennifer McDonald	69	3	College Station	May 19 90
1.80	Sarah McDiarmid	78	1	Flagstaff AZ	Jul 09 98
1.80	Liz Toman	77	1	Provo UT	May 20 00
1.80	Nicole Haynes	74	H	Windsor	Aug 05 00
1.80	Emily Sheppard	88	1	Abbotsford	Jul 24 05

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1.80	Michelle Moody	85	2	Ottawa	Jul 01 07
1.80	Sarah Boyle	87	5	Windsor	Jul 15 07

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Off Boards

1.83	Leanne Madill	69	1	Toronto	Jun 30 85
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Pole Vault / Perche

4.52	Dana Ellis-Buller	79	1	Chula Vista CA	Aug 18 07
4.46	Kelsie Hendry	82	1	Saskatoon	Jul 12 05
4.45	Carly Dockendorf	83	2q1	Livermore	Jun 02 07
4.41	Stephanie McCann	77	2	Atascadero CA	Jul 09 03
4.21	Ardin Tucker-Harrison	74	2	Phoenix AZ	May 24 02
4.20	Gabriella Duclos-Lasnier	88	1	Tempe AZ	Apr 28 07
4.15	Trista Bernier	71	3	Kuala Lumpur MASE	Sep 19 98
4.15	Sue Kupper	84	2	Winnipeg	Jul 15 05
4.12	Jackie Honey	75	1E1	Paso TX	May 05 01
4.11	Adrienne Vangool	85	1	Saskatoon	Jun 21 04

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4.10	Leah Vause	90	1	Regina SK	Jul 21 07
4.02	Simona Kovacic	80	3=	Columbus OH	May 30 03
3.95	Rebecca Chambers	70	3	Flagstaff AZ	Jul 17 99
3.95	Melissa Feinstein		1	Stanford	May 01 99
3.95	Suzanne Fish	82	1	Ottawa	Jul 06 06
3.90	Kala Hadfield	83	1	Victoria	Jun 17 04
3.90	Theresa Wiebe	87	1	Brandon MB	Jun 19 04
3.90	Brynn Anderson	82	1	Regina	Jul 23 05
3.86	Karolina Nieznalska	84	1	Saskatoon	Jun 12 03
3.85	Alicia Bryenton	78	1	Toledo OH	Apr 30 99

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3.85	Karla McGee	82	2	Pullman	Apr 27 01
3.85	Amara Gossin	83	1	Toronto	Jun 11 05
3.85	Patricia Gauthier	85	1	Ottawa	Jul 02 05
3.85	Caroline Jean	80	1	Ottawa	Jul 02 05
3.85	Janice Creighton	83	1	Toronto (MC)	Jul 11 06
3.85	Ariane Beaumont-Courteau	90	1	Newfoundland	Aug 03 07
3.84	Holly Speight	77	10	Berkeley	May 20 01
3.80	Elyse Menard	77	5	Edmonton	Jun 23 01
3.80	Kristin Hagel	76	6	Edmonton	Jun 21 02
3.80	Stacey Irvine	89	1	Abbotsford	Jul 16 06

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3.75	Kristi Draher	-	19	La Jolla CA	Apr 25 99
3.75	Arielle Mitchell	85	2	Pullman WA	Apr 24 04

3.75	Leanne Carriere	85	2	Calgary	Jun 26 05
3.75	Melanie Blouin	?	3	Sherbrooke	06
3.75	Erica Rutley	89	1	Burnaby	Jul 09 06
3.72	Kim Rawkins	83	1	Bellingham	Aug 07 06
3.70	Marnie Holley	74	4	Victoria	Aug 12 00
3.70	Terry Milot	71	1	Saskatoon	Jul 01 00
3.70	Jennifer Hunter	78	1	Edmonton	Apr 14 01
3.70	Heather Zavaduk	86	1	Kelowna	Jul 03 05

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3.70	Heather Hamilton	88	2	Abbotsford	Jul 27 07
3.68	Erica Reiser	85	1	Windsor	06
3.66	Michelle Gerwing	87	10	Windsor	Jul 15 07
3.65	Jenna Goddard	76	2	Sarnia	Jul 25 98
3.65	Andrea Doepker	81	1	Saskatoon	Jul 29 98
3.65	Emilie Lefebvre-Bertrand	83	1	Montreal (CR)	Jun 11 05
3.61	Chelsea Wedman	84	3	Saskatoon	Jul 12 03
3.60	Esther Kamphuis		1	Burnaby	Jun 01 02
3.60	Marcie Veitch	87	1	?	May ??
3.60	Nicole Huffman	87	1	Saskatoon	Jul 16 04

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3.60	Jean House	89	2	Newfoundland	Aug 03 07
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Exhibition only (Beach)

Santa Barbara June 11 00

4.10	Honey				
4.10	Harrison				
3.97	McCann				

Long Jump/ Saut à longueur

6.70	1.0	Ruky Abdulai	82	1	Fresno CA	May 24 07
6.66	1.9	Nicole Devonish	73	1	Lubbock TX	May 17 96
6.63A	0.5	Alice Falaiye	78	4	Flagstaff	Jul 06 00
6.62A	0.9	Vanessa Monar-Enweani	69	2	Flagstaff AZ	Jul 17 99
6.61	0.1	Donna Clark (nee Smellie)	64	1	Ottawa	Aug 04 85
6.56	1.6	Tracy Smith	64	1	Ottawa	Aug 06 88
6.52	-0.9	Tabia Charles	85	1	Windsor	Jul 14 07
6.50	1.6	Karen Nelson	63	1	Celje Yug	Jul 04 82
6.46	1.6	Carol Galloway	64	5	Austin Tex	May 31 85
6.41	1.9	Nicole Ali	64	1	Regina Aug	01 81

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6.39A	0.1	Laverne Clark	67	1	Albuquerque NM	Apr 14 90
6.38	1.9	Krysha Bayley	84	1	Athens GA	Mar 29 03
6.34	0.1	Sharon Clarke	63	2	Baton Rouge	May 30 86
6.32	2.0	Tonya Redhead	66		Gainesville FL	Mar 28 92
6.32	-0.9	Catherine Bond-Mills	67	1	Victoria	Jul 29 94
6.32	1.4	Trina Radske	75	2	Des Moines IW	Apr 27 96
6.29	1.8	Jill Giffen (Ross/now Woolley)	58	2	Rovertto ITA	Jul 11 82
6.28A	1.8	Michelle Hastick	73	2	Flagstaff AZ	Jul 13 98
6.27	1.2	Leslie Estwick	60	1	Prince George	Aug 13 94
6.27	1.3	Andrea Daniels	70	1	Memphis TN	May 30 98

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6.25	1.8	Tracy Dulmage	71	1	Kamloops	Aug 17 93
6.25	0.0	Jocelyn Adu-Gyumfi	81	1	Toronto	Jun 21 05
6.23	1.2	Connie Polman-Tuin	63	H	Winnipeg	Jul 01 84
6.23	0.6	Yvonne Mensah	85	1	Champaign ILL	Apr 22 06
6.19	1.3	Nicole Haynes	74	H	Sacramento CA	Jul 15 00

6.19	1.7	Keri-Ann Mitchell	83	7	Starkville	May 11	02
6.19	0.1	Jessica Zelinka	81	h	Edmonton	Jul 15	06
6.17	0.6	Sabrina Nettey	90	1	Walnut CA	Apr	05
6.16	1.4	Lana Jolly	67	1	Toronto(MC)	Jun 10	89
6.16	0.0	Nancy Lanovaz (nee Gillis)	63	3	Ottawa	Jun 12	93

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6.16	1.5	Gabrielle Deshong	77	2	Richmond VA	Apr 21	00
6.15	1.5	Angela Whyte	80	1	Delaware	Apr 06	07
6.14	1.4	Keron Hamilton	66	2	Ottawa	Aug 06	88
6.14	1.7	Simidele Adeagbo	81	2	Victoria	Jul 19	03
6.14	0.6	Christabel Nettey	91	1	Surrey BC	Apr 28	07
6.11	1.7	Kim Van der Hoek	70	h	Azuza CA	Apr 15	04
6.10	1.4	Susan Coltman	81		Krommenie	Sep 02	07
6.08	1.9	Stephanie Reid	80	3	New Orleans	May 11	02
6.07	0.0	Alezandr Rozefort	84		Auburn GA	Mar 24	07
6.06	0.0	Kelley Clark	82	2	Hillsdale MI	Apr 30	05

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6.02	0.8	Melanie Lachapelle	82	5	Hillsdale MI	Apr 23	04
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No Wind Info

6.67	3.0	Alice Falaiye	78	1	El Paso TX	May 16	03
6.59	4.0	Tabia Charles	85	2	Greensboro		06
6.50	--	Brenda Eisler (Lee Eisler)	51	1	Abbotsford	May 08	71
6.49	--	Diane Jones-Konihowski	51	1	Saskatoon	Jul 10	76
6.45	--	Penny May	51	p	Toronto (ET)	Jun 20	71
6.30		Debbie Van Kiekebelt	54	P	Toronto (ET)	Jun 20	71
6.30	--	Nicole Devonish	73	3	Austin TX	Apr 04	03
6.27	-	Joan Hendry	45	3	Edinburgh SCO	Jul 23	70
6.16	-	Linda Wilson	50	-	Lubeck FRG	Jul 07	72

Triple Jump / Triple saut

13.94	1.7	Tabia Charles	85	2	Austin TX	Apr 03	04
13.81	2.0	Althea Williams	75	1	Edmonton	Jun 23	02
13.77	1.6	Michelle Hastick	73	1	Edmonton	Jun 24	01
13.52	0.6	Simideli Adeagbo	85	1	Walnut	Apr 15	07
13.48	0.7	Huijing Qiu	85	1	Richmond	Jun 03	07
13.45	-1.8	Yvonne Mensah	85	1	Knoxville TN	May 27	06
13.40	0.1	Sharon Clarke	63	5	Indianapolis	Jun 05	86
13.34	1.1	Kelly Dinsmore	71	1	Montreal (CR)	Jul 15	95
13.21A	1.6	Jennifer Williamson	73	3	Flagstaff AZ	Jul 17	99
13.18	0.1	Colleen Ramharak	82	3	Bloomington	May 28	05

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13.14A	0.1	Laverne Clarke	67	1	Albuquerque NM	Apr 14	90
13.12	0.6	Nancy Lanovaz (nee Gillis)	63	1	Ottawa	Jun 11	93
12.99	0.4	Tracy Dulmage	71	2	Abbotsford	Jun 02	96
12.96	0.5	Jennifer Jones	73	1	Ottawa	Aug 04	02
12.85	0.6	Simone Lemieux	68	3	Coquitlam	Jul 30	93
12.77	0.5	Stephany Reid	80	1	New Orleans LA	May 11	02
12.74	1.1	Chantal Ouoba	75	2	Ottawa	Aug 04	02
12.73	2.0	Andrea Daniel	70	4	Atlanta GA	May 14	95
12.69	0.0	Jocelyn Adu-Gyumfi	81	3	Winnipeg	Jul 17	05
12.67	1.9	Keri-Ann Mitchell,	83	2	London ON	Jun 30	01

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12.66	1.8	Joanne Gomez	67	2	Lincoln NEB	May 23	89
12.57	1.0	Nicole Devonish	73	1	Austin TX	May 03	97
12.57	0.1	Krysha Bayley	84	3	Athens GA	Apr 30	04

12.57	1.0	Mary Egbo-Egbo	85	4	Winnipeg	Jul 17 05
12.56	0.0	Erika Forster	70	2	Kamloops	Aug 19 93
12.56	1.8	Neb Zachariah	87	1	Ottawa	Jul 03 06
12.55	1.2	Crystal Shadd	75	1	Toronto (MC)	Jul 19 92
12.53	0.9	Emily Rudan	71	2	Denton TX	May 18 95
12.44-0.3		Tricia Schmidt	76		Saskatoon	Jun 12 98
12.44-0.2		Janine Polischuk	85	2	Windsor	Jul 15 07

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12.38	0.5	Monique Haan	78	1	Toronto	Jun 12 05
12.35	0.0	Sabrina Nettey	90	1	Walnut CA	Apr 05
12.32	1.8	Lisa Bonser	79	2	El Paso TX	May 05 01
12.27-1.3		Makela Nkemdirim	75	1	Sherbrooke	Jul 09 93
12.27	1.4	Jama Ross	72	3	Toronto (MC)	Jun 09 96
12.24	1.6	Andrea Hastick	68	3	Coquitlam	Aug 14 92
12.24-0.7		Camille Richard	87	6	Princeton NJ	May 12 07
12.23-0.8		Sonia Agbessi	72	1	Sherbrooke	Jun 14 96
12.21-3.0		Candice Wilkey	81	1	Toronto (ET)	Jun 04 99
12.18	0.5	Kim Dykxhorn	73	2	Winnipeg	Jul 26 92

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12.18	1.4	Alanna Boudreau	83	5	Winnipeg	Jul 17 05
12.18	0.0	Natasha Miller	89	1	Burnaby	Jun 01 07
12.14A0.0		Constance Campbell	77	8	Flagstaff AZ	Jul 08 00
12.14A0.6		Yolissa Lawrence	80	3	Montreal (CR)	Jul 19 00
12.14	1.6	Sharon Rose	77	6	Abbotsford	Jul 20 97
12.10	2.0	Joni Mathews	79	5	Edmonton	Jun 24 01
12.07	0.8	Keron Hamilton	66	2	Toronto (MC)	Jun 24 89
12.06-1.6		Jackie Moore	81	7	Victoria	Aug 13 00
12.05	0.8	Jocelyn Adu-Gyamfi	81	2	Toronto (MC)	Jun 16 01
12.04	1.5	Melissa Habok	74	7	Coquitlam	Jul 30 93

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12.03-2.2		Jaideen Lowe	89	1	Ottawa	Jun 29 07
12.01	1.0	Carla Ogrielo	78	2	Saskatoon	Jun 24 00
12.01	1.2	Tiffany Sprenkels	89	2	Burnaby	Jun 01 07
12.00	0.3	Katie Gallagher	88	2	Sherbrooke	Jul 23 06
11.99	2.0	Jennifer McDonald	69	8	Houston	May 18 91
11.99	1.5	Brigitte Bigras	77	5	Montreal (CR)	Aug 01 98
11.98	0.7	Melissa Haynes	81	4	Windsor	Jun 02 00
11.96	0.0	Carla Gillies	73	5	Kamloops	Aug 19 93

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Wind/no wind info

14.17	3.5	Tabia Charles	85	1ca	Texas Rel Austin	06
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Shot put / Poids

17.83		Lieja Tunks	76	2	Arnhem NETH	Jun 13 07
17.17		Carmen Ionesco	51	1	Laval	Jun 20 79
17.06		Melody Torcolacci	60	3	Gateshead GBR	Aug 05 86
17.03		Rosemary Hauch	57	1	Toronto (MC)	Jun 01 86
17.01		Georgette Reed	67	1	Sydney Aus	Feb 11 96
16.96		Lucette Moreau	56	3	Mexico City	Oct 16 75
16.46		Maureen Dowds	48	4	Mexico City	Oct 16 75
16.34		Nunu Abashidze	55	1	Abbotsford	Jun 02 96
16.15		Jane Haist	49	1	Cwmbran WAL	Jul 24 74
16.10		Tina McDonald	76	1	Kitchener	Jul 29 00

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16.00		Nancy McCredie	45	1	Cleveland OH	Jun 18 66
15.98		Shannon Kekula-Kristiansen66		1	Saskatoon	Aug 05 95
15.88		Liz Toman	78	1	Greeley CO	Apr 07 01

15.82	Diane Jones-Konihowski	51	P	Philadelphia PA	Jul 16 80
15.82	Sultana Frizzell	84	1	Ottawa	Jun 17 06
15.54	Caroline Larose	78	2	Victoria	Jul 19 03
15.42	Meghan Weaver	85	1	Ottawa	Aug 05 06
15.39	Kate Forbes	82	7	Daegu KOR	Aug 26 03
15.26	Michelle Fournier	77	1	Clemson SC	Apr 03 99
15.23	Cindy Crapper	62	3	Starkville M	May 18 85

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15.17	Catherine Griffin	69	1	Ottawa	Aug 05 92
15.09	Michelle Brotherton	68	4	Stanford	May 20 89
15.05	Suzanne Pecht-Atkinson	67	1	Lethbridge	Jun 02 96
14.98	Elizabeth Polyak	64	1	Toronto(ET)	Jun 19 83
14.97	Marie-Josée Le Jour	79	3	Victoria	Aug 12 00
14.97	Jessica Zelinka	81	3	Rio de Janeiro	Jul 24 07
14.93	Daisy VanRavensway	94	8	Provo	May 26 06
14.91	Nicole Haynes	74	h	Gotzis Aut	May 26 01
14.84	Cheryl Kennedy	60	h	San Diego	Mar 12 83
14.81	Carol Martin	48	1	Edmonton	Jul 16 66

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14.81	Erin Breough	65	3	Toronto(ET)	Jun 15 86
14.80	Donna Smellie	64	2	Tempe AZ	Apr 01 89
14.79	Aileen Jack	60	1	Tillsonburg	Jun 28 80
14.73	Valerie Tulloch	72	5	Houston	Apr 24 94
14.72	Nicole Chimko	78	7	Austin TX	Apr 04 98
14.70	Kim Vanderhoek	70	h	Atananarivo MOR	Sep 04 97
14.65	Judy Gitzic	67	1	Albany NY	Apr 11 87
14.60	Joan Pavelich	53	6	Berkeley CA	Jul 03 71
14.59	Doreen Garner	54	1	Calgary	May 08 83
14.59	Kaitlyn Andrews	88	2	Philadelphia	Apr 27 06

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14.50	Tanya Sawyers	78	1	Hillsdale MI	Apr 26 03
14.48	Lianne Coombe	80	3	Austin TX	Apr 08 00
14.46	Kim Zdunich	64	4	Irvine CA	Apr 30 88
14.46	Joanne Archambault	71	2	Saskatoon	Aug 05 95

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Resident Foreigner

18.43	Leija Tunks	76	1	Utrecht NED	Jul 11 04
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Discus Throw / Disque

62.72	Carmen Ionesco	51	3	Montreal	Aug 23 79
61.70	Jane Haist	49	1	Sondrum Swe	Jul 16 75
59.76	Tina McDonald	76	1	Toronto(MC)	May 03 01
58.58	Lucette Moreau	56	3	Montreal	Jun 13 76
58.40	Theresa Brick	65	1	Winnipeg	Jun 12 93
57.70	Gayle Dolegiewicz (nee) Zaphiropoulos)	59	1	S'Toon	Sep 08 88
56.86	Catherine Griffin	69	2	Winnipeg	Jun 12 93
56.60	Carol Martin	48	1	Winnipeg	Aug 29 74
56.56	Lieja Tunks	76	2	Salinas CA	May 17 07
56.44	Novelle Murray	84	1	Fresno CA	May 12 07

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56.22	Liz Toman	78	2	Eugene	May 31 01
56.04	Anna Mosdell	70	1	Eugene OR	May 31 91
55.72	Nicole Chimko	78	1	West Lafayette	May 23 99
54.68	Robin Lyons	77	5	Des Moines IW	Apr 29 00
54.34	Marie-Josée LeJour	79	2	London(ON)	Jul 08 07
54.54	Carol Stevenson	81	8	Austin TX	Jun 11 04
54.33	Jennifer Joyce	80	2f2	LA Jolla CA	Apr 27 02